

**Merry Life Teachings**  
**Master KPK**  
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**Talk 49**

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**Audio:** [http://masters-call.net/pcast/en/media/2021-12-27\\_53\\_2021\\_12\\_11\\_vaisakh\\_merrylifeteachings-adityas.mp3](http://masters-call.net/pcast/en/media/2021-12-27_53_2021_12_11_vaisakh_merrylifeteachings-adityas.mp3)

Hearty fraternal greetings and good wishes to all the brothers and sisters who are relating to this programme of Merry Life Teaching. In two days-time we walk into the 11th moon phase, ascending moon phase of Sagittarius which is described by Master EK as the Day of Narayana. It is also the day of Advent of Srimad Bhagavad Gita. Lord Krishna had to speak to Arjuna the essence of Wisdom at the battlefield in the very beginning of the war. Imagine that there is a great war and the hero that defends the Law suddenly walks into depression and he says: I cannot fight this war and he says so many things which we all know. The main candidate who is to fight the war, shivers, gets into depression and says, 'I cannot any more participate in this process of war.' A man who is so completely depressed should be reinstated in a few moments' time. He had to instantly set him up because he was upset. What could Krishna have done no one knows. But the Seer Vedavyasa, he wanted to inform us. He wanted to inform us what Krishna did to Arjuna and whatever Krishna said to Arjuna, for a few moments, when Vedavyasa recorded them, it tended to be a teaching of 700 strophes. That is how it came to be. The communication could have been more in silence than in speech, isn't it? When war is on and the other party is ready to release arrows and spears, you can't sit on this side and have a seminar of Bhagavad Gita. Krishna did something and Arjuna regathered his energy and his will and he started fighting the war as he should. So, what Krishna did to Arjuna at that time, Vedavyasa wanted to inform the posterity. Consequently, Bhagavad Gita has come and he has inserted that Bhagavad Gita as part of

Mahabharata scripture. The beginning of the war happened on the 11th ascending moon phase of Sagittarius. It is an auspicious day and then 18 days the war was fought. Whatever Krishna said is conceived by Vedavyasa in 18 chapters and it is given to all of us. That wisdom remains to be the synthesis or the essence of Vedas, Upanishads, yoga and Brahma Sutras.

See, it happened, when the next time we meet we would be passing through that day so I just wanted to inform that 11th ascending moon phase is the day on which we can think of Bhagavad Gita as well because that is the day on which it came out. 11th ascending moon phase in Sagittarius is also of great consequence because it connects the teacher and the student in an excellent manner. When the teacher and the student are connected by the sacred sound OM the teacher becomes student, the student becomes teacher. That is another dimension of 11th ascending moon phase of Sagittarius. Krishna transmits his energy to Arjuna and Arjuna is filled with the presence of Krishna's energy and therefore, Arjuna stands in equilibrium to relate to what is to be related to. The connecting dimension between the teacher and the student is according to this. Gita itself is the sound, the sacred sound OM. I sing a strophe normally, *yatra yogeshwarah krishno yatra partho dhanurdharaha*, meaning, where Krishna is there, He is the Master of Masters, Yogi of Yogis, He is everything and Arjuna stands connected. He stood connected to Krishna through the bow. The bow means, it is a symbol. The bow is Om. *Pranavo dhanuhu*. I explained to you this in the Mysteries of Sagittarius. One of the Sagittarian mysteries is, when you work with OM you get connected to the Antahkarana in you and in the Antahkarana the Master is available. You can link to the Master. You and the Master together can move further and fulfil the Plan. That is why the last part of Gita is, it is said, it is Arjuna who stood with his bow meaning, stood connected all through with Krishna and together they have fulfilled. It is not that Krishna fulfilled or it is not that Arjuna has won the war. It is in togetherness a teacher and a student fulfil. It is the Soul and the Personality together, they fulfil. Student can be seen as the Personality oriented to the Soul. Teacher can be seen as the Soul as such. So, Teacher- student relationship fulfils. It is a dimension of Sagittarius. Once you are linked to the Teacher through sound, the characteristic of the Teacher is, He represents Jupiter. Therefore, He represents the sound.

