

**Merry Life Teachings
Master KPK
October 2, 2021
Talk 42**

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<https://www.youtube.com/watch?v=crGz94fT7e8&list=PLsH2l6BIGH3b4sFdfDUvdUAlqVV8-JaSS&index=14>

Audio:

http://masters-call.net/pcast/en/media/2021-10-31_47_2021_10_02_vaisakh_merrylifeteachings.mp3

Hearty fraternal greetings and good wishes to all the brothers and sisters who are relating to this programme directly and indirectly, proximately and distantly. There is a saying in Rudra Sukta, *Agrevadhaya cha doorevadhaya cha*. Those who are face to face, sitting physically before me and those who are sitting facing me from distant lands all are equally stimulated by Rudra. It is a good experience that we are into thanks to the prevailing conditions on the planet. As was announced before, today, we have an interactive session. The questions start coming even till this afternoon. It is very encouraging on one side but slightly difficult for the organisers to ensure that these questions reach you all. Nevertheless, a printed version is given to me and just about half an hour ago they were all sent to you by mail which you may also, if possible, refer. I will read the questions and give the answers. It would be more convenient if all questions reach by Thursday evening so that Sandeep will organise on Friday and Saturday, we will send you before. That is organisational logistics.

I am extremely happy that you are not only following the teachings but are also evincing interest to raise certain difficult questions which round up the subject that we have been speaking. And when we have 15 questions it is clear that there is much listening. It is not only a monologue, there is also the other side of listening and also seeking certain clarifications. One more announcement is, next Saturday and the Saturday after next Saturday we, in India, are with Durga Pujas. The Durga Pujas commence on the ensuing Friday and come to 10 days after

on 16th the Saturday. So, consequently you would not have Merry Life Teachings for two weeks. This is a holiday for you and for me it is an experiment to see how much I can withstand this ritual of Durga which is by far the largest ritual I do in a year at the rate of 3-3.5 hours each day in the evening and 1-1.5 hours in the morning. Therefore, if I recapitulate what is already taught and we move on. I read the questions and answer them.

About 40% of the questions revolve around the sublime dimensions relating to Vishnu, Vasudeva and Narayana. Frequently you listen to these sounds which are formulated into mantras but seldom their esoteric dimensions and the keys are thought over, pondered upon. It is a profound subject. It will extend even into the next class perhaps and it suits me because when we meet next time we would be almost into Scorpio and the Aditya relating to Scorpio is Vishnu. That is where I feel extremely blessed that what we teach, many times, coincides with what we are into in terms of the time energies. In Libra, we are with Tvashta Aditya. Let me recapitulate. In Leo we are with Indra Aditya. In Virgo, we are with Vivasvan Aditya. In Libra we are with Tvashta Aditya of which we have spoken in the last class and in Scorpio it is Vishnu Aditya. So, even if I am not able to answer all that is sought in the questions in relation to Vishnu, Vasudeva and Narayana, it is nevertheless acceptable because the following Aditya is Vishnu Aditya. We speak elaborately about this because it is also one way of presenting the entire wisdom and it is also repeatedly asked by our members from all over. That makes me very joyful and even fully satisfied with the way the teaching is received. So, coming back to the questions, the first question is, wherever the question includes about Vishnu or Vasudeva or about all that relating to it, I will just read out but I will postpone it to the end, clear other questions and come back to this profound topic so that we can continue with it if time does not permit to conclude it in this class.

The first question is- If you can tell us more about the concept of ring-pass-not. That is the first question. If you can tell us more about the concept of ring-pass-not. I have spoken to you about the principle of circumscription which is called Vritra. He is called an asura because he does not let you pass. Let *you* means, the consciousness. The consciousness has its field. The ant has its field. The mosquito has its field. The rat has its field. The cat has its field. Animals have their field of action. Humans have their field of action. Among humans also, according to their awareness and the degree of consciousness that they hold, their field of action keeps on increasing. For a simple man, the field of action is relatively small. For a man who has greater consciousness, he permeates larger areas and he has greater circumferences. His horizons are bigger. For example, the horizon of a Master of Wisdom, it permeates the whole globe. There are saints, there are sages, there are disciples. I am speaking about the esoteric dimensions. There are also other spheres like the prime ministers, presidents. They also have their sphere of operation. The circle which we call, beyond which they cannot... everyone is limited. All are limited in their consciousness except the Lord who is beyond. From ant to Brahman, except Brahman, all are circumscribed. That is what we call the circle that they cannot pass through. Their operations are limited to it. As they grow in their operation, in terms of their awareness and their consciousness, then the circumference increases. The expansion of circumference is in tune with the expansion of consciousness. The greater the consciousness, the larger is the horizon. That is what Master CVV also calls as memory and memorandum. Memory and memorandum. Memorandum is the field of action. So, we all have our field of action and it keeps improving according to our awareness. If it steps over, it falls into difficulties. Therefore, it is limited. For example, for the chick in the eggshell, the eggshell is the ring-pass-not. The eggshell is the ring-pass-not because without the shell the chick is not safe. So, the ring-pass-not is a kind of protection on one side and also an obstruction on the other side. There is a ring-pass-not for our Sun by which it is circumscribed. Saturn is the ultimate ring we have in the Solar System while the Sun stands in the centre. So, Saturn is seen as a ring-pass-not between one solar system and the other solar system. The space in

between is what we call Narayana. The space within, the space outside, all is Narayana but the beings in creation they have their areas of operation.

