

Merry Life Teachings
Master KPK
30th October 2021
Talk 44

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<https://www.youtube.com/watch?v=YvYqhL0P7jE&list=PLsH2l6BIGH3b4sFdfDUvdUAIqVV8-JaSS&index=12>

Audio: http://masters-call.net/pcast/en/media/2021-10-31_49_2021_10_30_vaisakh_merrylifeteachings.mp3

Hearty fraternal greetings and good wishes to all the brothers and sisters who are gathered here to relate to Vishnu Aditya that presides over the energies of Scorpio
Vishnu is the revealer, is the initiator. Vasudeva gives us an expansive awareness that enables us to experience the solar planes, and Narayana is the cosmic deity who presides over the whole universe. This is the theme which we are considering since two classes. The idea is to understand the meaning of

Narayanaya Vidmahe Vasudevaya dhimahe tanno Vishnu Prachodayat

Let Vishnu initiate, or even alert our wills by our contemplating upon Vasudeva, the Lord of 12 dimensions, or, 12 Adityas, or, the 12 zodiacal signs, to realise Narayana. This is the idea. In that context, I have been explaining to you, how Vishnu presided is in the six centers of our body from Agna to Muladhara and the related mantra is,

Om Vishnave Namaha.

As we continue to contemplate upon the six centers in the Antahkarana sareera meaning, the internal side of our being which exists in the spinal column. All practices related to wisdom

are internal and the internal practices enable internal linkup, and such linkup enables a garland of awareness within us, which in turn causes unfoldment from within, and enables us to experience from within, the outer ambience. The occult wisdom is not perceptible to five senses. It requires extra sensory perception, and that happens only when we take the practices into ourselves. Not try to do so much outside. So therefore, Vishnu has to be contemplated in the six centers in us from Agna to Muladhara. The six centers are but the pairs of zodiacal signs or the 12 sun signs represented by the twelve Adityas. Twelve are the Adityas that rule the solar being and they govern the whole universe consisting of solar systems. These 12 Adityas, they exist in the 12 parts of our body, that apart, they are condensed further into the six centers. Condensation is what happens when there is formation of creation from subtle to gross. From Narayana to Vasudeva and from Vasudeva to Vishnu, there is the formation of cosmic solar and planetary systems which we call Suvarloka, Bhuvarkloka, and Bhuloka. In Bhuloka, there is condensation, and matter holds tight the spirit. The consciousness is also somewhat conditioned, and there is dominance of material. In Bhuvarkloka, there is not so much of dominance of matter over spirit. Matter and spirit are almost equal. In Suvarloka, the Spirit dominates. Spirit dominates the cosmic plane. Matter and Spirit have equal impact in the solar plane. Matter has greater impact in the planetary plane. This is how we have to understand the broad understanding of the Universe in its three-dimensional fashion. It can be elaborated into seven planes where in the top three planes, the Spirit is much more dominant than the Matter, and in the lower three planes, the Matter dominates the Spirit, and in the middle plane Matter and Spirit are equal. Like this we generally know when Matter dominates there is condition. In the space in between, you feel the congestion. It is like being in a prison. Or like being in a pigeonhole where a pigeon lives. The more and more we are into Matter, the more and more we feel the congestion of life. A kind of imprisonment of life. So, man has a chance to move into higher planes and feel less congestion, and even comfort of being within the system. So, Vishnu, in the planetary plane, he exists in the spinal column from Agna to Muladhara, and Vishnu as principle, as an Aditya, is a permeating principle. It cannot be impeded. Vishnu principle is all permeating principle. It cannot be impeded. It cannot be conditioned. So, the more and more and more we invoke Vishnu in these six centers through the six sounds... "Om Vishnave Namaha", those are the six sounds relating to him from Agna to Muladhara. Slowly, we try to link up the six centers of the body. And, when they are linked up, they tend to be much more effective, and then they cause the needed expansion from within, and that expansion enables us to permeate our awareness into our being in a much better manner, and even permeate into the surroundings. When it comes to a master's Wisdom, his energies or his awareness permeates into a few kilometers all around. That is how it is.

Therefore, it is a matter of our associating as individual souls. We associate with Vishnu energy which has the inherent quality of expansion of awareness, expansion of consciousness. For that, what we do is we build a bridge or a ladder between the six centers by consciously invoking

Om Vishnave Namaha
Om Vishnave Namaha
Om Vishnave Namaha

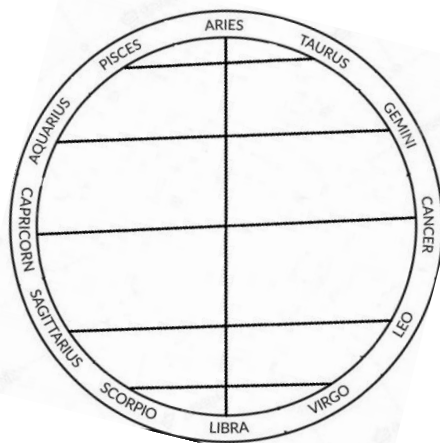
and concurrently, we are also given the discipline of observing all forms as Vishnu forms. This is the outer practice. In the objective life, whatever we see, we should see that it is a form of Vishnu. Because all is made up of one divine energy. In different planes, it is called by different names like Narayana, Vasudeva, and Vishnu. So for every form is form of Vishnu. And in fact, the form is held together inside by this Vishnu energy, which is the cementing force. Be it in atom, be it in plant, be it in animal, be it in man, the Urukrama

energy, that is what we call, it holds together from within, the form, intact. That is why Vishnu is also called Urukrama. Holds from within by descent into the center theme of that form. So, when we consistently and continuously observe the forms as forms of Vishnu in the outer, and then contemplate upon the six etheric centers in the cerebrospinal column, slowly the Vishnu Energy, starts permeating. It starts working connecting itself. This is what is also called by Master CVV as “AXIS ARRANGED HOURS”. When the axis of the spinal column and this Agna, when they are connected, you are more energized, and you are more reinforced, and from within there is a kind of expansion that keeps happening, enabling better understanding and better perception of things. While it happens, and when the practice is good, slowly the student tends to be more and more self-regulated, because he is controlled and guided and regulated from within.

