

# **The World Teacher Trust**

## **Group Living with Master Kumar on “The Temple”**

***17 to 24 June 2018, Iguazu, Brazil***

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### **Sunday, 17 June 2018, morning: Inauguration of the Seminar**

In the morning after morning prayer and breakfast the Master conducted the fire ritual, assisted by his son Guru Prasad. Afterward there was the inauguration of the seminar.

Alicia Deluca spoke some words of welcome to the Master at the Iguazu Waterfalls in the sacred land of Ameru, at the sacred land of Master Jupiter, and about the alignment to the divine.

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

At the very outset I should thank Sister Alicia for the sweet words about the relentless work that is happening through me. Normally I don't count what is happening. It is not that I choose to work. I am not choosing to do the work, the work has chosen me, and it is using me in every possible way. It looks for you that I am doing so much but the truth is, the truth keeps happening and happening. We are all used for the work. The nature puts all of us into work. From the moment you wake up till you fall into sleep, we are used by nature to carry out work according to the quality of the personality to do work. The nature uses the personality to fulfil the work on the planet as per the Plan. All are busy, including the birds. Even before the dawn they keep moving in groups and share things with the various places, with the group until the sunset. Be it plants animals, humans, planets, solar system, all are used by one nature which is cosmic, solar and planetary work. To see that we are doing the work is childish. The nature does the work through us. The quality of the work done through us is not depending on the soul but the personality, and therefore work happens. In Bhagavad Gita Lord Krishna says to Arjuna, I am not the one who propels beings into work, it is my nature. It is the nature which propels the beings into work. It puts all beings into a kind of glamour. It puts them to work so that they transform themselves into mobile temples. The mother would like that every one of her children performs best and then carry out the work. Even very early in the morning the roads are filled with cars. It is the nature within every being that propels them. The one who knows that, he lets the nature do the work through him and he witnesses what is happening through him and around him. He is an observer. He witnesses all that is happening through him and around him.

We being the sons of the one father, we too should learn the characteristics and learn to be a witness. We should first get out of the feeling that it is our doing; it is a happening. The seasons are happenings, all is a happening. We are grateful to nature. Alicia is thankful to me, I am thankful to nature. The work is happening for the well-being of so many persons. There are so many persons

who are engaged with the work over three decades. They relate to the work and the related transformations happen.

When Alicia met me in Europe together with other members, she said, "Master, it is already three years since you came." Then later, in Germany, she made another request. It is not me that accepted; it is the nature. It is not me, it is the nature. Many people around me think it is my doing. And they say, "We hope that it is not your last tour." I say, "I also hope but it is not me who decides. It is spontaneous happening." It is also a spontaneous happening of the teachings. The doer has to put himself to the state of witnessing.

I came from a very hot place and landed in a very cold place. It was about 5 degrees Celsius. I heard about it when we were in Frankfurt. We landed in the place here. There were already 100 persons here by Friday evening, although the seminar starts on Sunday morning. I said to them, "Let us align to the season. When we adjust, then nature also adjusts." You can see how it is and how it is changing. The whole knowledge is to be and then to see how it is and how it is becoming, how it is changing.

That is what you see in a movie normally. You see the movie as a happening. On the screen of our own consciousness so many things happen. As we get accustomed to the cold the cold disappears. The things very beautifully, imperceptibly keep changing, every hour and part of the hour things change causing the needed change in the fauna and flora and also in us.

We normally want to settle down. But the moment you settle you are becoming stiff. Also on the mental plane you become stiff but you are never stiff in nature. Nature puts you into changing situations so that you put your state of energy into a fluid state of energy. When we encounter cold we slowly adjust. Then there is a flowing energy. To start with you come with a fix idea but what is put before you is different from what is in your mind. When you are not in a state of mind which is in contrast with what is in your mind, then the related adjustments happen. The idea is to relate in a very flowing manner. Otherwise you would only have the suffocations coming from your own stiffness. You would encounter more and more obstacles all around. If you are in a fluid state you adjust. We have to adjust to nature; nature does not adjust for our sake. We need to be flexible, not to be fickle. To be flexible is to attune to the ever changing nature. One of the definitions of nature is, nature is in constant change. There is one principle which is always immutable and the nature is ever changing. They are the best couple - the ever changing is in marriage with the never changing principle. They are the most ideal cosmic couple, spirit and matter, the male-female God. There is perfect harmony. One is stable, immutable; the other is an ever mutating one. That is how the whole creation is. They are seeming opposites but they are complementary.

So also in us, there is the I AM and the constant pole in you; and then there are so many things changing in us. When we met for the first time in Argentina in 1992 - we are all different from what we were in 1992. But we don't change; 'I AM' is constant. The personality keeps changing. Therefore, accept change as it comes. So seeing how to adapt to change makes us successful players in the creational game. Then we are successful players. Football plays go on. You have to adapt to the other 21 players on the field. There are 22 players. There are 11 opponents and 10 colleagues. To play well you have to adjust. The non-essentials have to be adjusted. What you have at breakfast is non-essential. But every day it is the same prayer at sunrise time. It is essential but breakfast can change.

The Europeans, when they come to South America, they find different kind of bread; it is non-essential. Therefore, we are now trying to build within ourselves a personality which would meet all situations. A personality which is good for all seasons; it is a seasoned personality. Also the seasons of life, not only the seasons of nature. You were a child, then an adult, and then changed to old age. You have to adapt. Not as the soul but as the personality. We try to transform the personality into a temple. The theme for this group life is to transform our personality into a temple. And we are an image of God in the temple which we build for the image of God. The image reflects through the personality. This is the teaching which I am giving since the last 3.5 decades.

We are the means to build the temple, meaning, a source where there is an expression of the Will of God, or Knowledge of God, and expression of the Activity of God. The temple should reflect these three fundamental qualities of the soul. So we should see that we build the temple in which we take to the stature as images of god. Then the work is complete.

Normally when you see the word 'temple', the original is from the Latin word 'templum'. It is a place of worship. Temple means a place of worship. But the Vedic understanding is different; in the Vedas it

is Devalaya, Deva-Alaya, the residence of God. That is one understanding. Deva also means self-effulgence. Whenever we speak of Devas - Deva means, according to the original understanding of the word, self-effulgence. By itself it is shining; it is not shining because of an outer light. Whatever shines by itself is called Deva. Alaya means abode. So Devalaya is the self-effulgent light. A place of worship need not be a place of light, but a place of light is already a place of worship. Wherever there is light there is a worshipful nature in it. Whenever there is a temple it does not mean that there is light.

In the Vedas they say, every form contains light. There is no form without the light being its source. All forms are the forms of light. Therefore they say, all forms are the homes of light. When you relate to the light, you are relating to the divine. If you go to a place and you are not relating to the light, you are not with the light. 'May the Light in me be the light before me. May I see it in all.' There is no eye that does not shine. Don't look to the hair, the hairstyle, the shoes someone wears. All forms essentially contain light, therefore they are bodies of light. All bodies are abodes of light. (Sanskrit quote) The light is the image of God. There is a spirit, there is the soul which is an image of THAT, and then there is a form around.

Not all churches need to be places of light. There might be many temples in India; what is important is that you see the light. Whether we see or not see is another matter but it is there for those who can see. It is there in you and around. When it is in you and around you, what is lacking is the ability to perceive it. If you start perceiving, you can see God in form and without form. While it is in form the form is a dwelling place of the light. The light with its colour notes, sound notes, when you see forms don't think it is just a form. Any form. You see so many forms here, plants, buildings. The light is different from the structures you see. The Vedic seers wanted that we relate to the light, not the forms. The whole universe is the activity of light only. The Sun is full of light. When we came out of the hall yesterday, there was a beautiful conjunction of Venus and Moon. And there was a beautiful bluish light. We need to understand that all is light; that is a statement in the Vedas. When all is light and all is divine, what is there that is not light? The entire universe is seen as a temple. That is what I wanted to introduce to you as our morning and evening invocation before we enter into class. Master CVV gave it in the 93 meditations, where I gave a comment. You can utter it forth with the help of your friends:

### **Occult Meditation 20**

To whose temple the Arch is starlit,  
In whose temple the Sun is the image of God,  
To whose temple the Moon goes every month  
And brings the message out every Full Moon,  
And whose message the Moon sings as a word of sixteen letters,  
His religion I belong to, His temple I visit,  
His name I utter, His glory I live in.  
To Him I offer the lotus of my day,  
To Him I offer the lotus of my night.

You cannot see any brilliance greater than Sun. The light that is shining through the Sun is not its light, it comes from the central Sun, and this comes from the cosmic Sun; and this from the centre of the light, Aditi. The light coming in through the eyeballs is related to the Sun. The eyeball is like the Sun. You are a lighted being because there is a lighted being.

From the solar centre the light comes through the Sun we see every day. The Sun is seen as an image of God, as far as we are concerned, since we cannot perceive beyond the solar system. In the solar system the most effulgent being is the Sun God, it is an image of God. The temple referred to here is the moon phase.

We are now in the moon phase of Pushyami, meaning the most effulgent light. It is compared with a gem on the hood of a cobra. Did we ever see it? We are afraid to see the cobra. The gem on the hood of the cobra is compared to the light of Pushyami. You need to know the qualities of the moon constellations. The angle between Sun and Earth has a different angle. Today we are in a constellation called Pushyami, on a Sunday, in the month of Gemini. So:

To whose temple the Arch is starlit,  
In whose temple the Sun is the image of God,  
To whose temple the Moon goes every month  
And brings the message out every Full Moon.

Moon has a hierarchy. It brings energies from Neptune and higher hierarchies. Moon keeps collecting light and giving messages to the Earth. 'To this religion I belong.' These religions we know are hardly of 2000 years of age. Kali age is 5000 years. We have distanced ourselves from nature, from Moon, from the planets. These were the earlier relations man had. He had a relation with Sun, the Moon, moon phases, the stars. He was relating to the universe. We start relating to some little images we have created ourselves and we start building our own temples. So many things have come but no one relates to the very light. The hierarchy is interested to lift us up from the limited concepts to the Light.

Christianity is different from what Christ taught. Christ represented the universal dimension. Christianity has its own symbols, own flags. The humanity is here since 18 million years; the religions are there since 2000 years. We related to these religions distancing ourselves from the fauna and flora of the Earth, of the light. We think that these are the places of worship but these are much inferior places. There cannot be one place where there is light. If you go into the original version of the words you find that there was Solomon's temple; there was the temple in Jerusalem. But there were places of assembly. We started building structures and started relating to them.

The Cosmic Christ is within us. To say that he is only in church is creating a great limitation to the understanding of God. The divinity is omnipresent. You cannot limit it to a place. It is all around. When you say that in that place there is God only, Kali has achieved a great success on humanity. He has said that the other places outside the temples / churches [are not divine]; so he has a great success on the beings.

The Master is giving here the original knowledge. Life is within us and all around. I requested him [Master EK] on his 50<sup>th</sup> birthday to give an invocation and within 2 minutes he gave "May the light in me be the light before me..."

We have to engrave in us; when we are at the breakfast table it is there, it is there when we are driving. Why build some structures and cause ignorance? In the earlier cycles of time there was no temple. Even the temple of Ibez was not there before. The understanding is, God is everywhere. It is not he, nor she; it is a male-female principle. When Master CVV was asked, 'Is God he or she?', he said, he is she, because in she there is he. He expresses as all forms. It is the dream of Hierarchy - when will humanity come out of the illusion of the different forms of God? The planet itself has cosmic, solar and human; the form of man is fourfold.

In you there is God, there is the image of God and there is the personality surrounded by the body of seven tissues. The body itself is the temple. The body itself is an image of God; our body is the temple. In the temple we exist as the temple of God. We are the image. And we are the image, it has its form and this is the temple. This temple is the building of Solomon's temple. It is the temple through which three suns are happening. Ajna, Sahasrara and heart.

Either relate to the universe and the light in the universe. Other temple forms come and go. During Treta Yuga there were no temples. When you build temples you are drastically reducing your understanding of God. If you say, God is there, is he not here? Don't limit the image of God to a specific place. In our house we have an image of the Divine. But is he not beyond the house? The divine cannot be limited by time, by place, by form, by name. These are the four dimensions by which you define names. That is why all names put together utter forth the image of God. The name is a label; in us there are all souls. Relating to light is more and more relegated to the background when we limit ourselves to certain temples. Men of wisdom do not believe in going to God, because they are in God and God is in them.

There is a very small book by Richard back which only contains 7-10 sentences. The name of the book is, "There is no such place as far away". For me it is an Upanishad. There is a mother bird and a baby bird. The mother bird is asked by the baby bird. The baby bird says, "Mummy, there is birthday of my friend and I have to go." The mother asks, "What do you mean by birthday? - We are

not born. Where should you go to meet your friend?" The Atman is as distant as proximate. There is no such thing as going to God. You are filled with it, you are surrounded by it.

There is another story where there was a fish, a small fish. It keeps asking all other fish, "Where is the ocean?" They all smiled. Ultimately it found a very old fish which is about to die. "I want to go to the ocean." – "You fool; you are in the ocean all the time." Don't think that God is there. You don't have to seek, hunt for God. We are conditioned by our concepts. We are told by our parents that God is omnipresent. God is not only in our bedroom, also in our toilet. There is no place where he is not. It is a matter of realising God, not of seeking God. He is in you as yourself, and in all others. This was the original understanding of this humanity. It needed no temples. It is a huge business. There are huge churches, cathedrals, monasteries. We say "abbey". It says nothing; you can experience God here and now, you are yourself in a temple called personality, and it has built your body of flesh and blood. In the body the soul resides. The concept of temple, we have to redefine it. Whenever I come to South America the topic is always 'The Temple'. Be it in Miami, be it in South America. They are so much linked to the 7<sup>th</sup> ray, related to experiencing the divine on earth.

First thing is to know that there were no temples in olden times. The temples are only replicas of our own self. Don't be proud of building a temple. I see temples in Europe and the Americas; there are so many temples. You cannot deny the presence of God anywhere. When you close your eyes, it is there.

In the last tour to North America I said a very radical statement which was an offence to the Indians: "There are enough temples in India; don't build temples in America. Building temples and churches was a mission, a conquest of missionaries. Why go to temples? There are so many social obligations. By waste of time, money and energy you build temples. You dip into yourself; the core of your being is full of light. When there is that kind of light you can relate anywhere. In the waterfall here there is such a temple without any structure. And those who can see have seen. People go crazily to Iguazu. People are drawn like this to natural places which are all temples. Not as huge temples built with concrete and stones.

12 o'clock. The time is up. First we should know, there is temple everywhere, we should only have an eye to see. That is based on true knowledge.

Then come nature-made temples where you can experience better. You have some mountains, river banks. It is not that it is only in Iguazu, it is there in Angels' Fall in Venezuela; there is continuous cleansing.

In the afternoon we will continue with the nature-made temples. Later we come to building temples within ourselves and start building the temple within. Hierarchy wants that we all build a golden temple within us and dwell in that temple, not in a temple of flesh and blood. We should form a golden temple within this body of flesh and blood. Solomon's temple is a threefold temple. It is golden light, diamond light and such brilliant light that it cannot be seen. It is Sahasrara, Ajna and Anahata, the three temples.

Let us continue as students of Hierarchy, not relating to temples of stone and mortar. We continue at 4:30 Namaskarams.



**Sunday, 17 June 2018, afternoon**

Metam Me

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

As was explained in the morning, the universe itself is the temple and the light that pervades through the universe is seen as the male-female God. To perceive that light is best seen as the two luminaries of the system, the Sun and the Moon. They have been the guiding principles to relate to the activity of light. And there is also the energy coming from the other planetary principles. The planets belong to the solar system but the principles are universal. They exist in the planetary, solar and cosmic system. They exist at all times, either in manifestation or in potency. They are presided over by the one light, and that light is seen in its triple dimension.

Humanity as we are and as we passed through times in the earlier cycles, that is in the last part of Lemurian times and in the first time of Atlantis, we had a far greater understanding of the working of light through the seven principles. Through the seven rays, seven sounds, seven colours, relating to the qualities of Sun and Moon man gained much knowledge. Today most students think in terms of the sun signs. The quality of the Sun going through the sign of Gemini is known to us but it was not known to people of earlier centuries. The natural patterns which were very natural with us are all lost to us with the incoming of Kali. The knowledge is at its lowest step. It is low as per the understanding of Moon and the 16 phases of Moon, the 27 constellations of Moon, the energy that Sun brings in during the course of the year, that was all common knowledge. The science of the equinoxes and solstices, on this basis of knowledge the pyramids were built in this part of the globe. Through the Sun which was seen as the Sun God – all has been wiped out by the emotional faith. Faith was not the original basis but understanding. Faith and belief is a secondary dimension. Knowledge and experience was the primary dimension. Believer and non-believer are secondary. Are you a believer or not is irrelevant when we see the sunrise on a daily basis; there is no debate about half moon or full moon when it is there. People visit Stonehenge in Great Britain; they gain the knowledge when relating to the principles. In the first quarter of Sunday the Sun presides, not in the other three quarters. In the second quarter it is Mars that prevails; in the third quarter it is Jupiter that prevails. But when you kneel down and pray, it has not effect. Only when we relate to a greater system than we are we gain a greater understanding. Likewise there is a groupal working of the planets in the solar system.

So Sunday evening is ruled by Jupiter and is very valuable to gain knowledge but normally we relate to so many things. The weekdays are also a distortion. The weekdays in olden times were on the basis of the moon phases. After seven phases there was half moon, then seven phases and then full moon, then again seven phases and it was again half moon, then new moon. The day was counted in terms of moon phases. After seven phases it is another phase. Sunday is no holiday in creation. It is a holiday out of ignorance. There is no holiday for your breathing. Instead, there were interludes in the activities. Full moon is an interlude, half moon is an interlude. Likewise, sunrise, noon, sun set are interludes. Interludes are changes of energy. If you relate to interludes you are better off when the next phase comes.