All sounds emerge from the soundless sound, OM. The moment we say, 'Ommmmmm...' the student who is Sagittarian, that posits in Higher Muladhara, he relates to the Teacher who awaits the student in the heart. That is where Sagittarius-Leo is a great combination. Sagittarius-Leo is a great combination. Arjuna is a Sagittarian and Krishna is Leonine for this purpose. He is Universal but plays the role of a Teacher to Arjuna. This Sagittarius-Leo bridge is the fundamental upon which everything is built. Bhagavad Gita which is pronounced in the month of Sagittarius came into the world in the month of Sagittarius on the 11th ascending moon phase. People celebrate. We know only one thing-to celebrate everything and follow nothing. Isn't it? Everything is celebrated, nothing is followed. The very essence is that you should link to the Teacher and together with the Teacher you will fulfil because the Teacher leads you from the front though He may not be visible. He is called Purohita, He is one step ahead of you; he leads you from the front and he protects you. You all know from the story that it is Krishna who sits before in the chariot. Arjuna stands behind. Krishna protects Arjuna and does the work. It is such a beautiful protection that Arjuna was saved in the war. Likewise, in discipleship, a student should always feel that his teacher is walking before him and the student is walking in the footsteps of the Teacher. That is the beauty. Don't walk along with the Teacher because then you don't know how to walk. You just walk in the footsteps of the Teacher because the footsteps are there. He is walking before. You walk behind.

So, wherever you go, whatever you do, set your teacher before you. It is a dimension of Sagittarius. Then, the Teacher leads you to Leonine regions, makes you a light, Golden Light, introduces you to the subtle air of Anahata- I am repeating just for information- Anahata and the air of Anahata leads you

up, takes you to the regions of silence where you can listen to the voice of silence between Anahata and then the Ajna. Thereafter, the Teacher fulfils you and you tend to be a teacher thereafter to others. It is a dimension of Sagittarius that the student tends to be a teacher and he leads others in the same path. This dimension of Bhagavad Gita is also one of the events that relate to Sagittarius and Anshuman Aditya. The beauty of this Aditya is, he causes change of roles between Teacher and student. The student becomes a teacher and then he teaches the students. His teacher joins his teacher. Likewise, there is a Hierarchy of Teachers up to the Absolute. The Absolute is connected with the Cosmic Teacher whom we call Narada. Narada, Kumaras, the Seven Seers and the Hierarchy of Teachers that we have, you yourself constitute the line of Light and the line of Wisdom, the line of fulfilment and the work continues from Teacher to student.

Yet another dimension which I would like to inform you is, many times the Teacher whom you follow may not be your teacher. He may be assigned a task of teaching you. Many times, the Teacher who teaches you may be teaching you on account of a higher instruction coming for him. He may teach you up to a point and later entrust you to your teacher. This dimension is also available between the Teachers of Leo and Sagittarius. For example, Master Djwhal Khul was entrusted to Master Morya by Master Koot Hoomi. Master Djwhal Khul, who is the disciple of Master Koot Hoomi was entrusted to Master Morya for a while so that certain purposes are fulfilled by Master Djwhal Khul. So, to whom is he a student now? Is he a student to Master Morya or is he a student to Master Koot Hoomi? Later, Master Djwhal Khul was also directed by Lord Maitreya. So, who is his teacher? Wisdom is the Teacher. Wisdom, the Eternal Wisdom is the Teacher which is supplied through varied Teachers. So, when you are with Wisdom, you are with the Teacher; one teacher or the other. If you are with teacher and not with Wisdom, you get nothing and Teacher also disappears when you are not with the Wisdom. The connecting principle between Teacher and student is Wisdom. When you are with Wisdom, one teacher or the other keeps teaching you according to their availability. One teacher or the other keeps teaching you according to their availability if you are oriented to Wisdom. If you are not oriented to Wisdom, and you are only oriented to the name of a teacher or a form of a teacher, slowly the Teacher disappears because He has no work with you as you are not following Wisdom, as you are not practising Wisdom. Therefore, from ancient-most times, the students are advised to be with Wisdom so that one teacher or the other keeps teaching you. What is needed for you will be taught.

