

The World Teacher Trust

51st Guru Puja Celebration / Seminar on The Pythagorean Decad

Visakhapatnam, India, January 8th – 27th, 2012

(These notes are only for personal use. They are incomplete and might contain mistakes, lp) The Seminar notes start on p. 29; the notes of Guru Pooja are very incomplete)

Tuesday, 10 January 2012, evening

The Guru Pooja celebration began with a little ritual at the Ganesha statue at the backside of the hall, followed by evening prayer. Afterwards Master Kumar started his lecture (in Telugu, translated into English, from there into German and Spanish; since the English is so low this text is a re-translation from German.)

Varatheha was able to lift up the earth, so he will also be able to uplift us.

When we pray to Varaha Murthi to uplift us how he sits on the throne of our heart he uplifts us.

A possibility to worship the lord is to lift him from the muladhara to the heart. It is also possible to worship him in the heart and start from there.

The Guru Poojas start 6 months earlier to do all the preparations. Those who are interested in the stage decorations get their ideas, in two times 90 days they prepare everything, clean the area, all this belongs to the endeavours for the Guru Poojas. Those who open up to this work receive grace. Since he is omnipresent the thought comes to us 90 days earlier what we do and how we do. Here all the prayers are done. Over the years people have enjoyed at this place the meals, now there are the prayers here. Each year there are other colour combinations. This year there are more blue and green combinations. We might ask why the Master has done so. When we see the blue we should think that it is the Master in the blue colour. We can think of Rama and Krishna in these colours. We should not think, why it is so, but just see the Master in these forms. When we only come here for three days and don't experience any change. We arrive very tired the first day and can experience how we change. We come with our own mind and within 3 days the Master has totally changed our mind. If he says, I have given you the presence, we should say, please give it more. We should be in prayer state during the whole day. The circle in prayer and meditation become more and more expanded, we should expand upwards. Expansion of consciousness, nothing else we should ask for. We should ask for enlightenment. There should be an expansion of consciousness so that we talk better. If we praise ourselves we inform the others that we haven't changed at all. If we behave like this we don't change at all. The divine beings did their fiery aspiration not for themselves. We should try to absorb something from the great beings. We should not seek the recognition of society. Master EK did not seek the recognition of society. We should connect to buddhi. The Master is not interested that we do travel to a Master; the Master does not need people being around him and praising him. The Master does not care if he is praised or not. As long as the disciple follows his advises he is happy. If our children unfold well we are happy. The Master is happy when we follow him. The Master wants that the disciple lifts to the... Not all teachers are Sat Gurus. The Hierarchy rejoices when a person is born a second time. The Master said, I will get you born a second time. The second birth is the real birth. We should try to be born into the light. When the inner light shines then there is the real full moon. The objective growth is not the only growth. It should be there, but the subjective growth should progress. We should not only enjoy the objective, but see the subjective and enjoy it. The unfoldment of buddhi is more important than the unfoldment of the mind. The moon waxes and wanes. When there is a hindrance in objectivity it is a signal to turn inward. We should decide again and again to do this inner work and therefore we meet again and again. Therefore we say Namaskarams to the Master that we have been assembled here.

Wednesday, 11 January 2012, morning

Welcome to the 51st Master CVV Guru Poojas.

The Time and Nature cooperate so that man and nature can be uplifted this year. Man is a unit of consciousness pulsating within consciousness. Consciousness descends through the solar ray and it

amasses matter. He lives in matter as consciousness to uplift humanity, which is deep in matter; this is the Divine Plan. Since thousands of years Hierarchy works for it. The energies of Agastya also cooperate in this work. A true aspirant is someone who does not enter too much into matter.

This year 2012 offers a great opportunity for aspirants. This way Time offers opportunities to aspirants and also festivals offer such opportunities. This year is such an opportunity. Its number is number five, meaning a number of a form of God, 2012. It is the number of the twice-born or the Master recalling THAT I AM. This He recalls permanently. We should be born anew in consciousness and not be stuck in matter. Number ten is the number of Virat Purusha, five is the number of his sun. Nature has made man according to his image and likeness. There is no other being so perfect. The divine beings are limited to their planes; also the lower beings. Only man can move on all planes. When humanity is plunged totally into matter, the Masters come and give us an occasion to shape our life anew through Yoga, and then it becomes possible for the Disciple to become perfect. The main goal of Hierarchy is not only to bring brilliance to objectivity, but also to lift him up into subjectivity. Those who think that objectivity is everything they are not able to understand the Master. Those looking at a Master only objectively cannot understand him; he talks like others. Only when we see him subjectively, he gains a radiant form.

Arjuna thought that Krishna is just a relative, but realized the Divine form in the crises. He could realize the divine form only when his inner eye opened. If we live only in the outer world, we cannot see the teacher in its true form. Therefore the Master says, "I do everything from within". He penetrates all the seven ethers. If you have such a Teacher, you should focus on subjectivity, not only on objectivity. The consciousness bound in matter should warm up and lift itself up from matter. The life of such an aspirant differs from all others. We have to think of this and keep this thought all through the year. We should develop abilities and competences, and also strengthen our abilities. A deep rooted tree is more stable. The growth should be inward and outward. That is the Path of Yoga. The teachings of Yoga should develop the taste in us so that we grow inwardly.

A chapter from the Bhagavad Gita was taken by Master EK and given out by him, and it is called Bhakti Yoga. And during this Guru Pujas we will hear the story of a World Disciple. We should not think they only come from India. There are many on Earth that live everywhere on Earth. One is Hercules, having realized the twelve sun signs, and he became a grand instrument for the Plan, and even today he is a great example for us. And besides him, we want to come to know many other example from the Bhagavata scripture.

When the Absolute man takes to form, twenty-four principles manifest. When they enter into the Cosmic Man they become a golden egg, called Hiranya Garbha. Fifteen elements came forth from him. About this we speak extensively on Sundays, and many of you follow it when talking of Bhagavad Gita.

We praise the Cosmic Person through the Purusha Suktam. When we sing Purusha Suktam, the Cosmic Person starts manifesting through us. When we sing Purusha Suktam, we should imagine how the form of Virat Purusha manifests in us. There is no sukta higher than Purusha Sukta. There are eleven thousand suktas in the Vedas, and Purusha Suktam is the highest. To understand Purusha Suktam, we should study and sing Sri Suktam. When we sing it with devotion, then the Cosmic Person and his light will manifest in us. Therefore, Master EK said, "Those who follow me should daily study the Cosmic Person". We meet the Cosmic Person in the twelve sun signs, when we invite the twelve energies into us, we will realize that Aditya and Me are the same. Aditya goes through the twelve sun signs and in Me consciousness also goes through the twelve sun signs.

We are now in Capricorn, the tenth sun. Ten is the sign of the Cosmic Person. How is it He has the form of a fish? When the forms of Nature are correctly arranged, He remains as ten. Master EK writes in "Spiritual Astrology" that the sun signs reach us, that the northern course of the sun starts on December 21st. Mind and matter descend through the ten sun signs. This is called Radhamadhavam. So there are many mysteries about the twelve sun signs. They are all in us. There is a sign called "the Club". It is our vertebral column. In this sign the energy descends. So we can observe the course of the sun, it moves from the head to Muladhara. In Sagittarius, in the thighs, it turns again and ascends above the head.

Camphor and salt are both white, but their qualities are totally different. Camphor burns, salt not. So enlightenment is totally different when we understand the Cosmic Person in this way, and how He moves, and we will also understand Hierarchy correctly. We know Hierarchy remains in the Himalayas, but by knowing their names, we don't know them. We only discover them when following their instructions. The Teacher reveals Himself when we follow His advices. If people don't stand up early in the morning for meditation, what can we do? It is only a dream. Dreaming of a meal is only a dream.

Hercules has completely the energies of the twelve sun signs. Therefore he is understood as a great Master. Therefore we have depicted Hercules on the book-cover, in the middle of the sun signs. He

leans on his club, that is his symbol, his strength and support. His club is the pillar upon which he relies. This symbolism is not known to many.

If we only see the form, we have a distorted system. There are many who fear the sound of thunder and lightening. We have a symbol on the book of a physically strong person leaning on the club. When we sing Purusha Suktam, we should imagine a glowing bulb. The spine is our support, onto which the body is supported. The elephant is very strong, but when a crocodile snaps it, it has no strength.

“Purana” means a very old story. Since the Purusha is there from the beginning of Creation, it is termed “Purana Purusha”. Hercules shows that consciousness is his support. So he has prepared himself a club. Only when we enter into the vertebral system, we start to glow. This only happens when we enter into the spinal column. The strength of the spine is the real strength.

The Greeks called Vishnu “Theos” or “Zeus”. When they mean “Teacher”, they say Jupiter. He is in us in our ears. He is in our Sahasrara, and from there He conducts the expansion of consciousness. He is, as Vishnu, in the heart, and, as Brahma, he comes to the four-petal lotus. When we say “Gurur Brahma” we should look inward. For a vision, we should look inside; if we look outside, the inner work does not happen. When we invoke Master CVV, we cannot open the eyes. This is true for those who really invoke the Master in this form, and the hands come together as a greeting of Namaskarams. When our inner mind is full of pure devotion, the connection is established.

When an elder person comes to us, one will stand up, out of respect. The king Dhuryodhana said, “When Krishna enters the hall, nobody is allowed to stand up”. All said they wanted to do what the king commanded. The guards informed that Krishna came and looked around, and Dhuryodhana was the first to stand up, and all followed him.

If we pray to such a divine person, we instinctively close the eyes and form the Namaskarams gesture. The Master said: “The more people do the prayer together, the more I give My prana”. If we visualize such a high being, our eyes close, and our eyeballs move upwards. This is a natural *mudra*. Eyes naturally close, and hands touch. This happens naturally, because Ida and Pingala come together in Sushumna. Closing the eyes and folding the hands happens naturally. Then the Master descends from Sahasrara, and expands his light everywhere. When this happens, we reach equanimity.

If a man realizes the consciousness within the vertebral column, he will transform from a very inspired person to a world disciple. Hercules conducted twelve works through which he became a semi-God. He worked with the twelve sun signs. If we do so we gain an eternal place in Hierarchy. The energies of the twelve sun signs together are called “Vasudeva”. To those whom the Lord wants to give His Grace, he gives the Vasudeva mantra. So He gave it to Dhruva. You get it through grace from the Teacher. Only a true Teacher can give it.

Master EK gave all the details of the twelve sun signs in “Spiritual Astrology”. In these twelve chapters of “Spiritual Astrology” he shows how the energies work out. He says: “They are from those whom I follow for those who follow me”. One should try to follow. To experience the blessings of the twelve signs, many meditations were given. We invite the energies of the twelve signs. The Anahata is the twelve-petal lotus in us, and the Master gets into this lotus in us, and all the energies of the twelve sun-signs are there in us.

Hercules has conducted the twelve works; therefore the Son of God was born in him. That is Jupiter. I will tell the story in this group life, not the entire story, but the essence. Hercules is not his true name. There was a divine man living on Earth having brought civilization to Europe, who lived 432 years. Madame Blavatsky wrote: “No one knows how”. He gave a certain wisdom and went away again. They called him *Hercules*. The Greek name is *Heracles*. There is a Sanskrit name for him, meaning “the world Disciple having submitted to the energy of the twelve sun signs”; he is called *Harikulesha*. In “Spiritual Astrology” he is called *Harikulesha*. Vasudeva is a form of the divine man and all those progressing on the Path are called *Harikulesha*; those following Vishnu are called *Vaishnavas*.

We have printed this book anew. In Switzerland, in Engelberg, we had twelve lectures on the labours of Hercules. Now, on three days, we will only start with it.

I remind you that we will survive 2012 and we will continue these talks. I spoke about it for the Western brotherhood, and they have published it in German and Spanish. Why do we speak about it after eighteen years. Hercules says: “I have lived twelve springs”. If you come to the Teacher, is like having lived through eighteen years. Three parts are hidden, one is visible. There is so much hidden in the suktas.

If we say 18 years, are they really 18 years? When we seriously strive to the Divine we are at that moment 18 years old. In the Mahabharata war 18 squadrons were fighting. The real name of Mahabharata is Jaya, the sacrifice. If you submit your life to the higher will, you are 18 years old, and that is the time to go the path of the 12 sun signs. All passes if we don't walk the divine path. Really living means to offer all to the divine.

Working for others is yagna, the real life for the true seekers. If they work they come to a path where there is neither birth nor death. There was a father who had conquered all the three planes, and the son refused. He said, “We cannot maintain all of it. There is a path where there is neither birth nor

death. And that is better.” If you make this decision you are a person of 18 years. The teacher gives 12 tasks. You should correctly fulfil them. A teacher doesn’t give a book that is great, but a work that uplifts. It is not for getting great. If you do it to become great it is not achieved. Krishna comes if you do what he did.

The disciple being 18 years old means, he has decided to be together with the Master, not needing anything else. It is only possible to walk with him. If the teacher wants he takes you. The teacher asked Hercules, Who is the father? Hercules said, I have not father, I am the son of a widow. Also Jesus said, I have a father in heaven. Rama, the Pandavas, they have lost their father. That symbolises, the questions comes that you want to know who is the real father. You should not kill the father. All Pandavas, Prahlada, Dhruva, all are sons of a widow. Prahlada got the information about his father while in the womb. Nature is the mother, God is the father. If someone asks us how old we are, we say it. Hercules said, I’m 18 years old. He was already married and had children. But if you are not ready you are not 18 years old. If you get 18 years old you can become a son of God. If you become a son of Krishna you are 16 years old. Krishna is always 16 years old.

Hercules says, I am a twin, but I have killed my brother. What would you say if he says, I have killed my twin? Everybody has a twin, we are 2, we have a relation to this physical form and are a soul. The wave coming from the ocean is the ocean. It is always the ocean, but the waves are different from the ocean. The world teacher can realise the Jagad Guru in all forms. All forms are different, they are only mediums. There are so many bulbs, but there is one electricity. It is easy to say, but difficult to realise. The teacher asked Hercules about his sibling, he said, I killed him, because he gave me difficulties. Killing in Greek mythology always means overcoming. We should not kill the serpents, but develop friendship with them. The personality doesn’t hear what we want, it does something else. If we propose to sleep early, we will eat late and go late to sleep. We know much but do something else. We all know that we should go to bed early and stand up early. The personality is the younger brother, but for us it is the elder brother. We do those things because it is our personality, but Hercules has overcome his personality before coming to the teacher. Because he is a truth seeker he does little and forms the personality.

The teacher asks Hercules, Really? And he sees that there still is a lot of pride in Hercules. The thought that we know this and this gives us problems. The teacher wipes all away and writes anew. When Hercules said, I have killed the brother, the teacher said, we will see. The teacher said, Who are you? – Heracles. The teacher said, Are you really Heracles? The name was given, but are you really Heracles? – That is my name. The teacher said, What else do you want to say? – I am married, have three children and a wife. The wife is the personality, the three children are the senses. - What else? – I have killed a lion when a king asked me. – You are very strong, but there is another lion inside. You have to become the inner self to kill the inner lion. - The king of lions invited me because he saw my strength, but I came to you because I am seeking the truth.

So a truth seeker is depicted. Father is a word for truth. Heracles has left the court of the king and said no, to come to the teacher to seek the truth. Hercules has resigned all this and said, I have visited the temple of the World Mother in Delphi – Delphi is like Varanasi. Hercules prayed there that the mother blessed him, and she said, You will meet the teacher and find the path. He said, I have found you through the blessings of the Mother. You find the truth through the blessings of the Mother.

Hercules said, my brother found the serpent, but I have killed it, and two more serpents. Time is the serpent, these are pain, suffering and good luck. I have overcome the dualities of personality. From birth on he and overcome it already because of his achievements in previous lives. Hercules also had the feeling of being very competent and said, I have killed the lion. But there were many things in the personality. The teacher was pleased because the Mother had blessed Hercules and the teacher knew it is the will of the Mother and granted him 5 boons. If we come to a teacher, the teacher installs 5 things in us. We will speak about it tonight.

After the lecture and the initiation of the young children into writing and intonation of the mantram OM Namah Shivaya, the stage was prepared for the fire ritual in honour of God as Lord Vishnu and Narayana. The melodious sounds of the mantrams vibrated through the air, while the flames rose higher and higher, and the Presence of the Great Ones manifested in the surrounding ethers as their blessings. About 3-4.000 members from all over India and from the West had assembled for the auspicious occasion of the annual Guru Pooja celebration, which was held this time for the 51st time.

After the ritual Sati Babu sung a song on Master EK and spoke some words about books of Master EK. Then Master Kumar presented the new translation of the book by Master EK on The World Teacher:

Master EK has translated 13 chapters and I have translated from the 13th chapter onwards. It is very difficult to translate the Telugu of Master EK, because he has his own expressions. Up to the 21st chapter I have translated it with Ramana. During this time we have prepared a new room of Master

EK. Ramaprasad got a lot of blessings from the Master. He stayed three days, and after three days Ramana and Joshi (Ramaprasad) went. Guru Prasad is deep in his work, and I asked him if we could go on – from the 23rd to the 31st chapter – we finished it. Translating a holy text is experiencing deep expansions. If you read the text you have the expansion of a film going on. Around the day of the birth of Krishna – Parasara has sacrificed himself for the body of Krishna. He intonated secret supernatural sounds to create the body for the descent of the body of the Lord. The elements of this body are much purer than the body we have here. The then World Teacher Parasara and others together with the World Mother.

Parasara started to create the body into which the avatar could descend, Krishna, through whom all the 16 splendours of God could incarnate. With this form Krishna killed all the demons. While translating there were very good experiences. When you read it you experience as if Krishna is being born into you. In this book such experiences are given. If you want to hear something about this birth, this book is very helpful.

Afterwards we sent the book to Bangalore to be worked over, and after the translation I sent it to Hyderabad to be printed. In the original Telugu book Lord Krishna is the World Mother in the form of Lord Krishna, with the World Mother in his heart. The demons on the left and the Rishis on the right side. You find the male-female part perfectly in him.

I searched a picture which looked male-female. Sanat Kumar from Hyderabad found a picture which looked male-female, he gave it. We made a white background and printed it black. The print of the books I gave to Mr. Raju, and we invited a person from the WTT group, Ajay, meaning someone who is invincible, to unpack the book. Those who are egoistic will fall, those who aren't egoistic won't fall. True courage and strength will be when one is without egoism and pride.

He has a lot to do and nevertheless came. It is the grace of the Master that he could come. He is like a beautiful flower. He is like a special Parijata flower Krishna gave to Rukmini. ...

Mr. Ramaprasad then spoke some words about his deep experiences when working for the book. "I read many books but never read such a book before..."

Wednesday, 11t January 2012, afternoon

Sivananda Murthi likes the WTT very much. The last time he spoke here many good words for the way WTT proceeds by bringing all rays to synthesis. This is the way we proceed, and he graces us very much. He is filled with much love to our brotherhood. We worship God in form and beyond form, and we worship God in every way. Out of the same consciousness different devas manifest from out of the same light. In the Vedas it is spoken of the same light as Aditi, Maha Vishnu etc. In all these names it is but one light. Because of this light we are able to do all. Internally we are this light. This is the meaning of Gayatri we sing. With this light forming from the background many light forms come having many names and forms. The background is called the absolute Light, we cannot make any concept of it, we cannot realise how he is, when all is dissolved. If we want to describe him, we have to take a distance, but this is not possible.

When Ramakrishna tried to describe it, he went into ecstasies, but fell silent. He tried 16 times and always he became silent and no more description was possible. When we describe sugar, we say it is sweet, but if we become sweetness we cannot describe it. About THAT speaks all our literature. Brahmarishi is a great seer who remained as the 10th and observes the other 9. He uses love and activity and sees how creation happens. Therefore we all have Nr. 10 and 10 is the number of Purusha, it is also called mandala. To see THAT in all is what the seers have given to us. We should see all as a play on the background of the screen. In WTT there is a place where people can show their worship because all are as expressions of God.

Sivananda Murthi has spoken about it last time, the synthesis of all concepts and all this synthesis can be found in WTT. Also in our group all come from different areas, beliefs and all come together in WTT. The WTT is a group that has far expanded. Not many know how much happens in WTT. Everybody considers his little work for all that happens. Every human being has a very limited understanding and like that one limits the WTT according to his understanding. It is all the blind describing the elephant as a tower etc. Humanity has always worshipped God in many forms and considered it as the best form. There are so many concepts of God. A religion is form, out of that you believe. If we have so many belonging to different nationalities, countries, it is all the same universal principle. Like that we also understand God. Who were the real followers? Those that know that God cannot be known completely but that you can live in the Divine presence. In Bhagavad Gita Lord Krishna sang, In all see to find Me, in all activity try to see and find Me. In this way no one is excluded. In this place coming together of all religions and activities we can realise the divine in all. There are many concepts of God here, but none is complete, but we respect all, do service to society and we respect in all we do the laws of Nature. In WTT we follow the age-old law that Sivananda Murthi said

about WTT, it has been published in a little booklet. In WTT one should be clear that many activities happen and one should not see oneself as all, we should see us as the rings expanding. It is a wheel without binding. There is a WTT we have created, there is a group of WTT by Lord Maitreya we have taken as inspiration. For this purpose Maitreya leads humanity since 5000 years and for this purpose the WTT was founded. Our aim is inclusion and not exclusion, for if we exclude we are no more in synthesis. When a person came to Shankaracharya from a low caste Shankaracharya wanted to send him away, but the man said to him, how do you want to exclude me? Here is a very important person, Subba Rao, who just arrived and he has always shown his friendship to WTT....

Wednesday, 11 January 2012, evening

We will continue to speak about the story of Harikulesha. We have spoken about what he had done before he formed his personality, how he never lost the control of personality and how he gained cooperation of the mind and the senses. In the dualities of life like happiness and sadness, we have spoke about his courage and strength and how he killed a lion that devastated the land and how he got offered an important place by the king and gently refused because he preferred searching the truth. He visited Delphi and worshipped the Mother and gained her blessings, and through the way she guided him he arrived to a teacher. Since because of his past deeds he was eligible, he met a teacher. The teacher who knew the will of the Mother could understand the situation of Hercules and started teaching him. He was there in the heart centre with 12 petals representing the sun signs, He spreads through our whole body and represents the 12 sun signs throughout the year.

In some people the divine has awakened and in some it sleeps, this depends on their personalities. Those who live in the inner the divine has awakened, and for those who live only in the outer it sleeps. In some it bubbles like a child, in some it has fully expanded like Purana Purusha, in people where there has been created an eternal link. We have the Manus, the Adityas, Rishis, Rudras, they are the sons of God. There are many more, like Kapila, Dattatreya, Hanuman. These are sons of God, people who have transformed their personalities to the divine. Just like an unripe fruit ripens, there is a transformation to become a son of God. This is presented in the story of Hercules, how to align to the 12 aspects of the year, how one can experience the full moons and new moons in these qualities. For these people who are totally aligned they always act in accordance with time and place. They understand their duty and act accordingly. This is called Vasudeva. (Upasena?) attaining the initiation into the Vasudeva mantram in the month of Capricorn, while the man wanders through the different sun signs one will be able to realise and assimilate the different energies. Such a person can only be prepared and guided through a true teacher.

The teacher observes Hercules, observed the different competences of Hercules and he gives him some presents. The presence of the teacher is experienced as an expansion of consciousness. While Kapila was teaching his mother he gave her his presence, the same was with Jupiter giving Hercules giving Hercules his presence. These 5 aspects awakened in him are presented as 5 gifts. Gifts coming from the teacher are not visible, but those who get them know it. He gained a golden breast plate, a protection of the heart, the second was a bow and arrow, the third a sword, it seems he gets weapons. The fourth were two horses, the fifth a robe. The breast-plate, sword, two horses, a bow and arrow and a rope, and he gave a further gift. He blessed Hercules that he could create himself a club. When the teacher wants all planets to cooperate, Vulcain, a planet realised by the Greeks, then Pluto and Neptune, Uranus. Only in recent times we included them in astrology. The Lord Vulcanus, Master DK says, normally we speak of 9 planets and 2 nodes. Master DK says there are 72 planets in the solar system and we only realise 7 and we have 7 days. In his Esoteric Astrology he says there are 72, small and big ones. Normally we give them the names of the discoverers. We just give some name, but they have different names. The planet Vulcain, Vulcain builds in us a very stable, fiery aspiration. In a Vulcain temple you find a plate with fire where fire is worshipped. The Greeks had very good relations to Nature and to us. They had stories of the 3 mothers and the 12 lights.

Jupiter got the breast-plate from Vulcain and gave it to Hercules. We heard that his name wasn't Hercules. The most important the Master does is to stabilise the mind, then you are stable on the buddhic plane and the soul is stable. When mind enters through the senses into objectivity it loses its stability. When we are well, we find Guru Poojas good, but when we don't feel well we get the idea we might have something better to do. The mind is not stable. We think we have something better to do. It is linked to the senses and chitta isn't stable. Buddhi observes chitta. The first the master gives is stability of mind.

He who gets near the Master has a deep inspiration and a fire burns in him, aspiration is to realise oneself. He first gets from the Master a stable mind and the place of chitta then is the heart. What is the use to put on a breast-plate like Hercules? We will fear someone would steal it and close it up in a bank. A Master stabilises a golden glow in the heart so that the aspiration becomes stable. This is said

in the first chapter of the Yoga of Patanjali and Bhagavad Gita. As the little dog ran around all through (in front of the stage) what can be done for him, instead of thinking of the lesson we get drawn away at the moment. When we have locked the house and don't remember where is the key; where is our mind? Those who are considered great in society are normally those engrossed in objectivity. When we see a new film we think we have to see it. We see 6 posters of films outside and we think we should see them. Should we see the entire program in TV? There are many here, when I switch on the TV many say, I have seen the films. We have time for this. Once we went to a city near Kumbhakonam. Someone said, I will get something good to eat. We had to walk a long way through a narrow staircase to a place where there was Gujarati food. He took me and my family. I could have eaten in the hotel, but we went to the place far away and there was just a small table.

All we see we want to have. Thus mind gets lost in objectivity. The teacher knows this and gives a breast-plate to the disciple. So through the touch of the Sat Guru the disciple goes only out when needed. He limits himself and uses the senses only for very limited purposes and has much more time for the exercises. Normally when someone says, You are hardly seen, we say I do the work of the Master. Many don't say so because they don't want to have conflicts with their relatives.

Once there was a person in a bank and there was the possibility to retire. He wanted to invest the money for his family to live. They asked him, what do you want to do? Only when he does a work in a higher position he can start to retire. We said, I will meditate more and dedicate to service to transform. I got enough money. I asked him, How much did you do during your work life? Only a little. When he retired he started to sleep for hours. We should not stop working, not sleep so much. I had to give him work so that he didn't sleep so much. 6 hours is enough, we should not sleep more than 7 hours. When the mind isn't drawn into a certain direction the energy of the Sat Guru helps us to dedicate to the activities of the Sat Guru.

The second gift was a sword. A brother once wrote to me, why Lord Venkateshvara has a double-sided sword. It is discrimination, discrimination is very important. See the correspondences. What is said here is also found in Bhagavad Gita. Also the Masters of Hierarchy hold Bhagavad Gita in a holy place and read a verse regularly. All members of WTT should read one verse per day. When this is done by the great Masters, how much more is it true for you. When Master EK wanted to read Secret Doctrine, the Master told him first to read Bhagavad Gita. We should read one sentence in the morning and think about it. The Bhagavad Gita has 7 layers, it is good that we go into one.

Master Jupiter gave Hercules a sword called discrimination, and two horses. Why 2? You cannot ride on two at the same time. The symbolism of horse is, it is a ray. 2 horses is 2 rays, one for life and the other for consciousness. The vital force is the basis for the consciousness to walk. The hint is in the symbolism of the 2 horses. He asked Mercury to give Hercules 2 horses.

Indra, the celestial king, has the duty to protect THIS, the creation. In each human being there is consciousness and vital force. Thus the teacher stabilises them. This is one explanation, there are also others in other scriptures. The teacher anchors in the student energies of different planets. Normally we think we know much about our teacher, but we know nothing about him. If with your limited consciousness you try to speak about him, you limit him by your consciousness. Master EK has spoken much about Lord Krishna, why not about Master CVV? It is utter ignorance if you think you can understand your teacher. A teacher only does what a disciple can understand. He gives discrimination. He unfolds discrimination in him, without discrimination the teachings of the Master is useless.

Then he anchors the vital force. Master CVV also said, I will give you continuity of consciousness and supply you with prana until you have gained stability of consciousness. In this story Hercules walks long distances by feet. When he has strong vital force he can walk long distances, otherwise he takes a car. There are days where we don't go to work because we don't have a car.

Pranava, OM, is the bow, therefore we say, Rama holds the bow. He who holds the OM conquers all, therefore we have the OM before we do anything. All begins with OM. OM is the sound. Every teacher gives a mantra and an instruction. Until one has attained perfection, these are the support.

In Mundakya Upanishad it is explained how OM works through pulsation. Not the head is the support, but the OM. All diabolics give the way free for such a person and the divine forces stabilise in the student. When we intonate the OM the diabolic forces disappear. When we sing OM continuously, all diabolic tendencies disappear. To attain the Divine it is enough to utter OM, like Krishna says in the 8th chapter.

On the basis of OM we can go out of the body and come back. I gave 8 verses about the greatness of OM. It is not new, but it is in the Upanishads, like much of the Vaisakh Newsletter. The bow is the OM, the one who does the OM in the Anahata shoots up like an arrow, he travels through the different planes and reaches the Sahasrara and stays with Brahman.

We should try to intonate OM deep and slowly and move from Muladhara to Sahasrara. We normally don't want to enter into the process. When we intonate OM with the right attitude we get stabilised in the Light. When we sing Hiranya Varnam Harinim (Sri Suktam) the golden light stabilises in us. Such a gift is given to Hercules. One gift is given by Venus, a beautiful etheric body should manifest, from the

physical body a body of light should develop. All great deeds will be done through the subtle body. The light from such a body opens the way to such a glory. These gifts the teacher has given to Hercules simultaneously so that these gifts can manifest. Jesus also receive such treasures when he came back from the Himalayas after he received the glorious white robe to which he often referred. This robe manifested the deeds. He got it during his stay in the Himalayas. Only when we get this subtle body we are twice-born. When we form this body we are called Rukmini, the one with a golden body.

We go to the teacher with many small desires, not with these great ones. Vulcain, Mercury, Neptune and Venus and he himself as sound were given to Hercules. He said, when I asked him, what is your name, and you said I AM Hercules. You should say I AM. I AM is the true name. Remember that you are I AM, all else you can leave away. THAT I AM is also THIS I AM. This remembrance is given to Hercules. The I AM is in all around and in you. Since it is in all, all say I AM. All I AMs have come down from the one I AM. They are not really separated. Like a wave seems to be separated from the ocean. In truth it is the I AM living as we. In the 8th chapter of Bhagavad Gita the subtle body is introduced. So we can connect it with the source. It looks like a cobra standing with an opened head, thus it looks. Some people get fear. Sahasra Sirsha in the Purusha Suktam means 1000 heads. The teacher gives the remembrance to the student that the I AM is in all.

Now I will give you some tasks, the teacher says to Hercules. When you have fulfilled them you will be fulfilled. Never forget the presence of I AM. Never forget the presence of ME, Vasudeva, in all. It becomes tangible through the teacher. This Vasudeva of 12 energies is also called the dodecahedron. The same presence is given through ME and through it you can fulfil the 12 tasks. If you fulfil them you will reach harmonious life as a manifestation of Vasudeva. Each task stands for a sun sign. I will give some hints for all tasks, all tasks, an entire description, would take an entire Guru Pooja. From tomorrow on we will speak about the 12 tasks.

We had a group living in Sri Salam and from it has come this booklet, it is a story from Bhagavatam. And here one of the famous doctors of WTT who devoted his life to homoeopathy, there are the homoeo lectures given by Rao, the lectures he gave on Homoeopath.

Thursday, 12 January 2012, morning

At the Master CVV Guru Pooja ceremonies on 12th January the 4th prayer was done in his presence. Today we have the water ritual, we have Rudra Suktam. This has been newly printed in book form (Telugu). After the planet has been formed and the first humanity appeared, Kapila for the first time has given the first teachings about yoga, rituals etc. The book has been published before under the name Sankya, the wisdom given at Lemurian times. The area of the Pacific today, the area we know as California was the eastern part of the country. We today still have there giant redwood trees and we look like little toys in front of these trees. All tourists go there when they are in California. We have a picture of such a tree on the cover of such a tree and Kapila meditating under such a tree. This book has been re-published in this form.

Then we have the hand-book for healers, this was earlier the book On Healing. Often healers told me, this is our hand-book, so this is it. Healer's Handbook. On the way from Master CVV healing is a process happening, it is a very old process, also the yoga of the Master is very old, he has given some techniques and made the way very simple. The text of the book has been given as a seminar in the West. When we have the divine presence in a seminar and given as a book, it appears as a book.

The book Sanat Kumara was picked up very good, so we have called this book Kapila. He taught it to his mother Devahuti, the one invoking the devas., Kapila is the very first teacher on the planet. Kapila sits in the 4 petals of the muladhara, he sits in the east, in the north ..in the South Dattatreya, in the north Ganapati. Through their touch we can reach the Sahasrara. These great beings are still on the planet, they already lived on the earth in Lemuria, when it was in the area of the pacific ocean. We cannot imagine which great works they did on the planet. We should slowly learn to understand their teachings. It is the same truth given by different teachers. In our times it was Master DK who has given out the same in the form of the teachings of Hercules, but they are already in the Puranas. Those presented in the Puranas, the extract was given out in our times as a very interesting passage. The mind sunk into objectivity goes into it and comes out of matter. When a bee is caught in the petals of a flower and the flower closes, so chitta when closed by the mind and out of infinity it becomes finite and circumscribed. The wisdom can be explained in many ways. So it is said that the sages listened to Suka the teacher for thousands of years, and he said, no matter how long you sit hear and listen, I will continue, wisdom is endless. The sages sat there so long that they were interested in nothing else. When Master EK was teaching about Dattatreya I told him it is so beautiful, let us go into a forest and

listen to you, he said, we remain here, there are other things also to do, so we stay here. We have heard the wisdom teachings in so many ways, in always different contexts.

Madam Blavatsky said that no one really understood the story of Rama, it plays in different yugas. There is the story of the monkey who could change forms. After thousands of years Hanuman was born, Rama was born. Hanuman belongs to very far-back Lemurian times. The continent went down into the sea, the people having lived there have used the knowledge for themselves and others, those who used it for themselves became the diabolics, and these wars were depicted as the wars between devas and demons. Always when wisdom is given you use it for yourself or others. Ravana used it for himself and became a demon, he was the son of a Brahman, but became very strong through the wisdom and became a giant. There were many giants leading many wars, and so the continent went into the waters. We say the Himalayas is the cradle of the Aryan race, but before there was Atlantis and before there was Lemuria, People came again and again in different forms, this story lasts since 18 million years. Ramayana took place in these Lemurian times, and later in Atlantean times the Mahabharata. Lanka of Ramayana is not Sri Lanka, but somewhere around the South Pole. Why do you think the name was given Indian Ocean? Because where there was the Indian ocean the old India was, till South America. Arjuna rode on a horse to South America and married there. The land covered huge parts, we don't know anymore today. People could travel by feet or horse there. Without this knowledge we have very limited knowledge. The war between Rama and Ravana is the war between the Atlantean and Lemurian times. Before Hanuman already existed, he helped Rama, Rama is divine, he could have gained without problems. HPB writes that it is totally unknown how great powers the monkeys of Lemurian had. The story of yoga and the Lemurian times was laid down in the Ramayana. We know nearly nothing about it.

There was a person coming to Guru Poojas and thought, Simhachalam is the only thing important. What should we do? We should study, what is truth and what is untruth? We should study much. We study a lot, but do we study about ourselves? Do we really study the wisdom teachings? Not really. We should study at least one page of wisdom teachings per day. The wise ones have listened to Suka Maharshi during thousands of years without blinking with the eyes, so fascinated were they- Naimisha is a special forest where the presence descends, there are inspired teacher giving the teachings and inspired aspirants totally absorbed by the teachings. When we do a Guru Pooja in our times, how much efforts do we have to do to be able to conduct them. The petals of our mind are not yet unfolded in the morning, therefore I wanted to share something with you so that you see where we are in comparison to these beings there.

