

Celebration 110th May Call Day, Mount Shasta, California, USA

Seminar: Shambala, Shasta and Sanat Kumara

28 May – 1 June 2019

With Master K. Parvathi Kumar

(These notes are only for personal use. They are incomplete and might contain mistakes, lp)

(The notes of the first lecture are very incomplete due to acoustic problems.)



Tuesday 28th May 2019, morning

Anu Chirala spoke some welcome words to the Master and the group, mentioning: "Our Guru-ji saw something special in Shasta when he came here for the first time in 1995 and then again in 2014... and so came again now to Mount Shasta...."

Hearty fraternal greetings and good wishes to all the brothers and sisters.

We shall experience the Master through Mount Shasta and the group living. (Prayer)

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

I all welcome to the ashramic energy of Mount Shasta, our aligning with the Mount, and the energy enabled this group living to happen. To be at the mount is to be at the Master. The Mount radiates to many groups of may rays. Small groups from India and other nations came together in bigger groups and with the American group. There has been a call from far in the West to the Mount called Shasta. It is known by another name. India has a great responsibility towards humanity and I responded to the Indian groups and the Indians are coming to Shasta. I greet all the Indians on behalf of the Indians... and all the other humanity on behalf of the Hierarchy. In our thought we listen to the... to be in the Monument Valley, it is a valley of spirit. Many temples are there inside, many Indian groups are there passing... One can experience in the valley... it is by grace the group was in the valley during prayer. Every prayer a lot of... happens.

We now meet here in the larger group to experience a synthesis of will and love, will and knowledge. Shasta stands for a synthesis of first ray of will and second ray of love. Shasta stands for that we are synthesised in the will and the knowledge that we have and a good coordination. When we are in the head we are in (a hurry). When we are in the heart, we are... We are very hearty sometimes and very... sometimes. I showed Mount Shasta to a small group when we came here in 2014. Shasta is a name of Sanat Kumara and also Kumara. He gave an admission to those who... It all happened to me when in 1995 I came to the US I heard about the Mount Shasta. The very word reverberated with me. The Europeans and others occupied America. All Americans are Aryans. It occurred to me...

I came with support of a couple named Srikanth and Prabha. They brought me here to this mount. The very name was very attractive to me because the name is related to Sanat Kumara, one of the 4 Kumaras, Sanaka, Sanandana, Sanat Kumara and Sanat Sujata. That name is given to this mount. I came, saw the mount and we had a short meditation. The whole prayer, it responded with the inner dimension. I saw beings. They are all members of the White Brotherhood. There was a white dove. I saw a group of people walking on the mount. After the prayer I had a... I told them that the mount is sacred

and that there are beings from ... a brother got here... It happened in 1995, I came back in 2014, with some brothers. All...

If we call you by a distorted name we not... the sacred names... We had a group life... We don't need a special equipment to see violet colour, you can see on the mobile phone. ... Let us do a group life in and around Mount Shasta. I am grateful to the hierarchy that supported me to do the right and. When there is a call the group responds to me. Many came from India, Europe, South America and North America. There was a group from the WTT in... We are part of the plan... We will be around Mount Shasta for 4-5 days. It is a great blessing of the Masters. There is one Master as many. We have a divine ashram of... they named it... there are certain beings from Higher Circles. There is an ascent and descent happening wherever there is a tall tree, likewise a mount, likewise a temple in India where they build a tall pole.

Normally a ... We say the mantra Ma Ma Brahma Nira Karot, Anira Karana Mastu, Anira Karana Mastu. By accepting we keep improving the heart energy in you, you keep...the energy descends from the higher circles. There is a descent of energy here from higher circles. There are members staying here around the year and they saw manifestations of energy happening. When there is a white cloud in a beautiful form, look to the sky; there would be a certain descent of energy or through a stone. It is said in the scriptures that there are as many as 90 varieties... there was a request of the Mother Earth ... make sure that there are centres who can relate to the higher circles. The mother earth knows that the beings on the planets ...the beings requested the devas, make sure that there are relations to the higher circles, the Great Bear, Orion, the Pleiades. The devas prepared as many as. We have all elements here...Among them there are mounts with a speciality. Shasta is there, Monument Valley, there are peaks, there are activities of the White Brotherhood on the planet.

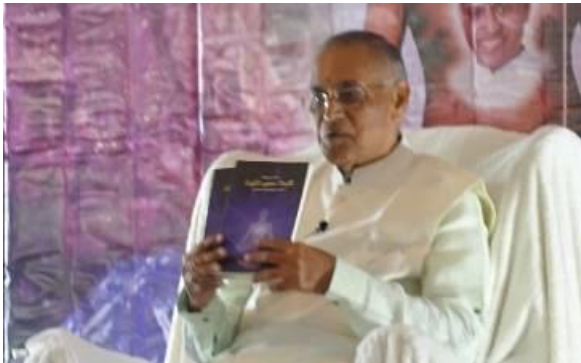
The Mother has requested the devas that there are relations to higher energies, the devas made pine trees, oak trees, cedar trees, called Devadaru. There are cedar trees, there are pine trees, oak trees, they all grow vertically to the sky and they bring down energies to the earth. There are Sequoia trees. You can receive energies. I went to Honduras where I saw a Sheba tree. It grew like... there was a descent of energy from head through the vertical column. There are big trees, neem trees. We have vertical vertebra, not all have a vertical movement upward. In animals there is more horizontal movement. Look up in your own being. The upper torso is the human side, the lower torso is the animal side, the head is the divine side. If you feel the fellow beings in the heart...The vertical descent from above is possible through a vertical vertebra. Horizontal meeting vertical. One day or the other the horizontal has to move upward. The mountain...

Mount Shasta... there was a bird energy coming down, the eagle. In the ashram of Count Saint Germain there are eagles. You find in the North and South American continents. Do not impose, just inform, do not impress but just express. There has to be a communication and a communion. Normally we seek communication but when we are in the heart of the others and enjoy the quality of the heart of the others. We should be in communion with each other. Through our speech we can be communicative, we can have non-violent communication... Master Count Germain gave out Swaraj, self-rule, Swaraj, the name of the 7th ray. His ashram is a vibrant ashram at Mount Shasta. Shamballa is... Muladhara to Sahasrara, the upward and downward movement at Mount Shasta. ... they carry an eagle on their arm, a falcon. The eagle is a spiritual symbol. There are many countries that have an eagle as a symbol. India has mastered wisdom.... The Indians pick up peacock, it is the vehicle of Kumara, Sanat Kumara. Therefore, when one is permeating from Sahasrara to Muladhara and from Muladhara to Sahasrara, he is said to be an eagle. A peacock. ... An initiate is attractive to males and females alike. When you have more male energy you are attractive to female energy and vice versa. Relate to the mount, to the brotherhood, be around the mount. There are... Before Aryans we were Atlanteans, Lemurians, Hyperboreans... ... We have come from Hyperborean times. How many times... When Lemuria was in this part of the land... In that time the humanity got into two different paths, the two approaches of life. The Lemurians believed in ruling themselves and not rule others. There were others who did not know how to rule themselves and ruled others. It gave birth to controlling others. There are now people... Don't think of grabbing energy here. The other understanding is... There was conflict of thoughts... Do not spare yourself, spare others....

