

SCIENCE OF MAN

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Day 1

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This is the eighth time that I am in Miami. As you all know, Miami comes from the original sound “Ma Yama”, meaning the Mother (Ma) of Illusion (Maya). In ancient most times, during Atlantian times, this was the land of Mayans. Maya is the word that also means Illusion.

In one way, the whole creation itself is an illusion; there is Divine Illusion and man-made illusion. Since man is made in the image and likeness of God, just like God creates Illusion, man has also created illusion. What we are trying to do through Theosophy, Yoga, or Meditation is to clear-up the illusion that we created, and understand the Illusion that Divine has created.

According to the Bible, God created seven worlds in seven days - which is symbolic. These worlds can be experienced once man clears the illusion that he created. The Illusion that is created by the Divine is to fulfill the being. The illusion that we have created for ourselves doesn't give that fulfillment. The process is to clear from man-made maya and experience the splendor of God-made Maya. Man created his maya through his mind that has to be reset. When the reset happens, man becomes eligible to experience the splendor of the creation. That is where the search for God and His Illusion starts.

The Mayans knew the secret of God's Maya. There is a word which is analogous to the word Maya called Magus because Mayans are also

known as Magicos. Magico is something related to the constellation called Makha; a constellation that is in the Sun Sign Leo. The impact of the constellation Makha in Leo helped the Mayans to gain the knowledge of God's Creation. The word “magic” also comes from the same word Makha, Magicos, etc.

Miami, similar to every other place, has its own illusion. We try to walk out of the fog of Illusion that we created for ourselves and walk into the splendor of the Illusion that God has created. In this context, Theosophy [Theo (God); Sophia (Wisdom)] is taught in a scientific manner. When the Wisdom of God is presented through science, for the student it is a matter of comprehending, inquiring, and investigating into it like a scientist. There is a difference between the Wisdom of God and the religion; there are points where they meet and points where they differ. In Science of God, they do not speak of faith and belief. There is no assumption of something. Like the other sciences that we have in the mundane world, everything can be experimented, experienced, and then can be known as truth. Therefore, Science of God is meant for thinking human beings than for those who are superstitious.

Sentiments and superstitions have no place in theosophy. Demand for faith from a religion doesn't exist in theosophy. It is a matter of experimenting with a Wisdom statement and seeing the Truth of it. This is where theosophy differs from religion because religion was initially a science but later reduced to a superstition. For example, when Christ spoke of Wisdom, it was all science but His followers made it a faith because followers do not have the scientific approach to the Wisdom which is given by the Master Christ; similarly to the Wisdom from Buddha or Krishna.

Men with lesser comprehension reduced the Wisdom into a religion. As more superstitions

and less knowledge took place, people with lesser comprehension try to control the people with better comprehension. This created the state where the man stops thinking and starts acting on the basis of superstition.

Faith, superstition, and belief were needed when the humanity was in infancy. As an infant grows, question arises in him: “Why?” Unless the “know-how” is known, the infant will not be satisfied when he is grown. That is why many parents today cannot answer their children when they were asked “Why?” It is because today’s many parents lived by the belief system and not by the system of science of Wisdom. If you are elder, you should be able to answer the youngster the questions the he ask. You cannot tell the child, “I don’t know, I am doing it because my father did it”. This is very common now with the children.

Why did you not ask when you were infant, and why is your child asking the question when he is growing? The answer is clear but bitter. The child is growing and you stopped growing. You took comfort in some faith and belief; and you do not yourself know what exactly it is. So, that is the state of infancy in humanity.

In humanity, majority of us are infants; thinkers are few; occult thinkers are still fewer. Our society is fast losing the thinkers; occult thinkers have got themselves hidden because they remained occult.

The theme that was selected for these three evenings is **Science of Man** because we know little about ourselves (little means almost nothing, “a little” means something).

Generally, we know little about ourselves; and we think that we know about others. This is our illusion. We know little about ourselves because we don’t look in, into our energies. Our house is not in good condition but, we want to set-right

others’ houses. How can we set-right others’ houses when you do not yourself know how to set-right your houses? So, to know yourself is more important than knowing the world. Between the two, the primary importance is to know yourself.

We always say “Alex is like this, Susan is like that” and we keep on talking about them. We just don’t know anything about anyone unless we have known about ourselves. If I see pride in someone, it means there is pride within me as well. If I see jealousy in someone, it means there is jealousy within me. When we see rights in others and see wrongs in others, it means rights and wrongs exist within us. What we see in the world is what we are. If we see negatives in others, it means there is much negativity in us.

To see only one thing in all is the Divinity. However, you cannot say “all is in Divine order” when you are not in order. We say that because we have heard it from somewhere. It is like a parrot saying - parrot utters whatever we utter; it doesn’t know what it’s uttering. There are parrots which utter *Vedas* but, they don’t know *Vedas*. Likewise, we utter many things that we don’t know. That is why it was told “Look into yourself”. Don’t waste energy in trying to look into others and judge them of right and wrong. You should see in yourself that you have many things to correct. So, who are we to speak about correcting others? Whatever rights and wrongs we have are the colored glasses through which we see the world.

The world that “you” see through “your” colored glass is illusion. That cannot be cleared unless we enter into ourselves and clear the mess inside. Instead of seeing the beauty in things, judging others, judging places, etc., exists in mankind. That is why Jesus says “Judge Not”. Never judge because, all belong to the Divine and all is Divine

if you can see that. How can you see that all is Divine unless the Divinity is experienced in you? That Divinity which you wish to experience is also in you.

For the one who sees Divinity in himself sees the Divinity in others. For him, faults of others don't exist. What exists is Divinity, and he interacts with that Divinity in others. By such interaction, the Divinity in others is also lifted up and comfort is felt. That's how all the great Masters have lifted up the humanity that came up to them to be lifted up. This is because Masters remained in Divinity. Masters don't speak much of Divinity because they live in it, They move in it. They see the Divinity in all around. To Them, God's creation looks very beautiful. The God's creation, including the humans, looks very beautiful; not excluding human. We all like to experience the beauty of the nature but we cannot experience the beauty of a co-human being. There is something lacking in us. We have to make it up; for that, from age old time, the Masters said, "Man, Know Thyself". Then you have solved your problems. We won't see problems in others. If we see problems all around, that means we have many problems in us.

Life stories of great Masters would be a good source of inspiration and they form a role model to us. What would Jesus do sitting in ourselves? When we imagine that, we get goose bumps. Would Jesus comment on people? Would Jesus neglect people? Would Jesus talk things that create anything other than Harmony? It's a great example and continuous to be example. So are all great Initiates. They talk, and They also lived a Life which is a message to others. They could heal through teaching; they didn't need to get into medicinal system for healing. Healing has to be at the mental and emotional planes; physical body is nothing but an automatic.

What does it mean when we follow Jesus? We take Him as role model. But, no one knows what Jesus said because those who listen reduced Jesus' Teachings to their comprehension. What Jesus said is totally different from what His followers understood. We take inspiration and try to do what He has done; likewise, with any Master. In Jesus life, you find that He has hidden Himself for 18 years. We can also hide; hide mentally, not physically.

If we know how to hide mentally, it would be what we call a step towards occultism. To hide inside means to turn inwards. We all read books and know that solar plexus has ten petals of which five petals are downward and five petals are upward. Solar plexus relates to your mind and thoughts: five petals look outward (objectivity) and five petals look inward (subjectivity). Mind has two functions and therefore said to be two minds. One is subjective-mind and the other is objective-mind. The objective-mind helps us know the objectivity; the subjective-mind helps us to know the subjectivity.

From five years of age, we train the objective-mind with education. In ancient times, they were training subjective-mind in parallel. However, we having been training the mind more and more in the objective plane but not training it at all in subjective plane. To train the subjective-mind is as important as training the objective-mind. If you have very good manner in the objective life and very good outer order but internally there is turmoil - it is like a fruit which has not ripened from within but ripened artificially from outside. There has to be an inner training as well as an outer training; both have to happen concurrently. That is what is meant to be the occult training.

The right age to start the Occult training is fifth year itself. Suppose we start late, there is a huge

homework to cover. As the age progresses, it becomes difficult to train subjective-mind because the objective-mind develops strong patterns. I know that all who gather here have an intention to train the subjective-mind. Somehow, the objective-mind also agreed with it and that is why we are here. What is that we know when the subjective-mind gets trained? It is like looking into one's own house. Are things in order or not? Our fixed and strong emotions can be described in four pairs.

Pair 1: Pride & Prejudice

When we have pride, we have prejudice about others. Marginal pride is allowed. Marginal prejudice is allowed. Just like when you write in a notebook, there is one inch margin and the rest of the blank page is for you to write. A little pride and a little prejudice are ok because they would go when you have advanced in the occult type.

Pair 2: Desire & Anger

As much strong is your desire, so much anger you get because when the desire is not getting fulfilled the way "you" like it, the force runs in the wrong direction and the anger emerges. People think that things have to happen according to what "they" think; but unfortunately, mostly, other things happen. Is it not? When it happens in a way that is not to "your" liking, there is disagreement inside which you cannot express. But, then the disagreement grows when you do not express. When there is disagreement and discernment have no consent and there is no way to speak of it, it develops a force in you which turns out to be anger. That is why you cannot pleasantly express when there is anger inside.