Since the Hercules book has been re-printed anew, also a T-shirt has been printed with the cover. It was planned for the westerners. Now to our surprise they are all in saris ☺

Now we continue with Hercules. The teacher of Hercules is in his inner, he speaks from the inner. A disciple who guides his life in the right way gets impulses from the inside what to do. He doesn't ask, I have the possibility to change my job, shall I do so? And the teacher says, decide yourself. But I even answer those questions when asked, in the hope that you ask the right questions in the end. Sai Baba said the same thing. He asked me, what do you need? I told him, I don't need anything, I already received everything through your grace. I said to him, through he grace. He answered, you are the only one who came because of me, the others all come because they want something, In the same way the teacher speaks to Hercules

All teacher are the children of the World Mother, she is the one bringing birth to the teachers, who are born in a cave. Hercules got the inspiration that the mother would lead him to a teacher, and the teacher gave him the different gifts. The breast plate, the bow and arrow, the 2 horses, the robe, and if you do what I tell you, you get another gift, that was the club

Hercules didn't come to the teacher because he wanted to have some gift, but the search of a seeker is, what is my origin. So Hercules asked who is my father, I know that he is divine, but I don't know who he is. I only know my mother, not the divine. My mother is nature. It was the same with Rama. Sita came from the earth, from Nature, Rama presented as blue came from the heaven. The divine descends into a vehicle. So Hercules said, I know your mother, not my father. The teacher asked him what is your name, and he said, Heracles, the Greek name. We know our personality, what we eat, see, touch. We know our nature, but not the background of nature. Then the teacher smiled when he said, I am Heracles. Do you know who you are, you are Heracles, and he explained him the importance of Heracles. Hera is Atma, the soul. Since you descended from the super-soul you are Hera, but you are now a son of man, and you have to become again a son of god. He who lives in mind is a son of man, he has to ascend again to buddhi, to become a son of God. He is born in matter and will later be born in buddhi, in the light. The teacher said, you are not the one who is born in matter, now you have been reborn in the light and I tell you now what to do, and therefore you got the 5 presents. The aspiration has to be stabilised, the teacher doesn't come before. The stable aspiration has to be the first.

Master EK used a trick, he said, write a question on a piece of paper, roll it together, I will answer it without opening it. The person wrote, Can I reach God? Master EK said, if I can reach it you also can do so. The second gift to Hercules was the sword of discrimination, the third was the bow and the arrows, the sound. And then Hercules got 2 horses. Horse means sun ray, in the ray there are life and consciousness, both are stabilised in the disciple thus the subtle body is constructed. This was done with the help of Venus. He stabilises through the fiery inspiration of Vulcain. He who has a taste of sound gets the blessing of Master Jupiter. This sound was given to Hercules it lifts him up to Sahasrara, and with the help of Venus the subtle etheric body was given to him, Venus is the ruler of demons, the teacher of demons, he is so strong that he can be a teacher of demons and nevertheless conduct the teachings in a subtle form.

I will teach the works of Hercules. If you do the works of Hercules you will follow the path and realise yourself as sons of God. Hercules listened to all the teacher said, went away and later came back.

On the very first way Hercules came run like a horse, on the second day like a bull, and then he slept. Then Jupiter came and said, where is the disciple who wanted to become a teacher. And the teacher, he will come. Jupiter said, no he will not come, go and wake him up. We have so many falling asleep. Got said, he sleeps like a bull, so you have to wake him up. The first day he came like a horse already 10 minutes before time, the teacher was just in time. The disciple said, I'm already here since long. There was the son of Mars, that was Vulcain. On earth, on his continent, there were horses given by Mars. These horses were very strong horses.

Our circulation is under the rule of Mars, it should be strong like this. These were female horse, mares. They didn't listen to Diogenes, killed all that came into their way. The son said to his father, The horse are totally wild. Mars said to Hercules, go to the horses and tame them and then give them to Diogenes and come back. It takes a lot of effort to tame wild horses. These were more mares than horses. The mares were much more lively than the male horses. These were all divine horses, but they didn't listen to the word of Diogenes, and he wasn't able to tame them. Don't we see very competent fathers who give all they have to their unable sons and all they have created is destroyed by them. Mars is the reflection of Ajna reflected in the Swadhisthana. The reflection of Sahasrara is in Muladhara, the reflection of the heart is in Manipuraka. When all 3 higher centres are reflected in the lower centre, the ajna is reflected in Swadhishtana, and in this situation there is a lot of emotion. There is another meaning of horses besides vital force and consciousness, horse also represents senses. If we don't use the senses in the right way we are subjugated by them. When we are hungry we stand up and go to eat. If someone calls us, we immediately stand up and go there – if it is a person from our family, otherwise, we remain sitting. The senses were given to us to establish a contact to subjectivity. The 5 horses are the 5 senses, if we don't use them correctly we are bound by them. We are bound by what we see, by what we hear, eat. This clinging to the senses and all beauty of the earth can attract us. There are people who live on the lower or on the higher planes of earth. The second see and hear everything but are not bound by it. There is so much beauty on earth that beings from other planes come to experience it. To create a relation to them is something else than getting caught by it. You should use discrimination while seeing, hearing, tasting. Before you touch something you should use discrimination, otherwise you would hurt the physical body. You must see what you see and eat and touch. The senses were give to experience the world, but if you are too much attracted they become our enemies and the bind us. We cannot eat everything because it is tasty, we then have to go to the doctor and he tells us don't eat this and that, because you ate too much. If we have discrimination, we don't eat something delicious because it might hurt the body. There are so many pickles at the Guru Poojas, but you don't eat all. In the 6th song of the Bhagavata it says that the food that fits to your body when you eat it you don't fall sick. When you are sick and change your food habits you can restore health. But we don't take care of it. Normally what we like most is strengthening our disease. Some people tell me, you can eat sweets today, take 2 diabetes pills extra. Normally we don't have discrimination with what we eat and destroy our body like this, Why? Because we are attracted so much be the food. The senses are called prachetas. These are those intelligences helping us to establish a relation to objectivity, it is not possible to do it without them. The senses can give us inner and outer experiences. He who is blind cannot see the outer beauty. Why do so many people have glasses? Because the ability to see we partly lost. The people don't praise the eyes, but the glasses we carry...I once asked a teacher, why do we have so many different clothes? He said, in earlier times they had beautifully built bodies, now it is different, therefore we have to hide the body. When we say, you have very beautiful clothes, we say this way, your body isn't well built. Some people cannot hear, some not taste, some not feel, even if they put the hand into a flame, there sense of touch is lost from the fingers. The son of Mars was like this, he was much attracted by the senses. When Mars is sung in passion he gets lost like in wilderness. Or when he likes a religion very much he becomes a fanaticism. Mars is active in these fanatics on earth. When

there is a lot of fury or hatred, then Mars is active on the lowest plane. That means, the energy of Mars doesn't work correctly and the energy of Mars doesn't express well. Religious leaders suffering from Mars don't inspire people but fanaticise them. Hercules was sent there to see how he can master it. In every sun sign you have to clear one aspect. When you have gone through all signs you have purified all aspects. Mars in air is the best, Mars in dirty water isn't good at all. The mares were in a swampy area, meaning earth and water were mixed and the vital force is emotionally strongly blocked. The senses are divine, but how to use them challenges our discrimination. You should be connected to mercury and use it with discrimination. If you have Mercury in Aries it is a good situation. If you become emotional you can apply discrimination. When you have a flower full of dirt would you put it on the altar? You only take the beautiful ones. If man is sunk in the senses he is bound by them and he will die, even if by his nature he is a son of God, he will go down. If the rays of buddhi reflect through buddhi, buddhi can become active in the world. If chitta is bound in mind, the person only works through personality, not with buddhi and discrimination. Chitta is binding man in the body when sunk in the senses. You sometimes see in films a hero bound to a chair, we are bound like this. When we use our senses the flower of the senses can either imprison us or set us free. Studying the teachings of the Masters will set us free. If bound we don't change, remain as we are, because we haven't used the senses in a correct way. The manifest form of God is four-fold, and we are the third. We are made in the image and likeness of God. The teacher says, you are Heracles, a son of God. Hera, Hari, Hara, is always the same, the same sounds. Hera or hari are Ha and Ra. There is only the I added or A. If you mix A and I it becomes E, the son of God, HE, the one born of A and I. In German or English alphabet you start with A, the sound standing for God. In all languages the alphabet start with A, the English not, they say (Ae) (not a clear A). After A, I and U there comes the fourth. We are all deeply in matter. He who is caught by the activity of the senses cannot do anything with the wisdom because the senses wash everything away. Each day many sweets are distributed and the diabetics here are in a conflict.

Four mendicants sit before a teacher and one said I will tell you to which caste each one belongs. A Brahman likes to speak about eating, the Kshatriyas about fighters, the third spoke about how to get things, he belongs to the caste of traders. Because we don't know how to use discrimination. (Diogenes) called his father and told him, see what happened with the horses, and the father called the teacher to send Hercules. Jupiter wanted to teach discrimination and sent him to Diogenes. He took his friend Abderis to Diogenes. The teacher asked him, why did you take Abderis with you? Hercules just smiled. The mares were very wild and they killed the people. Hercules went around to cornered the mares and tamed them. The son of Mars lives in the Sacral centre, he could not tame them himself. Hercules could do it easily, he thought the work was much easier than he thought. And then he gave the task to lead the tamed mares to Abderis, but Abderis didn't have the same ability, Hercules run in the front and Abderis tried to take the horses with him, He was killed by the horses. This is our own story. Hercules was very sad when he saw that his friend was dead. He caught the mares and brought them to the king. The teacher said, you have fulfilled the deed, but your friend is dead. This the teacher knew without Hercules having told it to him. The teacher asked him, why the friend was killed? Hercules explained I have given the horses to Abderis, and he was killed. The teacher said, I gave you the duty, why did you hand it on? When the task is given to someone else, you should not give the task to someone else without informing the one who gave you the task. The duty is to fulfil the task oneself. If Murali hand things always on to Bali, and Bali gives it to me, I look at Murali. It belongs to the duty to fulfil it yourself. The duty is given to you so that you perfect yourself. How can you perfect yourself if you give the duty away and do something else. People take my things to help me, they take my cup, and there is medicine in it and I have to wait until I get the cup back. We can accept help but do the task ourselves. You can only unfold if you do the task given to you. You cannot decide whether a task is given to you is higher or lower.

Whom do you see, the ones cleaning or the ones presenting something? The one who cleans will be seen by the teacher and he will be initiated. He is not seen nor does he receive gifts or recognition, but the teacher sees the fourth one very differently and he receives recognition. He also sees if the others become proud or develop devotion. Each time we come to Guru Pooja we remember all those who decorate everything here and work through the night? The one talking to us in the front, distributing food are seen Should we be recognised by the Master or the people? If you are attracted by the world you are behind mundane recognition. If you are focused to the Master you just carry out the work given by him, this work is more important to you than anything else. The teacher is happy about the unfoldment of the student received through the work, not the result of the work. So the teacher told Heracles, the work has been done, but not well. This story means to us, every morning when we pray we try to grow in the light of buddhi. Then we go down through the mind into objectivity. The mind is Abderis, buddhi is Hercules. Chitta remains connected with buddhi. We are Rama, Lakshmana and Shatrugna. The mind is symbolised by a 5pointed star. Chitta is the reflection of buddhi The light of buddhi resting in the mind, chit means a point of consciousness, when it takes place in the mind, it

moves on through the senses. If a mind cannot tame the senses it will be torn apart, like Abderis was killed by the mares. The senses can be controlled by buddhi, but not the mind. The horses of the senses cannot be controlled by mind, but by buddhi, which is close to the self. When we come down from buddhi we are in chitta, and when we are bound by the mind we cannot control the senses. Only when we are in buddhi we control the senses. Hercules left the senses to the mind, and Abderis died. What can you do then? So the teacher said, you should not do such thing. You should not leave all to the mind to control. The personality always has its own plan. We like our speech, but when we lift up to buddhi, we see the speech as a whole not just the speech we know. This morning we heard Tamil prayers, when we lift up to buddhi we only hear the prayer as such. The duty given by the teacher should be conducted in a way to align to buddhi. We have presented this task here so that we better understand it.

After the first work the teacher said, as a man who lives in buddhi you should control the senses but you should not confer it to Mars. Mercury was in conjunction with Mars, if it is in trine or sextile it is good, but in conjunction it is difficult, if mars and Mercury are conflicting it is a difficult task for the teacher. The sun sign of Aries is very good to control the senses. Tonight we will hear a bit more of this story and go on to the next one.

Thursday, 12 January 2012, evening

There was an impulse this year to publish a calendar with pictures of Master Jupiter. There is a hierarchy to which Agastya belongs. Above Agastya there is Mitra and Varuna. From Varuna comes Agastya. Master CVV is a manifestation of Agastya, an Aquarian energy. The Aquarian energy, Agastya is someone who has assimilated the Aquarian energy which expands on earth, and he expands on all levels. He is also localised in Sirius.

The ashram of Agastya is in the Courtallam mountains, there is a Vishnu temple, and when Agastya went into the temple he wasn't admitted to the temple, only Vaishnavas are accepted. He went away and took to the form of a Vaishnava. He went into the temple and worshipped the form of the Lord and transformed into a Shiva lingam. He said, please see, I'm a Vaishnava but there is a Shiva lingam inside. They were surprised, and he said, just go inside and see yourself. This way it happened in the past. His parents were a bit worried that he didn't marry. He did a fiery meditation and realised that he was a part of Shiva himself. Shiva appeared and asked him, what do you want? I need a wife like you have. Shiva said, ok, and at the same moment a child was born in Agastyas hands. He gave the child to a king to care all about the child, which was a girl, also a manifestation of Shiva. Lopa Mudra she is called in our worships. When the girl grew up the King wanted to make her marry and thought to whom give it. The girl was so beautifully radiant that he thought to whom she marry her. He asked Agastya whom to marry her, and Agastya said, she is of no parallel, she was born for me and she shall be my wife. So there are many stories. Dr. L.M. Rao has published a book about Agastya tonight and there are all these stories inside. There are many more books about Agastya, and there are more about him. After the publishing of the book the publishing of the calendar is a very good coincidence. You can get a calendar in the book shop and everybody can take it.

There is another publication: This is a book about CMN Raju. He has extensively spoken about Master EK, and he has compiled them in this book. This book there are many marks of the Master. While we are reading a book about the Master we delve into him. Since he is a Master having mastered the etheric presence we gain his presence.

On the backside he has written what others have said about Master EK, and he has compiled many stories in this book and each one who reads this book is uplifted. We continue with the story of Hercules.

Hercules has tamed very strong mares and afterwards, before being able to give them to the son of Mars he was a bit negligent, he gave them to his friend Abderis so that he should give them. Buddhi gave the senses to the mind. Later he finished the work. The Master asked him, why did you do so. Hercules was very unhappy after the mistake. He learned from his mistake and became more wise. We make mistakes but instead of correcting the mistakes, when the thought comes not to do it again, it is better. This Annamacharya says in his song, there is no one who does no mistakes. Hercules became more humble and wise, his negligence became less, he brought the horses to the son of Mars. The teacher turned to Hercules and said, the task is done, but it wasn't well done. Thus Master DK writes in his book. Then pass on to further service. It is better to do service instead of brooding over past mistakes. He said, bring the holy book to a holy place. The control of the senses is easy for those who possess discrimination.

From the first moon phase in Aries till full moon there is a discipline as per food and drink. As per the senses a discipline was given. Actions we do with our hands, when we move or speak with all this we should be very attentive, then the senses gain the right strength. We gain this strength in the first 15

days of Aries. The aspirants are expected to acquire this discipline, they should only do what is good for their health and conduct only such actions and go to places who are good for inner unfoldment, only look at pictures which don't draw us down. Such a discipline was given in Aries, and the teacher gives such a discipline to his disciple. When a disciple comes to a teacher there is among the many tasks for the disciple a special one which helps him not to disturb the senses. Ramana has disturbed his mental power by listening to someone who praised the beauty of Sita. He listened to many talks which were absolutely not necessary. We can listen to what others say, but use our discrimination, We should always use our discrimination when seeing hearing, listening. When there is a bad smell at a place we should purify that place and see that good incense is lit there. The great Masters radiate in a strong light from head to feet and they are surrounded only by good smell. If there is a bad smell anywhere, we should immediately get rid of the bad smell, that is very important for a disciple. When we open our mouth to speak, and the person in front of us goes away, this means we have to purify our mouth. If you smell bad you should bathe more often than 2 times a day. And you should never take the clothes again in which you have slept, it is like taking the clothes of a dead person. Never take again the clothes you had put on during sleep. This means, wear the clothes only once, this does not mean to have just one robe and wear it always. All 9 apertures of the body contract when there is a bad smell, when there is a bad smell all closes. Purity where such things manifest consciousness manifest. Where there is bad smell consciousness contracts.

We should keep the five senses, sense organs and organs of action clean. Then we will have a good speed and strength. Otherwise the bad smell will overtake us. This should not happen. The sense organs can give us inner and outer experiences. We should see light, the teacher, we should learn to see inside like we see outside, hear things inside like outside. Ramakrishna thus spoke to the mother inside and to other high beings. Today is the birthday of Vivekananda's birthday. The entire land of India celebrates Vivekananda's birthday.

When Ramakrishna went to the mother, Vivekananda wanted to say something to the divine mother and asked Ramakrishna he should do it himself. Vivekananda said, I can't do it like you. Ramakrishna went inside, but the mother said why does he not come himself? - He only believes in the absolute god. Then Vivekananda went inside, but couldn't find her. Ramakrishna said, when you came inside, the mother came out.

The Mother has already answered all your questions, I will tell you.

There was a Master called Trilinga Swami, he had a very powerful body, you see him always a little statue of Durga. He was asked why, and he said, she speaks with me. A disciple asked him, can you make the statue speak to us, and the Master said, I can not only make her speak to you but to come to you. The statue then stood up and moved to the disciple. He said to the disciple, don't see it as a statue, see it as the Mother. Just as much as you believe in the divine mother in the statue she will find access to you.

When we do the worship tomorrow here, from out of the worship we have in the inner we will see and worship the same image in the inner than in the outer. There is the same subtle form in the inside, we also will see in the inner, hear and smell in the inner. The devotees of the mother will smell the good odour of the flowers. If we want that the great beings are around us we should see that there is a good smell around us. I tell this to close this morning's talk. The senses help us not only to make outer experiences, but also inner ones. We use the senses and the organs of action only in objectivity, but we also have senses and organs of action in the inner. Through the inner organs the great ones have written many scriptures this way. This is in Aries, in the first 5 years the senses come to the outside. We have in the beginning only the senses of touch and smell, only these senses work after our birth, and these are also the two senses which keep us and only leave us with effort in the end. The presentation of Kali is done with one hand of Kali on the mouth and the other on the sex organs: To conquer all humanity you only need these two senses. He who conquers these two senses, he who conquers the tongue and the sex organs the other senses willingly subjugate. This control of the senses we have in the sign of Taurus.

Krishna says in Bhagavad Gita, these are the exercises, but you can't do them all, just stay in My presence. Don't be too anxious to read scriptures, illusions might accrue, just stay in my presence. If you just read by yourself something else can come about. Therefore the Bhagavad Gita is the scripture of synthesis. For every aspect he gives the same hint. We can easily control the senses by remaining in the presence. He who remains in the presence does not regulate the senses but this happens automatically, he does not speak other things.

If someone gives a talk he stops precisely at the point which would be good, otherwise he talks too much or too little. When staying in the presence, buddhi becomes active and the mind stops and transforms. Those who have written the great scriptures have remained in the presence and expressed. The scriptures come from mind, if we take them to guide our life, the life is short-lived, the real scriptures have a long span. Those who give talks on holy scriptures in India only speaks about Ramayana or Bhagavad Gita because they are eternally on the planet. If you use the senses correctly

to go into objectivity they will also be apt to go into subjectivity. The senses will be well formed to go into the inner. This way you will be able to see the invisible and to hear and write it. You should not think it is not easy to regulate them, we have a body to it belong the senses. How can this body be created anew? When we have shed off this body, how can we create the subtle body? We can not only create the etheric, but also the causal body. A subtle body should be able to see the subtle. There are subtle senses with which you can see and hear at a distance. This is the first principle to regulate the senses, to tame the horses, representing the senses. When we turn to the subjective, they can be very useful. The senses are given by the divine, all sense organs have been given by the divine. Given with love by Nature, we should use them with discrimination. This is our responsibility. Hercules has become more wise and that he should not neglect his work.

The next day the teacher spoke to his teacher. There is a presiding person of a teacher, it is the indweller, Vasudeva. It is he under whom everything develops. The sons of man are also the sons of God. The presiding one spoke and his light radiated because there was Light in Hercules the teacher accepted Hercules in his group, and the divine asked the teacher about the disciple. Where is the man who has been given power by the gods? The one who has the courage to face the devas, he has got gifts from Mars, Vulcan, Venus, where is he? He went through the wide-opened gate to the fulfilment of his first task. Where is he now? Hercules was still brooding on the mistake he had done.

People who have a good character think less of their great deeds but of the mistakes not to repeat them, the divine will help them, they are never content with a mistake done. They don't try just to evade from the mistake and make things better. When we understand the mistake we have done the teacher and the angels are content. So the teacher said, he is relaxing and things about his mistake and mourns Abderis and seeks for help within himself. The presiding one said, this is good, the next time he will be successful. The gifts coming from mistakes guarantee the success next time. Instead of brooding when you repent the mistake and learn you receive the gifts of mistakes. Let him go again through the first task. Let him go again through the first task. The divine allowed Hercules to step through the second gate, and a voice said for far, pass through the door, proceed upon your way, perform the labour and return to me and report to me.

A truth seeker has always to look inwards, otherwise he is proceeding blindly. When you have done a task you should look inside whether we have to say more or less, do I have hurt someone. Hercules heart all this in his inner. He already had built a connection inside. Then he started with the second task. This means, he went as buddhi and not as mind. He turned his personality inside and deposed it in buddhi and passed on. To go inside in every work we must know how to return. If we don't know how to get out of a cave we should not go inside, it is like an inner labyrinth, we know how to go inside but not outside. In Mahabharatha there is a maze where Krishna and Arjuna go inside and know how to go outside. We only know how to go in but not out of the labyrinth. Master EK once spoke about a sanyasin, the Master had a family, the other friend was a sanyasin without a family. Master EK said, this sanyasin is my friend, we played together, he has become a monk, I got a family. The sanyasin, he is joking about me because I became a monk. Yes, because you live in an ashram you have a samsara, you have to work a lot to maintain the ashram. The head of the ashram always needs loyal persons around because there are many conflicts in the ashram. You have become a sanyasin, but are nevertheless live in samsara. I have a family in the outer, but inwardly I'm a sanyasin.

The wife of Master EK once said, she never knew when her husband would come home to eat. He was a true sanyasin living inwardly like a monk. You should know with each work how to begin and how to leave it again. Master EK said like we take off a robe we should take off the body. He could very well get off of every big tasks. He gave us many tasks which kept us busy and then he just went away. Hercules went alone, but he was not lonely. These sentences were written by Master Djwhal Khul. "Slowly he passed through the pillars of the gate into the Light which shone in fullness. There is the island of Crete, there is also the symbol of the bull, it is like our Nandi, the bull with which you cultivate the land is different from the wild bull. There are some bound bulls which eat all that comes near to them. If someone says I'm a Taurus, we should ask him whether he is a Nandi or a bull which eats all on the market.

Hercules had to do with a holy bull that should be saved by Hercules. The bull should be sacrificed, but Hercules should save him. The bull should be sacrificed and Hercules should prevent him. He went to the island of Crete where the bull was living. There was a big maze. In Crete there was the great maze where the bull lived built by the King Minos. The Greek names are changed a lot in English. In English the King Minos is called Minus, and the island Kreta is called Crete. So the people are joking about English because it is pronounced so strangely. Master Kumar gives jokes because there are no comprehensive rules. English is written differently from writing, this being a distortion of language.

So on Crete there was this maze of the King Minos, a huge maze. Crossing the ocean and entered into the maze to seek the bull and the one-eyed Cyclops. There are people having only one eye called Cyclops. In the manvantara of Chakshusha there were people having the one eye of divine vision.

There was a race having an eye between the eyebrows, like the eye of Shiva, They could see far-away things. If the pituitary does the right secretions the third eye opens again. The Cyclops existed till the Atlantean times. Madam Blavatsky visited all the islands where the stories of the Cyclops were told. After having read the books of her I also went to all these islands. I went there on a full moon day and didn't get water. I visited Crete on a full moon day. Hercules went to the island where the one-eyed man and was guided by the shining star on the front of the bull. Through this light he could find the bull. This light has moved with the bull from one place to the other. The light moved everywhere together with the bull. "Alone he searched the bull, alone he took it". Alone means all in one, he is buddhi and his teacher, the teacher has given him the presence of remembrance. In Bhagavad Gita, too, it is said, don't forget me and conduct everything. This is also written on the wall here, do My work as thy work while remaining in Me. Master EK has said all this, but we don't do it, this is the problem. With the senses and buddhi, and the teacher together, if such a person goes somewhere they say he is alone. Be alone, but not lonely, Master EK said. The great ones have a special kind of expressing. He didn't go alone, but all in one. Hanuman didn't go alone over the ocean, but together with Rama. Hercules entered Crete together with his teacher. In the first labour there wasn't the word alone, but here it is very often used, this is not alone, but together with the teacher to whom he was connected. The teacher already knows everything when Hercules comes to report to him. Then Hercules mounted the bull, he rode on the bull via the ocean to the land and brought the bull to a country where Cyclops lived. Before he was guarded by 7 sisters. Three great sons of god attended him and observed him, he rode through the waves like on a horse, and the 7 sisters came when he reached the land and went to Steropes, one of the 3 Cyclopes to meet. The second Cyclops said, he is riding through the waves. The bull lead him to the temple of the Lord. The three Cyclopes took the bull and the 7 sisters sung, and there were 3 Cyclopes coming to Hercules, three great sons of God, great beings. And DK says, as you see in Taurus and Aries: He is very strong, and the other, he brings a lot of light, and the third one, he is full of joy. See his beautiful gait. Then Hercules gave the bull to the three and they let it to a secure place. The three asked him, what do you bring us? Who are you, tell us your name. I am the son of Hera, a son of man and yet a son of God. He says this again and again, because it is the ideal towards he is aspiring. He who worships the divine he should do it with the firm belief that it belongs to the divine. When you are asked on this path, you should say, I belong to the Divine. All other details you can give later. If you give this answer all people think that you are crazy. I am a son of man and at the same time a son of God. This also Jesus Christ said and it is true for all of us, but you have forgotten it, but I remember because my teacher told me, he answered. I have done my labour, bring now the bull to the holy place and save it from early death.

This was the story and then we will dive deep into the story. In myself I searched the teacher. Hercules was asked, why did you come? Hercules said, that God gave me this task through the teacher. Much teacher has sent me on this way. If the teacher gives us a task we should ask is it the task of the teacher or is it the duty I have to do. Every task given by the teacher is an impulse of the Divine. We don't have to follow the impulse of the partner, but the impulse of the teacher. He knows that the teacher and the divine have a deep connection and he has no doubts that the teacher is connected to the divine. He who doubts perishes, is said in Bhagavad Gita, the doubters perish, the believers won't perish, Those who doubt will perish. He who believes in Me won't perish, this is in Bhagavad Gita. Without any doubt he explained what the teacher has given as a task to him. "I have seen the light and this has helped me". That what we are seeking is waiting for us to come. For what we work concentrated awaits us. You need this firm belief, where there is firm belief there what you try to realise will come to you while we move towards it.

As Hercules was seeking the bull he was attracted by the light on the bull. When Rama was born the seer asked him to visit them in their ashram. Therefore Rama visited their ashrams. This gives a lot of strength, therefore Rama went there. Hercules said, so I have done my task. The teacher said, go in peace, you have fulfilled your task. He calls him my son, and go in peace. Your task is done. The teacher saw him come and went towards him. In the first labour the teacher didn't go to him, but at the end of the second task the teacher went towards him. If a disciple has well done his labour the teacher is full of joy and the teacher goes towards the disciple and this often happens. For many people Master EK was difficult to reach, but for some he was very easy to reach. There are some wanting to visit the master and before they arrive he goes away, and some meet the master where he stays by chance. Sometimes we tried to tell the master there is a person who wanted to meet you since long, he said, there is no need. But those who do his work he visits even if he isn't in his body. The teacher also works for the disciple, and the disciple fulfils the work. "I have fulfilled the task. Hercules came back with empty hands because the bull is in a safe place. What shall I do next? The three Cyclopes were very happy: Within the light you see the Light, go into this light and the light will be brighter. Become more radiant. The bull is at a sacred place.

The second task has been done and the task was easy, learn the lesson of proportion.

We want to go into details. These verses are nice also in the inner, we will continue to speak about them tomorrow morning. Now it is past 8.30. We have heard the story how he saved the bull and brought it to the mainland. What is the light? We will hear about it later. When Hercules came back, the teacher met him on the way. Exercise proportion. Sometimes we put a lot of effort into small work. This story has many secrets, tomorrow we will speak about all aspects.

Friday, 13 January 2012, morning

It is the 3rd day of the celebrations of Master CVV Guru Poojas, the morning lecture after prayer. Three nights together in the group of the Master. Since we spent together with the group 3 nights we have the feeling as if the group living is over. Three nights are enough to stabilize the mind. Wherever there is work to be done for money, you remain for 2 nights and don't stay for a 3rd day. Highly developed souls only stay for a very short time at one place because they have to do so many good work. The third day the Master has stabilized all the three planes. On the physical, then the vital plane then prana, thus, atonements are done. There is no need to do further work to attain buddhi. Thus he forms us during three nights, and like a mother dresses a child for a festival the Master does different kinds of rectifications during these 3 nights. Up to a certain degree thinking, body and senses are stabilized. To experience the presence of the Master in a certain degree we have received enough light. We can maintain it during the day if we do regular prayer morning and evening, study a bit and do a little worship we can maintain the presence. If we leave the experience here and go home without applying it the Guru Poojas have no use for us. We should go a bit higher each time after Guru Poojas and the light should have increased. The Master conducts many such rectifications and we don't know about it. If we knew we might become proud. Only when he is sure that we don't become proud he lets us know otherwise we will get on sideways. So it is better not to let people know. If you know more and become humble and modest you can know the things. If you receive knowledge you will apply it to yourself. Through the grace of the Masters the Guru Poojas take place since many years and many people have transformed themselves. How many have well developed because of the group livings.

The prophecy has been fulfilled. When I see many people who can move inwardly and outwardly I can see that the prophecy of the Master has really fulfilled. In the presence of a grand Master if you ask him to solve a problem, he will do so. You must ask him, you cannot do it yourself, just submit him all your problems and worries. He will clear them away. If you say, I haven't learnt in spite of so many years, then he smiles and he will conduct you slowly forward. If you ask him to show you the way to reach him you will see how the story of Hercules happens with you.

We should find ourselves happy that we are in the presence of such a great Master. We should face ourselves and ask ourselves, what have I done? And when you sit in front of the Master you should ask yourself when you sit in front of the picture of the Master. We spend so many years and don't even realise it. For this reason we should never leave the presence of the Master and we should have the firm resolve to remain in this presence.

All great seers, Kumaras are in this presence. They remain firm on this first level of bliss. At the entrance where the Lord is also the great beings are. On this plane all the great beings move and they don't distinguish the greatness of the beings who also come there, whether they are also great or not. At this entrance the great beings await the Lord. I asked the Master, you protect us in so many ways, do we really do so much work that you do so? Once I asked Master EK, you work so much for the disciples, he said, I have no feeling that I do so much. Thus the Master cares for all his followers like you care of flowers. He cares us so delicately like you treat flowers. Master EK used to say, I'm a simple Telugu teacher and everywhere they spread a red carpet for me. We should always try to be in the presence of such a great Master, only when you remain in the presence he can act through us. It says in the Bible, from Jesus, we live and move in His presence. Krishna said, conduct all your activities like my activities. Krishna himself descended as Master CVV. Because of some good deed we did in the past the grace was conferred upon us to be with him. We should not become proud of it and do many crazy things but do his work.

Yesterday we heard the story of the bull, it is a holy bull, and he is kept prisoner at a very dangerous place and he should be brought to a very holy place. Hercules was a strong disciple. The same moment the task was given to him he started the work. You should not hesitate but start immediately, because the Master will always be behind us, we don't know, but later we will realise. The teacher is in the subtle body and uses physical bodies to conduct actions. You see in this Guru Pooja that the Master conducts activities through many physical bodies. We should not think that we eat when we take food, we should remember that he is with us. Sometimes such a thought flashes up in us, but is not always there. We should stabilize such thoughts in us then the Master will always be with us. That is the story we have as the holy bull. The bull is bound at some place. The bull is speech, it roars. Man

has been given speech; the whole creation has come from the word. The entire creation appears through the word. How is your speech, what do they do? Depending upon how you speak you can liberate yourself. For this reason a truth seeker should realise that language is very important. Speech comes from Para to Pashyanti, thus it comes down. From our words you can realise on which plane you live. You should realise that through the choice of his words he gets bound. See how Sita was bound by her words. She wished the golden deer and was bound by it. Rama said, if this is a golden deer I will bring it to you, if not, I will kill it. The deer spoke in the voice of Rama and Sita sent Lakshmana to rescue Rama, but this was a trick to glamour you. We fall to things which have no eternal value and you get bound. Lakshmana said to Sita, we don't need to follow this golden deer. When Rama went away to bring the golden deer he killed the deer because he realised that it was a demon. The deer cried in the voice of Rama, Lakshmana, Lakshmana! Lakshmana knew that Rama doesn't need help, he told so to Sita, but Sita didn't need and insulted Lakshmana, so Lakshmana went to search Rama. This is an illustration from the scriptures how we should not use language. After this event when Hanuman met for the first time Rama, Rama said, all the 4 Vedas have taken form in Hanuman, a very beautiful form, and now he comes to us. Rama was very careful in his words, and we should be careful with our words when dealing with initiates. Thus we should study the scriptures. All spoke a lot about Rama, only Hanuman said nothing. When Rama and Hanuman went south, they met a giant ocean and Lanka was on the other side. All were discussing with each other, only Hanuman was standing aside. The discussions always take place on the mental plane and the knowers always stand a bit aside. Let the others discuss and keep silent. He remained linked with the One remains a bit aside. The actions of Hanuman are so beautiful, we should remember that our words bring us problems, we become angry etc. In the Bible says In the beginning the word was with God and God was the word. At first there is the impulse and the word is an impulse of will, Saraswathi. Where it is? In the absolute. This is the first impulse, it becomes Pashyanti, Pashyanti becomes Madhyama and then Vaikhari. Also in us the word flows down. Only in sleep the energy flows because we don't speak. Even if we are quiet we speak on the level of the mind. It is as if thoughts come forth, an impulse comes forth. It becomes Pashyanti. Before we don't know where it is, it comes from the unknown, then it becomes a thought and you speak it out. The rishis receive the impulse and manifest them. We get impulses, but why don't they manifest? The rishis don't have thoughts of their own and then it manifests. They only live for the Plan, they don't have plans themselves, so many things happen. We propose something but something else happens. Why? There are a few where only those things happen which the Divine has planned. But with us we only realise by chance what the Divine has planned. Many thoughts come from personality, they don't belong to the divine plan. It binds us. Many thoughts come from personality, they are not divine. How do we know whether something is from the divine or from personality? When we remain still we realise. We should be quiet by our nature. How can we do it? We should not speak so much, but only when it is necessary. God gave man speech, and we keep on using speech. Nandi, speech, starts from Saraswathi, he confers bliss when rightly used. Through speech we should get joy, but our speech isn't like this. When the knowers speak we want to hear their words again and again. But many people speak the same, again and again. The bull, when he grazes and eats everything, he is on the market and gets a ring through the nose and gets bound, it is another bull than Nandi, the divine bull. Nandi manifests the will of Shiva, he shows us the divine will from Shiva. We should see that we get the direct impulse from Shiva, then we don't get anymore problems.

There is a way for the divine will to manifest through us. These are the tasks we should conduct to manifest the Plan. In such a case the teacher doesn't have to give us new tasks again and again, because we receive the impulses in ourselves. When we are able to realise the divine plan this way, we can start working. The teacher says, we don't have to meet so often because you get along yourself.