One is power-oriented, the other is love-oriented. The life in the Western part of the American continent is very different from the life in the Eastern part of America. The two parts together are America. Life over there is different, likewise in South and North America. In India in the west we have better mountains than in the east. Lemuria was the land where there was the Pacific and Indian Ocean, then Africa it was not there. A lot of good work was done...In the third root race many great beings descended, Hanuman – HPB writes, the Sons of Will and Fire. They all descended in Lemurian times. All the religions we know

are hardly 2000 years old. Before, there was Sanatana Dharma, the eternal law. Here in Shasta we have the Lemurian land. The natives of Australia are part of Lemuria. I don't know how many of you know about a great mystic who went to Australia and he found that the natives all know the name of Ram. The Lemurians. Hanuman was worshipped on islands called Bali (Vali). The West Coast of America was called the golden land. The West Coast of US and Mexico was Lemurian land. By birth we are male-female, upto 7 years. Likewise ... relate to the mount as much as possible... Keep looking above. Mount Shasta. The theme of the seminar is Shamballa, Shasta and Sanat Kumara. All are with Sha. Shamballa is related to Shasta. Sanat Kumara has another abode on the planet called Shasta, it is also the abode of Count Saint Germain. He has many ashrams, he has one at Monument Valley, Colorado peak, in the South of America, around Iguazu Falls, at Aconcagua... The Masters are only related to wisdom. People oriented to the Masters only are just in glamour. Just by relating to a Master... experiencing the Master.

Shasta is in connection to our future through our past. The past is brought to the future. We will meet our future by relating to the past. Who were you?... You say, I am an Argentinian, or a male... you are not... You are neither male nor female... Who am I? You are a being of light of... when you get back you can get to Lemuria, when you move forward you will get to Lemurian spirit happening again. Pure consciousness. Where you have come from. Coming to Shasta.... These are all occult dimensions. Beyond the veil the mount is there. Beyond our personality the soul is there. Be aware of the mount. Experience and continue the experiencing.
Book presentation Master EK: Light upon Death.



Wednesday 29th May 2019, morning

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

The Avatar of Synthesis who is in us and around is ever engaged to lift up to the kings of beauty. Master CVV took upon himself the stupendous task of receiving the energy of synthesis from the most-high circles. He received the energy which are humanly impossible. He assimilated these energies for 60 days and distributed those energies all around the planet into all kingdoms of the earth. The purpose is the upliftment of the earth and all the kingdoms upon the earth including the humanity.

This is the day, the 29th May which was chosen by the Master to cause such distribution of energy and thereafter there has been an indescribable advancement of life upon the planet, an immeasurable upliftment. There have been transformations, transfigurations and even transmutations on the planet. The mineral, plant, animal and human kingdom are put to transformation and the advanced humans are put to transmutation. It is going on so effectively that we receive progress in all directions. It is also a distinct... to bring forth the new in all human life.

There are so many structures from long ago; the good structures are kept and the others are set off. The building of new structures that would help the advancement of the planets and the beings upon the earth. The planet itself is one of the beings. For this a lot of implements have come to be. It has been decided in most high circles, Para, that an energy would be sent and it was brought by a supra-cosmic intelligence called Varuna. It brought out the energy into solar plane where there is Sirius and from there it was further distributed via Uranus. The principle is named as Varuna. There is a supra-cosmic twin-god named Mitra-Varuna. It exists in us as our inhalation and exhalation, the pulsation. From the cosmos it is received by Varuna into our system via Sirius, the teacher for our solar system. It came through the seven stars.

Every teacher is an embodiment of the principle of the Teacher. He is an energy which is the energy of synthesis, where there is cosmic will, love-order, cosmic activity all blended in an excellent way. He synthesised it in a manner that there is simultaneous development in all 3 planes. The energy coming from Sirius was received by an energy brought into our system via Uranus from the sign of Leo. When the energy was received it was picked up by the comet Halley into our planetary system.

He moved into the aura of the earth. On 31 March 1910 the energy descending from most-high circles, was received by an initiate from the ashram of Master Jupiter. He was ready to receive it in a place called Kumbhakonam; it was the descent of the energy of synthesis onto our planet. The first medium of the energy is the cosmic twin-god Mitra-Varuna, the second medium is Sirius itself, the 3rd medium has been the planet Uranus. It is not a planet of our solar system. The 4th is the Leo sun around our solar system. The 5th medium to the energy is Halley comet, then the 6th medium has been Master CVV, and initiate from the Ashram of Master Jupiter. He caused the distribution of the energy upon our planet within 11 years, 11 months and 11 days. He received the energy around 31 March 1910, assimilated the energy for about 60 days. He was experimenting with the energy and all the Masters of Wisdom participated in this experiment. The Masters starting from Sanat Kumara took part. Sanat Kumara, ... Maitreya, Morya, Kuthumi... formed a triangle. The Master himself worked out the details of the energies himself and shared it with the hierarchy. It is causing development upon the planet. This work was prophesied by Mme Blavatsky. She was frequently informed that there is an incoming energy that would transform the planet and cause great changes and that it would be distributed by... her followers tried to work out a means for the transmission but the plan was otherwise. The Blue Mountain ashram of Master CVV worked it out according to the higher will. From 1910 to 1922 the Master himself distributed the energy right from 29th May 1910. Ever since the May Call is celebrated and today, we are conducting the 110th May Call and it is already conducted in the east, we are a few hours behind and slowly participate in this festival which would enable transformations in us and into the surroundings. We tend to be a magnet and the magnet works on the surrounding. We shall have to become a magnet. Once it becomes a magnet the energies do not remain with the magnet but transmit themselves into the surroundings. The magnet has not much to do with the transmission. The magnet cannot but transmit. The energies are worked out in a manner that every person who works with the energies is transformed into synthesis. He always includes and ever excludes. Synthesis includes, it has no concept of exclusion. When all is included, when the law of acceptance is completely realised then one becomes a medium of the energies to transmit the energies into the surroundings, to the family, the surroundings. It is an illusion that he distributes the energies. It is the energy that distributes itself.

The medium knows himself that he is working with the energy of synthesis to be in it, move in it and to disseminate it. In this state of beness the energy is distributed. In a magnet the energy transmits itself all the time. It does not just distribute at a certain time; it is all the time. We have all our personal viewpoints, all narrow viewpoints shall have to be included into one, then it becomes one. Vision is a completed viewpoint. There are people in India belonging to different traditions, they are all included. There are some who worship the Mother, others who worship the Sun, others Ganesha, they are lifted from that into the totality of the synthesis. There are worshippers of Shiva, of Vishnu. The one who is beyond is beyond all systems. The limited is lifted into the unlimited, from conditioned situation into the unconditioned. There are followers of St. Germain; Master Morya... every system creates its own limitations. The truth is one and is all-inclusive. The energy relieves you from all your conditioning. A narrow-minded person cannot see much. If you stay in one system, we see the light only here. If we get out of the window light is everywhere. Every teacher is teaching synthesis but people create concepts. The energy of synthesis creates synthesis all the time. We live and move and have our being in him, Christ said. There is nothing wrong with the teachers who gave the truth but people suffer from their own concepts. The Master started in India where traditions are very high. He upholds the real values of any system and destroys the other. There are so many systems but the Master did not lay down any rules. In India you are not expected to take your morning shower to start with, in many religious systems they say you have to be clean to do the prayer but the energy of synthesis is omni-present, omniscient, omnipotent, if you take bath or not, is not of importance, the energy itself would uplift you and you would do what is right for you. It would not be right for others. What is valid for you would happen to you. Just invoke the energy, it would transform you and cause transcendence.