The world is world; it cannot be the way you like it; you should learn to like it. That is the only way because you cannot choose how the world has to be. You can choose to find an agreement with the world.

You cannot say "It should not rain when we do the fire-ritual outside". You cannot say "It's a shame that it is raining". To rain is a blessing, not a shame. If you know how to plan yourself for the rain, you carry an umbrella or build a shelter. You cannot tell the nature where to rain, or where not to rain; when to rain, or when not to rain. But, you can accordingly tune-up so that neither your activity nor nature's activity is disturbed. When and if you gain this ability, you won't be so angry inside.

The disagreement and the anger is more out of the inability to adapt. I like if all of you eat only Indian pickles – does it work? You would like if all the people eat empanadas – does it work? It doesn't work. That is how all religions have been doing. This is the only thing to be eaten. This is the only thing to be believed. What is the difference? It is in us that what we think is best and what we do is best.

In creation, there are thousand ways of being in a best way. There are thousand ways of reaching the Truth. Thousand means many, not "only" thousand. Upanishad says that the Knowers speak one Truth in thousands of different ways.

Which is the way to come to our resort? Is there only one way? There are many ways that exist; many perceptions that exist depending upon their experience. If we ask Rosy, she gives one set of directions depending upon from where she is. If she is coming from down south, she gives one set of directions. If we ask Natasha, she gives another set of directions. If you ask a helicopter owner, he will give totally different set of directions.

There is one goal but there are many ways. It is applicable in all aspects of life. There are many ways to eat, many ways to wear clothes, many ways to style hair. Which way is correct? Only

one way is correct. That is to say that “all ways are ok”.

Each person does what he or she thinks is correct but, that person should remember that others also have their own correctness. Our ability to accept another correct way will lead us to agreement. If we think only one correct way and all should adopt to that, it doesn't work. So, just to give you an idea why anger, disagreement, or discord happen is because we think in one way and another thinks it in another way. As long as one lives with such notions, he is living in a narrow viewpoint. We speak of “vision”; a word that is well used in occult circles and business circles. Vision, 20/20 – what vision can you have when stuck with viewpoint? Additionally, what Divine Vision can we have which is far grander than our “vision 20/20” if we are stuck in viewpoints? Viewpoints don't lead us anywhere.

The person who climbs the mountain from East thinks that his is the only way. The one from the West thinks that his is the only way to climb the mountain; likewise those from North, South, or South-West. Everyone thinks that theirs is the only way to reach the peak. Only the one who is on the peak can see that there are many ways because many people are coming from many ways. Until one reaches the peak, he has a viewpoint. When he reaches the peak, there is Vision. “Vision is ‘completed’ viewpoint” – a definition of Master Djwal Khul. That means, all viewpoints agree in it – that is also a way as much as this is the way. How do you know unless you gain the Vision? How can the Vision come when we are stuck with our own strong likes and dislikes? So, what is important is to see “Are we proud?” You know the beautiful statement of Jesus? He says, “The proud are humbled, the humble are honored in the kingdom of God”. So, how can we enter in the Kingdom of God with pride? Humble yourself. Try to be humble or try

to be simple. Don't live opinionated. This is important for occultism.

Pair 3: Likes & Dislikes

Simple theories that people carry: “What I like is good; what I don't like is bad”. What you like is to you. What others like need not be the same. There is an instinct in us to impose our likings on others. This is another problem inside.

Once a man asked my Master E.K., “Is it good to make a brow mark (bindi)?” The Master answered by a question, “To Whom? To me it is good, so I do it. To you, you should decide what is good for you”. Man asked “No Master, tell me, generally”. Master replied, “There is no general thing.” There is no such thing as “general liking” because some like spicy, some like sweet, or some like bitter tastes. A fellow with weak liver likes bitter things. He promotes all bitter. He can't say bitter thing is the best thing. The likes and dislikes that we unconsciously carry strongly within us because our consciousness is mostly into the objectivity but not so much into subjectivity. We speak occult things but if these likes and dislikes are not cleared inside, we are not at the portal (door) of an occult temple.

Pair 4: Mine & Others

We create our own circumspections on that basis. We think “this is mine” but nothing is ours. All belongs to the One, you are given all things out of confidence. You are given things such as body, senses, and mind. Even the planet earth is given to us, it's not ours. So, what is ours? We are also belonging to someone, property of someone. This feeling of “mine and others” is another problem.

Unless these four pairs are cleared, we do not much occultism. In the name of occultism, we create much more illusion. In groups I see, there is more illusion in the members than in the

outside normal people. We already enough illusion is there in the objectivity created by man; and out of our apparent practice of occultism, we create some more illusion. We have to clear these two illusions.

Several people think, “What Initiation? I am already through.” When you speak or think, it can be seen what initiation we have. For the Masters, our daily speech and daily actions are enough because what is inside comes out in our speech and action. When you think of Science of Man and trying to turn inward, you first meet with four pairs. These four pairs say, “Get back, don’t get in.” They don’t let us get into the Temple.

In morning, one of the brothers was saying, “Before I enter into the preliminary gate, I seem to have found ten other gates before.” Even before you enter the front door of the Temple, he seems to have found ten more doors to cross before he reaches that first door. That is already a good understanding. To assume that we are already at a sanctum does not help us unless the related energies are transmitted.

Emotions

So the basic work in the Science of Man is to know oneself about his emotions. What emotions is he suffering from? Then will come the next step. What is the pattern of our thoughts? In which areas our thoughts move, generally? What is the quality of that area of our thought? Until that is well improved, we are not anywhere near what we call Theosophy or Wisdom.

Thought

After the emotions, thought comes, followed by the Wisdom of God (also called Buddhi). It is from there these steps towards the experience of God are available. That’s why *Rig Veda* says, “Let good thought come to me from all ten directions” –

east, west, north, south, northeast, southeast, northwest, southwest, above, and below. These are the ten directions. From all ten directions, let good thoughts come to me. In the invocation of Master Djwal Khul says, “May it seal the door where evil dwells”. It should seal so that you can work in the occult field. That is where the work begins. From mundane thoughts, we move consistently and regularly into Divine Thoughts. By consistently dwelling in the Divine Thoughts, we experience the splendor of God’s creation. That is what we say God’s Illusion. The Illusion coming from God gives you the experience of splendor, joy, and fulfillment. When we clear what we have created for ourselves, we enter into God’s splendor.

The Wisdom of God

God’s splendor is the third stage; having cleaned up the emotions, having cleaned up the mental thoughts, you land in a place which is beyond fog. Beyond fog, it’s all clear. Below the fog, you can’t really see anything. By staying in that Divine field which is called field of Buddhi, you get much information and knowledge because you see and listen better. We need not necessary learn from books because, books say “it is like this, it is like that” which gets into our own imagination. However, we don’t have to imagine when we see. If we see then, seeing is believing. Believing may not lead to seeing but, seeing is believing. He knows it because He has seen it. He knows it because He has listened to it. He knows it because He has experienced it, either in life or in Wisdom – which is also described by the scriptures as an illusion – God’s Illusion (meaning God created Illusion; does not mean God has illusion).

Having lived in that splendor, called Divine Splendor, and experiencing in the bliss of it, that is where you have Divine Romance. There is a

book called *Divine Romance*. The Divine Romance is for those who live in the Buddhi Plane. They are moving in areas where there are no clouds; where it is all clean blue. Then they make adventures after adventures. Even that is seen as illusion by the Knowers because when He is seeing this, "Who is it that is seeing through Him?" is the question. Who is that prepared this beauty? That is where he engages himself to the very source of his own being – "Who am I?" is the question that comes. "Where am I?" "What am I to do who am I?" In that state, they get into very deep contemplation.

Until one realizes who he is, that realization is common to all people, that is what we state in the books "I am that I AM". Before that, the adventures into the splendor of the Wisdom are different from person to person. One Master has one kind of splendor experience which is different from that of another Master. Once they touch the very source of their being, they see that the whole thing is a beautiful game. Just to ensure that the beings experience the game, and then fulfill themselves, and then come to the Source.

The Truth

The Divine is not interested in those who just want to come to Him without experience the splendor. Divine is only for those who have fulfilled themselves with the splendor of the nature, those are the ones who get into the ultimate contemplation. Until then, they are in the field of Wisdom; beyond them is the Truth.

Truth exists in us as I AM. And the experience of Wisdom gives us the fulfillment. With that Wisdom and Knowledge, you can get into the thought plane. Having coming into thought plane, you would express through speech or action. That's how the One manifests into three regular steps. In three steps, He can get back to that.

In all of us, there are four states: the state of pure existence, the state of pure awareness, the state of thought, and the state of speech or action. It is That One descending into three steps to be this; and we need to ascend these three steps to be That.

That's why the *Veda* says, "It is all four-fold". The four-armed cross is message of that; regularly tells man "Man, you are four-fold." Man knows himself to be only two-fold. He is what his thoughts are and what he speaks and acts. In the four armed cross, only two arms are known. The other two have to be developed inside. They are within us. They need to be revealed to us only when the existing available two arms are in right angle.