If there is a rat at home which you don't have perhaps in Europe, maybe in South America you may find some. The rat has its ring-pass-not in the form of cat. If the cat is around, the movement of the rat is reduced. Likewise, the cat has also a ring-pass-not by the presence of a dog. All animals are also, they also suffer this limitation on account of the presence of the king of animals which is called the lion. Likewise, the humans also have their ring-pass-not. This ring-pass-not is the circumference beyond which a unit consciousness is not safe. If you step out you are into a danger. The only way to step out is to associate with Narayana and then, in identity with Narayana, as the consciousness expands from degree to degree, you would be able to expand in your consciousness and therefore, the circumference keeps expanding.

That is how the children are protected. We protect them and they feel as a kind of an obstruction. As they grow, we let them free. We let them free. So also, the case with the beings. The beings are protected by this ring-pass-not. The story that I narrated to you was the ring-pass-not for Indra, the personality. The Libra personality suffers lot of limitations because it is a generally self-aggrandising personality. And it is presided over by Aries, the Soul. So, there is a story which goes on to say, that you cannot go on expanding unless you have expanded in your comprehension. Only through comprehension you can grow. The Aditya Indra, he was taught this by Tvashta's creation of a principle called ring-pass-not. This ring-pass-not exists for all including the planets and solar system in the universe. As we walk into greater awareness, the ring keeps on expanding. That is why we say, Saturn is a limiting principle. Saturn is a limiting principle. In Libra, as you all know, the serpent is said to have crawled down the tree and touched the earth where it gets conditioned. It is like the tip of the tail of the serpent. The tip of the tail of the serpent has the smallest ring while its head with its hood has the largest ring. This is how it is re-formed, you can say. In our mantra also, CVV keep on expanding and observing. C-VV meaning twice expansion. Planetary, solar and cosmic. It all depends on how you relate to gain the necessary wisdom. So, ring-pass-not is to be seen on a protection on the one side as a being on the basis of the comprehension he has or she has or it has because it all refers to the Being, the Soul. And the personality has limitations. The personality limitations can gradually be overcome and can be made into a dragon of wisdom which would help us to grow.

So, every planet has its limitation be it Earth, be it Moon, be it Mars, Mercury, Venus, Jupiter, Saturn, all have their limitations. Our Sun also has limitation, forget about us on the planet. So, these are all the degrees of difference in our expansion of consciousness circumscribed by a principle beyond which if you move you are into a danger because it is all a risk. When you get into something which you do not know it is like an abyss. It is seemingly... the seeming abyss is nothing but Narayana. It exists with the Sun as the centre. You have Mars, Jupiter and Saturn as three rings and then you have Venus, Mercury and Sun as the other and after that the Solar System. Before that you have another solar system. There is that blue which is Narayana. They are called space waters. So, this ring-pass-not exists for all beings right from the, as I said, the ant to the Atman. They are all circumscribed and only through expansion of and holding on to continuity of consciousness you are able to cause an expansion to this circumference. As much as you do that, you are safe. That is where you are guided by nature. You are also guided by Time. Time and nature they prevail and the ultimate ring is said to be the Time dimension which emerges along with the Will of God before the creation. The Will of God as it emerges, time emerges, nature emerges and then active space emerges. And all that emerges from Narayana have their circumference. The circumference should be seen as ring-pass-not. The key to overcome this ring-pass-not is to stay connected with Narayana at all times which some

seers have achieved and they are said to be the most-high and those are the Kumaras and then Narada whom we call Cosmic Michael. This is one principle.

We also have to see, when we cause the expansion to our consciousness, we should not go in greater speed than natural. Then it burns. Then it causes imbalances. So, we have to make a balanced, sustained progress. So, I hope this ring-pass-not concept which is universal may be picked up and then applied in daily life. Certain things have certain limitations with us. Slowly, we overcome by relating to the related concepts. This ring-pass-not is a word very frequently used in the books of Master Djwhal Khul. And in Indian ancient wisdom it is called Vritra. Simply, it means circumference. A circle which has a circumference. Vritra. It is called an asura because it doesn't let you pass unless you have gained the necessary knowledge. That is why it is Vritra. The parents seem to be real dictators for children when the children want to go hither and thither but later, they understand that they are protected and ensured a gradual growth. It takes longer time to see a limitation is a seeming impediment until the needed knowledge is gained. On the other side, it is great universal principle and prima facie it looks like an obstruction. It works with Saturn. It works with Pluto. It works with all limiting dimensions in our life. So, that is the answer to one question. In all, there are 15 questions. I will try to cover as many as but I will not let go any question. Thereafter, only further class will come.