Attuning to that change will allow you to function in the next sequence. There is a change happening, there is a curve which goes up to noon and then there is a change of energy. That is how full moon, new moon, half moon, transit of Sun from one sun sign to the other, this was the change people were relating to. What is Pi? The relation between the centre and the circumference. We are the centre and all else is the surrounding. How to relate to Sun, Moon, stars? What is the experience you gain if we cannot relate to it? When we observe the changes, it is experience. Belief is for an immature mind; observation is for a mature mind. What was yesterday, what is today? The one who relates better can be better at work. The temples were built in tune with the energy system that surrounds this planet. Building a temple or a synagogue as you like or as your faith pushes you is ignorant. We have to get back to those rhythms.

I have been to the Mexican pyramids; they were built with great knowledge. Now the people walk around without understanding what they see.

There are no forms without light. The temples that were built are mostly only an expression of our ignorance: I am great, so I built this temple.

There are natural temples, certain symmetrical mountain peaks. There can be pyramid-like mountains, conical pyramidal mountains. That is how Mt. Kailash is respected; it is in a high altitude. If you go to Rio, there are mountains like Shiva lingams. Just go around Shiva lingams and drink some coca cola is ignorance. Likewise the planet has energy flows. When a river is coursing in a northern coursing river, your energy is also flowing upwards. The Rhine, the Nile – civilisations develop there. There are also rivers that flow towards east, like many sacred rivers. If you live by these rivers you live with the energies that lead you to the higher centre, to the Ajna. So to live by meaningful rivers or mountains, these are nature-made energy points to experience life better. If you see the teachings of Helena Roerich in Agni Yoga: When earth has been formed it asked the divine: “Kindly create some points which allow the descent of energies.” We should also have such points in us. The conical form is more useful. A square and a triangle at the top is much better. A square head does not receive well. You can see the head of Ramana. It is peaking up. A square head is good to work. A head that peaks up is good to relate to the higher. Now we build houses which are like boxes, they cannot receive from higher circles.

Peaks indicate the ability to receive from higher circles. The human head is meant to receive from higher circles, not from the surroundings. Our prayers were, Father, give me my daily bread, a spouse, good children, a good job. It is all upside down. [It should be:] To receive from higher circles and perform in lower circles. If you only relate to the surroundings you don’t need a peaking head. A square head can only follow what others do, not knowing why.

When you are travelling in a bus on a bumpy road your vehicle is also put to all kinds of bumps. When in olden times the bus had a flat tyre, the one who came out of the bus looked at the sky, then the second, the third, they were all looking to the sky, 40 persons in the midnight hours. In the meanwhile [the driver] he changed the tyre and wanted the people to get back into the bus. He asked someone: “What are you looking at?” – “I don’t know, the one before me is looking to the sky, so I am also looking at the sky.” So he asked another one. So all were looking to the sky. The first passenger said, “I am not looking into the sky, thanks to you your bus on the road by vehicle is in problem and I try to get my body again into position.”

That is how humanity is: My neighbour has a cat, so I also need a cat. He has a house, so I also need a house. Without enquiring mankind has become blind followers. No one has the ability to think originally. If you do as a wise man does, he will explain you why he is doing. He knows why he is doing so, and if you ask him, he will tell you why he does.

So only going to temples does not bring expansion of knowledge. The knowers have noticed on the planet the energy points. Why do we go to Aconcagua, to Avila in Venezuela, to Andes, Rocky Mountains, Himalayas? Only because there are energy points? Nicholas Roerich went there because there is an abode of God. He said, “Staying in the Himalayas is more fulfilling than staying in the crowded places.” The seers constructed temples and pyramids with full knowledge. Even today, the science of temple explains the science of man. There is the head, the heart centre, the navel centre – all the directions are completely followed. When knowers build temples, they build in tune with the Cosmic Man. The human is a replica of the Cosmic Man we call Virat, Adam Kadmon, the Cosmic Christ. We have the north at the crown; we have the energy of the north at the top of the forehead, the energy of east as Ajna, the energy of South at the heart, the energy of south-west at the tip of the spine, the energy of north-west at the nostrils. The ten directions as they exist in the humans are also seen in a temple. There is a way to get into the temple, to get into the sanctum sanctorum and to get out of the temple. There is a way to get into the temple and get out again. If not, you are lost.

All this was done to allow people to relate to the macro system. When you relate to the macro system you are in harmony with yourself. Likewise the temples which were conceived by the seers; besides the temples they found in nature, they found that man-made temples made with knowledge, they get the planetary energies, imitating the planets. It was so with the Celts, the Druids, the Mayans. It was made to re-build the temple in us. We reside in the personality. Instead of residing in the personality you can preside over the personality. If you are presiding over the personality you can rule over the personality. We need to prepare our personality and preside over it. We as souls have all the needed resources in us to rebuild our personality and preside over it and relate to the divine. The whole is for relating to the divine. Wisdom is for adapting to the surroundings, adapting to that which surrounds you. By that you gain cooperation from all the surroundings. When you gain cooperation from all 10 directions you are strengthened. It is meant for expanding your consciousness. Rituals are for expansion of consciousness.

When there is a local sunrise you have to relate to it. The night hours are not meant for objective activity. Doing objective activity is not meant for the night, it is meant for subjective activity. Late night activity is not in tune with the rhythm. Late morning sleeping is not in tune with the rhythm. Your system is not in tune with the greater system. As per humanity, we are totally out of gear thanks to the religions. The knowledge is to relate to Sun, Moon, the day, the equinoxes and solstices. If you don't do it, religions says, you go to hell. Hell is a place where you don't experience light. Do we experience light? When we don't experience light, we are in hell. Hell is darkness, heaven is light.

The idea to build a temple is to move from untruth to truth: "Asato Ma Sad Gamaya, Tamaso ma Jyothir Gamaya, Mrityur Ma Amritam Gamaya." - Lead me from untruth to truth, from darkness to light, from death to immortality. If you do this prayer seriously, someone will come into your life. That is how the prayer is. If you keep on doing it blindly, it is blind following the blind; it is the activity of the age of Kali.

A temple is a place of learning. When you go to a temple today, we have to pay a ticket and we come back with a funny feeling: "I have been there too." The wisdom should lead you to the presence of God. There are three parts in the temple. There is one part relating to knowledge. The first chamber is the hall of learning, the second is the chamber of wisdom; the third is the Holy of Holies. The lower torso is the hall of learning. The upper torso is the hall of wisdom; the head is the sanctum sanctorum, where you can experience God in terms of Will, knowledge and in terms of manifesting the wisdom. Each one is a temple with the sanctum sanctorum in the head, the wisdom in the upper torso, the lower torso for relating to the objective world. The upper torso is for relating to the subjective world, the head is most important for relating to the divine. First in importance comes the relating to the head, then the relation to the wisdom. Knowledge as the basis, wisdom is the means to manifest, from top down. We have to make sure that we relate to the knowledge.

There have been teachers on the planet ever since the beginning of the planets. When the humans came to the planet the teachers already came. It is like in a school, the teachers have to be there when the children come. Teachers came along with the children into the school, meaning the planet. Teachers are always there to teach, to show you the way. Teachers are not those who make you move around themselves all the time. If he says, please move into this direction, it does not end with his hand. Worshipping the teacher is done in Kali age. Don't sit at the index finger where the path is shown. Teachers show the way, they are not there to be aggrandized as Gods. Teachers shun worship of them; they want worship of God. A true teacher wants you to relate to the source from where he came and you came. Respecting the teacher is one thing, cooperating with the teacher is the other thing. When you start to operate, he starts to cooperate. You are already in operation. So when you are operating he starts cooperating.

So there are primarily temples made by nature; then there are temples built by teachers. Teachers are immortal, his teachings also remain immortal, his acts remain immortal. So also the students tend toward immortality. So Devas made temples on the planet by way of trees, temples, mountains. High-rise trees are seen as temples: The Sheba [? Ceiba? Ceiba pentandra?] tree, a vertical tree, the pine tree, the Devadaru, meaning the cedar tree in the Himalayas, are seen as temples. Sheba trees, pine trees, Devadaru, these are deva-made temples. Rivers that flow towards north and east, these are helpful. Likewise staying with a teacher who is the energy is also helpful. Therefore, these are seen as temples. A teacher is a mobile temple. A tree or a mountain are not. The purpose is to realise that we are equally divine.

For that, observing nature and following the rhythms of nature is most important. Incoming 7<sup>th</sup> ray, you have to let it come into you – how? By adapting to it. If we not adapt to it, how can it come in. To get back to natural system is to set yourself onto a journey, conducting the journey. There are directions as per the flights. If you go to the airport in time you have the chance of getting to the plane. You cannot get there before the time. You have to adapt to the schedule, the rhythm of the railway or the flight. You can't have your own time: I am here, why it is not there? You can't come an hour late. The lower system has to adapt to the higher system. Likewise, before the sunrise you should be available to receive the sunrise. Likewise sunset has its energy. Full moon has its energy, full moon, half moon, every moon phase; every sun sign has its energy. Adapting to these energies allows us to get the related energies.

Since the last 30 years I have been coming to the West in the month of Gemini. The aspiring humans can relate to wisdom better in the month of Gemini. There are rhythms set by nature. It is not a holiday that you have reached here. If I come to Visakhapatnam airport, I am not yet in Iguazu. I have



to adapt to the airport in Mumbai, in Frankfurt... When I am at Visakhapatnam airport, I have a chance to get to Iguazu. We are very insignificant, related to the earth. If you fall in tune to relate to the rhythm of the earth, you stand a good chance to attune to the greater system. The earth is in relation to the greater system. The sunrise is the best time to relate to the golden light of the Sun. You should relate to it when it is there, it is not there at other times. Only when you adjust you get the related experience. We are all in a kind of emotional path when we think we are already in tune. The Hierarchy shows us the path to adjust. How beautiful it is when the Master says: "To whose Temple the Arch is starlit..."

Why can't you relate to a path of stars? You can see them in Iguazu, not in the cities. Make a habit of seeing the stars, you see so many stars. "To whose temple the arch is starlit. In whose temple the Sun is the image of God." We don't say the Sun is God. It goes beyond, we relate with Gayatri to the Sun, the Central Sun and the Cosmic Sun. We sing Gayatri with a half-unconscious mind in the morning and with a sleepy mind in the evening. More and more knowledge you gain replaces all your petty beliefs; they crumble down and you start functioning with knowledge. We place the pictures of the Masters only to relate to them. A Master of Wisdom is a giant of wisdom, a huge tower of wisdom. Any Master is good enough to gain the wisdom. The light of knowledge puts away the darkness of ignorance.

You are walking more and more into the realms of truth from untruth. There are so many untrue belief systems to gain control over you. The best business is a business without investment, it is the business related to God. In the name of God people do so many things; they gain power over other people and become rich. But the path is the other way. It enables you to expand from within and it does not bind you to any belief system. It only enables you to enquire. A Master of Wisdom is in search of people who enquire and not to fall on his feet. Master EK said, "I am not here [for you] to fall on my feet; I have come for you to stand on your feet."

Each man has to become self-supportive. A child leans on the parents, a student leans on the teacher, a teacher does want the student to stand on his own feet. If a child after 20 years stays at the finger of the mother and says, "Mummy..." Does a teacher the right thing when the students remain dependant on him? He shows the light within and drives the student to see the light within. Then he has done his service, not when the people remain depending on him. There are many teachers who live on their students. All this ignorant game is dispensed once you walk into knowledge. Therefore the teachers say, "We respect free will." Have free will and an enquiring mind and once you know, you practice it. When you practice you learn more. Every learning has to be followed by the related practice. That is how a teacher has to be, how a doctor has to be; he cannot have the patients hang around him. He is a source for you to have your own system. If you are with the same doctor for 10 years, the doctor is not curing you. So also a teacher - the students are the sacred beings to be set on the path by giving the related knowledge and support. That is how the teachers have been functioning to build a temple within us. They are the mobile temples.

There is the universe as temple, there are places which are temples and there are teachers as temples. As we learn, the wisdom enables us to experience. The temple is nothing but your own personality. A personality can be a ruin. There are ruins which can be restructured; the teacher helps you to do it, to make it a good home and a good temple. A house which is in ruin can be transformed step by step to a sacred temple, step by step. That is the theme we will cover in small steps. Thank you.



**Monday, 18 June 2018, morning**

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

That the man is a triple shall have to be the fundamental understanding of an occult student. There is the Heavenly Man in us; we are but offsprings of the Heavenly Man, and we have a personality. That is three in one. The personality is also called the beast. The man should rule over the personality. The Heavenly Man is within us and also beyond us and is around us. It is like if you see a glass in the river stream; there is water in the glass and all around. The vessel is sunk in the river; there is water inside and all around. The Heavenly Man is inside and all around. He is the basis upon which we spring out as individual soul. The Heavenly Man springs out as an individual man and he has a personality to relate to the world. That is how we are three in one. This shall have to be known if we wish to realise the temple in us.

The personalities are different but the soul that springs out from the super soul is common. If you take your vessel to the river and bring water from the river, another person brings water in his vessel. The vessels are different but it is the same water. Likewise the personalities are different but the soul is one. A person who moves on a donkey is different from a person who moves on a horse. There can be an eagle-like personality, a horse-like personality, a snake-like personality, a turtle-like personality... They are different. A bull is a bull, a cow is a cow. The bull is so full of power, the cow is soft. Personalities are different, the persons are the same. They are eternal because we spring out from the eternal being. As we wake up in the morning, we take shower, put on our dress, comb our hair. When we see the image in the mirror, you should know that you are three in one. The form belongs to the personality but the one who looks at the mirror is always the same person. The pictures 10 years ago, 20 years ago, they don't look like what you are today. In the mirror you see the eyes; when you look into the mirror, look first into the eyes. The light is the same. We don't think we are changing when we look into the mirror. Only when we meet friends they say, "You have changed", but we have not changed. The personality is ever changing. It is like the weather, it always changes. Likewise the personalities are ever changing; it has to be stabilised. It is a facility given to us to relate to the world. Just like a horse is a facility, an eagle, a donkey. You are not your personality. Personality is what you develop through life, and even after you depart from this body the personality keeps accompanying you. If you have a donkey-like personality you won't have a horse-like personality next time. The horse transforms from a brown horse to a grey, a white horse.

The Masters want that humanity learns to fly in the Aquarian age, without machines. Another promise is that we won't die. We form a personality that we don't die. Our personality can lift us up. That is why in the 6<sup>th</sup> chapter of Bhagavad Gita it says, "A part of you can be your friend; a part can be an enemy, ever complaining." In a group, people do so well but at home the personality says, "Should you get up every morning for the prayer?" That's the personality. But in a group like this the personality keeps fine. The personality can wait until you come home.

To transform a personality is a great work. You cannot come out of it. Our personality will accompany us even beyond this incarnation. As you arrive next time that what we have left behind waits until you

come back. On the return journey to incarnation, the personality says, "Hi, how are you, you have been away for a long time." It waits for you.

But if you have gained a very useful, compassionate personality, it helps you to accomplish many things. You need to know what you have accomplished. A dominative personality is called a spouse dominating the other spouse. As long as one is dominating the other there is no good life between them. Therefore Manu Vaivasvata has set up the marriage as a good training ground. You meet the other as a training ground. A man and woman living together for 20, 30 years, they tend to be true friends, companions. They feel that the other is just part of oneself. The person and the personality shall have to find out an agreeable ground.

All religions ignorantly preach suppression of personality. The science of spirituality completely abandons the idea of suppression. You oblige your personality, so it will also oblige you. There are so many stories of George killing the dragon. A white dragon is of great help, it can help you to accomplish great acts. Therefore, the first and fundamental thing we have to realise is that we are not just one. I AM there, my personality is there and my Father is there in me. Call him Father, Master or THAT. THAT I AM is our original status, Soham. Aham Saha means, I AM THAT, therefore I have chosen the mantra Hamsa Shiva Soham for this group life. Therefore we sing AHAM SAHA; it is Shiva, the energy that pervades the whole, the most auspicious one. Don't think that there is always a fountain on his head and there are serpents around his neck – that is only symbolic. THAT I AM. I AM THAT. THAT I AM. That is given in the Vedic text as AHAM SAHA, I AM THAT. THAT is Shiva. Therefore: HAMSA (I AM THAT) Shiva (THAT) Soham (THAT I AM). It is much more poetical as HAMSA SHIVA SOHAM. By that you are gaining the understanding that the divine is gaining the identity of THAT. There is no wave without the ocean. There is the dimension of THAT in us; therefore humans are considered divine because there is a dimension in them that the divine is in them.

You put marmalade on your bread, you are the marmalade; it is THAT in all. We normally feel that we are the personality. We live only as personalities; only here in the group we feel that we are the soul. Personalities have their likes and dislikes. These are much from the conditions from which they have sprung up. There are some people who like all weather. They adapt. Otherwise they feel unhappy with heat, cold or rain. The rounded-up personality is not affected with the changes. Throughout the year the seasons get changing so that we get seasoned. We cannot stand heat, cold, rain. There are things we don't like; these are all relations of the personality. The wholesome development of personality is what is envisioned. In the temple, what is his name? THAT. It exists on all levels. From THAT we spring and develop our personality. Temple work demands that we daily have seen the One; it is not only compassionate, it has complete ability, but we are not that able. We are not that knowledgeable. It is within you and beyond you.

A Master of Wisdom can get out of his body at any time. The divine in you is the Master. When we say Namaskarams Master, we are only trying to align with the background of our being. That is the basis for all the pulsation that is happening within us. Do we know that we exist in sleep? We have merged with the source in us that we have sprung from THAT. Only when the awareness awakes we know that we are. Even if you set your alarm it does not work. Your awareness is not awake. There is a super-being in you, meaning beyond. Each one of us carries a super man in us. The man beyond the man. He is the true super man. When Moses went on the mount and saw the bush burning, it is the golden bush inside, the heart centre. It is within. If Noah has heard that a deluge is coming he got the information from inside. All that is inside is also outside. There is the super man, the man and the personality outside. In relation to the super man you can train your personality because he is all able. The super man, his knowledge is unlimited, you are limited.

In the Vedas they call it as IT only, they did not name it. The name is IT or THAT. When you are with the Master in you, you are already two in one. You and your Master. When you are with a Master, you are already with the One. The purpose is to align with the Master in you. He is verily the basis of your existence. It has no form, no name. Some religions speak about the unnameable. If you put water into a ball, it is round; if you put it into another form it takes to another form. We have too many names and forms; the energy is flowing out. The energy of God is a boundless energy. As much as you expand so much energy is coming to you.