The four-armed cross is explained as the basis of creation; *Vedas* speak of it. That is what Jesus gave to his followers that we are four-fold. The *Vedic* Hymn runs like this:

*"chatur varga balam gnanam,
kalaa vasta chatur yuga,
chatur varna mayo lokaha,
tat tatsarvam chatur mukha."*

This means, all is four fold, time is four-fold, the word is four-fold, the existence is four-fold. If you only experienced two folds in you, you can only see the two folds in the outer also. When you experience the additional two folds in you, you can see those folds in outside as well. If you have become four-fold, then you can see everything in four-fold.

The four-fold aspect of man is the basic science. Madam Blavatsky has given it to us in the very beginning. She speaks of a four-fold cross encircled. If we wish to be occult students, we are recommended to meditate upon the encircled four-fold cross. That is what was shown to her as the first thing in the Ashram of the Master; which

is a Vedic inspection. She was shown that and asked to meditate upon it to regularly remember that each one of us to remember that I AM four-fold. I am existent. I become aware. I descend into thoughts. I further descend into speech and action. This is the fundamental practice of occultism. And then, work regularly to develop the third arm to start with. For that, you also have to concurrently ensure that you clean your existing two arms.

Day 2

September 19, 2007

In the theme relating to the Science of Man, I will briefly review yesterday's lesson. The Science of God, which is called Theosophy, is different from the Science of Religion in one aspect: in religion, faith and belief are demanded; in science, an inquiry mind is required - a mind that can inquire to know or a mind that can investigate. Wisdom Science which is called Theosophy, promotes the man's inquiry into himself; as he finds more and more about himself, he knows about the cosmos and the God because, man is the micro-cosmos and what we see as the creation is the macro-cosmos.

Whatever exists in the creation exists in man. Man is essentially an image of God. As much as one realizes himself, he also realizes God. The Science of Man essentially deals with man – that means each one deals with himself; he inquires into himself. He tries to know more and more about himself. In that process, he would ultimately realize himself as well as God. That is why, the Wisdom says, “Man, Know Thyself”. As much as you know yourself, so much you will be out of illusion. A man who is determined to know God should know himself. God is in himself; he is a reflection of the God as a soul. And then, as

much as in creation there are planes of existence, in man also there are planes of existence.

As much as there are planets in the zodiac, there are planetary principles functioning in man. All the seven planes exist in man and all seven planetary positions exist with man. The Divine exists in man as well as the diabolic exists in man. Just like there is Divine and diabolic in God's creation, there is Divine and diabolic in man. The Solar Gods exist in man as well as the Lunar Gods. The Ten directions that exist in creation also exist in man. Anything that is in creation, in the micro form, also exists in man. If you know the micro, you might as well know the macro.

It is recommended by the Wisdom Science that man should try to know more and more about himself and clear certain illusions which carry for himself; thereby stand in a position to experience the splendor of the God's creation. As man enters into himself and tries to know himself, he is considered to be an occult student.

A student of occultism is one who tries to see within. To see within and to see outside is a facility that only a man has. Animals don't have it. Animals can only see outside. In so far as, a man can only see outside but cannot inside, he is no better than an animal. That is why science of sociology tells us that the man is a social animal. Because, he can see outside like an animal, has appetite like an animal, and has appetite for so many things which animal also has.

Man is not only an animal but also human, a descendant of *Manu*, and hence is called Man. Those who come from Manu are called *manushya*, in Sanskrit which means human (male or female); the root sound is manu, manushya, man, mankind. This is how man is endowed and blessed with many more potentials than animal. He has the potential to see within. If he sees within, he sees much more than what is outside.

Seeing within and seeing without is considered to be far superior state for man.

Occultism is an educational training to see within. The education which we receive in the society is to see outside better. That education along with this education makes man completely educated. In ancient times, education was meant to train a child on both sides. Man is never satisfied when he only engages outside; he can't see beyond. But, if he sees within, he can see and listen beyond. He can experience that which is beyond the planet, that which is beyond the solar system, that which is beyond the cosmic system. The undefinable God is the one that is beyond the cosmic system. Then, man experiences the God in him as Pure Existence.

We all know that we are existing but we do not know how we are existing. How are we existing in sleep? Only when we wake-up, we know we are existing. Even if we don't know we are existing, we are existing. Existence is at all times. When we awaken in the morning, we are getting into conscious level - the level of awareness. This awareness or consciousness is secondary to existence. So, every morning, we step into awareness from existence. Having entitled to the state of awareness, we think. So, thinking is the third state. Thinking as the basis, we speak and we act. The Pure Existence is what we call God. It is there whether we are conscious or not. The consciousness in its pure state is like a brilliant light without a thought; like a brilliant sky without cloud. If that consciousness is not with us, we cannot think.

We become conscious every morning. But, before we become conscious, we are beings. We are called beings because "be"ness is our basis. That is why we are human beings. In that state, there is no consciousness, there is no thought, there is no speech, and there is no action. That is

what books call as "Samadhi". According to books, Samadhi is a state of one with God. Sleep is unconscious state of "be"ness but, there is a conscious experiencing the ultimate step of joining God. Once you join God, you lose all your identity about yourself. Then you know that you are not your name, not your nationality, not male or female. Once you touch sleep, it is like a wave joining the ocean. There is no more wave consciousness or individual consciousness. It is just the ocean that comes as waves. Without ocean, there are no waves. All waves belong to the ocean. That is how you see one Divinity existing in all. One ocean existing as many oceans. For our own understanding we call it Atlantic Ocean and Pacific Ocean, etc., but it is all one water and one ocean with so many waves. But, all these waves have no existence without the ocean. To experience that, there is a way. That way is within man. And there is a scientific way of progressing in that path.

Every morning, as we wake up, we feel "I am". Where was this identity in sleep? From where did we come to this "I am"? From where did we spring? Is this that we have awakened or something has awakened us? We think we got up (awakened) but, there is an inner impulse in the unconscious state to make you conscious. So, you are awakened but you have not awakened.

Likewise, when we go into sleep, it is a state of entering from conscious state to the unconscious state. There is a point where you lose your identity and then you sleep. So, we do know how it is in sleep; the state that we do not know about is called, in wisdom sense, THAT (Devudu, Narayanudu, etc.). From That, as you awakened, you feel "I am" (Jeevudu, Narudu, etc.). That is how you say That I am. "That I am" we say because we hear from others. But then, there are human beings who went through the process,

experienced That and came back as “I AM”. They are called, Son of Man transcended as Son of God.

When an iron piece has the touch of magnet, it loses its identity as an iron piece and becomes a magnet. As long as it is in touch with magnet, iron piece also behaves like a magnet. By continuous association with magnet, the iron piece eventually becomes a magnet. That is why we are told to think that each one of us is That. That becomes “I AM”. That is being. It becomes “I AM”. The original state is being; the original state of being is “be”ness. It becomes “I am” in the morning. So, “I am” is a becoming. There is center in you where That becomes “I am”. Then, “I am” takes you to further envelope called thought. “I am Parvathi Kumar” is the next step. But before I was named, what am I? I existed even before I was named. Each one of us existed even before we are named. So, what is our original name? It is Jesus. Jesus is called Alex, Jesus is called Rosy, etc.

When we take the identity of the name, we become a different state. At the state of “I am”, all are one. Then, “I am” takes you to a definition: I am this, I am that, I am Indian, I am Spanish, I am American, I am a Swiss, I am a Cuban. So, at what state is that a further becoming? You go on becoming further to what you think you are. But, if you take to the original state, you are That. And, That is One. From That which is like an ocean, there are many “I am”s coming like waves. A Master of Wisdom lives in the state of “That I am”. When he knows that he is “That I am”, he also knows that everyone around is also “That I am”. A Master who knows himself to be “That I am” equally knows that others are also “That I am” because, that soul (*Aatma*) also came from the same Soul (*ParamAatma*). That is what Jesus said when he was asked “Are you the Son of the God?”; he said, “Yes, I am Son of God and You Too”.

We are always Son of God, only thing is that we have forgotten. I have put myself through the process by which I have known that I am Son of God. Story of Hercules is to transforming Son of Man into Son of God. Same with the story of Jesus is to transforming the Son of Man into Son of God. Same with the story Moses is to transforming the Son of Man into Son of God. After the experience in Mount Sinai, it was different. When Moses comes down the Mountain, his lady sees him as a different person, not the same. It was an iron piece but, now it is a magnet.

Existence

It has become possible for humans to experience God and become one with him; humans formed models to Him. All those pictures that worship on the altar in this room are but a few such examples. In this humanity, from time to time, many Sons of Men have become Sons of God. That is a prophecy fulfilled. If a man could transform to be Son of God, the message is clear that every man has the potential to become Son of God; the transformations are within. To take these transformations consciously it is called Occult Science. The state of That exists in us is common, the state of Awareness is common. From that state there is a fall in the states of awareness because Awareness has levels and existence has no levels. Existence is there with stone as well as with Archangel Michael. Existence is common to the stone, to the Archangel, or to the Trinity. All that is in creation is basically *existing*. That is why it is said that God exists in all. How does God exist in all? As existence. That is what is called in the picture of Stanu (*sta – as in como estás*). But existence is there. Existence is common between healthy or unhealthy. The unhealthy is existing and the healthy is existing. More intelligent is existing and the less intelligent is existing. Divine is existing

and diabolic is also existing. Cat is existing and tiger is also existing. But there is a difference between cat and a tiger; between the Divine and the diabolic; between the tree and the animal.