The second question is- if you can explain more about the practice of the three mantras that you informed us in the last class. The three mantras are Om Namō Narayanana, Om Namō Bhagavate Vasudevaya, Om Vishnave Namaha. So, this part, I will take it up at the end because repeatedly it is asked. All together I will take it up and I will answer them.

As regards the service, the third question. As regards the service, what to do if there is a majority in the group who cannot do a sustained group service due to comfort habits or differences between the members? This is very common, very common. The inclination to do has its own ups and downs because our energy has its modulations. Sometimes you feel highly spirited. Sometimes you are not, on account of your work situation. Therefore, we continue to work with service. People sometimes may be able to join or may not be able to join. Be compassionate to them but we can continue with our service. They have their own life situations and they may not be able to participate as regularly as others. Let us not judge them. We continue with the service. Once again, they will get back because once they are into it... it is like our going to school in childhood, no? Sometimes you don't feel like going to the school. So, when you don't feel like going to the school, you don't go. That's it. How long will you abstain from the school? Like that, in a group, some members abstain from doing things. It is okay, we continue. And we do not know if they are doing it on account of comfort habit or any habit. We leave it to them. We continue with service and we do not mind when they come and join us again. That is the approach of synthesis. That we continue with service. Three persons together constitute a group according to Masters of Wisdom. Three persons together they constitute a group. That is the basic group. Because the Trinity is the basic group who built the whole solar system, the universe. So, we too, if three persons, if they have harmony between them, it is a group. So, we do the service. And when people join, they join. Sometimes, they cannot join for various reasons. We do not have to see why they did not come. We don't have to judge them. When they come back, we welcome them and accommodate them and see that they continue with the work. So, we should have patience.

Group service is also a training to the persons who are in group service. Group work is not easy. It gives us many planetary dimensions starting with Saturn. First regulation is, everywhere it is Saturn that teaches us and then, Mars gives the will, the consecration. And then slowly, the Moon gives the mood. So, therefore, sometimes the group is large, sometimes it is small. The smallest group has a set. Keep it at three, continue with the work and keep

working slowly. The wisdom prevails. The comfort of group-working also prevails. If you know the comfort of group working, you feel working individually is such a poor understanding. People are so poor that they are individualistic. That is how from higher standpoint it is seen. When groups and groups of beings are together, why each individual should be so highly individualistic to be so solo in his work? From higher standpoint they say, what a poor situation. It is a very poor situation that we are so many humans and we cannot come together into groups and we speak of humanity as a group which is today a paradox but nevertheless that is our ideal. So, keep this view, continue to work and if people do not respond right, with patience, when they come back, treat them with greater, with equal joy and allow them to work in a way that the work does not suffer. That is important. The work is important, the people are important. Without work there is no group and the work is meant for the group. This should be known. The work is meant for the group so if there are no group members there is no group. To bring the group together, there is a group work. The work has to move on and energetic and the work has to be magnetic so that the members stay attracted and stay with it. So, between members and work who is important means, members with work are important. That is how Krishna said it. Work is inevitable so a work that you do along with others for the benefit of a larger whole is essential. So, keep trying to do it because it is a...it brings us together energetically. It also enables some good work to happen. So, these are three questions from one member. I do not wish to announce the names. It comes from Argentina.

Then comes another question. It is a far simpler question. On 24/07/21, that is 24th July, you told us how to relate to the full moon and taught us the prayer. The prayer is one of the occult meditations that we do- 'To His Temple we belong.' It is an occult meditation. One of the 92 meditations that we have. About the Sun around whom the Arch is starlit. The moon goes around every 16 days and brings the message. 'To that Temple I belong. I offer the Lotus of my Day to Him. I offer the Lotus of my Night to Him.' Can we do this meditation on a daily basis is the question. You are most welcome because it is a universal prayer. See, when the religions came, everything in Kali Age, everything is stepped down and narrowed down and inner segregated and broken into pieces and fragments. But in all ancient theologies, they relate it to the Sun, they relate it to Fire, they relate it to all Universal Principles. As far as our Solar System is concerned, the Sun is the Lord. It is through him we receive our life and our awareness. So, daily relating to Sun and then the glory of the Sun which is mentioned there is a prayer. Gayatri is also that. So, if someone is willing to do, they can daily do it because daily in one way or other we relate to the Sun. The mantra of Gayatri is also there. There are other mantras for sun. We don't need mantras also. You can as well relate to sunrise and the related light, sunset and the related light. What is important is to feel that whom you call the Sun and you, both are made up of the same essence. The one whom you call Sun and whom you call I AM, they are just the same. He has seven principles; we have seven principles. He has seven rays; we have seven rays. He has seven colours; we have seven colours. It is only from him we received everything. So, we are trying to identify with Sun in a much easier, direct, simpler manner. Please keep doing it and I encourage those who wish to do it. We have many practices. You have to find your own way to identify with the Solar System and this is one way of identifying with the Solar system.