A true aspirant always gets guided from within and regulated from within. It is a fundamental dimension that every aspirant tends to be self-restrained, self-regulated and self-guided, and is not easily drawn away by the outer forces. The outer life will not decide his day. Instead, he decides the way and conducts himself meeting the outer requirements. Normally for a normal man, he decides, he makes a plan for the day. But the outer life influences him so much that his plan remains in abeyance. All outer things overpower him and get things done according to the outer requirements. But that is not the case with a man who is self-restrained, self-governed and he is in a continuous and regular practice in relating to something which is connecting to the Light within. So, when we connect to the Light within in the cerebrospinal column regularly, the self-regulation sets in and your outer life gets regulated. You don't move out for nothing, you don't speak for nothing, you don't do things for nothing. Everything slowly is tailor-made to the purposive and purposeful. So, this “Om Vishnave Namaha” enables this kind of self-regulation which is called in Bhagavad Gita as the state of *“yukta āhāra vihārasya”*

So, when this happens, what happens is when you form the axis within you, Virgo and Scorpio, the two sun-signs in you, tend to come together in their energy. Virgo stands for service, Scorpio stands for unconditional, motiveless Will. Unconditional, motiveless Will is the quality of Vishnu in Scorpio. Normally people do good acts or other acts with motives. And, even, when they do any act, they have some expectations and some conditional way of doing things. But in Occultism, the fundamental quality is that you have no motive in doing things. Your service has no motive except to helping the people. You don't have motive for self-aggrandizement, you have no motive to control others, you have no motive to dominate others. With the power of knowledge that we have, you have no motive to use others, all those die. That is what is called unconditional service, and motiveless service. Unconditional, motiveless service is the fundamental quality which sets in a student who regularly practices within. That is where in Astrology, it is said that Virgo and Scorpio come together as one pair. It is the first pairing that happens, and that forms the platform for further functioning. The second pairing that happens is between Sagittarius and Leo. Sagittarius, the diagram given to you, in the last papers I have given, you can look into them.

The 12 Adityas pair up to be six in number as under:



When this pairing happens, the fire in you, that is in Sagittarius, which is called the latent heat, joins the pranic heat in Leo, and then your energy is lifted up to heart center which is this combination of Leo and Sagittarius. Before that it is Virgo, Scorpio, bringing together an organized energy into you through regular service. Life transformed itself into service. That is the first step. Second step is, Sagittarius, heat in the body, active heat in the body, associates with the pranic heat, which comes to you through respiration up to diaphragm, and they together enflame, and then the Kundalini energy raises, and you feel instantly, the respiration pulsating principle in the heart center. That is what happens with the second pair, that is Sagittarius and Leo blending their energies together. When Sagittarius and Leo blend their energies, and the heart is active with respiratory and pulsatory activity, then comes the third pairing and that pairing is pairing of Cancer and Capricorn. With the pairing of Cancer and Capricorn you are drawn deep into the layers of your heart center. We all know that the heart center is presided over by the Anahata lotus which is of 12 petals arranged in four layers of 3 petals each. It is a lotus of four layers with three petals in each layer. That is how the twelve petals of the lotus are in the heart. You are drawn deep into the heart lotus to connect to the Sushumna within the heart center. That is what happens in the third pairing, between Cancer and Capricorn, and then you are deep down into your own being into the Sushumna and you are oblivious to the objective world. Then there is another pairing that happens between Gemini and Aquarius. Consequently, you move vertically from throat to the upper part of the forehead which is where Aquarius is located. Gemini to Aquarius, this is the pairing, the fourth pairing that happens where man gains access to the divine word. Because the word is itself from the higher circles, via Mahat to the vocal cords in Gemini. There it gets expressed and he has access to the impressionable teaching, impressionable writing, impressionable listening, all that is from higher circles is made available to him on account of this pairing happening in him. Gemini and Aquarius. And the final pairing, the fifth pairing, is Taurus-Pisces pair, where you reach top of your head, and you get a complete expansion for your consciousness from beyond your Cerebrospinal column into the surroundings, into all the twelve dimensions of Adityas which we call the status of Vasudeva. From Vishnu to Vasudeva, via the Zodiacal signs, there is an expansion of, and there is a specific practice that is recommended for this which is in a very cryptical manner stated in the books, "Secret Doctrine" by Madam Blavatsky, in the third volume of the original volumes of five. It is also stated by Master EK in his Spiritual Astrology in a slightly different manner.