To hear the word of the Great Lord the Masters gather in Vaisakh Valley to hear the word of the Lord and then work with it for one year. The speech is a negative aspect of sound and listening is the positive aspect of sound. Listening, the Lord of Listening is Prajapati, listening is Saraswathi. The sound has the positive and negative aspect. If we speak more we spill our energy. The flow is contained in our words. We should use our words very carefully, just like we use the life-giving river. The water flowing into the sea we can no more use. If you don't use the energy correctly it becomes the source of problems, it is a great possibility, we should not always speak. If we really go on the path of truth we should reduce our words and better listen more. If we speak more, more and more thoughts come and we have to speak more. More and more thoughts are given through personality and we get totally exhausted. If realise whether a thought comes from personality we have to observe ourselves. First we should learn how not to speak anymore. Only those who stop speaking are those who slowly move on the way of knowledge and become knowers. For 3 years you should not speak, even when doing work. At first you are tense till the muscles because thoughts come and we don't speak. At first we spoke out everything without a filter. See how the coffee tastes without a filter, the

filter is necessary. If we put the coffee through the filter and add some milk. First the tea leaves are filtered, then the tea is drunk. We should put a filter. The teacher gave a filter to Hercules, called discrimination. Such discipline of silence we should integrate into our life. When a disciple came to Pythagoras, the first thing was that a person stops talking. If a water tank is full, nothing else gets in. If there is water in a tank which is not used, it dries out. If we deal well with speech we can do the right thing, otherwise we can conduct many things. Silence and stillness are very important. Only in urgent cases we should speak otherwise not. In Taurus there is the ritual of the tongue cut. The teacher does it in a very soft way, he changes speech. If we remain totally changed during 15, 20 years, we don't do the exercises in the right way. We should bring the bull back to the place beyond the three further stage of the word.

At first we have to go to the bull. We have to understand our situation with speech. We should not speak untruth, but first only listen. We should learn how we can listen better.

What do we more, listening of speaking? We will tell the Master, you speak so much in the morning and evening, that is true, but you want to me speak, if I am alone I don't speak alone. All personal speech should end. All we speak should be clear and true. We should speak the truth friendly. We have heard these rules, we have heard them many times. We should only speak truth, say the truth friendly, not speak unfriendly. The more you speak bad about others the more you get lost in darkness and will become distorted. It is as if our tongue is itching, we have to speak, so we splint the listener and speaker. We should only speak when necessary. When we can enter the ashram. First we have to pass over the outer threshold, we should not speak the untruth or to gain something. As soon as you speak to get something for yourself, you get into illusion. The whole creation has come from the word. We should not praise ourselves and speak bad of others.

We praise ourselves because no one else is praising you. Nobody can praise you because nobody wants to listen to you. There are 18 steps. We should not praise ourselves and not speak bad about others, not manipulate others, as soon as you are manipulated, but you get manipulated yourself. It is utter ignorance and not intelligence to speak untruth. How can you manipulate Saraswathi? Saraswathi can manipulate anyone. We came forth from Brahman, Saraswathi came forth from Brahma, and Brahma is the head of creation. She is the housewife of Brahma. When the speech isn't divine, it becomes your parachute. Don't hurt others, if you hurt someone, the impurity of him will come to you and they will stay with you. This Shirdi Sai has said. You can listen, but not give off the purity. When you speak again, you should only say the truth without hurting anybody. Better not speak. Smile everything away. If someone speaks to you, remember he speaks to you because he likes to speak, not because of you.

If someone speaks a lot, do you think the others will believe him? If a Sat Guru speaks we go there because he only speaks about holy things. This way we speak less. We get Jupiter become stronger and Saraswathi less. When learning to listen we might one day listen the invisible Master. Most cannot well listen. Normally he who has many thoughts coming cannot speak well. Stop speaking, then the thoughts will get less and dry out. They will become less and less, such a person can really listen to the teacher and also to the invisible teacher. Normally there are many people saying, Master DK writes in the books about illusion. The disciple says to the teacher, I have read and seen many things, but the teacher tells him this is not truth. When you reduce speech thoughts will also reduce. This gives us automatic relaxation. In the evening it is so difficult for us to sit for prayer because the mind is stuffed with thoughts. In the morning it is easier, but we don't awaken in time, in the evening there are too many thoughts. Only when you reduce your words you become able to utter a mantram correctly. If you make your tongue impure through much speech, and if you clean it, what is the use? The mantrams, suktams are totally invalid if in the meantime you don't speak correctly. Taurus also represents speech, you say, he eats as a bull.

In Taurus there is the aspect of food. When I spoke about Hercules in the West I spoke also about food, but let us remain with speech. We are only with the 2nd sun sign, but I wanted to speak about all the 12 sun signs. Better clean the tongue before you utter a holy word. Cleaning the tongue is very important for discipleship, the tongue should always be kept clean. Each time after meals you should purify the tongue and after sleep. You should keep the tongue pure. Each time after sleep, also after the nap. You should think of it yourself, the tongue should not smell bad. You should not chew chewing gum to remove the smell. Saraswathi rests on the tongue, that is a cosmic intelligence. From the tip of the tongue to the throat there are many cosmic intelligences, for this we have to keep the tongue pure, also the face. The mouth stands for fire, and we should keep it very clear. We should be very careful with speech. Of course you should know if you should eat onions etc. but this is not that important than the tongue. If you utter mantrams and suktams with a clean tongue the y are very useful, otherwise not. I have presented it in Bhagavata as the bath of an elephant. He throws the sand up and wants to spray water of itself, then it goes again into water and makes itself dirty. We should get to a higher plane and not fall back to the old plane when we utter mantrams. What is the use of cleaning if you get dirty immediately. The mantrams are of no use if the speech is not pure. Only

he who speaks well can be initiated. Speech has such a great importance. It is bound in the 3 lower centres, that means the speech is bound by the island, the 3 lower centres, it is surrounded by water. The words spoken on Lanka, all you speak binds you more and more in such a situation. You should not hurt anybody through words. If a man speaks to his wife or vice versa, why should they hurt each other? If others get disturbed through our words, it will come back to us. Women who have impossible men and vice versa have supported the other. Many as soon as they open their mouth they hurt the other and so they don't experience happiness, joy and contentment. If you cannot say anything good, it is better not to say anything. This one rule is sufficient. Man only needs the speech to realise the 3 lower planes. You should not apply worldly intelligence. You better learn riches but not speech. All you promise you should keep. This Rama, Ramachandra and also my father have practiced this. The father of Rama said that he would send Rama into exile and Rama therefore went. He went into exile because his father had spoke the ban unwittingly. If you say something untrue about the Sat Guru, it will have consequences over several incarnations. All the students speak untrue, it has effects on the teacher, just like a father is responsible for his children, the teacher will have consequences also. Through the son you can be uplifted or drawn down. If your son is worse than you. you will go down. There is a chain within hierarchy and you can influence the 3 preceding and the 3 past incarnations, that is presented in the scriptures. If you realise your responsibility towards your grandfather, father and also your teacher, you see your responsibility through speech. HPB has presented the wisdom of the globe chains, all are linked through chains, whether globes or individuals.

Tonight we will speak about how Hercules succeeded to bring the bull back to a sacred place. A vina has 7 strings, like that it depends from us how we influence the 3 preceding generations. When Hercules saved the bull there were 7 maidens, we will speak about them also. Speaking holy sounds, we will purify all the centres. We don't want to pass quickly on to the story of the golden apples, but stay with this story. If you like to continue, but I can continue with this episode. Hercules is the Hanuman of the west, there was no task he could not complete. We praise Hanuman here in the east that there is no task he cannot accomplish. In a mysterious form it is told how the word came down from Sahasrara and was brought back again.

Lalitha Sahasranama

After breakfast there was the Lalitha Pooja, where the 1000 names of the World Mother were recited and the ladies conducted a ritual.

Then Brother Navaneetam addressed the assembly introducing the publication of Lalitha Sahasranama

The words of the Lalitha Pooja were now published in 10 volumes. The description of the 1000 names were in the magazine Navani for a longer time and have not been compiled in these books. The Master and his wife have worked on it for a longer time, besides all their duties at home and in profession they have also done this work. The greatest blessing of Master EK is the gift of Master Kumar. Kumari Garu not only does the work at home, but also substantial work for the WTT. As a ritual Kumari-Garu has received dictations by Master Kumar every morning after morning prayer for many years. (no more English translation)

Kumari unveiled a cassette with all the 10 volumes, and the 10th volume was just being published.

Sri Kumar:

"I have the feeling that a heavy weight fell from my heart, the description of all the 1000 names of the mother is a great fulfilment in my life. My wife has shared all aspects in my life, it is like a shadow always being with me, so the Master has lead us together, not also at home doing all together, but also she participated in all responsibilities. Navaneetam spoke about it. It is a great occasion and a blessing to publish all 10 volumes. I thought that it is right that Kumari published these books. At home she speaks and here I speak. Some time ago she said, even if I sit on the dais I won't say anything. The day we finished the 1000 names Kumari was in a limitless ecstasy, full of joy. We happened to be alone in the house. Normally I go for at least an hour to my office, because when I go to office they don't give me not so much work, they say, you just stay here, don't have to do much. These are so good partners, you just have to be here, nothing more. Every work that has to be done at home Kumari always does with me, she is always available. Especially for this work she is always cooperative. All these book. The yantra, the mandala of the mother, can be seen in the 10th volume In the 10th volume there is something from the past and the present. I never forget my birth place, I was born in Vijayawada, and the name I received Parvathi Kumar. They first wanted to call me Parvathi Sastri..., but my uncle from the mother's side said, don't call him Sastri and all this. He proposed Parvathi Kumar. This lead to this name. I like Kanaka Durga, the goddess of Vijayawada.

While I wrote the book, while I was doing the exams I had high fever. I went to the temple of the mother, I told the mother that it is very important to pass this exam, I am born at this place and got your name. I had no more a father, only a mother, like Hercules, so I said to the mother in the temple. I told the mother, if you regard me as your son, you will let me pass through the exam. If yes, you let me pass through the exam. I started writing the exam, the fever went down and I passed the exam. Since then I knew that the family relation with the mother is there. At that time I always prayed to Shiva. I took a bath in the river and worshipped Shiva and my father got fear of me, I had a very strong will, as soon as I had a god thought I immediately executed it. The impulse to write the names of the Mother, and so it happened as a blessing. At that time I was an ardent devotee of Shiva, then Hanuman, and then I met Master EK. When I start to speak about him I become very emotional and cannot stop, so I don't start, I met Master EK and said, whatever instruction you give I will follow. He said, I don't give you instructions, you come and we will collaborate.

I knew Master EK for 7 years and he then moved into my house and lived there for 7 more years. In the 10th part of Lalitha Sahasranama I published a picture of Master EK. I normally didn't speak about it. When in Europe he told me to speak, but I told him, no, I sit in the back and you speak. I was like this in my childhood, but he said, no, you speak. In my childhood I didn't want that my father showed my horoscope to people, but he continued to do so. Our past comes to us as our future, according to what we did in the past comes as our future, so why do we need a chart. Then the Master asked for my horoscope, and I smiled: I never give my chart to anyone, but then I nevertheless gave it to the Master, and it even had been published what the Master said.

In me is the touch of Hanuman, Shiva, Rama, Dattatreya, through his disciple. Master EK introduced many in our family into Dattatreya yoga. I did the work in the inner and didn't speak to me. The Master told me in 1983, you have got the instruction to teach like I did. 1982 I got the impulse to accompany the Master to the west. I told Sati Babu that I need the passport to go to the west. I never told the master that I had the impulse to go to the west and when he told me, I answered I know. He said, Master CVV directly speaks to you. I replied, even if he does, I will follow you. During prayer it happened that Master EK said, Master CVV speaks to you directly and you follow him directly. I said, I will follow you, but he replied, you teach directly. I said to EK, I will only follow what comes through you, and I decided not to tell Master EK before when I had an impulse. When EK told me to speak, I will wait. We went to Denmark and there were two groups and they were asking EK to come there, but it wasn't possible for him to go there simultaneously. So it was decided that I visit one group and the Master EK the other. Master EK smiled and said, the proposal isn't coming from me, but from the others. – I don't want to step to the front. – Master EK said: You don't want to go... - I replied, if necessary I will go. In Munich he told me, I talk in the morning and you in the evening. I smiled. I told all about this beautiful teacher. There was Wolfgang in Munich, he said, the way Master Kumar spoke was very good. Once I gave a seminar on Master CVV. Wolfgang got the news that his home was burnt. He stayed till after the seminar and only then he went home. I speak only when necessary, I don't have the great wish to speak. From time to time I tell Navaneetam, I leave everything and go away. I have spoken about many topic and these things are compiled in a book which I have to publish. All these responsibilities, I have only reacted on this. The Master has spoken a lot about the Mother, and I have also talked a lot about the Mother, because I like her so much. During 7 years Master EK has given me the task of the World Teacher Trust. I started again with Master EK to worship the Mother and then started pondering upon her names. I have the feeling that I didn't know much about the mother. I got the impulse – start writing about Me and I will start to speak. The picture was not my decision, I don't make any thoughts about me, but my teacher makes many thoughts about me. Krishna Mohan made the proposal that this picture shall be printed in the back. I normally don't allow that my picture is printed in the books. If someone says, your photo should be published in a book I answer, I don't allow, if you want, buy a photo of me and put it in the book. Krishna Kumari is the mother that wrote all that is in the book, so she is on the book and not me. That is now the 10th volume. When I started dictating it, Kumari said, you should dictate to me. Then she said, I will write only a few chapters. I was happy that she wanted to write. Also when I dictated the story of Jesus, she said she wanted to write because since her youth she felt a close relation with him. She felt happy to see his picture on our altar. So she wrote the story of Jesus and about the Mother and all the great Masters. She is the splendour and blessing in my life. Ramana is the same, no matter how it is around, when I call he comes. He arranges everything for me, my health, all. The Master told me to buy Soudamini. I told him, I have a house, he said, buy it, you will see it is good. I didn't want anything from my side.. Many people asked, when are you writing this and that. When it is asked I write, otherwise not. I have written the first volume about the mother and then nothing for a long while. Ramani asked, when will the 2nd volume will come. I asked, why do you need it. And she said, there is a group which studied the 1st volume and they need the continuation, so I started with the 2nd and stopped again. And then the Rama yogi came, he was a worshipper of the Mother since youth and he had written both volumes and thought that a woman had written the volumes, from the name Parvathi

Kumar you don't know if it is a male or a female. He asked me, do you have all the volumes, and only then I started dictating all the volumes. I have asked Ravi Shankar to continue the worship and I have continued the dictations, also during the Guru Poojas or when travelling in the West. When she doesn't hear my dictations and I stop, I know that she gets angry. Those who are in my surroundings know that it is not easy with me, and especially the woman in my house has a lot to do every morning, nevertheless she sits every morning and writes down the dictation. Sometimes Kumari has also proposed corrections in my dictations and said, this sentence is not so good, and she said, please dictate it anew, and so it happened. And now the entire work is finished. Each time a volume was ready I passed it on to Navaneetam for proof reading and then giving it to print. When it is in Telugu, I give it for proof-reading to Navaneetam, when in English to Navaneetam. I asked Navaneetam, did you read the book? When he brings his corrections they are worked in and then brought to the printer. The English books and the proof-reading is done by Ramana. So we have also Krishna Mohan who in these days is very inspired. This way many books have been published the last years. The 6th and 7th volume were published when my and Kumar's mothers died. We had the feeling that with every volume being published a person dies, so we have very quickly published all the volumes. During last Durga Pooja the 10th volume were completed, and I thought that these Guru Poojas are the right place to publish the volumes. I said that a nice box should be there and many pictures were given to me. This on the Sahasrara of the box is the Sri Chakra.

For some women here in the country they behave like a mother, and they always bring something to eat for me when they come. So I thought who should get a book. In Visakhapatnam the ideal family with husband and wife is, there are some very special couples who can be considered role models, and some always bring me something to eat and I see them as personifications of the Mother. The first couple is Mr. and Mrs. Murthi. When you observe their lives, the first 15-20 years they worked very hard, then their lives became very splendourous, they live in splendour and beauty.

Then there is Ramani, she conducts the Durga celebrations in Hyderabad, she caters all people coming to the Durga festivals, and each time I come to Hyderabad, they are like my mother.

There is a third one in Rajahmundry, the three ones are from Rajahmundry, The lady on the left once said, may I give you food on a silver plate, I told her, yes, but there will be a time where you can distribute food to many on silver plates, so splendourous is her life.

I often travel by train, and the food is not good and the trains aren't clean. Since then she always tries to serve me in the trains good food prepared by herself.

The next couple is not here, a couple which serves food in great amounts to many people, thousands of people, as a worship of the Master. And then there is another woman, Mrs. Joshi. Whenever I get something to eat in a house I don't forget it.

And another couple from Hyderabad. This lady has done much service to mentally handicapped children, and the daughter is a homeopathic doctor taking care of these children. The whole family follows the path of the Master. They live in a situation where they don't need anything else but the Master.

Then Ramana and his wife Anandana. Ramana has built a house for the Master in Hyderabad. When he wanted to build a house, he did it for the Master. The Master also has bought a house in Hyderabad, but he lives and eats in Ramana's house. All Ramana earns in his young age he uses for the work of the Master, to travel to the west, and he works. Whenever the Master calls Ramana comes, he comes to work with the books, when his profession kept him away from the work, he changed profession and he put the work of the Master above his profession. He brings his camera and all the books of the Master. He works on the path of the Master. For his vocation he teaches. He is young, but he should be addressed with respect and reverence, he should not be addressed like you do with children. Therefore Ramana is Ramana. Everywhere he goes he has the books of the Master, EK and KPK and works with them, He goes to expositions, not only gives the content but also explains the content. When the Master asked for the payment, he said, I just do it for myself. The Master said, it is not allowed that the Master does all this. He doesn't do it because others have to do, but he does it for the Master. Because he was in the West so often, some of his relatives have asked, what do you get for it? When he visited Argentina, when the group wanted to pay the hotel costs because of his good work Ramana refused and paid for the hotel himself. The splendour of Dhanishta is through Ramana. The next cassette goes to Parvathi (sister of Sri Kumar).

We have two eye doctors, Meenakshi, I ask her that both share this box, because also in other contexts they always collaborate.

Then Siva Sankar. ... (further distributions of the 10th volume).

Friday, 13 January 2012, evening

The book about Master EK has been published in a new edition. It is very much recommended to read because it contains many questions and answers.

Then there is a statement, a bookmark, you don't need power, you can do everything with love. If you give a hint with love the work is done with full heart. With power everything develops differently. Power is not the way, it won't work. Love is the true power. It is a beautiful change if you can transform from power to love. A true teacher is always an embodiment of love. When he gives instructions he sometimes seems to be very strict, but he transforms us through love. The teacher won't accept if there is no discipline, through love he transforms. Jesus Christ has started this way, he could conquer through love and vanquish. Through love you can neutralise every conflict. These bookmarks are available. You can take them if you like.

This story of Hercules contains a lot of wisdom, many exercises are being hinted at: My way is a path of direct knowledge. We say it but we live because we believe. We should believe in the teacher. The teacher has very much knowledge, he wants that his student also becomes wise. Hercules who had conquered his senses already in the first labour got the task to save the bull in the second labour and bring it to a safe place. Madhyama and Vaikhari. Mental silence is not meditation, but that is not true. When the mind keeps to divine thoughts this is the first step to meditation. The inner thought should stabilize and peace and equipoise should rule inside. First you have to search the bull, then you have to find it and catch it. When we speak we should use few words, precise and communicate all what is necessary. When there is nothing to talk we should be silent. If we train this it is as if we draw a rope through the nose of the bull. May this fill the darkness of noise we speak and may it transform into the light of the background. This silence is mental and physical, we speak this every day. The noise should be filled with light, that the Master said. Light comes forth when we speak. When we ask and light comes when you speak it is not easy, it needs a lot of light. This has to be trained through exercise, this makes a fiery aspirant. You cannot train it here and then. If there is no one around, do thoughts come? Or do many people come into your mental plane. Is your thought plane as full of traffic as a station or an airport? We should try to train mental silence. When we have exercised it for some time it is called that the bull has got a rope through the nose and it stands regulated. Otherwise the bull won't work. Speech should be useful to us, Putting a rope through the nose means the speech should be very limited. The control of speech is more valuable than gold. Let others talk and remain silent. When you train it silence expands. Then you should train the bull to plough the field. The bull is yoked.

The words will only be used to cultivate the field. If he doesn't cultivate the field the mind can rest. Only if you use speech in this manner Vishuddhi becomes more pure. Until then you cannot hold the holy word. Therefore you should intone Vedic sounds after silence. In times of old the students had to intone for 3 hours, or even 6 hours, this is no more possible in our times. We have so much tamas in our body. We should read Vedic suktas. Shankaracharya knew the word. You should sing the suktas, stotras and mantras because the word is the basis of all creation.

Hercules sat on the bull and rode, so you see who Hercules was. You should be able to intone the sound correctly, because sound can manifest light. Normally we seek the light and try to visualise light. But when you intone the sounds the light manifests. All the sounds don't use if speech isn't regulated. When it is Sunday the thought should come, shall we sing Gayatri 100 or 1000 times? Gayatri is light, and for light to manifest we should sing Gayatri very consciously. You should sing and listen to it at the same time, otherwise it doesn't work. I sing Gayatri since 3 years and nothing happened. Do we just sing or do we really listen while singing. If you don't listen you are like a CD player. You should listen each time you sing. Where do we listen to the sound? In the throat. In the throat the sound is uttered. You will be able to see different lights. A light and sound show will be produced. If you listen to every sound, when you say dhyo, the whole head is full of light. Every letter has its own energy, for every sound there is a related colour. If you sing well and listen to it, light gets produced. You have to listen in the throat, from there the light is born, where there is the deepening in the throat. When you listen, sound and light are produced and fills the heart and the head. Then you will have much light inside, groups of light. Listening and singing and realising light, even when the singing is over you are full of light. If you have sung the 1000 names of Lalitha Sahasranama the light will remain for a time, this is the experience. The throat should be kept very pure this way. Such a purified throat cannot speak anything else.

This Prahlada also said to his father. If you have found this taste there will be much joy in you. There were poets where there was so much light inside. Poems, songs, you cannot listen to everything. There is an exercise you should do, when you have done it in the throat, the teacher will give presents. Hercules got 2 presents, the remembrance. Everything you do see that you remember that the teacher is with you and you act in his presence or you remain silent. Because when you are in silence you

have the presence without forgetting the presence, the teacher is also there. When you walk with a person you should remember that another person is also there. When you count the persons you count them and then, plus one. When you call him, he will answer. If what you do is useful he will remain with you. He is at the same time with all who call him. This way remembrance works. Hercules came alone, he, his teacher and his mind, this is called alone. Then 2 horses were given to him, vital force and consciousness. We should conduct practice where we bring consciousness to life or life to consciousness. For this the mind should be directed to respiration. When we follow respiration we reach the heart and more. You can get to the muladhara and follow exhalation up. Now we have life and love. When love and life are brought together we can operate bow and arrow given by the teacher. This means, from now on you are able to hold it, therefore Vishnu gives Rama a bow. Agni gives a bow and arrows to Arjuna. Wherever life and consciousness remain together you hear a sound, pulsation. When inhalation and exhalation are in balance you have the bow and arrow. Through the udhana pulsation we will rise and reach the throat and the throat was purified through the sounds and the pulsation becomes the subtle pulsation and reaches the throat. If you have the pulsation you hear soham and in the subtle you hear OM. Only when life and consciousness come together we are able to reach OM. Life comes down to the heart and then both take to two different ways. The subtle pulsation has the natural tendency to rise upwards and it becomes OM. And consciousness, life, rises and then you have the feeling as if hovering in space. If you follow OM, you ride on the bull, because you are in the pulsating principle. During the utterances you visualise the light, there is a sound in us. All these exercises were described by Master EK in Spiritual Astrology, but do we find it also when reading Spiritual Astrology? When you are in prayer all this will happen by itself, guided by Master CVV.

If we direct our mind to pulsation and go to subtle pulsation up to the throat we will be able to see the bull. The air we inhale is the air inhaled, apana is the air exhaled. When both are in balance you have samana vayu. All this is also in Bhagavad Gita. Prana becomes Apana, Apana Prana. Where they change, this point you should observe. 1995 I spoke for the first time about the pulsating principle. While you are in the samana pulsation the subtle pulsation happens, then OM happens and you have reached the OM, the heart. If you follow the OM slowly within the throat, you feel the pulsation in the lower palate and then in the brain, you then see the three Cyclopes. As soon as you reach the throat you slowly hear different sounds in the inner like different instruments. There are 10 different instruments. I wrote it in Listening to the invisible Master. The climax is the flute music. In the brow centre you hear the OM as flute music. When Sri Krishna gives his presence you hear it as flute music, it resounds in the brow centre. The brows are two mountains and in the valley between the two mountains you hear the flute music, this is how Master EK says it in Music of the Soul. We visualise the sun in the brow centre, there is a combination of sound and light. The flute music as light. We listen to all the 10 sounds and these sounds resound through the 7 energies in you. They are called in the story the 7 sisters. This morning we ended there. The 7 sisters come when our being reaches the pulsation in the throat centre and you gain different divine experiences, sounds, lights, and from the throat further upward you can see many films going on. Singing a Stotram you sing many sounds and see many lights. All seven energies normally sleep. We have the feeling, shall I remain or go? If they decide to go, for example if the eye decides to go you become blind. The divine forces leave old persons one by one. The lights and sounds we have spoken of remain together with the sound of OM. They follow you and the gather in the brow centre. When you reach the throat bound in the Swadhishtana, the speech will also reach the throat. There is light related with the divine word. If you go to the source of the word, it is in the muladhara. In yoga you lift up from muladhara to the throat. If such a person speaks, just like a snake charmer plays his flute, the snake starts dancing. If such a person speaks it has the same effect on others. This is a magnetic power coming to effect. There is a triangle of speech, consciousness and light. What happens next? Hercules takes the bull and the three Cyclopes come, these are Ida, Pingala and Sushumna. These three welcome Hercules, they take the word and bring it to the most holy through the triangle on the front. Ida, Pingala and Sushumna come together on the front and form an entrance, this is the third eye in our literature, from there the divine plan descends through the eye of the bull. In Vaisakh Valley this plan is received. The three receive the word and lead it into the temple. So it says in Lalitha Sahasranama. May we speak the silence without breaking it, may will fill the noise we do. They give three gifts. Through these gifts we become still further enlightened and more wise. These are the three gifts, strength, enlightenment and wisdom. Then Hercules says, I am a son of man and also a man of God. Hercules, a son of Hera, Hera meaning the light of the soul. They bless him and he gives them the bull. The teacher asks him, where is the bull? – You said I should bring it to a holy place and I have brought it there. What happens, the teacher asked. What else happened? We say in Occult meditation the cave of the Polar Bear. The bull is lead into this cave. Someone goes into the cave of the lion and returns, he has already a pure plane of thoughts and speech. Parasara went into the cave before the birth of Krishna and offered himself so that the pure elements could come down and the body of Krishna formed.

Vyasa and Maitreya remained outside the cave and Parasara described from the inside what he did.. He received the word. All great master are in Pashyanti state and the heart what Parasara did. He received the Plan. The teacher moves through Pashyanti to Madhyama and thus can reach the student when the student closes the eyes and goes to the state of Pashyanti, there he can receive the plan. The plan manifests in Pashyanti and in madhyama and Vaikhari the acts are conducted. If you don't know how to catch the bull all this is of now value. In Bangalore I said what you do then. When water and earth mix that is where they meet, where there is devotion and aspiration, where the thirst for truth is, if you do there the exercises these things will manifest. He might not be burnt by the fire of thoughts. The centres can give fire, they can drown us or lift us up. If you are in the presence of a teacher he experiences such unfoldments and upliftments. What I want to say, if you regularly conduct the prayer the teacher inspires you from within. In Spiritual Astrology many exercises were given. Sometimes you get the impulse to read Bhagavad Gita of Patanjali or what Blavatsky or Bailey have written. Something in you gives you the impulse what you should read. Next you will receive the instruction to read something else, and this has a relation with something else. What you read in the books is confirmed by what you read. There are so many beautiful experiences in the Plan of the Master. Master EK didn't say by chance that for all you want to reach the prayer is sufficient, and he took it as a challenge and has realised, yes, the prayer is sufficient to reach all. Master EK has said so and I tried and saw that it is sufficient. No matter what people tell you, connect it with the inner and it is shown. This Master Jupiter says to Hercules. He says, don't forget the remembrance. The last is the white robe and the club forming in you. For this reason Master EK has told us to do this. He has only taught us what he got as an instruction from his teacher. He said the purpose of my life is to give these lectures and write. We have his lectures and writings. We study them because we have them, but if you do the prayer you will realise the secret while practicing. You should not think that you have realised by reading. If you read pickles you cannot taste pickles. First you get the impulse what to read and then you experience. If you sit down and invoke the Master, he will come. How often we sit and invoke him without expecting him. He is not disappointed, he comes again and again. Master CVV gives you the strength to conduct the prayer, he says he remains with you. But as soon as we sit we think of our problems. Do we think of the Master? We should think, why did I come to the Master? There is only one reason, the truth. The Sat Guru shows you the way to truth and he enables you to go the path to truth. Through speech he lets you conquer all. This has been shown as the capturing of the bull. In the west I didn't speak like this about the story, it came in another way, and this time it came in still another way. This way Hercules did his work. He gave the bull to the Cyclopes. Even if you have three eyes, the third eyes radiates. The Cyclopes are beings who see much better. They blessed Hercules because the grace of the teacher was always around Hercules. In the book it is not said how long such a work takes. There are 12 works. Like we have Hanuman they have Hercules. No one in Greece knows this wisdom. Like a big flood all the wisdom was washed away. In the old temples and spoke to the priests they looked at me and said, we don't know about it. In the temple there were 24 pillars. I asked the priests why you have 24 pillars, they said, we don't know. Normally we have 1 – 1 – 3 – 9, these are the female numbers. One person asked, why we have 6 pillars, I said, in truth this are 5 pillars. Between two pillars there is the real pillar. The space between the pillars is the real pillar. You enter the temple through the space in between. In reality these are 5. Two mountains and a valley in between, the space where you think there is nothing there is the real thing. Don't we go through the two pillars? At the entrance there are 2 pillars but one entrance. When there are 6 pillars these are in reality 5. The energy of 5 is present. Above the most holy there are symbols with points, when we count them we can discover the energy of the temple as numbers. The Aryan race begin in the Himalayas. There are sub-races in every race. The third sub-race of the Aryan race went to Europe, the second went to the Middle East and the first into the Himalayas. If you understand this symbolism you can understand the symbols in every country. So there are these symbols in every country. I went to a mountain called Apollo. Hercules is a very holy person. In the ashrams of the great masters he is called Harikulesha, like Giri Sarma is called Djwhala Khula. In his story there were two labours he could fulfil with the grace of the Master. In the third labour he should find the 3 apples of the Hesperides, we can continue in the next seminar. There is a book The Labours of Hercules form Lucis Trust, there is the story. You don't need to read the commentary, because through the Vedic wisdom we have the story becomes different. Every sacred scripture has its symbols but it doesn't have all the symbols. But the most comprehensive symbolism is in the Vedic scriptures, and only parts in the other scriptures. There is the knowledge of grammar. Without it you cannot really understand the scriptures. We collect so much wisdom, when we meet again I wish that you have remembered the part I now taught. Don't come back without remembering. Now we have the plan for the next Guru Pooja. If it is true we have the plan for the next 4 Poojas. We will continue.

Sunday, 15 January 2012, morning

Hearty fraternal greetings and good wishes to all the brothers and sisters.

You have all journeyed here to regain our original identity. It is your timely aspiration that brings you every year to India, travelling thousands of kilometres. In the very outset I transmit the winter solstice of lunar calendar. We have been meeting for a group life in India since 25 years in the month of Capricorn, and every time the group life commenced on this lunar solstice. The tradition of being together to strengthen the aspiration of our spiritual beness commenced in 1988. It is an annual group life since 1988. It is our 25th gathering in the month of Capricorn, commencing from the lunar solstice. From 1988 to 2012, with both years included, it is the 26th group life in the month of January. One thing has been constant, this meeting in the month of Capricorn, and another thing that has been constant and consistent is the teacher that has been teaching for 26 years. Aspirants have been gathering. There have been some consistencies among the aspirant. There have been many aspirants coming consistently to this group life, and all the aspirants who gather here in the energies of Capricorn, the energies of the perfect man, the cosmic person. We gather here to trace perfection by aligning with the cosmic person. Through such alignment we get magnetised by his energy so that gradually the imperfections drop off and perfection emerges. It is a continuous process. We are the images of the cosmic person. The images need to be according to the original, but the images through desire distorted their energy pattern and consequently lost their perfection and gained distorted images. We meet to regain the perfection through tracing perfection by which distortions disappear. Desire distorts when we do not know how to desire, what to desire, when to desire and where to desire.