Normally it says that one should not eat before prayer. Master CVV said, it is silly. The all-loving energy is the most beneficent energy, or God, it is full of love, Mother-like, it does not want that you pray with hunger. It is ok to eat. You can pray without shower. How would it be for the highly-traditional ones? To

receive the sun-god, you see the sun. If he has the eye, why should you not be able to see the sun-light? You eat or not eat before prayer, I don't care. There are so many who make fasting, asanas etc. for the yoga, put the vertebra vertical, so many rules of yoga, so many rules. He breaks them. He said, unity in essentials. To relate to the divine is the basis, to align with it is most important. You are more pre-occupied with the rules than with the essence of the rules. If you wish to lie down, you can do and invoke. If you wish to sit on the floor or on the chair, you can do. You don't have to utter any mantra; the mantra need not be in Sanskrit. The very purpose of mantra is uttering a sound by which you get aligned with the divine because sound is most proximate to that which is beyond. Sound is fundamental; the humming sound, the background of it is the one whom we call the unspeakable, unknowable God. Its most proximate principle is sound, then next is light. So many mantrams - why? Why so many worship hymns? You utter the sound and you are aligned and you exist.

This man is crazy the people said. People are stuck in their own self-invented practices. The practices never lead the person to the truth. You think you are very devotional. Does God punish people in the name of God? Some people who keep beating themselves in the name of God, who keep on fasting - what for? If you beat yourself and think it is for God, what kind of God is that? If you keep on worshipping with great discomfort... Mostly humanity suffered from fear of God; seldom there is love of God. If they all fear Me what is it? A militant one, how can I be happy if people fear me? A fearsome energy, why shall we be after that energy? It is an all-loving energy.

Yesterday someone asked me, shall I be afraid of you? There are people who fear the teacher - fear is an annihilation. The Master said, I am a friend of you all and he sat up a school which he called "Yoga Friends School Society. To be a friend is the best a human can be to another one. If someone is younger to you you don't have to take to a dominant role. If someone fears you your life is worthless. God exists in you in spite of all ignorance. The Divinity exists in us even if we are ignorant. We should ideate to know what kind of a friend he is. Master EK gave an occult meditation: Have a friend in you, be a friend to others. If you are not a friend to you, you cannot be a friend to others. If you have jealousy in you you see jealousy all around. If you want to possess the teacher - there were so many trying to own Krishna... This energy makes you friendly. You are friendly towards your spouse. If you are not friendly to your spouse and children, the co-borns; you have nothing gained. If you are not friendly to the animals, plants, the mount, nothing can happen. God is all around. For each person his personality is the problem. One Master said, all is divine, try to align. If you align with the divinity in others, the divinity in them relates to you. The only way is to relate to Him, to listen and see Him. Anything you experience is in essence Him.

In India we have a tradition to have a thread from right shoulder to left side; it is a promise to utmost goodwill. People have the thread but don't behave friendly. "I shall serve the society as much as possible". The thread is a replica of the third Logos; it is born along with Prajapati. The sacred thread shows that he is co-born of a Prajapati, to continue to help the beings. It is better that we reduce our selfish attitude and turn to help others. Is it better that we pray regularly than to have a prayer hall without anyone going? Shall I go to a church which is never open? There are so many churches which are not visited. Why build temples which are not used? Master CVV directly puts you to the bull's eye and prayer. People build structures and they don't contain much light. When he distributed the energy, he was from a high family; he put away the thread and became a friend of all. He comes of a family where there is a worship of Lord Krishna, they make vertical brow-mark or a mark in a circle. Don't think that having a brow mark, vertical or horizontal (is essential). Sandal powder - it is all used to make you feel "wow". It is a packing material, inside the content is not so very well.

The Master removed the brow-mark. He had a fully shaved head and a fully-grown moustache. People asked him why, he said, why not? How I do appear is not important, how I am inside is important. If a lady marries a handsome man and discovers that he has vices, the outer is not important. Handsome people are not performers; performers don't care for their outer appearance. If you care for your appearance you are not performing. The appearance is not important, the content is important. The package can be a newspaper; the gift is more valuable than the outer package. In the Western system the package is fantastic and inside you find a useless material. An unimpressive package can contain a valuable content. If you see the 93 occult meditations, I don't think that there is any other teacher speaking of so many systems, he speaks of Greek, Vedic, Mayan systems. He recommends us to carry out one meditation per day and thus you follow any valid system. There is nothing about Master CVV. North and South - there will be no narrow system. The Master is a Master of contraries; if you want one way it will be the other way. 'I want it this way' - immediately he says thank you; it will never be the way you want it but it will happen. You go with your very narrow understanding. Keep the mind open and look at the input.

Newcomers come and find themselves highly in confusion because they think it should be like this. The Master said, why should it be like that?

Expect the unexpected, is the message of the Master. You wish a beautiful ambiance here to experience the ambiance of Mount Shasta. For how much time? There will be dark clouds, heavy snow. I will get messages: 'They are presenting to me an Alfred Hitchcock movie' and they think, the Master is like this. I told my family, it is mostly warm here in May. The Master said, ah, is it? I bought the warm clothes in a mall and the moment I bought the clothes the weather became warm. This happens with the Master. To him May Call is more important; the weather is not so important. We had so many May Calls with so many weathers. He wants us to become friendly with the elements by presenting the contraries to you. The first thing is, your life gets into a crisis. Touch the Master and get the crisis.

There was a Master in India who was smiling. When a Master smiles to us, the person is (going to starve). Initially the Master is soft. If you go to the sun, it burns. A Master through a smile injures, it is only to cause adjustments. Some planetary constellations bring the karma; He brings the karma and removes it. Homeo medicine removes the disease in such a subtle manner. The Master can see through and gives a potency of medicine to remove the diseases. Each one of us is a bundle of diseases. Our way of life is such that we get more and more garbage daily. The inner garbage has to be removed daily. He will ensure that all which causes tremendous inhibitions around you will be removed. "When you relate to me, I will ensure that first Saturn works on you", meaning, your limitations are removed. They are not around Saturn but around you. He will work with Saturn on every person who approaches. You can't keep an eagle into a golden cage, is it happy? The bird says, so what. We build many cages around it. We keep on building cages around us and keep losing the freedom we have because we do not know what to do, when to do, how to day. The life is built to experience beauty. If you don't experience, what life is it? If you build more and more constrictions, what life is it? The Master's working is very secretive. I am in a process and I cannot know until the process is over, I cannot understand. There is a supra-cosmic intelligence which works things out, you cannot do it.

If you read about Uranus, it says, there is a mind behind the mind, the super-mind. When the super-mind works through the mind, it works out. It is spoken of by Aurobindo as the supra-mental; it is nothing but the energy of synthesis given by Master CVV much earlier. People who know both systems see that what Sri Aurobindo gave out is but a fragment of what the Master CVV gave. Here in the WTT every World Teacher is honoured. All wisdom projections are from the one background. When we are with the background awareness... We have 5 windows on the right and on the left side. It is one as 10 which shines forth. It is that energy that shines forth through sun, moon, through human beings. There are so many projections of One as many. If you are only with one you deny the other. Learn to be in that attitude of acceptance and how you can include.

Yesterday morning 6 o'clock prayer, not all could attend. There were some near the prayer hall and others not. I was told that 50% would not be able to attend. I was asked and said, let us do it in the hall at 9 o'clock and do it locally at 6 o'clock. You should see how to do best to include. You should not say, they cannot attend, it is their karma. There are people within the house they remain in some corner. It is a meaning of some separation. In modern houses the children are in their rooms and the parents in theirs, they are not together. When we are under one roof shall we not see that we are one group? To get included and include others is the entire group, not the one who builds walls around.

Let there be no concepts built around you while there might be concepts around you. If you think to make another May Call here another year, you will see that it is not the same; there might not be this hall there. Let there be a fresh approach every day. If you think it will be like this, it will not be so. From yesterday to today, there is a change of planetary constellations, the whole life is a suspense movie, be alert. What you expect may not happen. Happening or not happening may not be there. Many people tell me, Master EK did like this. Master MN did different things, Master CVV did differently. You say, ah, no fire ritual. These fire rituals or water rituals are to align with Him. Just close your eyes, relate to your breath, go to your pulsation, go to your head, there is light at the top of the Mount. See a lighted crown. The moment you see the basis of your own being, you climb the mount via your respiration. Go to the top of the head.