But if you are intuitive enough, and depending upon your fire of aspiration, you catch up to the insight relating to what is presented, and you know the purpose of pairing of these sun signs. This is where astrology helps us on the spiritual dimension. The esoteric astrology

coming from Master Djwhal Khul, and the spiritual astrology coming from Master EK, they are meant for the human to realize himself as son of God, and a microcosm, in relation to the macrocosm whom we call the cosmic person. So, this expansion is possible with or without the knowledge of Astrology. This is important. Knowledge of Astrology is an additional advantage. But even without that, when you regularly practice this Mantra, "Om Vishnave Namaha" and then relate to the forms as Vishnu, and then conduct your life, transform your life into a life of service. Slowly, the inner dimensions they keep, taking up themselves, and things reveal from within. That is how the twelve zodiacal signs, they pair up into six pairs, so that these six pairs of which Aries and Libra, they form the axis, while the other 10 signs form into five pairs of ten sun signs. That is what is given symbolically in the story of Jesus, The Christ, that he had two fish and five loaves of bread, and he multiplied them. Once your consciousness, which is posited in the cerebrospinal columns as six centered Vishnu, when it is linked up and finds its expansion into the status of Vasudeva, the entire world around you, its cooperation is available to you. And then you can do greater deeds, grandeur deeds and deeds which are not normal. That is how many sages and seers in cooperation with the surrounding five elements, and the zodiacal signs, they keep receiving the cooperation and do acts which are supernatural. Just like Jesus has multiplied the five loaves of bread and two fish we too when these practices are complete have that state of awareness. This is what we call transformation from Vishnu to Vasudeva. This Vishnu to Vasudeva is a step where, from form to formless life, we move.

If we see the books written by Master Djwhal Khul, he writes so much about shifting our awareness from form aspect to life aspect. Every ten pages you find this word, shift your awareness from form aspect to life aspect. The life aspect is Vasudeva. The form aspect is Vishnu. Vishnu gives the way towards Vasudeva. The being which is within the form in association with Vishnu finds the needed expansion to overcome the limitation of his own form. So, we are all limited by our own forms. And our form troubles us. And we feel the imprisonment of the form on account of our inability to relate to the form in its appropriate way. The five elements that constitute the form, the Akasha, Vayu, Agni, Apas and Prithvi, that is, the fifth is the air, the fire, the water and the matter in us. Their appropriate proportion gives us the ease of being in the body. When their proportion is out of order, when it is disproportionate, you have discomfort of staying in the body. And all the sun signs, they are all sun signs relating to air, fire, water and matter and their synthesis is Akasha. Therefore, if you see the Zodiacal signs, you find three airy signs, three fiery signs, three watery signs, three signs of matter. And these three signs are three different states. For instance, three signs of air, one is spiritual air, the second is midair and the third is mundane air. Aquarius is seen as the spiritual air, Gemini is seen as the midair, Libra is seen as the air of fashion or mundane air. Likewise, when it comes to Fire, Aries tends to be electrical fire, Leo tends to be solar fire, and Sagittarius tends to be frictional fire. When it comes to Water, Pisces tends to be spiritual water, and then Scorpio mid water, and then Pisces is the spiritual water, i.e., the sky water, Scorpio is the mid water, Cancer is the water, the salty water on earth. That is how the water is seen. And when it comes to matter, the mundane matter is Taurus, the pure matter is Virgo, and the spiritual matter is Capricorn. That is how these four elements in three gradations, they are arranged in the Zodiac. Another way that the Zodiac is arranged is, we have a cardinal Cross of Aries-Libra, Cancer-Capricorn. That is a cardinal Cross. And then we have a fixed Cross, where we have Taurus-Scorpio, Leo-Aquarius, where you are fixed. And then there is the mutable Cross where the whole world works. It is Gemini, Virgo, Sagittarius and then Pisces where mutability is there, meaning you are not very fixed in your ideas. You are changeable, you are not fixed on your path. This is another way of looking at the Zodiac.

This zodiac can be seen in variety of ways. One is, as I said, pairing up to six energies. Another is seeing it in four-fold manner with the cardinal Cross, fixed Cross and then the mutable Cross. And then still another way is, to look at in terms of the triple gradation by which we have again four different elements functioning in four different ways in the Zodiac. Therefore, when we study astrology, it is not that you compartmentalize and study independently, not relating one with the other. There is a great relation between each sun sign. And that has to be studied in a variety of combinations, either by pairing, or by causing triangles, or by squares. By squares you get to the Crosses. By triangles, you get to the connections with the elements. By pairing you get the supplementary aspect, and by squaring you still get another dimension. By opposition, you get the supplementary dimension. Therefore, every sun sign in relation to every other sun sign shall have to be studied to make a proper understanding of the twelve-dimensional energy of Vasudeva. The twelve-dimensional energy of Vasudeva is fully understood when the sun signs are thoroughly studied and also their relation is studied, and these relations are very well described again in the esoteric astrology of Master Djwhal Khul. He gives so many triangles in relation to relation to every sun sign when he taught esoteric astrology. So also, in spiritual astrology of Master EK, he gave many combinations. He also suggested another combination of studying together alternating sun signs. Alternating sun signs are friendly. For example, Scorpio, then the alternating sun sign is Capricorn. They are friendly. And then from Capricorn to Pisces. Pisces to Taurus. And then Taurus to Cancer. Cancer to Virgo. Virgo to Scorpio. This is another six-dimensional way of looking at things.

