

The World Teacher Trust
108th May Call
With Master Kumar and Kumari Garu
Sadguru Tapovana, Bengaluru, India
May 27 – 30, 2017

Discourse 1: 27.05.2017

Hearty fraternal greetings and good wishes to all the brothers and sisters. We have ardently arrived here to participate in the May Call celebrations. A very special welcome to all of you on account of 108th May Call that we celebrate this year. In 1910, Master CVV, a very advanced initiate from the ashram of Master Agastya, transmitted certain energies which were received onto the planet from most high circles via the system of Sirius, Regulus, Uranus, Halley's Comet to our planet. It was an event that inaugurated a new age to all the beings and the planet itself. Master CVV has incarnated only with the purpose of distributing that energy to the planet and to its beings. Thanks to the electronic age created by the energy that has descended.

Master CVV gave mantrams in English; he mostly spoke in English during his conversations. He did so because he was informed by the Hierarchy that eventually English would be the global language. This was planned even before the advent of Master CVV and Master CVV tuned with that plan. That is why I keep addressing the May Call and December Call groups only in English and not any other local language. We celebrated May Call and gained wisdom for 25 years in the West and now this is the 5th year in Bangalore. No doubt that wisdom coming through Sanskrit is more profound but as per the plan and tradition picked by Master CVV, we learn through English. This will be so for all future May Call and December Call speeches. If necessary, you can arrange for concurrent translations in local languages but as most of you are comfortable with English and also my English is very simply to understand, it should not be a problem. Overall we should understand that Hierarchy has decided to spread the grand wisdom in English and that is why most of the dictations coming from Masters of Wisdom were in English, whether to Madam HPB or Madam Bailey or Master EK. Therefore there is a trend which is established and the Hierarchy would like us to walk more and more in that direction. So we should learn to understand English better and gain wisdom through it.

108 is a significant number. It represents a very detailed version of a zodiac. We know that the zodiac can be divided into 27 parts through the 27 Nakshatras, and each Nakshatra has 4 parts and 27 times 4 is 108. Each of these 108 padas presents us with a different energy. On completion of 108 years of May Call, a detailed transmission of energies has happened.

We call this energy the 'Energy of Synthesis'. Energy of Synthesis is that energy in which all is included and nothing excluded. As far as you carry in you an instinct to negate, you are negated because Brahman permeates everything. So learn to include everything and assimilate everything. Energy of synthesis enables to fulfil ourselves. It is called 'Poornatva'. Fulfilment is not possible if you do not learn to include everything. Rejection of things leads to division of energies in us. As far as possible try to say YES or at least do not say NO. You should have to see how to include something. The one who says YES as much as possible expands his consciousness more and more. As many times as you say NO, you are constricted and a negative energy occupies you. This principle of inclusion has been coming from the time of ancient most Scriptures. That is what we mean when we say "Sahanav avatu....." That invocation means that we are ready to include everything and see the ONE Brahman in all. If we just say without practicing it is not useful. We should keep attempting

'all-inclusiveness'. It need not be accomplished. The very attempt helps in expansion. That is what we see in the lives of Rama and Dharmaraja. Dharmaraja attempted to include even those who considered him as arch enemies. Rama too did the same with Ravana. He sent messengers to Ravana regularly asking if a compromise can be reached and war be stopped. So there should be a continuous attempt to include everyone.

Though we are all humans, we are divided by so many concepts in the present times. We distinguish by region, nation, language, religion, caste, gender, etc. The number of divisions that we have created is that we have lost the comprehensive vision of humanity. The Hierarchy always speaks for the humanity and not for a particular religion or sect of people. That is what we too should learn from them. Learn to see how much you can include and do not negate. If you find it almost impossible to include, you can say 'Let me think it over'. You may find a way to include later.

Brahman accommodates all. A Master of Wisdom accommodates all. We too should try the same. This is what exactly synthesis speaks of. You become fulfilled only when you can accommodate like Brahman. You should accommodate so much that it should become full and then spill over. That is how Master CVV interprets fulfilment.

Remember that the truth and the untruth is the whole truth. The division of good and bad is just a personal opinion. From the higher standpoint, there is no good and bad. Everyone descended from the ONE source. Positives and negatives are all part of the creation. There is no positive without negative. Both together form complete creation.

Therefore our objective is to include as much as possible. This is the only antidote to the work of Kali which is to divide. He creates lot of divisions even in one family. He makes people feel lonely. That feeling is created by our thought. Mind you, the more and more you get into material comforts, your spirit is divided. Material divides the spirit. The more you get into material, more the spirit is divided. That is how Kali is working by pushing everyone more towards the material world.

Hierarchy on one side is trying to unify at least one continent and on the other side Kali is trying to create more and more divisions. That is what we are seeing all around the globe. As long as Kali is at work, divisions keep happening. If you are divided, know that you are inflicted by Kali. If you are together, Kali cannot touch you. The failure is building walls. In the past, we had huge families with many people living together. Now the families are broken into smaller ones and even in one family, each one lives separated from the other.

When someone is trying to include you, you should allow just like so many streams are allowed to join the river. The fulfilment of the river is reaching the ocean. If it gets dried up before reaching the ocean, it is not fulfilled and not considered sacred. River joining the ocean is like the river joining the source. We too can reach our source when we learn to include. That is why in WTT, we are open to the teachings of all Masters. No teaching is rejected. Only then it becomes "The World Teacher" Trust.

There are two supra cosmic energies called Mitra and Varuna. It is the energy of Varuna that has descended onto this planet through Uranus. There are 7 senior solar systems which we call the Great Bear. Our solar system with another 4 form 5 junior solar systems. These 12 solar systems form one group which have a central Sun called Savitru. We invoke this Savitru in Gayatri Mantra. The Savitru is presided over by Aditya which is called Bhargo Deva. And Gayatri or Aditi is the primordial light which is the source of light for Aditya. We invoke all these 3 through the Gayatri Mantra. Then each of the planets has its own light. We might not be able to see it. Then there are beings on all the planets including the Sun. They are not visible to us. In this manner, there is grand knowledge relating to the whole creation.

For our solar system, the Great Bear is the Father, the Pleiades is the Mother while the Sirius or Dattatreya is the teacher. Dattatreya is the trinity descending as ONE. He is a substitute for the trinity. All the teachers culminate in the energy of Dattatreya. Dattatreya descended at a time of crisis in the creation. There were 2 different crises which happened at the same time to which Vishnu and Shiva had to attend and without them, the creation cannot function. That is why it was decided that a unified energy should descend to substitute for Vishnu and Shiva which came to be known as Dattatreya. So Dattatreya is the teacher.