In the World Teacher Trust, in all these years, how many teachings are given? How many teachings are given? The teachings of Adi Buddha are given. The teachings of Jesus the Christ are given. The teachings of Master EK, Master MN, Master CVV are given. Teachings of Morya, Koot Hoomi and Lord Maitreya are given. Teachings of Krishna are given. Teachings of Count St. Germain are given. Are they different teachings or one teaching given by many teachers? Teaching is One; there are many teachers. Teachers have an arrangement between them. In accordance with that arrangement, certain teachers relate to certain groups and train them. All students should relate to Wisdom. All students should relate to imparted Wisdom by which they are also connected to the teachers. If you delink with Wisdom and try to relate to the teacher you are into a great illusion. We have many forms of teachers, many teachings and essentially, we have to relate to the Wisdom coming through them. The other day I counted in our circle- we have Lord Maitreya and many others around, a conclave of Masters. Invariably every Master teaching is given in all these 36 years. The idea is to connect the students to the Hierarchy and to prepare the students to receive Wisdom through any source as it comes. It is not that I only relate to this Master, I only relate to that Master. That is how a student starts with but he ends up relating to Wisdom and opens up to the teaching as it comes from any side and every side. Otherwise, we prepare cults in the name of teachers. After every teacher, there is a cult because they do not see more than the form of the teacher. The energy of Teaching or Wisdom it finds its own channel to teach through appropriate forms. Teachers are connected to you only because you are connected to Wisdom. If you

don't connect to Wisdom, the teacher is not connected to you though he is in the physical proximity also. Even if he is in physical proximity, you don't get anything from the teacher unless you are connected to him with Wisdom.

So, this dimension between Sagittarius and Leo is a great dimension. That is what I had put in the paper that I gave you. In this paper there are many mistakes because it was a fast dictation and never looked by...I never had time to go through it. For my purpose I prepared it. I also sent it to you but you also have to see the small mistakes here and there but take to the essence. Here I say: Those who lead others are led by the Higher Ones. Those who lead others are led by the Higher Ones. When a Guru leads the disciple along the path to Wisdom in tune with the law, the Guru is also led by his Guru. He is led by his Guru and he is led by his Guru and he is led by his Guru up to the Absolute; there is a Hierarchy. There is a chain of Hierarchy from the most-high to the earthly plane which is held in great veneration. The thread of Guru-Shishya is ever maintained in all the three worlds with their seven planes and seven sub planes up to Narada, the Cosmic Kumara. There is an invisible inter connect and they function in unison and according to a plan, in accordance with the plan. A Teacher of the Hierarchy knows this very well and therefore holds the thread of Hierarchy as the most sublime treasure to be guarded. Most sublime thing that a student should hold on is to think of the Hierarchy and its thread. We have an invocation- *Gurubhyo Namaha, Parama Gurubhyo Namaha, Parameshti Gurubhyo Namaha, Saptha Rishibhyo Namaha, Dhruvaya Namaha, Sanakaya namaha, Sanandanaya Namaha, Sanat Kumaraya Namaha, Maitreyaya Namaha, Shukaya Namaha, Vyasaya Namaha, Naradaya Namaha, Para Brahmane Namaha, Shri Krishna Para Brahmane Namaha*. Like that we...it is a way to open up ourselves. The problem is with the student. He quickly closes himself. The Teacher's Presence unfolds him but when he loses Presence of the Teacher, again he refolds back into a bud. He remains a bud, while the teacher opens him into a blooming flower. A dimension that is given here is, think of Hierarchy along with your teacher. Think of Hierarchy along with your teacher. Don't stop only with your teacher. The age-old hymn of *Gurur Brahma, Gurur Vishnuhu, Gururdevo Maheshwaraha, Guru saakshaat Parambrahma, tasmai shree Gurave namaha* is what we say. What does it mean? The Teacher of the Planetary System, Brahma, the Teacher of Solar System, Vishnu, the Teacher of Cosmic system, Shiva and the Teacher in whom all these three Teachers merge is Parabrahman. Let them relate to me and enlighten me. This is how we say in that scheme. I offer my salutations to the Teachers of Planetary System, Brahma, to the Teachers of Solar System, Vishnu, the Teachers of Cosmic System, Shiva and the One who presides over all this, Parabrahman. How beautiful it is! But our mind is so narrow and is constricted, we don't imagine these vast dimensions of Teacher. That has to be done. This is one thing I thought I should inform you.