Another question comes- In the Equinox Prayer we have the following statement- Spirit and matter equal. We give more value to Seers compared to rich people and even there is a related poem in Bhagavatam. With all this, how to interpret this statement- Spirit and matter equal? Spirit and Matter equal is a Truth. In us, the matter is more, spirit is less. That is why we do not shine as much as we can shine. As much a human can shine, we are not able to shine. We are the 4th kingdom on the planet - the human - after mineral, plant, animal. Human is supposed to be much more shining, much more helpful and humanity is considered to be the channel through which the plan of God can be manifested on the planet. But we have not been

able to do it because we are more oriented to matter than spirit. Yoga is a state where matter and spirit are equalised so that we shine forth and we transform matter into light and also transform light into matter. When manifestations happen, it is Light that is manifest into matter. From invisibility to visibility when things are brought down, it is from light to matter. From matter to Light, it is again a demat, dematerialisation. These are possible in the yogic state. We don't say that spirit is more important than matter. We don't say matter is less important than spirit. They should be equalised. They are equalised just like we say, the father and the mother. It is a state. It is a feminine and masculine principle in the universe. When masculine and feminine principles are equalised, that is the ideal state at all planes of existence. And in the seventh plane which is physical, when the two are equalised, you move into higher plane. There again you have to make an equalisation. Thereafter, you move into further, higher plane of existence. Like that, all seven planes of existence and beyond also, the Father-Mother principle exists. So, one meets the other. That is why we meet levels. Female and Male, they meet levels. That is what equinox is about.

From Sahasrara to Muladhara at every plane of existence the related matter and spirit are equalised so that the optimum experience of the plane is gained. So, when we speak of saints, they are working at a different plane. Don't think that they dominated the matter. Matter also exists in all the planes because the root matter, what we call, Mula Prakriti, whom we call the Divine Mother, also exists in all planes. Matter, material does not only mean riches and properties. It is on the physical plane. The saints, they look for a larger field of action to help the people and they are less in number. They are a scarce commodity amidst the humanity. Therefore, they have a value. By that we are not denying the material riches. We are not denying anything in the matter. Because denial is a wrong understanding according to the Wisdom of Synthesis. We should see the appropriateness of everything and accordingly relate to it. Therefore, get out of the idea that material or mundane is inferior and spirit is superior. Between Shiva and Shakti, both are equal. Shiva and Parvati, Lakshmi or Vishnu. The questioner is an Indian, that is why I am saying. Male-female principles. The whole problem in humanity is unable to find that beauty of equality between male and female principles. Within oneself there is no male-female balance. Therefore, that imbalance expresses itself in the outer society also as one trying to dominate the other and the other becoming suspicious of the first one. So, when you really understand Wisdom, you remain as friends. Male-female remain eternal friends. That is what we call Radha-Krishna. That is the Synthesis.

Religions, please come out of it. Understand the principles as they exist in the universe. Male-dominated religions everywhere. Only Christ is worshipped. No female is so much encouraged. Later Maria was brought in. Buddhism I don't know how far the females are encouraged. There are so many things that have come where male and female are not treated equal. Their wisdom is not complete. Matter and spirit are but a dimension of male-female principle. So, try to relate to male or female with equanimity. That is what is called yoga. *Samatvam Yoga Uchyate*. It is important that everywhere, with everything you develop this kind of equanimity and that the two principles are in harmony with each other; within you and around you. Then only you are a rounded-up person. Not otherwise.

Then, there is a question with a beautiful presentation also, from a lady from Mallorca. She also gave a diagram. It also relates to the three names, Narayana, Vasudeva and Vishnu. I will come to it after completing all other questions. Then, there is one more question. How we can more precisely use the mantra, again the same *Narayanaya Vidmahe Vasudevaya dheemahi* together? How can we put these three mantras together and work it out? It is a profound wisdom and surely, I will respond to it after completing all other questions.