So as many varieties you work out and find the recipe coming from the combination of energies and with planets placed in different sun signs, you gain your own insight through your own intuition. An understanding of the zodiac, where you see the functioning of the god immanent through his twelve dimensions. And that god immanent is whom we call Vasudeva. This Vasudeva, he functions then and there. He does not require form. He manifests through any event and help you. He can guide you, and all prophets all over the world who guided humanity, they were all connected to this god immanent, that through events, through tree, through animal, through plant, through signs in the sky, and through any means, you get the message of God and you function to fulfil. That is how Mahatmas function. Be it in the East or be it in the West. You do not have to relate to a particular form because all forms emerge from Vasudeva to Vishnu. In the case of Jesus, the Christ, he rose through his own practices. He rose to gain connection with this status of Vasudeva which is called Christos in the West. In the West, Christ in his higher dimension is called Christos, and in the eastern scriptures, Vishnu in his higher dimension is called Vasudeva. For example, when Draupadi, the lady of the sons of light, when she was in trouble, it was always the Vasudeva dimension that helped her in all crises. All devotees, regardless of the form they worship, they get the help through some means which cannot be predicted before. That is what is called the Vasudeva tattva and this dimension is what we have to contemplate. That is the twelve-dimensional god that functions through the twelve zodiacal signs with twelve Adityas, and then for that purpose, we relate to him via Vishnu. This is the meaning of this mantra. Via Vishnu to Vasudeva, because Vishnu is the energy permeating the form, and he has the ability to initiate us into the state of Vasudeva. Once you are initiated into Vasudeva, you are much more accessible to the energy divine, and the energy divine also can access you with greater ease. That is the facility. That is why for a disciple of God, it is easy for him to function through him. Because the response apparatus works faster through such a devotee. Therefore, Vasudeva also looks out for beings who are in tune with the energy which permeates all around. His outlook is not narrow that he limits his energy to a form and to a name. He is trying to relate to every form and every name as divine form and then he is trying to relate to the Lord that surrounds oneself.

That is the status of discipleship. From form to formlessness, we move. From form aspect to light aspect. In all forms we see Vishnu, and we try to relate to them in all situations, you are moving in these elements only, these five elements only. And it is pervaded by the Vasudeva dimension and Vasudeva can contact you. From his side it is easier, and for you to contact Vasudeva, it is equally easier. That is how the Masters of Wisdom, they are in connection with Vasudeva and fulfil the activities in a place at a time according to the divine plan. That is how it works. But for Vasudeva it is another way of working. If you see the events in the life of Lord Krishna, he generally stays as Vasudeva, as all-permeating divinity and functions through a form. That is why, if you see many of the presentations of Sri Krishna, specially coming from ISCON, they see a grand form behind and a normal form before. That grand form functions through this visible form. The invisible grand form is all permeating. The visible form is what we call Vishnu through which it works. Krishna has demonstrated and gave vision to some of the beings in Mahabharata time. He enabled them to realize his form of Vasudeva. He did so with his mother. He did so for Arjuna at the battle. He did so at the royal court for the benefit of the kings who are itching to fight. To all of them he showed what he could be. But then again, they were overtaken by Maya. Krishna generally functions as Vasudeva, meaning he is beyond form. And he can function through a form. And he chose a form to function, that is what we generally depict, with a flute and a peacock feather. A beautiful form we project. But that is only a means for him to work. But he has many other means to work. Every form is a means for him to work. Every event is a means for him to work. So, he generally stays as Vasudeva which we call Christos in the west. That is a state of twelve-dimensional god, while Vishnu is the one who is visible in form and he gives the link to Vasudeva. That is the purpose of this mantra. Let Vishnu initiate us. Reveal Vasudeva to us. We meditate upon Vasudeva to realize Narayana. So, this Vasudeva form has to be gained by humanity. This is most important. This twelve-dimension god, (dodecahedron), that is how Pythagoras, has put it, the twelve dimensional one and then the tetractys, the triangle over the square, which is being seen, three and four dimensions as twelve which is also connected to Narayana system. These are the things we have to get in to overcome the form aspect of the god and naming god with different names. Today humanity is at great suffering on account of the distinction that they draw by names. They have different names and different forms. But they don't see it is one energy functioning through all these names.

From East to West and North to South, there are so many spiritual groups, who wish to relate to divinity and that divinity is beyond form. It is also in form, and it is beyond form. So, only limiting oneself to the form dimension and not raising their awareness beyond the form into the very nature of the divinity is what is hindering this Humanity from progress. We have so many names and so many forms conceived for God, and we only relate to the name that we choose denying the rest of the names. That is where the whole humanity is divided, and theism is not helping Humanity to become one energy to move forward. From the higher standpoint, humanity is as such is seen as a wave to move forward towards Devachan. But as long as we are so sectarian, so sectarian that we differ with each other, with different forms of the one energy which we call God. We are not anywhere nearer to the truth. It is necessary that we move towards the truth. In each one of us it is the same energy that prevails, but since we have different names, we think we are different. But the awareness within us is the same, the pranic pulsation in us is the same, the respiratory activity is the same, the activity of the five senses is the same. All activities, in the faculties that function in each one of us, they have the same principles. Just because we appear different, we see the difference more than the Unity that we carry within us. That is why, "try to find the unity amidst diversity", has become fundamental regulation for a true student of Occultism. When we do that, the entire humanity is seen as one. It is seen as human brotherhood. But we divided, divide it by region, divided by religion, divide it by language, we divide it by so many ways. But when we get to this understanding of Vishnu, that all forms constitute Vishnu, that

is how the scripture says, "Viswam Vishnuhu". All forms individually are put together, it is Vishnu. Because that is the planetary dimension. When we speak of planetary, solar and cosmic, wherever you have formation, it is a state of condensation, the condensation of the most subtle to the gross is gradually happening, in that happening, this solidification happens resulting in so many planets. And all planets, they form into a solar system, there are clusters of solar systems. Where you see a form, it is Vishnu, meaning it is a condensed state. Where you see the force working for the form and within the form, it is Vasudeva. Where you see the source of the form and the force of the form, you get to Narayana. Fundamentally we all have to take to an understanding that in our conscience, we should have no distinction between one form and the other, of God forms and also human forms, or all forms together, because, form means Vishnu. That is the understanding. Form means Vishnu. "Viswam Vishnuhu", that is the Mantra. There is none other than Vishnu as the form. That is how it says.