There is a play of Shakespeare, 'Much to do about nothing', that is our life. The link to the Master shall not be forgotten in our activity. The Master gave the mantra "trick the trick". If your mind is tricking you, you trick the trick. The very purpose of the descent of the energy is to express the energy. Make sure that we don't die but we feel that we die. As we reach advanced life, we think death-oriented. Death is but a myth which is realised if you associate with the energy. It gives you after-death experience and you will see that there is no death. Is it not a great transcendence? We all know where we will go after the group life; shall

you not know where you will go after this life? One year before coming here we do vacation plans but when we go away from the body, should you not know where you go? That you don't die and what you will do there. When we go away from the group life you fairly know – shall you not also know where you will go after this life? The Master says, THAT exists as I AM. There should not be glamour about I AM. Let the Master show himself and not you. The whole thing belongs to him. It is he who works through you and shines through you. It is his glory and not yours.

The blind man who was healed said you are God. Jesus said, no, it is He. The glory belongs to the Master or to THAT which has no name and form. It is the electricity which shines forth. How can the instrument claim the light? If we become THAT and THAT exists as you, I AM disappears and THAT remains. Every day when we pray, we say OM Namaha – OM exists, not me. When you do it with pride, OM does not exist for you. OM Namaha is a great mantra, it is existence as me, I am not existing. THAT exists as I. I AM THAT and THAT I AM. Aham Asmi, Soham Asmi, Brahma Asmi – only WHICH exists. The soul shines forth. The energy first removes all obstacles and that there is immortality and only THAT exists as I AM. The rules and regulations of the Master. In Lemuria and Atlantis all rules and regulations disappeared but only THAT remained. Be out of all mental concepts.

In the evening when we meet, I shall do unpacking the presents, it needs sufficient time for it. We shall come back. Don't plan for 7 o'clock prayer, but 6 pm and then the presents of the group shall be unpacked. May we be in the presence of the ONE MASTER: Namaskarams Master.



29 May 2019, afternoon

Hearty fraternal greetings and good wishes

In every group life and especially during May Call, December Call, Guru Poojas in Visakhapatnam and Hyderabad, we keep on presenting the work of the groups emerging through the teachings. There are as many as 100 books from Master EK and 180 books coming through me which have been followed by the groups around the world. In the sacred place of Mount Shasta presented is the book of Sripada Srivallabha. The Lord of Sirius is called Dattatreya. Dattatreya is the teacher for 5 solar systems. He represents the trinity and he also substitutes the work of trinity when the work of trinity is put to a crisis. If you put together the energy of the 3 logos it is Dattatreya. It is the grand work emerging through the law of substitution. In case that any of the 3 Logos or two is not able to function the work of Dattatreya steps in. There is the avatar of Lord Dattatreya called Sripada. On the right foot there was the symbol of the wheel and on the left side the symbol of the conch. All worship that we do through every teacher in five solar systems, they get direction through Dattatreya. Every Guru is impersonal and their work emerges through Dattatreya. It so happened that the work related to my hands and then it came to me that I should introduce the information to all our groups. The mantra that we chant, OM Namaha Sri Guru Devaya relates to Dattatreya, and also Guru Brahma, Guru Vishnu, Guru Devo Maheshvara relates to Dattatreya. A seminar in Germany was organised about Lord Dattatreya and also a book published. The groups were very much interested in the work of Sripada Srivallabha. There were also members from Spain, Germany, North and South America. Certain things were changed to the original work to eliminate certain glamour. It was first published in Germany and now published in English in the sacred place of Mount Shasta. I strongly suggest that you go through the book. The book is also on the way in Spanish. The presence of Sripada may link us to Sirius. The energy took to a human form in India for about 30 years. I present it in great veneration to the grand Master. Namaskarams.

Master EK worked for 30 years relentlessly in India and also in Europe. The teachings that were given in Europe were all conserved. We brought them into a series of CDs. Thereafter CD after CD is being

published. This is the volume of the Master from these transcripts through Master EK. I just read out the names of the seven books.

Symbolism of the Scriptures: Etymological key, time key... Mme HBP unlocked much wisdom through the help of these keys, also Master EK received much wisdom through the keys. It became a topic. The Purpose of Astrology: Why should we study astrology. The topic is covered in 25 pages. Then the concept of astrology in 50 pages. This is the 9th volume. You may kindly relate to them to get the wisdom and more important the presence of Master EK. He belongs to the 2nd ray section of Hierarchy. This would harmonize the personality...

These are teachings of Occult Healing, 2nd volume, coming in German language. Many teachings were given in Germany and Argentina. Articles were given in the Paracelsus Health and Healing magazine. The articles relating to Occult Healing, one volume was already released, this second volume is now released through Edition Kulapati, containing the wisdom given by Master EK and by me. Many details how to heal were given. You may kindly go through them according to your inclination.

These are teachings by Mme Blavatsky contained in Secret Doctrine. She gave out so much wisdom which was not available before in the world. She had access to the secret caves of the Masters and had the blessings of the Masters. Many students have asked for certain aspects of the teachings which were detailed here. They were given out in the Vaisakh Newsletter. It has been now given out and released in form of a book in California.

The group gave out a bookmark with the teachings of Master CVV.

A presentation of the Mount and Master Saint Germain. It can be displayed in our room: Master and the mountain.

A notebook you have all received. Ruled paper for the notes. I take one and give one to Krishna Katya, my granddaughter.

A cap with the symbol of Master CVV and also a bottle with the symbol relating to Master CVV relating to the group life by Merry Life Society, the group in California. Merry Life is a very dear thought relating to Master CVV. He dedicated 26 July of every year to Merry Life, to align life to the cosmic life. He brought back to life many times people. They brought out the water bottle.

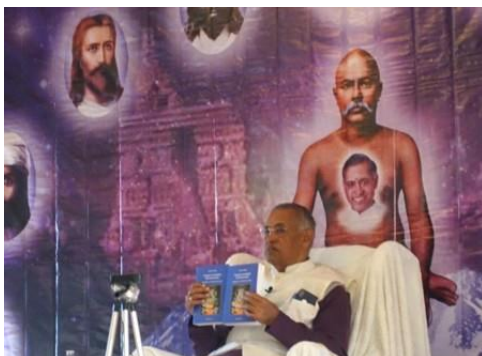
The WTT Germany brought a sack to carry all the gifts, a bag in violet with the symbol related to synthesis. And a pen related to May Call 2019.

From Vaisakh Letters Argentina the symbol of synthesis for the keys, you can hold the keys of wisdom with the holder.

Last but not least, a book by the Spanish brotherhood in the name of Dhanishta: Sayings of Wisdom. These sayings are there in Telegu and English. They give many dimensions through the sayings of wisdom.

Then there is a saying relating to the wisdom given under the caption "The Teachings of Master Kuthumi". They are not their teachings as such. From 1998 February I get a seed thought and elaborate the seed thought. They come through me on account of the seed thought I receive. You cannot say that they are from the Master. One of these articles related to Shamballa, St. Germain and Sanat Kumara was given by the Californian group.

The inspiration for these teachings is from Master Koot Hoomi. Namaskarams. Recollect Shambala, Sanat Kumara, Namaskarams.



30 May 2019, morning

Metam Me

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

By the will of God, we were all gathered into the teachings of the Hierarchy. The Hierarchy is as ancient as the planet, and the Hierarchy is presided over by Lord Sanat Kumara whose dwelling place is considered to be Shamballa. We should therefore daily in the morning recollect Shamballa and salute Sanat Kumara, the Lord of the Planet and then tread the path of Lord Maitreya who is the World Teacher. In our practices we should always see the great ashrams so that unconsciously there shall be a connection. The ultimate to all the beings of the planet is to become a member of Shamballa.