Then comes another question. Once upon a time, that is 1998 Visakhapatnam Guru Pujas, you mentioned that Guru Purnima will be celebrated on Leo Full Moon or is being celebrated on Leo Full Moon since 1995. Does this mean a specific Aditya assumed more responsibility? If so, are there any indications of such changes that can be sometimes interpreted for better understanding? Yes, I mentioned that the Guru Purnima, the Teachers' Festival, which we have been doing in Cancer Full Moon will be gradually shifted to Leo Full Moon. This is a saying in the teachings of Master Djwhal Khul. At the advent of Kali Yuga, Guru Purnima was set for Cancer, in the month of Cancer. Vedavyasa is the teacher who presides over this Full Moon to give presence to all those who are on the path of Wisdom to gain better understanding to relate to Teacher and relate to Wisdom. It is relating to Teacher and also relating to Wisdom which is contemplated in the month of Cancer. Master Djwhal Khul, in his Teachings, if I remember well, in Esoteric Astrology, he said that in future, this festival will be shifted to Leo. This is for some specific reasons. To bring down the Hierarchy into greater manifestation through the fixed cross and that has taken place in a greater measure from 1995. That is what I have mentioned. So, 1995 means, it is already 25 years over and we are in the 26th year.

The year of manifestation is to make sure that the humanity falls in order with the plan so that the evolution which is obstructed by humanity is cleared. For that, Leo is picked up and Leo is the ruler. So far, the work is shifted even to the planes where governances take place. Leo. We have so many nations with Lion as their symbol. Leo is the principle of rulership and therefore, governances are being touched by the energies of Hierarchy besides touching various groups of aspirants. More and more leonine work is being manifested from Leo Festival. And in recent times, all Masters also have manifested in the month of Leo. Leo has its specialty.

The reason why I said was, it is already said in the books of Master Djwhal Khul so that we pay attention to Leo festival as much as we pay attention to Cancer Festival. The idea is, responsibility is always there for personalities. We are all personalities in which the Soul is imprisoned. This is the normal state. When Soul mounts the personality, it is a state of Initiation. When Soul presides over personality and conducts work, it is a Knower at work. When Soul is subservient to the demands of personality, we are still in discipleship or studentship. So, we have to rise to the Leonine to rule our personality. Each one of us has a responsibility to set our personality in order and rule it. For that, the best month to relate to is Leo and the best day in the month is the Full Moon of Leo where you get that energy. That is why I suggested in 1998. From 1995, this work is picked up.

In fact, in 1995, if you remember well, we did one Leo Full moon seminar or group life in Central Germany and for the entire group life it was raining. Meaning, that we are not really prepared to receive that energy. The entire group life it was raining, raining, raining, raining. Nothing. It only shows that we are not yet ready to relate to the Full Moon of Leo but nevertheless, we should try to attempt to work with the qualities of Leo which gives you that keynote of 'I rule myself. I let others rule.' That is the keynote of Leo. I rule myself. I let others rule themselves. I don't let others rule me in as much as I don't rule them. People are anxious to rule others. But they are seldom fit to rule themselves. A man who cannot rule himself how can he rule others. It is a nuisance to the other. Therefore, Leo is picked up as a basic platform upon which the self-rule system has to be established and make sure that you don't rule others. You can be friendly to others. That is why teachers also have taken to different state of functioning.

Those in Hierarchy from long, long time, they did so. They remain friends. *Sahanav avatu*. Let us be protected. *Sahanau bhunaktu*. Let us enjoy together. *Saha Veeryam karavaavahai*. Let us work together. Let us learn together. Everything is in togetherness- even between teacher and student. These authoritarian teachers, they are Piscean. People who are authoritative, they are all very Piscean. They do not go very far. Therefore, this dimension was given at that

time. I mentioned it but it was mentioned long ago by Master Djwhal Khul. So please note that the person who raised this question- he should mind ruling himself first. If others want to be ruled by them, yes, be friendly and guide them. Don't rule them because ruling is seen as a beastly quality in the path of Hierarchy. No one should rule the other because every soul is as much a Son of God as every other soul. If someone wants advice from you, give advice. Otherwise, remain friendly. Don't try to impose yourself. Don't try to impress yourself. Don't try to influence others. Just live happily and if someone feels comfortable with you, share your wisdom with them. That is the way. So, this is one question.

Another question is, Master has mentioned in one of the Merry Life talks that, chakras evolve to Lotus when Wisdom teachings are followed and practiced. These chakras and lotuses are two different things. Chakras means they are wheels. A chakra is a wheel. It has circular movement. If you know about the Law of Economy which is given in the book Treatise on Cosmic Fire, you are only living in that energy and keep on moving only in that energy. You don't let another energy get into it, support it, supplement it or unfold. Circular energies are living within. It is like moving within circles. Same cycle, same circle, same day, again same day, again same day and same week, same month, nothing is new for people who do not allow additional energies to get in and uplift. Prayers are meant to be uplifting. But if you do not know how to do the prayers, it becomes a circular activity and a monotonous activity. Economy means, within what you know, you keep on doing all the time. Just like you have, say, 1000 euros as your monthly income for life. It doesn't improve. For life it is the same income. So, within that income you have to adjust all the time. But the life situation demands a little more money because the costs keep on increasing and you have no means to increase your income. When you don't have a means to increase your income, how can you meet the rising costs? So, you reduce, you reduce, you reduce your expenditure. You reduce. This is the theory of economics also. Cutting the desires according to the money supply that you have. Economy is fundamental but as you grow in your income you can also expand in different ways, multiple ways. As it is with money, it is also so with energies. If your energies are supplemented you are able to do many more things and gain much more experience. That is what is called the unfoldment of the circular energy into a spirallike energy.