Another dimension is, a responsible teacher never speaks of his teacher. A responsible teacher never speaks of his teacher except in very inevitable situations. If you, do it, if you frequently speak of your teacher and his name, there is a penalty in the Higher Circles. Why do you utter forth a sacred name for nothing, without purpose? Uttering forth the name of the teacher is not recommended. Using the name of the teacher has consequences. Abusing the name has penalties. Abusing the name of the teacher has penalties. That is the reason why teachers also do not quickly accept students as their students. Because an accepted student or disciple, his actions bind the teacher also. A student can uplift a teacher by his actions. A student can pull down a teacher by his ignorant actions. Because their relationship is like father and son, the son's actions can pull down the father. The student's actions can pull down the teacher. So, accepting the disciple has certain regulations which you all know from the teachings of Master Djwhal Khul which I have very well laid out all over the world. Students are not accepted in the heart until the teacher is satisfied that he can take responsibility in relation to the student. The teacher transmits Wisdom through his teachings and action but never quotes the name of his teacher. See, when Madam Bailey taught, who was her teacher? Generally, we think it is Master

Djwhal Khul. Later, it came to be known she was guided even by Master Koot Hoomi. Likewise, when we speak of Madam Blavatsky, the teaching came through Master Djwhal Khul, it came through Master Koot Hoomi sometimes in the Secret Doctrine. So many teachers cooperated in bringing out the Wisdom as is contained in Secret Doctrine.

You see, in the teachings of Master EK the teachings of CVV came through, the teachings of MN came through, the teachings of Maitreya, Lord Krishna, so many teachers. So, to whom does he belong? How do you decide? It is Wisdom not to decide anything. Just to follow the Wisdom. Mostly what we think is not correct. That so and so teacher is a student of such and such a Master. It holds no water. It holds no water. The teacher's Teacher is only known to the teacher and not to the group at large. The teacher's Teacher is known only to the teacher and his teacher. The group does not know because it is irrelevant to them. Only a handful of confidantes in whom the teacher has confidence know. Transmission of wisdom and demonstration of wisdom are much more important than transmitting or publicising the name of the teacher. Transmitting wisdom through action, transmitting wisdom through teachings is of paramount importance. Transmitting the names of the teachers is not as important as that and many times not recommended. Only because now, there is a plan to externalise the Hierarchy the teachers' names came out. In Puranas, the teachers' names are there since 5000 years. The name of Maitreya we know only ever since the advent of Madam Blavatsky. It is there in Puranas. The name of Maru was there in Puranas. Devapi was there but only when they wished to externalise themselves, they came out to be and there are so many teachers. So, what I wish to inform you is, be with the Wisdom, the Teachers are with you. If you are only with the names of the teachers and not with the Wisdom and its practice, you neither have Wisdom nor do you have the presence of the teacher. You lose it. That is what I am informing as a dimension coming from the teacher-student angle. The teachers are as choosy of students as students are choosy of their teachers. This is because the acceptance of a student has its own consequence. Many times, a student may pull down the teacher.