These three have to be realised first. It is the image of God. When God functions through you the temple starts working. Some temples are desecrated. The temple of Ibez had to be dissolved; it was put to a wrong use and abuse of knowledge. As we continue to work with this knowledge we tend to

be more and more useful. If there is a point of light, it is the theme of life which moves towards east, north, south, west. The One who is with all dimensions is all around. In whichever direction you think, your energy flows out from you. If you directly see into you, you meet the countless reservoir of energy. You are reinforced, re-plenished. As much as you are functioning inside you are functioning outside.

The potential of man can never be understood. We should know that we are three in one but not just one. "I am Kumar, I am an Indian" – that is kindergarten. We all think we are Indian, German, Brazilian, Argentinian - I AM THAT I AM. This is what we should realise. If you step down into your personality it is such a gloomy energy. It is like stepping from a palace into a dark hut. Don't reside in your personality, keep with persons. If we reside in personalities we fall in a kind of illusion. A cat always demands. Don't misunderstand me, they are called personalities who always want something from the other. The dog jumps when the owner comes and jumps on the owner. A cat is a sucker, it keeps on sucking energy. It is very cosmetic. There are people who keep on making themselves clean. The cat always keeps itself clean. There are all cats in the humans. On the contrary a dog is totally for the other. Personality is a sucker. It sucks the energy of the soul and tries to present itself. "I want to see this, buy that", seeking, seeking, seeking. It says, "I want God." God is not for seekers, it is for offerers. "I offer the lotus of my day." I am not seeking.

In Kali age all is turned upside down, we are all negative by ignorance. The scripture says, "Learn to offer and know the glory of life." The plants offer, the animals offer, the five elements offer. A cow offers its milk, the bull offers, everything on the planet offers. But we have a personality which works contrary to the laws of nature. If you wish to enter into a temple your attitude should not be, "What do I get if I go to Iguazu?" What do you do? The personality is seeking, seeking. You fall into a hut. There is great light in a palace and little light in a hut. The hut hides the light.

The personality is one dimension, soul is another dimension. When they start exploiting the king, the kingdom becomes weak. Our personality should be subservient to the soul. It should be ready to manifest acts of offering. "I have come to give, not to receive", is the attitude of a king. It is because your attitude is to give; receiving is incidental. You should not work for wealth, wealth should be incidental. Keep on helping in terms of your resources. A temple is not a seeking temple. A temple seeking donations is an act of Kali. It is blasphemy. A temple has such a status that it can offer anyone who comes into its field. You offer to the almighty not for the managers who run the temple; it is all a game of money. The energy you call almighty, is it dependent on you? If you wish to get into the temple, "be a Sun, be a giver." Whatever little you have, keep giving. That is the first step for the transformation of persons. Self-seeking personality distances itself from light. That is why although we know that we should get inside, into the heart centre, the Ajna, the personality is working contrary. We say, "May the light in me be the light before me..." Where is the light in you? Look into the mirror and see your eyes. If there is light, meaning the inside light is shining forth through the eyeballs. It is deep in you and comes forward. You can see the light in your own eyes.

For the temple work to begin, to turn inward is important, meaning turning subjective. We turn objective; since childhood we are taught to see outward. From childhood we should be given instruments not only to turn objective but also subjective. If you are turning only objective you are running away from the temple.

Above the diaphragm it is subjective, below it is all objective. The occult anatomy tells you that your lower torso is your personality; upper torso is the abode of man. It is called Narasimha, the man in the heart. Simha is where you hear the sound of Soham. The one who lives in the heart is living the dimension of the person. The head relates to the super man, the upper torso relates to the man and the lower torso relates to the personality. So you can divide the human body into these three portions. Below your diaphragm you are living in the personality. To shift from the navel – navel is below diaphragm, sacral is below diaphragm. Animal does the same thing; it only look for the food. The man should not look for the food. If you are below the diaphragm you are always working for the body. Personality is body-oriented, not soul-oriented. The personality is not bothered about the soul, just about the body. Therefore we say, man lives in the navel as an animal. The solar plexus from all 360 directions tries to receive. It is a sucker. The solar angel is a giver, he is at the head. Moon insofar as it is oriented to the world is personality oriented. If you turn the mirror to the Sun it reflects. The mirror should be oriented to the above. The soul gives orientation to the personality. Personality program puts you to some kind of depletion all the time. The heart repeats all the time "Here I am". It

is called Hridayam, meaning "Here I am." It even turns to the head, where you have the divine in you. If you relate to the divine in you, your personality will fall into order.

The personality is generally stronger than the soul, it does not obey: This is wrong, this is right. Many wrong things are considered right by the personality.

Turning inward, to the heart; you can be inside at the heart, at the head, below the diaphragm. There are three categories: those who are completely personality-oriented; there kind be man in man, and there can be beast in man. They are three in man. The divine, the human and the animal. Temple work is possible only when we have this understanding and shift the awareness from one state to the other. Throughout the globe there is glamour for meditation today but meditation is not happening. It is good that men think of meditation. Prayer can also be done inwards. The key to light can never be found by those who turn outside. Capitalism, communism, any ism is not a solution. Turning inward is the solution. The wisdom says to contemplate either in the brow centre or adapt to meditation and be in the brow centre. Until the centre of the super soul is open no work relating to the super soul can be done. The passage is from Ajna to head. In ancient times the temples were built from above downwards. The head is formed first in the body, later the body. It is not born from feet to ankle, hips, lower torso, upper torso. It is always from above down; from above it can be magnetic. Below the diaphragm, it is a fast food centre, not only eating food but through the senses all around us. From above downward we have to form the temple. To build the temple from above downwards, the Masters have realised the temple, so they can give us easier ways to gain the temple.

Imagine the energy of Jupiter in Sahasrara, all-knowing energy, expansion of consciousness. At Ajna centre contemplate upon the Sun, the effulgent centre from where the light shines. Throat is the centre of Mercury, contemplate there upon speech. In the heart it is Venus, it gives us the beauty of nature. Nature exists in nine folds. Contemplate upon Venus in the heart, Moon in the navel because it is the basis for us to work with. Moon is the mind. With the help of mind you can reflect upon the characteristics of mind. The characteristics of Venus in the heart, all that is subtle, the knowledge of the subtle is the work of Venus. Moon at solar plexus; Mars at sacral centre to set it right. I have given the Kumara dimensions of Mars in a book. Saturn is the basis. Regularly contemplate all the planets in your body. Your body is the earth. You are positing the solar system in your body in a miniature form. Each one is a solar system. That is why there is a saying in the Vedas: I am no different from the Sun that I see. We are the Sun; we also have the other planets within us. We have the body as the earth. Contemplate on it, this is the fundamental step to build the temple, do it daily, don't think as a piecemeal of the planets, move from above downwards and from below upwards. That is a step to start.

By doing the contemplation in these centres, unconsciously we are turning subjective. Keep on doing it. It is a wandering star. You can bring the flying bird back and bring it into your body. Put it with the elevator from Sahasrara to Muladhara and vice versa. Move into the entire cerebro-spinal column, which is the abode of God. Think of the inner column from Sahasrara to Muladhara. Put it at the different centres for some time. Try to gain knowledge relating to these centres, the related petals, colours, sounds on the petals. Like that you can keep on improving. It has to be a practice, Nyasa Vidya, the science of correspondence. Keep moving in the subjective without much effort. It is so tangible for an occult student that there is a subjective life. He grows into the subjective life, he then works outside and brings the inner into the outside. I will later give you some of these techniques so that you can live in the temple and gradually, over incarnations, make it into a golden temple and a diamond temple.

The outside, which is one fourth, is mortal; the other three fourth are divine. We are in such a poor condition. We are with the one portion which is immortal and divine. To get into the immortal and divine side we have to go inside. We continue in the afternoon. Thank you.



## Monday, 18 June 2018, afternoon

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

In the morning we spoke about the seven lights which we relate to by relating to the seven centres in us. The seven centres we generally note from Sahasrara to Muladhara are the seven chief lights of the temple. The seven lights have to be related to every day to know that this body is not just a body of flesh and blood but it carries also the seven lights which are in the universe. By relating to the lights in us the esteem would be very high. That we carry these lights in us is of extraordinary importance. Because of these seven lights there are seven plexuses in us. In these seven lights you find two lights in the head, two lights in the upper torso and three lights in the lower torso. There is Ajna and Sahasrara in the head, then Visuddhi and Anahata in the upper torso and Solar Plexus, Sacral and Base in the lower torso. The head is of light; then there is the heart and then the solar plexus and the part below the diaphragm. These three parts contain seven lights. These parts should be related to constantly. When we say "Guru Brahma" - Brahman, he has no form; Sun is an image of him. That one, in his temple there are three dimensions, Brahma, who is in the lower torso, Vishnu is in the upper torso, and Shiva is in the head. When we say "Guru Brahma, Guru Vishnu, Guru Deva Maheshvara", it is 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Logos. These three have to be seen as the three dimensions of the One. The holy Trinity consists of the 1<sup>st</sup> Logos at the head, the 2<sup>nd</sup> Logos at the upper torso, the 3<sup>rd</sup> Logos in the lower torso. The three on the background of the One, he is the 4<sup>th</sup> one, the unspeakable, unnameable God. On his basis there is the triangle with the three Logos. Then when we say, CVV, you can also relate the three sounds, C in the head, then one V upper torso, then second V to lower torso. Don't do anything to which you can't relate. We have to relate to to give the needed chemistry. The food we take has to be related to. If we don't relate, we have no relation. We have to think of head, upper torso and lower torso when saying Guru Brahma.... The fundamental three, in them you have again 7, as details. When you go to a temple, in the first visit you see some details, in the 2<sup>nd</sup> visit you see more, in the 3<sup>rd</sup> visit you see more. All that is in cosmos is also in man; by relating within we can relate to the cosmos.

First understanding of the temple is the triple; then it is the 7; going into detail you can go to 49. But we stay with 7. If you go to Iguazu Falls you see each time more. By the time you can become a guide. Our brother Hugo who regularly goes to the Falls he can tell you so many details. If you relate, you feel that you are not just a mortal. There is a part in us which is mortal and a part which is immortal. The immortal is always there, at all times. The mortal is only there for a certain time. The knower knows that he does not die. One of the three that we constitute dies. There is the God in man, he is called Narayana. Then there is the man in God, he is called Nara, the beings are eternal beings, they are presided by Narayana. From him the beings descend; they grow, experience and come back to him. Just like every day the Sun comes out, goes to midday, then the afternoon and apparent darkness again. Narayana means cyclical movement. The one who conducts a cyclical movement of beings, the beings are born, grow and withdraw and disappear. This happens in the different dimensions.

Even every act that we do is a triple function. We commence with the seminar in the afternoon. After half of the time it slowly withdraws and then there is a fading away. But with every fading away there is a new bloom. There is the God in man, the man in God, and the personality. The personality also does not die, it keeps changing. How much you improve your personality, so much you will be able to manifest and to experience. For a Master of Wisdom has grown into such dimensions that he occupies all three dimensions, the cosmic plane, the solar plane and the planetary plane. There are flying dragons; there are beings who mount on flying dragons. Varuna is the one who mounts on a flying dragon. The growth is on the basis of what they develop. The initiates develop and in an incarnation the body is left and then they come back and grow, to reach planetary consciousness. Like we know what is happening around us they know what is happening around the earth. There are great beings like Lord Maitreya; they have grown to cosmic dimensions. If you get to the ultimate, there is the trinity. Even they are beings like you and me but they have grown and grown. What is it that has grown? The personality. So we keep on developing the personality. We develop different

forms of personality. From the body of flesh and blood we develop the golden body, Sukshma Sarira, subtle body. Karana Sarira, the diamond body.

World Teacher Trust is an organisation. When we founded it in 1971, we said it will expand to global level. It was only local. To grow unto the planet. An organisation is also called an artificial person. We are natural persons; there is no limit to it. The personality is what we keep on developing from life to life. As much as we develop the form, so much it takes to the five elements. As much as you grow, so much radiates your personality. With a Master of Wisdom every part is so radiant. CW Leadbeater when he saw Master Kuthumi he saw how very beautiful he is. He never thought that a man can be so beautiful. The form takes to the related contours and the proportional way. The forehead is an expression of intelligence. How small are the eyes, what colour they carry? From transparent eyes, blue eyes, yellow eyes to brown eyes. The nose, the mouth, they are all indicative of the evolution. They keep on growing to the right proportions. Da Vinci has given the proportions of a perfect man. By virtue of the knowledge man carries he is in tune with right proportions.

Krishna is so completely beautiful; everything with him is so beautiful. Everything with him is so beautiful and sweet. Anything he does is so beautiful. The people who fought on the other side looked at him and said, Ah! The avatar Rama, when he was fighting with a diabolic, looking a Rama he just melted like butter. His very form is so very magnetic. The form takes the needed changes when you take to the wisdom. Don't take to diet. When you take to the higher things, the lower things fall into order. If you try to set things right at the lower plane it does not work. Aiming at the divine side of your being your body slowly gets ordered.

A Master of Wisdom looks at the order in a student. According to the order there is the beauty. From the toe to the top of the head, with a Master of Wisdom everything is in order. It is on account of the wisdom embedded in him. We do not aim at the beauty of form but the beauty of wisdom. Greece was the entry door from the orient into the occident. The Greek had great passion for wisdom. When they had such a passion they grew to such heights. The passion for wisdom was slowly replaced by the passion of form. Replace the passion for the form with the passion for the wisdom. The passion for the form will not stay long. When you are youthful the form is bloomy but thereafter the beauty of the form fades away. A wise man who is very old, he is still very beautiful; it is the beauty of wisdom, not of the form. The beauty transforms the body. Do not look for exterior things, how to maintain the body. The body maintains itself because it has its own intelligence. That is what is called body language.

When you are not hungry don't eat. When a chocolate is offered for the second time, you eat it. Or Dulce de Lecce in Argentina. They are all temporary things but wisdom is eternal. An eternal association is formed when you associate to wisdom. When you see the flower in the morning, the flower is so beautiful in the morning but in the evening it is already faded away. But the wisdom does not fade. The form aspect is not given so much importance in the fields of wisdom. What difference it makes whether the book has a good binding or not, the content is important. If you get spoiled milk in a golden container, you don't drink it. But if the drink is tasty you don't bother whether it is a gold, silver or glass container. For a person like me it does not matter in which cup cappuccino is offered. By 84 years the body is still beautiful when the inner wisdom is there.

Therefore the personality has to be improved upon by your passion for wisdom. From 1992, since I stepped for the first time into South America, every time there is a gathering and learning of wisdom and an ardent invitation to come back. It is not because of the form but because of the wisdom. That passion for wisdom causes the growth. When you are all with the magnet it keeps on magnetizing. Magnet does not stop, wherever it is; all the time, 24 hours seven days it magnetizes. When you have the passion for wisdom it causes the needed changes in you. To start with, the quality of your eating changes effortless. What you eat is not so important; what you think is important. When you think of realms of light, the lower things naturally fall into order. You don't speak like before. Your outer physical activity reflects wisdom. Wisdom reflects in your speech and thoughts. Therefore this personality is to be put to the needed changes. That happens when we see the various dimensions of light in us. First the three dimensions and then the seven lights in the temple. The first three lights represent a triangle; the next four lights represent a square. A triangle over a square represents the temple; a square without a triangle represents nothing. The triangle is by Jupiter, Sun and Venus. You can relate to the related centres. Jupiter is in the head, Sun is in the Ajna, Venus is in the heart. Don't think that throat is higher than the heart. The higher centres are Sahasrara presided over by Jupiter; Ajna, presided over by Sun; and heart, presided over by Venus. The sound of Sun is O. Ga is

Jupiter, Ga-o, Venus is Pa. Ga+o+pa forms Gopa. Gopi, Gopa, all these combinations are Sun-Jupiter combinations. Go has become cow in English. The energy of Jupiter is abundantly found in the cow. Therefore the cow is respected by the Vedic seers. In the Sahasrara there is the Jupiterian energy. When Sun and Ajna is linked, we become Go. Therefore they speak of the plane beyond the seven planes as Go-loka. There is a relation between Jupiter and Sun; it is like a great initiate and a great king together.

If an emperor is really able to expand the kingdom, behind the emperor there was always a man of wisdom. Be it Napoleon, Alexander, Philipp the Great. It is the combination of Jupiter and Sun, a man of wisdom and a king. When you combine both you keep on expanding your awareness.

Pa, the sound of Venus, the beauty is that you have the experience of the Sun and Jupiter. If you add another sound La, Lam, La is the sound of Neptune. Sun as the centre, if you have Jupiter, Neptune and Venus around, that is the most high and blissful state of experience. We should know Sahasrara, Ajna. Sahasrara, Jupiter is the advisor. And Ajna, the Sun, is the executive that conducts. In heart you have the experience. These three are also related to the trinity. Sahasrara, Ajna and the Heart. Will, knowledge and activity. This triangle is very important that we relate to the three higher centres and the four lower centres - Mercury, Saturn, Moon, Mars. Saturn indicates procedure. If we don't follow the procedure of video or audio making they don't function. When you do not follow the procedure they do not function. If you wish to travel to Argentina, there is a procedure; every game has a procedure. Football, the right forward, the left forward.... They have procedures. If you don't adapt to certain procedures you are halted for your own good. When you see a red light on the road you have to stop. You cannot feel the red light as boring. People who often meet red lights feel it as boring but they are needed. If you don't follow the procedures, Saturn halts you only to learn to follow the procedures. From time to time, when Saturn makes a conjunction, opposition or square with Moon, it makes you learn procedures. Unless you learn you cannot proceed. If you overlook you are bound to fall. To build a structure like this there is needed a procedure, how strong must be the pillars? You can't have weak pillars and have a wide room; the roof will fall on you.

For everything there are procedures. Inclination to follow procedures makes you like Saturn.