A spiral, it is also circular but each time it moves up. So, year by year we can consider ourselves growing, not in our form but in our awareness, when we are able to gain more and more knowledge and manifest that knowledge in our thought, speech and action. That is what is the second law. The second law is to move up- attraction and repulsion. That is how it is. Attraction and repulsion, you move up, you move down, you move up, you move down. To move up means getting into another plane of existence. Not always seeing things from the same plane of existence. People want to understand Wisdom staying at the mental plane. It is somewhat reasonable. People at the emotional plane should not try to straight away get into Wisdom. They should set their mind into order. They should be predominantly mentally-based, more thinkers, less emotion. Emotional people can stay with Sixth Ray and then slowly gain the dimension of the mind, a stable mind. Until the stable mind comes, you cannot think of Wisdom. And when you get into Buddhic plane it is like intuitional functioning.

You understand things so very easily that things reveal themselves. That is why people reading books, their understanding is different according to their state of awareness. Is it in emotional plane? Is it in the mental plane? Is it in the higher mental plane or is it in the buddhic plane? Just because we know language, don't think we can understand what the scriptures speak. It all depends on which plane of awareness you are. So, chakras are a state where you are always in the same state. Ten years ago, the way you speak, the way you act, the way you think between ten years and now if there is no change in you, it means you are moving in circular manner, just circular. Moving round and round and round and round. If you keep

moving round and round and round you are not covering any distance, isn't it? Distance can be covered if you can come out of this rounding business. That is the circumscription you are suffering. So, you have to adopt certain methods by which you uplift yourself. The practices that we practice should cause upliftment to the chakras so that the circulating energies tend to be unfolding, unfolding. Unfolding is a process of release from the existing conditioning and also catching up to higher understanding.

Unless the chakras in us, one by one, when they do not unfold, how do they connect themselves? How do they connect themselves? It is like having a huge railway line say from north to south. You have built the railway station. You know you have railway stations everywhere but there is no track to connect. There is no track to connect. We have built huge roads, isn't it? What for? To connect the cities. City to city we are connecting through roads. Imagine a situation that you have the best of the cities but they are not connected by any way. They are not connected by any way. How does it look like? If the city in the south, say Munich, is not connected to the city of Hamburg, you are there and they are over here and there is no connection. Seven planes of existence that we have in us, take them as seven places of light. They have to be connected. They can be connected only by transforming the chakras into lotuses. Lotuses will unfold and throw the energies into higher plane. There that plane once again gets the stimulation, thereafter, thereafter, thereafter from higher centres to lower centres, lower centres to higher centres, there has to be a grand bridge built. A highway built. That is what is called The Path. That path is possible when the etheric centres are all connected. And the connection happens through unfoldment of these chakras but if these chakras are like our group members who do not connect to each other...

See, there is a group but members do not relate to each other. Can we call it a group? There are seven members in your system. All is seven, no? So, if they are not connected everything remains the same. If three people are not able to connect, where is the question of seven people connecting? Connections, there are the dimensions of yoga and the related practices. So, unfoldment should happen to the chakras so that the chakras get connected. When chakras are connected via lotuses the Anthahkarana is built. Not otherwise. Otherwise, they are all islands. Even our activity, our spiritual practices do not get into our daily life. We keep it as separate, mundane life separate. Within our life activity everything is separate, separate, separate. But at least we realise that all is connected by the undercurrent of one Awareness and by the Pranic principle. The Pranic principle and the Awareness principle should be seen as the bridges that connect. We have to work with the Pranic principle and the Awareness principle which connects the whole system. When it is systematically done the chakras transform into lotuses and when lotuses are formed, the Anthahkarana is built. Not otherwise; it is not built. It remains in the books. It also remains in our minds but not in our system.

So, the question here is about lotuses and chakras. 'I do not understand what is the difference in functioning and purpose when chakras are wheels of energy which I understood mirrors physical body glands and captures prana and then is distributed to the mirrored glands. When the chakras are converted into lotuses, what is the impact of the function of chakras as lotuses? What is the different impact, if any, to the physical body when the chakras are lotuses? I mean, is there any difference between chakras and lotuses and then how do we experience?' This practice, what is all said over the years in the form of the *yoga sutras*, *asana*, *pranayama*, *pratyahara*, *dharana*. These are the steps which are repeatedly explained but seldom practiced. That is seldom practiced. You should be able to sit at your brow centre with your pulsating principle, staying stable over there by which you will experience Light. For that number of seminars are given. A variety of presentations are given only to transform chakras into lotuses. When you do that, the connections happen within and then the Light shines forth and you gain enormous understanding and move forward and also build life in a manner which

is blissful to you and also blissful to the surroundings. That should be the understanding related to chakra and the lotuses. When chakras transform into lotuses what happens is what I said in Libra or Aditya Tvashta. He prepared everything in order. Tvashta prepared all in order. It is a matter of our relating to it by which they transform. That is the beauty of Tvashta. Libra, presided by Tvashta, gives you a key.