There is interchangeability of teachers amidst schools of accepted disciples. Ashrams frequently cause exchange of students for all round development. This is a new dimension recently opened. It was there before; it again is now. Students are exchanged between ashrams who accepted students. See, Master Djwhal Khul, after receiving his initiations in Himalayas, he was sent to Nilgiris for further training in certain dimensions of Wisdom which we can see in the book, 'Man Sacrifice.' Wisdom is also eternal and the learning is also eternal. According to need, you are sent to different Ashrams and you learn over there. In recent times, say 100 years, there is active exchange of students' inter-seer. The students of CSG, St. Germain, Master Moria, Master Koot Hoomi, Master CVV, Jesus and the like they are all exchanging students between them. That is why in the World Teacher Trust there is such admiration to all round teachings and people, according to their soul quality, relate to the teachers and the teachings. This is only a way to synthesise all the teachings.

Teaching is but the chief functioning of Jupiter and Jupiter is in association with Anshuman Aditya that a beautiful, all round, comprehending, synthesising Sun which is golden in colour. Another great dimension of Anshuman Aditya is, the thrust he gives to the aspirants. This thrust is very important. That is what we call fiery aspiration. As long as there is aspiration, we continue to relate and grow. When the aspiration is not there, it is like putting off the stove. If you put off the stove, nothing cooks. If our aspiration is low sometimes and very high sometimes and absent sometimes, how do you see the dish that is cooked? There has to be a constant enflaming, isn't it, for the dish to be uniformly cooked? Those who cook know, when to set the fire, how to improve it, how to set it to a cruise mode where the cooking happens. There should be consistent and constant supply of inspiration and that comes from the higher Muladhara which belongs to Sagittarius. And the month of Sagittarius gives

enough fuel for the year to come through the sun rays that the man stands in inspiration. When inspiration is there, the connections are fast because the power of Fire, the force of Fire lifts up the Light in Leo. And then, Leo hands you over to the Anahata centre, I am repeating, where you have the work of Air. Fire entrusts you to Air. Air leads you; Anahata Air leads you to the throat where you have the Fifth ether called Akasha where you will be able to listen to the Sound of Silence. And that Sound of Silence leads to the higher realms up to brow centre where lot of Wisdom is silently informed to you. The plan is revealed to you in silence, the work is revealed to you in silence and in silence you learn, in silence you grow, in silence you unfold and silently you carry out your work with the help of the lower centres. But your approach is to move up. Because the Fire of Sagittarius leads you further until you reach Aquarius. That is where Gemini leads you to Aquarius and Aquarius is the top of your forehead where you have seeming nothingness transforming into apparent something. Aquarius is the sun sign where to be or not to be is realised. To be or not to be are both, called *nasatyas*, is realised. The bridges are built with the help of the aspirations that you carry. Therefore, you should never neglect it. Aspiration should be kept intact at all times. That is why some of the teachers keep the flame on all the time. You may have seen from the writings of Madam Blavatsky. She saw cave temples in Himalayas where flames are burning over centuries indicative of the Will of the Teacher. If you go to Shirdi, we go to the Ashrama of Satya Sai Baba where he has lit a fire. He said, 'As long as he works, that fire continues to be.' So, people crazily go there and collect the ashes, apply to their foreheads. But that fire is on, never says he has put it off. The fire of a teacher is ever on. It is always there. Why because he is connected to the most-high circles. So, we take the example and move forward.