Vishwam Vishnurvashatkaro (Vishwam Vishnuhu Vashatkaro).

So, the Sahasranama, it speaks of and, in scripture Bhagavatha, it is said that all that you see, is nothing but Vishnu and none other than Vishnu. "Viswambu vishnundu vishnudu kantenu vere yemiyu ledu"

So, when you see form you should know that it is "THAT", the ultimate, in various gradations as manifest into a form and this form is nothing but a manifestation in forty-nine steps to be what it is, here. Because every plane has seven sub planes, there are forty-nine sub planes, to make something visible to us. Otherwise, it is seemingly visible and actually speaking when it reduces into atoms, and these atoms are all moved by within space. Even in the atom there is space that moves the neutron, electron and proton. In every atom there is space and more and more, in water this space is more. In fire it is still better, this space is better. In air it is still better. More and more congestion is in matter. So that is why we feel so much congested being in the physical plane, and once we know a state of being where, you can be in the subtle matter of your being. Because the matter is also in the seven planes. When you get into higher states of matter in you, you don't feel this congestion in the body. In the fourth state of matter, which we call the Buddhic state of matter, you feel great ease within the body. In the mental state of matter, you may not feel that much ease. That is how we have physical plane, emotional plane, mental plane, Buddhic plane and then blissful plane, which we call Ananda plane. There are beings who live in that blissful matter relating to us within the body in the seven layers, seven states of matter are there in the seven centres. So, depending upon which centre you are, you experience ease or dis-ease. The dis-ease or ease according to the plane in which your awareness is. There are people who can lift up their awareness and live comfortably beyond the physical and thereby continue the work as they ought to do. So, these are some of the dimensions which I wish to let you know in the aspect of Vishnu vs Vasudeva. Vishnu vs Vasudeva is but expansion of our consciousness into the surroundings to experience the twelve Adityas via the twelve zodiacal signs. Then your awareness continues to expand because the very intrinsic principle of Vishnu is permeation.

Therefore, you need to work with your inner dimensions working with the Mantra on one side and tending to be more and more service oriented in your life and eliminating selfish motives in your functioning in the daily life and make your life more and more transparent and unconditional. That is what enables us to cause expansions in us. And, Scorpio is a month where condensation is very high. It is the eighth sign of zodiac. It is therefore called a sign of death. A sign of death, meaning, absence of consciousness, disappearance of consciousness leading to death is what happens in the month of Scorpio, unless you resort and relate to Vishnu dimension in you which exists in the Cerebrospinal column. That is

where the Aditya functions as Vishnu in the month of Scorpio and the pairing is a great advantage. Whether you pair it or not, you take the principles. When it comes to Virgo-Scorpio combination, you think of unconditional selfless service. And when you pair up Leo and Sagittarius, think of functioning relating with the respiration at the heart centre which will slowly relate to Sagittarius and bring the active fire in you and that combination enables formation of Kundalini firing. And then you further lift up to Capricorn and Cancer to dip deep into your heart centre where you contact the pulsating principle in you. And once you contact the pulsating principle, it leads you to subtle pulsation which we call Sushma Spandana. It leads to the Sushumna in you or the ladder that leads you into upper circles., That is how Cancer-Capricorn combination leads us to Gemini-Aquarius where your energy would be more and more moving in between the throat and the upper part of the forehead. That is where everything is posited in terms of descent of higher energies into you, from Mahat, which is Aquarius, Magha, to the throat where you have expressed word. The word descends in all its four states, and you are reformed. Your speech is also reorganised. You receive information more from higher circles. And you get affirmations from the scriptures which are already given by the Masters of Wisdom. Later, ultimately it leads us to the final step of Taurus-Pisces where you experience the beauty and the bliss of creation. So these five pairs are worked out through the column which fixes between Agna and Muladhara, which functions as an axis in you. That is how Aries to Libra is the axis around which the five pairs are reorganised. That picture is already given to you. This picture is also there in Secret Doctrine. This picture is also there in Spiritual Astrology. But the only thing is, it has to be understood. The key has to be understood and is to be worked out for expansion of consciousness from within which is possible by practicing the outer virtues and inner practices. The outer virtues support the inner practices. If the outer virtues are not in good side, you would be denied of inner practices.

So therefore, most of the people do, what we should do, the inner practices, but they are not able to consistently and constantly carry out these practices. This is because the outer virtues are lacking. So outer virtues as a basis, inner practices have to be conducted and that is what I wish to indicate to you. This enables us to move forward in the process of discipleship in expanding our consciousness. That is why Bhagavad Gita or Patanjali Yoga, they speak always of the inner centres and developing those centres into Lotuses. And that requires an outer discipline and outer virtues also without which, it cannot be carried out. And then the very Mantra is

Narayanaya vidmahe, vasudevaya dheemahi, thanno vishunuhu prachodayat.