Mitra and Varuna are called Ashwins. By invoking them together, the left and right become balanced in us. We do invoke them daily during prayer but we might not be so conscious while doing so. We say "Sham no Mitra Sham Varunaha" and the rest of the invocation is also very profound.

Coming back to the theme, the energy descended from Varuna to Sirius and then descended onto Uranus. Uranus is the planetary principle of Varuna. It works along with Neptune and Pluto work for the 5 junior solar systems together. From Uranus, it entered into Regulus which is a part of the Leo constellation. Through Regulus, it entered our solar system and reached our planet through the comet Halley. We should recollect these steps of descent of the energy on a regular basis.

And Master knowingly received the energy. He came much earlier knowing the plan. Madam HPB predicted the descent of this energy in the 1890s itself. Master CVV is an advanced initiate in the ashram of Master Agastya. Master Agastya directly descended from the principle of Varuna. That is how it is all linked up.

So Master CVV was born in Kumbakonam and was waiting for the energy to descend. He received the energy on 31st March, 1910 and worked with it for 60 days to know its purpose. He performed lot of experiments with help from many Masters of Wisdom. And finally it was distributed to the planet and all its beings on 29th May, 1910.

To be able to receive this energy, an attempt to include is very important. If we are not ready to include, then we cannot receive this energy. If you prepare to receive the energy, then it descends into you as an influx and permeates each and every cell of your body. It keeps on expanding your activity until it becomes global.

Master CVV became the first medium for this energy which intends to quicken the evolution of planetary beings. He did many super-natural things after receiving this energy. From 1910 to 1922, he performed so many super-natural acts which are beyond the comprehension of ordinary persons.

This energy is what is actually called "MASTER". When that energy functioned through CVV, he became Master CVV. Later, we have Master MN and Master EK from whom the energy functioned.

Master chose 29th May as the day for distributing the energy. $2+9 = 11$. 11 is a Master number. The potency of CVV is also 11. May 29th falls in the month of Gemini. Gemini stands for brotherhood according to astrology. In the reverse order, Gemini is the 10th house which stands for fulfilment. So Master wants to create a brotherhood of humanity and lead them towards fulfilment. All great beings took the month of Gemini to initiate the humanity, be it Master Maitreya or Master DK.

Master CVV wants us to ascend from the unstable side in us to the stable side in us. To deal with the ever changing world, you have to be stable. To observe the river and its currents, you have to stand on its bank. If you are being taken away by currents, how can you observe them? That is what happens when we stay in mind. We should stay in Buddhi and work through the mind. Mind is a facility which can be utilized appropriately but you cannot stay in

it. You cannot be a good performer if you are in the mind. That is what Master says, "If the stage is stable, then the statue stands." Buddhi is a stable stage. Since we are accustomed to stay in mind, we keep on changing our stand and there is no consistency in our thoughts.

The symbol of Gemini has 2 pillars representing stability and mutability which are connected. When they are connected, then you can stand stable and work through the mutable. If you are stable, you can handle the changing world conveniently.

So there is the stable side and there is the unstable side which keeps on changing. It is natural for the unstable side to keep changing. You do not stay in that part. You stand in the stable part and observe the changing one.

So there are multiple reasons of why Master chose the month of Gemini to distribute the energy. There are many more dimensions of Gemini which give further ideas of why Master chose this month. We will continue tomorrow.

Kindly understand the path taken by the energy to descend from the supra-cosmic plane to our planet. When you recollect the path, you are lifted up much easily. When you don't know anything and you just say "Master CVV", the effect is very little. So know the energy while invoking it. Master CVV invoked the energy as "Master Namaskarams". Later he was instructed by the energy itself to change the invocation to "Master CVV Namaskarams". Master actually got lot of instructions from the energy and a book is also available about these instructions. The important thing here is to understand from where and how the energy has descended. We should know certain things before practicing. Don't just do without knowing anything. It is like cooking without knowing how to cook or driving a car without knowing how to drive. It might result in accidents. So know the Hierarchy of the descent of this energy and recollect it on a daily basis. We also recollect how the energy reached us. We received it from Master CVV through Master MN and Master EK. That is why we invoke them too.

If you are ardent in your prayer, you might receive some instructions from Master which are to be noted and followed. Those instructions are only for you. You need not show them to anyone else. In this path, Master deals with each one of us directly. This is a path of direct knowledge. So remember this and practice it knowingly.

The plan for the energy is to lift the whole planet and all its beings. We will continue tomorrow.

-Swasthi

Discourse 2: 28.05.2017

Hearty fraternal greetings and good wishes to all the brothers and sisters who have gathered here by the will of the Master to receive the energies of synthesis as these are distributed according to the plan. It is said 'the ascent of man is through women. The descent of woman is through man.' This should not be understood in the physical sense. The distributing energies are referred to as masculine energies while the receptive energies are referred to as feminine dimension of energy. By receiving, the descent keeps on happening. When you start distributing, the ascent happens. When you descend into mind, you naturally want to accumulate things. When you ascend into Buddhi, you start distributing.

We are always feminine with respect to higher energies. We receive from higher circles and distribute to the lower circles. To receive from higher circles, you need to stand in Buddhi.

Buddhi is the light of the soul. By standing in that light, you have to receive further light and distribute it to the surroundings. When you stand in mind, you tend to receive and not distribute. So that is the subtle meaning of today's occult meditation. These meditations were given Master EK by Master CVV.

So if you wish to be ascending, you have to ascend from mind to Buddhi. If you ascend to Buddhi, you do have the natural tendency to distribute. Every Master of Wisdom tends to distribute as much energy as possible at all levels, physical, mental and emotional. Distribution of energies leads you to the North Pole. Your North Pole is Sahasrara. If you keep receiving you end up at South Pole which is Muladhara. That is why Bhagavad Gita speaks of Yagna which means that we should lead a life of service and offering. In this world, from childhood, we are taught to only accumulate objective things. That is why we tend to be more and more feminine. In every way when we distribute, the ascent happens. A Master keeps distributing at all times. As much as he distributes, the nature accumulates more around him so that he can distribute further.

We think that if we give we lose everything. That is not how it works with nature. Nature gives you more as you keep distributing. The Master wants to distribute the energies of synthesis to us and uplift us to the Kingdom of Beauty. There are other kingdoms of beauty within us which are the 4 higher planes.