Awareness

There something common that is existence and there is difference in awareness. In stone, this awareness is sleeping. In a plant, awareness is in a dream state. Dream is neither the state of sleep nor the state awakened. An animal is in the state of awakening which is called state of emotion. Man is in the state of thought. A Divine man is in the state of Divine Thought. These are all gradations of awareness.

When we say, God exists in all, we are referring to existence. When talk about awareness, we are speaking about the power of the nature. So, in each one the awareness is different. if you measure the state of awareness, there is a difference even among humans. All humans are no doubt equal. And also, they are not equal. There are inequals among equals. All are animals but, are all animals of same quality? All are humans but, are all humans of same quality? We are differentiated by the degree of awareness we carry. In men, there are beastly men who don't mind killing others; they don't mind causing aggression; they don't mind destroying others. Who are these men among men? There are diabolic among men. There are Divine men among men.

Thought

Even in a man, there are diabolic thoughts and Divine thoughts; both exist. We have to see which side we are. As you grow the awareness, we grow the extent of tolerating ignorance; even the evil. That is complete awareness. In complete awareness, all is seen as beings in evolution. In humanity, there are people lesser comprehension and people with greater

comprehension. There are people who are very emotional, there are people who are thinkers, there are people who become intellectual, and there are people who reach the state of intuition. These are all gradations in thoughts. So, they all exist among us. So, man's solar plexus are condition by thoughts. When he moves to heart, thought becomes a facility for him but not a condition. When a man is highly emotional, he touched the sacral center. When he is just physical, it doesn't accept anything but mundane; very physical is stuck in the base.

There is a way to work out and move and live to the higher centers within you. If you live in the cellar floor (basement), you have no light, no breathing; that is what we call *mooladhara*. If we live in sacral center, it is better than base but conditioned by emotions. If you live in solar plexus, you thoughts always help you how to protect yourself, how to profit yourself, and how to propitiate yourself. Even animal does it. That is why, the centers below the diaphragm, they are there in animal as well.

The first center above the diaphragm is heart. How to get there? By improving your awareness. How to improve your awareness? Instead of always thinking about yourself, think of others. That is the beginning. If you think of others' welfare, it is in your thought pattern there is a portion which to think of good for others – then from solar plexus, there can be an impulse upward. Otherwise, solar plexus always puts you to the centers in body with selfish thoughts, actions, bodily requirement; always thinking about himself. That is why he is in the inferior parts of the solar plexus that consist of five centers oriented downwards, more towards the earth. The superior parts of solar plexus consist of another five petals which can grow upwards when we think of welfare of others. How much

do we think about welfare of others? That is where the whole work is to begin with.

When you create a noble aspiration to help others and work towards it, slowly the emotions get evaporated. Yesterday, I told that you encounter certain fears when you start working with occultism. People have fear. If we tell them that they should not fear, it doesn't work. But, fear is there. There are people who are angry. If we tell them don't be angry it doesn't work. You yourself know that you should not be angry but it doesn't work. Similarly, anger, jealousy, pride, prejudice, opinions, judgments, and criticism come. Every day we can write in the book "do not criticize" but that is what we do. We can write "do not think ill of others" but we think ill of others. We can decide to "Love all" but we dislike some people.

Just by knowing, we do not transform. Information doesn't put you to transformation. All books give you information but where is the key? One can never come out of jealousy, critical attitude, and anger unless his thoughts acting for the benefit of others. That is the key. Helping others is not there for you to think too big about others. Helping others is a way to help yourself. If you always think about helping yourself, you are in a kind of crack mind; like a fly in the phlegm – it cannot come out by itself. Like that, people cannot come out of their emotions. How do we come out of our judgmental features, critical features, or opinions? There is only one solution – start doing something good for the others.

When you start doing something good for others, you start getting thoughts – translate those good thoughts into actions. Live for others also. If you live for yourself, you will die with your own problems. If you start living for others, there is an unwinding process from your conditioning. Unwinding comes by working for others. Only then you can shift from inferior part (below 5

centers) to the superior part of the solar plexus (above five centers). It is not such a big deal to know what you need. If you can think about what others' need, then you move up. As much as you think of others' need and respond to those needs, your awareness moves upwards; it moves to settle in the heart which is called Lion's Throne. In solar plexus, you are riding a tiger. You are on the back of the tiger – it is difficult to be on the back of the tiger because it can hit you at any moment. The most comforting seat for you is the heart.

Comfort comes to mind only when men think of helping of others. You may lose 1000 things, you don't get it. You need a stable and comfortable mind to do meditation. How do you get it? You won't get it by demanding it. People want peace - it won't come if we demand, it won't come if peace demonstrations on the road. People hold boards on the street, does peace come that way? To gain peace, you need to start working for others without strings. People try to help others only to hold them – that is business. "I help you only to hold you with me" is selfishness; then you won't move up. That is why, all help is required to be free. Free-help; free does not mean not taking money; it means that psychologically the other person should feel free. Even if other person is willing to submit himself to you, you should have the attitude to let him free at all times. As much as the entry door is open, the exit door should also be open to the people around you. There are many who try to possess people through help. That way you will not rise in your being. Help because you want to help. Help because you like to help. Don't help because of something else. I don't care whether I move up to the heart or not but I like to help. This kind of self-forgetfulness while helping others causes the rise. That is why 3rd and 4th chapters of *Bhagavad Gita* speaks of helping others. It talks

about Devas because they help others unconditionally at all times. Do you wish to be Deva (an Angel), and be helpful day and night? Don't expect anything for having helped. Devas don't expect anything for them. How are the planets in space without a base? If you retain a ball in the space, it will fall. But, imagine a planet staying in space without a base. How is it staying there without a base? It is like a flying object in space. What is the secret? It is living entirely for others. The planet earth is living for all the billions and billions of beings that are there on it. That is why it is living base-less-ly. So, what is the base for all the base-less planets? The base is helping others. When you are helping others, you are held by higher forces. That is how all planets have their base not under but in the Sun. For us also, soul is the basis for all our body. If soul is strong, all that is surrounding the soul is taken care of. Don't think that body takes care of the soul. The soul takes care of the body. Our understanding is upside down. Who supports whom? The soul supports the body. The Sun supports the planets. So, the support is in the higher centers; they are not in the lower centers. There are great Beings (Masters) who fly. He says, you can also fly. We would like to fly, isn't it? Many times people can ask me "Master, it is said that in Aquarian age people can fly. How can we fly?" As much as you increase your helpfulness to the people, so much you stand a chance to fly. Because, there the gravity more in the north pole than the south pole. As energies are oriented more and more towards *Sahasraara*, man lifts himself up. There is levitation in the meditation because the whole energy is moving to upward by making the upward pole more active than the downward pole. When you keep helping others, you are moving upwards. When you try to help yourself all the time such as wisdom for yourself, knowledge for yourself, you will only be moving downwards. That is why the

lives of great Initiates are examples – they live for others; hence they moved up. Those who live for themselves move down. South Pole is the pole of reception. As much as you receive (donations, help, etc.), so much you tend to be towards South Pole. As much as you try to give (distribute), you move upwards towards North Pole. To give is towards North Pole and to receive is towards South Pole. It is not to please God you are giving, it is to elevate yourself you are giving. What is that you can give? There is always something that one can give. Krishna says there are 12 ways of giving: share your wealth and help others, called *Dravya Yagna* (*yagna* means working for the benefit of others). So, you can give some of your wealth to the others. You can give energies relating to your body to help others – you may not have wealth but you have a body which is also a wealth - physically serve others. As much as you physically server others so much your body releases you. If you help people that are in need emotional support, you are relieved you're your emotions. Otherwise, your emotions will bind you. With your ability to think, help others in thought plane - you get relieved from your thought plane. If you help others in the matters of their health, you gain health. What you give is given back to you in abundance – that is secret of doctors who keep on helping others with life so they are in good life; they are in healthy condition. They work day and night but they don't fall sick – that is the secret. When you do it for free, not for remuneration or expectation, you receive better. Even to receive better, you should to learn give better. *Patanjali* says, "*Aparigraha*" as one of the regulations in the first step of Yoga called *Yama*. In the *Yama* it says "learn to give more than you receive". Give to the surroundings and receiving from higher circles. Don't give to receive from the same levels. Helping people around and seeking help from others makes you in a horizontal movement. Keep giving and you

will receive from the above when you don't expect from the world. This movement towards North Pole is by your more and more ability to give. You can physically give. You can give emotional comfort to others. You can give a mental comfort to others. You can give comfort in terms of knowledge to others.