Then at the sacral centre Mars is the presiding planet. He is the trouble shooter for a person who is in disorder. Mars should always be set on targets, on tasks. Task after task. Hercules was given task after task to be set into order. If we don't have tasks we don't raise and we get into non-essential things. It is dangerous to be at leisure; people start eating something which is not needed. The weak points in you come when you are at leisure; you would like to smoke, to fight with your wife. She will like to fight when she is at leisure. Leisure is a danger unless you have learnt to apply the energy in a rightful manner; if a person is not given tasks. Right from seven years, the child is given tasks. Labour after labour, that would create a regulated behaviour in you. Mars is the goal-getter, and that Mars should be always set on tasks. A bull that is set on the task of tilling the land, he has to get work, bull-work. In our country there are bulls running around and eating away everything. It has to be yoked. Horses were used for driving, not tilling; bulls have stamina. Mars gives the task; setting on tasks is called aspiration. While we were children we needed to be given aspiration. The prime minister of India today, at a day he was selling tea at a railway platform. Imagine how much he set his energy into the right direction. There was a prime minister of Russia who was distributing newspapers. To be something in life there has to be aspiration: I want to be the best professional. Likewise if you have passion for wisdom you should aspire to be an initiate.

The horse is set the blinds to only see the path. Then it keeps moving on the path and not walking hither and thither. When Mars is on the task there is nothing that Mars cannot achieve.

We have a story in the scriptures about Kumara, in the book on Mars. He was very powerful. A powerful man should never be without task. Mars was set on the task to restrain the diabolics into their fields. They have the habit to transgress. In all mythologies you have the diabolics causing problems to the divine. They are very powerful. It is an insupportable situation. Just a good man is not enough. He was given the task of fighting the diabolics in creation; it is an eternal task. There are diabolics in us; it is suggesting us in the morning to sleep and not get up. The diabolics in us try to get us off from using the dawn hours and doing the prayers. Meditation, study and service is the triangle – do we really study the teachings of the Masters? They are always there. If Mars is at work, he makes sure that we get up and do the prayers. Blessed are those in whom Mars is active and who are set on tasks. We say we would do something in a certain time and then get off of it. Mars in his vocabulary, there is no such thing as lethargy. He would not let the lethargy come in, it is a diabolic.



The light of Mars develops enough direction and energy. What you are to do is the Moon in solar plexus. Moon when it is angled to the higher circles it reflects the higher energy. Mirror always reflect what is there. It can reflect the Mars. The mind shows the way. If we look to the left here, there is a beautiful sunset, to the right there is a wall. We don't know that the diabolics are at work. Not to have the right occurrence at the right moment is diabolic. We pray to the light of Gayatri that we get the right thought at the right moment, when Moon relates to Ajna, to Sun. Solar plexus energy is Moon energy; when Moon is oriented to Sun it is full moon, when it is not oriented to the Sun it is not full moon.

In ancient times solar plexus was seen as the most important centre for human beings because we are all mind-oriented beings. Mind shall have to make sure that we receive from higher circles, not from lower circles. When we gain the virginity of thought, it is fresh. Verticality shall have to be inculcated to the mind; the mind shall think of Sahasrara, Ajna and Anahata. Moon shall have to be oriented for a time to the higher circles. Then it can bring thoughts of light into the daily life. The solar plexus is seen as a centre to bring in the Plan with the help of Moon.

The heart gives you the experience; the throat centre gives you the expression, from subjective to objective. Then Ajna, the centre where the Will of God is known. How to relate to it? I will give you a simple order.

Think of the Will of God at the highest centre...

Ajna centre...

Throat centre...

Experience of light at the heart centre

Solar plexus...

Sacral...

Adapting to the procedure in Muladhara.

That is how the order is set.

Where is the switch that you wish to go right or left in the car? If you don't know where the accelerator is, the break, and if you keep driving you make accidents. More and more you have cars with so much devices. You have to read the manual before riding the car; otherwise you will make accidents. Many people buy big TVs but don't know how to use it. You have to read the manual. It can also be linked to internet, have e-mail. You have to read the manual or relate to a man who has the knowledge. The mobile phone is not just a phone; it has so many various functions. You shall have the patience to learn or relate to a person who knows. I relate to my son. The one who teaches you is the teacher for you. Otherwise we have wrong instinct. By nature we don't want to adapt to procedures. The mind wants to skip procedures. Even in developed countries when they drive early in the morning they don't respect the traffic lights. It is dangerous.

We have to take to procedures. The whole creation is full of procedures. If you eat more than what is needed it gives problems; if you eat less it gives problems. You have to eat the right amount; the same with sleep or speech. In anything we use in relation to our body there are procedures. That is what Saturn stands for. It reflects into higher circles with the help of Moon in solar plexus. Master Djwhal Khul gives so many keys. Jupiter and Saturn - Jupiter is an expansive consciousness, Saturn is a consolidating consciousness. Every expansion shall have to be followed by a consolidation. Those who know how to build don't build the whole wall on a day. They build a part and then wait. Ajna, the Sun centre, and sacral centre; there is a bridge, like Muladhara and Sahasrara. You take the order from the higher circles and put it to action with the help of Mars.

Then Mercury and Moon, throat and solar plexus. If you build the bridge you get to the heart centre. You can relate to the energies in you by which the temple is built. Don't think that it is built by itself. Only by yourself you can build it. You can have the knowledge of building from those who have it.

I gave some more dimensions of the relations of the centres. Sahasrara and Muladhara, Ajna and sacral.... There are many more dimensions; the time is up. I will give more dimensions tomorrow.



**Tuesday, 19 June 2018, morning**

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

In relation to the inner stable activity, yesterday I have given the three bridges. The bridging of the higher light with the lower light by which the symbol can be formed. I expressed that the Sahasrara and the Muladhara form a bridge. Sahasrara is presided by Jupiter, Muladhara by Saturn. Jupiter is an expanding consciousness, Saturn a consolidating consciousness. When we think of the bridge we think of Sahasrara and Muladhara as the first bridge. The knowledge we receive from higher circles via Jupiter shall have to be consolidated with our speeches and actions with the help of Saturn. Without Saturnian energy one cannot fix, anchor things. To establish the kingdom of God on earth Saturn is very important. Muladhara is down to earth. Saturn is down to earth. Saturn brings down any plan to its reality on the ground provided we follow the procedure very appropriately. Saturn demands attention to the minutest. A small detail forgotten, a big plan can fail. A huge machine will collapse when one bolt is missing. This one bolt can decide the state of the big machine.

The first and fundamental teaching in the wisdom is, be accurate in your detail, be attentive in your detail. If you don't see the flight time correctly, you may have planned so many things through a travel. But if you don't see the time correctly it will not go. If you don't see 1:15 but 1:50, the flight is gone. In most kitchens there are containers with sugar and salt. If in the morning you put a spoon of salt instead of sugar, the coffee is gone. Saturn is the first teacher, if you are not accurate, you are bound to fail. If you ask someone living in Iguazu, he should be able to tell you accurately how long it will take to the waterfalls. You should not be vague, not incorrect. Normally, it is so with us. We use our imagination, we visualise, that is a different story. But when you relate to things on the ground, you need to be accurate. If you are not accurate, you are not accurate with numbers also.

Many people confuse the numbers; if it is 452, they will read as 425. 4.32 is read as 4.23. This jumbling is on accord of inaccuracy. Therefore in your childhood you are taught to work with numbers. The accountants, their success is on the basis of the accuracy they have. To many people to keep accounts is boring. But for an occult student the teacher says, keep an account of every expenditure you do. If you do so, be precise. It is a discipline that you maintain a daily account of your expenditure. So you would see how you spend your energy in terms of money. You should know into what area the energy is spent. People who are good with personal accounting would always be good in economics. If you are not careful with your personal economics, you cannot handle the economics of the group. You have not the habit of being accountable. Self-accountability is the basic virtue to grow well.

I always ask myself, did I do well? Did I speak well? Did I sleep well? How did you spend your time, money, energy in thought, speech and action? The accountability is not only book-keeping but

consciousness. Antaratma, the inner being, the inner voice. The inner voice is developed when we are self-accountant. That self-accountability is a quality of Saturn. For such a one the knowledge flows in much better.

If you have learnt something on Sunday morning and then again on Sunday afternoon; when we meet again on Monday evening, how much we know of what we learnt the day before? When what is learnt is not held, there is no progress. If you put a brick, the next brick can be set only when the previous brick is well set. Likewise, when we keep learning and keep forgetting, we remain where we are. It is like a frog who is trying to get out of the well. In the day he progresses and in the night when he sleeps he falls down again. Unless he is progressive he cannot come out. Likewise, whatever we learn we have to cumulatively integrate. You might fool with the whole world but you cannot fool with your own being. Accountability is for your own being. It develops self-consciousness. It keeps on questioning you: Why are you not in right relation? Why? There should be someone in us who would govern from within. When you have a governor within, you don't need a governor outside. Nobody needs to tell us how we should behave because we govern ourselves. That shall have to be picked up.

The "You should have done like this" should not arise. We speak about 7<sup>th</sup> ray, Swaraj, self-regulation. The best is with a person who is self-accountable. In him, the self-accountability develops as inner consciousness. Questioning yourself about your speeches, the self-actions; it is called in the Christian religion the "devil's advocate". He always questions you as per your actions. Only to such persons Saturn gives cumulative progress. If you would do very well in your education, for those who go to colleges, schools, it would recollect what you have studied yesterday and today. If you keep on recollecting what you have learnt before, there is a continuity of learning. There is a stimulation of what you have learnt, and there is a progressive learning.

When I was a student, I used to recollect. I wanted to test what I had studied the day before and the day before. After 21 days you could recollect what you have learnt. You develop an excellent memory. Memory is what we lose as we close our incarnation and go into the next incarnation. We forget because the memory is not fixed. You have to remember the essential, not the non-essential. All you have learnt before shall have to come to you when needed. It is your own brain which gives what we have done before. You need to keep testing what we have done. Failure of memory is failure of continuity of consciousness. You have to test yourself from time to time: What did you speak of in this hotel, what was the topic? If you don't remember you have to train.

If someone asks you and you remember the month and topic of a talk, if your memory comes back you are well trained. Those who forget are poor with Saturn. You have to train yourself in accountability. What is the use if Jupiter gives the wisdom and you blissfully forget the teachings? Today the major problem in the younger generation is memory. Nothing remains. Useless things are all there, useful things are all gone. What we ate in San Juan in 2001 is not important. But whatever you have learnt is important because whatever you learnt comes with you into the next incarnation; whatever you eat is gone the next day. Therefore the ability to recollect called Smriti in the scriptures – there is a method to recollect who you are before you came into this world.

We all know that we were in our mother's womb. How did we come into the mother's womb? Through the father. The head of the father is the runway for the incoming soul. From where did you arrive here? When we all landed at Iguazu airport, we know from where we came. From where did you come into this incarnation? There is a school of thought which wants you to remember. There is a statement of a great initiate: From where have you come here? Why are you born in Argentina, Buenos Aires, Posadas, why? You made a choice. You might not know why. Today when we are here, don't we know why we are here? We have chosen a specific [purpose] to come but we may not know.

Master Kuthumi asked the people: From where have you come? He will not give you books to read, he says, "Trace back." The major problem is, "Why have I come here, and what am I have to do?" We normally do what all others do around. The parents say, next door's neighbours put children to school, you also do it. Someone goes to Iguazu, we also do. We keep forgetting why we have come. Saturn can completely cover your memory. He also has the key to open your memory. You should ask yourself continuously, "What have I done?"

Sanat Sujata asked always, he is one of the four Kumaras. When Sanat Sujata was present, a king asked him, "What is death?" Sanat Sujata said, "To forget is life." We all landed in Iguazu but suddenly we have forgotten why we have come here. Having landed in Iguazu, in the language of

Oscar Depetris – he brought me to Iguazu in a wonderful old vehicle where we had to tie down the doors so that they did not open. Oscar took us in a wonderful car, you won't forget, even in next life... If we landed here and forget why we have come - the moment we are in Iguazu airport and someone comes to greet you, we don't know. Most of us have met before but we have forgotten: "Kaputt", the memory is gone. When we don't know, we keep on doing the same things. Memory is nothing but to hold on to the continuity of consciousness. Then you would know what you have done in the previous incarnation and what you are to do hereafter. We all know where we have to go when the seminar is over. Most of us have their ticket, but do we know where we go after this incarnation.

If someone asks, "Wherefrom have you come?" we have no answer. What should we think of the persons who don't know? We don't know where we have come from, where we are and where we are to go. We are all mentally handicapped because our memory is handicapped.

Without Saturn nothing can happen. Most of the astrologers frighten you by Saturn: Saturn is visiting your Sun, your ascendant - it is your benefactor. Saturn can bestow what no other planet can bestow. It makes you reliable and accountable. You remember even remote pasts. To such a one if knowledge is given the teacher is happy. How dear is a student to the teacher who remembers and never forgets? He needs not to be told for a second time. Jupiter looks for Saturnian energy so that the energy is well received and integrated.

The second bridge is between Sun and Mars, Ajna-Sacral. The will of the Sun starts as desire in the lower torso. What will drove us here? We should know. Will degenerates into desire in the lower torso. People forget what they have to do; that is the great digression in incarnation. To many the will to do is different from the desire. The will to do comes from the progress in incarnation. Discrimination: is it a desire or will to be done? Therefore you are asked to meditate upon the Sun centre to know the will of God. From the 7<sup>th</sup> year a child is advised to contemplate upon what you have to do.

Today humanity is guided by desire more than by the will to do. Whatever they desire they think it is the will to do. "From the centre which we call the race of man, let the plan of light and love work out." When something is of not much use for the surrounding, why should you do? You buy things because it is nice, not because you need it. One pair of shoes for in-house and another for outside. How many shoes do we use? How many bikes? What is the purpose? Purposeful living is different from a life full of desire. Variety is given by nature but you should know what you need. There are so many varieties at breakfast but what is it that your stomach needs?

Normally we keep on gathering out of desire but not out of necessity. To like it is ok but do you need it? Normally the human beings go by the desire. The desire to establish the Christ all over the globe - in the books of Master DK it says that it is all due to the drive of Mars. We have lost the distinction, the discriminative will on the difference between desire and will. The whole world runs by desire. To overcome the desire you are suggested to relate to the Sun centre in you. The Sun is the king of the solar system. When the will generates, it leads to Mars. He is wriggling out the desire into emotion. Mars takes to noble aspiration.

From the 7<sup>th</sup> year on the child shall be given a noble task. Ask them what they would like to be in relation to society. So they orient themselves and work for a purpose. When you don't have a purpose you don't have a journey. The rider on the horse has a purpose, to cover the journey. Association with Sun is most important to transform the nature into a purposeful transformation. When there is a vacation the children just fulfil their desires. People come from North Germany and go to Mallorca to fulfil their desires. In this, the people are weakened by the weekend. When they go home one man driving keeps the eyes open, the rest sleeps - that is the weekend. Do we do purposeful things during the weekend? There are people who sleep more during the weekend. One third is already lost by sleep. It is 28 years of a life of 84 years – it is gone. You hardly have 56 years. Then there is cooking and eating. The real working is only 48 or 44 years. What is it that you can accomplish?

Therefore relating to the Sun is important. Relating to the Sun is to receive the will of God. "Dhyo Yonah Prachodayat" we say in Gayatri. Will relates to head, lower torso is matter, material. The head is consciousness, the upper torso is force, and matter in the lower torso. That is what we say, the solar light, then comes the power of the air, the fire by friction, solar fire and electric fire. Your desire-action shall have to be replaced by meaningful action. Meditate upon the Sun in the forehead. It is given as a circle with a central point in the forehead. That will enable us to relate to the Master Consciousness.

Imagine a sunrise between the eyebrows; then there will be a full sun-ball. It starts with red, then reddish yellow, then again blue, white on a blue background. To see the sun-ball on the eyebrows is the king's way in the scriptures. The Master, the Sun rises in the east: upon the background of clean blue sky it is visualised. In the Vedic system there is not mantra equal to Gayatri; it relates to the light that comes through our Sun. Your will is alerted and you are not drowned by your desires but by your needs. When you go into desires since your teenage, you are gone; your memory dies. When the desire is dominated by the will, the people forget. You don't even remember this life. You need to remember what you have to do now. Therefore in temple building, the purpose is to develop your will. If you start early you arrive in time.

On the road we see signboards. Start early, drive slowly and arrive safely. The initial stages of life are most important. Don't let them away. When the child is already into desire patterns, to fulfil a purpose is very difficult. While there is a sunrise to the region, there is a personal sunrise for each one of us. From sleep to awareness, at that moment think of the sun ball. If you get up later, that is your personal sunrise. Sunrise is a sure happening every day for the whole week. As you awake, try to think of the sun ball which is the image of God. The direct perception of Sun is most important.

In this solar system there is nothing more important than the Sun. You speak of central Sun, heart of the Sun but you don't know. The Sun is three in one. In him we have the source of the whole universe. When Sun rises, it is a magic on the planet. Read in the book on Sun what happens when the Sun moves. There are 60'000 seers waiting; there are the Gandharvas, principles announcing the sunrise. All the seven seers walk before the Sun to create human beings who walk before him.

In you, when there is a sunrise, just think of it. I dedicated a chapter to the chariot of the Sun. What is it that precedes and succeeds to it?

Sun is considered to be the saviour. The blood red rays that come through the Sun are the rays of the saviour. We substitute the secondary for the saviour, he is the first one. You see him daily, later, since there is also the rays, then more things. Do get sight of the very original. Therefore the Masters of Wisdom give us back the original wisdom. They do not encourage that we worship them. They encourage to listen to the teaching and eventually apply it. This is available when you wake up in the morning. The Sun is in you and gives you ... propose a light. During ancient times on the planet, relating to the Sun was the first they related to. All planetary principles come from the Sun. More and more you relate to the Sun, you tend to related to the awareness. You are no more childish. The good students are the ones who set one foot after the other.

The power of Mars gives the invincible power to will. In Mars there is the energy of Rudra or Shiva. When we strongly will something, it will happen. Mars can put you into a purpose and the related growth.

The third bridge is between the solar plexus and the throat centre. Ajna, second ray, and sacral, 6<sup>th</sup> ray. Then the 3<sup>rd</sup> and the 5<sup>th</sup> ray, mind and Mercury. The effect of Mercury on the mind is very important. A fickle mind needs a good advisor: One moment he thinks he can act like this and then he changes again. A flickering flame is not useful. The stability of mind is very useful.