The higher bridge that Master CVV speaks of is from the brow centre to the higher Ajna which is a vertical line within the forehead. I informed you the other day. From throat it is all silent work up to the brow centre, various layers of silence, various layers of Akasha where you realise all dimensions of sound including the seed sounds, they are functioning. Thereafter, from brow centre there is a vertical line further up to the top of the forehead. That is what I was mentioning to you as the vertical, vertical level. It is also the vertical that Master EK used to hold according to the family tradition he belongs. It is a pledge. People do not fulfil but they put on the brow mark but it was different with Master EK. There are outer traditions but there are inner dimensions. Symbolically... this is what I have already informed, I don't have to repeat.

The connection from Sagittarius through this zigzag path - you know this zigzag path which is called the Z form? Master CVV calls it as Z form, zigzag path. It is also called the Path of Five Rivers. It is also called the Land of Five Rivers, the Land of Five Rivers. From Alps there are five rivers emerging. From Himalayas there are five rivers emerging. This Five Rivers business is all symbolic. There are five pairs consisting of 10 sun signs. Virgo-Scorpio is one where the next pair is Sagittarius-Leo. The next pair is Cancer-Capricorn. The next pair is Gemini-Aquarius and the next pair is Taurus-Pisces. These are given in Secret Doctrine. These are again given in Spiritual Astrology of Master EK and they are given in the stories of Mahabharata as the Land of Five Rivers, Punjab. It is also said in the story of Jesus that he had five loaves of bread and two fishes. In varieties of ways the Teachers keep on teaching but when you relate to the Antahkarana the beauty is, all things are revealed and synthesised. It is not that you understand things in bits and pieces. Everything is understood and is also synthesised and the beauty of varied presentation is known and you are much more enlightened, your comprehension is enlarged and you will be able to do things better, inform things better. That is how it works. So, the most important dimension again is in Anahata, that is the heart centre. There is the blending of the Light coming from the Fire. See, the Fire in Sagittarius is the Light in Leo. The Fire in Sagittarius is the Light in Leo. The reddish flame, golden flame with reddish tinge in Sagittarius tends to be a yellow hue, golden hue in Leo and then the Lotus of the heart relates to Air due to respiration. So, the Fire joins the Air there. That is where the chemistry is. Fire and Air are good friends as I said last time. Air leads

Fire into further realms. And the Fire is nothing but your conscience, your own Consciousness. So, you are led up. You are taken up and up and up and you tend to be different shades of the same Light until you become the blue and then the deep blue that you are. Space is blue, you are blue, there is blue in you, there is blue outside and through Gemini, the blue outside joins you and the blue inside joins outside. This bridge is excellently built through throat centre to Ajna by which many realisations happen. This is also a repetition but better you note it; in your mind, not on paper because if you note on paper or some other instrument, it remains over there. But if you retain in your Conscience it remains with you all the time. That is why in olden times, teachings were never allowed to be recorded. No notes were prepared. You were supposed to listen to the teacher, absorb into your conscience and then start functioning with it. This noting, recording and then re-listening are the modern methods but the focus is not as much as before. Please remember, when Fire and Air join in a proportion you realise Akasha. When you realise Akasha, the chemistry relating to it is better known to you. That is the fifth ether which Paracelsus calls as Ens Premium.

All alchemy happens at the throat and the jurisdiction of the throat centre is from throat to brow. And it all depends on how you use your sound and how you relate to silence. Without your knowledge of working with sound and relating to the silence you do not grow further into the realms of the Wisdom beyond the heart. The Fire and Air joining Akasha in Visuddhi makes a triangle to give you the realisation that you are the pulsating space within the body. You are the pulsating space within the body and this space is pulsating outside. Space pulsates, that is the Heavenly Man. Space is pulsating in us; we are the descendants from the Heavenly Man. We can relate to the Heavenly Man, Heavenly Man can relate to us, that is the work in Gemini. With every breath, with every inhalation you bring the Heavenly Man into your heart region. With every exhalation, you go and join the Heavenly Man who is around in the surrounding. It is an activity of relating between the God in man and man in God or between God and Son of God. Many are the terms- between Narayana and Nara, or between the Universal Soul and the individual Soul. The connecting centre is Gemini. That is how Master Djwhal Khul dedicated many pages in Esoteric Astrology when he spoke about Gemini and Sagittarius. That pairing is important. By that what happens is you get into the forehead region and ultimately connect to Aquarius which is the ultimate when it comes to this Anshuman is concerned. This is Air and Fire work which is initiated by Anshuman. We further know other bridges also that we move with the other Adityas. This is one dimension relating to this Aditya if you may kindly make note of.