What you receive is not for you, it is for give to others. You can always inhale unless you exhale. Can you always inhale without exhaling? There is a limit up to which you inhale – there after you inhale more only if you exhale. If you exhale more, you can inhale more. If you release what you already hold, it gives you a fresh energy. If only believe is to receive and receive, you fall into a wheel of circular movement like the rodent around the mill. Even if you release from the mill, that horse goes only in circles – it cannot go straight. Now that you have machines, you don't have this example. To get oil, in the olden days, they used to move a stone to grind the seeds. For that, they use to employ a bull or a strong horse. It's work is to move around the mill stone. From morning till evening, it does the same work. After that, if you try to mount on that horse to go out, it only moves in circles. Like that, in India, we have bullock carts in small towns and villages which are used to clear debris and trash in the town; served the same purpose as trash pick-up trucks in the modern world. When the bull is used only to collect trash, later when the bull moves, it always stops at the trash cans. We call them municipal bull. Likewise, we always move around the same things – house, family, economics, house, family, economics, house, family, economics; health, insurance, bills. We take birth and we die, in between we move in circular path. How can you come out of this circle? Man cannot come out of this cycle of birth and death unless he thinks of Good Will; Good will in action. Master Djwal Khul says, "Love is Good Will in

Action". "Good Will is Love in Action". Good Will leads you to Love. 2000 years ago, he came to tell us what Love is. He not only told; He showed what Love is. How did he demonstrate Love? By helping people, teaching them and healing them; it is healing at all levels. His teaching was healing and his healing was teaching. And he said this the way of Love. To live for others is Love. To speak of Love is not Love. An initiate lives every day to help others. If he cannot help, that is the day of his death. The moment an initiate cannot help, he better think of leaving. To him, life is in helping. No help, no life. So, the basic key is to help others. Help with whatever knowledge you have, whatever ability you have. There are people who don't have even that ability. If you know alphabets and others don't know alphabets, you can help them teaching alphabets. You don't have to have PhDs (Doctor of Philosophy) to teach alphabets. You don't have to be Professor in Mathematics to teach numbers. Whatever little you have, if you give, you receive more. There is a commandment in *Vedas*,

*"swadhyaya
pravachinabhyanna
pamadhi vavyam"*

meaning "do not deviate from self study and teaching". If you know how to cook and if there are people who need to learn; teach them on how to cook healthy food. If you know some principles of health, help others by teaching them on how to live healthy. If you gained some knowledge, teach others some knowledge. If you have learned techniques of meditation, by teaching the techniques of meditation you get into better states of meditation. You may know very little, but that little ability when you submit for the benefit of others in the name of God, you would be better able to help. Your abilities increase as you keep on training for the better intention of helping others. Why should a Master of Wisdom

help you? He feels compelled to help you if show your intentions to helping others. A Master is interested in those who are inclined to help others. There is a way to make Masters move around us. Don't move around Masters, don't go to Himalayas, or Macho-Picho; they will come to you if you do certain things. If you go to Himalayas, you may not get enlightened. There are many people in Himalayas who don't know anything. The Grand people in Himalayas will come to you if you do certain things; if you have deep intent to help others. The Masters of Wisdom don't need to be on this planet but they are here – do you know why? Only to help. There is no need for Jesus, Maitreya, or Koot Hoomi to be on this planet, they have invitations for better places but they are prepared to stay here because they love to help the people here. They help those who help others. They do not help those who do not help others.

When is a father pleased? When his child helps another child, he is pleased with his child. As much as we help beings, need not be a human being, helping animals or helping plants. If you demonstrate the intent to help others, the great helpers who are existing on the planet will extend their hand to you. If you just put your hand up to receive, they say sorry. If you extend your hand down to help those who are less fortunate than you, their hand is always on you back. As long as this is not done, you are stagnant. This is how, in whatever way you can keep helping, you come out of many limitations related to you. That is why, this aspect of helping others has become a very important key. How long will you work for yourself? It is self winding. You are born by head and foot. The only way to unwind from this is to help others, called sacrament, ritual, Yagna, or offering in scriptures. Offer yourself with whatever abilities you have. When you offer, you are offered better abilities. This key is important

for man to move into occultism. Otherwise you will be moving around occultism but you will not move into it. How long will you keep reading books on occultism? When do you enter? Entrance is through selfless action. Not helping for money. So, occult wisdom cannot be given for money. If a man looks for money, he cannot be an occult teacher or an occult healer. Is nature charging you for the air that it gives you? How much should air charge us? How many dollars should the Deva of Air (*vayu*) should ask us for our daily breathing? Water, air, etc., are all free. Man is creating a money system even for them. Nature is bound to give a fruit for free, only man sells it. You plant one seed, nature grows into giving you hundreds of fruits every season. How much should the tree charge you? It doesn't charge. Because tree receives from Sun and gives to earth for free. You should see this Love of nature. This is with plant, animal, or all the five elements. We are poorest people that think of money all the time. When he came as Jesus, he said "give, you shall be given". These are the natural laws into which we need to gain confidence.

The first key of occultism is to go through the difficult doors of emotions and thoughts. We encounter emotions and thoughts which obstruct our movement into Light. We are unable to move into Light even if we want to move there because we suffer from many emotions (4 pairs explained in Day 1) such as pride and prejudice. Only way to clear these obstructions is to start helping. If you know this key of helping others, one human life is enough to walk into the Light. That is why, the key to come out anger, or jealousy, or self conditioning thoughts, there is one master key; that is "help others without condition." This is what Krishna says in Bhagavad Gita to Arjuna:

"Yagnaardham Kuru Karmani"

meaning “Do all your actions for the welfare of others.” Don’t worry about your welfare, it is taken care of. Working with this key is important for man. Then he can move into the heart which is called “Sacred Heart”. People working in Sacred Heart Foundation, they can be in the Sacred Heart only when they dedicate their life to the others. This is the way to enter into Temple which is in the heart. It is state awareness where you are not conditioned by body, emotions, money, or thoughts.

The thought conditioning is a big imprisonment. Thought is like a cage in which you keep a bird. Even if your cage is a golden cage, it is still a cage. The bird inside is conditioned and imprisoned. Only when you can freely come out of the cage, you are a free person. The bird should be able to enter into the cage and get out of the cage. Thought is a facility for us to work in the world. It cannot be conditioning thought. Enter into it, work with it, and come out of it. Enter into senses, fulfill the requirement of the body, and come out of it. You should be able to enter and exit. We only know how to enter; we do not know how to exit. The exit key is to help others, called service. That action in service is originally called karma in scriptures which was meant acting for others. Man created acting for himself. Animals, plants, and planets don’t do it. To distinguish man’s action from the action of others, we called all others’ actions are “Divine Actions” (Divine Karmas)”. Originally, all actions were Divine Actions. This reorientation that man needs if he aspires to walk into life. There is no other way.

We continue tomorrow to understand how man is a cosmos. That where understanding and the Science of Man gets completed. Until man walks into the heart center, he cannot experience how he is a cosmos.

Question: If I have the ability to do helping and I don’t go to work, how do I pay my bill?

Answer: If you experiment, you will know how you will be able to pay your bills.

If you start something for free, you will experience how that free work gets compensated. 25 years ago, I started teaching and now I teach on all continents. If I had thought who would pay for my flight bill, I would not have moved from my house.

Don’t think about flight cost, think of teaching. As you keep teaching, you are slowly asked to teach in the next town, then next country, and then next continent. Teaching is happening in India, Europe, North, South, Central Americas, and Africa as well. If you think of the bill, you can’t move. Not only that, when I moved out of India, I did not think of food. If you think of your own food, you cannot teach. You teach, the Lord will take care of your food.

Wherever I go, I get Indian food. Not because I want it but because He wants that I should have good food. When I first came to Europe, I paid my own flight tickets. Second time, they paid the bill and asked me to come; I did not tell them to pay my bill. I went on teaching without caring for my food and comfort, slowly through people the Divine himself gives the impulse “give him Indian food”, “give him good comfort”, etc. Today I get so much comfort, I am thinking of getting out of it; that is the abundance of the Divine. When I moved out of my house to teach, I had a family with very small children. If I think what would happen to my children, I would not have done anything. I believed in doing good thing, my children grew, they are all well educated, well settled. It is in the nature that when you consecrated to help others, you are helped.

When I write, I don't think about who would print these book. It is not my job to find the publisher, print it, and circulate. They come, sponsor, print, and distribute. As far as I am concerned, I do what I have to do without looking for compensation. It is important that you put yourself to this experiment. When I started on teaching, my own friends and relatives asked me "how can you maintain your family?" "What will happen to your children?" Much better things have happened. It is in nature's plan that it helps those who help others. Master Djwal Khul book says, "to will, to dare (taking risks), to know, and to be silent" are four qualities without which you cannot walk into life. To give an answer to you, I am the living example of "who pays the bills?"

There is Divinity in all people. That divinity in people tries to help. If you look more for the help and comfort, you won't get anything. Before, I was flying by economy class. Today, those who respect me won't let me go by economy class. They say "you must come by business class". This is how the Divine works through people. They don't let me to carry even a small bag in my hand. If I had asked them, who would carry? There is so much Divinity in people, they carry my bag, they buy my ticket, they give Indian food, and they give best comfort; not because I taught them. If you seek, you don't get them. You be with Him, you be with That; That exists in all. When That is pleased, your bill is taken care of. This is a clear Truth, only you have to experiment and experience. Unless you do that, you don't know it.