The mind and the higher mind - there are many stories about it, solar plexus and throat. Mercury is the most neutral; with a neutral standpoint you can see what is above and below. Moon and Mercury - these are all contemplation. Think of Ajna and sacral, then Mercury and Moon. This kind of building is important. The lower triangle is associated with the higher triangle. When the two join there is an excellent expression of mind. The lower triangle is called the crocodile. In many teachings we spoke about it. Moon stands for the sound Ma; Saturn stands for the sound Ka. There is the sound of Moon which is Ma, the sound of Mars which is Ra, [and the sound of Saturn which is Ka.] These three are the sound Makara; it also means crocodile, or the five fingers of the hand. The grip of the lower torso is very high. Grip by itself is not dangerous; the grip of light is very useful. If you grip other things, it is dangerous.

Working with building the bridge is very important during the time of learning, from seven to 21. When you work with regulating the mind, your mind gets stable. We join the upper torso and the lower torso together, and in between is Venus. Then the splendour of human life can be experienced. We have the symbol of the double triangle with Venus in the centre; it is called the Yantra of the Mother in the East.

This is one work which has to be regularly done. Contemplate on it when you awaken.

There was a follower of Buddha who was always late. Buddha gave him the instruction to relate to the sunrise in him. This man could not wake up according to the Sun but he related to the personal sunrise. Buddha never criticised him because he related to the Sun; he was far advanced of the others. Buddha said, he is as much relating to the sunrise as you do, but he is relating much better. Those who cannot rise with the local sunrise can relate to the personal sunrise. Personal sunrise is most important; the desires are regulated to a purpose-oriented being, not a desire-oriented being. If not, we remain beasts. In Sanskrit, they speak of human beasts. There are human beasts, then humans and then the seers. Temple building means, the Love, Light and Will shall have to express through you.

When you do this, the personality and the super-man they join. The lower torso is personality, the head is the Master; they join with the individual soul. From super soul to soul, from soul to personality, then at-one-ment happens. It is a word Master DK coined. Three have become one. If there is no adjustment between the three there is no coordination formed. That is the Jacob's ladder. There is an ascent of energy, a descent of energy and then the fusion. We will continue in the afternoon. Namaskarams



**Tuesday, 19 June 2018, afternoon**

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

Those of us who wish to build our personalities as the temple to enable the work of love, light and of power shall have to observe the rhythm as it exists in the temple around us. We see in the nature the sunrise and the sunset. It is in the due and ancient form. We know when the sunrise is, we also fairly know what colours and rays the Sun brings in as it rises in the east. We also know the sound and the colour as it rises. It is the same drama every time. Even when there is a change of energies through the movement the earth makes around the Sun, those changes are uniform and consistent. The day begins in an order, it concludes in an order for the earth. The night also begins and concludes in an order. There is no late rising of Sun, no early rising of Sun. The gradual [way] as we on earth experience the sunrise is regular. In the southern hemisphere we now experience less light and more night; even this change is consistent. It is something that we observe in the surrounding and in nature. There is consistency in the movement of the planet, in most movements. Even when it moves

faster there is constancy in the change. That is what we call periodicity. It has its own order in the change. It keeps on functioning in the same order all the time. It is very clear to us when the Sun rises and when it sets. We know what is the sunrise and sunset hour. We also know when Jupiter enters into Sagittarius, he is now in Scorpio. The planets function in consistency. Sagittarians can relax. The Scorpions have the benefit of the second house Jupiter, the Librans 3<sup>rd</sup> house Jupiter. It is an order that is maintained by the planet, the other planets, the Sun. Therefore everything is happening as per an order. The seasons come in due and ancient order. Even as creation came it came in the same order as it happened before. That is what Purusha Suktam says, as before, in the same order.

The builders of a house work in the same manner. The architects make the plan; the constructors know how to construct; the builders build it. In creation all is made in due and ancient order. The Devas, the Sadhyas are those who see the plan, the Siddhas manifest the plan. Normally those who conceive are a different class and those who manifest are another class. A prophet or an initiate conceives the plan; the king executes it. The second ray conceives, the first ray manifests. The prophet can only receive as per what he perceives. There was a time where the kings and the prophets were one and the same.

The Sadhyas are the Prajapatis; the Manus are called the Siddhas. You know the names from Blavatsky but you don't know the meaning. The Seven Seers come through the Prajapatis. A kingdom is well ruled when there is a good king and a good prophet. The prophet is in the Sahasrara and the king in the Ajna. The prophet sees how it is in the surroundings. He is the one who conceives the plan. We see every day how it is. There is the sunrise and the sunset. There is the beginning of the night and the midnight. We have to take this clue to build the temple of our personality. We should also see that we open the day properly and we also close the day as properly as we have opened. That is the beauty. If you open the day in order you can conduct yourself in poise and close the day in harmony to resume again in order next day. If we don't close the day well we cannot open the next day properly. It is not enough that you have opened the day properly; you also have to close it properly.

In a drama there is the lifting of the curtain and as it concludes, the curtain closes. How you open the day depends on how you close the day. Many people do not see the importance of closing the day in order. At what time do you go to sleep – it cannot be in different times. You should know when you close the day – it might change at some days. You close it with a prayer. The first root race of Aryans carried that knowledge. As they open the day they do prayer, so they do when they close the day. After opening they take a bath and also before closing. The way you start in the morning the same way you close. As you close 3-4 hours before you should eat. That knowledge is very important. During the day you are in the objective temple. During the night you can be in the subjective temple. Sleep should not be seen as a means of non-activity. It is the time where there is no objective activity but subjective activity. There is the objective life and the subjective life. A Master of Wisdom or a Yogi is active during the night in the subjective plane and is active in the objective world during the day.

Bhagavad Gita is a complete scripture; the clues are there but we read in a routine way. Whatever is the day for the common man, is the night for the Yogi. We are all active during the day time but not during the night time. It is not so for a Yogi. The Masters of Wisdom who stay in certain ashrams on the planet, during the day they stay in certain ashrams and during the night they carry out work in the subjective plane. The equipment of subjective activity is different from the objective activity.

When we speak of temple we should recognize the life objective and life subjective. Life subjective is different from life objective. As much as we get into objective life during the morning, we prepare for the subjective life. The Masters say, do not stay away during the night for long hours. Do not be awake after 10:30 in the night and do not stay asleep after 5:00 in the morning. During the day they let you do the work relating to your karma and during the night they let you do the work in the inner world. The temple is always built in the night. It says that a mason builds the temple in darkness. By the day it is released. How he builds people don't know. People do not publicize their practices. They are all internally carried out, why should they be publicized? That is why there is secrecy in building the temple.

People are very secret in their life while in occultism the outer life shall have to be very transparent; it needs not be hidden. People entertain thoughts which cannot be shared. As a matter of social behaviour you might not speak. Before you speak in one way, behind you speak in another way. What you speak before a person is different from what you speak behind. Why can't you hold the

clarity you have before and behind? Thoughts are not secret, you are always observed. Your reality is known by the Devas who overview you. In case you are an accepted student you are observed by your teacher. The quality of your thoughts and actions are observed. You are expected to be transparent. The subjective activity is to be silent. If you don't withdraw in an order you cannot be with the subjective work. If you stay with gossip till the last minute before you sleep or you see a TV serial, a movie or a match, you cannot enter the temple. That is why the wisdom says, "Observe the Sun how orderly it is." Everything that is in order gains its harmony and poise.

Temple building activity is all a night activity, meaning, you have to prepare well for the night. There has to be a sincere preparation as you enter into your bedroom. Your bedroom should be as vibrant as your meditation room. As you wake up you walk to the worship room; as you go to sleep you walk into another reality. It should have enough daylight during the day and a passing breeze during the night, clear colour.

Some of you might have read the teachings of the Master Djwhal Khul: Do not sleep in any position. You can lay your head to the east or south, or in the southern hemisphere to the north or the south in the north. You cannot change the direction daily. You are sleeping with your back lying on the bed. Relax the limbs, every joint of the body. Relax the body as a whole. That is what is called Sevasana, meaning your body when there is a proposition to relax every part of the body, the feet, limbs, shoulders, all parts. The body requires to be rested; you don't need it during the night. The senses are also not needed for the night, but for the day. To sense, touch etc. is not needed. You can say, let the senses find rest. In fact it is given in White Magic. You entrust the five elements of your body to the five elements around, the five senses to the five Prachetas. You are there with the mind. Apply the mind to respiration and try to reach the source of respiration which is pulsation. If you are an advanced student of pranayama, with the help of respiration you can go up to Ajna, with Udhana Prana. There is inhalation and exhalation. They get balanced in pulsation as Samana. Then the life force takes to upward direction with the help of Udhana. The Master suggests, imagine that your energy is moving up and you sleep at the brow centre and then be there before you sleep. It is a proposition, a visualisation in so far as pranayama is not accomplished. Don't sleep just like that, in all kinds of postures. Before you sleep make these preparations. Be at the east of your being before you sleep. Staying there, relate to the light in the Sahasrara, in the throat centre, to the light in the heart, the navel, sacral, Muladhara. Being in the east you relate to the other six centres in you. Then stay at the brow centre. Having opened the temple be there at the east and then pray to the Master: "Master, I am available for your work. Make sure that I am entrusted to your work. Master please let us receive the influx of Thy plenty of prana into our system.... Let me be part of your plan, I am available during the night."

During the day you might not be available, only the disciples. The others might offer themselves during the night; offer your being at the feet of the Master. I take the flower at the foot of my [room] and it is offered to the Master. Likewise in the night hours, the lotus of my being is offered to the Master in the temple. If you are regularly available to the Master, at the same time you can be used. You cannot be there at any time. A Master of Wisdom is working for the whole planet and he is ready to help you. So you have to make you available 13 minutes. It is a very sacred number in the occult world. 13 degrees the moon moves every day. You have to be available and you have to make this preparation. Relax the body, meaning elimination of the five elements, integration of your awareness with the Master awareness at the Ajna centre.

There is an elaborate presentation under the caption "Release...." You go to the brow centre. The head belongs to the Master; the upper torso belongs to you. Be there at the brow centre. Those who are there with attentiveness and devotion always at the same time, the Master is willing to help you. We are taught by the night and also by the day. All impressions can be better given in the night hours, not during the day hours. Night is appropriate for experience at the subtle levels. As you get into sleep you make yourself available for the schools in the night hours. The Master need not teach himself during the night hours, he has his disciples. Impressional teaching is there during the night hours on the planet. During your night hours you can be picked up for the work. This is an important step.

In the 8<sup>th</sup> chapter of Bhagavad Gita Lord Krishna explains how you can be used when you prepare well for the night hours. An occult student is required to prepare. What you can do during the night hours you cannot do during the day hours. That is the reason why in masonry they say, the Temple is



built by the night, in secrecy. Nobody knows around you; your spouse might be sleeping by your side but does not know you might be in the same ashram on the other side or in another one.

How you close the day is like how do you close your incarnation. If you are very confused, get into sleep in a confused manner - at the time you depart from the body you are also confused. Death is a long-term departure. Sleep is a short-term departure. We are not always in the body. Your body is on the bed. Dream is a phenomenon to tell us that we are not in the body during sleep. We wake afresh after sleep. Like a bird, which is in a cave, is let out and flies around and it comes back when it is hungry. Each time it is out of the cave it is fresh. We wake up fresh in the morning because we were out of the body. It is regularly happening but unconsciously. You can move out consciously when you are at the brow centre when you sleep. It is the main door of the house, the kingly door. It is called the leonine king's door. We are the king, we should not move out from the backyard. Through the main door you go out. The main door is in the east, the super door is in the north; that is a different situation. Generally we move out through the eastern door. So when you are sleeping there is preparation. There is as much preparation as you prepare when you get out in the morning. There is so much drama during the sunrise and during the night. If you don't close the day properly you can't open the day properly. If we have eaten heavily in the night we can't get out easily in the morning.

There is a very profound preparation to get into sleep. Don't take sleep in a casual manner. It is a golden offer to enter into the temple. It is an offer of the universe. It has to be a practice. As you do it regularly you stand a chance to get trained in the sleep hours. It has been given out by the Master Djwhal Khul to the Western hemisphere; it was there in the east. It was known to the Greeks or the Mayans. I went to a few significant pyramids; they knew how to carry out in the night. It is not following some blind faith.

This is the fourth teaching in this seminar. A very important step is informed to you. First you should be aware of the seven lights in you. Then enter into it during the night hours, during the hours of prayer. Relate to the centres in you and keep moving up and down in the column which is the lighthouse in you. Like every fort has a lighthouse. There is light in the column, it is full of light; it focuses out through the Ajna. That is, around it is built a body of seven tissues. It is built like a football around. It is all bladder. Just like earth has an axis and the matter built around it. In prayer we should try to enter either through the heart centre or the head, the best entry. The heart is the lion's throne, simhasana. The head centre is called the king's throne, Raja Simhasana. To sleep over there, even during siesta, please do so. We are so much accustomed to it and say, we have become old - otherwise you don't say you have become old.

Don't sleep vaguely whenever you go into sleep. There is a beautiful statement in the writings of Master Djwhal Khul: A sleep hour is much more beneficial than the hour of prayer or of meditation. In sleep the mind is dropped. It is easy for those who guide us to work with us when we are in sleep. The doctors do operation after giving anaesthesia. Sleep is like anaesthesia. Therefore the master mechanic can work with you and cause the needed adjustments. If you sleep in the beginning a bit more than usual, the Master is not unhappy. A dog is very watchful but if you awaken a sleeping dog it keeps barking. The Master prefers to work with us in our sleep hours than in the wakeful hours when we are barking. We know what is happening with our mind when we close our eyes; it is like a barking dog, all springs up. Sleep is a great gift of nature to us. There are some who just sleep. With couples, one sleeps fast and the other cannot sleep. How lucky is this lady and this guy. They start snoring also... They already sleep and start snoring, that is what we call insult to injury. Lucky are those who can sleep like that. The mouth is open, the eyes are closed. I wonder why mouth is open for sleep. It is the natural humour we get. We don't know,; others have to tell us if we open the mouth during sleep.

Sleep leads you to the other side when well prepared. We have done so many practices over years. Daily there is an offer to move to the other side, why can't we be attentive with sleep? There is a school of thought in India where they pay more attention to the evening than to the morning. During the day you meet your karma. So they don't pay much attention to the day. In the evening they take their bath, study scriptures, sleep at the appointed hours. Master CVV says: Bedroom is my death place. It is our departure; we don't die. The sleep room should be as vibrant as the prayer room. It is there in Bhagavad Gita and in White Magic. But if you are affected by Kali you spoil your night and it is a great obstruction to see night programs. These are worldly programs. Channels show Hollywood movies from 9 to 12 in the evening. In India they have to see the football in the night hours, during sleep. Whatever happens here in the evening, in Europe they have to lose their sleep. 10:30 is the

appointed hour. If you are on the bed by 10:30, you are departed by 11. You walk to the departure gate. Be there waiting when sleep comes; you stand a chance to depart to the fields of light, to move forward into the fields of light.

With these dimensions we conclude. We are with the waterfalls tomorrow. Try to be as silent as possible. It is not a tourist path, a picnic party. We are entering into the aura of a great Master, Brahmanaspati; he is Jupiter to Jupiter, the one whose energy is present to the waterfalls. We call it as Master Jupiter ashram. When you are so much with the love of the Masters, when such presence is available, be prepared. Be joyful, relaxed, but be not talkative. Thank you one and all.



### **Thursday, 21 June 2018, morning (Solstice)**

The solstice day is considered as the International Yoga Day, thanks to our Indian Prime Minister [Modi] who explained to the United Nations the importance of solstice and yoga. We have been celebrating solstice and in almost all nations yoga is celebrated and accepted as something beyond religion. It is human and of nature and has nothing to do with religion. It was conceived by Patanjali, the great seer, who wanted that the human being realises within him the dimensions of planetary, solar and cosmic dimensions. I greet you all on solstice which is celebrated also as the Day of Yoga. It is a good step for humanity that besides fathers' day and mothers' day etc. there is a day for yoga on the planet. I again greet you and then we get into our theme again.

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

One of the important principles of temple formation is, adapting ourselves to the due and ancient order. As explained in the beginning classes and as it is explained now, with anything that we do, there has to be an order in it. There has to be order from head to foot, as I said in relation to the orderliness of a Master of Wisdom, how from top of the head to the tip of the foot he is very orderly. His speech would be naturally very magnetic and his actions radiate light. So we have to follow the model of a Master of Wisdom.

Bhagavad Gita clearly says, it is always good for humans to pick up a role model and transform oneself in tune with that model. A teacher of wisdom not only teaches wisdom but also demonstrates it. His life itself becomes a demonstration of the teaching; his handling of things is also a demonstration of teaching, the way he presents himself. You would never see a Master of Wisdom not being well dressed. His hair is orderly – we start to put up a good appearance, meaning, it starts with dressing the hair. Those who do not dress their hair are very disorderly. If you don't pay attention to the hair, you are already in disorder. Anarchy has set in in terms of loose hair. You cannot cover your forehead in terms of hair dress. The head has always to be kept orderly. It is north; the north in the house should also be kept very clean. For that reason Mme Blavatsky very clearly says in the book "Practical Occultism": Let there be a head-bath every time you clean – the head cleaned, the

thoughts are cleaned: Water cleanses gods and men alike. Hair is seen as electrical, it should be given appropriate attention. The more hair you have the more attention you have to pay. If you have no hair, you are lucky - one job is less. If you have hair, it has to be orderly.

If you see Lord Maitreya or other Masters of Wisdom, they do not let their hair fall on their forehead. Forehead stands for the east; it cannot stand in the shade. If it is in the shade you never can receive light. In ancient wisdom the people were dressed in a manner that there was no chance of the hair to fall into the face. Today we have fashions that the hair falls into the face. From the spiritual standpoint those are considered really stupid. They don't have time even to use the hands because they need them to put out the hair. It should not happen. Insofar you keep to the teachings of wisdom, it is important to keep the hair well dressed. The Nazarenes are those who keep the hair from Sushumna to Sahasrara well dressed; that is the best. All Indian ladies, also men, if they know, they do this. You see the hairstyle of Master Kuthumi, Devapi. He is called like this because he gives the technique of Kutho ham; it means, he asks you to meditate: Kuthoham asmi: If you don't know from where you have come, you can't meditate. Any Master of Wisdom is very orderly from head to foot. We should also have orderliness.