Our May Call is set in Uttarayana which corresponds with distributive or ascending energies. December Call is set in Dakshinayana which corresponds with receptive or descending energies. Master wishes to uplift us into the higher centres to purify us. The lower centres keep us attached to the body and bodily relations. The bodily relations are temporary. In the higher centres too we have relations which are permanent. Above the diaphragm is for distribution while below the diaphragm is for reception. We have to receive from higher circles and distribute to the lower ones. All those who are less abled are to be supported by taking the support of those who are more abled than us.

You can take the life of any seer or Master of Wisdom. Their life is only a demonstration of distribution of energies and wisdom. They do not hold anything in objectivity. They keep on distributing in the lower circles and nature keeps giving them more.

Lord Krishna speaks of Yagna, Dana and Tapas. Yagna means leading a life by helping others. You deserve to live in a body only as long as you are able to serve others. Dana refers to sharing and offering what you have, with others. You can help those who are in sorrow, those who are in misery, those are in poverty, etc. You should counsel them; you can pray for them, you can support them monetarily, etc. There are thousands of ways of helping the needy. The more you release energies from you, you receive energies from higher circles through your prayers. You cannot receive anything through prayer if you do not release energies from you. It is like you cannot inhale unless you exhale. If you are already stuffed upto the brim, what more can get into you? Your prayers and rituals are all useless. You seek lot of things but you are so full that you cannot receive anything. You need to empty yourself by releasing to the lower planes. Only then you can receive from higher planes. All the water that comes from above through rain, all the water is distributed for all the needy beings of the planet through the rivers and their tributaries.

Many people think that service was introduced by Christianity and no one else speaks of service. Bhagavad Gita asks us to lead the whole life as service, not just a part of it. Very few can understand and interpret Bhagavad Gita in the right manner. It has many dimensions to it. That is why it is considered the most sacred scripture and is present in all the ashrams of Grand Masters all around the globe. Master EK realised what Bhagavad Gita was only after the touch of Master Koot Hoomi. Until then, he knew all the slokas of Bhagavad Gita by heart but not the way he knew after the touch of Master Koot Hoomi. From then on, Master EK's life was full of service. He was always available to those who are needy. He just gave away

everything that he had when someone in need approached him. He never even had a house of his own. He used to say 'Why should I have a house?' He was living in the heart of the beings and he did not require a physical house of his own.

So what I wish to say that is we do develop this attitude of service and sharing in all aspects. The whole theme of wisdom is to offer to the lower circles by receiving from the higher circles. Then you are fulfilled in all dimensions. The Cosmic Person himself has sacrificed himself for the sake of creation. That is what we call Purusha Medha Yagna. It does not mean we sacrifice by killing ourselves or sacrificing some animal. It means that we sacrifice ourselves by working for the welfare of fellow beings. You offer yourself to the needy. Gandhi became Mahatma Gandhi because he offered himself totally for the independence of a country.

Our head needs to change. Our head is mostly after me, my family and my friends. That should change. The touch of the Master enables us to work for a larger whole. You need not exclude your family or close associates. They all are included in the whole. You need not reject anyone. We spoke of inclusion yesterday. So you include everyone in service. So we need a head cut. The head should totally change which means our attitude should totally change. You should think, "What is it that I can do to the surrounding life today?" That is the symbolism of head replacement of Ganesha. It is said that his head is removed and he was given a new one. The new one is one with a completely changed attitude. The same should happen with us. There should be a qualitative change within. People feel happy when someone says, "You are the same as you were 10 years ago." That is because people generally look at only things on surface. The change should be subjective.

It is said that the head is cut and the tongue pulled out and replaced by a tongue of wisdom. That tongue is referred to as a fiery tongue. In Christianity, it is said that Jesus gave all disciples fiery tongues and they spoke the gospel. If they really spoke the gospel or not is being questioned today but the symbolism means that one speaks wisdom. The fiery tongue results in speaking of wisdom which is freshly coming from that being and not a reproduction of something which is already present in a scripture.

So one should be available to the surrounding life at all times. Availability is the highest dimension of a Master. He is ever available to serve. Master EK was ready to receive telephone calls even during midnight because he wanted to serve even those who needed something at that time. That is why he was chosen by the Hierarchy for the Divine plan. The nature chooses such ones to work for its plan. We should follow such men of wisdom in aspects of wisdom and service. It is no use if you just carry their picture in your pocket.

So therefore the ascent is what we are seeking here. For that we have to think of the benefit of others instead of ourselves. Our prayers should benefit others. Prayers should not be for oneself. Prayers are heard when you seek for the whole instead of self. Gayatri mantra invokes light for the whole group. It is not for an individual.

So such is the work intended. This change is planned to be brought about by this energy. The work is so huge that Master EK called the work of Master CVV equivalent to the work of Lord Krishna. Lord Krishna helped in the transcendence of many beings just by his presence, when they had an attitude of surrender or offering. Krishna demonstrated at many instances that a sense of offering is the most important whatever you do. And according to Master EK, he did not find any difference in the experience of Krishna and Master CVV. It is the same. In what way is it same? It took me many years of contemplation to understand that. It is same in the way of sharing and offering. Prayers are fulfilled if you are ready to offer and share. The energy has come down to fulfil the beings.

This is 108th May call which means that in this time Jupiter has made 9 cycles around the Sun and it is now the 10th cycle. It was in Libra on 29th May, 1910. Now today again Jupiter

is again in Libra. We should have an inquisitiveness to know things and there are enough resources to know all these things. We can see the chart of the day on which Master CVV decided to distribute the energy. We can compare it with the position of planets on this year's May Call. We can know a lot of things. It is just the inquisitiveness that is required. In 1910 on 29th May, Moon and Uranus were together in Aquarius. The Sun and Mercury were in Gemini. They were making one trine with Jupiter in Libra and another trine with Moon and Uranus in Aquarius. This is how there was a grand trine when Master initiated. This enables the lift up to happen. That is how Master chose that date. Aquarius in us is at the top of the head. Libra is at the navel and Gemini is at the throat. So there is a lift up from navel to throat to top of the head. I would not like you to bore you with astrology but I would like you to understand certain aspects of the energy which is lifting up the planet.

And similarly the Sun was in the constellation of Ardra on that day (29th May 1910). The Sun actually enters Ardra every year on 27th May and stays there for 13 days. That is why we began our May Call celebration on 27th May. Ardra is a constellation which relates to the energy of Rudra. Every time during May Call, the Sun is in Ardra. It is a powerful combination.

So when the energy descended on 30th March, the moon was in Anuradha constellation. Anuradha is the deepest of all 27 constellations. That day was chosen because the energies have to make a deep descent onto the planet. There are many more aspects but I do not want to go into details. Things do not happen at random. These things happen according to a profound plan. We understand the whole plan only when we go into lot of details.