Day 3

September 20, 2007

During the last two days, it is explained that man is four-fold. He is essentially four armed and that he is a micro-cosmos; and that by realizing

himself would lead to the realization of God and His creation; and that man is Pure Existence; and he is also has the state of Pure Awareness followed by the state of thought and the state of speech and action. These are the four aspects of the man of which man only knows two aspects. He knows that he can think. He knows that he can speak. He does not know how he is a Pure consciousness beyond thought. He also does not know how he is Pure existence. While he is existing, he does not know how he is existing. He does not know how he steps into the awareness; and he does not know how he steps from awareness into thought; and he does not know why thoughts occur to him in spite of him. As man tries to know more and more about himself, he concurrently realizes the cosmos. At the same time, as much as he realizes himself, he realizes the cosmos also. He will ultimately realize what who he is and that he is image of God. This realization is a scientific process which does not demand any belief or faith. Every man is eligible to know himself if he had the intention to investigate himself. Man investigates more outside than inside. Inner investigation will lead to better comprehension of how he is and how the creation is. This general investigation is what is called Occultism. All this was started on first day.

On the second day, how man encounters certain impediments in trying to know himself was explained. How his own emotions, his own distorted thoughts, and the patterns of his thoughts could cause impediments for self realization. How he creates his own illusion within the God's creation; and how to clear these impediments was also spoken. The key to overcome the emotions and the conditioning of thoughts was also spoken. How a man can settle in the heart rather than the solar plexus was explained. I just made a small review because

there are many brothers and sisters who joined today. To include them into the series of third evening, this was found necessary.

Today, let us get into what happens to the man who entered into the heart center. The True realization of man comes only from that point. Man can know himself only when he has overcome the emotional pattern and crystallized thought pattern. Until the man is conditioned by these thought patterns and emotional patterns, he lives more his own personality than for himself. He doesn't live for the benefit of others. Yesterday I concluded by saying that the knowledge is only for those who live for the benefit of others. Otherwise, such knowledge would remain as theoretical knowledge but not an experience. The basic requirement for experiencing the knowledge and the truth is the readiness to live for others. Until such time, whatever is known through teachings or books will remain only as information but not a realization.

Information can evaporate and disappear. Experience cannot disappear. If you collect a lot of information about mango fruit, it remains with you only for some time. But, if you have eaten the mango fruit, the experience remains with you forever. To get informed is different from to get realized. This realization opens itself to the person who binds laws and lives for the benefit of others. To others that do not live for others, they are remained only with mental load – a mass of information. They get confused with this and they will also confuse the others. The one who lives for others, to him the doors relating to the temple and Wisdom open themselves. Until then, even if you knock door heavily, nothing will happen.

The life of service is the basis for realization of knowledge. That is the reason every Master of

Wisdom speaks of the service. As good and qualitative is surrounding one's life, makes one eligible to enter near the Temple of Wisdom. When one demonstrates his life as an offering to another life, then the doors open. It is so in the life of every Initiate. The strong intention to help others is the basic quality. If this intention does not exist, he will only remain with the two hands of the cross; thought plane and the plane of action.

Thought about Wisdom is also his own understanding of the Wisdom but not the Wisdom. That is why same book gives different understanding to different people; which are different from the very teaching of the Master from whom it came. Masters' teachings are understood differently by different people because they have different thought patterns. They haven't come out of their thought pattern through service. So, they make their own understanding of the teaching. Hence, the service is seen as the way. When a life is seen as a life of service, Master of Wisdom would start cooperating. When it is not a life of service but only a life of self pride and self advancement, the subtle teaching of the Masters cannot get transmitted. More or less, up to this point, I have explained yesterday. Today, I try to present before you what happens to the one who is really in the heart center.

To him, through Meditation, the knowledge comes directly afresh. Fresh from the pan; It is not a cooked food 2000 or 5000 years ago; just like a hot fresh pizza that you see out of oven. You receive afresh the wisdom, not the Wisdom taught 2000 years ago by Jesus, 2500 years ago by Pythagoras, 2500 Buddha, or 5000 years ago by Krishna. There is a fresh dawn (sunrise) to you. From that fresh sunrise as you realized wisdom, you will see how the light was sent by Pythagoras, Krishna, Jesus, Moses, and Buddha; it will be seen

because you receive afresh. When the teaching becomes direct from within, it is different. It gives you a revelation. Through these revelations, you can understand any Master's speaking. In Secret Doctrine, you can see what Madam Blavatsky has said. Otherwise, Secret Doctrine, even if you break your head on it, you wouldn't get anything. I see many people, all around the globe, that are trying to understand the teachings came from Alice A. Bailey and Madam Blavatsky. That became the new fashion. Unless life becomes the life of service, what is said by these authors cannot be realized. Every time Son of Man becoming a Son of God, fresh Wisdom came through and it gives answers to all other previous teachings. To the one who meditates from the heart center, meditation is also a process of self study. All Masters of Wisdom give a triangle of meditation, study, and service. Study becomes self-study. And thus, self-study happens as part of Meditation. The meditation serves double purpose. It makes you know about yourself as well as about the cosmos.

Anthropogenesis and Cosmo-genesis are known by the disciple, gradually (not overnight), because you cannot digest if it is overnight. To such one, meditation is a means for knowledge and realization. Two birds in one shot; the basic is "life of service". That should be the platform; there after it is teaching. The ancients never studied books for realization; they were contemplating. The contemplation is not possible unless you somewhat come out of thought patterns and emotional patterns. To come out of thought patterns and emotional patterns you need a life of service. That is why there is a significant preparation before one thinks of contemplation and meditation.

When you get into true contemplation and meditation, there is gradual unfoldment from within of knowledge. There would be unfoldment

of color; and their functioning in us. There would be unfoldment of sound. Sound is different from speech. Speech has its basis in sound. Sounds are all *Annahatha* sounds. *Annahatha* means produced without the context of two. If a sound is produced with a clap, it is *Aahatha* sound. The vocal cord, when rubbed with each other, you give a speech.

If there are no vocal chords, there is no way to speak. However, even if you don't have to speak, sound is still there. The sounds which we speak in chakras are not the uttered sounds; they are unuttered sounds. There are sounds related to every petal of every chakra. There are combinations of sounds. As one sees the combination of sounds, he also sees the combination of color resulting in different form or different symbol which we call as *Yantra*. The different combinations of sound are called *Mantra*. They are realized inside. Man gets engaged when the sound and light show within.

You find many more centers within than the generally known seven centers. There are 72 major centers within the human body. If you go into greatest details, you will find 16,000 centers in the human body. So, the knowledge is unlimited. You get engaged and occupied in these revelations through contemplations and meditations because there is much more inner entertainment than there is outside. That is why, for the man, the hours of meditations keeps increasing. In recent times we know that Sri Aravindu was meditating for 3 months and speaking for a day. That speech is different from the speeches that are made. So, the inner light and sound show engages the man in to so many aspects. It unfolds man into new horizons (vistas). He won't be so much engaged with daily activities; to him, it happens mechanically. They are not so important to him because he found much more important things, the awareness

moves more towards higher and he continues to move into that unlimited expanse of the space. He finds in him the four centers relating to the four Kumaras. In him, he meets all these four Kumaras:

1. Pure existence in Sahasraara,
2. Pure awareness in the Aagna,
3. Pure loving thoughts in the heart center, and
4. An action of Good Will in the base.

In all these 4 centers, he realizes the four Kumaras. He also realizes the St. Michael (or Naarada in East), the fifth Kumara. He is the Teacher from cosmic plane to the planetary plan. All the Teachers that are on the cosmic plane or solar systems are the students of St. Michael or Naarada. He exists in us. It is because he is active in all of us, we are here. Why are we here? To know – the impulse and inspiration to know comes from the Naarada – the fifth Kumara. There are many humans who don't want to know. To them, the daily bread toast, daily lunch, daily dinner, or daily comfort – they are engaged in them. Among them, there are some who want to know: "who is God?"; "who am I?" – That impulse and inspiration to know is the initiation by fifth Kumara called Naarada. This Teacher, Naarada or St. Michael helps you to know all. The Teachers that we have on the planet, big and small, are all his army. According to the man's requirements, Naarada informs the man through these Masters on the planet. You would find in you this awareness of Naarada functioning in Shushumna.

In cosmic system, there are four Kumaras and the fifth one; similarly, you have all five Kumaras within you. You get elected to find the entire hierarchy in your Heart Center. You can find seven Masters in the seven centers of your system. You can experience the seven planets in the seven centers. When you find all the planetary energies in you, with you as the center,

then who are you? Whoever is the center for the solar system, you are that center. You are the Sun and you have seven planets.

1. The Earth is there with you, you will find that it is functioning in the base center.
2. You find Mars in the sacral center giving the force.
3. You find Moon in Solar Plexus.
4. You find Saturn in your pattern that conditions you.
5. You find Venus in your Heart center.
6. You find Mercury in your Throat center.
7. You find yourself as the Sun in the Aagna center.
8. You find Jupiter as your highest center – Sahasraara.