One more dimension is the horse-headed God, Hayagriva. Hayagriva. Haya in Sanskrit means, the horse but Ha and Ya, they are seed sounds also. The sound for Ha initiates in Sagittarius because the thrust is from there. Ha. Yam or Ya is the sound in Sahasrara. So, connecting the whole system of the seven centres gives you all Wisdom. All Wisdom. That is why this deity is considered to be the deity that presides over the entire universal Wisdom. How do you realise it? The same process of yoga. Same process of yoga when you reach up to the brow centre, you reach up to your brow centre with the help of the sound SOHAM SOHAM SOHAM SOHAM SOHAM and then slowly, what we do is, we to realise Wisdom a specific sound is given. That sound is HSOUM, H-S-O-U-M. It is wrongly typed as H-A. There is no A there. H-S-O-U-M. HSOUM. It is a reversal of the sound, a kind of glorification of SOHAM for a particular purpose. There are students who would like to get into the realms of Wisdom, all branches of Wisdom and then gain the synthesis of Wisdom because among humans there are seven rays and each one is guided by his own Soul Ray. The Second Ray Wisdom is the Wisdom of Synthesis where you would like to know all branches of Wisdom, synthesise them and re-present to the students for eternity. It is an activity by itself. Such of those aspirants, they relate to this sound HSOUM. H-S-O-U-M. HSOUM is the sound. It gives an additional push from brow centre to Sahasrara with the help of OM, OM. HSOUM. Ha, we can feel Ha in the throat centre. We can feel the sound of S in the brow centre. The rest is Ommm. HSOUM, HSOUM. In the initial years we did these mantras before the class.

Every time some mantras are chanted out and their details are also given in the form of books. And those who wish to they can relate to it. It helps us to realise the energies that are present from Sahasrara to the throat centre. From Sahasrara to throat centre you cover entire Cosmic System and also the Solar, part of Solar System. Therefore, relating to the centres above Visuddhi, uttering the sound HSOUM, it's a practice, it has its own discipline relating to the sound, relating to food, relating to Ficus tree, relating to the waters into which the roots of Ficus are soaked. All those details I gave before. Apart from that, because Ficus is not available everywhere but Hayagriva is available to every human. What is important is, that you take to the centres from throat to the Sahasrara, feel the sound of H, Ha, feel the sound at the throat centre, feel the sound of S at the brow centre, and feel the sound of Ommm vertically up to Sahasrara where you feel the resonance of the Sahasrara. HSOUMMMMM. You don't do it vocally. You will do it mentally. You will do it silently and you follow the vibrations of the sound as OOOMMMMMM moves up. It is the way. It is also the way suggested in the 8th Chapter of the Bhagavad Gita. In the 8th Chapter of Bhagavad Gita Krishna says, 'You can even go beyond Sahasrara by practising Ommmmm.'