So the purpose of the energy is to transform the beings into changing their purpose of working for the humanity at large. Do not think that the energy works only with those who do prayers given by Master. There are many other scientists, innovators, etc. who are influenced by this energy.

So this is an Aquarian energy. It is meant to make a good combination of immutable and mutable. It is an all-inclusive energy and therefore all is included in it. That is why Master CVV never rejected anything. You may do anything you want along with prayers. The energy is all inclusive. The expansions happen very fast when this energy touches you. You should have the intent to serve the fellow beings. If you have the virtue, the nature brings the needy to you. This energy makes you a better server than before. That is why the prayers and service go hand in hand. The more you receive through prayers the better is the quality of service. The prayers have to be improved upon through service. The service has to be improved upon through prayers. Also prayers are a means to grant you with the grand wisdom. Lot of knowledge comes if you are regular in your prayers.

In the evening, we will see the knowledge comes to us through prayers so that we can all enter into May Call prayer tomorrow with the right intent.

-Swasthi

Discourse 3: 28.05.2017

Hearty fraternal greetings and good wishes to all the brothers and sisters. We are into the eve to May Call and we are in due preparation ever since the thought of May Call came to us and ever since we made travel arrangements and we travelled here a couple of evenings before and are orienting to the energy which we call the Master which is transmitted all over the planet from a great Master of Wisdom whom we call Master CVV.

I was explaining to you how the descent has happened from Brahman to Varuna to Sirius to Uranus to Regulus in Leo to Halley Comet to earth. The tail of the comet touched our planet on 30th March, 1910 at Kumbhakonam and Master CVV was already residing there for over 42 years. He was born in 1868 during the full moon hours of Leo on 4th August. He was already there since the plan was known to the seers of the planet much earlier. Madam HPB too informed her followers about the descent of energy. And consequently Master knew the purpose and he was ready to receive the energy at Kumbhakonam.

We know that there is a great cycle of 25000 years which is divided into ages of 2160 years. We are now in the Aquarian age which spans for 2160 years. These years are based on the movement of equinox around the zodiac. Aquarian age commenced from 1875. That is what Master DK informed us through his teachings. So it is all cyclical movement of the universe. In this Aquarian age, it is intended to lift up the humanity by the most high energy and there were lot of inventions that happened due to the visit of the energy. I listed all significant inventions that happened ever since the planet received the energies of Aquarius via Master CVV in the book "The Aquarian Master". So the work of this energy is to lift up of the beings into Buddhic or etheric plane from the mental plane. We have been working with mind for long years. The work of fire is now giving place to work of air which will eventually lead us to akasha.

Below the diaphragm, the fire prevails, above the diaphragm to the neck, the air prevails and in the head, the light prevails. That is how we have to ascend from earth to water to fire to air to light to higher circles. We have been living in waters for many years meaning we have lot of emotions. As much as man is emotional, he is in waters. Then slowly the fire took over. Thought is fire. Even now waters (emotions) too exist. We have gradually become a thinking entity from an emotional entity. It is a state better than the emotional entity. That you think, you reason out, that you plan, that you organise and that you are not as emotional as others.

So the work of this energy is to lift us up into the air. Aquarius is the sign of spiritual air. Gemini is mid-air. So the pulsating principle which normally exists below the diaphragm - that is so for all ordinary human beings - that should be uplifted to the throat and then to the head.

First dimension relating to this energy is to transform a person from self-centred to a person oriented towards welfare of all. Another dimension relating to this energy is that it lifts us up to a state of immortality. It gives immortality to all and realisation of Brahman to all. So Master promises these two dimensions to those who follow this path. Prayers enable you to experience immortality and Brahman provided you lead a life of service. This enables liberating the beings into higher planes and experience the Divine world.

Once this energy descended at Kumbakonam, Masters of Wisdom from Himalayan Ashrams started visiting the house of Master CVV during the night hours. That is what Master EK writes in the book "Master CVV". Their visits used to surprise Master CVV's wife Venkamma and she used to ask, "Who are all these beings?" Master told her that they are grand beings who work out the Divine plan on earth. So they received the energy and started working with it. There were two triangles were formed. One is with Lord Maitreya, Master Morya and Vaivasvata Manu. Another is with Lord Sanat Kumara, Buddha and Master Koot Hoomi. Together they formed a double triangle. Some more details are available in the book "Initiation: Human and Solar" about the energy of synthesis.

The descent of this energy was noticed by very few grand beings. So they came and received the energy. They frequently conducted meetings with Master CVV during the night hours. Mother Venkamma was a direct witness to all these meetings. So therefore the energy was picked up by the Ashram even before it was distributed to the planet. On 29th May, Master started distributing the energy to beings all over the planet. These dimensions are not known because they were secretly posited here and there. Even members of

theosophical society could not guess anything about the descent of this energy. They even prepared a medium to receive the energy but that did not happen as expected.

I wrote a book called "Nutana Yoga" (Telugu book) which contains 33 dimensions of this energy of synthesis. One can refer to it for more details. Also the book "Aquarian Master" has lot of details.

The most important part of this path is Prayer. Prayer is so complete that anything and everything can be achieved through prayers. That is what Master EK told us after coming in touch with Master CVV. We know very little of the work of this energy. The Hierarchy worked with this energy from 1910 to 1945 for 35 years. And during this period two world wars happened which the Masters saw as a cleansing phase. After the Second World War, the energy was distributed to the planet again.

We should not be satisfied with what we already know. We need to keep on contemplating to understand different dimensions of this energy. Depending on your intent and depth of aspiration, many new dimensions may be revealed to you. Normally Master CVV is not expressive. He remains mostly secretive. That is why seldom Master CVV appears in our discourses. Only during the May Call and December Call we talk about Master CVV and the energy. Other time we dwell in other aspects of wisdom. Without Master's will, we cannot think of him or speak of him. Even prayers happen only when Master wills. If you are not able to do prayers regularly, understand that your daily activity is not in tune with what Master would like you to do. Once you become regular with prayers and they are ardent enough, then you start receiving instructions and teachings from the Master. The prayers enable us to receive impressional teachings from higher planes. That is how Master EK received dictation of Spiritual Astrology from Master CVV. It is an impressional teaching.

The instructions are to you alone. They need not be shared with anyone else. They do not apply to others. They are not relevant to others. It is like the prescription of a doctor. Every patient has to get his own prescription from the doctor. You cannot take someone else's prescription and follow it even though the disease may be the same. So you do prayer and receive your own prescription and follow it. This yoga works on a one to one basis. There are no middlemen in this path. There is God in each one of us. So you are in one to one relation with the energy and you receive your own instructions. You may carefully follow them. Unless we are regular in our prayers and unless we intend to transform ourselves, Master will not work with you. A Master of Wisdom will not work with an unreliable person. So reliability is what is first tested. Once there is reliability, instructions start coming. There will also be teachings from within which relate to theology present all over the globe.