It says that "May Vishnu initiate us, for that we meditate upon Vasudeva. Thereby we realise Narayana. This meaning also I have already given you. So, first step is Vishnu should initiate us. For Vishnu to initiate us, we have to continuously work with the Antahkarana Sareera. The inner centres of the body which is our major work. It is possible only through meditation. And meditation means already you are taking to the fourth step of Yoga which is respiration and pulsation. Pranayama and Pratyahara, that has to happen. So, Pranayama and pratyahara become more and more important for a student if he intends to get into advanced states of awareness. The outer work has to be so well organised that the inner work begins and tries to give the needed expansion. Because the fourth centre which is called the Anahata centre is again a centre with twelve petals. It is indicative that these twelve petalled lotus is capable of relating you to the twelve sun signs. It has four layers in it. We need to work with it and only Pranayama helps us to do it. And for Pranayama, meaning relating to the respiration in you, you need to find time in a regular basis. And your outer objective life will have to be definitely well organised to enable you to take to these practices of Pranayama. Without Pranayama there is no entry into you being. Once you enter into your

being, then you have Pranayama, Pratyahara and Dharana that lead you to the brow centre. But to do that, the outer life has to be necessarily organised to find rhythmic working with Pranayama, because Pranayama is itself a rhythmic function in you. It is a grand rhythmic function in us that the respiration keeps on happening with the same rhythm unless you disturb it with your thoughts.

Therefore, the predominant step that happens to us is to work with the heart centre. All scriptures speak of working with the heart centre. Anahata, with its twelve petals is the synthesis of the six centres in the body. The six centres in our body get synthesised in the heart centre. Because in the heart there is the head centre, in the head there is a heart centre. But heart being a twelve petalled lotus, all Upanishads recommend that we work with heart center. And then Patanjali wants you to work with heart center. Katha Upanishad wants you to work with the heart center. Bhagavatha speaks of Vasudeva, the twelve-dimensional lord relating to the heart only. And Narada every time he initiates souls into the path, he gives only the mantra of Vasudeva. To Dhruva, to Prahlada, and to so many he gave the mantra of Vasudeva. So, these are all just to give you the importance of working with the heart center. When you start working with the heart center with an attitude to transform your life into a life of service. Already you would be achieving the three pairs, i.e., Virgo-Scorpio, and then Leo-Sagittarius, and Cancer-Capricorn. By that you touch the pulsating principle in you, and that is what has to happen to us, and that is what helps us to restrain ourselves from being further condensed to death. See we can be, this process of condensation, solidification can lead you to death in Scorpio. That is where we have the stories of the serpents, scorpions and all other things in Scorpio. Because Karthika has the ability to condense you and cause death. But in the same Karthika masa, or month of Scorpio, you can relate to Vishnu, Aditya and work out the contrary and cause the needed expansion. See we are antidoting what naturally would happen to a person who is mundane. He gets more and more condensed by matter on account of his excessive orientation to matter and material things and material thoughts. So naturally we all die. Humanity is suffering death because, it is relating more and more with matter and unable to find a way to release oneself from matter by giving release to the consciousness, by relating to expansive consciousness which is available again in the month of Scorpio as Vishnu Aditya. The sunrays in the month of Aditya are meant for expansion of consciousness. See how nature is benevolent, on one side the material conditions you, and on the other side the sunrays give you an opportunity to cause an expansion of consciousness. That is where, the fundamental work starts with Vishnu. And then it leads you to work with the heart center where you cause the needed expansion and unleash the energies. Unleashing the energies is most important for you to overcome the limitation of your own form. We all suffer from our form, because as age passes by, the form tends to be more and more tough, more and more dense, more and more inflexible, rigid. It does not bend much. The bones do not cooperate. Joints do not cooperate. The vertebra is not as supple as it would be in the younger days. It is a matter of condensation and resultant rigidity. But when you work with Vishnu energy, the arresting of the form, arresting by the form of the being is suspended. That is where Vishnu helps.

Therefore, Vishnu Sahasranama is made so very popular. Vishnu Sahasranama, initiated most of our groups, they were chanting them. Purusha Suktam they were chanting them. Srisuktam, they were chanting. But anyway, I did not want to insist, because it is not so very easy to utter forth these suktams. But mantrams can be chanted. To say "Om Vishnave Namaha" is not difficult. "Om Vishnave Namaha" is the mantra from Agna to Muladhara, when you regularly juxtapolate (juxtapose) on the six centers of the body and utter forth in sets of six, it helps us to relate to the inner Light as exists within the Cerebrospinal Column and then slowly, you can also imagine through these five pairs, the energies are moving into your entire body. Your body itself is the twelve zodiacal signs that can be traced with the

twelve parts of the body which we all know basically. So, with these six centers, expand yourself uttering the force (?) of Vishnu and fill the whole body with the Light of Vishnu, which is blue. The Light of Vishnu is light blue. Fill the body, from every part, from Muladhara and either side move around, Swadishtana and move around, Manipuraka, utter forth and move around on either side, Anahata, Visuddhi and Agna. The entire body, fill it up. After filling up the body, you try to see, you move even beyond the body, bringing the blue all around. Build an eggshell around you with a bluish aura by uttering forth, "Om Vishnave Namah, Om Vishnave Namaha, Om Vishnave Namaha". You are not contemplating upon any form. You are only contemplating upon the Light in the column. And you are visualizing that this Light is gradually moving sideways, and it is covering the whole system in you. The whole system in you is filled with pleasant, light, transparent, blue color, which is but white. White in its depth is blue and you feel so very peaceful when you find this kind of visualization in you. This is what enables slowly the realization of this part of the statement which I have given. "May Vishnu initiate us, Tanno Vishnuh prachodayath". Vishnu initiates us. Meaning, he causes gradual present expansion of our awareness from within our being into the surroundings. And that would slowly move around and permeate into the surroundings into the twelve zodiacal parts relating to you, and then you start working with the Anahata lotus, and keep on relating to the zodiacal signs and feel that all that is surrounding you is nothing but Vasudeva and let Vasudeva relate to you and you relate to Vasudeva. Where is the form aspect here? We are only relating to the Light aspect. We stop relating to the form. We start relating to the Light in the form of light blue color, and this is how this permeation of blue all around you leads you to cause an expansion from your own congestion of yourself in the form that you reside.