Practising Ommmmm, as I said, is not uttering OM but listening OM. That is the beauty. Initially, we utter Om but later with every exhalation, you should be able to feel the unuttered OM. Only then you are fulfilled. This requires a quiet place and a quiet attitude; you are mentally silent and your awareness is moving into higher regions. You go up to Sahasrara and then even move out of Sahasrara. So, this region from throat up to Sahasrara with this sound and then coming down, you come back with Wisdom and you stay in the face. You stay in the face. The face of horse is taken as a symbol for it. The head of the horse is there. Up to the throat the symbol is given. From the throat of the horse, the entire head of the horse, a white horse is given as a symbol that you find this kind of relation going up to the Sahasrara and coming up to the tip of your nose. It is given as a symbol and this symbol is called Hayagriva meaning, Griva means the throat, the vocal cords from where you utter forth. Haya's Griva means Horse's neck. Neck onwards the head of the horse is called Hayagriva. This dimension, relating to the unuttered Om from the throat up to Sahasrara and consciously coming back to the tip of the nose. You go like this and from there return. This is what is practised again in this month. Many practices are commenced in Sagittarius because that is where your entire goodwill comes to your aid. Ninth house. Ninth house. Sagittarius is the Ninth house. Man's goodwill in its totality aids him in his Ninth House. Man's limitations in totality come to him in his Eighth House. Man's defects, they come to him in his Sixth House. We all know Astrology to some extent. Ninth House is such a thing, it leads you to fulfilment in the Tenth House. Tenth House of the zodiac, Capricorn itself is a sign of fulfilment. How can fulfilment be unless you make use of all those energies which you have, you focus it and move forward and reach this state of your original being. This state of our original being is, THAT I AM, THAT I AM, THAT I AM, THAT I AM, SOHAM, SOHAM, SOHAM, SOHAM. So, this realisation, it becomes possible. Therefore, varieties of practices are given in the month of Sagittarius.

Then there is the beautiful story of Garuda which I have been mentioning to you which is a story of working for releasing others from their slavery. Working for releasing others from their bondage. The more you work to release others from their suffering, you grow. Garuda, he had to work to release his mother and his clan from slavery. In that process, he is also released from slavery. Otherwise, he was also a slave. He had the relation with his father Kashyapa meaning, the Leonine energy and he guided him. Those steps I have given in the paper that I gave you. Garuda neutralised the Sixth and Eighth House dimensions in him, neutralised dualities in him and overcame his own personality dimension which normally tries to overpower the Soul dimension. He has also overcome that. He could get the nectar, bring it back to earthly regions and then release his mother and his clan from the slavery of snakes. When we speak of snakes and serpents, they are all horizontal energies, beings who are relating to the objective world. When we speak of eagles and birds we are speaking of vertical energies. When

we wish to develop vertical energies, we have to overcome the impediments that you face from your horizontal energies. It is full of dimensions which we spoke in '95. But if you want, I can again speak to you. You don't have to worry because in the next class we have Q&A session and this Q&A session can continue until you are cleared of the Vishnu dimension of Scorpio, and then Anshuman dimension of Sagittarius, the questions can be asked. I will joyfully answer as many questions as possible and we move on. This is how I thought I present to you a few dimensions of Anshuman but you would do well if you relate to what is said by Master Djwhal Khul in Esoteric Astrology regarding Sagittarius and Gemini, and then in Master EK's book on Sagittarius and Gemini. We have to... available literature we should get thorough and hold it in our conscience so that the teaching helps us further. Otherwise, every time it looks to be new, it looks to be fresh. That should not happen since we wish to progress with the teaching. That is how it is. Some more dimensions relating to Anshuman.

Anyway, in some more days to come we step into Solstice and then the birth of the Saviour. Before that we will clear whatever doubts, we have in relation to the Aditya of Scorpio, Aditya of Sagittarius. Just to recapitulate to you, the Aditya of Virgo is Vivasvan. Aditya of Virgo is Vivasvan. Aditya of Libra is Tvashta. Aditya of Scorpio, Vishnu. Aditya of Sagittarius, Anshuman. Repeatedly when we utter forth, they remain in our conscience and next time when we meet with another Aditya relating to Capricorn, we will know one more name and some stories relating to them as they are in puranas. The idea is to connect you to Adityas and some of the events relating to these Adityas as they are mentioned in Puranas. It is a step where I am trying to give you additional information which would give us additional inspiration to fall in line with the path of Light and move forward. Thank you. Namaskaram.