In trying to realign ourselves with the one cosmic person we develop so many concepts of occultism and have lost in the forest of concepts. The purpose of orienting to the one cosmic person is lost in the varieties of concretised concepts of theologies. The direct message is to orient to the perfect, to find identity with him so that the patterns of the perfect, to bring back perfection. Those of you who come from the occult know the perfect figure coming from the great initiate who is more a painter than an initiate, Leonardo da Vinci. He gave the symbol of right proportion from head to foot. But we do not relate to it or orient to it or get magnetised by it. If we do that the imperfections fall off. Perfect symbols are meditated in occultism, but why we meditate perfect symbols is not consciously known. People have perfect symbols, the cube, the globe, the perfect figure of cosmic man in their scriptures. Slowly bring the energy of perfection into us to eliminate imperfection. Capricorn is the 10th house of the zodiac, it is seen as the perfect sign. Capricorn is the 10th house of the zodiac for the simple reason, it is the best admixture of spiritual nature. It is the best mixture of cosmic nature and cosmic man, 5 + 5. Cosmic nature is in proportion of 5, and cosmic person is in the proportion of 5. The sun rays in the month of Capricorn carry this perfect energy of cosmic person and cosmic nature. Therefore Capricorn is a sign of great importance through the birth of the saviour every year on the very first day, he is reborn in the month of Capricorn, commencing from the very beginning of the month. The sun ray has the double nature, meaning the quality of the cosmic person and of the cosmic nature. When one is oriented to the sun ray during the dawn hours he stands the chance of receiving the energies into him. To orient to this energy to symbol for this is also given. Man is required to stand in the form of a five-pointed star and receive the energy coming from the sunrays during the dawn hours into his two hands, his head and his two legs. The symbol was given to the aspirants by a great initiate coming from a school of knowledge, he is also a grand Master. Receiving the energy of cosmic man and cosmic nature is found to be of great consequence. In the book *Spiritual Astrology* – no one has read it, it is just in the book shelves. The books coming from great initiates need to be meditated upon. The sunrays relating to Capricorn could not be completely explained by the seers of all times. *Spiritual Astrology* says that even the Vedas could not explain the complete nature. We are the original Veda. In us there is the potential of knowledge, we are the live Veda. By deep meditation only we can get meanings of scriptures. Madam Blavatsky said about Capricorn in the last volume of *Secret Doctrine* of a being with whom 50% is in the man form, the upper part, and 50% is in the dragon form. The lower form of the body is the dragon in the cave. It can float on water, it can be fiery, it can move in air, flying, and it can stay inside. The number of the man-dragon is 5. Five is the number of Makara and kumara. Makara is the dragon, kumara is the one who rides over the dragon. Every theology and every mythology speaks of man over the dragon. The perfect dragon and a perfect kumara represent the perfect man, the cosmic person. In every part of the globe dragon and man are depicted in different forms. The dragon represents the perfect cosmic nature, and the man presents the perfect cosmic man. The cosmic person is the one in whom there is a happy blend of cosmic man and nature. People don't understand that symbol. We are students of occultism, but even a small disturbance can move us away. For example in India many people many times see this figure, and incarnation of Vishnu, only to show the lower half as the dragon and the higher part as the man. 50% of the figure is depicted as man, 50% as an animal. It is the message of the cosmic person. There is a mermaid in

Denmark, where the upper part is a woman and the lower part an animal. Many theologies speak of killing the dragon. Killing is a blind. You find a lot of killing, Samson killed a lion, Hercules a lion, a dragon, a serpent. Killing is a blind. If you have killed something you are not a perfect man. In occult understanding there is nothing really killed. The soul is immortal, matter is also immortal, if you kill something gross, it goes to subtle, if you kill the subtle it takes to causal, if you kill the causal it takes to spirit. It goes through modifications. Occult understanding of killing is refraining. If you tend to be victorious over another, he will come back and kill you. They conquered land, but there are backlashes. The Spanish were there on the American continent, the British were there throughout the globe, but what happened? When you are victorious, the vanquished always feel to beat back. Occultism doesn't believe in conquering, no defeating matter. It is befriending matter. Only when we are friends we can co-exist. Any other relation doesn't allow co-existence. A man and his wife should co-exist, but not dominate the other. If one dominates the other will dominate in the course of time. Joyful co-existence, or friendliness. If we can be friends, all that is around us, we tend towards perfection. The one on earth who is an embodiment of friendliness in Maitreya. Mithra means friend, Maitreya means the friend of the universe. Friendliness tends to be perfection, but a dominating person is imperfect. A friendly person is the one who stands the chance of gaining perfection. The matter and spirit in us should find their friendliness, then we shine forth. If spirit dominates matter it is also not a perfect situation, like theologies speak of. A friendly one is friendly to all. He has no enmity to anything. He is friendly to man, to a mosquito. We are not friendly to mosquitoes, so they are not friendly to us. There is a story in the autobiography of a yogi where Yogananda tried to fight with mosquitoes and got many bites. Yukteshvar was living with the same mosquitoes, but didn't get bites. Yogananda was not friendly with mosquitoes, so the mosquitoes were not friendly with him. Don't we find nations affected by fear and suspicion? They have so many security systems and suffer therefrom only because they are caught in a cobweb of unfriendliness. There are people who live with tigers, cobras without fear. They don't fear cold, heat, rain, any season nor poisonous animals. We admire them but don't see what they carry that nothing can affect them. Nothing affects an adept while everything affects us. A rise in temperature affects us, a bit of air affects us. This is because we have affected the surroundings. There is lack of knowledge how to befriend our surroundings. There are persons who remain poised in all situations. They are not affected by any influence. That is friendliness or building right relations with the surroundings. The whole life is a game of building right relations. If we build wrong relations we affect others and others affect us. Capricorn gives the secret of perfect man with a perfect vehicle. The body can be a dragon. We can build bodies within the body. Within the body another body. There is a way to work for them. The causal body does not mean you lose the subtle body, you are holding 3 bodies concurrently – the causal, the subtle and the physical. The body of the dragon, that is what Makara stands for. Makara means Ma – kara. Ma means 5, kara means hands. In a five-pointed star there are 5 hands. If you see a bird it is also a Makara, two wings and a tail divided into two divisions. You see a crocodile, it also has five limbs. You see a fish, it has two ears, the tail is also a double to enable movement. All forms are built in five. Animated forms have five senses, five sensations. Makara is the white dragon. It is understood as a crocodile, but that it a narrow vision. It is a symbol of ka. When we enter into Capricorn everywhere they display a five-pointed star. What does it mean?? A perfect body. A body which has the number 5. Existence becomes awareness in the morning and in sleep it escapes again into existence. Once we are awake we are a double, we exist and have awareness. Pure existence is called the God Absolute. We are existing but don't know that we are existing. The existence becomes awareness. Being is existence, becoming is awareness. You have become aware in the morning. When you are aware, there is a double, existence and awareness. It is not your will to take to the necessary awareness. You have knowledge, act according to that knowledge. The will to get up from the bed. When you know how to get up, then we tend to be vertical. Then you conduct the acts of being vertical. Before there is the knowledge of becoming vertical, before awareness there is existence. The 5-fold man is existence, awareness, knowledge, action. ... If the body of 5 does not cooperate with the man of five, it is a happy blend of a person with his five-fold body. Purusha had 10 fingers. He is active with all his 10 limbs. The perfect man is born in the month of Capricorn. The month of Capricorn is seen as the birth of perfect man. Jesus Christ was perfected, he was born at the very beginning of Capricorn, he is a saviour, he can show the way so that others also find it. It is not that he has come to save us. He showed the way by living a life of friendliness. The 10th sun sign of Capricorn has many symbols. In the last 25 years I have given many related symbols, 25 years is also a symbol of five. We are saved from ourselves, otherwise we can cause obstructions for others. That is the reason when Jesus the Christ when put on the cross, when people were weeping, he said, don't weep for me but for you. The cause for weeping is in others. He did not weep even when crucified. He was trying to transmit wisdom. He was continuing teaching wisdom until he departed from the body. We weep for others. He is an example not to weep but to work. Capricorn is an opportunity each year for a fresh beginning for the dawn of the devas. We need to perfect our beings by striving to perfection. Unless we are intent upon tracing perfection we don't

overcome imperfections. There are imperfections in the physical, emotional and mental bodies. Each one of us is fine as per awareness, but we are into this triple of willing, acting with the related knowledge. What to will? What not to will? Our desire is an inferior version of will. We do not know what to will. The will has to come from the soul, the personality desires. We do not distinguish between will and desire. Will reflected is desire, love reflected is emotion, and knowledge reflected is ignorance. If it is an activity of will it does not give us sorrow, will originates from soul desire from personality. The masters know the way, they live as soul. Soul is a triple, knowledge, will and action. Personality is a triple, of desire, emotion and ignorance. Relating to the original we gain the power of the soul. For this reason we meet to relate to the cosmic person. We need to meditate upon him. This cosmic person is known in the West as Adam Kadmon, and in the East as cosmic Purusha. We are his image, we meditate upon him and gain strength for our will from his will. The will, knowledge of God gives us strength. The number of the perfect person is 10. We try to restore the original state. That is the whole work, and it is better to do in the month for Capricorn. Capricorn is the 8th sun sign in a perfect zodiac of 10 sun signs. In a perfect man there are only 10 sun signs. In a perfect man Libra does not exist, the desire does not exist. Buddha said, will to serve others, do not desire for you. That is the status for everyone. Master CVV also says the same thing. Fulfilling needs is different from fulfilling desires. Fulfilling needs does not create consequences.

What to give and when to give, what not to give, this stands as the fundamental key to perfection. People receive but it evaporates when they are not working with it. Such knowledge does not stay with us. Knowledge illudes us. So much knowledge we hear but it does not stay. We land in the same illusion and conflicts. As long as a person meditates you are with wisdom. If you are with wisdom, you see the ever-changing nature with you.

Knowledge carries the changes for the better. The triangle of will, love and activity gives the same knowledge also. The will, knowledge and activity through which man functions also changes according to time, but there is the Will of God. Therefore relating one's knowledge to divine knowledge the will to divine will and action of divine action is linking to the eternal. The cosmic person, how he willed to be in the universe. The details to this process was given in the last group life. God beyond creation has formed himself to God in creation. The unspeakable through him came the impulse to creation. We explained in the last class. From out of the cosmic egg he came out was also explained and what are the cosmic intelligences, 15 intelligences, was also explained, God in creation. The Purusha Suktam, and Sri Suktam, his splendour. God in creation is called Adam Kadmon, Vishnu, he has so many names, he is the prototype, we are his images. You are the image of the cosmic person. How to relate to him? In meditation we can relate to him. Names are many to the cosmic person, Christ, Krishna are some of his names. Every theology has the God in creation, and each one of us is a replica of it. As much as he is perfect so much we tend to be perfect when relating to him. The decad is what Pythagoras called the perfect man, the Indian system says the mandala. This theme we shall engage in. Thank you

Sunday, 15 January 2012, afternoon

Hearty fraternal greetings and good wishes to all the brothers and sisters.

The cosmic person is the theme we speak about this afternoon. Our body is a temple and all the cosmic intelligences that constitute the cosmic man exist in us in a micro form. By contemplating upon that form we develop a relation and an attunement to the cosmic person. During our contemplation as much as we relate to the cosmic person in us the cosmic person impresses upon us. This is the science of impression. When the cosmic person impresses someone it is said that he becomes one with us and descends on his head. It is also said in a different terminology, he gets crucified in us and we get crucified in him, it is a two-way process. It is like a mould impressing upon matter so that matter gets formed according to the mould. If you impress the mould the matter gets the same mould. That is the way products are also manifested. We are made of his mould and we got distorted due to our irregularities. By realigning we tend to gain our original form which is the form of the cosmic person, and regaining our original form the irregularities gradually go away. We are all restituted by substituting the substituted by the original. This is a key in the Veda, it is called the key of correspondence. As original, so is the duplicate. For that reason we first remember that all of the body does not belong to us and we too don't belong to us, but to the cosmic person. All around us that has body and intelligence also belongs to the cosmic person. So we relate to him through this thought and in such a relating we try to impress the cosmic person in us. There is an orderly way of relating. Firstly to imagine which is not only an imagination, but a truth. Our system is his system. The cosmic person if it doesn't exist we don't exist. If the ocean does not exist the wave does not exist. He exists in us as our existence. This is for contemplation. The second is, His awareness works in us as our awareness. It is not our awareness, it is his awareness in us. Awareness comes and goes. It is not our growth.

When awareness grows it goes back into existence. This awareness is called the Mother. The first is existence, the second is awareness. The existence is the father, awareness is the mother. Understanding the existence and awareness we contemplate upon the father and the mother. The second cosmic intelligence is the awareness.

The third is the cosmic will. This cosmic will has to be meditated as the distance in us in between the glands. It is also called the cosmic will. Therefore consciously we have to meditate upon the centre of the forehead and visualise that a vertical eye exists there, not horizontal, but it is closed, and we propose for its opening. It is an imagination. Until that eye opens we have to work with this contemplation upon the cosmic person. That is the third aspect of relating. Then relate to the right eye as the solar light of the cosmic person, and the left eye as the lunar light of the cosmic person. That is how we awake to the true eye. The solar as the right eye and the lunar as the left eye. We equate the soli-lunar light in us, the mind and the consciousness, and we will be able to function in unison. That is the fourth contemplation. The first is existence, the second awareness, then the third eye, then the right and left eye. Then the cosmic sound visualising the upper part of the ears. The cosmic sound exists in us when you close your two eyes and listen, a feeble waterfall is happening, it is a sound. Meditate upon it and you realise the Anahata sound in you.

The sixth meditation is in relation to the inthrow and outthrow of air in you as the cosmic Mitra. The cosmic twin god as the breathing in and the breathing out.

The seventh step, meditate in the mouth the cosmic fire. Therefore don't put out that fire. The fire comes out of the mouth of a being. The Greeks have a being called... where the fire comes out. The Veda says... meaning, from out of the mouth emerges the cosmic fire.

The seventh one, from mouth also comes out one of the twin gods, Varuna, the taste. Taste is not only for food, but taste for life. We have to make our life tasty. A small aspect of the taste of life is the taste of mouth. The taste of life you find through the surrounding nature. In relating to the surrounding life we develop the ability to taste the presence of the other beings. In the mouth you have taste for life and also the cosmic fire. Taste and fire. Also a great intelligence exists in the mouth on the tip of the mouth called the word, Saraswathi. Saraswathi puts you to experience life provided the word is used properly. The tip of the tongue is the goddess of cosmic intelligence. It can be awakened through truth speaking. Don't speak untruth. It happens to be the eighth regulation, working with speech. The contemplation that on the tip of the tongue exists the goddess of wisdom. And from throat to the tip of the tongue represents the venue of the goddess of wisdom. That means from the point in the pit of the throat to the tip of the tongue you have the field of the word. You utter forth the divinity, the quality of your speech decides your quality.

Then around the shoulders and shoulder plates the cosmic protector, he is called Indra in the Vedas, meaning who protects all THIS, the creation. The shoulder blades, the two hands are his field. To protect another being is mostly done with strong hands and shoulders. It is a cosmic intelligence.

Then there is the cosmic intelligence of pulsation as the 10th one functioning in your heart centre. We should be relating to it, the cosmic pulsation is also related to the fiery breath of the aspirant. That is the functioning with the law of ascent (?) and alternation. The pulsation can be visualised as the cosmic bird.

Then the cosmic second Logos in the heart. The cosmic first logos is in your third eye, in the heart is the cosmic second logos. The cosmic bird is in the higher and lower heart centre. Therefore it is symbolically said that the cosmic bird resides over the lake Manasarovar.

Then we come to the navel in its twin aspect. The upper part of the navel relates to the cosmic third logos, the lower part relates to the cosmic mind which is functioning.. The navel has a lotus of 10 petals. There is an upper and a lower part of the lotus. The upper part relates to the Plan, the lower part relates to manifestation. The upper part, the five petals, orient upwards, the five petals of the lower part orient downward. In the upper part is... in the lower part is his mind. In mind there is chitta. Chitta is the point of consciousness. Like that we have the 13th and 14th intelligence. Cosmic 3rd logos between the navel and the heart which you call the region of Virgo is presided by the cosmic virgin nature. In the body you have to see the cosmic intelligences.

Then come the other two which need not meditated, the cosmic desire and the cosmic sexual procreative energy.

The intelligences up to the navel shall have to be regularly invoked. The cosmic mind builds your body. The 15 intelligences existing in us are not ours, they belong to the cosmic man had he deposited these intelligences in us. From head to navel including the two hands, this meditation has to be done regularly, when you do regularly they get awakened and once they gradually get awakened they are reforming our energy. This is what is possible when relating to the cosmic person who exists in us as ourselves. Thereafter sing the mantra, that I am, Soham, meaning THAT I AM. What is important is that you related to the THAT I AM, so I AM. That is how every son of man becomes a son of God through contemplation. A son of man is transformed into a son of God. The iron piece becomes a magnet when it orients to the magnet and the iron piece is transformed. The cosmic person himself

by relating to him the higher impresses upon the lower, the lower absorbs into the higher. The higher energy can impress upon the higher, the lower can be absorbed. The student cannot impose upon the teacher, but the teacher can impose upon the student. The ultimate imposition is the cosmic person imposing on the man. It can be contemplated in the presence in the presence of a son of God. Therefore a teacher is invoked in our heart who is a son of God. Since he is already and impressed one or an anointed one he would facilitate this impressional process. That is how the whole work is written within. There is a triangle manifestation between the teacher, the man and the cosmic person. Teacher is seen as the one that completes the triangle. A man and a lady love each other and want to get into holy union, they related through the presence of the priest. He is a facilitator. Even if a man and a lady fall in love they go to a priest for a happy communion. Likewise a triangle is needed for communion. It enables creation. That is why for creation to come through it is a triangular activity, a network of multitudes of triangles. Through this process of triangular activity... Jupiter the energy functions through triangles. The triangular functioning is called wisdom, Trinosophia, wisdom of the three. The cosmic person and a son of man who has become a son of God and a son of man constitute a triangle. That is how in all these contemplations we first need to invoke the teacher and seek his presence and later get into the contemplation. That is why it is easier to fulfil through triangles. Such is the contemplation upon the cosmic person. Please include it as a part of your work. Visualise these intelligences in us to start with. We otherwise just live thinking that we are living and working. The cosmic intelligences are at work. They would not work in us if not invoked. Your ear cannot hear. Likewise the cosmic intelligence called the solar light would not appear, you lose the strength of your right eye, the lunar light disappearing you lose the strength of the left eye. The third is not yet opened. When the fire disappears everything disappears. There is no pulsation, then there is no breathing. We need to be thankful to these devas. These are the cosmic devas existing in you. The cosmic person working through you. The cosmic ray constituted the cosmic person, this was the theme of the seminar in 2011. The recognise their existence in us, and we recognize that their existence is our very existence. Intelligence does not exist in us. That is why the scripture says, God made man in his own image and likeness. Images can be distorting, but the original is in right proportion. We may not have right proportion, we may have a very small forehead and a big throat and an out of proportion mouth. We may not have the taste in us in right proportion. It is this proportion in us which gives right proportion of man on the basis of the cosmic person. When proportion is in perfect state its potential is complete. When the proportions are not in right state there are imperfections. There is a proportion for the ear, from a small ear, there is a proportion between the eyes, the forehead, the shoulders and the hands. If your hands have right proportions your middle finger can grip. Phrenology is the science of impression. Men of wisdom know how the energy patterns work by seeing the frame of a person. The energy patterns of the person are expressed – a sharp nose, a slanting forehead, a good proportion of the teeth in the mouth, neither protruding nor retreating. These are all seen in wisdom. When a diabolic came to Rama the incarnation of the second logos to join the King. A diabolic came to him to fight against the diabolos, many suspected it is a trick. There was a great diabolic, Ravana, his younger brother came to work for Rama – can you believe? It seems to be an act of a traitor. People said, it is dangerous. But Hanuman looked at him and informed Rama that the shape of his head are right, the ears, mouth, nose are right, his throat is right and the like, every part of the head were right, so Hanuman said, this person can be accepted. Though he is a Diabolic he has many traits of the cosmic man. The best way to know another person is to see what does he speak, the quality of his thoughts and the quality of his speech, by this the quality of him is known. It is all about proportion. The right angle. A Masonic person means, well built in terms of energies, in right proportions of speech, thoughts and actions. Does he think and listen too much and does too little? It can be seen. Not of the speeches he makes but of the deeds he does a man can be known. That is how proportions are seen, and all intelligences are brought to order when we regularly relate to the cosmic person through our daily linking. That is why the images of the sons of God who are men of perfect proportion, these images can be used for contemplation, an image of Christ, they are great magnetic. Relating to them also has a similar effect. That is how the work has to be done. I will give more details about the 15 aspects of the cosmic person how he brings out in 10 rounds the 10 perfect proportions and how it rotates 10 times. And in the process we engage in relating to the cosmic person. In India they say the form of Krishna, Vishnu or Rama, all have that proportion, you can also take the form of Christ, not the crucified one, but the one with one hand on the heart and the other blessing. Thank you.

Monday, 16 January 2012, morning

Hearty fraternal greetings and good wishes to all the brothers and sisters.

This morning we shall have five more categories of contemplation in tune with the law of correspondences to experience the cosmic, the solar and the planetary angels within the microcosm called the human being. I gave you yesterday 15 cosmic intelligences in the cosmic version. This was how the whole creation and because of them the human body enables their active functioning within us. Though we may be a small unity of consciousness, the human is solar and cosmic. All initiations, human and solar, can happen to the human when we regularly contemplate upon the grand universe within us which is detail of cosmic, solar and planetary system. I shall now proceed to inform you about the four Kumaras who can also be five. Sometimes they are four, sometimes they are five. The four Kumaras constitute the schematic working of the universe up to the individual. One kumara presides over the cosmic system, the second kumara presides over the solar system, the third kumara presides over the planetary system and the fourth kumara presides every individual or a being of the planet. These are the four Kumaras represented by the fourfold path, fourfold word, fourfold Veda, fourfold time. All is fourfold. That is the basic teaching I have been giving over 25 years that the basic description on the very first teachings of the secret Doctrine. It is the basic symbol that was shown to Madam Blavatsky to enable a revelation of wisdom from within oneself because each one of us is a cosmos, though micro. The first Kumara relates to the pure existence. We also refer to him, it is not he or she at that state. The one Kumara, just for the facility of language we take Kumara, it can be Kumari also. Every Kumara He or she, he is not in a sexual division. By habit we say he, but he is also she, but habit it could be she also. That one may complain of the femininity that most of the scriptures came through the males and God is referred to as he, but God is as much she as he. He is male-female at all the four levels, thereafter he may be male or female. The sexual differences start happening much later in creation. It did not exist until after 50% of creation has happened. In a zodiac of 12 sun signs it is in the 8th sun sign of Libra there is substantial difference of male-female energy. Until the age of 7 years a child is neither male or female, there is no sexual differentiation. The differentiation happens between 7 and 14 years. There the mutual attraction starts. The one is divided into two. It is but one in the form of two. A girl of seven years and a boy of 7 years there is no thought of sex at that age. It gradually expresses between 7 and 14 years. So before that it is all neither male nor female, virgin. Those who have depicted the mother Mary and Jesus, Maria and Jesus, they look the same. You can't say, this is male, this is female, that's the beauty. When people see Maria they feel Jesus, and when they see Jesus, they feel Maria. The one is the other. That is the beauty of a virgin, it is androgynous. The philosophy has been that we say he. Lord Maitreya is neither he nor she. This dimension generally we lose sight of because we are on the divided level of consciousness. There is no difference. This we kindly hold in mind, with this there is no differentiation. In Venezuela there was the question, Master why there are only men as Masters? There are, in the scriptures they have their ladies. Even the trinity is one with the other. I answered the question of a group member like this. Unfortunately it was disturbed. They have unconsciously called God as he. Sanat Kumara is a youth of 16 springs, when 16 cosmic principles are fully awakened in him, then he is a person with 16 springs. We also say of the mother she is of 16 springs. The mother is worshipped with 16 sounds so she is as much in the male and female form. So make not of that beyond sexual division there is no male-female separation. When the third eye got closed there was the separation, when it opens it is clear that those where the male and female energies are well blended there is a good balance of the energies. When this unity is lost and we are bifurcated, instead of one eye we have two eyes – the one eye could see before and behind. There were beings of knowledge. Take the very valuable information not to differentiate when we speak of Kumaras not do differentiate between male and female, therefore they don't have to marry. They could go into that state to procreate high souls in a later state. When male and female is united in one energy it is the most perfect state of a being. In a zodiac of 12 sun signs Libra is the 7th one, until the creation of the 7th there has been a harmony and the zodiac of 12 sun signs, the division in Libra is well explained that the disciple has to regain that undivided consciousness. The male-female beings, the Kumara, the first of them presides over pure existence, the second about the pure state of awareness, the third over the plane of cosmic though or ideation, the fourth takes to the plane of action.

There is the pure state of existence as the existence which is within and beyond creation. Then we have the pure state of awareness, the cosmic system, then the third stage of ideation which is on the solar system, then there is the plane of action which we call the planetary system. When we exist in the cosmic person we exist also in us. The cranium, or the crown, when we reach that state of awareness, the awareness merges into pure existence, that is Samadhi state, the state of Brahman. The Brahman permeates the whole creational system. Existence exists in the entire body. The brain and what is around the brain is the whole state, from that state you are connected to the crown centre, the centre of Sahasrara, we call the cranium, a thousand petalled lotus, the brilliant cells you have. It is illuminated. With existence as basis the illumination it shines, and the second state, the second Kumara, is in the Ajna. The third Kumara is in the heart, the fourth Kumara is in the Lotus of solar plexus. Most of you must be knowing, because you study books. In the solar plexus lotus 5 petals

unfold upward, 5 downwards. In the teachings of Master DK they are well depicted, in others they show 10 upwards. That is the fourth Kumara in the cosmic system. In another system they become Brahman, the absolute, the cosmic Will centre, Ajna, Love centre, activity centre. Love and knowledge in the heart, activity in the solar plexus. The third logos is sitting in the lotus and making a creation through the 5 downward petals. The Vedic scriptures speak of a horizontal God, it is in Secret Doctrine. In creation there is a horizontal God from the navel of whom springs creation. The cosmic person we worship in a vertical manner. The cosmic person we worship form the vertical form. Guru Brahma, solar plexus, Guru Vishnu, Heart, Guru Devo Maheshvara (Ajna), and then Guru Sakshat Param Brahma, in the Sahasrara. In the recent times all meditations were in the navel, now it is more in the heart centre. All the things have been given in the scriptures. There are contemplations relating to heart, navel, ajna. Let us stick to the original theme. The first Kumara in the Sahasrara, the second in the ajna, the third in the heart, the fourth in the solar plexus. Heart is the pulsating principle. The fourth kumara at the navel. When we think of Kumara we are being at the navel as action oriented beings. We build an alignment with all the Kumaras from Sahasrara to navel while we orient, we build at the navel, heart, ajna, Sahasrara. The fourth is in inversion, instead of being in the upper part of the lotus we turn upward down and sunk further down. If we reverse our inversion and sit upright in the upper part of the solar plexus we are a perfect quaternary, we are a cube, not a distortion. There are many who want to be spiritual are not perfect, spiritual is not perfect. Many who want to be spiritual, but they are not working on the plan. The Kumaras are not only spiritual but also perfect, they can manifest the kingdom of god upon earth. That was an illusion. We have to be with the Brahman in the Sahasrara, it becomes effulgent awareness, manifesting on the globe. If you are in all the four aspects relating to life you are a quaternary and Pythagorean form, a triangular form which is a pyramid. Within the cube there are six pyramids, their topmost points joining together they form a cube. That is why a kumara is considered to be a formula. A pyramid has six sides, every side has four right angles. A cube has six sides, and each side has 4 right angles. Four right angles on each side and six sides make 24 right angles into a cube, that is how a quaternary is considered a perfect creation. Even a solar year has 4 parts, in a day there are 24 hours. In a cube there are 24 right angles. A cube has six sides representing 6 seasons and it has six pyramids. We are a cube. There is a huge difference between a pyramid and a cube. An adept is one who works on the ground and is also with Brahman. Jesus said, I am here to manifest the kingdom of God on earth. So we have 4 Kumaras in the universe and in us. The fourth kumara is in the upper part in the lotus of solar plexus, the state of chitta. The first state of comic consciousness's called Brahman or paramaatman, then comes Atman, then buddhi, then chitta being the 4th principle. These terms you find in the books. Yoga is perfection of subtle activity. Sense activity relates to mind, mind is in the lower part of solar plexus with the 5 petals, we are just with the mind. Unless we arrest the state of sense activity. With mind you cannot meditate, we have to meditate with the higher mind. What is higher mind? It is not buddhi. Buddhi is still far higher. Higher mind is chitta. The downward petals constitute the lower mind, manas, the upward looking five petals is the higher mind called chitta. Chitta is not mind stuff, that is why Madam Bailey was conceived. Chitta is the fourth aspect of the cosmic person. The stop is in the lower part of the mind. Mind is stopped to do our orientation to objectivity. You are in the objective mind, unless it is switched off, when you withdraw the senses from objectivity, all things must disappeared. When you sit in meditation we should be able to switch off, we cannot think of husbands or spouses, dogs and plants at home. Objective mind relates to objectivity. You have to lift from the lower downward petals into the superior petals which we call the five-pointed star, it is nothing but the fourth aspect of kumara. Meditate upon buddhi in the heart. Only illusions happen, nothing else, if you don't orient to buddhi. Relate to the diamond light of the second logos. People speak very vaguely about chitta, manas, atma, buddhi, not knowing what. Working with the Kumaras is sitting in the upper part of the solar petalled lotus. We use the five-pointed star. The pyramids form a cube, this was made by Hans Kleyböcker, it has six sides, six elements make a cube. I was deeply touched when Hans Kleyböcker gave it to me in Engelberg 1994. These are the fourfold Kumaras vertically. Each pyramid can be folded. It is the human form. What is it? The cross. The other side of the cross is not known to the people. It is there in Secret Doctrine. Wisdom always holds something behind. She shows this figure, when you join them it becomes the cube. At some other place she speaks of the pyramids. We are now in Chitta, the fourth state of the cosmic person which we are, but instead of sitting of the chair of solar plexus we are sitting under the chair looking downward into objectivity. Sitting downward, upside down we think of cosmos, they only remain concepts. For a master of wisdom it looks funny to handle the sublime concepts not knowing how they are. You have to be in first state. In no exoteric teachings you don't find this. We are all lucky that we are related to Hierarchy. A disciple concerns with objectivity and moves to the heart centre and resides there, he is in deep contemplation. It is like being deep in the house not available in the house, people cannot see him in the house. A true disciple stays in the heart and after completing the work in objectivity he goes back to the heart. His master goes still deeper, he resides in Ajna and guides the disciple in the heart, and the one in the

heart guides the one in the chitta, the fourth state, in the fourth state you guide the people. In the mandala oriented to mind, it is a five-pointed star in the upright position. If it is oriented to objectivity only, it is in the downward direction, that is ignorance. A five-pointed star which can relate to the upward part of the mind or chitta is upright. There are many upright in the society, but that is not enough. The upright position to get into the inner chamber, from there you contemplate to get into the fourth state of kumara. When you are in the heart and further come out into objectivity, you are a disciple, not otherwise. Aspirants are mostly in objectivity and only objective thoughts come in meditation. Heart is buddhi, the higher mind is chitta, ajna is atma, the head is paramatma. These are existence, awareness, ideation in buddhi, and then action. You get confused with them. When we say Sanat Kumara we are speaking of the heart. When we say Sanandana, we speak about Ajna, when we say Sanaka, or Sanaka, the first, the second of Sanandana, the fourth is called Sanat Sujata. In the book *The World Teacher* you find Sanat Kumara and Sanat Sujata, he represents the higher mind, chitta. The fourth state is chitta, the third buddhi, the second atma, the first paramatma. To be four is best, to be three is good, but cannot manifest. Quaternary is perfect. When oriented to the fourth state it works, it can be an extension of the fourth kumara. The pentagram downwards is no better than a beast. The objective mind unconnected with subjective mind is a beast, it is engaged in satisfying ones desires. A beast is eating, mating, sleeping, barking, so is man. He indulges in sex. The fourth kumara is the most ideal situation experiencing 3 Kumaras is ok, from above downward or from below upwards, heart, ajna, Sahasrara, or Paramatma, atma and buddhi, it is a vehicle of work. A master is always in atma, but he has his disciples in buddhi and chitta. Sanandana, Sanat Kumara, Sanat Sujata. In another system it is Vasudeva, Sankarshana, Pradyumna, Anirudha. Enough, so many names. There is one third kumara, with him they become 5 Kumaras. One kumara works in all planes to connect the human beings to this kumara system, to the Kumaras in them, to make the humans that there is the Kumaras in them. It is the impulse each one carries, I wish to know – you all wish to know. Otherwise you have better teacher, better schools. Why these inconveniences of travel, of chilli food, being in a dormitory? This wanting to know is a kumara in you, the desire to know, if he doesn't function you don't continuously improve your knowledge. Are we not continuously upgrading our knowledge? That hunger for knowledge is a kumara called Narada in the scriptures. He is the best, without him we would not have aspiration. If you have aspiration for knowledge it is because of this kumara, it becomes fiery aspiration called tapas. That is why he is the foremost teacher. If Narada is active in us you are continuously on fire to know. That necessarily cause the transformation. Just fire for group life and then water is not a good fire. Normally what happens with an average aspirant is he inflames himself and put himself off. We should keep the flame on, does it take so much time for transformation? If we take the flame on for one cycle of 12 years the mantle of buddhi grows. If it is not growing, the aspiration is not enough. That is why discipleship is not counted by years on the path, but how many transformation has happened. Keep the flame on for 12 years, what happens? That continuity of aspiration is a kumara moving in all the planes, also in the infernal planes, he looks for beings even in the infernal planes and looks with a lighter. He is a very busy man in the Puranas. It is him whom you call in the western scriptures the cosmic Michel, Miquel, Michael. I have a couple the man is Miquel, and she says Miquel, and he says, yes, my dear, the dog is here, because he knows that she wants to give him some work. ... We also say, yes dear, the dog is here. So he is Narada in the eastern scriptures is the cosmic messenger. When he blesses you, you are on the fiery path. These are the five Kumaras in you. Your hunger to know is one thing. If you are hungry of knowledge you daily improve your comprehension through sincere study and practice. The secret of knowledge is practice, until you don't carry out the needed practice it will not stay with you. If the student doesn't practice, once the group life is over we have our vocations and our problems and therefore we don't practice, but put on and off, therefore transformations don't happen. Keep the flame on, make sure that the flame is not put off. If you continue with the flame on by practising then slowly the fifth kumara will lead you to the fourth kumara, he gives the key to meditation so that you reach the third kumara, he will lead you further to ajna centre, and the second kumara leads you further to the first kumara, it is a progressive way of perfecting yourself. Haphazard nothing does happen. Otherwise you will land in wild imagination and personality adventures. If things come you are with fire, all coming is fine. Without this courage all is fine. I can say, I'm a speaker and a missionary. A bit strong. The four Kumaras and the fifth, this has to be consciously done in contemplation. Then we come to another contemplation, the cosmic directional intelligences.. So we have 15 intelligences, 5 Kumaras, and then 10 directions. The diamantine network is related to that, blessed are those who are in relation with this work. You can get out of all fears, Sanat Kumara along with the hierarchy have worked so well that they have swept away the big catastrophe. It is not that we can help Hierarchy with our meditations, but that we link up to them. In the contemplation with the 10 direction in contemplation you are not with the objective things. 15 cosmic intelligences, 5 Kumaras, now the 10 directional intelligences.

Invoke light of the east into the ajna, the foremost is the east in us. I gave all in the book Agni, the fire ritual. I give it now. The light of the east in the forehead, the cosmic lord is called the cosmic protector Indra. Then south-east, the warmth of south-east, it is in you in the hollow of the shoulder blades where you generally get pain. The lord that presides over that is Agni, the fire. It is not the light of the east, it is the fire, it generates the light in us, there are two points in the hollow of the shoulder blades where the prana enters into you through the two points. In temperate weathers you should keep them open. In olden days the upper part was not closed with the great beings, just a shirt on the body. The warmth of the sunrays, light enters into you and makes a triangle with the spleen and light moves around and creates light. So that aspect of Agni vitalises us. That is why normally all kitchens are set up in the south-east. The food is cooked so that the food receives the blessings of that angel in the science of Vastu. Contemplate the energy of south in the heart. The energy of south is not known to you. The lord presiding over it is Pluto, the lord of death. Can you imagine that the lord of death is full of love that you don't suffer in the sick world. For those affright they fear death. He is called Yama. You know Yama, Niyama in Patanjali Yoga. When you lead a regulated life this lord is pleased, if not you have a painful death. Lord Yama is a punitive intelligence, he can punish, the one who carries love can also punish. Did not Jesus punish the businessmen in the temple of Jerusalem? He allows the persons to get spoiled, only out of love the regulations come. Unregulated love can cause the fall. The mother loves, but also disciplines the child, if she doesn't regulate she spoils the child. Without regulating there is spoiling. Love goes with regulation. Therefore the lord of love is also the lord of regulation. It is after the work of Saturn Pluto comes to work. You take south in the heart centre, the presiding Lord is Yama, the lord of love, regulation and the lord of death. The cosmic person and the contemplation upon him is a very advanced contemplation work.

Then we come to the south-west in us, it is at the tip of the spine or the pit of muladhara. The pit of muladhara in Mexican times is Cancun, there is the city of Cancun in Yogashtan, Yucatán. The Mexican names have profound wisdom. This south-west regulates matter in us. That is why in a house we have the heavy luggage and also the toilet, because that is the area where the excretion happens. The science of Vastu is in correspondence with the human body, just as the Cosmic Person is so should the house of the human where he lives be. The house should be like the cosmic being. We shall make another time a small seminar about it.

The lord of south-west is called the Lord of Material, his name is Nirruti. He protects the material of the body, the material of the body is regulated by the muladhara. You need a physically strong body. Not all have physically strong bodies, those who don't have a strong body when they lift 2 suitcases, the effect is in the lower part of the back. A strong man can easily lift it up, the strength is in the lower part of Muladhara, where the material of the body is regulated by Nirruti, he protects the material part of the body, the upper part in the upper part of the head. I will give some more information about him.

After south-west we have the west, that you can meditate upon the lotus of muladhara which is the superior muladhara, it is between the muladhara centre and sacral centre, the west. The Lord is Varuna. His counterpart Mithra is in the east, together with Indra, Mithra, Indra, are from the same source. Varuna is in the west, he gives the life, the moods, the humours, the secretions, all the waters in the body are regulated by Varuna in the west. Then you come to north-west, it is at the nostrils. The intelligence is air, because air enters into the body through the nose. The air enters into the body in the north-west. The presiding intelligence is Vayu – Namaste Vayu. Vayu means, he carries the element of life. The fire of life is from the shoulder blades, but the element of life enters through the nostrils.

Now we come to the north, the crown centre. It is stillness, silence. In Germany we had a seminar in a place called Stille, stillness. That is north, it is chill also. You feel the best of coolness, not cold. There we have the Lord Kubera. He represents the wealth of the universe. The best wealth is the subtlest ethers of the body, he supplies them to the body.

Then we come to the north-east, it is the top of the forehead, there you have the male-female God called Ishana. By this we have covered 8 directions. Then there is a direction called above, it is in the middle of the head. And below, it is at the feet, in between the two feet. The gravitational point, so we have 10 directions. The above is called the upward pulling flame, the below is called the downward pulling flame. The upward moving flame is Indra Vishnu, the downward pulling flame is Agni Vishnu. And in the centre of your body, around the heart centre, on the apex of the diaphragm, that is the central point. That is how we have one centre and different directions. So there are 10 directions and the centre, in total 11. Already those who know the sounds of the fire ritual know the names, but contemplate these points in the body, thus these intelligences get awakened. This is all to experience yourself, the microcosmic person that we are. We continue in the afternoon how the creation came out of the cosmic person and time.

Monday, 16 January 2012, afternoon

Hearty fraternal greetings and good wishes to all the brothers and sisters.

I shall try to cover three more sets of correspondences which we can visualise in our human body. The first is the zodiacal signs, relating to the solar system. Those of you who know the basic astrology already know some parts of it. The entire body can be visualised in terms of the solar system, from Aries to Pisces, from head to foot. The upper head which we call the cranium is considered as containing the energy of Aries, from eyebrows above. The energy that manifests in the brain and in the small brain what we call the cerebrum system, contains the energy of Aries. Aries is considered as the most sublime and the very first sun sign of the zodiac. The time cycles relating to creation commences from and concludes with Aries. One concludes with this sign and also has the protection gathered in the sign. A yuga. Kali yuga is said to have commenced in such a set of planets and will end with the similar set, they once again have a planetary group meditation in Aries. Aries has to be meditated upon in the upper part of the head. I do not want to go into the details of each sign. I request the students to study about Aries in the book on Esoteric Astrology and also in the book Spiritual Astrology. If you make a very good study of every sun sign in these books that come from Hierarchy with Aries and the other sun signs you have a fairly good understanding. The highest point of the head which is said to be the crown is said to be the point of pass-over, the most glorious ritual for a human being when he moves out from the head. It is like exiting from the northern door. We all enter through the northern door when we are born. Head is born first, then comes the tail. We start with the head and exist through the head. For that reason the entrance of the house is in the north in the science of Vastu.