It is from Jupiter to Sun, there is a flow. From Sun to the rest of the system. Likewise, you find all the energies relating to the 12 zodiac signs within you:

1. You find the will as the Ram coming from arch you have brow center. The horns of the Ram are nothing but Ida and Pingala. You are in the pineal with your right-vegas and left-vegas, you enter into the system to rule over.
2. You find the Bull in you; the bull is the speech that gives joy to others – it is called Nandi in Sanskrit meaning the embodiment of bliss. When this bull is realized in you, your speech elevates others. Your speech destroys ignorance in others. Your speech gives joy to others. Your speech is powerful to penetrate into others. Your speech has ability to contact the soul of every person. That is the beauty of bull of Taurus.
3. When you realize Gemini in you, meaning, you experience yourself as Androgynous. It is an illusion to think that I am male or you are female, etc. Essentially, we are male-female. The right side of you is male and the

left side is female. The right side relates to distribution and left side relates to reception. Together, it makes one unit. Yesterday, I spoke about giving (North Pole) and receiving (South Pole). The Sun is a giver and the Moon is the receiver. We receive as well as give. If we balance our giving and receiving, we can experience the male-female state in Gemini. Otherwise, you fall into the duality pairs. On the Day 1, we talked about dualities (pairs) – likes and dislikes; what you think of good and what you think of bad; what you think of as comfort and what you think as not comfort; what you think as success and what you think as failure. In creation, all beings are conditioned by their duality. But, through this contemplation, you realize that there is no duality but there is only one that is appearing as two. It is one person having the right shoulder and left shoulder. The right and left are neutralized in you. The male-female energies are neutralized in you. Every initiate is therefore said to be androgynous? Every initiate is self contained, not in “want of things”. He conducts himself so subtly when realizes the Gemini energies within him.

4. Likewise, Cancer reveals the higher Heart center. The higher heart center has eight petals. In the *vedic* system, it is called Naraayana center; also called the eight Chakra. In Cancer, when this is realized, everything is realized. It comes far later.
5. In Leo, you realize the Golden Temple in you. From that temple, lot of good service can be done. In that temple, there is no wanting for wealth. Wealth comes from the treasures of the earth, not from the currency notes of the people. You gain confidence about the wealthy treasures of the planet earth than in the currency notes that we have prepared.

The Masters of Wisdom are the guardian of these treasure houses on this planet. When your life is a life of service, they open the treasure. Whatever you need, flows to you. That is how Leo is realized as to what a noble life is

6. What exactly the purity is realized in the Virgo.
7. In Libra, you will be able to mount upon the passions. Passion exists even among the students of Wisdom. It is passion for books, which is also a passion; it can also be a condition. You should be above all pattern of passion. Libra speaks of the Goddess that mounts the Passion. Passion is realized as a tiger and how to ride over the tiger of passion is realized.
8. In Scorpio, the past Karma is realized. “Why it is so with him?” is known to him. He realizes why he carries certain traits in him. How to vent out these undesirable traits in oneself can be realized. In Scorpio, he digs out everything that is undesirable in him and puts it out. It is complete digging. Get into basement and clear all the trash so that he can find eagle in him. The eagle is surrounded by serpents of personality traits. When the serpents are conquered by the eagle, the eagle soars.
9. Ending of Scorpio and beginning of Sagittarius is the point where the birth of eagle took place. This eagle can soar high, even up to Sahasraara.
10. In Capricorn, he reaches the mount.
11. In Aquarius, he leaves the mount to be in the sky.
12. In Pisces, he realizes twin Gods who are supra-cosmic Gods: presiding two Gods over the Cosmo-genesis (*Mitra* and *Varuna*).

Likewise, these revelations keep happening. As you continue with your meditations, you are realized

- a. The Sun is in the right eye,
- b. The Moon in the left eye,
- c. The energies of Jupiter in the ears,
- d. The Devas of Air are in the nostrils,
- e. The sixty four wisdom sciences in the sixty four roots of your teeth. There is a *Tantra* which expresses that those roots are roots of Wisdom. These sixty four sciences express the Wisdom to the One in which all the roots are good. We have sixteen upper tooth and 16 lower tooth. There are 4 sets of 16 sciences to make 64 sciences. Can you imagine? One day, I will give you list of all 16 sciences of Wisdom. Just as information. They just exist in your mouth.
- f. You realize the Goddesses of speech on the tip of the tongue, you find Minerva.
- g. In the throat (vocal cord), you find the Goddess of speech.
- h. In the pit of the throat, you find the Goddess of the subtle speech. Only when you realize that Goddess of subtle speech, called *Nakuli Vageswari*. Unless this Goddess is realized, you cannot understand the subtle communications coming from Masters.
- i. In your face, you realize that there exists a Goddess who can mesmerize and magnetize others. Your eyes cause such magnetism, your smile causes magnetism, and your speech causes magnetism; not because you have a beautiful face but because this Goddess of cosmic mesmerism called *Vashankari* starts revealing from you. You all know Rama Krishna Parama-Hansa; in him, this Goddess is extremely pleased and she was present in his face abundantly. He was attracting almost every being; not just humans but street dogs, cows, and buffaloes get attracted to him because of Vashankari

meaning people are willing to get oriented to him. It's a great gift when the Divine is pleased.

Lord Krishna carried this Goddess in abundance. Once it is happened, an army of kings wanted to fight him. He was unarmed and coming in a chariot. There were about five hundred Kings surrounded to attack him. He just looked to them and smiled; they are absorbed and went into a Trans, looking at Krishna mesmerized, and he said "Adios" (bye). These things are possible; Masters are given these gifts. All these Devas, they compete to live with you: "I want to be with you, I want to be with you." From within, they reveal themselves.

Likewise, there are so many Devas in the body. As much as you keep looking, you keep on finding. I can go on narrating these Devas.

There is a story in Upanishad between a student and the Master:

Student: Master, how many Devas are there?

Master: How many do you think there are?

Student: May be there is only one.

Master: Yes.

After some contemplation,

Student: I saw three Devas; one on the top of head, one in heart, and one in the base.

Master: Yes. Contemplate further.

After some more contemplation,

Student: I found 33 Devas.

Master: Yes. Contemplate further.

Student went on contemplation and kept on finding Devas after Devas. Ultimately, student could find 330 Million (33 Crores) Devas within him. We count in Crores because Crore means 1 before 7 zeroes. The One beyond the seven planes is the One. So, the One is found to be after all the seven planes as 33 crores. Student not

only found them but also found they function within the system. Then he approached master and said:

Student: Master, there are 33 Crores of Devas. That is the final figure.

Master: Yes. But, contemplate.

Student continued to contemplate,

Student: Master, there is only one.

Master: Yes.

That is how Upanishad concludes. It is One as 330 Million Devas. One in all and all in One. It is the One in all of us. And, all of us are in Him. Then again, the student started contemplating on that One. This is important. He went on contemplating within him of the One. In deep contemplation, he found the One in him as the four-armed one. And he also found all the Devas in that four-armed human form. That was amazing to him. God in human form but, he has four-arms. Student went back to the Master:

Student: Master, God is in the human form.

Master: Yes. Contemplate further.

Master has only job to do – to say “yes, contemplate further”. Student started contemplating again – then he had a great illumination in himself. He went to the Master,

Student: Master, now I have known.

Master: What is you know?

Student: I told you that God is in human form. It is not true. Man is in God’s form and hence man can realize God. Whatever is in God is also found in man. So, we are his images. Every human form is potentially God. God, in completeness, exists in every human form. In other forms, He exists incompletely. In human form, He exists completely. Only human can realize God.

Master: Yes, we are God’s prototype. As he is above, so we are below except that he lives in us

potentially. As much as we contemplate, so much he reveals himself.

The realization and revelation of God is the ultimate; before that, there are so many millions of revelations. These revelations can happen to you in the Heart Center or in the Aagna Center. When you realize this form of God in you, either in Heart Center or Aagna center, as a miniature form, He remains with you as an Eternal friend. He moves with you. If you want, he can speak through you – if “you” want. He can help you in every act of human. It is like carrying the magic man inside. That is how all the great Masters carry the Divine in him. The Divine decided to fix himself in us. Consequently, we exist, which is called cosmic crucifixion.

The Divine cosmically crucified himself into a form called the “Form of the Cosmic Person”. In Him, all the Forms exist. In him, all the Devas exist. When he formed the creation, he prepared man in his image and in his likeness. Therefore, when you contemplate upon him, within you, in that form, you will gradually realize Him. That is the Cosmic Christ in the West or Vishnu the four-armed God in the East.

The contemplation ultimately leads to the contemplation on the Cosmic Person. This Cosmic Person exists in every one of us in a miniature form. As much as He exists, we feel that we are existing. As much as they (Devas) reveal to us, we grow in awareness. He not only crucified in the face in human form, but also crucified in each one of us. There is a way to enter into Him. Jesus knew that way. Having found the Cosmic Christ in Him, Jesus could interact with Him. He could even enter into him, enabling Cosmic Christ function through him. That why he said that we move, we live, and we have our awareness within Him.

When work is done, we can permanently join him. That is when he said, “Now I shall rise and go to my Father”. Each one of us can experience Him

- a. Through a light of service in the plane of objectivity and
- b. Through a light of contemplation and meditation in the plane of subjectivity.