Sanat Kumara represents the cosmic person upon the planet. The cosmic person has fourfold existence. There is a part in him which is beyond, a part which is perception level, another at the conception level and one at the level of constitution. These are the 4 levels representing the four levels of Sanat Kumara. The fourfold existence of the cosmic person is there in every theology but the grand dimensions are not known except to the initiates. The 4th dimension is known to Sanat Kumara and it guides the beings on the planets and the beings.

In the West the dimension of Sanat Kumara and Shamballa was introduced through HPB and her writings and Mme Bailey and her writings. The Puranas describe Sanat Kumara as the dweller of Shamballa and Shamballa is described as existing in the 2nd ether of the planet and also hidden in the desert of Gobi which is posited in that country which we call Mongolia. Some of you even made pilgrimages to Mongolia and also to the Gobi desert, not with the ambition to contact Sanat Kumara and Shamballa but to be around in that place to gain the presence, like we have all gathered here at Mount Shasta to gain the presence of Sanat Kumara and the Lemurian beings which are in the caves of Mount Shasta deep down under the mount to receive the connection to Shamballa. To connect our system to gain the presence and thereby to get reorganised.

If we have been to Shasta for 5 days and 5 nights, by the time we return to our daily lives we should be slightly different, otherwise we visit few times... Every group life should be a little transformation and transfiguration so that eventually we experience the presence. We have to recollect Sanat Kumara, Shamballa and the 4 dimensions of the cosmic person. We shall also mention it as the 4 dimensions of time like Krita Yuga, Treta Yuga, Dwapara Yuga, Kali Yuga.

From the background when the Word is expressed it manifests as the will, knowledge and activity, Iccha, Jnana, Kriya Shakti. There is a fourfold cosmic person something is existing, something at the soul plane, the mental plane and the physical plane. The four Kumaras are the four dimensions. They also exist in us as the monad, the soul, the buddhic plane and the mental plane. We are in the mental plane mostly and have to be in the buddhic plane to experience Hierarchy and Shamballa. We have to rise to the soul and the cosmic soul. The cosmic soul expresses in the individual soul. In the light of wisdom, one has to conduct in the light of the mind. The 4 dimensions... enable us to see much more than just the visible level. The visible has its basis in the invisible. Three fourth are invisible, one fourth is visible. We are relating to it in all our practices.

The invisible sides do exist in us. We don't have to go into the cosmos to contact the cosmic person, it exists in us. There is a centre in us of the existence, the consciousness, the mental and the physical in us. It can be seen as the trinity, the world and the background of the world called God. It exists as will, knowledge and activity. It is called OM, which exists as triple sound as A U M, meaning will, knowledge and activity. They exist in us and we are the fourth one.

The cosmic person on the planet is called Shamballa and Sanat Kumara. The being Sanat Kumara who is the Lord of the planet, we have to recollect his ashram called Shamballa. We have to recollect the Christ as the Lord. Lord Maitreya is called the Christ in the West. He expresses through all the teachers including Jesus. Jesus is but one expression of the One Teacher. We have to recollect the Christ / Lord Maitreya / Bodhisattva. Bodhisattva means the one who teaches the beings to find the soul in their own beings.

We are Sons of God and therefore divine. Lord Maitreya or the Christ has conducted his activities since thousands of years. Jesus is one expression but the World Teacher is on the planet from the very beginning of the planet, and also Sanat Kumara. The Christ has the role to teach the beings. Sanat Kumara plays the role of the king and the Christ the role of a teacher. Thus, the kingdom evolves. The

dimension of will and of knowledge.

On the planet the centre of Will is Shamballa, it exists at the Sahasrara of each one of us. Sahasrara exists in each one of us; it has the gem referred by Buddha as the gem in the lotus, OM Mani Padme Hum. Hum is the chief sound to relate to the gem in the lotus, within the thousand petalled lotus on the top of the head. There you find yourself as the self-effulgent gem. The Masters of Wisdom are those who have realised the gem and are considered as a white dragon of wisdom. We are also serpents having a gem on the top of the head, the Sahasrara. We have to see this as the goal of evolution on this planet. We shall regularly visualise the target we have set for the life and try to strive towards realisation of those targets, the target for the beings on the planet is to be at the top of the head where the will of God is known. Let purpose guide the little wills of men, the purpose which the Masters know and serve. It is a very profound invocation. The Masters know the purpose of their lives and we should also know this purpose, through teaching and meditating. The Hierarchy consists of Masters of Wisdom; they help us to recollect the purpose of life. From the centre where the will of God is known let purpose guide the little wills of men – the purpose, is it only to maintain the body, to improve your recognition in the surrounding society? It is to know wherefrom you have come before you entered into the body and where you are going.

We know that we existed before we entered into the body; we entered through the spermatozoon of the father into the womb of the mother, later we came out and developed further. Before the body was formed, we are there. We are the basis of forming the body. For what have we formed the body? There is a purpose for which we have taken the body; that purpose has to be known and worked out. Why are we here and where are we going hereafter? We as souls keep gaining bodies and then conduct work and divest from the body. As we put on the cloth and then put it off at the end of the day put it off again. Again, you take a body to fulfil the purpose. That purpose is known in Shamballa, that we call the will centre of the planet. Lord Sanat Kumara presides over the will centre. Relating to him we would eventually know the purpose, what for we are here, what are we to do, where do we have to go.

Having come to Shasta do we relate to the occasion which is available in the aura of Mount Shasta? If we have all gathered around Mount Shasta, we know that we want to gain the presence available in and around Shasta. And when we depart after the group life, we know fairly where we will go and what we will do. The same we have to recollect for the whole life. There is a purpose why we have taken to a human form and that purpose has to be fulfilled, otherwise we have to come again and again.

Students should know what for they go to school. If you do not fulfil the purpose you have to study again and again or you fall through the college. Likewise, to have a human form has a purpose which is known by Shamballa. How do you know the purpose? The Masters know and guide us.

The Lemurian continent and Lemurian race was the time relating to this planet where teachers have descended onto this planet, great beings of light descended upon the planet, sons of will, sons of light, of God, they have descending during the times of Lemuria to help the beings to find the purpose. Such beings do exist at Mount Shasta, at Australia, at Shamballa. Lemuria extended along the West Coast of America, it extended to Asia, and Africa. Some parts remained; others submerged in the waters.

Suppose Mayama which is known as Miami was saved from the water. A part of Mexico extended to Miami. The part of California existed since ancient most times; the presence can be felt in those places. This presence should be felt, not as tourists. The modern understanding of tourism is to have in one hand a bottle of Coca Cola and a [bag] in the other and keep on moving around. Pilgrims relate to the place and the presence which is everywhere. In some places it is better experienced. Therefore, we are here.

Coming to Shamballa and Hierarchy. Hierarchy exists of teachers informing the wisdom relating to cosmos, micro-cosmos and macro-cosmos. Whatever is there in the cosmos is also there in the human being. That was the topic we spoke of in Miami around the full moon of Taurus. If you find the centre in you you can relate to the centre in the cosmos. You don't have to hang on in this body. When this group life is over here, we all depart. Likewise, we shall be able to depart consciously when the work is done. "I shall now rise and go to my Father", Jesus said. He was 33 years of age. Shankaracharya had his purpose fulfilled with 30 years. Vivekananda had his purpose fulfilled with 39 years and he went into meditation and consciously departed from the body. They are the models for us. Realise the cosmos in us. We are the images of God; whatever exists in God exists in us. Who will give us this knowledge? Not every teacher can give. In the name of God there is such a noise promoting names of Gods. The true teacher shows you to relate to the cosmos in you and in the cosmos. The omnipotent and omniscient is clearly explained and we are to fall into tune to gain the knowledge.