The astrology received from Master CVV by Master EK covered all aspects of astrology which were developed in different parts of the globe. Even the wisdom coming from Master CVV is global because he wants us to be world servers. Wisdom and service are more important than forming an organisation for service. Organisation and beings its members is secondary. You may be a member of WTT but what is more important is knowing the World Teacher. You cannot understand the World Teacher in complete but knowing some aspects of the World Teacher will uplift you. No Master of Wisdom can be comprehended in complete.

So anyone following a Master of Wisdom is following the path of truth because every Master of Wisdom is a representative of the one truth. Master CVV too leads us to the same energy. He wishes to link us up to THAT. That is why Master CVV told his followers not to concentrate on his picture. You can look at the picture and invoke the energy and then just observe what is happening within you. Just remain an observer.

Master CVV promised that there is no death to those who are associated with this energy. He mastered prana and demonstrated that prana can be controlled as per will. He

demonstrated that people who are dead can be brought back to life and he demonstrated it himself 18 times. Master promised that he would make adjustments in our planetary energies which cause trouble to you.

He will ensure that karma is not as intensive as it should have been. That is why he used to say "Do not look to your chart if you have confidence in this energy." So we need not worry of astrological predictions based on our charts. There was one who came to know that he would die at so and so time based on his chart. He wrote to Master CVV and Master replied saying that "as long as you are with the Master energy, planets do not function as they should be but they function as per me. So do not worry about your death." The exact letters that were exchange between Master and that person are published and you can refer to them.

If you are regular with prayers, he will make wonders happen through you. I am an example. Is it possible for a person with accounting background to speak about profound aspects of wisdom at different places all over the globe? Yes, it is possible if you are with the Master energy through regular prayers.

Remember that the energy helps you relate to Brahman. You should not get stuck with forms. A Master of Wisdom is a representation of Brahman. That is why Master says, "Do not concentrate on my form. Observe the work of the energy within you." Do not seek glory on the path. We should always remain grounded. If you do not seek glory, Master tries to glorify you. Even when you gain glory, you should attribute it to Master. That is why Jesus says, "The father in the heaven wanted to glorify the son and he gave eyes to you". He said so when someone got eyes by his touch and that person said, "You are God." Jesus said that he was an instrument of God, a son of God.

Another statement coming from Jesus is, "The humble are honoured in the kingdom of God while the proud are humbled." So one should be as humble as possible. You should not desist to realise the Brahman. If your prayer happens properly, you generally do not exist. You are absorbed into the energy. In that state, the adjustments happen much better. Master sets us aside and causes adjustments. Just like a mechanic makes the owner of the vehicle sit aside while he repairs the vehicle. If the owner also wishes to participate in repair of vehicle, then repair won't happen properly. So that is what Master does during prayer. He makes you lose consciousness and repairs your vehicle. That is why prayer should happen and not to be done. We just initiate while the rest happens.

As prayers become regular, we tend to be more and more silent, we tend to be more organised, we tend to be more and more with the essentials and not with the non-essentials. Master cuts you off with all non-essentials. He doesn't let you get into areas which are not essential for you. If you enter unnecessary areas, you create more karma. He will make sure that you will not create future karma. Your food intake is also regulated as per your need. Master regulates your life in all aspects. Your movements are regulated. Your old associations are cut off if they are unnecessary. Activities of socialisation are generally cut off. He has the best ability to scissor. He cuts off all unnecessary associations, movements, speeches, etc. Then transformation becomes easy. Even if you want to do something or meet someone, you cannot meet if Master does not want you to. Master EK was not available to all those who wanted to meet him. Unless there is a right purpose, one could not meet him.

So your life is slowly tailor-made to relate only to the essentials and very few non-essentials. Only those associations which are essential are allowed to happen. Gradually your life style is totally transformed. People who observe you as a person feel that you are quite a changed person. This is what the compassion is that he totally takes care of you. He becomes your custodian and he ensures that in every facet of your life, you attend the essentials. Everything is allowed to moderately happen. Your time with the family is limited to a

moderate level. Same with all other associations. There are no rejections but everything is regulated as per the essentials. So you just surrender to the Master and he will take care of everything.

Master CVV said that he will ensure that if you need a favour from someone, he will ensure that the other person will come to you with some need. That is how he ensures that we need not wait at the door of a stranger seeking some favour. He will ensure that you need not ask. He wishes you to offer. As much as you offer, so much the Master stands proximate to you.

Master also has a peculiar way of neutralising your karma. He can make karma to be neutralised without the event actually happen. He just puts the psyche to experience the karma without that event really happening. You may experience that in a dream without that really happening. That is how karma neutralises when you are with the Master.

Every Master takes complete care of disciples who are close to the Master. Closeness is not physical but closeness in terms of acceptance of the Master. So such are the dimensions of the Master energy. We will continue tomorrow.

Kindly go through the books which I have referred to if you wish to know more about the Master. Do not just read the books, study them. Studying is different from reading. Studying should be such that you will not forget what you studied. You should have time to study books. At least 15 minutes a day study a page of a book but don't read it as a newspaper. Let it be studied, let it be retained and let the operative part be translated into action.

-Swasthi

Discourse 4: 29.05.2017

Hearty fraternal greetings and good wishes to the brothers and sisters. It is by sheer grace of the Master we respond to the call of the Master and participate in a congregational prayer. All over the globe today so many groups ardently participate in the Master May Call. I have many messages coming from many parts of the globe from many groups seeking the grace of the Master for May Call. It begins in New Zealand and Australia and then we do. In about 2 and half hours from now, in the European continent, many groups carry out these prayers, and then after 9 hours, groups in the American continent conduct these prayers. The purpose is to lift us up from the state of being mental to the state of being in Buddhi. The lift up can be done in a variety of ways. It is the eagle that leads us into the higher circles. Today's occult meditation tells us that the ascent of man is through eagle.... Every time we have the same occult meditation for May Call. We should understand that serpents crawl and they are different from Nagas. Nagas are divine beings. There are beings who work for just bodily fulfilment and they are the ones who crawl and they remain only horizontal. All animals have a horizontal spine and only humans have a vertical spine. So man has the possibility of ascent. Naga is different from the serpent. It is a combination of serpent and eagle. It can move both horizontally and vertically. That is how a yogi can operate. He can work in both the objective and subjective.