Come out of passion. Take to the passion of wisdom than passion of form. The beauty of form should be replaced by the beauty of Wisdom. Then you gain a step towards building the bridge. That is Libra. Libra is an outgoing energy. Successively it goes out and builds all planes of existence. Every day as we wake up, we get externalised. Our energy is externalised as we wake up and it goes into the objectivity. We don't know how to come back into subjectivity. Most of us feel very difficult to work with pranayama. It is very difficult for people to get back into themselves. To turn within has become difficult because you did not learn it. You learnt only how to go out. You did not learn how to come in. If you come in, to come in, you have to tailor-make your objective life not to be drawn too much by the objective life. If you are excessively drawn by objective life, what is it that you can do in this objectivity? The whole thing is to be built into subjectivity. It is a Temple activity, secret activity, inner activity.

The temple is the human body. There are seven lights in it. So, turn inward. When you turn inward, Libra is an obstruction. That is the problem. To go outward, Libra is excellent. It is into objectivity. It has a door that opens out. To come in, you have to find another door. To come in, you have to find another door. An exit door. An entry door. We speak of relating to the nostrils, get to respiration, go to the heart. That is how you have to get in. Solar plexus. It has 360 degrees; it can move out but to get in? You have to get in through nostrils, through air, get into heart centre and then build the inner side of the being. For that the fundamental thing is, minimise your objective life to a decent, comfortable living. That's it. There is no end to it. Too much comfort, as one of the members said, denies you from doing even any meaningful things. Building comfort, comfort, comfort, comfort. We are building so much of comfort on the planet and we are not yet in comfort. The way we are building houses, the way we build cities, it is all full of comfort. And all that comfort is not giving us comfort because comfort is not from the outer arrangement but by inner arrangement. A hermit lives in a very simple place with all comfort with no outer comfort. We know those stories of the hermits how simple they live. We build so much of comfort and that comfort is an obstruction to us. Why this comfort? It is a passion, Libra passion. And the passion...you see so much of passion coming in the... so much passion on the globe. Everything is built in a manner, in forms which are full of beauty. A beautiful form attracts you, no doubt but if you are with the passion, the beauty of the form, it is one thing. If you are with the passion of the form you are stuck with the outer. If you are with the passion for Wisdom, you get release from the form. That is why the key to Libra is, move from passion to form to passion to Wisdom.

See, when Greeks had passion for wisdom, they rose to great heights. The Greeks, when they had passion for wisdom, they rose to great heights but when they have fallen into the beauty of form, passion for form, Cleopatra coming to Rome, causing the necessary consequences, isn't it? See, these are all eternal principles. If you fall for form, you are into a lower state of awareness. If you fall for Wisdom, you are into higher state of awareness. Between seeing an entertainment programme or a Wisdom seminar or reading a book or a novel there is a difference in your state of mind. Isn't it? There are all kinds of books. There are also books coming from the Masters of Wisdom. Where is your passion? Where the key is? Likewise, in every facet of life, in objectivity, object is full of beauty because it has got its creation of nature. There is so much of beauty. There are mountains, there are river valleys, there are sea sides. There are lot of places on the globe which you can visit and feel comfortable. But then there is no end to it. There is no end to it. So, if you go more and more into objectivity, you seldom

realise that subjectively these are all...these can all be related to and you can gain the related understanding in a deeper manner. So, that is where Libra has to be closed. That is what we keep saying many times in our classes. There should be a limit set to Libra. You cannot let Libra grow enormously. It obstructs the way. So, you moderate your desires. You make sure that your objective life is systematised, that you find time for yoga practices or practices of discipleship which are essentially meditation, study of wisdom and service. When you don't find time for the fundamental triangle you cannot say that you have closed your Libra activity.