For this the Hierarchy is important. The head of Hierarchy is Lord Maitreya whose ashram is Sravasti. We

should remember Sravasti and Lord Maitreya. He has a huge group of teachers whom he guides. He is in tune with Shamballa. Sanat Kumara and Shamballa are in tune eternally. Maitreya teaches to beings why they arrived on the planet. To align to Shamballa, Sanat Kumara, Maitreya and so many teachers is very important. And to gain the presence of the Masters' presence. In the American continent you can easily gain the presence of Count Saint Germain and Sanat Kumara.

Sanat Kumara is in Sahasrara, the knowledge is at the Ajna, the Hierarchy is the love and knowledge of God in the heart. We are told to relate to the heart centre, the Ajna Centre and the Sahasrara. When these relations happen your energy system falls in tune with the bigger system. By relating to a magnet an iron piece becomes a magnet. When we align to the energies, we fall in tune with them. The wisdom has been given afresh to the West by Madam Blavatsky and Madam Bailey; it exists since ancient most times in the East.

You are like a child running around not knowing the purpose. As the children run around in the group they slowly grow in consciousness and know the purpose for which they are here. If you are promoting yourself everywhere... a man of wisdom does not promote himself but promotes wisdom. He finds the wisdom in him and radiates it to the environment. A man of personality only relates to personality. A man of wisdom wants to promote the wisdom and not himself. The president of this country promotes mostly himself.

The best in this continent is Master Count Saint Germain. The plan was to prepare this part of the globe so that the people realise themselves as members of one humanity. Master Saint Germain was the first one to move here. Those who moved here were under the rule of the English, the Spanish, the Germans. He came and promoted self-rule and brought freedom to every nation in North and South American continent through his disciples. The pioneers of freedom here were all his disciples, they were masons of great order, be it George Washington, St. Martin, Bolivar, ... He builds as many ashrams as possible in the mountain ranges. We have one in the Andes, in the Colorado Mountains, in the Monument Valley...

To look for recognition is a childish way but not of the soul. We have come to know of the teachings from various teachers. Breakfast, lunch and dinner will be assured, a comfortable stay and transport shall be ensured to experience the place. Likewise, we have the body to experience the cosmos. We should relate to the mount, the lake, the clouds, the animals, the persons unknown to us. You will meet persons unknown to you who greet you. There are certain unknown places. You can gain the presence in Jerusalem, Jordan River, Mount of Beatitude; there are so many places in India, in Europe, in America, which vibrate with the energy of the presence, of synthesis. That orientation is needed; once we have this orientation things become easier. There are unseen maps which guide you to the right trees, right spots... Those who came here found groups of beings. Beings of 7 feet keep silently moving from one place to the other. If you move to a sacred place you shall have the right orientation. When you come to Israel or here or Asia, the attitude should be towards occult perception; without that not much can be gained.

A certain degree of silence is needed for that. There are people from so many groups, we relate to them but that apart you shall have to relate to the unseen in the place, to orient to the unseen, to see the invisible. The student is related to the subtle, if not he does not gain the presence. Now that we move together for about 3 hours to a lake and come back and see how best to gain the presence. If you are studious you recognise students. It is a continuous process. Let us get into this kind of learning and have the silence in you. For all outer purposes we can be normal. Don't put on spiritual faces... We can be spiritual and be normal. We can be uncommon but be common. To look special is childish, be normal. You can be as original as possible. Try to be as original as possible but don't put on anything special. The make-up... To be original is to be spiritual, to be normal is spiritual. Be silent inside and engage with the people around. A truly spiritual person always has cheer in himself and has a smile on his face. There are people with barbs, shabby dress – these are no signs to be spiritual or original. Don't try to copy the Christ or Master CVV, each one is original. How to gain originality is the way. Growing hair like Jesus Christ or a barb are just imitations. Be normal, be original and yet be silent in your inner chamber. If you have eyes to see you see. Remain in silence in the inner chamber. May that be so whatever you do in your daily life. Let smile prevail. Don't try to attempt to smile. Attempting to smile is different from being cheerful. These are the few thoughts which came to me this morning. Relate to the place, to relate to all that I have spoken. I wish you well and we have a talk tomorrow morning.

I have the duty to present to you the work of Paracelsus. In the name of Paracelsus, the WTT has a place near Einsiedeln and we respect the initiate of Paracelsus. He has the knowledge of subtle and gross. He has become the basis for all the teachings of medicine. The articles of the magazine [Paracelsus Health and Healing, <https://www.paracelsus-magazin.ch/en/>] are brought out as volumes to be preserved for

posterity [volumes of the issues done in print version in earlier years]. They contain many dimensions relating to health and healing. You might not study the wisdom but keep them in our groups and some unknown reader will read them. Rodolfo for Argentina, Robert Cattivelli for Posadas, Argentina, Luis from Brazil. Receive a volume and retain it in Rio de Janeiro for the benefit of the aspirants who might find the way, for the Avatar Foundation, Sister Carmen for Venezuela. Rosy to retain it in Miami. Sister Doris Tuminski, make sure that the groups in North and South of America get it if they wish that the book is with the group officials. We have a lady of great wisdom, Risa Goodwill, a book should go there, and according to the willingness of the groups these volumes shall be given.

A work [Meditations, Mantras, Rituals, https://worldteachertrust.org/_media/en/meditation_workbook.pdf]; Ludger is the coordinator for many groups so that cooperation happens through various groups. He brings all the rituals and mantras done in the groups, translation into various languages.

All wisdom is kept free online.

Afterwards the group drove to Crater Lake in Oregon, a 3.5 hs drive.



Friday 31st May 2019, morning

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

OM Mani Padme Hum is the mantram relating to Shamballa. Those who initiate us into the mantram are Lord Maitreya and Buddha. They initiate us once a year from the caves of Shamballa. The gem which is called Chintamani is shifted from Shamballa to Sravasti and from Sravasti to Shamballa according to the need. Sravasti is the cave, the residence of Lord Maitreya. It is beyond the Mount Kailash and Manasarovar. Mount Kailash and Manasarovar are known, beyond that are the caves where Lord Maitreya resides. He gives his blessings in the morning and evening according to Kalachakra Tantra, the magic of the wheel of time which is thought over (?) in Shamballa. We should think of Shamballa in Sahasrara, of Sravasti on the top of the forehead of our being, of Hierarchy in the heart. This is a discipline by itself. It is a sign of orientation that enables us to gradually get oriented to that energy. Recollection on a regular basis enables the related orientation, association and transformation.

When an iron piece regularly orients to the magnet it becomes a magnet. There are certain magnetic points on the planet like Mount Kailash and Sravasti in Himalaya and Mt. Shasta here. We have to think of Chintamani when we think of Shamballa. It is brought out according to the need. The energy is brought from the forehead to the top of the head and from the top of the head to the forehead. Chintamani is an extra-terrestrial gem and it should be visualised in our own being. When we regularly remember it in our own being, we get linked to it, otherwise we are in our own imaginations. Shamballa relates to time and the time cycles. ...