The second sun sign is Taurus, from the bridge of the nose to the neck. You have the 5 senses in it, the eyes, the ears, the nose and the tongue and also the skin. All types have their group meeting in Taurus. Therefore it is for the Taureans to control the 5 senses. Normally a Taurean is more into objectivity. Due to predominance of senses in that part of the body, the energy of Taurus exists between the eyebrows and the chin. Then the shoulders and the throat and the hands belong to Gemini. The very chest where we have the heart, the blood circulation, respiration is covered by Cancer. And the part above the diaphragm and below the heart there we have the sun sign Leo. And then that part which is between navel and the diaphragm is Virgo and the navel is Libra. Below the navel, the abdominal part takes to sacral and that is Scorpio, down to Muladhara. Then the thighs are covered by the energy of Sagittarius and the knees by Capricorn. Today Capricorn has a limiting activity on humanity. Capricorn relates to the knees and then the calves, the ankles are covered by Aquarius and then the feet Pisces. That is the normal exoteric understanding. There are greater details for an esoteric understanding. The 12 divisions of the solar system can be in greater details, in 27 constellations of Moon, there we have a better understanding of the characteristics of every 13.2 degrees, there is a division there is one fourth of a constellation. So the zodiac is divided by 27 times 13.2 degrees. Another is a division by 108 parts. So there is the 108 divisions, 27 divisions, 12 divisions, and by the fourfold division we can study the 90 days, a quarter, it is further divided into 6 divisions. Six seasons exist in the tropics, not in the north. Again the zodiac is divided into 24 divisions, it emerged from the lunations, the full moon and new moon. It is also divided into 5 divisions for certain rituals. Each division gives a certain understanding of time. Each division has 72°. Like this understanding of the energies can be gained in a very deep sense. It is like elementary. The study of astrology, there is also a division of every sun sign into 3 parts. Imagine in how many days we can do a circle and gain the understanding represented in a zodiac. For our understanding it is enough to have the 12 divisions. It is not necessary to go into the other divisions, but I wanted to show you the divisions. The members of the Hierarchy use different divisions to get more information about the time cycles. But the meditation from head to foot daily gives us the understanding of the time cycles in us. After Scorpio Sagittarius being a double sun sign there is a two-way energy movement from the beginning of Sagittarius. One movement is into the thighs, the knees, the ankles, the other movement is upwards through sushumna. The upward movement is to transform the muladhara chakra into the muladhara lotus, meaning a wheel, when there is an upward movement the wheel transforms into a lotus. The wheel gives us just the understanding of circular movement. Then there is a strong upward movement of energies. That is how the higher muladhara is the lotus of Sagittarius. Then the next centre would be in Capricorn, it is in the Cancer area where the 12-petaled lotus is replaced by an 8-petaled Lotus, the higher heart centre, then there is a higher Ajna centre, there is a beautiful lotus on the top of the forehead, of Aquarius, where the higher will is known. Then in Pisces it is unfoldment of Sahasrara relating to higher circles. That is how there is a reverse direction from Sagittarius for a Yogi, a disciple. It is therefore necessary that we contemplate upon the zodiac of time. We do the normal way of above downward and then to a second time from muladhara up to Sahasrara. The energy of Pisces is also in the head. Whatever energy we carry in the head we carry also under our feet. Therefore the scriptures say, whatever is available on the top of the head is available on the feet.

From there is the touch of the feet of an enlightened person, the touch of the feet of the Guru or the Master. You cannot touch the head, so you touch the feet. The feet should be taken care of, it is important.

Then there is a zodiac of 10 sun signs. When we were children we were born with 10 sun signs. Libra is born between seven and 14 years. When Libra is not born the 6th house is Virgo-Scorpio, the 7th house is Sagittarius. Therefore number 7 works for Sagittarius. Sagittarius is time number 9, Capricorn is 10. 8 is then Capricorn, not only 10th sun sign. Aquarius is the 9th sun sign and Pisces the 10th sign for a Yogi when Libra disappears. In the olden ages there is a disappearance of Libra. There is no sexual state in the beginning and in the end. This is a zodiac of 10 sun signs.

There is also a zodiac of 8 sun signs. When Gemini disappears we have a zodiac of 8 sun signs, that is the zodiac of Christ, number 8. It becomes then either 4 or 3, and the 3 become one. You can contemplate upon it. But meditate upon the zodiac of 12 sun signs in the twofold manner.

Then we go to another contemplation. By relating to the planets in the body. In the centres you can visualise the sun signs and the planets. The visualisation is available in Spiritual Astrology. Contemplate upon Jupiter in Sahasrara so as to gain an expansion of consciousness. Contemplate upon the sun in the Ajna, it is the King. Jupiter is the teacher of the solar system. Jupiter stands higher than the sun. That is how Master Jupiter is worshipped with a high veneration. Jupiter is the Guru of the solar system. He gives protection even to the sun. As long as the King relates to the guru. In olden times there used to be the priest and the king together ruling. There were two heads. In Europe the eagle presentations have two heads and the crown covers both heads. We have such symbols, and eagle with a crown on the heads. The king is not a king unless he relates to Jupiter. If you read the stories in Old Testament, every king has fallen when he did not listen to the prophet. The prophet and the king are one and the same. The wise men, though they are not the king, the kings must listen to them. Without the advice of the wise men he tends to make mistakes. So meditate upon Jupiter in Sahasrara and Sun in Ajna. Just meditate about Jupiter in Sahasrara, any other planetary energy in Sahasrara is not equal to it. Libra gives you a good belly when you have Jupiter in Libra. It is not a good position, they tend to eat. Jupiter in Cancer, in Pisces, in Sagittarius, they are good places, but the best place is in Sahasrara. When it is in the head it continues to expand consciousness.

Then you come to the throat. Meditate upon Mercury in your throat centre. Mercury is the Lord of speech and discrimination. There is a book on Mercury. Mercury in the throat centre gives you magnetic speech, it is heard. Speech can be divine or diabolic. Gemini is a double sign. The lord of speech has to be meditated in the throat centre.

Then in the heart centre meditate upon the energy of Venus. The energy of Venus gives you the golden body and enables immortality, the secret of immortality is with Venus. Meditate on Venus in the heart centre, the love of Venus harmonises.

Then in the navel, solar plexus, meditate upon the moon. Moon is germination, fertilising energy. It develops volume. A seed grows into a huge tree by the energy of Moon. Moon gives a kind of expansion. An idea can become a desire with moon. What comes from higher circles the mind can form into finer activities. Moon is to be meditated in the navel centre, where the higher is reflected in the lower.

Sacral, meditate upon Mars. And Saturn in the base centre or Muladhara.

That is how the seven planets have to be meditated. They relate to the seven seers also, but we meditate upon the seven centres with the seven planetary energies. The energies that our system carries are not so ideally placed. We did not arrange the energies in us in an ideal manner. That is how where there has to be a worship room, where there has to be a toilet. The worship room has to be in the heart, in the north or the north-east, but we have in that part of the head where Jupiter is to be a toilet, it is distortion. That is how disorder exists in us. If your moon is in Aries, it has to be in a watery sign, not a fiery sign. They are not perfect. By meditating upon the right order of the planets, if you constantly and persistently meditate upon the right order of the planet they get arranged. A remedial effect can be done, an arrangement can happen when we meditate with the right planet in the right centre. Jupiter in the Sahasrara, sun in Ajna, Mercury in the throat centre, Venus in the heart, Moon in Solar Plexus, Mars in Sacral and Saturn in the base centre. Then there is the positive node and the negative node, the north node shall have to be meditated as permeating from head to diaphragm, and south node from diaphragm to the feet. North from head to diaphragm. Both nodes put together is a great serpent, it is cut in the middle and a distance is put between them, they move in an anti-clockwise direction. The planets move clockwise, the nodes anti-clockwise. The nodes cannot. Neutralising them is a big work. The eastern astrology gives much importance to the nodes, because it covers a work of 18 years, more than Jupiter. That is why in astrology Jupiter, Saturn, node and anti-node are most important. The others not.

That is how the posterior part is seen as the south node, the anterior part the north node. We will have another class upon them, they are very important. They can cause a shadow or a veil even on such luminaries like the sun or the moon. The eclipses come from the north node and the south node. The

north node is called Rahu, the south node Ketu. These two are big energies, they can shape energies. When they are there where we receive the sun, that is the effect of the north node, they can cover our consciousness. North node or south node it is a vacation for consciousness, it does not work correctly. So we have a veneration of the evil so that it does not touch you. We bow down so that it doesn't touch you. When you are affected by the two energy systems what will you do? Therefore we can see from this angle how the planets have impacts on the planetary beings. So meditate upon the planets including these two, this rearranges and gives planetary adjustments. Within you there can be a rearrangement of planets. This is very important. We covered the 15 intelligences.

And then contemplation upon directional intelligences, cosmic directional intelligences, then we have covered the sun signs, then the planets. The fifth contemplation is contemplation upon Shamballa. Once in a blue moon we contemplate upon Shamballa, but when we do it daily.. That is the most high energy relating to the planet, to all the kingdoms of the planet. Relate to Shamballa in the head, in Ajna., close your eyes, think of the Gobi desert and within, hidden within the desert there is a hidden ashram, and within the ashram there is Sanat Kumara, and within his forehead there is the beautiful gem of Chintamani. It is in Shamballa. Sometimes it is given to Hierarchy, but generally it is within Shamballa. Think of Shamballa in Ajna, the Hierarchy in the heart, the hierarchy is working for thousands of years. Think of the entire humanity in your throat, not only your family, your family is humanity. Only in speeches we think of humanity as a family, only as a glamour, but think of humanity in the throat centre, gain purity. Throat centre is Vishuddhi, meaning extraordinary pure. Whatever it is, contemplate upon humanity in the throat centre. Contemplate upon the animal kingdom in the navel, contemplate upon the animal kingdom of the planet in the navel. All kingdoms on the planet shall be in equipoise. The vegetable kingdom at the sacral, the mineral kingdom at the base centre. So we have covered the mineral, plant, animal, human, Hierarchy, Sanat Kumara, he is the king of all the planetary beings, so he is in the 6th centre. In the 7th centre meditate upon the World Mother. The World Mother is expression of the Father. The Father expresses through the Mother. In Sahasrara think of the World Mother. In the Ajna think of Shamballa, in the heart think of Hierarchy, in the throat think of humanity, in the navel think of animal kingdom, in the sacral think of the plant kingdom, in the base centre think of the mineral kingdom. That is the beauty of contemplation through the law of correspondences. It is known from Vedic wisdom as Nyasa Vidya. It is something sublime and big. From the higher to the lower the energies flow. So in all I have given you 7 contemplations upon your own beings. The cosmic being, the, then the cosmic directions, the zodiac, relation to the planets, contemplation upon Shamballa, Hierarchy, up to the World Mother. This contemplation when done at least once in a week that is how you do planetary meditation, solar, and cosmic meditation. When your body slowly gets accustomed to these planes many intelligences get awakened. In all these planes it is the power of thought which awakens. In the cosmic person all this exists, and in you all this exists potentially. Tomorrow we go into aspects of the third Logos of the cosmic person who does the work of creation. The third Logos is the navel of the cosmic person. It is from the navel comes out a Lotus, and it has and upward and a downward motion. When the Logos sits in the upward position, what happens to him, how does he work, how through him a 10fold creation came out, that is our theme from tomorrow. Thank you.

Tuesday, 17 January 2012, morning

Hearty fraternal greetings and good wishes to all the brothers and sisters.

Let us quickly recapitulate that the whole creation came out through the impulse that has happened in the absolute. How the impulse came to be was described during the last group life and we recapitulated very briefly. An impulse of creation also called the World comes out of God, the Absolute, based on the conclusion of the previous creation, of yesterdays activity. You continue today with the activity. Similarly creation that went into dissolution in the previous creation, there was an inconclusiveness before pralaya. The inconclusive activity brings us back to activity. The inconclusive activities of a previous birth brings us also back to life. At the point of dissolutions what we call death pushes us back to rebirth. This is how there are series of creations happening due to inconclusiveness of fulfilment of beings which get into pralaya. There are some beings who get fulfilled, and many beings who don't get fulfilled. The unfulfilled beings see that the conclusion of last creation was premature to them. They were unfulfilled. So there is a strong impulse of beings on the various stages of beings. So a creation re-starts. This was elaborated last group life during 2-3 classes. Just like I give normally the example of a school building collapsing. Not all have finished school, some are in pre-school, some in middle classes, some have finished school. So those who have not finished school would demand another school to continue education. There is a demand of many beings at the end of previous creation. So there an impulse comes after a long duration of time, like a fresh impulse comes to wake us up in the morning. It goes on unless man is fulfilled. We all go asleep. It is a

proposal to awake again. When we go to sleep, don't we think to get up to continue to fulfil the unfulfilled parts? Until every being has realised the soul they continue. The program is due to unfulfillment of experience. Once one is fulfilled he does not come back, only to help others to reach fulfilment. That is how when creation happens it happens to the impending demand of billions and billions of beings that went into dissolution who demand a fresh opportunity. This impulse is referred to in the Western scriptures as the Word, and in the East as Sankalpa. The impulse that comes to wake up. We end today and continue tomorrow, and tomorrow there will be an unfulfilled conclusion. So coming back to fulfil the unfulfilled parts there is repeated incarnation. Once in a life there is a conclusion for some time, likewise there is the conclusion of the work and the beings get fulfilled. Therefore there is an impulse for the beings to come back. That impulse is also absorbed into the absolute system. There is an impulse to re-re-creation, so the cosmic elements came out of the cosmic egg, the cosmic person is born. In that person there is the cosmic creation. How to meditate upon the cosmic person within us I have told the last 2 days. How the cosmic person is born, it is the God in creation, he is the one who is the omnipresent one in whom all the potentials of creation are. When he came to be he contemplated what to do, how to do and then he proposes to do. What happens to us daily is what happens to the cosmic person. He contemplated and he recollected the 4 Kumaras in him. It is the first creation. The four Kumaras constitute the 4 avenues of the beings. One avenue is existence, the other awareness, then ideation and action. These are four avenues which exist also in us. We exist and carry awareness, on that basis the thoughts come to us and we act. So there is a fourfold life. The cosmic person contemplated the 4 Kumaras. That is how the Kumaras are seen as the fourfold cross, the cube I have shown. When it comes to doing, he thinks what he shall have to do? The creation so that the beings can get into it and continue their program of fulfilling themselves. He thought of what to do, how to do, when. Action is the fourth step, therefore the fourth Kumara of the cosmic mental plane is the higher Mercury, I explained yesterday. The existence is in Sahasrara, the cosmic will is in Ajna, the cosmic knowledge in the heart, and he is in the manipuraka. The cosmic mind, like our mind, he let it out at the navel. So the fourth Kumara it is said when from out of the navel a stag of lotus came out and the lotus unfolded and in that Lotus the Kumara is said to carry 4 heads. Unless he has four heads he cannot be in action. One head is existence, one will, knowledge, action. The four-armed cross, one arm relates to action. We also have four heads when we are in action. There is a thought behind our action. Without a thought where is the action? That thought, does it carry knowledge? We cannot do anything without knowing how to do. And there has to be the will to do, the how to do. He should be there to do. When we are in action we are four-fold. We cannot act without thought, So all is fourfold. When we are in action there is manifesting, without action there is no manifesting. The manifestation is what the creator does, he manifests the creation. The creator steps down in his fourth aspect. We step down from pure existence into awareness, our awakening is a stepping-down from existence every morning. When we get the thought to do, we think of what to do, how to do. Once the thought is there you act upon the thought. Action has in it the hidden thought form. In it there is knowledge. Three fourth is always unseen, one fourth is seen only. When you are at the thought plane we don't do the acts. Even if we have thoughts people don't see. The second state is on the buddhic plane, it is not seen. And we are.

Before you speak there is a thought, there is an idea. From unmanifest to manifest. This fourfold aspect has to be seen in every form. There is the form, the colour velocity, the sound vibration and the potential of the number. That is why Pythagoras says, number 1 (...)

Every form has a sound, a colour. The colour of a person is revealed, he is diplomatic, you see his different colours of light in the aura through the quality of the thoughts. What is important is that the creator is four-headed. A wise man cannot manifest white magic unless he is four-headed. Then he is called he is eleven (?) -headed, meaning he knows in term of existence, of awareness, he knows how to do. If you do without knowing how to do, it would be ignorant. Such an act is confused. The creator contemplated one thousand cosmic years to bring out the creation in due and ancient years. Then he manifested the basic design of creation. He recollected them. A creation divided into 4 directions is said to be the basic pillar of creation. That is why we have the symbol of perfect manifestation as a circle with a cross in it and all arms well connected. That is the symbol of the fourfold Kumaras of the cosmic person. That is the symbol of existence awareness, thought and action, the fourfold Veda, the fourfold eye. From out of a fourfold design a tenfold creation comes out: $1+2+3+4 = 10$. To make a 10fold creation. The one who has the ability to be in pure existence, in Samadhi, then transform himself into pure awareness, then build the triangle of thought and then manifest. The first creation is that of the 4 Kumaras. When we relate to Kumaras we can concurrently experience the fourfold creation. Three triangles of four steps come out. The triangle over a square, the fourfold triangle is the best symbol. With the triangle as basis the square is formed. Three Kumaras come down to enable the fourth to make creation. The creator let out creation from out of his navel. From out of God in his fourth aspect the creator comes out. How many detail is there. Creator as God is a poor understanding. What is the basis for the creator to create? Cosmic person has a basis in 27 universal principles. From

absolute to God there was a process. Out of that process an act happened. That cosmic person contemplated the four Kumaras. Coming out of 4 Kumaras is said to be the most important stage in creation. Out of the fourth kumara the creation has come. That is why in the Vedic system is depicted that the creator came from the lotus of the navel. That lotus has 2 sets of 5 petals each. One set unfolds upwards, another unfolds downwards. The cosmic creator representing chitta as the fourth part of creation sits in the upper part of the lotus, he cannot sit under the chair. He is said to be fourfold. When he came out (excuse me for saying he). Language, speech has its limitation to express truth because it came far, far later in creation and it cannot explain what was before. Most of us may have very brilliant ideas, but not all can present them in speech nor manifest in action. That is why the best of seers preferred not to speak because speech has a limited ability. But for communication we need speech. In higher circles there is thought communication, and before that there is there is (impulse) communication, and before that there is so communication. The Kumaras have neither he nor she. He came out and he saw himself sitting in a lotus. He created not yet. He is the one to do. When he came out for the first time out of the navel he looked around and found an unlimited ether called water. Waves of ether all around. Above, around. He found himself to be all alone and he thought himself to be sitting on a lotus. He did not know for a while why he came out, because he was in slumber for a long while. Out of a very long sleep he awakened. When you awaken from a long sleep it takes some time to know where you are and how you do. If you have slept so long from previous creation to a new creation it takes a while to recollect. It took a hundred cosmic years for him to recollect. He did not know what he was to do, sitting in the lotus. He contemplates. When he contemplated for long years he realised that he ideates the cosmic person within him. That is why we think before we get out. Even on the bed sit for a while and then recollect the cosmic person in you and remember that you are the fourth Kumara to manifest the work in a creation which is five-fold. The creation of five elements, you are the fifth one. Every wake-up we are in the fourth state. When we wake up recollect that you are a fourfold being, that you have taken to the mind and that you have three younger brothers in you, buddhi, the knowledge, and still higher we are aware and still higher you are pure existence. You are fourfold and manifest into creation. You also have to create, then only you are in tune with your creation. You cannot just see your name, form, nationality. It is all on the basis of you. When you are awakened and you know it you are already in our higher mind, when you step down you are in the lower mind you step further down. At the threshold you have to wait and regather yourself as a fourfold one. I fulfil the will of God with knowledge, and then contemplate your own background as the cosmic person.

If you remember him you remember the plan. If you don't remember, you don't know the plan. When he entered into deep contemplation and went to the source of his own being he knew the plan. You have to retrace your pervious classes. You get into pure existence and knowledge. We are born with a purpose, the purpose is self-realisation.

When you have come to India you have to recollect why you came here. To buy saris, earrings, to shave the head?. That can be the base program. You have come to nourish the soul to tackle the dragon of personality in a friendly way. You are to transform it into a fivefold dragon to fulfil your purpose. Similarly every morning before you mount upon the dragon for your personality, you think well, you are not in a hurry. Think of the cosmic person. That is why in the morning when we awaken do recollection. The cosmic person in whom the 4 Kumaras are in good shape in your cerebro-spinal system, visualise him as beautifully as you can. Realise his presence in you. When he created his soul he knew what was his purpose and that he is not the one who creates. He should let the cosmic person out, that is all. Let it out according to cosmic will. He further contemplated how to create, what to create. He found the beings that are ready to come one. It becomes a channel or their let-out. The glamour of creation – he is not creation. All existed already in the cosmic person let it out like they were all in already. He revised that he himself is part of the will. That is why Jesus said, Father, thy will be done. His will should happen according to the knowledge which is already his. His knowledge is already our knowledge. We are trying to become one with the Kumaras. Action without contemplating gives the wrong direction. If we start the day without contemplation we are no different from animals, they only think of food. The first thought is to find food and then move. A modern animal takes to the fridge to take out the food, a cup of mild, an apple...It is an animal's activity. You are away from being number four and not with number 5. If you recollect it becomes number 6, when you function.

Number 9 is the soul, and the reverse is number 6. 6 is called Venus, because this kind of activity is to be done. The order of the star, you have a five-fold star. You'll be number four. You being a five-pointed star. If you are not linked it is a distorted star. The seers saw a star manifesting in Benares and later found it transforming into Krishna. That is how Ramakrishna is being born to carry out an act of the divine. When he is not head-wards, he his fourfold. From a centre with a circle to a cross with a circle it comes to a point. The 7 seers came when the 4 Kumaras out. In the Bhagavad Gita you have a list of the great beings who came out to fulfil the creation . They constitute Hierarchy. They are the fulfilled beings fulfilled in the previous one. They also came out to help the creator and also to help the

beings in creation. The kumara creation, the 10 Prajapatis, the Manus, these are the ones Bhagavata enumerates. They are the perfect creation, therefore the chapter is called Vibudhi chapter. There was not purpose for them in creation, they are fulfilled. After the first creation when the creator looked around, he found the ethers. These ethers belong to the cosmic mental plane. The creator is the cosmic mind. That is why Master DK gives great dimension in Treatise on Cosmic Fire, White Magic, he speaks of the plane of will, love and light. The creator is the cosmic mind, the fourth plane. So the ethers belong to the cosmic mental plane. That is called Mahat plane. Mahat is the energy of Aquarius. Magic, the energy of Aquarius. The name of Aquarius, the Vedic name is Magha. Magha is Maha, is magus, magic. The scribes in Mexico they had knowledge of this Mahat, therefore they were called magicos. Whoever describes the Mahat they know the divine, from seeming nothingness the creation comes out as apparent something. That is why the pure mind knows best. Creator means the cosmic mind. When we say, From the Point of Light within the mind of God let light pour forth, we refer to cosmic Mahat. When we say the Point of Light, we refer to the cosmic love centre. All creation comes from the cosmic mind centre. Everything reflects from higher circles. The ones who know Mahat are also called Mahatmas, great souls. It is that which first happened as potential space from the creator. The area of creation is defined, in that area it is potential space. Due to the will of God the future creation manifests. It is the field of action for the creator. It is to that the scriptures refer to as Kurukshetra. Before that it is static state, it becomes dynamic state. Dynamic will becomes dynamic mind. The first creation is the kumara creation, the second creation is the Mahat creation, it is the potential of God. From there manifestations can happen afresh. This potential space ideates again into a triangle of dynamism, inertia and poise. That is how the three qualities come out. All this comes out on the basis of what is already existing in the 27 elements. When there is no continuity of consciousness everything looks confused. Mahat is the field in which the three qualities reflect. Once they reflect, into that three qualities there is the reflection of Ego called I AM. Each one of us finds our existence as being at that state of creation. Once Mahat, potential space is created, and the triangle of qualities takes place, through that the individualisation happens, egoism. There are so many beings to be drawn through Mahat into the beings. We enter into the field in the third step of creation of the creator. First the Kumaras, second the Mahat and through that triangle we come. The qualities came earlier than we, we become products of these qualities. Will, love and activity are already there, later we come. He creates them out of the three qualities. The cosmic person is our father, from the father we enter into the womb of the mother, in the mother's womb there is already the Mahat in which we enter. We are born with matter, consciousness and will. We understand what happens in creation by understanding what happens through the father in the womb of the mother. Unless there is womb, Mahat, you cannot enter. Into that you are introduced. Then there is a soul in you, entering into the womb later where there is impregnation. The cosmic mind, the cosmic potential space acts as a womb. It has a triple point. We don't know how we are born but we know how children are born. Remember how the cosmic person came down. It is not so simple as explained in the Old Testament, there is a huge process, how huge you cannot imagine, it took thousands and thousands of divine years. When we think of all that we don't think of petty things like a cup of coffee. The cosmic person enters into the womb of the cosmic egg. He is how we are. And how to understand our emergence in incarnation we understand how a soul incarnates into the womb from the father. Mother is the cosmic mind. You should see it in the books Cosmic Fire. The first Logos as the Father, the third Logos as the mother. Mind gets impregnation. In Mahat the triangle of forces of dynamism, poise and inertia takes place. Then we are called expressed souls from unexpressed states. All souls are going into the cosmic mental plane, the womb. Master DK gives the details. We are speaking of the cosmic mental plane now, into that plane the beings are introduced. Our I AM consciousness is from that point. That I AM consciousness has around it dynamism, inertia and poise, therefore we have Ida, Pingala and Sushumna. Around the beings are prepared the five pulsations, the five sensations, the five elements. Without them who are you?

When I look at your faces I think I put you to too much of cosmic mental plane. I am relating to us so that we can understand, You have to contemplate upon it many times, You need to related the scriptures to you. Apply to yourself what you read. Even before the beings come out the qualities come. We get into it through the triangle, that is why we are controlled by them. We cannot control them unless we go beyond the point. Even the devas are bound by them. The diabolics are bound. The three qualities, Sattva, rajas and Tamas, all beings come out from them. The devas come out through the predominance of poise, the diabolics through dynamism (?). Through Kashyapa Prajapati the different beings came out with different mixtures of qualities. Unless we build an equilateral triangle of qualities the Nature does not let you escape to the creation of Kumaras. We are bound either by hyperactivity or hypo-activity. Very little time we are in the middle point. Unless we get to the centre of the triangle we cannot be sons of God. Sons of God are those who preside over the three qualities, the others are dominated by the three qualities. Then happens the conditioning of the 5 elements, 5 senses, 5 pulsations. They are weaved around the soul. Each soul's number is 9, but it has around it

3 qualities and 5 sensations. Don't we get lost when we see something? You get conditioned by tasting, smelling, seeing, touching. Three qualities, inertia, dynamism, poise. Comfort-seeking quality. A comfortable bed. Seeking comfort is a tradition. This is being described here. I will not leave you until that is understood. I continue in the afternoon. If the initial steps of creation are understood the rest is easy.

The cosmic person is cooked, prepared by 27 intelligences. Through him they became very active. He contemplated thousand cosmic years and then let the beings come out into creation and therefore build a fourfold creation. The creator meditated 100 years on the cosmic mental plane and meditated how he came to be. He aligned with the cosmic will, the cosmic knowledge and stepped into the cosmic plane and created a potential space, the cosmic womb which has three qualities in it, the ability to manifest matter, force and consciousness, they are potentially there in that cosmic mental space called Mahat. Then in this magic field of creation there is matter – inertial, dynamism, force, and consciousness, poise.

I'm trying to see that you know. Thank you.

Tuesday, 17 January 2012, afternoon

Hearty fraternal greetings and good wishes to all the brothers and sisters.

The cosmic mind of the cosmic person who is the third Logos, when he started the work of creation it is the activity of light. Through him first came out the four Kumaras. The Kumaras are the first step in creation. They constitute the rings of creation, the scope of creation, so that everything can happen in a fourfold manner. In the first scheme of things the potential state came out which is called Mahat. It is the basis of all creation, the platform of all creation. This we know as the energy of Aquarius. The energy of Aquarius brings out the apparent manifestation. This Mahat is the potential of the three qualities, Mahat. Apart from Kumaras it is considered as the first creation, with the Kumaras permeating all this. The second step is the entrance of the egos into creation. They have been existing in Pralaya, in dissolution. Now they abound, they come out into the potential space which is full of consciousness, force and matter. The Mahat is full of consciousness, potential force and potential matter into which the beings enter.

Then comes the third step of creation apart from Kumaras. We understand the steps of creation as first step Kumaras, second, the I am consciousness and consciousness, force and matter, then third step from out of matter the five elements, from out of consciousness the five sensations come, first comes hearing, which is with sound, second touch, due to the air, third sight, the ability to see, fourth taste, fifth smell. Thus the sensations emerge. First emerges the sense of hearing. The sense organs are formed when the sensations relating to the five elements are there. The sensations come out of the Mahat along with the five elements. First come the five elements, then come the five sensations which relate to for example, the sound relates to akasha or the fifth element and hearing happens. The skin relates to the air and then the touch happens. The eye relates to the form of elements through fire, only from fire we can see, air, akasha we cannot see. What we see in the sky is an expanse of blue, but akasha is between all forms. It is the fifth ether. An expanse of this state is seen as blue in the sky. Air we cannot see, akasha we cannot see or touch. Akasha is just sound. Fire is the one we can see, it comes from the cosmic fire. The cosmic fire, the electric fire is not seen, only solar and frictional fire is seen. The fire allows the eye to happen. Then the fourth element is water, and then the tongue happen – the formation of eye, ear, nose is later. Five elements come from the matter of Mahat. The matter of Mahat, from there they come. Paracelsus refers to it as ens premium. When you know how the 5 elements form you know magic. That is why an alchemist knows the magic of matter. Unless you have been into Mahat you don't know magic, from visible to invisible the Magician can cause disappearance and also from the invisible manifestation. The Mastery over the 5 senses he has. He being the soul transcends the 5 elements is a Mahatma. With the help of the Mahat he can manifest into the 5 elements and demanifest. That is the beauty of magic. The electro-magnetic field manifests. It is the basis of all your experience through the 3 qualities of the Mahat. You happen through the 3 qualities of Mahat, consciousness, force and matter. Energy is entering through all this formula. We experience through the Mahat consciousness, out of that the first emergence comes from matter, sensations relate to consciousness, first the 5 elements and the 5 sensations came out. The first is Mahat, the second is the egos released into the Mahat, which is consciousness, force and matter, and there gradually the five senses and the five organs of action form. Five elements, 5 sensations, 5 sense organs, they come from, the eye, the ear, the skin that can experience the wind, the tongue experiences the taste with the help of water, the nose that experiences the relation to matter. These are the sense organs. Matter is experienced like smell. The sense organs come from rajas, the dynamic energy. To smell matter is to experience it. If there is no nose you cannot experience. If nose is there, matter is there. You can have the smell. Consciousness smells matter

with the help of the nose. Matter is the element, the experience of smell belongs to consciousness. Matter belongs to rajas, the ability to smell, matter enables the experience of the nose. Likewise the sensation of taste. The one who tastes it is consciousness. The taste cannot be experienced with the element of water, when your tongue is dry you cannot taste, it is not a dry piece of wood, always wet. It always carries water element. The tongue is the organ which happens due to the force, the ability to taste. Tasting is done by the beings. Who is tasting? The tongue is not tasting, water is not tasting, you are tasting. Consciousness experiences taste with the ability or force of the tongue. So they form a triangle. We know how to taste, but don't know that it is a triangular activity of consciousness force and matter. When we speak of Mahat we don't understand, but when we speak about the products that come out of Mahat we understand. It is a happy blend of matter, force and consciousness. First is matter force and tongue (?), second triangle is matter, tongue and taste. When we say deva it is creative intelligence. The sense organ, sense and ... Consciousness relates to smelling, that smelling belongs to force. The form of rose comes from matter the three together enable you to smell. Without Mahat there is not experience. Likewise the matter relates to the element water – force is taste, consciousness is tasting, then the eye The organ of eye is of matter, but the ability to see is the force, experience to see is from consciousness, without the eye one cannot see. If the consciousness is not there, even if the eye is there you cannot see. Eye has to be there, the force to see has to be there and the seer has to be there. So the devas help the beings to see. Likewise to touch, it is enabled by the element air and then the touch by consciousness, force and matter. Akasha – ear – sound. All our sensations function through triangles. The ears relate to the 4 Kumara, the fourth created Mahat with the help of the three others. In this the matter comes from inertia. Mahat has three ingredients, matter, force and consciousness. All the elements belong to the matter. In Sanskrit matter is called....

Rajas is the force, the dynamic aspect of Mahat, matter is the inert aspect of Mahat, consciousness is the poised aspect of Mahat, Satva. Satva, Rajas and Tamas is the basic triangle of Mahat through which 5 triangles happen. Each triangle: Matter, force, consciousness enable sound, touch, sight, taste, smell. 5 elements, 5 sensations and 5 organs of action come out. In the fifth steps the 5 sense organs come out. The elements interact with the sensations and senses.

In the fourth step there the organs of actions and the sensations, in the second the senses

First is only Mahat, second ego into Mahat, third formation of 5 elements and sensations, fourth sense organs and action. Fifth step...

The five organs of actions are, speech is related to sound and Akasha. Speech is one function of the tongue, also taste. It is an activity which the tongue transmits. When it comes to taste it works with water, when it comes to speech it works with akasha. The whole world can be one with the help of speech or we can create enemies. Why enemies? Misuse of the tongue. Speech is the first organ of action. Then you have 2 hands, without hands no action is possible, then there are the legs, without legs you cannot move. Then there are two more limbs of action, one the limb to excrete water, and the limb to excrete matter. They have their correspondences with the five elements and five senses and sense organs. There are 20 intelligences working coming out of Mahat. What are the 20 – 5 elements, 5 senses, 5 sense organs, 5 limbs of action, gjanendriyas. Jnana, for knowing. To gain knowledge you use the 5 senses, conduct action in the world you have 5 karmendriyas, the five elements come from matter, 5 sensations come from consciousness, and five sense organs come from the force, and five limbs of action also come from the force, the sense organs and organs of action. All this I gave in the classes to the children – para niños. From the childhood they know what they are constituted of. To them I told. So there are 5 limbs of action – feet, hands, legs, urinary tract and bifurcatory tract, The hand that the matter grabs. Then the sense organs – the ear, the skin the eye, the tongue and the nose. Then we have five sensations – listening, touching, seeing, tasting, smelling. Then the five elements, akasha, air, fire, water, matter. These are the 5 elements. You are the 6th inside, and there is the 7th.

All these pentagrams are inter-related. There is a triangular relation and a quaternary relation. I will give you a table. The children are supposed to know, it is the constitution. There are 4 dragons, each dragon has fire, Makara. One of the many meanings of Makara is crocodile, but crocodile does not explain what Makara is, Makara is a vehicle which can move in all the ethers, in akasha, air, fire, water and matter. That is a white dragon. It can be in akasha. It is a dragon of matter in akasha, it is a fish when it moves in water, when it moves in air it is an eagle, when it moves matter, it is a... Every body is called a Makara. So there are 5 dragons, fiery dragons. Watery dragon, fiery dragon. In mythology there are dragons in air, in water, in lakes. There are dragons of fire. Now Hollywood shows them. There are dragons of air and dragons of akasha. See how beautiful each dragon is. To say crocodile means nothing, it just moves in the water, it can also somewhat move on earth, but it is a poor understanding. The ability of Makara is indicated in the five fingers of the hand. From the hands you can grip well, and you grip the matter with the foot. You can experience matter.

Let us come back to the steps of creation. The creator first created Mahat. It is the basis of all, the potential of consciousness, force and matter. Then he produced all the egos which all were there

already. We were there, looking very pitifully for creation, awaiting the door of pralaya to enter into creation, a big womb. It is like if you open the blockage the water comes in. Then we are all waiting at the cinema doors we enter very fast to experience the show. That is how we have been waiting, a horrible waiting. We have been impatiently awaiting creation, long, long ago the pralaya happened and we were all sucked in. We were all crying, oh, give us an opportunity to fulfil our experience. But we were waiting, a long period. The period of pralaya is as long as the period of creation. When you breathe in you should hold the breath. When the breath is held, when the creator breathes in it is long, and then held and then breathed out. In a cycle of 24 hours the breathing out is 6 hours, then holding is 6 hours then breathing is 6 hours then holding 6 hours. The time duration for the existence of creation, for the absorbance of creation and pralaya are equal. Master CVV tried to explain the creational process, breathing in for 6 hours, you can read the book on Master CVV or the books from Kumbhakonam. It is incredible to believe. The breathing in due and ancient form. In pranayama the breathing has to be counted. Breathe in, hold it, breathe out, hold it, counting 16 seconds each. This is prana is regulated in pranayama. Same duration for each phase. To tune up your energies to the bigger system. These are very important system.