If you see the Master Count Saint Germain, he is most orderly; he would not let his button open. From here, if you have a dress with a button, every button has to be closed. His buttons were all prepared by him. He carried a liking for amethysts. He always had buttons of amethysts or at special occasions diamonds - not because of his glamour but because he can transmit the related energy.

In Europe they have another picture of St Germain, a close-shaped picture. If you wish to be a follower of St. German you have to be very orderly, from head to foot. It has always to be very clean; your handling of things has to be very orderly. For example, if you are a student you should always have a pen; it is a message that you are ready. If you don't carry a pen you are considered disorderly. Normally when we want to write we take pens from the driver's pocket. That is seen a crime from an occult standpoint. You take out, often without their permission - that should [not be] your attitude which is not allowed in temple building. If you leave an article, it cannot be like that - it cannot be in a vertical manner but it has to be in a horizontal manner. Symmetry is the basis for all temple work. If you sit, also you cannot sit like this (with the feet up/irregular. When Master St. Germain sits, he has all right angles, shoulders, right angles at the hips, knees, feet.

I don't know if you have seen the ancient seat of Pharaohs. They sit in a manner with two feet alike, upright. A Pharaoh, the Egyptian king, is full of magic. Moses was fully trained in the mysteries of the wisdom of the Pharaohs. Apart of the magic he learnt he had the grace of being blessed by the divine. Moses did some magic with the stick. Don't do these cheap things he said to the Pharaohs. The Pharaohs were also magicians but the chosen ones are different among the equals. A chosen one stands high among the highs. He stands different. That is what is called sonship. Among all the wise men the divine graces one of them. When the divine graces the activity happening through him is far different from the actions of the others. Moses was far different from the ritualism of the Pharaoh. The magic of the soul functions very well.

So make sure that not only your dress is orderly but also your shoes. The shoes should shine. When you leave the chappals, there has to be an order. In these small things there is built in an energy into an order. If there is no order, you cannot build a temple. There has to be a level-measuring of the horizontal and a set square by which you have to measure each corner if it is in a right angle. If you are in any Master's ashram, you are allowed to use articles that are there but you have to restore them in the same order. When you take an article it has to be set in the same manner as it was before. You should know where you set your pen when you are not at work. It should always be at the same place. And it should be the same position. That is how the Master's ashram is. If anyone touches and changes the position he knows who is the disorderly one. All articles we use in daily life have to be in order and be set into the same order after use. It is observed by the Devas. They observe. We are very much upset of Devas. The Devas of violet who are very near; they observe how orderly you are in your normal daily routine. How orderly are you? If you are not orderly you cannot be counted for highest things because in small things the character is known. Therefore every article after use has to be restored in the same way. We always search for our mobiles, we keep on asking people, where is the car key, the house key, the laptop? Everything is, we are always in a search mode because we are in disorder.

I know a Master of Wisdom who knew of one indweller of the ashram only because he touched the razor blade of the Master. The Master uses a razor blade and a shaving in an order. For someone

who used the same restroom or bathroom and changed the blade and the Master came to know because the person touched it. He said, "You don't deserve to be here."

Make sure that we are very orderly in every aspect of our lives. To be proud is not seen as good but self-esteem is. Forgetfulness comes through your inattentiveness. This kind of order is important. This topic came because of the fire ritual. The organisers of the seminar must ensure that this room is restored to its order; otherwise the seminar on Temple is futile. [The fire ritual produced a dark spot of soot on the ceiling.] Normally no hotel here would allow us to do. They don't allow, who would accept smoke? The very fact they allowed us is an act of benevolence, and make sure that either ourselves restore it ourselves or see that it gets restored.

On this planet, when we remain, our stay should be worthy. By your being here the facility has to be improved but not destroyed. After we leave we should leave with a fragrance, by virtue of our order. By leaving in disorder we have done more disturbance. In these matters there is a great wisdom in temple building. You are observed by the Devas of the violet flame. Their work is to observe how orderly we are. When we came they observed how orderly it was and how orderly it is when we leave. They don't let you in a second time when we do something that is not as per their order. When we leave the room the violet Devas would make sure if you have left the room in the same order so that the cleaning staff has less to do. When we leave it cannot be in a worse state; it should be in the same way or even in an improved state. They would look forward to our coming back. We have such a situation in a hotel in Billerbeck. Every time when we have a group living there the manager says, "We would like your group to be here." In this, the Devas are satisfied. If the flower plant is satisfied with you behaviour, it gives more flowers than normal, but if you don't care it is a different story.

We have to make sure that our existence on the planet gives a fragrance to the surroundings but not pollute the place. Then the Devas are not satisfied. This is a dimension we always should carry with us. When we handle a book we study, this is indicative of your veneration to wisdom. Your veneration to wisdom shows in how you open the book, how you close it, how you hold it. It is very important. When you take books from the library, you don't restore them in the same way. When people come no book is in the shape the books were. In the olden times these things were also taught in the schools. You should relate to everything you hold in a manner that it does not lose its vibration but that you contribute to it. It has to be in an order. That is the basis for temple building. A temple has to generate abundant magnetism, and magnetism happens when there is order. A difference between an iron and a magnet piece is because of the rearrangement of the elements in it. To gain back magnetism we have to bring magnetism into our lives.

Another dimension is, I spoke to you in the initial meetings, the building of the consciousness. "What am I to do?" versus "What I wish to do.?" In this context I would like to present to you five animal principles given in this theme.

The first animal principle is the dog. The dog is symbolic of alertness and watchfulness. We have to be very watchful of our speeches, our movements, our thoughts, of all we do in the mental, vocal and physical plane. It is important that you develop a dog within you, meaning a being which is very alert to observe you. A dog should always observe you. It gives birth to an observer in you. He observes and by the end of the day he tells you, That is how you spoke, moved, this is essential, non-essential – all our activities can be put to these degrees. All activities have to be senseful, not meaningless. In this manner daily the watching principle tells you how much have you expressed in a meaningful, essential way. If the dog is developed in you, it immediately reminds you: You are going too far to this side. With him you get the alarm; in your speeches it sends you an alarm that you get into gossip. If after an hour of gossip you note that there was gossip, the hour is lost. Gossiping for nothing is not allowed in wisdom.

The dog that is within us, the watchful principle keeps on watching and is barking when you are out of order. The dog allows people to come in and out who are regularly coming and going. If there is danger, the dog barks. What is essential in your activity the dog shows. If there are unessential things the dog barks. Even in the scriptures they say, there is a dog guarding the infernal gate. The dog has three heads, it barks. When your thoughts are not in order it barks. With your speeches and actions, which are not in order, it barks. You will fall into hell, difficult situations. Sometimes for nothing you are falling into unpleasant things. In a group of 4, 5 you tend to say something which is hurting others, but if it is known to you that you tend to do that, it barks. It is a facility. Likewise when you are watchful of your thoughts you don't get any kind of thoughts. When you are watchful these

thoughts do not happen or happen in a constructive manner. Where there is no regulation in terms of thoughts, speeches and actions, the dog barks.

Therefore the dog is an important principle in relation to yoga. There are always dogs around Lord Dattatreya. Watchful eyes observe you and you are not stepping over. When that happens, you don't talk about yourself much. Normally when we talk the ego emerges. Each one loves himself or herself more than the whole world. He loves himself so much, after 4-5 sentences; the 6<sup>th</sup> sentence is about himself. The dog says, stop. One has to be accompanied by a watchful dog.

The hero always has a dog following him while he is on a horse. The Occult Meditations start with a dog, the hunter on a horseback. There is the mystical aspect and the psychical dimension. When your nature is disciplined as per non-essential speeches and actions, when your life-force is tamed you are more with the horse. The horse is the life force in the Vedas. You are able to deliver many more acts when the energies are conserved in essential things. You are in the objective world only when there is a purpose, otherwise turn inward. When there is no work, no sensible person will go out, only when there is a purpose. For nothing we don't go to a neighbour's house or to the market, to a mall. There has to be a purpose for any movement out. Why do we go out for nothing to spend money and time and energy? When this happens, your life force is more with the descent of life force. The ones who are deregulated do multiple tasks but their work is dispelled. There is university in action and in replenishing the energy. During your sleep hours you are refreshed.

You have many stories with people on horses and a friend who has humour. If you don't have humour, even small things will give joy. Absence of humour makes everything heavy. Master Morya says, "Joy is a special wisdom." If you are not joyful, life is heavy. If you have the faculty of joyfulness even heavy duties are not heavy for you.

You should be accompanied by a dog of watchfulness. Then there should be a horse, you deliver much more work into the world with life force. The true room of an occult student is the heart. Turn inward and be in the heart when there is no work outside; that work is called taming the lion. The heart centre is the centre relating to Leo; therefore it is called the Lion's centre. The lion stays in the cave and only comes out when needed. You associate with the respiration and it leads you to pulsation, and pulsation leads you into the cave of the heart. You stay there when there is no work to do. Every Kumara, every enlightened person likes to stay in the heart. The Kumara is also called Buhapriya, buha is the cave. When there is no work, turn inward, take to respiration, pulsation, subtle pulsation, then tame the lion. Killing is an ignorant expression. In the path of occultism there is no killing the lion. If you tame it you make it your friend. If alongside there is a lion walking, wow. You can tame your lion in your leisure hours. The dog helps you. It won't let you out into areas where you expend your energies. The heart conceives through multi-tasking. When your life-force is well conserved you can deliver more work, diverse work. If it is not so you are always bored. There are single-track minds and multi-track minds. In the beginning there was only one TV channel; today there are so many channels. Mind can work with multi-channels. We think that we are doing a lot but from the standpoint of a Master you are doing nothing. You speak about lots of things but a master doesn't have time for this.

We have a dog, a horse and we tame the lion. If it is fully tamed you tend to be a very attractive person. This is all the transformation that happens in you. The attraction in you is an androgynous countenance, male-female face; it is attractive to males and females. Meaning, they pay attention to you, they want to be with you. That happens when the lion is tamed. That is called the virgin nature. You cannot decide whether it is a male or female face with Jesus. He was equally attractive to males and females, likewise Rama. That is the beauty of purity. Beauty is in purity and not so much in form. When you have the beauty of purity, it is attractive to the surroundings, not only humans but also animals. Wherever such a person goes the five elements cooperate, the plants, animals and humans cooperate. There is a magic spell all around. Everything is oriented to such a being who has tamed the lion in him.

In Occult Meditation you have a meditation where the hunter levels the ground; the maiden appears. It is only the maiden nature in you. Then arrives a great intelligence from within that lifts you up; that is the eagle. If you get to the heart centre and gain a comfortable, stable placement in the heart centre, the eagle arrives. It is a symbol. Eagle is the one who lifts us up. The eagle lifts us up. In the cave you are transformed; purifications happen in the heart centre, not head centre. The mind should take a dip into the heart. In India when we take a bath in a river they say, dip into the water. That purity transforms into a virgin, pure nature, where you are developing the magnetic vibration in you,

and the surroundings get magnetised. As we keep moving everything around they receive the touch and the nature feels joyful. When Krishna dwells near the river even the ripples approach to touch him. The trees were orienting to him. Such an ecstatic state is there when great beings are around.

In the story of Rama everyone had the feeling to go and hug him; it can be an old man, a child, any category of persons. Every seer had a pretext to hug him.

That is what happens when you are more and more in your heart centre. Not anybody and everybody can enter. Not all and sundry can come and meet you. In the initial stages you are helped by the dog that you don't move around. Now the situation is, when he has tamed the lion, you won't like to move into unnecessary situations. Those who are not relevant to your work they cannot come and disturb you, do gossip. Master EK said, "He can't meet me." I asked him, why? He said, "There is no work with him; I do not work with him." Those who work with him is decided in higher dimensions. Those who do not work can't relate to him.

So there is the dog, the horse, the lion. When the lion is active within you, the dog becomes inactive. There is an insulation, a cut-off around you. Master CVV said, "You cannot walk into unnecessary situations and others cannot step in." You cannot be disturbed by others. Maybe [they are] in the next apartment; they cannot meet you when not necessary. When the eagle arrives it is like a flight coming to take you to higher planes. It lifts you up to higher planes, to the throat where you have to be extraordinarily pure. In that state wisdom is directly important. You receive direct perception of knowledge. There is no more drudgery of reading that book etc. Then further the eagle lifts you up to the Ajna. When the soul is connected to the Ajna the eagle lifts you up to the Sahasrara and takes you to the universal soul. You become a representative of the super soul; your personality is prepared to fulfil the purpose.

The stories of animals, there are many animal stories but they are spiritually oriented beings. When you move up you meet the bull; it is the thrill of the Word of God. It starts descending into you. In the morning fire ritual we invoke the dimensions of the Word. There is Vageshvari in the fire ritual, the Deva of speech on the tip of the tongue. Vageshvari is the word on the tip of the throat. Your voice tends to gain the magnetism which is described in the book on "Sound". You don't speak to misrepresent or to hurt. The Word then descends from higher circles and keeps on expressing. When you go up to Ajna, there is another horse, the wind horse that leads to higher realms; it is called Hayagriva. Ha - horse-headed being. Haya is the sound of horse. The dog is there, the horse, lion – Hayagriva is an incarnation of Lord Vishnu.

That is how the whole journey happens. If someone binds you from outside, it does not work. If you bind yourself and devote yourself to build the temple, slowly your awareness permeates into a vertical manner to higher circles. Thereby the knowledge descends from higher circles. You transmit the knowledge through speech and action. In this, you ultimately benefit the surroundings. The method of enlightenment is - the purpose is to bring upliftment to the surroundings. Therefore two dimensions are presented in the morning, one about the due and ancient order, and then the dimension related to the watchdog, the galloping horse, the lion, the maiden, the bull, the eagle, then the winged horse. They are all presented in a temple in India; they are found in the temple structure. The lion's system is there, the horse symbol... all put together make the temple. Our temple building has to be in an order, from dog to horse, horse to lion, lion to eagle...

In India there are so many five-headed beings. Hanuman is said to have five heads ... If you see a panchamukha, meaning five-headed being, you find a maiden-faced being. To the right there is the face of the eagle, to the left there is the lion... It looks funny if you don't know the symbols. Madam Blavatsky also presents a five-headed symbol of Gayatri. She elaborates much of the five-headed deities. So much for the morning, we continue in the afternoon. Namaskarams



## Thursday, 21 June 2018, afternoon

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

THAT I AM is the eternal and original name that each one carries. It is very well known to all those who have been attending to the teachings over the decades. Though we are told that we are the images of God and though we are told that the name of the God is THAT and that we have emerged from THAT, and thus our name is THAT I AM, we forget THAT, THAT I AM. That is the whole game that we are supposed to remember as THAT I AM as our identity. Since all of us have emerged from the same source whose name is THAT I AM, we have to recollect this state of THAT I AM.

We have other definitions relating to us; our personality tends to take in a state of non-alignment with the soul. When a personality is in alignment with the soul, the energy of the soul circulates within the personality. When the energy of the soul is not circulating into personality, the personality accumulates other things from the surroundings and feels itself. If you don't have chaste food, in your stomach all gets in. With chaste food we are able to get to THAT. When we forget our original state as THAT I AM, other things get in; that is ignorance happening.

The origin of ignorance is forgetfulness of THAT I AM. Do we remember THAT when we are in our daily actions? We slip into personality. It is a life-line and if it is maintained, no damage happens. There has to be a continuous connection with the soul. The moment you remember THAT I AM, you stand as a Son of God and we stand the chance of the Light of God, the Love and Will of God. When we forget that fundamental truth of THAT I AM, ignorance prevails and then the pride comes. And then you do things which are not in tune with the Will of God and your knowledge has not come to your help at the right moment.

Normally the knowledge should not be carried as a load on the head but come at the right moment. If it comes before, it has no value; when it occurs at the right moment, it has value. When you are linked to the truth of THAT I AM, it has value. Once this link is not consciously held by us, we stay delinked. The Son of God becomes the son of man. If you see the story of Hercules, he was a Son of God and yet a son of man. He slips sometimes from the alignment and when he remembers, the light shines forth and he has the knowledge. That is the simple story, the simple story of every initiate. When he performs acts into the world, he arrives into the world with a firm alignment with THAT. Then he stays in the light.

Master Djwhal Khul wrote to Madam Bailey, "Stand in light and perform your duties." You have to stand in the light of the soul and recollect THAT I AM. When you stand in that alignment, there is a triple stream coming down. What we call Ida, Pingala and Sushumna or Ganga, Yamuna and Saraswati, from above the streams enter into you and your personality and you perform your duties. If you see the lives of any initiate, when he gets into the world, he performs deeds of wisdom and retreats himself. The most familiar story is that of Jesus the Christ. Immediately after he performed a



task he withdrew and remained once again with the Father. Staying with the father, getting into the world with the personality, performing the act and withdrawing, that is expected of every student. When aligned, the personality stays transformed into a temple.

But when ignorance prevails, the personality gains pride that one is an occult student and a student of Master CSG and of Master DK and of Master CVV. The more we use names the less we are connected. When you are connected you stay silent and perform your duties. This de-linking takes place in spite of the repeated teachings of the teachers.

I take the example of the dog; it is my favourite animal. Imagine the head as THAT and the body as yourself and the tail as the personality. We have the head, the body with upper torso and lower torso and we have an invisible tail. When you relate to THAT, then the soul stands in light. Normally the teachers say, bring the personality in alignment with the soul. It is a Herculean task, an impossible task. You cannot really bring the personality in alignment with the soul. It is otherwise busy. You may tell it that it should align with THAT – then the personality falls in order. You take an iron piece and then another iron piece and another -they don't stay together. But when the iron piece we call the soul is connected with the magnet, it gets magnetised and it gets stuck. By relating to the higher the lower falls into an order. If you wish to bring the lower into order, you do not know how to bring it in alignment with the Plan. When you are with a higher task, the lower falls into order. Therefore the seers say, "Relate more and more to the heart." It says, THAT I AM, Soham, Soham. It eternally sings the swan's song, Hamsa. It is called Hamsa because it sings Soham. Hamsa means swan. Sham is the song of Hamsa. Hamsa Siva Soham we sing. When you stand as a Hamsa, our personality aligns with the soul. Instead of aligning it to the soul, the personality falls into an order and links up. That is the theme of Raja Yoga. If you link to the higher, the lower falls into an order.