A serpent moves in coils. That is how our lives go on in cyclic manner doing the same thing again and again in every life. Garuda Purana says that every being has 1.8 million lives given for each being and that is the scope for each one before we are fulfilled. Some might be fulfilled before that depending on their speed of evolution. We think that everything is limited for us and as a result we move in cycles. The limitation is due to our thought.

We have been meeting for May Call and we meet again next year. It is a cyclically movement unless there is an expansion that is happening as time passes. Then movement becomes spiralic. That is how eagle moves up though it cycles.

Eagle and Hanuman are the two principles that can go upto the 7th sky and come back to each. So each time we meet for May Call there should be some expansion in terms of consciousness and comprehension. So today's occult meditation depicts the very theme of Master. Master causes that expansion within. The beauty of the Master is he conducts everything within us. Pranayama happens during prayer. The eagle or Hanuman is the pulsating principle in us. That can lead us up. That is what Master does using our pulsating principle. We have to move from fire to air and then to light and then to the source of light. The eagle leads you through this path meaning the pulsating principle enables you to ascend.

As per yoga, you have equalised Prana and Apana into Samana. Then take up Udana and go up and reach Vyana. That is a big process. But it happens differently with Master. He does not ask us to do all this. He will come down and lift us up. He asks us to sit for prayer regularly. He will do everything and let you know everything that is happening. According to the state of your being, things will be revealed. His idea is that if a child is lost in a big city, it is easy for the father to find the child than for the child to find the father. We are all their five year old children lost in our worlds. It is easy for our father to pick us up. That is what the Master says. For him it is easy to locate and ensure that you reach the father. For us, it is difficult. At the end of fire ritual, we utter "Agne Naya Supadharaye..." which means that we are requesting Agni to lead us in the right path because he knows all the paths in creation. We simply utter and because it is in Sanskrit we do not know the meaning.

Master will lead you all the way. We just need to surrender to him. That is what Krishna tells almost in the end of every chapter. You cannot do everything so just surrender to me and I will take care of you.

There was one initiate by name Asclepius in Europe who built a huge healing centre. There used to be lot of serpents around that place. His disciples asked him, "Master! How can we save ourselves from the serpents around this place?" He replied "Do not worry of these serpents. Worry of the serpents with many tongues that are around you." He was referring to the human beings who speak with many tongues.

Regulating our speech is very important. The same tongue cannot be used for chaste and unchaste sounds. If it is so, it means that you have a double tongue. That means you are a serpent and you can only crawl. That should change. We cannot chant mantras and criticize someone with the same tongue. By criticising others, negative energies take over your system. The rule is that, speak the truth and speak it pleasantly. Otherwise just remain silent. You cannot make manipulative speeches and speeches that cause conflict if you wish to progress vertically. For our own good, we should overcome the instinct to speak ill of others. It is like a poison. So don't let this poison express itself. If you are good enough with your speeches and regular with your prayers, then he lets us into the experiencing of pulsation through prayer. You need not be perfect in your speeches. Being fairly good is enough because we have lot of concessions in Kali age. When the Master allows that experience of pulsation, the eagle starts functioning in us. The eagle leads you from limited to unlimited. That is how Garuda liberated himself and then his mother. Every person has to liberate himself before liberating others. Once we are liberated, we are given permission to help others in liberation. That is how Master MN received the permission from Master CVV.

Yesterday, we discussed that many great beings came to Master CVV's house to receive the energy and worked with it. They formed triangles and worked with the energy. All this information comes through prayer. That is how the book "Aquarian Master" has come to be. The Master will teach you everything from within. He will give you intuitive ideas to perform

better in your profession. Likewise in every field, the Master helps you find new dimensions. In the process, you are taught lot of new things. In this manner, Master uplifts us in every possible way. That is the beauty. He says "I will take total responsibility relating to you. I am not the one who will advise you and leave you. I will come and receive you to me. "Miller form centre" is a great invocation. Normally a Master gives a technique to the aspirant and overviews as the aspirant practices. It is not so with Master CVV. If you go to a miller, he puts the seeds in the mill and flour comes out. The Master says "I am not like the general miller who just puts the seeds in mill. I will myself join the milling process. I will stay with you and ensure that everything happens." That is what miller form centre means.

Master CVV said that this energy will make transformation happen. It is a dimension of greater compassion. Master EK said "There is no one equal to Master CVV in compassion." His compassion is so much that he will take care of your total life. He will give you all ideas required for you to be successful in life. There are no middlemen. He will make you do things better if you are regular in your prayers. Doing and learning becomes very easy if you sit with the Master. You gain so many dimensions of wisdom by sitting with the Master. When he is by your side, you can do wonders. By your invocation, he will enter into your heart and work with you. Until you become equal to him, he will keep on working with you. You just need to keep relating to him. He enters into a partnership deed with you. It is a deed in which he works more than you but you enjoy the fruits of that partnership more than him. You surrender more and more to the Master and the Master functions through you. It is so with any branch of science. It might be astrology or healing or some other science.

When this grand energy descended, all the grand beings working on this planet for the welfare of the humanity came to know of it and visited Master CVV. This energy links all the Masters as it is the energy of synthesis. You can relate to other persons who belong to groups of other Masters. There are varieties of groups on the planet and with this energy, we can relate to all the groups because this energy is not a group by itself. It includes every dimension of teaching. You go to an ashram of a Master, you are well received there. It is because this energy is all permeating. I am telling all this for you to know the unlimitedness of this energy. There is no limitation to this energy. Just get into it and everything is revealed to you. He joins us. When I say "He", remember that I am referring to the energy. When you are with the energy, it is a continuous learning on one side and service happening on the other side. There are many things that happen simultaneously if you are with the Master.

So what I wish to inform you is take this prayer as a Master key to life. Not only this life but forever.

After the six Masters worked with this energy in a double triangle for 35 years, in 1945, Master DK started forming the groups of world servers through Madam Bailey. So this energy expanded in many ways simultaneously. Do not think everything happened directly from Kumbakonam. The network was already there and the energy just spreads.

That is the reason, wherever you go, all those who are touched by the teaching of Master DK, Madam HPB, Kriya Yoga, etc. join us easily because of the synthesis effect of this energy. That is why members from different groups can relate to WTT easily.

Master EK linked up this energy with the Vedic tradition. That is his major contribution. His explanation of Ramayana and other Scriptures is a synthesis of this energy with the wisdom coming from the Himalayan ashrams.