Mahat is the first step apart from Kumaras. Ego is the second step into the three qualities. It is a triangle with a centre, the qualities condition the beings, the three qualities are consciousness, force and matter or poise, dynamism and inertia, sattva, rajas and tamas. In some there can be more inertia, in some more dynamism, in some more poise. As long as there is an instinct to seek comfort you are stuck to poise. The over-activity binds you, under-activity and seeking of comfort bind you. There is a fivefold creation around you also binds you if you don't know how to relate to them. This knowledge transformed into wisdom, is 8, and you are the 9th one. There is a triangle and there is a triangle, and we are the 9th one. And the cosmic formation is the 10th one. We essentially come down into Mahat, then threefold qualities, then 5-fold creation.

He had to prepare the platform and the beings concurrently. Step one Mahat, step two egos, step 3 elements and senses, step 4 sense organs and organs or action. Step five mind and means to organise oneself. That is how the manas happens. The layers of creation, 7 layers, 7 tissues in the body, these are layers of creation. That is what we call formation. The formation is in seven layers of matter. Into each layer we enter, that is how there will be seven layers, and then mind also, that is the Manu, continues to grow. The layers begin to grow after formation of mind. Seven layers, seven tissues of the body of man, and 7 layers of matter of the planet. The story of the 7 races is concurrent with the story of the formation of the 7 layers. The different races, and in between a little pralaya. It is like an army making layers. Seven ethers and seven formations. It is all concurrent with the formation of the ego, therefore it takes 7 month formation of the baby, then 2 month of growth till the 9th month. The layers form, after this it is natural creation. Then the secondary creation. For the seventh step it is the secondary creation where you have the vegetable kingdom growing on the planet, it again has 6 divisions. Then in the 8th step there is the formation of the animal kingdom which has 5 categories, the in the 9th step we are meant to enter with this form, the human creation. After descending of the egos – all are egos up to 6 it is all egos. The 9th is not the creation of animals but also a descent into the human form there is a descent of Sanat Kumara. This I will inform in greater detail tomorrow. A huge story. We are anxious to cover in a week's time A 7 day's creation, these are symbols. The creation of Mahat, the entrance of beings, they are not all humans. Beings are not all human. The human creation happens much latter. Being is mineral, plant, animal, there are so many. I conclude the class putting you into some kind of confusion. Our entry into the planet we don't know that we are humans. Up to a point the Darwinian evolution is ok, but from humans on it is not ok. An animal is called the secondary theme. When does man appear we will speak about it tomorrow. We know about the books of HPB that the advent of man is 18 millions years ago and the formation of the planet many years before. There was the formation of the mineral, plant and animal kingdom, and then came man. Happening of man is a great celebration in creation. Every second now a human is born in India. So fast it is now. But there is the birth of humans as a celebration, it is called fulfilment of a prophecy when man is born. The details we will come to see. A part of us belongs to us to the mineral kingdom, plant kingdom, animal kingdom and a part that is human. This is being narrated. We arrived in the 9th step. Thereafter it is a different story. The great work of the creator is taken for granted by us, but it is not so. Please keep on listening to these lectures, you are tracing your origin. In man there is a happy blend between the divine and the animal, This is the 9th step of creation, the 8th is animal. It is also in the scripture called Bhagavata and also narrated by Lord Maitreya. What I give you is coming from Lord Maitreya. It is the hierarchical teaching. We have an ideological identity with the hierarchical teachings, all I was teaching was not from me, but from Hierarchy. The Mahachohan was confused, Maitreya smiled and gave the teaching. There is another sage Suka, he narrated the same to Parikshit, another came through Veda Vyasa. So these are for those who wish to know. Man is the decad, but not the other beings. They don't have the potential of 10, but man has. Tomorrow I once again start and give a brief narration of the creator. When you listen first time it is much confusion, when you listen second time it

is less confusion and third time less, and later you are totally familiar with it. We do that. Relax 7 minutes and come back.

Wednesday, 18 January 2012

Hearty fraternal greetings and good wishes to all the brothers and sisters.

Let us briefly recapitulate that the 3rd Logos how we call the creator emerging from the navel of the cosmic person contemplating upon the cosmic person realises his work as inspiration of the creation. Preparation of the creation is the work of the 3rd Logos. It is also called the form aspect of creation. Unless the form is created the indweller of the form cannot express and conduct. This is common. We create a form, we build a house and then enter into the building. For that creation he first created the stage where the creation has to happen. It is like site clearance before we build. We mark the area where the building is to be built. We create the site so that the form can be built. This is what the potential space where there was nothing before but everything will be manifested. Before this building was built it was a vacant land. Anybody given a vacant land by the cosmic person, or a vacant space, it is the stage to be created, this is the potential space where the creation will be. No one knows how to create space. A space is marked in creation in the total space. That space is made potential in the senses, it is impregnated by 3 elements, three principles. One is consciousness, the second is force, the third is matter. Into that he introduces the beings. That is the second step, entry of the beings. In the third step in creates the consciousness aspect of Mahat to bring down 5 sensations. He applies the matter aspect of Mahat to bring down the 5 elements. They are coming out of the matter aspect, and sensations of the consciousness aspect of potential space called Mahat. Space is a triple of consciousness, matter and force. Consciousness when it interacts with matter brings forth force. These are the triple principles. That is the Mahat, making a triangle. Into that the multitude of beings enters. These are the egos. Later from the consciousness aspect of the Mahat five sensations are created. From the matter aspect of Mahat 5 variations of matter happen, the sky, the air, the fire, the water and the gross matter. All is matter, but the gross or subtle. Into that consciousness can create the 5 sensations. These are hearing, it relates to sky, sense of touch, it relates to air, sense of seeing, relates to fire, sense of taste, it relates to water, sense of smell, it relates to matter. 5 aspects of consciousness related to 5 aspects of matter. They bring out the third one, when man and woman related the son comes forth. 5 variations of consciousness related to 5 relations of matter, that is the 3rd step. There interactions have brought forth 5 intelligences. The sense of hearing, it relates to the sky, the sound takes place. Likewise the sense of touch and air, the sensation of touch is the consciousness experiencing. Matter cannot experience. Ear, skin has an intelligence, taste. That is how the consciousness that experience sensation has taken to formations of the subtle (organs). The functioning of hands, legs, excretory organs and speech are also formed. This is the work of 4. The intelligences relating to the 5 senses and the 5 limbs of action. That is the fourth step. Don't think of matter precipitating around, it is the creation of principles. Then mind again comes from consciousness. Only through mind the sensations come and the 5 senses and 5 limbs of action are organised. The mind came through. How many? There are 4 pentagrams, creative intelligences presided over by mind. All these 21 came out of consciousness, force and matter of Mahat. Including the triangle of consciousness, force and matter of Mahat they are 24 intelligences working out the subtle forms, 3 are from Mahat, 5 are from the matter of Mahat, 5 are from consciousness of the Mahat, 10 are from the force of Mahat, the senses, the sense organs and organs of actions. I did a table here. We should know what we are constituted of.

When all come together then the birth happens. 21, all look like 3, the triangle of matter, force and consciousness on the top, then 5 principles come out of consciousness, 5 from force and 5 from matter. It should be clear. 24 are the intelligences are the intelligences worked out by Mahat. When they are formed slowly in the 6th step. Again when I say 6th step - there is a vertex, it is formed for every planet and then slowly through a process of condensing it gets slowly dense. The first layer is sky, the second is air, the third is fire, the fourth water, the fifth matter. In us it is the other way. We have matter in the outer layer, inside it is water, inside fire, inside air, inside akasha. That is how there is the innermost layer of the earth. Water came from fire, fire from air, air from akasha. In the outermost layer the earth has akasha, but the beings on the earth have matter at the outermost layer. Therefore there is an attraction towards each other. We have the exact opposite composition and thus they attract. North and north have repulsion. The beings on earth are born in exactly the reverse order than the planet. When you are in the akasha you are out of the earth. There are beings who move in the akasha of the earth, in the air, the fire, the water, the matter of the earth. Beings on the earth are of the reverse order.

So the 6th step is precipitation from matter, from north pole it slowly becomes a half-orange, then a globe. Please refer to the story of Dhruva, which was a seminar in Mariapolis, Argentina. The

teachings are progressive, you need the earlier teachings to learn the necessary steps. Those who would learn the words would have to learn the alphabet.

In the sixth step there is the formation of the beings. When we speak of the formation of the senses and the related intelligences, there is a huge story of the Prachetas in the Secret Doctrine. The teachings require an understanding of the Secret Doctrine and the books of Bailey like White Magic, Esoteric Astrology, Occult Meditation. From the advent of Secret Doctrine till now it is 121 years, we should know it, not only have it on the book shelves. The story of air is the story of Maruts. We need to read and contemplate on the stories of Blavatsky. The 7 airs, the 7 fires, the 7 states of matter she speaks of. When I say 7 layers, there are 7 Maruts. Among the 7 layers we function only on 4. Likewise fires, we function with 3 fires, not all the 7 fires. The other we don't work with. Slowly the superior airs, fire and ethers develop when working as disciples. We need to study and contemplate and work out the fourth ether and the fourth air, fourth fire, the sense of touch, and the related knowledge is all in the related books of Madam Blavatsky, Bailey and Master EK, and also Master CVV. The scriptures speak about him. Keeping this in mind, the precipitation is the 6th step, in that growth the vegetable kingdom grows in the 7th step, and there is further logical growth, from the vegetable kingdom the animal kingdom forms, in the form aspect of the 3rd Logos. When it comes the man it is a different story. Until the formation of man which is the 9th steps of creation, all the beings were there, animal kingdom, vegetable, mineral kingdom, but they are in a sleep, imaginary or dream state. An animal is not awakened state, but in a dream state, but has the 5 senses, sensations, organs of action, it has life, plant has life, animal has life, all the intelligences are in the animals, but man is not an evolution of animals. This is where the theory of Darwin collapses. Madam Blavatsky strenuously tried to explain in Isis Unveiled and Secret Doctrine is not an evolution of animal, but the occult evolution is not known to science. In minerals the consciousness is in sleep state, therefore we say inanimate. In vegetable kingdom it dreams. A person who is in deep sleep, if you touch him in a semi-dream state if you touch him you find a bit activity. If you take out a flower from a tree it is not like taking out the ear from your body. Cutting off your shoulder is different from cutting a branch of a tree. It doesn't feel so much as cutting of a hand. There is a different state of consciousness. So it is with the animal, it is not in an awakened state. Even the roots of the vegetable kingdom go down, intelligences are involved in the minerals, plants and animals, memory is involved with animals. It has all the senses, the limbs, the elements are there. A little mind is there. But what is the difference? It is self-consciousness. Only man knows that he is. He is conscious of himself, an animal is not. If you ask an animal, who are you, it does not know I AM consciousness. It has consciousness, consciousness is even in the atom, but this is different from self-consciousness. Therefore man is different from the rest of the beings. Many in the east don't know about our formation. The third Logos prepared a different thing, and all he prepares is just a form. There is consciousness in it, force and matter, but not self-consciousness. That is why the Secret Doctrine says, up to the third root race and half, 3.5 rounds, three root races and the third sub-root race of the third race, all races are in a dreamy state. The first are physical, emotional and mental rounds. The first rounds of man are animals. Every plane has 7 sub-planes in it. When you have the physical, it is mineral kingdom, then emotional. When it comes to animal, it is physical emotional and slightly mental. So up to 3.5 root races, the 2nd half of the story of Lemuria, then came a second descent where he glorifies the sons of will, of yoga, the Kumaras. 30 million years started forming, only 18 million years ago the work of the second and first Logos start, the sons of will and yoga. That is why I said, we build the house and later enter into it. You need to study what happened in the 1st, 2nd and 3rd root race and the first 3 sub root races of the 3rd race. Years ago I spoke about Occult Meditation where M. DK speaks about the 4th sub-plane of the mental plane, until the end of the mental plane is the transition, the 4th plane is buddhic plane. That is how he describes man in Letters on Occult Meditation. He gave Madam Blavatsky hundreds of pages upon this evolution. The earlier parts is only preparation of the body which is the work of the lunar energy, the mother energy. The solar is sleeping deeply. Many people sleep... Even if you open the eyes, the mind is off... The crest of creation, the advent of man, is a great service. I therefore tell you in the morning, after noon it is difficult to tell. The lunar aspect is only the baby with the mother, the solar aspect is still with the father, up to the 7th and 8th month. It only then enters into the baby. Up to the conclusion of the lunar being. This is not known to people. In the Vedic tradition in the 7th month there is a celebration, because the solar aspect joins and the baby becomes self-consciousness. The father will have to be conscious of the great task he has to give. You should read the seminar I gave in Argentina. There is a great responsibility. There were seminars given how couples should do together during the time, what the father and what the mother should do. That is why humanity is not able to bring in great souls. In the seminar those who are in the wombs listen to the instructions. Please refer to the book on Sankya, now The Teachings of Kapila, this is what is the teaching in the womb. The folding of the hands, the knees, the child praying, Please relieve me from this prison. Slowly the mother, father kindling the child when he comes out he slowly forgets. So the story says what happens when we enter into the womb. High souls do not enter into the womb. An initiate does not enter into

the womb, when the baby comes out he imposes himself upon the baby, that is immaculate conception. Initiates don't go through the womb, when it is delivered he impresses upon it, he does not go through the process before. That is what Krishna did. Formation happens in a normal form but then the impression happens. That is immaculate conception, not what else we say.

In the womb there is a separation of the form after 6 months, then the soul enters. We should be grateful to Master Djwhal Khul, he has put the third Logos as the Mother, the first as the Father and the 2nd Logos as the Father. The 3rd prepared the form, then the solar angel enters into the lunar form, which only has mind, only half developed, just being able to eat food, touching, drinking, just the animal aspect, form aspect. When it is all prepared, this took one million years to prepare the form aspect, then the father's aspect reaches the mother's womb. The first aspect of Kumaras descends. The will aspect descends. That is the advent of Sanat Kumara on the Planet, he is not there with the preparation of the planet, only form the 2nd half of the 3rd root race.. He came with other great beings. The sons of will, of yoga, of fire. First Logos is fire, Shiva. When fire joins, then the Light comes. When the first ray interacts with the 3rd ray, the 2nd ray forms, the son is born. These are the Agnishvattas. When it came down then the advent of man happened, that is the 9th step in creation. It is a second descent, will joined activity and the knowledge can be formed. Knowledge came to the heart and the will to the head. The intelligence was only formed to the half of solar plexus, only the upper part of solar plexus is man. From animal to centaur. The posterior part is horse, the anterior part is human. That is how man and animal join together. Therefore your body is not you. Build the house and later join the house. There is the animal in man, the vegetable and mineral. The animal in man knows about eating, mating, taking comfort of the body. There is something more like that in man. That descent happened almost after the first part of the movie. After the interval there is the real story. When man is formed then the scope of evolution has happened. Because in man there is the knowledge aspect, the will aspect and through the sense organs he knows, he wills, in the form aspect it is only the animal aspect working. The building itself is nothing, when nothing is done there.

The body has all the intelligences of body and spirit joining together. For this reason you need to study the related chapters in Cosmic Fire, Occult Meditation and White Magic. When he comes to the solar fire. Frictional fire prepares all, the solar fire is a descent of cosmic fire. The cosmic sun and the solar sun when they interact there is the son. When a son of man and a son of God interact, the son of man transforms into a son of God. An iron piece cannot transform into a magnet without a magnet. The lower can be transmitted into higher, the higher can be brought down to the lower. The glory of man is that he is the ladder, Jacob's Ladder. The beings go through you.. Humanity is transformed through Divinity, then the whole creation is transformed into light. So read the related chapters of Secret Doctrine, White Magic, Cosmic Fire, Occult Meditation and from the East Bhagavatam, the Puranas are difficult to understand unless you know the symbols, like you cannot understand the Old Testament without knowing the symbolism. You can read but you make your own funny understanding.

So I had to take a break yesterday before I could speak about it today. Now, the fourth aspect of Kumara allows the descent of the third, the second and first aspects of Kumaras. We are essentially Kumara 1, Kumara 2 and 3, all are in the cosmic person. When you ascend from the fourth step of man to the step of Buddhi, you become a self-conscious being. Excessive self-consciousness leads to pride. Man is said to be four-fold, one part is in the heard, the second part is the upper torso, then the lower torso, and then there is navel. From navel, when we think of wisdom only for ourselves the navel is functioning. Thinking of others is ascending to the heart. Ascending to the heart is Venus, enabling you to experience the 3rd Kumara, knowledge. The 4th is activity, the second is will (Ajna). From Mahat there is formation till 6th step, a natural formation of intelligence, 21 intelligences work up to the 3rd step, along with Mahat the become 24, then the precipitation of layers as 6th step. 7 plants, 8 animals, 9 formation of man. He presides over the 5 sense organs, senses, matter, force and consciousness. This is because the solar angel descends, it is not an animal, that is lunar, vegetable growth is also lunar with the support of solar. So is the animal. Predominantly the 3rd aspect is there, then the 4th aspect of Kumara. It might be new, but you have to understand if you wish to understand man. Not knowing what we are we are still in the kindergarten. Think about yourself, what are you made upon, how man is constituted? His energies up to our diaphragm, all this is known. So the animal steps on to be a semi-animal, semi-human. Human means humus, earth. Man is the solar angel, Manu, from Manu to man, Manu is the son of the solar angel, from sun we have descended, later we have become Manushyas, the sons of the solar angel. There is a part in us Manushya, there is the matter aspect, which is lunar. The humanity relating to the Greek word of humus. They ignorantly said, we have come from earth and go back to earth. No, we have come from sun and return to sun after death. The lunar aspect of the body gets into the earth. When a solar angel departs we do cremation when the man departs from the body and realises I don't have the body. That which is in it has left, the solar angel called the soul has left. If you want to pull down the building first you come out of the building and then pull it down. We are not our body. We cannot say, I am the body, but I am in the body, living in the

body. Now I think the 9 steps are clear. Mind is also matter, because it comes from moon, the mother aspect. Animal is the 8th step, plant the 7th step, formation into form 6th step, 5th step formation of the sense organs and organs of action, 4th aspect the intelligences of matter and consciousness. You can take the table and multiply.

Q: The Solar Angel is another category is not entering through Mahat?

A: It enters through Mahat, but when everything is prepared. All things only come through the Mahat, but only after the forms are ready the solar angel descends. First the form aspect is born through the womb of the mother, but the potential is in us. So we are able to think, to plan, the rest is done by nature. Animal, plants don't have plans.

We descend through the sun from the central sun. The diaphragm is the meeting point of the solar and lunar aspects. There is a volume of description about this. First I want to give the 10 steps, so together with the Kumaras it is 10, that is the 10fold creation. This is the work of intelligences called the Devas. They are there in the 5 elements, 5 sensations, sense, all these intelligences can be seen as another category by themselves. The intelligences are called Devas. All intelligences are at work, to know about intelligences is also important. Knowledge of Devas is important, I will describe in the afternoon the qualities of devas. We can call them the solar angel, the 12 Adityas, the 11 Rudras, the 8 Vasus. Think about all this in your leisure hours. In the last lesson of the seminar we shall have question and answer. Thank you.

Wednesday, 18 January 2012, afternoon

Hearty fraternal greetings and good wishes to all the brothers and sisters.

I will continue with the categorisation of the devas. One category is the devas of radiance, the solar devas, the devas of vibration, the Rudras, the devas of materialisation, the Vasus, the devas of form-giving, the lunar pitris. I give another categorisation of the devas. Among the devas there are some intelligences working to know, to recognize. There are devas who work as architects. They create the design for the form. There are devas that give us experience. There are devas who give us rhythm and periodicity. These devas are cooperative with us, when we are rhythmic. The devas to know, the devas to design things, before design there is architecture. When you build anything the architect gives the basic design, and later the intelligences give a basic architect plan. The builders build from those who prepare a detailed plan. Those who receive the original plan. One is architect, one is engineer, then there is a fourth category of experienter. To know is one thing, to experience is another. Not all who know have experience. We know about experience, but experiencing is another thing. Knowing is not experiencing. We may know a mango, but to experience a mango is different. Many have knowledge, but we are blessed, when we have the experience. To experience the subtle planes is different. All are called devas, but among devas there are different categories. There are devas of wisdom, of periodicity, devas who protect the material, and devas who protect the subtle material. Some protect the subtle kingdoms. For example some protect the body, some protect the subtle body. Until the subtle body is formed, the body is protected. The egg-shell has to be protected until the chick comes out. Thereafter the shell should give way for the knowing ones coming from within. There are devas who protect the pregnant woman, there are later devas who protect the child in the womb. The mother is a protector until the baby is fully formed. Once the baby is fully formed, the devas of gross planes recede for the devas of subtle planes. If not we let the baby out it is dangerous. When the flower comes the tree should give way for the subtle aspect of the tree which is sprouting as the flower, and the flower gives birth to the fruit, and as the fruit grows, the preceding one has to recede. There we have the walls. As the child grows and tries to find expression in the world, the parents cannot guide them. If you don't let them go, they run into danger. When should they leave? There are devas of gross aspects, there are devas of subtle planes. If you hold even after the grip should be remained, is dangerous. That is the fight between the divines and the diabolics. The gross is also devas. The shell of the egg is devas, the chick is protected by the devas. The shell should not prevent the chick to come out. If it still holds it, there is a fight. There are the protective devas, if they are excessively protective, they are opposing. In the east they feel that the West lets the children out too early, the west feels that the East holds the children too long and that there is possessiveness of the parents. The East thinks that the west is irresponsible towards the children. Depending upon their attitude you should let them out. Some get off too early from the shell. When to let out is a knowledge. Similarly the teacher and the student. The students are around the teacher, the teacher is there for the students as long as the students feel they need the teacher. If the teacher holds the students it is not good. So bud and flower, chick and egg, child and parent, student and teacher, it is all a relation of protection and letting free. If you hold on, they become counter-active to each other. If there is excessive governance the people revolt. With a loose government the people are not safe. That is a

great crisis today. There are excessive rule-oriented where people feel suffocating. Then there are governments where there is lack of law and order. Governments have to find a fine balance between these two categories of devas.

Then I tell you some stunning news of devas. Many don't know that these are devas, but they are devas. There are devas and there are demons. There are ghosts, and there are dead body spirits. We all call them devas. There are demons, ghosts, there are released from the body spirits. They are devas, released from the gross physical body. They are not that visible as the gross visible body. The demons are made, through magic you can make a demon through a combination of the five elements, they are not real. There is no beness, just fear. Something like your own (ghost). They act according to them, the demons. Then the body-spirits are there through accidents, wars, bloodsheds, fire accidents. People are released from their bodies and cannot go. These are called disembodied spirits. These disembodied spirits wish to come back, they are around you. They do not go further, they want to come back to the bodies, but there are no bodies. These disembodies spirits also hang around. There are ghosts, like Dracula. These are dangerous, because they are vampires who live on others flesh and blood. Ghost, disembodies spirits and demons, these are different categories of devas. They all have bodies. The demons have bodies of 5 elements, like a veil. The disembodied spirits are confused beings. They are not harmful like the demons. The ghosts are the ones who are very deeply affected to life, they have a wasteful attitude towards life and are like vampires. If it is a demon there is a way to deal with it. You show camphor, some of the elements dissolve it. A whirlwind dissolves, When a whirlwind comes it takes things away. These are temporary phenomena of elements. Disembodies spirits you have to speak to them and help them to find a way out. They need help. There are many disembodied spirit in areas where the wars have happened. The death of innocent people, they are not part of the fight. Some bombs fall somewhere and innocent people die. They are some kind of stuck, they can be helped through prayer, light, fire ritual, through rituals they can be helped. The ghosts are more difficult to deal with. They are like magic, they come back. This is a category of devas.

Then we have the 7th category of devas. In that come the Masters of wisdom, the yogis, who have developed the golden body and the diamond body, the subtle body and the causal body. There are some visible, but they have many powers with which they can help. They are the fulfilled beings. By orienting to them we also receive their ability to fulfil ourselves. They know the way to fulfilment. They also give fulfilment to those who orient to them and seek help to fulfil. This is a category of devas. In that category there is yet another category who keeps moving around the planet and helping. Masters of wisdom or seers, rishis, yogis. Some of them stay at a place and help others from there. There are moving men of wisdom, some stay and transmit energy all over. Some move to help. It is the same category. Some are mobile, some are stationary. For example the teacher Ramakrishna was stable, he stayed in one place and his disciples moved around. Likewise the Lahiri did not move, but stayed at a place and transmitted energy, but Yogananda moved a lot. Master CVV was also stationary, mostly in Kumbhakonam. Master EK moved much more. This is in the physical, but in the subtle plane they are adepts. Some remain at a place and transmit energy, others move around and transmit energy. There are many groups of Masters who stay at a sacred mount, a sacred river or a sacred place. They are invisible to others. There are embodiments of wisdom, their very presence causes enlightenment of beings. It is that category. There are 3 categories of yogis. I don't want to give you all the Sanskrit name describing their function. That is a category of the devas.

Then there is an 8th category of devas. They are of 2 types. Those who speak, those who enable magnetic, radiating and enlightening speech carry these devas. They hold people for hours together. It means in the throat these devas are there. Those not coming from the English literature, but the drama of Julius Caesar. Brutus gives a speech to the Romans, the entire enlightened Romans were convinced that there was a cause to kill Caesar. Brutus speaks and the enlightened Romans feel that what happened had to happen for the good of Rome. Then Marc Anthony places the body on the altar and all enlightened Romans feel that it was wrong to kill Julius Caesar. The ability to magnetise the people is possible when certain devas are working in the throat. Many men of knowledge have knowledge, but not the blessing of these devas. When they speak they confuse the people. For example during Jesus Christ's time there were men of wisdom who could not really inspire people, for example Nicodemus. He had enough knowledge, but could not inspire people through his speech. When he comes to Jesus, he sees that all people are inspired by his speech and get uplifted. Knowledge is not enough. The devas of throat enable speeches that can magnetise, enlighten and inspire people to follow the path of light. This is possible when a category of devas is working in the throat.

Then in the throat there is another category of devas, when these are present in the throat you have the ability to sing and inspire. There are singers who inspire people, there are speakers who inspire people. That is another category in the throat who can inspire, a third category, they make steps, movements, they move their limbs accordingly and cause inspiration. It is a third category of devas

who cause upliftment. All this is done in good-will. Someone lifting the hand up like this uplifts the people. There are singers who have the power of sound and do good, they keep speaking and dancing. These are the subtle devas and there is a gross time.

I now come back to the first category, I give you the Sanskrit names.

The first category of devas enable us to know, therefore they are called Vibhudas, those who let others know. Buddha is one who knows, Vibudha lets others know. That is one intelligence, when that intelligence is in you he can let others know what to know (Ludger is working with it...). It is a devas functioning with it.

There is another category of devas. Some have knowledge and design the knowledge for action. For example the architects have knowledge and give a good design. Without a good design you will not be able to do a good work. The ability to give a good design is a deva, The architect is Vishvakarma, all pitris work with it, they prepare the forms, likewise the Manu. Vishvakarma is a good designer, the universal architect, he gets the idea and the pitris build the form. This is one category

The third category of experience is the best of the devas according to me. If you have so much knowledge but if you don't experience the whole thing is a donkey's labour. There are many who have nice dreams, there are some in meditations they have experiences, when there is experience there is secretion of the glands, when there is no experience there is no secretion of the glands. If you are able to experience the chapatti, you have the juicy experience. There are some who have the taste for food. When there is no taste in life, it is horrible. Taste for work, then you experience the juice of work. In anything you do there is juice. This ability to experience the juice of what you do is a deva. Even the best of the things don't mean anything, they are so dry. They don't have enough life in it. A very dissected way of living. You put on a dress. It is a joyful way of putting on the dress. It can be joyful to relate to the dress. When you don't know how to related there is no experience, it is a casual routine to put on the watch. Don't look for huge spiritual experiences in Vaisakh Valley when you don't know how to be joyful with putting on a watch. It will be so could in Vaisakh Valley... You don't have that cup of tea in life. Then it is all only mechanical, working. That's life, dry life. There are others who make a celebration every morning. These are the blessed ones. Ramakrishna Paramahansa every day made a joyful gesture when the lady with the plate of meal came. Just a matter of daily food, but full of joy – same vegetables, but for him it was not like that, he made celebrations of small things. You cannot experience the material, how can you experience the spirit. They are self-deceived ones. You have a house, you don't relate to it, you have flower pots in the house, you don't relate to them. The ability to relate comes through this devas of experience, they are the Lords of Experience. They give the joy of experience. That joy can be sublime experience in self-forgetfulness. Their name is Suras.

Fourth category are the devas of rhythm and periodicity, they are the Gandharvas.

The fifth category who protect the subtle are called Yakshas and those of the gross are the Raksha, the Yakshas live in Sahasrara, the others live in Muladhara. They have to find their balance. In the fifth category there are 3 varieties. One are the demons called Buthas, they are formations of 5 elements, they are not beings. If you kill a demon nothing happens. They are robots of the 5 elements, a temporary form.

Then there are disembodied spirits, They are called Pretas. When the humans die there is a subtle form, they are dead but they are in a body. From there they have to get off also. These are the ones who go through a sudden death.

Then the Draculas, the ghosts, they are called Pisachas. We say Pichasas, Buthas, Pretas. (these Master sings a part from a ritual). So the demons are the Buthas, Pretas are the spirits, Pchadas are the ghosts.

Then in the 7th categories we have stable adepts staying in an ashram and spreading the energy all over they are called Siddhas, the moving ones are called Charanas, the moving adepts. The devas who are mobile for the well-being of the beings.

Then there is the third category, embodiments of wisdom, Vidyadharas. All masters of wisdom up to causal plane in these 3 categories they function. They are not dead, disembodied spirits. They have golden bodies, diamond bodies, and function according to the situation.

The next 8th category enabling enlightening speeches are the Kinneras, the ones who produce music through throat. You will meet one such person, one of the best in India, so great, he is a fulfilled one. Some heard him and they said, wow, he is a wonder., They are called Kimpurusha. This is another category of devas.

We have some time for little rest. When the devas function with us our life is splendidous. When they don't function with us, we look miserable. Thanks. The noise we make only spreads darkness.

Thursday, 19 January 2012, morning: Planetary Healing Centre

Hearty fraternal greetings and good wishes to all the brothers and sisters.

The healing centre was inaugurated in January 1995 and we completed 17 years so far. We are in a significant moment. This centre was conceived after my visit to ... Later when I came back the gentleman here, Mr. ... Kumar he offered this place to build a healing centre to do some good work. When we meditate in this place here the energies of this healing centre emerge. The centre was inaugurated in January 1995 when the groups from the east and west were together. The healing centre is conceived with the energy of number 7, it is also the number of the sun whose other number is number 1. The centre is conceived with dimensions of number 10. 7 times 7 is the diameter of the circle of the healing centre, 7 times 7 is the height of the pyramid, upon the pyramid the dome of 7 feet is erected. Within the healing centre 7 circles are prepared from the centre to the circumference, and circular meditations are contemplated through the sacred word OM. The centre is surrounded by water and is therefore unaffected by the surrounding energy and is linked to the ether. If one sits in the healing centre and invokes OM the vertical line which is established from above downward can be experienced in our cerebro-spinal column. In the centre of the circular healing centre we have set up a 7 feet high pillar. The three divine aspects on the surface, on the top of which a global stone which is an agate... which was brought from South America, from Iguazu, and it means all that is in India and America. Ever since the centre is maintained, he is also living here and taking care, his family is near, the lady decided to live here. It is a peaceful place and it is visited regularly and we make a regular visit in January. During the day here after lunch you may go round and experience the place and get also into the healing centre, invoke OM 21 times and stay in meditation for a desirable period. That is how everything formed of the healing centre.

Let us continue our lecture. I have informed you of the creation. In the 10 there is the 5fold form, the absolute in a fourfold manner. Form is created by the fourth aspect of the cosmic person, by the mind, and then the cosmic person tends in a fivefold manner and is in the centre. This is number 10, we are a replica of the cosmic person, our number is five. The form is called Makara and the one who dwells in the form is called kumara. Makara is also known by 5. The five principles, whenever formed in complete harmony man is said to be perfect. All related to form is predominantly with number 5 - 5fold elements, senses, sense-organs, limbs of action. The absolute descends in 4 steps as pure awareness, as will, knowledge and activity from the most high centre into us into form. The one who presides over the form is Kumara. The one upon whom the Kumaras preside is Makara. This has been the centre of all the ancient theologies. It is symbolically presented as a hand of 5 fingers held by a hand of five fingers. The symbol is very much used amidst the brotherhood. The masons make the symbol that all the 10 are intact. The symbol is also in masonry, but it comes from most ancient times. The five fingers are the indweller, they grip the 5 aspects of form. 1 or 10. The true 10 become one. That means matter and spirit join together in their perfect union. The horizontal line with the centre, the fists one holds upon the other. That is the original number relating to 10. The line and the centre. In India there are temples where the sanctum sanctorum is included form, where the Lord rests horizontally in the centre of the sanctum sanctorum. He is also called the highest ritual in masonry the initiation of 33rd degree. The symbol of the Lord is found only in South India. It is again visible in Nepal where the Lord rests like this. The ritual of sleeping in the sanctum sanctorum in the topmost chamber of the pyramid is the sacred chamber in the pyramids. It was known to the Greek, Romans. The city of Rome we have visited and also the catacombs in Rome. It is an underground place where there are semi-circles where dead bodies were restored after humans died, Died in 3 days and night and the healing came out of the catacombs. Later the body dies and was burying to the graveyard. The idea was not to die in the body but the initiates leave the body for a great purpose and come back after a while. Therefore the centre has come to be from the ancient understanding of the catacombs. Only for that reason the body of Jesus was buried and restored in the catacombs. After crucifixion he was put into the catacombs. (He was so high that he went and return into that body, only in a

Some of you may have seen the movie of Shirdi Sai Baba. Likewise Sri Ramakrishna Paramahansa also demonstrated, Master CVV demonstrated the return. The land of South India was part of Lemuria and part of Atlantis, north India was not there, it came only during Aryan times. There are many things. ...The topic of our seminar is a symbolic representation of this. When there is no work an initiate goes into pure existence or Samadhi. When he goes to work he goes into the triangle of will, knowledge and action. I prefer to say knowledge, instead of love, because today people don't understand what love is. Knowledge includes love, will and action. It is the equipoised state of will and activity. Through knowledge we can restore once again ourselves into pure awareness. Knowledge corresponds to the quality of poise. It corresponds to the nature's quality of dynamism. Activity corresponds to the related quality of matter in us. The interaction of consciousness with matter enables man to express will. There is the triangle of knowledge, will and action. It descends from pure awareness into poise as knowledge. An initiate unless there is activity to be done he remains in knowledge, it recedes into pure

awareness and from there into pure existence. There are the 5 aspects. relating to the triangle of knowledge, will and action can be through the 5fold form, the indweller is the one who presides over the form is five-fold. A five-fold form, once it is... there is the descent and the man has the potential of a kumara who has the potential to transform his body into a Makara. One has to reconstitute the form into the due and ancient form or potential so that they function with the help of the triangle of knowledge, will and action. The 5fold man is prepared with a conscious understanding. Such a preparation cannot be done with a vague understanding of reality. The Indian systems then are only a variety of belief systems. There are people who relate to a tree as the belief system, to a stone. In a system relating to a stone is maya for others. The belief system does not let you know who you are, how you are constituted. They believe in God but don't know how to relate to him. There can be belief in an animal, a mouse, and egg. People go to Mecca because they believe it is an extraterrestrial stone. Don't disturb anybody's belief. They go to the western wall of the temple in Jerusalem and touch the wall with the head. What do they do in India? They touch the stone with the head. You can believe in a stone. He has faith. Belief is different from knowing God. Why do we study? Does God exist beyond the globe in all the planets, the systems? We have to look within and those who do have found the whole cosmos, not just when looking casually. When you just superficially look within you just find the intestines. There is a way to look within that we can do is look within at all times. That I am has information, that I AM was given to everyone and we can relate to it as God. Verily that existence I AM. What is THAT and what is I AM? If we understand what is consciousness we understand what I AM. Information is not realisation. Information can become experience. Since you have emerged from the divine, you all are divine. The indweller and the form came out of the same source, the navel of the creator. This understanding you shall have to keep and see how it expresses as will, knowledge and action. I give you the 4fold aspect in you. THAT has to be contemplated very early in the morning. Every emergence of the light in you, awareness. You have awakened, you have not yet build anything. My habit force comes forth. If you go to a cinema theatre you see the lighted silver screen and later there is the movie on it. No image is as yet, no such is as yet. When you wake up you receive the thought. People recommend to look to the blue expanse of the sky without clouds. That is your background of all activity. May we live in the awareness of that background. If we wipe out thought, what remains? When you close your eyes and look within at the forehead or the heart, what should you do. An expanse of light in the cave of the polar bear. The heart is the cave of the Lion, every cave is a window to unlimited life. What is the window? Your eyeball, Without the eyeball looking to the expanse of light there will be no image in it. Even after you invoke the image of the master don't contemplate on the image of the master. No Guru who really knows says, meditate upon my figure, he says, meditate upon ME, not the figure. The guru is one who knows how to visualise the expanse of awareness within and around. Your screen is not limited. When you close your eyes and see you are in a field of light, you meditate. You may invoke your master, guru. He just facilitates. Look to that light. When you get thought you get to light. Then the form of thought dissolves in the light. You get another thought, also propose to gain light. If they clue the light, you can invoke the Master. To Open the window of light is the work of the Master. He opens the mind's eye, He gives 1000 concepts of light only to enable you to gain light. There is light in us and also before. When it is not visible invoke the Master. When thoughts come, think of ME. All thoughts are secondary to the Light. All thoughts dissolve into the light of awareness. That light is called the World Mother. The background light is consciousness. Many things can come and go, but the light remains. When we see a Hollywood movie or Hollywood movie, does it make any difference to the silver screen of the screen?