I have seen Master EK suggesting to the followers, "Relate more to the Master." The Master is in you as THAT. I told you in the first teaching, the Master is within and we have a personality. He said, "Relate more to the Master and the things will fall into order."

When people came and said to the Master, "My shape is getting out of order." He said, "Relate to the Master. You get the right thought to eat the right amount in the right quantity. You get the right thoughts to do the right things at the right time." It is a key that the more you relate to the higher the more the lower falls into order. You cannot fight the personality. It is a terrible fight.

In Bhagavata Purana there is the story of the strongest elephant who got caught by a crocodile. Out of water, the elephant is stronger than the crocodile but in the water the crocodile is stronger than the elephant. He thought that he can fight with the crocodile but the crocodile was gaining more and more strength because it keeps on sucking the blood of the elephant; he gets stronger and the elephant becomes weaker. Over time we tend to be debilitated, useless, in a non-functional state. All our energies are stuck and used by the personality. The elephant therefore after some time realised that it is useless to fight with the crocodile. He thought of relating to the divine, to THAT, by virtue of his past good deeds. As he recollected, his strength multiplied and the crocodile got weakened. Fighting with your personality you would never win. Same effort you can use to align with the Master. The energy comes from the Master to you. The technique is always above downwards, not below upwards. It is from centre to circumference and not the other way round. When you are at the centre, in any direction you reach the circumference, but when you are in the circumference and walk to the centre, you may not reach the centre. The possibility is very high to reach the circumference when you relate to the centre and go to the circumference.

When you link to the Master you receive the needed help to resolve the situation which is undesirable. Always something or the other is out of order. If you set one thing into order, the other falls out of order. When you set your house to order, your profession falls out of order, or the health. The personality is like a basket of frogs. When one frog gets out, in the meanwhile another frog gets out... So your whole work is only getting the frogs into the basket and they jump out. You should provide something to the basket which the frogs like. If they have enough food in the basket they would stay there.

Like the tides in the ocean. There can be a low tide or a high tide but tides are always there. Small problems always remain. Relate to the Master in you so that your personality comes into an order. It is a beauty. The key to the personality is also the key to the soul. When you relate to the Master in you, your personality falls into an order. Otherwise your personality stays digressed, out of alignment. The temple building is letting the energies of the Master flow through you to the personality. As much as you let the Master work through so much the triple energies keep flowing through you into



personality. That is why Master CVV says, “Be a medium to the Master”, and he said, “I am myself the medium to the Master.” On the list in Kumbhakonam, the first medium is Master CVV. When you are all in alignment with the Master, the energy of the universal Master flows through your personal Master to you. The universal Master is in you. Universal Master, Master in the Unit consciousness, the soul and the personality. Don’t give names to them.

These are the four in alignment. These are the four brothers of Ramayana working together – the universal Master exists in us and outside. If you listen to your father, your personality aligns to you. It is like the three brothers in Rig Veda. As long as the second brother associates with the first, the third brother associates with the second. If the second does not align with the first, the third is not in communication with the second. If you tell the third, “Behave better, speak better, think better,” it is of no use. Your younger brother does not listen to you when you don’t listen to the elder brother. It is called Suparna Sukta in Rig Veda. If you gain alignment with the superior in you the inferior gets into an order. If you don’t align to the father, your son does not align to you. It is so simple.

Once in a while people told Master EK, “Master, my son is not listening, what shall I do?” Master EK asked, “Did you listen to your father?” The answer is silence. When you did not listen to your father, why should your son listen to you? As you listen to your father and follows his advice [so does your son.] When you did not listen to the father, why do you expect your son to listen? The visitor said: “What shall I do now?” - “Leave your son to me, in due course of time he will also listen.”

You cannot expect fruits when you have not planted the right trees. Likewise student-teacher relation. Who is a good teacher? To whom the students listen well. The teachers expect their students to listen well. Did the teacher himself listen to his teacher, did he follow his teacher’s advice? Every good teacher is a good student before. Unless he is a good student he cannot be a good teacher. Unless you are a good follower you cannot be a good leader. It is through following the student becomes a teacher. It is by following a son becomes a good father. If you have not been a good son you can’t be a good father.

Do not deviate from recollecting THAT I AM. Recollect THAT I AM as much as possible during your wakeful hours. That light enables you to perform better. You get the right occurrence of thoughts at the right moment. If you stand delinked you are only active with your five senses. When you stand linked, you remain in light. In light we are three, out of light we are five. In light we are three, meaning when you are linked you stand with will, love and light. When you are delinked you only stay with the five senses. You are drawn into activity and the objectivity fills you. When we are in link-up, we are called the “higher five”.

This morning I was speaking to you about the five heads of the deity. The higher five are, the One whom we call THAT, then THAT I AM, and the three qualities of will, knowledge and activity. When you are delinked, you are affected by another five – you are affected by what you see, listen, smell, taste and touch. Therefore we are given the theme of ensuring that we stay as much as possible with the higher thought of THAT I AM. There are no simpler practices for the human beings. There are no simple practices. The heart says, “Here I Am.” The heart is called by Master CVV “He-art”. Heart in Sanskrit is called “Hridayam”, meaning “Here I Am”. The Divine is regularly announcing “Here I Am” unless you are dead. You can very easily listen to the heart speaking. Listen to the pulsating principle. It is called the song of the soul – if you listen to it you are transformed. If not, the related transformation does not happen.

The moods of the mind will have a sway over us if we don’t have a link to the song of the swan that exists in us. The basic teaching is to stay linked with THAT I AM. You can listen to the pulsation, “THAT I AM” in English. Don’t think that God only speaks English. You can say, Yo Soi – language is secondary, intent is primary. When you are alone, just be with THAT. Travel is the best time to practice THAT I AM instead of looking around. Travel is the best time where no one demands you anything; no-one would send an e-mail. You don’t even have to look to the windows. Till morning 9 o’clock you can put the phone to airplane mode. Once you change, there is ting, ting, ting. In the olden days, unless you delink, the telephone keeps linking. But you can make “not accessible”, when we take advantage to link with THAT I AM. Likewise loneliness can be taken as an advantage or going to bed early. If you are in a conversation that turns to gossip, you can link to THAT I AM. The others think you are part of them but you are not. If you have not developed a taste for THAT I Am, you get delinked. When you are a Master of THAT, you see that what is in you is also there in the surrounding - it is also there in Ramana, in Dorle, in the camera, in the mobile phone. THAT exists as THIS. You have taken to an advanced step of practice of THAT I AM. There is no other - that is a

statement - only the brother. As long as you see outside, you meet levels with others. Meeting levels is a great concept. You can meet a child and meet levels, you can meet with elders. Try to relate to THAT which is in you; it is the same as THAT around you. Then the personality stands a better chance, therefore the alchemy happens. If not the personality takes ages to train.

You listen to your father - your son is also listening. You listen to your teacher - your student is also listening to you. That is an approach of synthesis.

I tell you a little story and conclude. Each time a little dimension is given and it is up to you to practice.

Once Master EK was taken by a follower to a temple in Shirdi. He was the governmental head in the region. He proposed, "Master, shall we go to the temple?" You should not decline. He said, "Very nearby there is an initiate, would you like to go there?" They went to the place. By the time it was half past 9 in the morning. The initiate was sitting in a chair very leisurely and a barber was shaving him. He was a bit shocked. In India, the barber business is done early in the morning. He explained to the initiate saying, this is a Master coming from the east. The Master also looked into him to relate to him. Then the initiate said to it, "It is in it". Meaning, the soul is in the super-soul. Don't see the outer. The soul is in joyful relation to the super-soul. Immediately the Master fell down and touched his feet. Then the initiate fell down and touched the feet of the Master. Then the initiate said to Master EK, "I do not follow the Eastern discipline, meaning getting up very early in the morning, take a shower, then do the Sun's greeting." Then Master EK said, "It is no more necessary. All practices are only necessary to get plucked. When you are a student you have certain rules, when you have passed the exam the rules are no more necessary." Then the initiate said, "Please give me one hour time, I will shave, take a shower and cook for you. I will only cook for you and not let anyone touch it. I know you [won't] accept any other food." Master EK was so joyful. Master EK also was a great cook. Coming to the point, the initiate is eternally connected. It is THAT which is functioning through you.

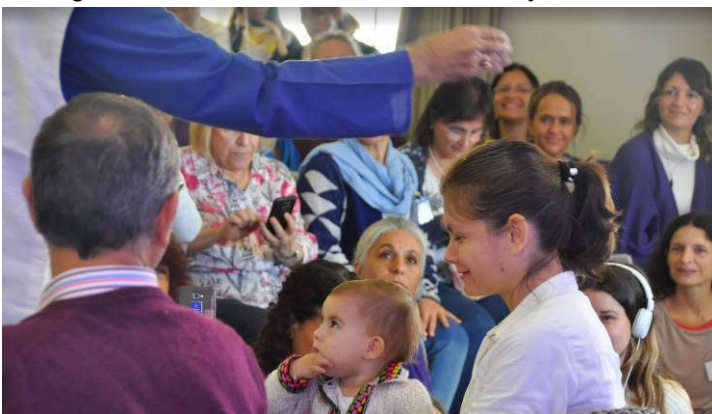
Once a man came with a bag full of Indian currency. He came to Master EK and offered the money and said, "I offer it to you because I gained it by your blessing. It carried 700'000 Rs. Where shall I put it?" The Master said, "Under the car" – it is always on the road. He never slept in a house. The man came with all devotion and the Master said, "Under the car." The man said, "Under the car?" He said, "Yes. When you give it to me it is my problem and not your problem." The Master said, "There is already a man in need of money coming to the Master." The Master said, "It is for him that the arrangement is made by THAT. One comes and gives money and another needs it and his accounts are clean." The only thing he does all the time is "Soham". All the time only. Another way of saying is TAT SAT. Hari OM TAT SAT. When you are in eternal link everything falls into order. He can serve varieties of things staying aligned to THAT.

Therefore the simplest of practices is THAT I AM. Do that; be sure in a matter of 12 years you are transformed. You get fulfilled.

Since Sunday we are speaking about it, it is already 8 classes. We get two more techniques which will quickly enable us to cause fruition. Ma it be so with all of us. Namaskarams.

## Friday, 22 June 2018, morning

Before the class, there was the name-giving and blessing of a baby and then the introduction of first writing to the children: OM Namah Shivaya – Namaskarams Master CVV.



Master Namaskaram

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

Today I present another dimension in relation to the temple. As we attempt to build the personality in the temple there would be many elements which we call rogue elements. They try to obstruct, to destroy, to digress, to distract our pure intention to transform our personality into a temple. There are always forces in nature which are constructive and which are otherwise also. Nature contains varieties of forces. As much as there are beneficial forces there are also other forces which work contrary to self-transformation. They emerge from us on account of the deficiencies and weaknesses we have in us. Our weaknesses one by one get exposed and we start working with our personality; the undesirable, the weaknesses and limitations hidden in us would come up. When we boil the water the impurities emerge and by another boiling they are destroyed.

When we are on a journey to light there are elements of darkness which would like that we are not on the program of transforming ourselves. On the basis of our previous actions, thoughts and speeches they do not let us move forward. Therefore there is a regular ritual suggested to us every morning to build a diamantine temple around us so that there are no more digressive elements from the surroundings or from the past. We did many times prayers for the benefit of supporting the good intentions of the governments; we worked with the Diamantine Network from 2007 to 2014. It can be done by each one of us. We can be protected from within from the forces trying to attack us. Even when we are in the midst of a crisis or an accident, the accident does not have an impact on us. Even while a fire is around the fire does not touch us. We can do the ritual every day in the morning. It is conceived by the ancient most seers: We build a double pyramid of light so that nothing can touch us by way of untoward events. With an accident we even don't get a scratch on the body. You do not get hurt by an accident, be it on the road, in a plane or a flight. You remain untouched by any element that attacks you. It is a beautiful Vedic ritual and it is done by all the knowers in the East as part of morning prayers.

The methodology is very simple: Stay oriented to the east either in a standing posture or in a sitting posture. Look to the east and visualise that a ray of light is passing from your heart centre towards the east. Then you bow down to the east and the angel of the east and receive the light of the east into your heart. First you project through imagination a ray of light to the east. Then you bow down to the angel of the east and then you imagine that a beam of light is moving to the south. Imagine that a beam of light is emerging from your heart to the south and you bow down to the angel of the south. The energy of the south will come and join you in the heart centre – in sitting posture you may imagine that the light is emerging from your heart and going to the south. In standing posture you can turn to the south. Then from the south the angel is blessing you and joins you in the heart.

Similarly you let an energy of light go to the west, bow down and receive a ray of light from the west into your heart.

Then you see a ray of light going to the north, you bow down and receive the ray of light into the heart.

Then you link up all the four directions. Then there is a square around you. From east to south, south to west, west to north. There is a field of light with beams all around. It is around you, by way of four right angles.

Then imagine that you are moving up vertically and bow down to the angel of that which is above. And then imagine that the energies from above are descending into you. Then connect the four directions to the light from above. It is the headlight. There is a pyramidal lighted dome that builds with your heart as the base. There is a pyramid built over you.

Then imagine that your energies are moving down below, connect all the four directions to what is down below you to your feet. You form another pyramid downwards. You are very much secured in this double pyramid. When this happens you have a lighted shield around you, when you regularly do it during the sunrise hours with the sunrays. You have a dome upwards and a dome downwards. You are protected from the surroundings and from within and outside. You are at all times saved by this structure: I bow down to the east and the angel thereof, I bow down to the south/west/north and the angel thereof, then to the headlight up, then from below up.

It is regularly done by many people in the east; they chant it in Sanskrit. If you do it we are in the shell of light. The light is of diamantine nature; you are protected by a diamond all around us. This would allow not to fall into temptations all around us, nor the outer temptations can approach and affect you. In this insulated state you can build your temple without impediments.

Normally there would be many impediments or the other, starting from ill-health and personal karma. There would not. While the problems emerge, your practice would not be affected. Not that you would be protected from your karma. Your karma will not come into the way of your practice. Once your karma gets exhausted and slowly you build the temple, the temple becomes a place of service to the surroundings. You have the will to build a lighted temple. The six directions around them, a field of light around them, so that they are insulated within by which their practices are not infected. Even if you have a domestic problem your practice will not be affected. And the temple will be formed and the karma will not touch you. The karma will be exhausted and neutralised.

People say, "I am not very regular with my prayer, with my practices." A small impediment, worldly influence will bring you off from your practice but the double pyramid will allow you to attend to the worldly duties.

There is a mantra called "let things wait". This is possible only for those who work with light. Until your work with light is over, the problem would not come. When you have finished your practice you will attend to the purposes which need to be attended immediately.

Shirdi Sai Baba had the habit of living in a dilapidated mosque. He took his residence in that and from there he was doing his work. He had a fireplace in the corner where there burns fire day and night, now since over 140 years. There is another place where he made other preparations. He put his hand into boiling water to cook and serve the people. He did so for about 60 years. For special occasions he invited people from the village, prepared the food himself and served. Once while he was serving people the roof started giving way to fall. The people who took meal got fear and wanted to leave. He said, "The roof won't fall." Only few of them stayed there, took food and then he said, "You can go out," and he also came out and said to the roof, "Now you can fall."

That is the beauty of this practice, nothing will fall on you. If there is an impending accident, you would be averted of it. There are many such experiences when you work with this mantram. Our brother Chino knows when I came from Posadas to Iguazu, Oscar was driving the car. The car took to three, four turns, Chino was ahead, others were behind. He thought, the Master is gone. We were four persons in the car; all had one scratch or the other, a strain at the head. I had no scratch. I came out and waved the hand – no one is damaged. I had two accidents in India, where all received scratches but nothing to me. Beto was there in India. He knows my personal chart very much. On the way of a flight to Hyderabad, he said, "Pluto, the lord of death, is on your ascendant today." I said, "That's fine." At the flight to Hyderabad, one engine blast off. The pilot said, "We are in a crisis; we try to land on the sea or on the runway." There were passengers around me, I said, "Nothing will happen, we will not land on the water but safely on land." We returned to the airport. The pilot said, "It is very likely that the engine will burn." The engine burned, we came down with one engine, there were many fire engines around, but the plane came and landed safely.

What I say, when you have this kind of practices there is nothing touching you. I have Pluto in the 8<sup>th</sup> house, so I am prone to many accidents but thanks to those whom I follow nothing happened.

Once I travelled by train and it stranded because of a cyclone. Flood water came into the compartments. Normally the train is quite high but the flood came in. You might know Navaneetham, I told him, "Water will come into this compartment, we have to get out through the flood waters to another compartment, we get our luggage, keep it on the heads; I will lead to a safe place." Even today he wonders how it could happen. We could safely walk through muddy water with the suitcases on the head to a safe place waiting there two days before we could get out.

This practice will prevent you from falling into problems. You have to have complete faith. Through a small doubt the accidents may enter. I saw Master standing every morning bowing down to east, south.... They were even bowing down to the angels. When you do this you are protecting the practice of light which you carry out, it will not be affected. Most of those who went through Upanayanam got this practice. Srikanth and Ramana got it, they do it. I was there for their upanayanam. Ask them. It is one beautiful practice. You have to do 6 utterances. It can be in English, Spanish, Portuguese, German, Telugu, without language. It is not the language which is important but the thought. Bow down to the east and imagine light entering from the east, then south, west,

north, then you move up and down – even in the worst cases nothing will happen to you. The practice is given to those who are willing to build the temple within to be born again into light.

We are all born in darkness, into flesh and blood. We are all in a house of darkness and when we are born in light, we are twice-born. We build a house of light. Dwija – twice-born. Not all are Dwijas, only who is born in light is a Dwija, a Brahmin. No one is a Brahmin by birth. One becomes a Brahmin when he is born in light and can see the Brahman in and around and to him all are alike. That is the twice-born one. That is why Master EK said, “May the light in me be the light before me.” Therefore he could say that.