Various practices exist on the planet in relation to God. It may be surprising to you, all practices that we carry out in the name of worship rituals shall enable us to align to time and nature. The practices which take us away from nature and the dimension of time are seen as practices of ignorance. The whole creation is carried out in tune with the time plan. Time holds the key to involution and evolution, to the law of alternation, pulsation, periodicity, law of expansion and contraction, emergence of life and mergence of life into itself. All laws are contained in time and therefore time is the ultimate remainder which remains after and is before creation. It is worked out by what we call God. In creation time is God, beyond creation time only remains. It is only according to time that a new creation comes out. The birth, growth,

completion, regression and conclusion of a creation are in tune with time. Many people in India worship the Mother. The birth, growth, optimum, regression disappearance are all in tune with time. There is a time plan to every being, to the planet, to the solar system and to the creators of solar systems, the Prajapatis, to the cosmos. All happens according to time, time is the ultimate terminator. Where one's worship does not lead one nearer to time and nature are worships of ignorance.

Gayatri has to be chanted in the morning before the time comes, that is in according with the time cycles. If you do it later it is like going to the airport after the plane is gone. We don't catch the plane. There are timings for the visit of energy. There can't be visits according to your convenience. The lower has to fall in tune with the higher. The movement of the planet around itself cannot be delayed because of us. There is the sunrise and sunset, moonrise and moonset; they don't happen as per our convenience. In India they carry out orientation to the dawn and the dark but they don't do it at the time of dawn and dusk. They say, sorry, I could not do it in time. When you come to the airport too late, even if you say sorry, nothing happens. The lower has to fall in tune with the higher; the higher would not fall in tune with the lower.

When a teacher announces the time for the beginning and ending of teachings, the student has to be ready, the teacher will not wait. In nature all is in tune with time, it cannot be changed. When you plant a mango, it happens in tune with time that it grows. The rice plant has a time plan; the fruit, the vegetable, humans, animals have a time plan. The life of an animal is not as long as that of a human. Adapting to the time plan and conduct according to it is called Kala Chakra Tantra. Master CVV has given definite times; it is not according to your convenience if you want to grow. The set times shall have to be followed, don't make compromises to it. Master CVV associated the yoga to the Kala Chakra Tantra. Once it is linked to time, then the expansions happen.

When creation is made the time patterns were already made, we came later. We cannot say that the time relates to us. The time is first. It is so with man-made things and more so with nature-made things. In Lemuria and Atlantis there was a great worship of time and even today, the knowers act in tune with time; those who don't do are ignorant. What is the present moon phase should be known, in which sign it is. All our mind's activities are related to the moon phases. People have moods. There are 16 ascending, 16 descending moon phases. Sometime we are irritable, angry - why? Unless we know the moon phases and follow the moon phases your worship does not really help you. If your moon is in Gemini it is easy to know when moon is in the sign. Moon relates to mind.

There are other planets, the impact of Jupiter, Saturn, Venus, Mars, Mercury, they have all to be known and followed. The Mayas, the greatest of the Rishis of the East follow the time. Unless you follow the celestial bodies of light around the earth and their impact on us, you cannot gain much. It is like walking in a forest blind. A blind man can fall into the crater. Blind directing the blind, following the blind is the major activity in the name of spirituality on the planet; it is a hard statement but true. If you don't have an eye to see you cannot progress much in life. Among the 6 keys of Veda astrology is said to be the most important key. It is to observe the planets, their characteristics and their impact on us. Compare it with the planets existing in the individual body. The daily chart shall have to be looked into it, relate it to your chart and conduct yourself. It is like we have a Google map to orient. If you go anywhere in the west you have many maps, you see where you walk. You should know where the moon is. Daily the WTT gives out the daily map; it is for those who want to follow the Google map for the path. If you want to follow it is the question.

In Central America you see how the pyramids are built according to the time plan; they carry out festivals according to equinoxes and solstices. Attuning to equinox and solstices are ancient most practices. Do we adjust to them? Except on weekends we do not adjust to them. We have to adjust to the higher system to gain the related energy. Equinoxes and solstices are or great important for the students who want to pursue the purpose of life. Likewise full moon and new moon, they are the nodal points on a monthly basis, the equinoxes and solstices are the nodal points on an annual basis. The 8th ascending and descending moon phases - we are today between 13th and 14th moon phase. When new moon falls on Sunday, the new moon is forgotten. You have to align mind, body and awareness. When moon and sun are aligned, you have new moon and when moon is opposite, we have full moon. Plan your practices according to it. Unless you follow your practices according to moon, your mind will not fall into order. Likewise, solstices. In the East they give so much importance to full moon and new moon. The full moon practice shall have basis in the new moon practice. If you do not follow the new moon but only the full moon it is like building a practice without a foundation. New moon enables the thinning down of your karma sarira, the desire body: I want this, I want that. This can only be dissolved through new moon.

People worship when new moon approaches but people don't know why they do it. Every Monday they do

practices without knowing. We need to see the daily chart, the movement of planets. Relate it to your astral chart and accordingly plan your activities. That is what all your yoga practice is. Sanat Kumara says, try to dissolve all blind practice. Let people be oriented to dawn, dusk, new moon, full moon, half moon, equinoxes, solstices, the planetary cycles. How many days it takes for one round, a year. The cycle of Venus, when you follow that cycle you master the secrets of death. The cycle of Venus is seen as... The path to Venus is the path to death. It does not mean that we walk the path to die but to transcend death. In Mexico City there is the pyramid of Venus and then Mercury.

In India we have little temples for Navagraha, the 9 planets. From head to base centre all planets are posited and we have to relate to them, to the time cycles related to Moon, Sun, Saturn and Jupiter which have greater impact, cycles to nodes, cycles to Saturn and Jupiter. Cyclically energies visit us. Frequently energies of Moon, Mars and Venus visit us. We should know what is visiting when. Just like we are worried about the weather of the day we should see what is the weather of the planets. Shamballa rules time and therefore we have to relate to time.

A yogi knows when he is going to die and according to this, he plans his activities. He cannot set up a huge activity without successors continuing. You should not commence a big activity without successors. Otherwise you won't be able to conclude it. How to know when you do depart? If you follow the time plan for long years the time reveals. Time is the great revealer and veiler. All is hidden in the layers of time. Therefore, Lord Sanat Kumara from time to time calls forth a meeting of all the teachers of Hierarchy. The Hierarchy consists of so many teachers of wisdom. He would like to review if they are imparting the teachings relating to the importance of time or if worship is done blind. If worship goes too far, he would put off the tradition.

In China the worship has gone too far and in Tibet. Why is Tibet suffering today? Nothing happens in creation without the will of God. All is divine. Tibet is seized by China. There is a divine dimension by offsetting all the practices which have gone into superstition. Then man ceases to grow and does not exercise the free will. There is a review of all the worship activities and a new plan is always given anew. The teachings of every teacher are reviewed from time to time.

Today people think that astrology is superstition. Astrology can be superstitious and can be scientific. It will be the future science. All persons in high positions always consult astrologers though they do not say out. They all consult astrologers but don't have the courage to say that they follow astrology. They have no conviction to say that it is the wisdom of their teachings. It is not their wisdom but the wisdom. The ones who give expression to wisdom are attuned to the nature of time and this they have learnt from their teachers; so they shall have to be grateful to time and their teacher.

Nature cooperates with those who cooperate with nature; time cooperates with those who cooperate with time. Normally we expect cooperation instead of extending cooperation. Cooperation is the most cherished value in hierarchy; it is the fundamental spirit of brotherhood. Two brothers not cooperating, two students of the same teacher who do not cooperate with each other but compete, not much can be attained. Jesus Christ said, if more than 2 persons cooperate with me, the triangle is there, then wonders can happen. Pythagoras said that when three students are there manifestation can happen. The whole creation manifests through triangles. We have the triangles, the centre and the point. If you fall in tune with the teachings of time, they are brought out by Shamballa. Not understanding the tides of time, you are removed.