This is the fundamental step which has to be worked out in us. For that these six centers are very useful. The seventh center is the center which relates to the higher circles. The higher beings, higher energies can descend into you. But as far as you are concerned, as a Kumara, or a son of God, you would work only with the six centers in you. Six centers are good enough to work with. And these six centers will lead you to twelve-dimensional god, whom we call Vasudeva, or God immanent. This god immanent is the one, who permeates all solar systems. He is the one who permeates all solar systems and eventually has its source in the cosmic person. That is how the cosmic person with all his dimensions slowly becomes accessible to us. That is where we relate to Vasudeva. When you get to Vasudeva, it is a different dimension. See, in the Vishnu dimension, you overcome the name and form limitations. His name and form are a great limitation. Because it is a facility on one side and a limitation on the other side. It enables us to distinguish, but we should also connect to that which is common, between all forms. So, it is Vishnu only in this form. This is important. When it comes to Vasudeva, we have to see the peculiar patterns that keep functioning through every form. We as humans have our own patterns. Every person differs from the other on account of his patterns. And these patterns emerge on account of the energies that we hold in the twelve zodiacal signs relating to your chart. Not all of us have the same chart. We have different planetary placements and different ascendants, different houses, and we have different patterns of behavior. Each man has a pattern of behavior. Instead of questioning why he behaves like that, it is always good to know how it is so. How it is so with him that he does like this. Astrology helps. Even without astrology, by constant observation, you know that certain persons behave in certain times, in certain situations, in a certain pattern. So, these patterns are there with us on account of the twelve sun signs we come through. The twelve sun signs and the related stars and the degrees and planets that are posited at the time of berth. We come with a pattern and that pattern is with us. And it takes its own transformations through planetary transits. Through progressions, transformations can be worked out in each person, but nevertheless we are guided by our patterns.

Each person has a pattern, and these patterns are different from the other. And some patterns may be agreeable. Some patterns may not be agreeable. The game here with Vasudeva is to notice that each one has a different pattern. And to see how we can attune our pattern with the other patterns. To what extent we can build a bridge to relate with the other person though the patterns are different. This is what we say in English. When we have a round hole, a round plug fixes in. If you have a square hole and a round plug, it does not fit in. Isn't it? The square and triangle, they don't fix in. Likewise, we have to find a way, how to fix into a round hole a square plug. There are methods of doing it. Likewise, in building relations with people we have to see where there is agreeability, where there is disagreeability. We have to relate mostly in areas, where we tend to be agreeable so that we are more and more, we cement and synthesize between us and then build something on a common ground. We cannot build anything with disagreement as basis. The disagreement causes discord. The disagreement is on account of different design. We are all made up of different designs, but there is some commonality between us. So, we build on the ground where it is common and we let the areas where we are uncommon, we let them free, for the time being, slowly. They also tend to be agreeable to each other. Once the agreeability grows, the non-agreeability also slowly weakens and then transforms itself. That is how through friendliness we can overcome any disagreeable dimensions. This is a great dimension of discipleship which leads you to initiations.

The true initiations are possible only when you are able to build the right relationship with the surrounding life. With Gemini is the one that builds relations in the zodiac and Gemini is also the way through which you get into the higher dimensions of your being. Gemini is the center of speech. You, or through your speeches, can cause discord. Through your speeches you can cause harmony. Conflict or harmony is built or destroyed on the basis of your speeches. Your speeches are generally based on your thoughts. Where there is a disagreement at the thought level, better you remain silent instead of trying to push forth your viewpoint and cause discord. So, these virtues can be seen in this dimension that every person has his own pattern of functioning. You have your pattern of functioning. You have to see where there is agreeability between us. The agreeability when you check up in terms of Astrological chart you find the agreeability of planetary placements or the sun-signs. There are trines, sextiles, and such other things when there is agreeability. When there is square and opposition, you have disagreeability. But the square can become a trine, an opposition can also become a complimentary. There are ways by which it can be worked out, but the most important dimension in the Vasudeva dimension is, "how many are agreeable to you, around you?". Are the plants around you agreeable to you? Are the animals around you agreeable to you? Is the ambience around you agreeable to you? Are the persons around you agreeable to you? The things around you, are they agreeable to you? The more the disagreement, the more you are into conflict. The more you develop agreeability with all the surroundings that we have and as for the Light in the surroundings and the forms that carry the Light in the surroundings, the degree of agreeability that you generate is measured. The degree of your agreeability with people, that is where this group, consciousness group life, group members, promotion of group activity, is given by Masters of Wisdom so that we overcome our highly individualistic attitude. Each one of us are excessively individualistic. We don't see others' viewpoint so much. We only push our viewpoint all the time. There is a way to see the others' viewpoint and see how to include that viewpoint into your viewpoint and build a larger view. More and more viewpoints when they are clubbed together, it leads you to vision. That is what Master Djwhal Khul says. A viewpoint can be developed into gradually a broader viewpoint by inclusion of other views and then a completed viewpoint which is called Vision and it leads you to insight, from vision to insight. From Sight to insight and from insight to vision and vision to expansion of consciousness. This is only possible, only when we are able to build more and more and more and more and more and more agreeability with the surrounding

persons, surrounding Life, surrounding area with its elements and with things that prevail there.