Another dimension according to building the temple, to make a vibrant temple, we should not waste new moon, it is very important. You take note when new and full moons are; you see that you are less occupied during these hours. You see that it is either preponed or postponed. The surrounding always works contrary. Relatives come only to disturb you; friends, associations, they all announce their arrivals on these days. You tell them, “Can it happen a bit later?” so that you are through your atunement to new moon and to full moon. Most important meetings are normally fixed around full moon and new moon. We have to make adjustments to be available to the energies, as far as it is in our hands. We hold in us that it is a full moon our new moon time. 6 hours before and after full moon and new moon are most important as well. 6 hours before full moon and after full moon the Master gives his presence to the one who orients to the personal Master. They have a pledge that 6 hours before and after full moon and new moon they are available to the students. We should also avail ourselves to gain the presence of full moon. The prerequisite is that we also relate to new moon. The relation to full moon is not very fruitful unless they have taken the preliminary step of relating to the new moon. The beauty of the new moon is that it thins down the desire body, Kama Sarira. If you regularly meditate by new moon, you don’t have so much desires.

If you go to a mall there are so many things and what was not earlier planned is also bought. You go for one thing but buy something else. Only by seeing it you buy it. It is very common with the ladies today and the man will not accompany the lady, he is afraid of his wallet.

I don’t think of man and woman. The woman is that person who goes into a mall and comes out with unwanted articles, whether is it man or woman. The one drawn by the world is woman; you don’t go by the form but by the nature. It is many men who buy more than the ladies, and there are ladies who buy more. The one who comes with more material is drawn by the world. You keep on buying and the houses are filled, the bathrooms are filled with clothes, everywhere it is stuck. This is indicative of our desires. The problem is, the desire body want it even if you don’t need it. You have a morning buffet, you eat more – do you have such a variety at home? Once they are available do you still remain simple? Even if there is the availability and you don’t take it that is beyond the desire body. If you have excessive Rajas there is an itching in you.

The Lord is also Lord of desire, Kameshvara. You cannot desire for the sake of desiring. Buddha’s teaching is very wrongly given: Kill desire. There is no killing. The doctrine is harmlessness; you can harm yourself in the name of harmlessness. Buddha never said “kill desire”, it is the followers. The problem for any Master of Wisdom is the followers.

Excessive desires have to be burned. When the desire body is drawing all your energy, you become devitalised. The desire is like a vampire on the vital body, a parasite. If you go to the forest here, Makuko, there are so many parasites; they live on huge trees and suck from it. Like in the story of elephant and crocodile, the desire body sucks on your vital body. It is the vital body that gets weakened through the desire body. It is the vital body that builds your body of light. “First I will treat your prana and then teach yoga. With a good vital body I will build your body of light,” the Master said.

When it comes to new moon, meditation will thin down the desire body. Then it can be followed by the practices of full moon. It is only to experience the light in the body. The purpose of new moon is to reduce the desire body; the purpose of full moon is to build the body of light.

The importance of full moon and new moon shall be known to all. The new moon is to reduce the desire body. The decreasing phases of Moon, you work with new moon meditation so that the desire body is thinned down; then for the next 16 phases you build the body of light, the word of sixteen letters. The sunray comes down to build the body of light with the help of prana. The cycles of full moon and of new moon are very important for temple building.

Cycles of new moon would enable us to turn inward. Cycles of full moon are important of building the lighted bodies. It is all a very methodical practice. It is a hard work. In the day hours the yogi works outside. How many new moons and full moons in a year? 12 full moons and 12 new moons. There are 24 lunations in a year. Full moon and new moon alternately happen. That is called the floor of the temple. Unless we prepare the ground, how can we build the temple? In all good temples there would be a field of black and white squares. They mostly had rectangular rooms, not square rooms. They bring in more energy. If it is in an eastward direction, a rectangular room, the relation is 2 inch to three. Two units of width and three units of width. When you find a floor with 2 to 3, it is the measure of the temple. Be it a church, be it a temple, the width should have this relation; then it is in tune with the solar year. As soul our body should be in tune with the solar year. There is a rectangular floor, that is the year. The year has a great detail. It is a special science by itself. It is like preparing the floor of the temple if you follow the cycles of new moon and full moon; if you don't do you have not even done the ground-laying.

If you go to a masonic temple seldom a mason knows what is the basis, that the black squares represent new moon and the white squares the full moon. Not knowing what it is, if you do what will happen? If you don't know how to cook and cook, who will eat it? You need to know the how of it. The fundamental of temple building is implicitly following the new moon and full moon cycles so that we prepare the ground.

In the afternoon, we will have some more dimensions. I close precisely at 11 am because our group members have planned me for an interview for a grand work that is planned. Namaskarams.



## Friday, 22 June 2018, afternoon

To whose temple the Arch is starlit,...

Metam Me...

Hearty fraternal greetings and good wishes to all the brothers and the sisters.

In the morning at the end of the teachings we were speaking about the rectangular ground of the temple and we have to prepare the rectangular ground with the 24 square which are alternately black and white. They constitute a year of 12 months with 12 full moons and 12 new moons which provide ground for 15 ascending moon phases and 15 descending moon phases. There is in creation what is called the play of light in terms of expression of light and withdrawal of light. Every day is also like that. There is an expression of light and a withdrawal of light. Every day is followed by night; every night is followed by day. Every full moon is followed by new moon; every new moon is followed by full moon. The creation is based on the law of alternation. It works in the biggest and in the smallest cycles in the universe. The smallest cycle is the winking of an eye. When you blink again, you open the eye. That is the smallest cycle. If we observe, there is also the law of alternation relating to our respiration – we breathe in and we breathe out. We cannot breathe out for a second time without breathing in. Contraction and expansion happen all the time. When a universe expresses it is bound to withdraw again into itself. Everything that is given birth to has to find its culmination in its death. Every dawn is a promise or prophecy of its setting.

This law of alternation is the most powerful of all laws we have in creation. All appears, grows, reaches optimum, recedes and disappears. In the seed of the tree the tree continues. This law is known to build the personality in us. It should also be in tune with the alternating law. There are

activities where you receive and there are activities where you distribute. We receive to distribute. We should know when we receive that it is only for distribution. We cannot hold it. If you receive air into you from the outside, you cannot hold it. Likewise, when you release it, it cannot stay in the phase of release all the time. In everything we do, there is a beginning, growth, maximum, withdrawal and disappearing. The solar year or lunar year gives us the message that every spring will ultimately result in the fall. The year begins with the spring and ends into the fall. The life currents in the universe, the solar system, in our own life – alternately you have the expression of life and the withdrawal of life. When there is expression of life you move with it. Whenever there is an expression of life or withdrawal of life, you also express or retreat. This is called in the wisdom science “setting the sail according to the wind”. If you set the sail not according to the wind, your journey will be full of troubles. There are times where the tide is in favour. Then it builds up. There are times where you don’t have the favourable wind; then you consolidate whatever is built up. Again when the times of expansion come, you follow the time. The times and tides have to be observed in life. Time moves like tides, forward and backward, meaning, there is retreat of life and also expression. In the morning there is dawn, after 6 hours it reaches its height, now it is retreating; at retreating times you cannot get into expansion. When the Sun set, there is darkness.

The ancients have understood the dimensions of time and accordingly set there are activities. There are four quarters of the day, of the month and of the year. Every year there is a retreat of light from now on in the northern hemisphere. The coursing of the Sun relative to the earth is to the south and then it is coursing to the north. You have to move accordingly, you cannot move against the tides of time. You should observe the tides of time and accordingly set your sails. When the Sun is coursing to the north, your energies rise up, for the entire planet. The 22<sup>nd</sup> June, there is another coursing of the Sun. The Sun represents the soul, I AM. As Sun moves in the northern direction you can also move into the northern direction. That is how the seers were ascending into the higher circles during the northern coursing of the Sun, and during the southern coursing they brought down the energies of the Sun and conducted the activities. Six months you find northern coursing of the Sun. From Sagittarius onward you prepare to move upwards. From Capricorn to Aquarius you move to the centre of the forehead; then at pass-over, you can pass over.

It is a festival which existed from the very beginning of the planet, not just from the time of Jesus the Christ. It is ascending of the Sun from 22<sup>nd</sup> December. The rays of the Sun is the blood of the saviour, not just the birth of the Christ. It is great ignorance to limit the understanding to just his birth. He is born in the midnight hours of 22<sup>nd</sup> December, not 25<sup>th</sup> December. 22<sup>nd</sup> December is the drama of the birth of the saviour, the saviour is the Sun because from that day he moves upward and the beings can experience the upward direction. It can be experienced from the beginning of 22<sup>nd</sup> December. Not only Jesus was born on 22<sup>nd</sup> December but he fulfilled the prophecy. Jesus Christ followed the dictates of time. If you wish to be a man of magic who can transmit light, you have to fall in tune with time. The ritual of 22<sup>nd</sup> December is called... in Sanskrit. From the tropic of Capricorn the Sun returns to the tropic of Cancer. From tomorrow on you feel that the Sun is moving in the downward direction. The spirit then descends into matter. In the Old Testament, the serpent goes down the tree; it is the serpent of time. In the Mayan pyramids the serpent is the serpent of time. The descent of the serpent of time happens according to Old Testament from Aries to Libra. Aries is seen as the highest point of liberation while Libra is the lowest point. We have to observe the cycles of time.

In the morning I introduced to you the cycles of new moon and full moon. But you also have to know the time cycles when you have to move up and when you have to manifest. Each time you move up we come back with a greater degree of light and then come down again. That is how the whole work is. Each time we breathe in we are breathing him into you. Likewise, every ascension is for incarnation to bring down the light. This cyclical understanding is to be known through the play of light and absence of light – new moon and full moon, ascending moon phases and descending moon phases. Through the descending moon phases the light disappears; you manifest. The creation is done by the laws of reception and distribution. We only believe in gathering things and not in distributing things. In nature whatever plant receives it distributes; there is no holding with any species except the humans. It is like breathing in and not breathing out.

There is a story in the puranas, where the Lord of Wealth, Kubera, he is in the north, and he is a good friend of Lord Shiva who is the most high among the Devas. He [Lord Shiva] is called Mahadeva, meaning he is a Deva to the Devas. Mahadeva is his friend and he keeps on



accumulating wealth. He goes out of order in the accumulation of wealth. It so happened after some time that there is no further increase of wealth. So he went to Lord Shiva: "I am no more growing in terms of wealth." Shiva said, "It is true that you cannot grow anymore unless you meaningfully distributed." But he was not inclined - who is inclined to share the wealth, and to share meaningfully? Mahadeva said, "Ganesha, just please him; invite him to your house and just satisfy him with food." If you share something you will receive.

Ganesha understood. He was welcomed to the house of the Lord of North. Ganesha, as a 5year old boy, came with him and told many stories of Lord Shiva. Ganesha said, "It is not enough to give me food but until I say, it is enough."

Only with food you can make people say, it is enough; with any other resource you cannot satisfy. There is a point where you say, it is enough.

So he was giving Ganesha food and he was eating and eating food without stopping. The entire wealth of Kubera was gone away. Then Kubera said, "I have no more." Ganesha said, "Don't worry, you will get wealth back 10 times more."

This story is told the children to learn the power of sharing. The story of robbing is the story of human history, of kings robbing, as an act of ignorance.

We have to understand the alternating currents. In life, there is a cycle of seven times seven years; until then you can grow and then you have to withdraw. You grow and then there is a time where you retreat. Every day there is a time where Sun retreats. The sunrays from after mid-noon are different till sunset; then again another energy till midnight, then again till sunrise. The first quarter is different from the second, from the third, from the fourth. We should know the related energies and plan our work. The opposites are complementary. The first quarter and third quarter are complementing. The second quarter, from noon to afternoon six is similar to from midnight to six morning.

Madam Blavatsky was given a symbol of the four quarters. They represent the four yugas, the four qualities in us; the fourth quarter is to do labour... We have to be an executive to bring the light down. In each one of us there are four qualities. First quality is infilling you with light. Therefore we start the morning with prayer, meditation to align with the divine; we fill ourselves with light. That is the priestly quality. Then you have to manifest it through the day. So you take to the second quality and try to translate the energy into work, the executive energy, the kingly way. Try to manifest the little wisdom we have. According to the wisdom we hold we initiate the wisdom of the light. First filling ourselves with light, then translating into action. The third state is exchanging resources of nature to refill the energies. There are exchanges in the body, he is the labourer. There is a function of .... According to the measure of light we execute the work. We are four-fold, the Veda is fourfold, the time is fourfold, every month is fourfold, from new moon to 8<sup>th</sup> phase there is a quarter. A month means a lunar month where you have four sets of seven phases of moon. From new moon to half-moon there are seven phases in between, then again seven phases from half-moon to full moon, then again seven phases. In 28 days, moon concludes a cycle. It is in tune with the periods of the ladies. The week is conceived not from Sunday to Saturday. We have to organise our day in tune with the changing energies. When there is an increase of light you have to receive; when the energies are decreasing, you have to distribute. It will help us to form a right basis to form the personality. There are cycles relating to Moon, to Sun, the ascending arc of the Sun, where we gain light; in the descending arc we manifest light, the light enters into matter. From Aries to Libra, the light goes from the highest point of light to the lowest point of light; it sets in matter. We have to, in tune with the energies around us, to do the practices. We are in Cancer now, not now already but from tomorrow morning – right now it is at 1 degree of Cancer. Our days are counted from sunrise on. From now on the Sun's coursing is beginning. We are to manifest more in the world. That is how we have to see it. Likewise there are other cycles relating to Jupiter, Saturn, Venus, Mars, Mercury, Moon. That is where astrology is relevant. You don't have to know the whole astrology at once. By following cycles, follow the Moon cycle, then the Sun cycle, then the cycle of Mars, then of Venus, then the cycle of Jupiter, then follow Saturn, 30 years cycle, then Uranus, your life time cycle. If you start with one you slowly get the taste for knowledge.

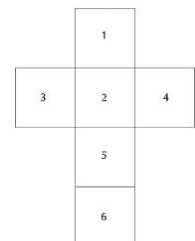
Once a disciple asked Ramakrishna, "How do we get knowledge?" Ramakrishna said, "Start to practice what you already know, then you will know a bit more, then practice more." If you have a torch light, it shows you just three feet. As much light it shows so much you walk. Like that you keep moving with the three feet. You will cross the whole forest with the help of the torch showing just three feet. We don't have to be worried, oh, so much knowledge. Even the best of the Masters

started with small steps of wisdom. If you do this, you know how to plan your year of 12 lunations of full moon and new moon.

If we make our group life in the rainy season you can't move to the Iguazu Falls. You cannot walk when it is too hot, too cold, too rainy. You cannot disregard the energies represented by time and yet build a temple. We need to be extremely attentive to the energies of time. We have to introduce ourselves to the knowledge of time, astrology. We all know astra, the science of light. In Sanskrit it is called Jyotish, the science of light. The Vedas say, imagine a person without the eyes; it is difficult. If you are deaf or lame, you can still manage. The most difficult thing to manage is the loss of eye. That is why the Vedas say, "What among the limbs the eye is, so is astrology for the limbs of wisdom." You have to know the science of planetary energies. These dimensions we have to slowly bring in to build the temple of your personality. You are not moving in the cycle of the year to build the temple. It is a profound science.

Therefore the square, the rectangles of light and darkness, of reception and distribution. That is why even a teacher is given a commandment: "As much as you receive you have to distribute again." As much you receive food you have to share again. You have to share the wisdom again. At all levels you have to receive and distribute. When these 24 squares are realised then you form into a cube. The floor of the temple slowly tends to be a cube. A cube is a perfect form, with four right angles on each side. A cube is alike on any side you place it. You put it upside down, it looks the same, on the right or left side, it is the same. A cube is a perfect figure that does not suffer inversion. It is equal to the properties of a sphere. A sphere in manifestation is a cube. Therefore when you are tending to manifest you work with a cube; if you are de-manifesting, you tend to a sphere. A sphere or a circle is to move into subtle planes. A rectangle or a cube is for manifesting, to bring down the light, to manifest the divine on earth. You bring your personality into a perfect cube when you manifest the 12 phases of new moon and full moon in a year. If you conduct yourself, you tend to be the 24 squares who take to 24 right angles. You become a perfect being. When the cube is found there is a complete manifestation of higher energy. People use cubes as a means to manifest energies in a temple. Therefore we are working with this knowledge to make our personality into a cube so that it does not suffer inversions. A person who does not suffer inversion is not disturbed by the dualities in the world.

There is pain and pleasure, loss and profit. The personality is built in tune with the tides of time. As much as your personality is formed into a cube so much you are able to manifest. Therefore the knowledge will survive the cycles of time. If you arrange the angles of the cube, open it on the sides - to the east you open it, to the north, the south and west - then you have six squares appearing as seven. There are four squares vertically and three squares horizontally. That is why the year god is seen as a man like this. There are 6 squares appearing like 7.



When a cube is opened, the cube is a potential cosmic man who presents itself through the year. The solar year presents the cosmic man in its completeness. That is how the symbol which is a Vedic symbol, it is also picked up by Christianity but it is copied from the ancient wisdom and a very poor representation, they tried to poor it over the Christ.

There is a regular manifestation of that which is a sphere coming down as a cube. There are 6 squares appearing as 7. From Aries to Cancer we have covered 90 degrees of the cycle. We can experience the sides of the cosmic man in a year. He is called differently every year. This year is called Vilambhi, every good thing is manifesting is happening in a slow manner. Even if you move very fast in a train you can't move faster. The same when you are in a ship or a plane. This year is meant as a year of slow manifestation, langsam, lentamente. That is why the Master says, make haste slowly. Develop the cube with the same energy of the temple ground. Then you can make progress with building the temple.

These are some dimensions for the building of the temple. There are many more dimensions. When time allows, we can continue with the teachings. For the moment we conclude, fulfilling a profound task. Thank you. Namaskarams.

On Saturday, the group went to the Brazilian side of the Waterfalls, and in the afternoon, there was the Annual Assembly of the WTT-Global with Master Kumar. Saturday evening there was a thanksgiving by the organising members to the Master and his accompanying team persons. All group members received a thoughtful gift by the Argentinian group – a little travel altar. A poster with

the signatures of all members was given to the staff of the hotel, which had been very attentive and caring. Sunday morning, the seminar ended with prayer and fire ritual.