So this is mainly a networking energy and its purpose is to lift us up into air. It is to make needed adjustments in our body. He also made agreements with planets and makes planetary adjustments in us. He then develops the etheric bodies for each one of us. That is why you need not worry of your planetary positions. So do not interpret your astrological charts if you are in this path because they do not work as you expect them to work. There

are lot of examples which I observed. Even Saturn becomes cooperative because he is a good friend to Master. We need not worry if Saturn is entering our house. Even your death is postponed. You do not die as scheduled if you do regular prayers. Death waits until an etheric body is formed.

(Master is reading some of the dimensions of Master Yoga as given in the book "Nutana Yoga", Telugu book). 33 new dimension of this yoga are given in that book.

According to your surrender, according to your regularity, the five layers of your body are cleansed gradually. If you don't offer, Master will not do not anything. Master does not believe in forcefully doing. He will do only when you invite him. Brain washing is a crime from spiritual standpoint. Whatever we like, we try to push it onto others. A Master of Wisdom does not do that. He will not push anything without being asked for. He will not impose or influence. He will only inform. That is why the teachings are very gentle and subtle. They are not like a bombardment. Masters just express. They teach but don't intend to inspire. It is according to the listener that the inspiration happens. The teaching is like a clear water stream. There is no flood.

Master says "I have such respect for you that I will not step into your life unless you invite." He will only come according to you. As much as you offer, so much he will enter and function. Therefore do not expect an automatic functioning with the Master. Only if you are ready, Master will work with you. There is no gate crashing. That is the spiritual etiquette.

Another dimension Master says is, "As much as the Master graces you so much the abilities improve in you." Ability to teach, ability to heal, etc. will keep growing. Do not get into a glamour with them. They work only when the Master graces you. So be grateful to the Master. Do not advise people unasked just because you have the knowledge or ability coming from the Master. Just care for the presence of the Master and not the abilities that are bestowed on you. They are there only because of the Master. The presence of Krishna glorified Arjuna. He had lot of ability and many celestial weapons at disposal. He lost all the weapons and ability once Krishna departed. We should realise the same. Do not get the glamour of sciences. That is how many people get lost after entering the path.

Ultimate purpose of the path is to transcend death and realise Brahman. That purpose should never change whatever may happen in between. You may gain lot of abilities and knowledge but do not get lost in pursuing them. Just crave to be in the presence of the Master.

The all permeating principle of Brahman is always present in us within our cerebro spinal column. It is ever present with us. It is all times with you. In fact you are within it. The cerebro spinal system is the basis for the body and its movement. The prana comes from there. We should enter into that system. It is described as a single pillared column. When you are there, you are no different from Brahman. So think that you are a column of consciousness. That is what you actually are. You are not a form of flesh and blood. You are the basis for this form. Once you enter the column, you can experience the Brahman.

When we say "dip deep", we should imagine that we have entered into the column of consciousness. Then you can start conversing with the Master. You have such an excellent engagement once you have entered into the column. There is an encyclopaedia, a Wikipedia and a Google within. He can tell you anything and everything. He will show you what to read.

Anything can happen if you are with the Master. I once had to go to Mumbai and I had a flight to catch but my ticket was on waiting list 22. There was only one flight at that time to Mumbai. It was important that I had to go but it was an impossible situation. I just invoked the Master and went to the airport with that waiting list ticket. The check in was also closed but I approached the official there and asked if there is any possibility to catch the flight. The

official said "Just now somebody cancelled his ticket due to some emergency and left. You can take his place in the flight." That is how Master can do wonders. He can make the impossible the possible.

We will talk more about the column of consciousness and the etheric body formation in the evening.

-Swasthi

Discourse 5: 29.05.2017

Hearty fraternal greetings and good wishes to all the brothers and the sisters who have the grace of the Master which enabled them participate in 108th May Call of Master. We have come into the 5th session of teaching and we continue with the theme.

As I said in the very beginning, to see the one Brahman in all and to serve that Brahman who is in all forms and thereby gain experience of association with Brahman is the basic tenant coming from Upanishads. As much as we negate, so much we are negated. As much as we include, so much we are included. That is the theme of the universal life. And the energy coming as a fresh impulse from the Brahman has certain basic characteristics. First of it is synthesis. By this we tend to be more united than divided. Division is an aspect of Kali. We should be united with the surrounding life as much as possible.

The 2nd dimension that we discussed is about relating to the energy results in transformed of life from being self-centred to a life of service. This transformation necessarily happens when you work with this energy through morning and evening prayers. This is a dimension where you become a unit of life predominantly offering to the surrounding. All that is received from the higher circles and distributed to the lower circles through service and offering. This is the dimension which every scripture and every Master of Wisdom speaks about.

The 3rd dimension is this energy descends and transforms through prayers. When you start orienting your life towards service, your prayers also become regular. Master himself allows you to sit for prayers regularly. He says that he would conduct the energies within us for transformation only when you have enough quality to serve the surrounding. Otherwise prayers cannot happen regularly. The major problem that many face is irregular prayers, and it is simply due to the fact that you are thinking more about yourself and your family. If you are self-centred, prayers do not happen.

Why should the Divine give much strength and splendour to a person who is just working for himself? Divine is like a father who likes to bless the child who is working for other children. As much as you are for the general good, so much the energy descends into you. Therefore when people send me messages saying, "My prayers are not regular. What should I do?" I simply ask them to change their attitude and orientation towards their surrounding life. You should not exploit your surroundings by using all your intelligence. Your intelligence should be beneficial to the surroundings and not for exploitation. Most of you might be working in this direction but it should be remembered forever and demonstrated everywhere. This attitude is very important. If you have this attitude, the Divine wishes to associate with you.

Then when you do prayers regularly, slowly you invoke the sound, your eyes get closed and you feel a feeble current passing through you. You hear a humming sound within. As long as that happens, you cannot open your eyes. And then gradually you start receiving instructions from within. Whatever instruction comes to you from prayer is specifically to you. Slowly you are put to knowledge. The seeds of knowledge are generated from within and the elaboration

is found in the scriptures. During prayer, the body gains much heat. When a prayer happens, your body is far lighter than before. This is a tangible experience that you will yourself feel. The heat is generated and the body tends to be light regardless of your weight. The laziness in you is dispelled slowly. However lazy you are, it will be dispelled.

Then slowly Master gives cut off from all non-essential associations. He has a scissors for that. Only marginally non-essentials are allowed. You are not allowed to go to every function within social circles. You attend only those functions where you are really required. All non-essential activity is uncompromisingly cut off. There is a cut off with relatives and associations which are undesirable for your progress.

Then he advises you from within to regulate your food. As the instinct comes from within, you adhere to it more sincerely. You tend to be more precise than before. Your speeches are also much more precise. Your speeches undergo a change. You get a tongue which is much more uplifting than before.