See, money making activity is eternal. Likewise, gaining contacts into the world, you can keep on gaining social recognition by relating to men of power, men of richness, men who matter. When you do that, you are always invited everywhere. Everywhere you are invited and you have to go. Too many relatives, you are invited for functions. Too many friends, you are invited for functions. Always some function or the other. So, you are always drawn out, you cannot do your practices. That should not happen. That is why from discipleship you have to decide how much outer activity you have to have, where you have to set limits to it. That is where the ring-pass-not helps you. Saturn gives you a way to set a theme by which this is the time for this and I make sure that I do my fundamental practices regularly and that is essential. And then there are non-essential activities. There are obligations in life which you have to fulfil. Besides the fundamental practices, you relate to obligations. More than that is only socialisation. So, you have to make an ABC analysis of your daily activity and shut down the growth of the principle of Libra which leads you into objectivity. When that happens slowly, it enables you to relate to the practices which we keep on suggesting through our teachings. In fact, the number of practices, the variety of practices that are suggested in all these years, we cannot do. We keep on suggesting because if one doesn't do one thing at least he does the other thing. T

here are so many practices. Fundamentally they are very few. If you relate to pranayama, that is it. You are inside. It leads you to the inner side of your being and gets you in touch with the inner side from where you can start working with Anthahkarana. That is all to be done. In doing so, we build the inner temple. For that, that is where lotuses keep happening. The chakras keep yielding and we work with pranic principle and associate it with awareness principle. They together constitute the Soul. Soul is but a pulsating unit of consciousness. Therefore, the Soul can be realised by working with awareness or with life principle. If you are with neither of it you can't do anything. Just picking up some mental concepts and then feeling happy about it is like children playing with the toys. There are so many toys for the children, they keep playing with the toys. Most of the students, they keep playing with the concepts. Some concepts they know, they keep playing with it but they don't take into themselves and transform themselves. Realisation has to happen only through transformations. And transformation demands a transmutation. Transmutation, transformation and transcendence is the way. All that work is within and that work must start with Libra by setting a limit to it. That is where Vritra comes. Set a limit to your objective activity and find more and more time for subjective activity. Sleep hours are also useful for subjective activity meaning, you are not disturbed during night hours but don't sleep away the entire night. It is not the purpose. The purpose is to relate inside. Meditation practices are to work within as also the prayers that we do. Most of them have to be seen within. The planetary principles have to be seen within. The 12 sun signs have to be seen within.

That is what we come to, now, that we try to see the zodiac. It all depends upon number 6, number 12 and number 4. Having just introduced the subject and leave for today and get into this sublime concept of Narayana, Vasudeva and Vishnu. Narayana, the number note is 4. Number is 4-Narayana. In all ancient theologies, God's name is said to be 4-lettered. And in the Sanatana Dharma, in the Vedic system, they call it Narayana. In Ibis also there was a 4-lettered word. If we get to that, that is another dimension. Number 4 is the number key. The

blue of space is the colour and then its functioning is involution and evolution. Involution and evolution. It has no limitations of any border. It is said to be rimless circle. Rimless wheel. You see in the hands of Vishnu a wheel, there is no rim around it. There is no circumference around it. There is no circle around it. It is unlimited. This un-limitedness is another dimension of Narayana. Rest of it they have circumscriptions but not Narayana. It is beyond. It is blue. It is 4. Likewise, you have Vasudeva whose number is 12. 12 Adityas. 12 sun signs. 12 petals of the lotus which we call the heart lotus. This is all about Vasudeva which I will explain.

Then we have the 6, the number 6 which has the 6 centres in us. Om Vishnave Namaha. These are the variations of the same blue. Variations of the same blue and then it details into many things. Narayana, Vasudeva, Vishnu. Vishnu is planetary. You can take it in the sense of permeating energy. The entire planetary system. Vasudeva is the entire solar plane and Narayana- Cosmic and beyond. Like that, in three steps, the One beyond steps down and in three steps again, he gets back into his original state. Narayana, Vasudeva, Vishnu. So, that is what we elaborately explained because there are so many dimensions in it. From time to time, here and there certain things were stated. I will try to see that all is set into one order and give the whole thing in an order so that it establishes in us. It is very well established in Lord Maitreya. It is established in the Masters of Wisdom because this Narayana principle is the ultimate. And we gave these mantras in the initial years and the 12 labours of Hercules also relate to it. All about zodiac is about Vasudeva and the centre is in the heart.

I will tell you the details. So, we go by. It is an enormous subject. I will start in a manner which I do not yet know because I have to find an order to present it to you. To know is one thing. To present it in a manner by which you will understand it and try to practice is another thing. So, we start with the...where I start, I will let you know. I do not yet know because each one is a huge concept but I will try to make it simple and give you so that we work with the six centres, we work with the 12 zodiacal signs and we also work with the ultimate 4-lettered energy which leads us into what we most cherish state - a state of liberation. So, may let it be so with us. In that context, the note given by our sister Isabella was very handy because she seems to have followed the earlier classes in a manner where what she presented is very valid and I will also present that when we speak of it.

By this, I have covered all the other questions. The only question which is repeatedly asked is what I will take up on 23rd October. 23rd October we start with it and we also get into Scorpio but then the Aditya relating to Scorpio is Vishnu. So, we are also falling in order in that way. It works well. I wish you all well and for about two weeks you may recapitulate, relate to things as much as you like. I look forward to seeing you all again on 23rd October. Namaskaram.