If you see the stories of sages, the saints and seers, they live in the worst of the conditions, like Amazon forests or the hard life in Himalayas. But it is all agreeable to them. The five elements are agreeable to them. To us not! We are more and more tending to be rigid, that we cannot face winter, we cannot face summer, we cannot face rainy season. We cannot even face a little wind. People cannot bear a little draft. People cannot bear a little cold. People cannot bear a little heat. What is it that you have done? What flexibility have you developed? And look at a Seer. He is the seasoned one. He is good for all seasons. Any season is OK for him. All seasons are OK. To us, is it so? We have built such a system, that we are tending to be more and more weak in our constitution and our immunity system is tending to be very feeble and very susceptible to sicknesses. See in ancient times, for example in Europe, they had better ways to meet the cold. But now you secure so much with air conditioning, that your immune system is at stake. So also, with heat. So also, with rain. Excessive protection of body leads us to a weak, inner ability or awareness and you tend to be more and more timid, and then very reclusive, and highly secure, feeling insecurity and trying to protect ourselves all the time. If we get to our younger age or previous generations, people were sleeping opening themselves to the skies. Today not a single person you see sleeping under the sky. But if you see the life of Jesus, he never laid his head under a shelter. The son of God has no shelter to lay his head. That is why he said, meaning, you always sleep outside looking at the sky and the stars. And I know many Seers in my own life who never believed in sleeping under a roof. To them the roof means the sky only. But where are we now? Why, because we have lost our ability to gain agreeability with the elements. No season is agreeable to us. We have to protect ourselves. Isn't it? And then, with insects and little, little creatures, we protect ourselves because we have lost the ability to live in symbiosis. To live with mosquitoes, to live with cockroaches and to live with so many other things, to live with dogs, to live with cows, to live with bulls. It was all possible if you go a little behind, but I don't want to do that, for agreeability. And then our sense of comfort has grown so high that our agreeability is slowly dying down. In everything we are choosy on account of comfort orientation. Taking bath in natural streams was a common thing for humanity. Taking bath in natural streams which are truly warm. Because a stream has a current in it. And there is an undercurrent which is always warm and soothing that causes vitality to your body. But none of us today is in a position to take a bath with normal temperature. We look for hot water bath.

So many ways we have developed disagreeability with nature which is contrary to spiritual practices. We should tend to be once in a way getting into nature and relate to the nature. Stay under a tree for a day. At least in a week or in a month, it gives you better exposure to the nature and elements of the nature. You also gain better ideas if we sit under a tree. If you sit under a banyan tree or a Ficus Religiosa tree or some other tree, you must get sometimes some good ideas, some intuitional ideas. You don't get them under the concrete roof. What a tree can give you, a concrete roof cannot give you. Because a concrete roof is an excellent obstruction for inflow of energies. Unless you are an exceedingly sharp brain that catch up beyond. But once in a way, if you go to a river side, or to a mountain side, or to a shade of a tree, then you have better chances of relating to the nature around. This agreeability starting with agreeability with nature, agreeability with persons, agreeability with plants, animals, and agreeability with creatures. See in ancient times, people were not perturbed about creatures being around. But today we are so completely secure. Any small creature can disturb our nature. That is how we are. And agreeability with the things you work with. Everywhere it is agreeability, agreeability, agreeability. This agreeability leads to friendliness. That is what is called Maitreya.

So, this dimension I will explain to you in the next class also. The Vasudeva dimension. Because it is the bridge to the ultimate. Without Vasudeva, we cannot reach the ultimate understanding of the energies that we call Narayana. And Narayana is the final step, which is again as I said in the first class, it is again the work of three and four, or, four and three. Four three twelve six, these are the numbers with which we work, to find the dimensions of Vishnu, Vasudeva, Narayana. And when it comes to Vasudeva, the fundamental is, see that you gain agreeability to the surroundings. The man and wife that live in one room should find agreeability. Divorce is seen as a failure; it is inability to find agreeability. And together they have to find agreeability with their children. Agreeability with friends and relatives. Agreeability with the surrounding neighbors. More and more and more, it is agreeability which leads you to a healthy expansion of consciousness. Just reading books and storing material here (head) with so much of disagreeability around would make yourself cook like a potato within a cooker. People who keep on gathering wisdom and not relating to the related outer practices, they are all cooked potatoes in their own head, and they suffer a lot. That should not happen. And we continue with Vasudeva in the next class. Just think of patterns around you. The patterns of the city, the patterns of your house, the patterns of your colony, the pattern within your house. The patterns within your personal effort. Everywhere there would be disorder which can be set in order. When order is set, agreeability grows. So let us start with it with Vasudeva, it is all working with the patterns. There are grand patterns up to cosmic plane which we have to relate to. When we are unable to relate to, the mundane patterns, we cannot think of associating with the semi-mundane, the Divine and the divine patterns. We think of bigger things, not able to make the fundamental step that is on account of our disproportionate approach to the very subject. Thank you one and all, Namaskarams.