Your speech tends to be more magnetic. You do not speak when not required. You can greet others first but remain silent after that. That is how Rama used to be. Movements are also regulated. Thoughts are also more sublime and divine. These are all the benefits that you get through prayers.

Then your prayers tend to be longer than before. They might go on for more than an hour. As long as Master is causing transformational activity in you, you cannot open your eyes. And general group prayers are more deeper compared to individual prayers. That is because the energy promotes group activity. That is why Master suggested at least 6 congregational prayers a years. What I inform is your prayers tend to be longer depending on your activity of movement, speech and thought. All this undergoes a great change when you tend to be regular with your service and prayer.

Master said that he would cause lot of adjustments. Gradually you can feel the adjustments that happened in you. You can also gain knowledge related to the constitution of man. This science will enable you to tune up your instrument to work with it better. The right books come to you and you start gaining lot of knowledge from inside and outside. No one can become an initiate by reading books. You are original and the knowledge should express itself through you.

The most important part of the human constitution is the cerebro spinal column. That is the only part required for yoga. Rest of the body is just like a football bladder which takes certain shape depending on the content within. Prayers enable you to enter into this cerebro spinal column. That is where we stopped in the morning.

Remember that while all this happening, service should happen continuously. Man should do tremendous amount of service before he transforms into a Master. Service should happen through various avenues. Service may be in terms of teaching, in terms of money, in terms of things, etc. Wherever you are, your attitude should be service. Then only you can experience the deeper side of your being. Then prayers become even more experiencing and you would like to spend more and more time in prayers.

When you are moving from heart centre to ajna centre, all the knowledge that you require comes to you. It is just the relation with the energy that grants you all the knowledge that is required.

As you move up during your prayer, the active fire (fire due to respiration) and latent fire (fire generated in the body cells) find their union and become kundalini fire. Then you see a light in you. You start relating to the light and the lift up happens. Then the matter starts transmuting. All body cells tend to be lighter. Consequently, they generate enough heat for

the transformation of the 7th tissue (Sukra) to transform into the 8th tissue. This 8th tissue is called Ojas. This Ojas transforms into Tejas. That is the 9th tissue. When that is formed, you are said to have settled in light. Only then you are eligible to teach or guide others in the path.

Then the light within gradually becomes a form and that is a lighted form which is called the etheric body. It is initially of golden light and later becomes of diamond light. Then you are again born in that lighted body. That is when you are said to be born again or twice born.

That lighted form is of the size of your thumb. You can sit in that body at the ajna and when the vibrations are highly intense, you find a way to go out of this body with that body. Then you can see this physical body before you while you are in the lighted body outside. So this is the theme that you form a body of light and further continue till you realise Brahman. That is what is promised by Master CVV when you are in this path. So we should not be satisfied until we reach that state.

In the past, men have been trying to transform themselves and that was happening at a very slow rate of 10 to 12 persons a century. And Aquarian age is mostly meant to aid a quicker transformation. The Brahman itself has descended onto earth to make this happen. We discussed how the energy has descended from Brahman to earth. I have explained how the Masters of Wisdom have worked with this energy in triangles.

So this energy causes transformation, transmutation and transcendence until an etheric body is formed. Another beauty with prayer is, pranayama happens effortlessly. He not only conducts pranayama but explains you all the intricacies of pranayama. You can find the same information in a book and you feel so happy to have experience what is explained by an initiate in a book. You should be fit to be transformed and for that you should change your attitude towards the surroundings. You should be ready to serve at all times. This attitude is enough for the Master to grant you to do prayer. That is why Master EK started Homeo dispensaries which would enable us to serve others in terms of health. Master DK says, whatever act you do, let there be a spiritual value added to it. It means when you do something, you should add value to it. It should be demonstrated in every small act. When you take an object from a place, it should be restored to the same place after its use. Every object to be thankfully restored to its place. In spirituality, everything is seen as organic. Things are also seen as beings. If you are regularly using a pen, you should set it properly, use it properly, place it properly and look to it like a being. This is what gives you precision and order. More the order, more the magnetism.

When things are arranged in proper order, there is an expansion in terms of magnetism. When you are not precise, the lack of precision appears everywhere else. People who are not precise make lot of mistakes. A Master consciousness does not make mistakes. There are lot of forgetfulness. Don't think you are becoming spiritual by forgetting. Forgetting is death. All these things should change. That is how everything is worked out as you progress.

Coming back to the thumb sized body, he has the facility to attend for service anywhere on the globe. Such ones are active even during nights. Such one goes to distant lands and serves during the night hours. You appear in others' dreams and visions. That is how the work as a medium starts. The book "Music of the Soul" introduces us this concept very well. That is the story of Giri Sarma becoming Master DK. Likewise double life starts. During the mornings, we work in the body while during the nights we work in distant lands with the etheric form as per the instructions. Once you move out of this body with a body of light, you resolve the myth of death. There is no more fear of death. The heaviness of a material body is not there when you are in the body of light.

Ever since the advent of Aquarian energy, new ashrams have been opened in the subtle planes where sincere students are taken during their sleep hours and taught there. These

teachings are imparted in the sub-conscious which come back to the students at a later stage. The benefit of teaching not only during prayer, it is very much there even during sleep hours. Sincere students are lifted up for teaching during the night hours. Depending upon the quality of your soul, you are brought to a certain Master. That is why before you go to sleep you have to be very ardent. You cannot watch a movie or serial until you fall asleep.

Therefore in night hours before you go to sleep, you have to orient to the Master you follow. Your bed room should also be prepared well. You should light an incense stick in the room so that it dispels the negative energies. And among the incense sticks, sandal is the most recommended because it also generates lot of will power. Do not get into sleep with stomach full of food. Let there a gap of an hour between food intake and sleep. Similarly, there should be a proper way of recollecting the Divine when you wake up. While going to sleep, you can relate to the pulsation as well.

These are all the dimensions which are found possible through the prayer of Master CVV. Once we have gained this body of light, you don't lose the knowledge that you have gained before. Whenever you are born into a physical body again, you don't lose the knowledge that you gained previous. You regain all that at some point of time in your life. That is a great facility as you need not start again fresh in every life.

Then the next step is realising the Brahman. You can be concurrently realising the Brahman. There are some who concurrently attained immortality and realised the Brahman. Master CVV will help you until you realise Brahman. So that is how the process happens. During these 3 days, we discussed how the energy descended, how it worked and how we are to work with it. The teachings are done with this discourse. Tomorrow there will be a question and answer session after prayer to clear doubts relating to the teaching.

-Swasthi