What happens to the silver screen after a horror film? THAT is aware, second is not even primary. What is our primary state Is the existence. For awareness existence is the basis. Even for the silver screen there is a basis. When you awaken you awaken because you exist. You should engage in this in the early morning hours. All other things can come later. Awakening is so different. As we awaken, remember the I AM awareness. I am existence that has become awareness. I am existence that has become awareness. Awareness is also a becoming of the background of existence. When the screen is not on, no movie can come. I AM is this state,

Then comes the next step of triangular work, What am I to do? To the surrounding life? What am I to get from surrounding life? For others? When you are willed for the benefit for others, you have the benefit from all directions. Slowly you will slowly tune up your will to the will of God. Don't make the question Who am I or Where am I? It is known only when we have done the questions what we do. Again people fall into the loop. That is the key to the Bhagavatam. When the creator came out of the navel of the cosmic person he found ... into the lotus. The first thought came to him, who am I and where am I? Then it occurs to him, whatever I am doesn't care, what matter is what am I to do. As you keep moving you know who you are. Do we wake up upon our own? We are awakened. When we are not awakened we don't listen even to the radio. Awakening and sleeping are not in your hands, but in the will of the cosmic person. He woke him up for some work. So the focus is on work, then the cosmic person responds. He went through many questions: Why am I here? Why am I born in Barcelona and

living there, why not in India? There was a lady always asking my, why am I not born in India? You are born in Switzerland because you have to do some work there. Wherever you are you have to do your work. When you do your work you will know why you are here and who you are. If you don't work you don't know who you are and why you are here. The key to knowledge is action, not idle ideation. Idle ideation leads you to stupidity. There is a saying in English, an idle man's mind is the devil's workshop. What would you like to be? That is only a wild thought. Come down and you must be put to work. You know the stories of the famous film director and producer... they have tried a lot before you can do it. Dreaming to be a film director he became a film director by doing experiments. Dreaming to become a master does not help. The activity will lead you to right knowledge and right will. The pure activity will give you right knowledge and right will. Master Morya was very clear in this. He said, I don't want clubs of idle men who only ideate. All such clubs are clubs of idiots. I would like men to form into groups or clubs to do some meaningful work. This would give you meaningful work. Service is a glamour if you only think of it. Your very life has to be transformed into a way of life. This is the key to gain access to knowledge and to right teachers who also work. Regarding to what we do we get our Gurus. The wrong guru takes you out of work and confuses. The whole creation is work for others, it is a field of action, not a gossip place. Ideations are done before. The non-does perish, the doers will. The knowers really realises the power of kraal shakti, the power of action. If you keep doing the acts of good will, the whole cosmos of intelligences tends towards you. The intelligences in the subtle are only interested in those who are willing to work for others. That is called vidya. The higher intelligences or devas are interested in you if you are so much engaged in the work, not doing gives you no progress. When you step down from the 6th step, first recollect that I AM existence and have become awareness. Then the third step is, What am I to do to the surrounding life? That will build kriya shakti in you. This was the emphasis of the Master EK: Do your lot as an offering. Knowledge will come to you, it does not come when you are reading books, it comes by your actions intended for others. That is how you get the fourth dimension. Each one of us is already a diamond of existence. We become aware in the morning, we contemplate on the effulgence of awareness, the whole awareness, the mother of the World, the Cosmic Mother. Awareness is always seen as the mother the basis as the Father, it is not the father in heaven, it is a poor understanding, Jesus never spoke of it like that. Heaven is such a small thought. The source of existence is the father to whom he refers: I shall now rise and go to my Father. Not the Father in Heaven. Do acts of good will in a joyful state. Existence we are all part of it. Awareness happens. World Mother. To experience them continuously there is a path, it is through activity. How much I get from this work? It is the wrong question. How much do the others benefit from it, either directly or indirectly. Every work has the ultimate benefit, orient to that, that is the key. When you are orienting to that it is called offering. We are not offering to that, but to what you get. You are pilfering, but not offering. The one who works for others is not a pilferer, offering the fruits of work to the others is the offer. There is an intelligence to take care of you, the intelligences are always intent for others, there is no other purpose. Sunrays are not for the sun. That is the way. So is every planet, every element, they are all devas. Their job is to help others, only then you become a deva. When you are intending to benefit others, through every look every moment, every act, you are tending towards cooperation of the devas in creation. That way knowledge is given. Don't go into the loophole of seeking from the world. The intelligences of nature respond. Work as an offering is the key to prepare to transform a son of man to a son of God. Nanya panta. As you keep on to do knowledge will be better. All is for better action. Day by day, week by week there has to be an effort for constant progress. Our eating habits have to be progressive. Improve your rhythm. In every little thing you do you try to add a little more progress. That is how all the things have grown. Don't think that they are growing. Every day there is growth. In your daily habits add some little progressive action. To fulfil the world better, by doing that the devas get into cooperation with you. You get access to knowledge which is not available to others. Don't have a thirst for knowledge. The one who carries knowledge offers it to you, they get into touch with you and lead you to work and slowly let you know the will of God and lead you into the Will of God. So slowly we need to work out from a son of man to a son of God. A son of God is a Kumara. This transformation enables us to find a body which cooperates with you with your vibration. As much as you are rhythmic and progressive, so much the form also gets adjusted, organised. You don't have to think about organising your form, once there is a magnet, all iron files fall into order. There should be not excessive focus in the form. Focus to the indweller of the form. That is the key which enables us not only to transform the form, but also realise the time so that there is a happy blend of the two. This Pythagoras calls the decad, and when the dots are all joined together you are perfect. Find the triangles. Let it be so with us and we continue in the healing centre. We invoke the sacred OM.

Thank you.

Saturday, 21 January 2012, morning

Hearty fraternal greetings and good wishes to all the brothers and sisters.

The tenfold cosmic person whose replica is the tenfold man as explained during the last 9 classes that we have had would be a very brief explanation of the 10 aspects of the cosmic man and the 10 aspects of the human. The form of the human is fivefold and the indweller of the form who is called the man is also fivefold. He is called human because it is man with humus, the man with matter. Matter is humus, man is the indweller. That is how the human has come. The body is five-fold, it is five sensations, five senses, five limbs of action and five elements. Into this form the man descends. He descends from existence which is eternal and he is connected to the existence. In him and beyond him is existence. This is the first aspect of the man, and he awakens into the second aspect of man and he takes to the triad of will, knowledge and activity. That is why the triad with a central point is meditated as the mind being aware of will, awareness and the will, power and activity of which the man is the centre, and he is a descent from the most high. He carries will, knowledge and activity. Existence and awareness is a double, and he conducts through will, knowledge and activity. The activity is conducted with the fivefold body. The body is product of the earth, therefore he relates to the fivefold body. The will reflected to the body is... but if man loses his original identity deflects into desire. The knowledge which is fire deflected into the form gets emotion, and the activity becomes a desire-oriented action. The reflection of the spiritual triad into the world causes distortion of the triangle into desire, attachment and... and he loses the connection. He has to re-find what he is and has, he has a fivefold body to manifest the will of God and he is assisted by the knowledge of God, and he conducts the plan. He realises the myth of the world as it is seen. It is known as a deflection, he helps others to come out of such reflection. All spiritual start to see the fivefold man in a fivefold body. The fivefold man is Kumara, the fivefold body is Makara. It is therefore an equation with Kumara and Makara. It is called working out an equation between soul and personality. Personality is always called illusion, because personality is part of the reflected world. Soul is beyond the reflected world. Reflection into the world is like a reflection into water. It is called water because the world is ever changing, this is called water. Never-changing is called the sky, stable and unchanging unlike the water. Our own reflected water distorts. The stillness of water enables the reflection to be appropriate, but stillness in water is a remote possibility. That is what the mind that is still only can reflect the higher plan. A mind that is not still cannot reflect the plan, the original state of being. The need of a still mind is what man tries to reach through strenuous practice of meditation. Meditation proposed by mind is not stable, because mind itself is not stable. Meditations are always different day to day, depending on the state of mind, so meditation has to reach the higher mind, on the upper side of the solar plexus. It is better to meditate in the heart or in Ajna, first one has to recollect oneself as existence, awareness and effulgence, the triangle of light. You are in yourself in a triangle of light the triangle being the will of God the knowledge of God and the plan of God. In that triangle you can meditate and thus you are connected from the centre of the triangle beyond the triangle into the expand which is beyond. With this we have found existence beyond form, also awareness beyond form. The double of existence and awareness. We can enter into the triangle of will, knowledge and action and stay in that triangle, link to that which is beyond the triangle. Such a meditation is called a mediation within a pyramid. Building a pyramid and meditation in it. You don't have to build a complex structure. Every pyramid can be built by your thought. We are surrounded by cosmic will, cosmic love-wisdom and cosmic plan, that is the pyramid in the centre of which you are. You are not stuck in the centre. Beyond the triangle which is in our awareness,, the huge awareness permeates into the whole creation. Existence and awareness is the omnipresent awareness. Expand it into a triangle of will-knowledge and action. This meditation will enable you to realise yourself as a son of god. It is a conscious understanding that you are a son of God, slowly take hold of your body to function in the world with the help of spiritual triad with you as a unit of existence and awareness. This is called the functioning as existence and awareness. You are a descendent of the omnipresent God who is existence and awareness. The existence and awareness is the image of God, he is the Ardhanari, the Jehovah of the Jews. It is universal awareness. It is like an ocean. You are in a way coming out of it, localised as a unit of existence and awareness. This way you have to recede into the higher triangle in meditation, try to ascend from below. Ascending from below has many hurdles. Descending from above doesn't have many hurdles. Descend from That I am, that relates to will, knowledge and activity. Stay there in meditation. It is a meditative state, then you have the triangular state, then the fivefold star. The God resides from north to east, north is coming from beyond through the crown and descends and sits in the east. The Star of the East descends and stays in the east. From north to east, east to south, the station is the heart. From Ajna descending into the heart. Then you are proximate to the form. Get into the objectivity and stay in the heart, like staying in the vehicle going out. Consciously feel that you are a son of God in the field of man. Conduct as a son of God among the sons of men. Then come back and stay in the heart during the day. In the evening, you can further come back into the heart centre then move to the original state

of the expanse of existence and awareness. A son of God is a daily rhythm, and conduct the labour and be poised when done the labour. Once again recede in peace into the original state only to receive again the work in the next (stage?).

The son of God helps the son of men to regain their original identity, we have all decided to do but have lost your identity. When you stay in the spiritual triangle and contemplate all knowledge is .. that is how the work has to be conducted. Do not get lost in too many concepts. Concepts are tools you need to facilitate your work, but you cannot get stuck in the tools. The fivefold aspect of God and of man. A grand master said, all is fivefold, it is all five inside. Understand five.

2012 is ruled by number 5. So it can be seen as an era of magic and there an era of..

Today I wish to give a dimension of time. We all know the periods given in the books commencing with the day of Brahma. In Secret Doctrine it is also given. In Treatise on Cosmic Fire you find what is a solar year, how many years make a kali yuga and how many years for Dwapara, Treta and Krita yuga, and Mahayuga, which is 10 times one yuga. Then a manvantara, and there are 14 such manvantaras making one day of Brahma. The calculation can be reviewed by you in two books. I give you further.

A day how it is divide further into units of time? The unit of time is very interesting. Imagine that you have a window to the east and you open the window during the morning hours, you find light coming through the window. The theme of light, in that you see that micro particles come flowing into that scheme of light. The movement of light is calculated in units of time and calculated therefrom. The micro-dimension of time. The macro is calculated from a month to a year, a year to a year of Indra, a year of Indra to a manvantara, to a day of Brahma, and the years of Brahma, and then 100 years of such creation. Bhagavata gives a division of a day into a micro-form, the smallest units of time. 50 percent is given in the books which I mentioned. The other part is in Bhagavatam, this is what I want you to inform today so that we have an understanding of time.

We take time for granted and time is the watch we have or the calendar, but what is time? Time is defined as the interval between two events. Time is said to be the space between two objects. There was a philosopher in England, he went to England asking people what is time, and they used to look at the clocks measuring time. But he was looking for the definition of time. The people showed him the Big Ben tower – that is time. No, that is only showing the time of the day. There were no knowers of time. Time and space are but one. The different events result into.. time is not different, space are not different, they are infinite. Time is measured from Big Bang, but that is just measuring, measuring is different from time. Space existing in time, space and time are eternal. The seer sees time and space eternally. It is time as space and space as time. They are interchangeable. Space and time emerged out of the same source and merge into the same source. Through time the spirit manifests. The space of this building was there been before the building existed, even before the planet existed. Engaging in time and space one gets absorbed in it. The humans try to measure time, that is given in micro-form in Puranas. We all know the time of the day as a duration of 24 hours which can be divided into 6 periods which are 3 hours time. Divide the day into 8 parts you get the divine time. Divide the day by 8 you get the divine year. 8 is measured as 24 lunations. When you divide the day by 8 you get three hours, if you divide the year by 8 you get lunations of 48 days. There is an 8fold division of the day. That is why if you do some activity of... it is done at 9, 12, 3, xix, 19, then midnight, then 3. These hours of the day are .. At six you have an angle, at 9 you have an angle between the two, at noon, and 3 again a right angle. That right angle is vertical and horizontal. It has a lot of energy related to time. Through an electronic watch you don't get the vertical and horizontal time.

The movement of time is circular when you have come to this understanding. It can be divided by 2, 3, 4, 5, if you divide by 5 you get the 72, the number of the mahayugas and manvantaras. A day is divided in equals by 8, there is an octagonal form created. If you wish to fill a temple of tremendous vibration you need to do a ritual 8 times a day. 7th ray disciples, their work is to work with ritual. You have heard of the temple of Tirupati, it is the most vibrant temple of India. Every 3 hours there is a ritual. After every ritual you offer some fruit. Think of ritual and think of relating to time. Time is the essence of the universe. Time is space and space is time. You should be with the energy of number 8. 7 are the planes, and 8 is the number of a period of 3 hours, divide the three hours of time by three, then we have 1 hour.

The first division of the day is by 8, then by three. 3 minutes is a unit of time, meaning one set of energy can be presented in its completeness by time.

24 hours by 8 = 3 hours

3 hours / 3 = 1 hour

60 mn/15 == 4 min

4 min/2 = 120 seconds

120 seconds/10 = 12 seconds

12 seconds/ 5 = 2.4 seconds (wink of an eye 3 times)

2.4 seconds/3 = 0.8 seconds

0.8 seconds/3 = 0.2667 seconds (approx)

$0.237 \text{ seconds} / 3 = 0.0889 \text{ seconds (approx)}$
 $0.0889 \text{ seconds} / 100$
 $0.0009 \text{ seconds} / 3$
 $0.0003 \text{ seconds} / 2 = 0.00015$
 It is an atom of time
 I give the table (there might be mistakes)

By the time our comprehension.. that is the beauty of time, the micro-aspect of time, the knowledge of how to do. Time is a continuum as space. Time and space, in such infinite small, the paramanu it is called, at that state is the state of.. If you divide 0.00015 seconds the micro-aspect of time is formed, from there to the day of Brahma lasts, you know that you are in time and we are time and space and we experience that in various dimensions and therefore we are required to make use of time with utmost alertness. It is not just that we are .. in the higher circles they are more and more alert of the minute aspects of time. A master of time, if he has something to do, for him 4 minutes is much time, to you it is nearly nothing. The more we keep in our awareness the greater is the ability to use time. That is why to such ones time expands. Like space is an expanse of unlimited. What they do is far more than what others can do. The ability to use time is to use subtler and subtlest consciousness. Time and space is a continuum. As much we are with the theme.

You have an 8fold division of time, you have 3 and 6 and 9. To all disciples who are accepted in an ashram the work is from 3 in the morning to midnight, meaning 21 hours working and those three ones are for rest, not for sleep. The matter in the body is heavy so it is difficult. As the matter tends to be subtle, we tend to sleep less hours. He who is more subtle is less sleeping. Some people dream so that others can do work. Those who don't know how to use time, better they sleep. That is why we say, better not wake up the sleeping ones. Less and less sleep happens as we tend to have subtler and subtler material in the body.

If you force too much to maintain the ideal of 3 hours the body may not cooperate. You should work in a constructive way with fire, . In the present time and the kind of quality prevailing in humanity the idea is 24 hours working 84 years. In that 84 years – to an accepted disciple there is no sleep in that. The consciousness is fully awake, only the body is resting. In Bhagavad Gita the Lord says, a true yogi only rests, he does not sleep. During the day he works in objectivity and during the night he works in subjectivity. More and more we are working with consciousness, which is the sum total of fire.

Every master of wisdom knows to work with fire. There are differences even with the masters of wisdom. During their hours of refreshment they have their own kind humour, but their working is so vibrant, for that reason. An aspirant has a lot of freedom, a disciple has responsibility, he has a different kind of freedom. Freedom differs from stage to stage. A man of knowledge has a different freedom than a teenager. He has the freedom of consciousness. A dimension of time would help us to relate well to time, at other times relax and do not tend to sleep, it is not considered as a virtue. Just relax, think of contemplation, release of energy. Therefore stay there when there is no work, when there is work do and withdraw. The time for work is measured. A 12 years' time, a year's time... act and contemplation. In an ashram one in action, another is contemplation, and there are hours of refreshment. From labour they come back to refresh. Breakfast, lunch. The two times you retreat is a refreshment. The masters and their disciples do tremendous work. At the portal only one question is asked: What have you done? Your deeds should speak, not your plans and experiences. When someone is asked, what have you done, you answer is silence, because the answer is in the wind. When work is done, no question is asked. These are all the cherished things to know about the work of the Master. It is labour that counts. The ones who have done well can refresh, the ones who have not laboured cannot refresh. What is important to remember, there is a great time dimension that enables to expand your consciousness in tune with time. For those who work , time expands. For those who do not work for them they have not time. A master expects his disciple to do 10 things at a time. You are expanding your consciousness. Whatever comes to you try to respond through expansion of consciousness. Postponement is not a work. As it comes you attend to it. Attend to as many things as possible so that your consciousness expands. If not we get problems, personality problems. Relate to every possible work as far as you can, that is the way to work, don't constrict yourself to what you can. Then you break the matter. When you are at the point of breaking the matter, matter gives the wall. As a Master approaches a wall, the wall gives way, because it knows that the master breaks through. What is impossible turns out to be possible. Nothing is impossible for consciousness. It is a self-imposed limitation. There is nothing that a will of fire cannot go through. The matter relating to consciousness constricts and we land in a state of loss of consciousness. The middle principle has equal access to matter and spirit. As much light as we receive so much unfoldment we receive. It is a matter of orientation to the light. You pray that you have as much unfoldment as possible. We want that all chakras transform into lotuses, chakras are closed lotuses through the heat of consciousness. The warmth of consciousness opens them. Transmit that energy

into daily activity so that the matter finds its expanding and gains its magnetism and overcomes time. This is called rasayana in yoga.

We have one more class on Tuesday where we conclude about the Pythagorean Decad, which is nothing but the 10fold aspect of the cosmic person and the 10fold aspect of man. Thank you.

Tuesday, 24 January 2012, morning, final lecture

Hearty fraternal greetings and good wishes to all the brothers and sisters.

I think all of you have taken the form and light aspect of the man, which is a micro-aspect of the cosmic person. The cosmic person is fourfold, He descends to link up to the form aspect and therefore becomes fivefold, and the form is also of fivefold nature, a fivefold form and the fivefold cosmic man constitute the number 10. It is regarded as the complete number. The symbol is the circle with the central point. Meditating upon the circle with the centre point is therefore said to be perfection, a harmonious tenfold unit in creation. That is the understanding of the number 10 with Pythagoras and the Eastern scriptures and in every system. Number 10 explained in relation to the 10th sun sign, Capricorn, and the symbol of Capricorn is also a very significant symbol with the form of S, related to an inverted form of S, a double symbol. It is an S linked to another form of S, which is spiritual matter and the five aspect of matter related by one consciousness. That is how the symbol of Capricorn has become a symbol of S. It is the inter-relation of spirit and matter through the beauty of consciousness which is the beauty of life. Capricorn in all systems is considered as a sign of completeness. In a zodiac of 10 sun signs Pisces become the 10th sign, the 2 fishes represent the same. One is spirit, the other is matter, one is cosmic person the other is cosmic nature. In a zodiac of 10 sun signs there is the perfect creation which is the creation beyond desire and passion. From out of that creation when there is a desire emerging, Libra forms and the zodiac of 12 sun signs. This is one of the keys given by Madam Blavatsky in Secret Doctrine and also in Spiritual Astrology by Master EK.

There are many secrets in Secret Doctrine related in Spiritual Astrology from an astrological angle. Capricorn is the 10th sign in the zodiac of 12 signs, it is the perfect sign, meaning the harmonious emergence of spirit and matter on all levels. The consciousness shines forth in its completeness, it is said to be the state of a son of God. That is the story of a son of God, which is related to the beginning of Capricorn, 21st or 22nd December, the annual entrance of the sun into Capricorn. When the sun enters into Capricorn, the balance energy of spirit and matter, Cosmic person and Cosmic matter, enable a disciple to avail the opportunity to transform themselves from being a son of man to be a son of God. The ritual of Capricorn is in all ashrams of the Hierarchy celebrated, the entrance of the sun into Capricorn, and it is the place to rehabilitating the balance of spirit and matter in each one of us for a son of man to become a son of God. From ancient most signs it is of utmost significance and related to the movement of sun through Capricorn. That happens some time at the midnight hours of 21st to 22nd December, when the cosmic energy descends onto the planet to help humanity. That is why the movement of the star in the five-fold aspect of the cosmic person is in the five-fold body of a human to be meditated upon daily. It is the birth of a saviour. That is the idea for humanity. That is why the World Teacher Trust annually conducts the Guru Poojas in the month of Capricorn, to celebrate the birth of the saviour, so the birth of the saviour should be celebrated at the 21st or 22nd of December, it is not 25th December. We too have to follow these higher rhythms with the equinoxes and solstices. The equinoxes and solstices have much to do for those who follow the solar path of light. For disciples the solar path is much more important than the lunar path. We are souls, suns. What the sun is for the solar system is what man is for the planetary system. For discipleship one has to follow the solstices and equinoxes and relate to the transits of the sun into each sun sign, from Capricorn to Aquarius etc. We are now in Aquarius, but how conscious are we about the change of solar energy with the Solar God as he apparently transits through the 12 sun signs, this is of great importance to the disciples. At 21st, 22 March entrance into Aries is very important, as the sun moves from Sahasrara to Muladhara and from Muladhara to Sahasrara, it is an annual ritual. When the sun energy moves from Sahasrara to Muladhara in Scorpio and ascends again to Sahasrara from Capricorn onwards till Aries. This has to be related to on the path of discipleship which is the path of Hierarchy. One should be oriented to the sign of creation, not to the tradition. Truth is higher than religion. Tradition is in time, Never the birth of Christ was celebrated before the birth of Christ. We don't follow tradition, but the truth. We follow the path of discipleship and do the related correction. The last 25 years we have been working in India in the month of Capricorn. Wherever we are we should related to the cosmic celebration. It is a cosmic celebration. This entry is reported as the cardinal cross of Capricorn-Cancer, Aries-Libra. Discipleship means moving from mutable cross to fixed cross to cardinal cross. That is why the 4 signs of mutability, we carry the energy of mutability. Spirituality is mutable there. We take to the fixed cross of Taurus-Scorpio, Leo-Aquarius. You have then to move to the cardinal cross. Master DK explains in Esoteric Astrology it is movement for the disciple from mutable cross to the fixed cross and then for

the disciple to hierarchy to the cardinal cross. Taurus is a fixed sign, when it is the full moon of Hierarchy, the disciples who have consecrated to a plan, the cosmic plan for lives hereafter, that is the commitment he has consecrated himself. The personality is dedicated to the personal plan, high spirits and low spirits, swinging up and down. From mutability to stability, from aspiration to discipleship, it is from fixed cross to cardinal cross. The newsletter delivered to the groups gives a dimension related to these crosses.

Coming back to Capricorn, it represents spiritual matter, in contrast to Virgo and Taurus. Developing spiritual matter from out of the body of flesh and blood. It has to be put to a lot of fire, a lot of meaningful activity, so that the body of flesh and blood undergo a transformation and slowly change the density and become lighter matter. This kind of fire one has to put oneself to. That is why every time with a croup life intense activity happens. It is good for the soul, not for the body, isn't it? Because the body uses matter which is inert, That body is put to fire through meaningful activity and slowly gains the related transformation from gross material into subtle material. I am thinking of the fourth ether. In us 3 ethers are active, related to matter, water and fire, they are active. They have to be put to activity, so that the body is enabled to unfold the fruits of the flower. Unfold the related flowery body, a tender body, the body of flesh and blood slowly becomes a subtler body. The matter of Capricorn is causal matter, it shines forth like a diamond. A body of golden body is also flexible, but not so flexible as the diamond body. The light of diamond body is very dear to the sun ray. The golden body is a body that appears in the morning hours, Bala Bhanu means infant sun and gradually becomes golden in colour and gradually transforms into diamond body. You find the variations of colour as they happen with the morning light, like the variations of the developing body in the body of flesh and blood and becomes a diamond body. It is also represented by 5 words which Jesus frequently uttered. He speaks of the glorious white robe, in 5 words. He says, (samma, samma rakmana osai or so),... like that, my robe, my glorious white robe. This white robe is the accomplishment for a human possible in the moth of Capricorn. It is mostly governed by number 5. That glorious white robe which Capricorn represents is a perfect state, such a manifestation can be a bridge from the higher to the lower. That is the work of discipleship. That should be our sacred goal in all that we do, see. In due course of time that happens to every man. When it happens to a man then the prophecy of God is fulfilled. In the month of Capricorn it is said to happen on a groupal basis, therefore so much collective activity is suggested – in a family group, a professional group. The work in every group enables transformation. Domestically there can be a group, and also the work to serve the surrounding life, then the transformation happens. What is intended to be gained is through all the different activities we do. Through so many practices we do the very purpose is adding a little fire to your system on a daily basis.

We come to the cosmic person in a quicker manner. When we eliminate non-essentials, we get the normal development of essentials. From Non-essentials to essentials, transformation has to happen. A spiritual value becomes added. It is an attitude. When you have an attitude of spirit, you do every activity of the day as a meaningful activity. It is an act of orientation. That is the story of all of us and the fire we add. We need to be fiery in our actions, in our aspiration with work. 2012 is also related to fire. It is a termination and a fresh beginning, not a conclusion. In the month of Capricorn it is a culmination in itself. In Capricorn here is the appearance of the cosmic sun, the cosmic matter in its 5fold aspect. Pure existence, pure awareness through a triangle of will, knowledge and awareness. Association of that with the lower mind. The five senses, sense organs, elements, organs or action. That is the beauty of 10. We are a five pointed star of diamond light in which there is a harmonious blend of spirit and matter. Therefore the periodicity. We conclude for this time the teachings on the cosmic person. Work it out, the 3 triangles upwards and the 3 triangles downward. These are of great importance. The work of Pythagoras is to establish a perfect harmony between the triangles. In the zodiac it can be in Capricorn or Pisces. The zodiac of 8 sun signs is not for the beings of the planet. For Krishna and the like, they are all referred to by number 8. At the moment from 12 to 10. Slowly fold back the Libra. The unfoldment of Libra is the story of the dragon It came down the tree and started crawling on the earth. It related to activity. The pursuit of earthly things makes you enter into the zodiac of 12 sun signs. Being vertical we can transmit horizontally, but never think of transmitting vertically. That is how the whole work happens. Every Master of Wisdom keeps one hand on the heart and one hand up to the divine – serving the society with one hand, linking to hierarchy with the other. Meaning the spirit is associated to the divine, the other aspect is linked to humanity.

In the 9th rule of White Magic it says that the one hand is held towards the father and the other is spread to the world. Such should be our ideal. Try not to entertain the pride and desire to the world. When we seek from the world only fulfilment our desire is not discipleship. Discipleship is to relate to something sublime by which your orientation orients to the divine than to the mundane. When the passion is towards divinity there is no passion towards the world. That is why the path of hierarchy stands out from the traditional religious path. We should try to recapitulate all that, By habit we fall back to our patterns. By orientation to the divine we continuously let our ability grow consistently. The

divine Plan. As much as the divine abilities dwell in you, so much you can say the divine unfolds in you. This reorientation is sought in all group lives. As much as we orient to the light, so much the light is expressed in our lives.

I thank you, and we re-gather in 10 minutes so that we can entertain all questions till 11, for clarification, and tomorrow we do some more clarifications in this matter. Thank you.

Questions and Answers

Question: How best to integrate into daily practice

Answer: There are various ways, one is to visualise the cosmic person with four arms standing from the apex of your diaphragm up to the Sahasrara in an effulgent form. Before you do that you can do some preliminary work also by visualising his head as your head and eyes as your eyes, his ears as your ears, his nose as your nose, his mouth as your mouth, his shoulders as your shoulders. You have to make an extra-visualisation because there are two more hands. So that his form comes up to you totally. Then as I explained in the class visualise all the cosmic intelligences I mentioned the Sahasrara, the forehead, the solar and lunar lights in the right and left eye, the cosmic Jupiterian principle in the ears, the word at the tip of the tongue, that I have given. After that build the whole form into you standing on the platform of your diaphragm. Later you can further concise him to be in the heart or in the forehead as you wish. And keep visualising the diamond light coming down. Once step is to feel him in the whole body, the second step is to concise him up to the diaphragm, the third step to concise him to a thumb form in the heart and visualise him there. When you visualise him think THAT I AM: You say So Ham, so that later install him inside and eventually get the cosmic person in you. The cosmic person is in every theology with different names. In the east they call him Vishnu or Krishna, in the West Christ or Christos, or Amadeus, 2nd Logos, depending on the different theology there are different names, but we are all him. We all came out of him. I am the image, he is the original. From being a substitute we become the original.

The other step is see the humans around, see him in others also. That is a practice that levels up. The cosmic person is not only in us, he is in the others also. He can also be seen in you and in all human forms. And you can see him in other forms, not only humans, all other forms you find on earth are his form. In humans as human forms. This is how you related to the forms around. Then it becomes a universal approach, not a religious approach, because religion limits it. Humans are sectarians, humans are dissecting.

Question: For the benefit of the group, and in relation to the theme that You are dealing with, could you, please, explain about the principle of the omnipresent pulsation and its relationship with the creational process, the process of meditation, and the process of development of consciousness?

Answer: A question from our brother Omar Nahum, it is almost another seminar. The principle of omnipresent pulsation. The pulsation is cosmic, when it comes from Brahman it is called the cosmic ideation or primordial nature. I explained in last year's group life. It comes out but is not separated from the soul. So it develops an eternal relation with the pure existence, meaning, goes in and moves out. It happens in waves. That is how the pulsation presents, when one becomes two, the pulsating principle is the relating principle. It pulsates in us and relates us to our form. No pulsation, there is no relation with the form. When the world was with God, in the Old Testament, there is no pulsation, but when the world comes out there is pulsation. There is the relation of the form to the original existence. Pulsation exists everywhere. We all hear the statement, space pulsates, from space to atom, because all existence is possible only when where is pulsation. Pulsation is a principle of expansion and contraction on an alternating basis. The law of pulsation and the law of alternation are but one law. When we are with the body of flesh and blood, when we are into dream or when we what we call death is without the body. In the dream state the pulsation moves out with a link to the body. In death the pulsation takes to the subtle body. Every being is a pulsating being. When we are in the physical existence we are in relation to the physical body, we are pulsating, when we depart from the body we still pulsate, then we are in the subtle pulsation. In the etheric body as the golden body there is also pulsation. Even if you disassociate from the causal body you pulsate. From beness when a being comes out there is pulsation. Beness is pulsation hidden, but when it comes out separated from beness, pure existence, the pulsation comes out. The birth of pulsation enables a link to the form, the birth of a centre creates the circumference. When there is no centre, there is no circumference. Whenever there is birth or something from pure existence, the birth comes. The original and that which emerges from the original. Space is generally understood as an expanse of existence and awareness, therefore the relation between the awareness and space is by way of pulsation. When anything sprouts, the linkage is through pulsation. That is why pulsation exists in all that is in manifestation. It exists in atoms, in Adam. In the Veda it is said, from Anu to Mahat. All manifestation has pulsation.

Like that the manifold creation, the manifestation of pulsation from the centre to the circumference, and the recede can also happen in successive steps. That is why even for our occult purposes, with the help of pulsation we can enter from one state to more and more subtler states. The bird of pulsation moves from the subtle to the gross and vice versa. In meditation we can slowly withdraw from objectivity to subjectivity to the buddhic plane, when the pulsation reaches the heart and ascends to the higher centres. The awareness ascends from the state of thought to the state of bliss. A soul being a pulsating principle it results in cessation of pulsation when merged with Brahman. That is why Brahman is without time. Pulsation is a means of ascend for awareness. That is why pulsation is called a bird which can move up to the 7th sky, the 7th ether, and move down to the 1st ether. The 7th plane, there is pure existence, which is not awareness. Awareness also disappears into existence. It is a state of no-two, Advaita. That is why pulsation stops. For this reason the Veda symbolically says, the Lord descends from the bird with the help of the bird. When it ascends it slowly merges into pure existence. From the point of emergence of pure awareness the pulsation starts and withdraws into it. The pulsation can be seen in the atom, the plant, the animal, man, the planet, the solar system, cosmic system. That is why pulsation is said to be an omnipresent principle of creation. As awareness further descends, they are together. The creational process is manifestation of awareness together with pulsation. Out breathing of the worlds brings the worlds to manifestation inbreathing dissolves the worlds. There is always a double work of awareness and pulsation. The manifestation of primordial matter and consciousness. When through time the pulsation withdraws along with awareness, then there is dissolution.

Let us understand another dimension that is stunning. According with a time plan, there will be also a retrieval of all the beings. And in meditation when relating the mind to pulsation, when it joins respiration, slowly the mind takes into pulsation. Relating to pulsation is therefore the method of meditation. When consciousness can relate to higher states of awareness as much as you can relate to the pulsation.

Q: Is the cosmic person who is in us the same than the cosmic person?

A: The answer is yes and no. Each one of us collects in our water-pan the water. You have a bottle with you in which you collect Godavari water, the water in it is Godavari water. The indweller in us is also the cosmic person. But the dimension of cosmic person is far away. The dimension of Godavari is far more than the Godavari in your bottle. The indweller of our being is a representation of the cosmic person, we are presentations of the cosmic person, like wave and the ocean. When we relate to the cosmic person, we relate to the cosmic person in us. The dimensions tend to be different. There is a cosmic person in all of us, but there is a grand cosmic person to which all of us belong.