Julius Cesar was so powerful. He was going to a meeting on 15th of March, they told him, today is the Ides of March, don't go to that meeting, it is not good for you. He did and was killed. He was surprised that all came to see him in a board meeting. 15th or 19th / 20th March you are not supposed to do special activity but only routine activities because it is the closure of the solar year, so you cannot commence thing. When time is commencing things, you can commence. It is absolute ignorance of time dimensions.

When are we to sleep, when to wake up? Sleep during the dark hours of the night and work during the hours of the day. If you sleep during the morning hours you have missed the golden hours of the day. If you miss you will miss all of the day. The day is divided into 8 times of 3 hours each: 6 to 9, 9 to 12, 12 to 3, 3 to 6, these are the time cycles. You shall have to plan how to work out the day activity, you cannot bring it into the night. You shall have to know that dimension of time. The seers say that 90 minutes before 6 o'clock your brain [sleeps?] better. On Sundays people sleep over and people miss it. Sunday is not holiday in creation, it is the beginning, Saturday is the conclusion. We start weeks on Monday; it is Kali, tremendous ignorance. Commencing on Sundays, concluding on Saturdays is following the time wisdom. So much wisdom is lost. The pyramids of Mayans and Egyptians, the temples in India were all build according to the time cycles. They are all masonic dimensions because there was the knowledge.

Sanat Kumara very strongly insists upon orienting to time. Orient to time, to equinoxes and solstices, full moon, half moon, the seasons. Every season has its special gifts to offer to us, orient to it. This is how you have to set your life in tune with a bigger system; if this is not followed we follow blind worship. Shamballa makes the Masters of Wisdom follow in tune with the plan of work. This year the pattern is, work with the hexagon, the number 6, the number of Kumara. Mars is called Shanmukha, the 6headed one. He exists in us from Ajna to Muladhara. The 6 centres have to be attuned from above downwards and from below upwards. 3 enable us to receive from higher circles and 3 from lower circles. We receive from Sahasrara, Ajna and Heart. The double triangle is a symbol of... it is the national symbol of Israel. It is a great symbol of receiving from higher circles and manifesting in lower circles. It is a year to manifest as many energies from higher circles in lower circles because Jupiter is in his own house, Sagittarius, and also Saturn in Capricorn. There is much matter in us which can be transformed. Many changes happen in the physical work and in our work when we relate to the higher triangle and work with it. The triangle upward is called Kumara; the triangle downward is called Makara. The personal will has to be in tune with goodwill. Goodwill is in Ajna, personal will is in solar plexus. Think of group will. Solar plexus is personal will: Is he from our group? Our, our, our, that is emotional, personality. Personal love is emotion, it has to be transformed to impersonal love. Personal love has to be transformed to impersonal love. Moon light, sun light are for all, they don't have preference. Likewise the fragrance of a flower, it cannot say, no, no, it is not for you.

We also have the problem of personal gurus. A guru cannot be a guru when he is personal. The student thinks, my guru loves me most, but the guru loves all. Like the sunray, moon ray or fragrance of a flower. Replace your activity, not for yourself but for the well-being of others. Impersonal love, goodwill.

Sanat Kumara gave the keynote during last Taurus full moon when we were in Miami. We might not be in Shamballa but daily recollection of Shamballa, of Sanat Kumara is good enough, your daily effort to tread the path of Lord Maitreya. The sentences in the Vaisakh Newsletter are not accidental. Don't forget the gem Chintamani. Orient to Lord Maitreya, Sravasti, follow the teachings of your teacher. The new age teaching is beyond superstition. Master CVV immediately puts us to the time key, likewise Master DK. That has no personal dimension. Thank you, Namaskarams.

There is a function tomorrow morning to the Californian group who worked for this group living. So, this was the last teaching for this group living.



Saturday 1st June 2019, morning

To all of the organisers of the group life...

This is mostly the 2nd generation of the WTT. Their parents have been associated with either Master EK or me during the last 40 years. They grew up in a spirit of service, got married, secured their job and also have children. The Indians believe of the greatest importance of education and to settle in society. Then they think of marriage and it is all carried out by 35 years time, the first cycle of Saturn. They do not set the cart before the horse. They make sure that they are good enough to pull the cart and then set out to enjoy the life in a good manner. They grew well in the presence of Master EK and later of me. They are very well oriented to service. They have the good luck of not being selfish from childhood because they have the touch of the hierarchical teachings and the hierarchical teacher. Whenever we relate to this 2nd generation group, it is always full of the spirit of offering and service. I call one by one. There are 13 couples who have carried out the work here. They serve eastern and western food. Many Westerners believed in eating Indian food but it did not disturb the team, they were very flexible to give comfort to the

group more than to themselves.

Bhavani and Mangesh, Swami and Visika, Swami is so full of the energy.... Lalitha and Rama Prasad, Prabha and Srikanth, Srikanth is the backbone of our group, all of us know and love him... Srikanth has a brother, he and the parents are here, I request the parents to stand up. They have gone through many difficulties... Jay and Sruthi, Jay is a very spirited person, his twin brother is in Bangalore, his parents are also here. Anu and Murali. Anu and Murali are known to me from 1980, Anu is the second daughter of Mr. Murthi, and Murali is the son of... they are the elderly couple and always oriented to support the group. Swapara and Sivaji. Siva is one of the very first members who came to California. He appears to Miami, Iguazu, Europe. He has two brothers, Krishna and Vasishta. They are very gifted in intelligence and it is equally associated with the work. All the three brothers are of the same spirit. They have also three children. They are all of the same age as my son and daughter, between 35 and 40 years. (About giving the name Merry Life Society: Merry Life, 26 July is the day of Merry Life, a name very much cherished by Master CVV). Ramya and Ashok. Ashok is one of the most silent workers and accomplishes very much. They received the impulse from Mr. Joshi. He is most silent and a great inspiration to many in the WTT. Ashok comes from Mysore. They do work but do not speak. There are others who work and also speak, and others who speak and don't work.

Mayudi and Adra. Mayudi also is a very silent worker and makes sure that things are done. (The gift: a violet crystal to be put in a window and a bangle): Surya and... Sarada, her parents are also here, they came from Srikakulam. Sarada does a lot of work and is the most related one to Shasta. She came here and stayed here for 2.5 years, she has many good experiences here, saw every waterfall here, she has very good relation to nature and sends sometimes pictures from the sky. Until the group life is done, she will stay here and come with her vehicle to be able to transport as many people as possible. Sirisha and Srinivas. Srinivas helps with all the vehicles and also conducts the busses here. Srinivas is the son of Sri Sharma, the group head of Rajahmundry. Here is also Mr. Nagesh from Rajahmundry, he comes with large energy to share with the group. He came with a van because it might be good. For one group life in Miami he bought all the food material for the group living.

The second generation of WTT is such a blessing, it is very joyful to see how they grew in 35, 40 years. It is my pleasant duty to present this young group to you. I wish them and you all very well and thank you that you have come all here. They are from many places all over the world. About 70-80 persons have come from India, many more wanted to come but could not due to Visa difficulties. There is about 60 percent from Europe and America and 40 percent from India.



The group offered to the Master and Kumari-Garu a coconut and clothes. Maity from Argentina offered a crystal, ...

Group invocation: Sahanâvavatu / Sahanaubhunaktu / Saha Vîryam Karavâvahai / Tejaswi Nâva Dhita Mastu / Mâ Vidishâvahai / Om Sânti Sânti Sânti
<https://worldteachertrust.org/en/web/meditation/sahanavavatu> for the closure of the group life.

It is for the group protection, group sharing, group enlightenment and ensuring there is no malice between the members of the group. Thank you.

This is one group life where I could come with the entire family of 8 members. (presented the names). There is the son's family and the daughter's. Thank you.