We can realize the Devas of colors, Devas of sound, Devas of the symbols, the planetary Devas, the solar Devas, the Rudras, the Adityas, the Cosmic Lō'gōs. Contemplation reveals but, contemplation is not possible unless you have transformed your life into a life of service. Without service if you contemplate, nothing opens from within. That is where; service has a great role to play.

Don't think you are serving others. In form of serving others, you are helping yourself. That's how the micro-cosmos is realized in you; you can find yourself as an atom in the Cosmic Being. He is Macro and you are micro.

The Science of Man is complete when man realizes God in himself; and when he realizes that he is nothing but an image of God; also when he also realized when can join God. Such ones live eternally, serving the Plan and serving the God. Serving the Plan is serving the God.

What is Plan? It is God's Plan – the Divine Plan. God would like that all beings get fulfilling in this Plan. He cares that every being gets in to this final realization. Until every being gets fulfilled, there is creation after creation happening. When one life is over (and not fulfilled), another life is created. When one solar system is not sufficient, another one is created. Likewise, universe after universe is created until all beings realized that they are images of God. It is an endless plan. So, those who realize God participate in this Plan. They may choose to incarnate or may not. They

take incarnations according the God's plan. They can be without the body of flesh and blood. In such cases, they live in the Golden Form (Ethereic Body), or they can be in the Diamond Form (Causal Body). They can be in any of these 3 bodies to conduct work. In whose so ever these 3 bodies get formed, they are the ones who holds the Solomon's temple. The three sounds: Šəl, ōm, ōhn; a triple sound word, representing the three bodies. That is Solomon's temple through which a great Initiate functions. If not, they dissolve the Temple and be with the One. If required, he can build the temple and conduct the service.

Jesus said “In three days, I can destroy the temple and rebuild it”. People at that time thought that he would destroy the Temple of Jerusalem. What Jesus meant was that He is working through the Solomon's Temple which he can dissolve and rebuild in three days. That's how he was speaking in a subtle manner; all his statements are very subtle because, he has in him, *Nakuli Vageswari*. These utterances of Jesus Christ are very mystical; they are not what people think they are. There are so many such subtle statements. These subtle statements are propagated without understanding.

As Jesus could build new body in three days, every man could do it and realize the Divine in him. He can also realize that he is the image of the Divine. He can be a representative of God. Such is the potential of man which is revealed to him through this Science of Man. If such ones contemplated upon anything, it gets realized soon. In the Yoga Sutras of Patanjali, Patanjali speaks of this state as a state of *Samyama*. In that *Samyama* state, you will be in a position to focus on your conscious, upon any conscious and realize that consciousness, or upon God and realize God.

Man has such great potential with him, and you should know he has such potential, and to submit himself is a process of transformation to realize the potentials in him.

This way, ancients have seen “from within, very far”. Ancients have seen from within how it is on Jupiter. They have seen from within that there is more than one solar system. Now scientists confirm that there could be another solar system. Ancients could contemplate within and realized that there can be 72 planets in our solar system. We are now finding planet after planet. All that could be seen is through within-contemplation. So, to see within is The Method.

To see within, your personality should cooperate. The personality cooperates only when it softens itself with service. A softened personality is a humble personality. Such humbled personality will be able to contemplate appropriately.

Through Science of Man, I would like to humbly present the scope and possibilities of man. It is for each one of us to decide and proceed. This is in short, a presentation on Science of Man during these three evenings. Gràcias. Thank You.

You can ask question; one answer to all questions is “learn to serve and contemplate, you will know”.

Question: Why does God has four arms?

Answer: I have explained it on the first day but, I will explain. There is what is called existence with each one of us. That existence is the basis for Pure awareness or Pure consciousness. That Pure consciousness is the basis for our thinking.

In the morning, we are awakened and we are conscious. Therefore, thoughts come to us. In sleep, consciousness is hidden in existence.

Therefore, we don’t think; we don’t speak; we don’t act. In sleep, consciousness is hidden in existence. Consciousness springs up in the morning. Then only we know we exist. To know that we exist means we are in the conscious state. But, this is secondary state. To this consciousness, there is a previous state of existence. From existence we come to awareness; awareness as basis, we start thinking. As you wake up, you start thinking. We know that we think. We know what we think also. And, thinking as basis, we speak and we act. We know thinking, we know action or speech (speech is also an action). Thinking is one state. Acting is another state (with thinking as basis). That is how we know mostly two aspects; thinking and acting aspects. Thought we receive either to speak or to act. We know these two; therefore we have two arms.

This thinking of ours is based on consciousness which is with us. We think because it is with us. But how is that consciousness? We only know thought but we don’t where it is emerging from. The source of thought is called consciousness. So, that source of thought when you know Pure consciousness, we get the third hand.

With consciousness as the basis there is contemplation on the Pure existence. The existence is the fourth hand.

Angels also have four hands. Four hands represent that basically we have four aspects. We are existing; we become conscious unit; with that consciousness as basis there are thoughts; and with thoughts as basis, there are actions.

Pure consciousness is like a clean sky without clouds. It is like a silver screen in a cinema theater. Once the movie starts, you don’t see the screen. Before the movie starts, you see the screen. The screen is lighted for image to happen. The imagery that happens on the screen are

thoughts that we get. The entire movie's imagery is happening with the background of an illuminated screen. All our thoughts are like the movie, with characters acting and speaking. Behind this imagery, there is a Pure consciousness called illumined-screen. In our Pure state consciousness without the thoughts and speech, we are like a brilliant white light. That white light is the basis for all the colors, etc.

We are also like that - pure white light. This pure light has emerged from a source that is called existence. That is why God is said to be Pure existence. His power is his Light; from Light, other things will come. God said in the Bible "Let there be Light".

From existence there is light coming, from light thought coming, and from thought action is coming.

These are the four states with all of us. Since we know only two of them, we have two hands. The ones who realized, they are familiar with of four aspects hence, they saw four hands. That is what symbolically given as four armed cross. That is why Santa Cruz is holy.

Question: Can you please explain more about Mitra and Varuna in related to Pisces?

Master: The left-brain is Varuna and right-brain is Mitra. Mitra is the content, and the Varuna is the container. If Mitra is the milk, Varuna is the container of the milk. The one becomes into two parts as the content and container. Left-brain takes to the right side of the body and right-brain takes to the left side of the body. The two brains, together, are the two parts of the one. They always descend together, otherwise there is no create. It is one becoming but two to start with: Cosmic Person and Cosmic Nature; The Cosmic

Father and Cosmic Mother. There after there are permutations, combinations, and relations to them.

Pisces, the Sun Sign, reflects the two as two fishes. They converge as well as diverge. When they converge, there is resolution of the creation. When they diverge, there is a manifestation of creation. That is why Pisces is the beginning and ending. There is beginning in the ending; there is ending in the beginning. That is why Pisces is seen as end of things for a fresh beginning. It is potentially the first house; apparently, it is the twelfth house. The day gets into the night only to get back as a day. There is a never ending cyclical process.

Pisces is seen as the ultimate synthesis. In every ending, there is a new beginning. In every one seed, there is a root; in every root, there is a seed. When one action ends, in that ending, there is a potential for the next action to begin. Arriving out of this group life, there will be further action coming. One leads to the other and there is an apparent ending and apparent beginning. That is why in Pisces, Aries is also there, potentially. That is why every person who is taking birth, he is proceeding towards death. The person who is approaching death, he is approaching fast a fresh birth, either in this plane or in another plane.

It is every beginning as an ending and every ending as a beginning. This never ending process is presided by the Pisces. That Pisces has two arms called Mitra and Varuna; with synthesis there is *Aryama*. That is why we say "Sanno Mitraha sam varunaha, sanno bhava aryama". I have given the invocation for this in the book called Mantram. Pisces is for all the synthesis.

Walking towards synthesis happens in Aquarius. In Aquarius, there is a state of being and not being; to be or not to be; both together. That's why in the symbol of Aquarius, we have water on

one side but not on the other side of the pot. The pot has two mouths; water is entering from one side but no water comes out of the other side. That is the magic of Aquarius. On one side, there is apparently something but there is nothing. On the other side, there is seemingly nothing but there is everything. There is a visible side and the invisible side; the magic of invisible becoming visible and the visible become invisible occurs in Aquarius.

Aquarius is ruled by the constellation Makha. For this magic, Pisces allows to prepare the deity. In it, potentially there is beginning and potentially there is ending. The conclusion is in Pisces and the beginning is in Pisces. We have come from Pisces and we go back to Pisces. Once we reach the Pisces, we can be out of cycle and yet work with the cycle.

To come out and work with it is different from being in it. A man who is swept by the current of the river is moving in the river. But, he doesn't know how the river is because the river is taking the man away. But, for a man floats on the river can see how the river is flowing; how fast and powerful are the currents, how beautiful are the banks of the river. The floating-man is not involved in the current. The floating-man is above the current and participates with the current. It is like the person who is swimming together for years and a person who is floating in a boat on the river. The one who floats has the joy. The one swimming, he has fear of drowning in it.

Astrologically speaking, at the time of ultimate realization, it is the realization of Pisces. Currently, Uranus in transiting in Pisces and is conducting certain things. The changes that we are experience continue to be for another seven years.