Q: About the south and north of the planet

A: We are all on the planet, but in relation of the planet there is an apparent movement of the sun. In relation to the planet there is a northern and a southern movement of the sun. When the sun moves from south to north, there is a movement from muladhara to the Sahasrara. We follow the movement of the sun in relation to the earth, not in relation to our seasons. When northern hemisphere is in winter we can not take to a geographical dimension, but to the planetary relation to the sun. When sun is in Aries whether you are in the southern hemisphere or not, you meditate upon Ajna, it does not matter whether you sit in the north or south of the planet. Follow the sun's movement, according to the sun's movement that is common to all beings on the planet. That is how we have to relate. You cannot go by the geological seasons. This needs to be cleared. The one that is placed in the southern and the one in the northern hemisphere have the same occasions. Those who are in the tropics also. We don't go by seasonal aspects, but by where the sun moves and we related to the signs in us. Living in Argentina or Belgium, Aries means in the head, Taurus means the lower part, etc. It is the same for all humans. Don't put the hemispheres upside-down. Wherever you are on the planet you have the equal opportunities.

Q: In relation to the 5 elements you spoke of...

A: The five pulsations how do they function in relation to the fivefold aspects of the body, in relation to the sacral and manipuraka.

I gave another classification we shall take it in the next session. How the 5 pulsation relate to the form. I shall clear in the next lesson. Thank you.

Wednesday, 25 January 2012, Questions and Answers

We shall now continue with the question answer session till 11 o'clock. Thereafter a great singer of India, Dr. M. Balamurali Krishna, will come and he will be introduced to our group. He is a singer of very high attainment and also a person who has the touch of divinity. He will arrive at 11 and whatever questions are possible will be answered. The questions relating to the 5 pulsations and elements in the body, by Brother Miguel, and the relation between elements and...

Q: The 5 pulsations relating to the body function as follows: The first pulsation is prana, inhalation. Its function is directly from the nose between the eyebrows enters into the body and goes deep down. The counter-energy happens as we breathe out, it is called apana. Apana, exhalation, enables expulsion of carbo-dioxide out of the body, the deposits of carbon in us. As much as we inhale, so much exhalation can happen. We inhale and exhale, expel all that is deposited in the body and undesirable. One pulsation depends on the other. Prana has its own basis. It is by contemplating on breathing in slow, soft, deep and uniform, we can by exhalation expel more carbon from the body. Apana is navel downward. Apana if it does not expel the respiration it gives us problems with digestion. We don't move enough around and sit in chairs. Apana-prana is important, therefore we need to do asanas and walk to keep apana prana enough active. Apana prana is kept in good functioning by effective inhalation and effective exhalation and good movement of the body and allowing the pranic forces to expel well. More and more active life in the parts of the body in the advanced years. Many asanas are important especially in the advanced states of life to keep the life force active in the lower parts of the body so that the higher parts are well supported. The blood flow the asanas keeps in good activity. You should not neglect the activities of life so that the lower parts does not function well. Prana functions in the higher part of the body, apana in the lower part. The two parts are counter-active, but not counter-productive. If apana prana functions well, prana functions well and vice versa. The energies affect the life force in the body, one governing the higher and one the higher part. Samana prana is the equilibrium between apana and prana, inhalation and exhalation. The equilibrium is the pulsation of samana prana. As much as we relate to pulsation, the two pranas are equated. In between the heart centre and the diaphragm samana prana functions, slightly below the diaphragm. Inhalation and exhalation function slightly below the diaphragm, between heart centre and solar plexus. That is the key for the equation of prana and apana, on account of samana prana. This samana prana is of great consequence. The meaning of samana is equipoise. It is the third prana, the equilibrium of the two. It is the pulsating principle, when prana and apana are equated. Then you hold the pulsating principle, which is the bird, it has the ability to move upwards. Moving upwards is called Udhana prana, from diaphragm upwards up to the brow centre, udh meaning move, Udhana is the prana to move from navel up to brow centre. In the normal persons it helps to conduct the expectorant and the expelling. As much as you are able to cough well which are stuck in the lungs, it is thrown out with the help of Udhana prana. The air stuck in you, if mucus sticks in you, you throw out, or hiccups, These hiccup happen through Udhana prana. Without Udhana prana there is not way to throw out. It is thrown out with the help of Udhana prana. This Udhana prana is of importance for any human being to neutralise inhalation and exhalation into poised state. You move up to the brow centre. Another function of Udhana prana. It causes a pressure from within to without. There is an advanced pressure from the surroundings you meet with the help of Udhana prana, you hold up the pressure. It is like a balloon, the inner is equalised with the help of the pressure within the body. These are all important functions of Udhana Prana. That is the fourth prana. The first is prana, the second apana, the third samana, the fourth is Udhana, up to the brow centre. Then there is the permeating energy, Vyana prana. It is in the lower and higher parts of the body, It is called the all-permeating prana that enables life force circulating from head to foot. Vyana prana without it you have not feeling in the fingers or hands, Vyana Prana means permeating prana. This prana according to your quality, each of these pranas has 3 pranas. I have given all the details of prana in the Paracelsus magazine and you get all the information. I have given last year under the heading Occult Healing. The working of Vyana prana is in the whole body, the apana is from the navel downwards, of prana above the navel, samana prana around the navel, udhana prana upward, and vyana prana in the entire body.

The other question

There is an understanding that the sacral centre is related to water and in other teachings it is related to fire and vice versa with Manipuraka.

It is esoterically the centre of fire and water. The stack of solar plexus is in the lower and its unfoldment is in the lower. The sacral is other way round, its stack is upward and the Sacral has its centre in the higher, but its unfoldment is in the lower, the stack of manipuraka is lower, but its unfoldment is higher. So when it comes to the lotus, the water and its unfoldment is higher, but its position is lower. That arrangement works. We work with mind, emotions and matter. We have not yet learned to function with the heart. The lotuses in the higher parts of the body, the lotus of fire functions in the lower part of the body, functioning through the spleen, that spleen is the lower part of the body. The fire of the body functions through the spleen, the water of the body functions through the navel centre. You may look to the book on Chakras by Lead beater. The position is lower with water and function is higher, and vice versa with the fire, manipuraka, it is higher, but functions lower. Filling up relates to water. Manipuraka is the centre of water, and sacral is the centre of fire. The details are also there in Spiritual Astrology by Master EK. The elements come from the book of Lead beater and the second part of the book on Master CVV, that Manipuraka is in the navel. That is like this, the

unfoldment (Master shows) and unfolding in another part. The throat centre is located in the higher part, but the heart functions in the higher. These are all what is done by Manu.

Another question:

...A; One key for Secret Doctrine is astrology, the second key etymology, it is very important to understand Secret Doctrine. Without it the root of the word cannot be understood. The etymological key and astrology and also the knowledge of symbols like geometrical symbols, there is a plethora of Vedic symbols. Then you can unlock the Secret Doctrine. You need a good knowledge of the Theosophical teachings, the different theologies, Egyptian, Indian, Greek etc. Apart from this you need three keys, key of astrology, etymology, symbology, and then the key relating to time. HPB uses 3.5 keys. There is no other keys of wisdom. Better stop and go to Wikipedia, gain an understanding and then understand Secret Doctrine well. When you make all these efforts and use these keys, they open through the book.

Q: Please describe the relation between the pulsating principle and male-female. The symbol of Pi.

The pulsating principle is centripetal and centrifugal. The symbol of Pi is the symbol of Gemini without the lower horizontal line. The horizontal line is the two. It is not the female coming out of the male. Brahman is neither male nor female. Both come out automatically. That is what the two pillars represent, the male-female principle. That is how the male-female principle as one. It is the symbol of Gemini and the symbol of Pi. Another aspect is centre-circumference relation. Each one is related to the other. It also relates to what I said yesterday as per the pulsating principle. Expansion and contraction. There is a natural urge of the two coming together with the magnetic poles. The male is the one, the female the other, they join in a higher or in the lower aspect. In the higher the two have come out of one. Therefore there is an interaction. Separating them as two creation happens. There is an interaction and as a consequence there is the relation of centre to circumference. It is called the wisdom of Pi, the relation between the centre and circumference. Each individual unit came out of the entire existence. From the individual automatically there is a relation to the centre and the pulsating principle which connects. Similarly the two legs of Pymandaris, the two legs are the male-female principle. These two together an inter-relation is represented as the apparent two as Pi. How one relates to the other, the wisdom of relation, there are relations to so many. Male to male, female to female, young to old, man to animals, to elements, everything is a matter of relation. The whole is an experience of relating. If you have the right relation you have the experience of it, if you make a wrong relation you suffer. How to related, relating to is inevitable. One Brahman, but there is nothing to experience, when one becomes 2, the wisdom of relation becomes necessary. By relating the energies agree and find their identity as souls. The essence of Pi is the ability to related. How do Argentines relate to the Spanish, the Germans to Italians, the Europeans to Americans,... when you have the ability to relate you don't have problems. There are people who can relate to tigers or lions. How to relate to others units of consciousness is sublime wisdom. With some we can relate well, with many we cannot relate well. With those to whom we cannot relate well we learn. Pi is to be understand as the ability to relate. There are philosophers which cannot relate to others. There are many religious who cannot relate to others. We tend to be expulsive, we don't relate to some, people tend to be exclusive due to their inability to relate. If you have the ability to relate, you can relate devas and diabolos. We exclude some, include some. As long as we exclude others it is our inability to relate. The kingdom of God includes the diabolos. The relating field is through Pi, that is what Pi means. People who work with wisdom work with Pi. Wisdom is not dissecting things, but find the appropriate relation. Relation is possible only when there are more than one. Therefore the pulsating principle is relating to expansion and contraction. Relate to and withdraw. It is the same functioning what way you see it. That is how you relate to Pi. It is also called the wisdom of the Emperor Seth on the higher arc. The wisdom is the higher arc, not on the ground, the pillars are connected through the higher states of awareness where there is purity. In due course by relating to the arc of the Emperor Seth is not a lower connection. Unity is possible in higher states of awareness, not in the lower states.

Q: The pulsation in chaos...

A: The pulsation with .. time is not, Once there is an impulse the creation comes. When there is an impulse there is a division. These are the primary things that come one. When in the Samadhi state – nada. It is by inference we say about it, it is seeming nothingness. One is

Q:

A. That is effective with inhalation and exhalation through experiencing pulsation, It leads to the ability to breathe in and out and to stay without breathing for some time. You breathe in counting 24, breathe out counting 24, then not breathing when you count 24, in that point the pulsating principle is strengthened. These 4 pranas becoming strong the fourth prana also gets strong and you find the pulsating principle moving upwards. Throughout sushumna you find the energy moving up. Through the back of the throat you go up, the to brow, make a jump there to ajna and you expand. Working with the two fundamental principle of prana leads you to the third and then the

Q

A: Last year I explained how the cosmic fire works in the spleen, the pranic fire made to support the body, body is a planetary fire, frictional fire, giving the warmth of the body and enabling vitality to happen. The 5 elements get regulated. Muladhara regulates matter etc. That is important.

The year to come has a good name, Nanda, the year of happiness. Nanda (or nandana), is an aspect of ananda. So it is called Nanda. The message is many classes on the planet are possible in the year to come that is how it is year where many things can get a good direction. The planetary conditions though seemingly to be hot is good. It is seemingly not a good position of Jupiter in Taurus, but it makes a good position to Pluto. Saturn slowly moves into Scorpio, the square between Pluto and Saturn is released. The centres between Pluto and Saturn is finished. The opposition between Uranus and Saturn is finished. Scorpio and Pluto in Capricorn is released, and Saturn was in opposition to Uranus in Aries, that is released when he moves into Scorpio, . He makes not such a good position, but it is not so bad. It gets into a square aspect with. Jupiter into Taurus, is not a good position. But it makes a trine aspect with Pluto in Capricorn. That is how we can see Saturn... The year of Nada, happiness. Some tensions flare. The north and south node now in Gemini-Sagittarius have a good relation between Gemini ruled nations and Sagittarius ruled nations. Germans and Spanish, there are no tensions, but when it gets into Scorpio, Scorpio north node and South node in Taurus can build tensions in the Islamic world mostly identified with the energy of Scorpio. The Islamic world is not so happy with the power of the.. Certain things can be eased out. The only matter concerned is Uranus in Aries. He always speaks of a fresh beginning, a fresh beginning. He has only the support of Pluto in Capricorn and there are no significant oppositions, no squares only small ones when it comes to square with Pluto. Then the movement of node and antinode can be seen as activities coming from the Islamic world, it should be taken as a positive move. That is to be observed. Most of the planets that is Uranus-Pluto, the nodes, and then the next one is Jupiter. Jupiter in Taurus, not much .. The squares that were build in the last years are released, the squares and oppositions are cleared and the year also it begins on Wednesday or Thursday (?). It is a good beginning. With the intervention of Hierarchy things will work out well.

Q.:

A: Forgetting is not possible, but forgiving is possible. If you don't forgive, you don't release. To forget is not the way, to forgive is the way. They have done some things wrong, we have done some things wrong. Why should I bother about the wrong things done. When I forgive it is ok. You cannot forget, but forgive, otherwise you don't grow. That is why Jesus also said, Father forgive them they don't know what they are doing. Forgiving is possible if you grow in consciousness. The masters grow in consciousness and don't forget. Masters' consciousness doesn't forget. To forget is a mistake. The opposite is not to forget, but to forgive. I cannot forgive does not exist. You work with. When your children do a mistake, you forgive, but you don't forget. The others are also like your children. The difference is you love them, because you love you are able to forgive. All are children of God, so Jesus could forgive. Don't think Jesus forgot why he was crucified, but he forgave them even at that time, because he had love. When you are forgiving you are doing more good to you than to others, because when you don't forgive you are stuck.

Q: About cosmic person

A: Recollecting him once a day is good. ...

Q: How can I visualise the planets in the body? Sound? Symbol?

A: The quality, the quality is an expansion of consciousness, and the symbol, it is causing an expansion of consciousness, and also the colour. Contemplation means symbol, colour, sound and quality. The sound given to Jupiter is Kham, Kham, You can do it mentally, the mental sound of Kham and honey-golden yellow colour spreading all over the area of the head. Symbols and sounds are given in Spiritual Astrology.

Visit of Dr. M. Balamurali Krishna, a very eminent Indian musician. A student of his, Mr. Soundara: He comes from a very great tradition, my Guru-ji is quite different from all other musicians. He is a great musician he comes from the tradition of the great Jagaraja(?), and he comes from that tradition and from the line of Andhra and his students... He came as a student of his father at the age of five with music, also his mother suggested to his father that he plays violin, and he started to play violin without being taught. He started composing at the age of 6. There are 72 scales on which all ragas are composed. He started to compose in the 72 scales which is very difficult. When he reached 18 he had composed in all scales and then started to compose other songs also, ragas. He started to create ragas or scales, you should have at least 5 notes. If it doesn't have 5 notes it cannot express fully. But in the Vedas it says there are 3 notes and then 4, especially in Sama Veda there are 3 notes. We have to make the people who say that ragas have 5 notes that it is wrong, that a raga can be expressed with only 4 notes, then he listened to 3 notes, to sing with 3 notes to bring out the effulgence of ragas. He is able to perform very good with 3 notes, which is very difficult for others. I am very happy to have him as my guru.

He gives examples of 3 notes with incredible intonations and pronunciation.

I have many students helping me and I am still, not old, but young, I don't feel my age, knowledge is important, not the age.

Music means sound, life. Sound is life. When you speak, you speak musically. When you don't speak we don't understand you, so what you speak should contain the truth. You are all musicians.

KPK: He knows what life is and also has experience of divinity, please ask him your questions about Indian music. Though he seems to be very normal, there is something behind him, he is a very respected person and for the people working in the field of music he is just God. He has been the king and emperor in the field of music and has lifted people to higher states. He is very simple, humble and doesn't speak about himself, he is very divine. The ones aren't recognised often during their lifetimes. Many see him already during his lifetime as a great master. He doesn't have a program. It is an opportunity to speak to him. Some of you who are working with music and playing instruments may ask him about sounds and spheres of students. I once have given the sounds of the planets around the sun, there is a half note, a single note and a 1.5 note. A great initiate, Pythagoras, have these sounds. It relates to yogic consciousness and he can move into these subtle sounds. He is called... when he signs it is like the flute of Krishna.

He is here for 3 days in great audiences, he is the best among all the musicians we today have in India.

Q: How to be creative when you are in a tradition

A: There is morning, noon, evening, night, as a tradition, what you do in between is creation.

A: KPK: There is always creativity, every day is different from the other, apurva, new, the creative being keeps us moving forward. There is an impulse to create, it naturally comes, ideas come later, singing come later. Unless you are out of the conditions you are not creative. It is in science, art, singing. The sculptor adds something new. Indian tradition is so lively because there is a continuous addition to it.

... My feeling starts in music....

In the afternoon there will be the valedictory function, afterward we will go to the auditorium where Dr. Balamurali Krishna will give a presentation.

Tomorrow afternoon there will be a visit of the Bhimili master to give his blessings to the group.

Wednesday, 25 January 2012, afternoon, Valedictory Function

Anna first expresses the gratitude of the group to the Master and Kumari Garu and the two "birthday children" Rodolfo and Marina handed over the presents. Then The two translators, Dorle and Julieta spoke some words of thank you, reminding some impressions of the group living, a very precious time for all of us. Then Navaneetam addressed the group and the helpers behind the scene. This year it is a very big group, but the group has a very good and all are very careful. The Guru Poojas had been a profound expression of the spiritual fusion of east and west. From far away places they take to the Master and intensely listen to the teacher and are intend to put them into practice. The MASTER is available through Parvathi Kumar. Recently he is explaining to us the Bhagavata Purana, the teachings of the Cosmic Person. We are all learning together. I would remind you only one thing. The teachings of the Master unfold only when we try to practice them, how much practice is the point, not how many years we are here. We are related to the hierarchy, the teachings and the teachers are very important. Don't neglect the teacher, don't forget the teachings. With these two things our organisation has a very good protection. We are so blessed to be with the Master and Madam as our celestial parents. We live in a family. Family has a lot of responsibility. Society responsibility, spiritual responsibility, and also taking up the responsibilities of his Masters. The global guidance of the organisation is put under his hands. A picture of the couple is given to all of the groups.

Especial thanks to Anna Beutler about the organisation she did for the seminar.

Then gifts were presented from the hands of the Master to Navaneetam, Ravishankar, Murthi, Sandeep, Jayadev, Srinivas, Sinu the cook, Kantha, Satyam, who guards of the house, and others.

KPK:

All those expressing I heard, may the World Teacher have many voices, with an inclination to listen and to follow. Once you live the teachings than the teaching comes in a lively way, through practice to transform, and then continue the teaching through many voices. We would like to express also our to Ludger who types all the lectures and immediately sends them to all the groups.

Teaching is a joyful act, when you get an opportunity to teach, and you teach better when you get an opportunity to teach.

The cosmic person was cut and the creation came forth, so at every group life the cake is cut for the creation to happen. Thank you, thank you, thank you.

Thursday, 26 January 2012, morning

In the morning we had a fire ritual and afterwards a number of group members got ready for departure.

OM OM OM – Shanti, Shanti, Shantihi

We can have questions and answers till 11 o'clock.

Q: How we have to meditate with north and south node?

A: North node relates to positive energy of Mars, south node relates to the negative energy of Saturn. Transmission of consciousness, expansion of life is Jupiter, Saturn does the contrary. Sometimes it comes to the point of total conditioning, cornering. There is not much scope for consciousness. Lack of consciousness is the result of the impact of the south node. The work with the south node. Anything you hold in the hands, it slips from the hands. A pen slips, anything falls. This is an aspect of the node. You forget the pen, these are all impacts of the south node. It gives a shade on your consciousness that you lose what is gripped.. If you have the grace of south node you can easily release from the material world. That is the positive work. . You can release from things, this enables you to progress. It can liberate you from difficulties of the body. From problems. Sometimes people lose their jobs, but losing jobs, businesses is sometimes good, losing properties can be good. There are certain losses that do good. It is an effect of the south node.

The contrary is the north node. It excessively grips. What is not needed is also gripped. The impact of north node is that he grips all the time. South node works the contrary, things slip, even things we need. Normally with north node things that are not desirable you hold on, this causes problems. In either ways they are problematic. That is why in the Indian system we say, the ..are in the 6th and 12th house. Sixth house is a bad house... The 8th and 12th are seen as the bad houses, limitations South node is the node of dissolution, disintegration. The negative houses if you have beneficial planets you suffer more. But if you have malefic planets in 8th house it will turn out to be good. That way the houses for the north and south node are 6th and 12th house. In 6th and 12th houses, the negative energies reduce the positive energies.

When you have the positive and negative nodes in the first and 7th house you have problems of couples. There is only a very temporary. Most of the problems happen when the south node transits... If they are in the 6th and 12th house.

The north node and south node are not so much known in the western systems, but they are very important, more important than Jupiter. Jupiter has a periodicity of 1 years, but south and north node, to make one circle they take 18 years. Therefore their impact is 1.5 times greater than that of Jupiter. The ones who know horoscopes first look at the nodes. First they see the impact of nodes, than Jupiter. Impact of the Sun, Mars are seen later. Their periodicity is one year and 1.2 years. That is why the temporary effect, when node and south node enter into the related houses, the impact is 1.5 years, when Saturn enters it is 2.5 years, Jupiter's impact is 1 year.

We also see the impact of Uranus, because it has in each house an impact of 7 years. Uranus is very active now. Today if Uranus is in the 7th house normally a marriage breaks. It is only in extraordinary situations it remains, if there are other good, strong aspects. Uranus is in a house 7 years, Neptune 14 years, Pluto 32 years. Individually Pluto and Neptune they don't work, they have groupal effects. We came from the state of a mosquito, it is so small. The humans are too small for the effects of Neptune and Pluto and even Uranus, they have groupal effects. For example if Uranus is in Aries, all nations that are ruled by Aries are affected. Those who want to rule, we know who they are, there are some who want to be in the role of kings of the planet. The impact of Uranus, Neptune and Pluto they are all cooperative with high souls. So when you take them apart, Venus, Mercury, Saturn, node and Jupiter, they have a regular impact on the individual. After Saturn they have to be considered groupally. In the first and 7th house they have a strong impact. Likewise if they are in the 5th house they have impact. Similarly 3 and 9th house they have impact. You have a favourable relation with node and antinode, they should be cut off... It should be a meditation upon a snake that stands on its tail. That is a brilliant white coloured snake before a dark background, it enables realising the beneficial impact of node and antinode. The symbol of the south node is half serpent from tail to the middle. The posterior part is called south node, the anterior part is north node. North node has head and half body of the serpent, the south node has half body and the tail. In us this serpent exists in a divided fashion. It is divided at the diaphragm. Visualise your head as the head of the serpent and then it goes through the cerebro-spinal system, till diaphragm it is the north node, below it is the south node. The serpent when it is divided you have problems. From Vedic times when you meditate upon a snake standing on its tail on a black background, this is the meditation that one has to do. Then the energy is neutralised. That is

the meditation. It would be of some use to do it. If you are afraid of the very thought of snake, don't do it. Many ladies who have problems with their periods would find snakes in their dreams. They should contemplate upon the snake. That is why there are many ladies who cannot see snakes, they have the impact of the negative side of south node. If the south node is in the 6th house it is almost impossible to conceive. In all these cases meditation upon the snake is helpful.

If the sperm of the man would not be strong enough, this would be the impact of the north node. Therefore it is recommended that they meditate upon this symbol to neutralise the negative effects of the north and south nodes which create a shade on the horoscope. In the shade there is no light there, so there is no life there and hence there is death for almost 1.5 years. Meditate upon a snake.

You have to look into the book of Spiritual Astrology of Master EK.

Look in Wikipedia in the Indian astrology. under Rahu and Ketu. Ketu is the name for the south node, Rahu for the north node.

Q: During the day there is some time when the northern node gives his impact, you should not begin something new.

A: It is true, In the annual calendar we give the times of Rahu kala. During those times commencing an auspicious activity is avoided. In the book Time the key there is some information.

On Sunday it is 4.30pm to 6 pm,

On Monday it is 7.30 am to 9 am.

On Tuesday it is 3.00 pm to 4.30 pm

On Wednesday it is noon to 1.30 pm

On Thursday it is 1.30 pm to 3 pm

On Friday it is 10.30 to noon

On Saturday it is 9 to 10.30 am

There is an order in it. You find a sequential movement of Rahu on Sunday when it is 4.30 pm to 6 it is preceding on Tuesday, then on Thursday. By that you can easily remember. When you are doing an auspicious act you look and avoid that.

Q: Is there any relation between the houses and the magnetic currents on the planets? For example water currents which are below the surface of the planet.

A: The planet is impacted by the planetary movements in the zodiac. The transits of planets can be disturbing the subterranean waters. The blocks of matter on earth have an impact, that is why we have the movement of continents, it is a tremendous impact of Scorpio. That is why from an astrological impact you can see the influence. Scorpio is not impacted by grand planetary energies. In October Saturn moves into Scorpio, there could be some impacts. The subterranean waters of the planet, any disturbance to them can result in lifting parts of lands. That is an effect of Scorpio. Pluto in Capricorn can cause earth and water... Emotional waters are related to Cancer, Pluto in Capricorn is in opposition to Cancer. So there is an effect on that. There is the movement of the axis of the south and north node into Cancer-Capricorn, that is not much effect. The subterranean waters relate to the sun sign Scorpio.

The magnetic impact on water comes from Neptune and from moon. These two planets have an impact to subterranean waters. These two have a magnetic effect on the subterranean waters. The movement of Neptune and moon have an effect, a magnetic impact, when Moon is in Scorpio or Taurus, there is a positive effect, likewise when Neptune makes a good aspect to Scorpio there is a positive effect to the subterranean waters. We can also see the effect Neptune has on the subterranean waters.

Temperature modification is another aspect. The sun of our solar system is gaining more and more heat and he transmits more heat to the surrounding. Therefore there is an increase of temperature on the planet. Therefore the planet is getting more heat. The sun is enabling the kundalini fire to generate heat. The planet has its own plan of evolution. The life of the planet would slowly adapt to the increase of temperature. More heat coming, less and less tears.

Q: Capricorn is in the heart on the ascending path. Where should we see it in the horoscope.

A: When we are tracing perfection, what every planetary energy you have you meditate in the higher centres, so Capricorn you meditate in the heart, Aquarius in the top of your forehead, and the energies you have in Pisces, you meditate in the top of the head. Relating to our natal chart it is very helpful.

Q: There is an occult moon we call Lilith, what is the spiritual importance. In the astral chart the astrologer didn't want

A: Lilith is also called the black moon. It gives the astrologer information about your past karma. The past karma of a person we know through Lilith and the effect the black moon has and the house where Lilith is from there you see what would be the past karma which now unfolds as present obligations. Past karma can be good or other, depending on the aspects you have to Lilith. In the natal chart the

moon should give you the details on past karma. Black moon give details upon remote past. When your moon cannot completely explain, then an astrologer can look to black moon now impacting you. Lilith is considered as the remote past karma related to you.

Chiron: Lucie can help,

A: Lucie: You.. KPK: Chiron can be taken as a chance you have to meet and overcome.

Q: When we have to make a decision, and we receive an answer, how can we know if it is personality or soul.

A: Whatever comes does it mean good to others, or just a desire? There is what is called doing things on the basis of what we desire and doing things on the basis of what is required. What is required has to be done, there is no option. What is desired may not required, he has to put it to test. Is it required to be done is it desire to be done. When it is required, see that it comes from the sun, when it is desired, it is from personality. Put it into requirement versus desire. Even if it is a desire you can do it, provided it is not negative for others. When we receive any thought then we apply it and you get the answer. When it is from the personality you have likes and dislikes, when it is from the soul, there are no likes and dislikes. The personality says, I like it or not, but the soul says, no, no, it is a requirement to act. Personality always says that the line action is the line of responsibility. When it is a responsibility, it has to be done. In the mid-hours of night and you stay awake and do things which aren't necessary, and in the morning you are tired, it is an effect of your personality not to get up. If it is not required you can do it, provided it has not consequence. That is how you have to check the consequences. Then you test if it is really necessary.

Q: My question is about the soul and the solar angel, the soul coming from the Purusha, He sleeps in the mineral, dreams in the vegetal, gets awake in the animal. In the fourth it is self-conscious. It is not the soul, but the monad, but the soul coming back.

A: The solar angel is in the mineral, plant, animal. The awakening of the solar angel is more in man. It is there in the mineral, but sleeping. The solar angel is, but in relation to your activity it is not there. It is the presence of the solar angel. In man it is sufficient to be self-conscious. There is a fresh influx of solar angel into the human. The entire solar system is the body of the solar angel. From beyond the soul is in all minerals, plants, animals. There is greater life in man. That is how you can see it is one solar angel in different graduation. From animal to man it is not just a gradual progression, but an additional influx, but the solar angel also has the solar angel. You should not think there is no solar angel in the lower kingdoms, it is there in the bones of your body. The bones have calcium, you are there in every part of your body. The solar angel is completely permeating your body, but the difference with man is there is the additional

Q: The monad, what is the relation to the solar angel.

A: What is in the ocean is in the wave, what is in the solar angel is in the man.

Q: The monad is a difference from the solar angel?

A: The monad is the soli-lunar angel. There is the baby descending into the womb. The lunar angel develops all the aspects of the form and the solar angel descends. In solar there is lunar. Our sun is the lunar aspect of the cosmic sun, our sun is male-female. That is why it prepares the body in the womb for 7 months, when it is preparing the body it prepares the form through the lunar aspect, and then the solar angel enters into the lunar aspect of the solar angel. It is by itself male-female. The cosmic sun even is male-female. That is how the work is. Preparation of the form and joining. Like that in the mineral, in the plant and the animal there is the solar form. The lunar aspect of the soul prepares the body. I give another example also. We prepare the house and when it is ready we enter into the building. It has been build from your mind only. From your lunar aspect you prepare the building. The creator is the lunar aspect. That is why you told you about the 3 logos. The 3rd logos is the Mother, the 1st the Father. The mother aspect is part of the angel. Therefore in man there is also the solar angel complete. The form and the soul.

Thank you, we had an excellent time this time. The seminar is very fulfilling, we have the full blessing by a fully realised person, a Master of Wisdom. He could not come to Guru Pooja, now he is giving us his time and give us his blessings. Later we go to the music festival and hear another work of the singer.

We now have a piece flute music without flute.

2 musicians of the previous evening came to give a concert, the person whistling.

The whistling person practiced it since he was 9 years old and then learned it systematically. He has studied it and taken lessons from his Guru-ji Balamurali Krishna., the other musician, Murthi, they conduct concerts together, with their Guru-ji.

A beautiful concert with flute, mouth-harp and percussion, by Jayadev followed.

In the afternoon after the visit of The Bhimili Master we will go to attend to another concert of Balamurali Krishna

Thursday, 26 January 2012, afternoon: Visit of the Bhimili Master

KPPK: The Master from Bhimili, Sivananda Murthi Garu, some of him know, every year he comes to Guru Pooja and blesses the groups as an appreciation of the work we do. . For some reasons he could not come, we felt it would be as much fulfilling that he comes at the final day of the group life. His presence is the permeation of the self. Listen to him and let it unfold from within. Annually at Guru Poojas right from 1992 he had been coming to Guru Poojas. We would like to have his blessings as a good start for the year to come. I now request Master Satguru Sivananda Murthi Garu to address the assembly.

(Too fast speech for all the rest, just a few sentences picked up - mistakes):

Sivananda Murthi Garu:

The Jagad Guru has so many forms, yet one guru, one God, one form. The worship is to every form. We don't know where we go, from where we have come. But man is not his body, man is not his mind. Jivatman is in the body. Together we are here for a while. We meet in truth. God has to be experienced. Is it my experience? No, we are with God. He is in air, water, earth, fire, ether. Each one of us we should be conscious that we are beyond the body. I have passed through many births and lives. The light shows you the path, that is the Guru. There is no language, no classification. His silence is , he is our father, protector. That is behind, the Sat Guru. Mind is talking too much. Mental silence makes you get out of the noise. Silence is there, we call it pranava, OM. God is not man-made. Think of one Guru in many gurus, one God in many forms. What is not truth is not the light. You are really fortunate to be with your Master. Please be with him, thank you..I hope you will be coming again and again. Travelling is a sacrifice. The Guru is everywhere, he doesn't travel, but within the experience of time it should be taken as a magnet to be in the presence of the Guru. Namaskarams.

KPK: The Guru is everywhere, when we meet the Guru within, there is a relating to him. Master gave the answer. All that he speaks is the word uttered forth. . It is a matter of permeation, not the moving. It is always so clear, but at the same time it seems so far. We are very grateful to the Master of the presence he gives. By giving his presence, we don't even feel that we grow in stability. We find stability and the truth within. He proposed a profound subject. We stand in light and perform our duties to the surrounding life.

Friday, 27 January 2012, morning

There is no class – you want a class? – is it a habit? Habits are strong...

I am in the teaching habit since 1984, a habit of one round of Saturn. Americans always think of doing things different. Here it is morning class, evening class... How should the teachers behave? Our work is to be above the work. Even in the buddhic plane there are structures.

Yesterday's program was good. Balamurali was asked to sing some things from the book, but it was not good. That he did 50 years ago. Now he is in a kind of creativity, he is so far away into creativity, you can't make him do things so much back. I spoke to the public you should learn of such persons to be creative. It is only non-creative minds that go by structures. By 7 years he knew the musical system. He did not learn music in this life, he came back to give music. He is different from those who learn and accomplish. He has accomplished and has come back. I also said, he is chosen by music, he did not chose. I also said, there are people who chose wisdom and try to follow, there are some others whom wisdom chooses. He belongs to the second category, not the first. Some people are born, even by birth they have not to learn, they cannot be compared with others. He was given 10 minutes time to sing in French, he went back, looked to the language and music, came back and sung. It would be impossible for a normal mind. He was very humorous, even yesterday. He said, there is a beautiful young lady by my side, I cannot sing. He is a very humorous person, very simple, he always says, I don't know music, music knows me. He comes from Andhra Pradesh, he has been given 14 doctorates all over the world, doctorate of letters. It is an honour. Outside India he has many awards, but not here. I said yesterday that no prophet is ever recognised in his native land. Yesterday I spoke of him, he was so happy. He told me he felt happy about what I said. He wants to come for my bureau at 10 o'clock, so I wait for his phone call.

Our honouring is nothing for him, it is honouring ourselves. He is above it. It should not become a habit for you to listen, but to teach.

What I gave from the very beginning. Man has to do well in everything, in every situation, good with vocation, good with family, good with society, good connected to hierarchy, then only it is complete. Then only work is a good example. When we see any dimension of life, it should be harmonious and beautiful. When I came to the west, and also in the east, people have very funny ideas about spirituality. That they should neglect all this, that is a very wrong idea. This is all prepared by the divine for us, how can you be well there when you are not well here? If you are well here you can also be well there. All is divine, that is the beauty. The student life is beautiful in the sense we have many things to learn – learn to be with other students, to study, to play, to speak, and learn to contact well in society. When you do it consciously all facet of life is well. Profession is also beautiful. Man thinks he should chose, I like this, I like this, but the life chooses for you, accept, nature knows better. An average student about him people say, oh he is good, he should be in the police, another said, he should be an engineer, in society they always think what is good of you, but you should wait what comes to you. I did not become anything of it. My elder brother is minister in government, some said, I should become an engineer, I had many possibilities. One day my father said, I would like to be independent, not to be working for government, not to be employed. He said, among his children he said, I'm auto-governing. My father said, you will be a ruler of yourself, don't let others rule you. This is what he taught me. From many possibilities I became an accountant. If you rule yourself, you don't let others rule yourself. People see something in you and give an advice. But I never let myself guide by it. If the patient tells the doctor what to do, it is not good. I was so free in profession, when Master EK wanted me to come for 3 months, I was free. Many people asked me, what will happen with your profession? – Everything will work out fine. When the intellect is there... That was surprising, even for my relations. After 10, 12 years I found, when I leave things, they don't leave you. When you stand in life what is needed is always around. But if you think there is something more important in life, don't worry. But though I am free I'm not irresponsible. I do my work, my bureau is one of the 5 bests in India. Likewise family. Family you all know. . All is fine. Profession is fine, I don't go to all functions, thought I am invited to so much. Why I say this? Because of discipleship. In fact I have a strong link with light. When you are connected with light, that light will be transmitted into every aspect of life. That is why my understanding of spirituality, every aspect of life should be beautiful. Your family should be beautiful. This means, they live well. Your profession should be useful for society. You should have a fairly good understanding of society and the society also understands you, and you should be fairly acceptable to the ones whom we follow. This acceptability to professional, family, social and spiritual level, that is yoga of synthesis. When I came to the west I saw many people with barbs, not doing anything. Spirituality is to serve the surrounding life. My understanding of spirituality is to make beautiful everything that is around. Now you all have to leave, not all. Please get up, take to your luggage and move away to the airport. See how we stay to a habit of teaching. Make beautiful every aspect of your life. Namaskarams. I will get up...

End