

Merry Life Teachings

Master KPK

May 1st, 2021

Talk 24

(This transcription is only for personal use. It may contain mistakes.)



Youtube:

<https://www.youtube.com/watch?v=7yajAEYWsbQ&list=PLsH2l6BIGH3b4sFdfDUvdUAlqVV8-JaSS&index=6>

Audio: http://masters-call.net/pcast/en/media/2021-05-26_29_2021_05_01_vaisakh_merrylifeteachings.mp3

Hearty fraternal greetings and good wishes to all the brothers and the sisters who have joined the evening class on Saturday to fulfil the marriage between a sublime human personality with the Divine nature to enable realisation of the soul. Soul realisation and experience of the divinity of the soul and its human compassion. In demonstration on the physical plane, he is seen as optimisation of living. Nala represents the fiery aspirant. He has been working hard with the virtues of human life. With the help of initiation relating to pranayama he was able to touch the divine side of being in oneself which is above the diaphragm. In the process, the divine nature was found to be favourably inclined to cooperate with the fiery aspirant. This is what is called discipleship. The teacher gave the key and the student started working with it. The key was respiration and the key was also realisation of the Self as one reaches the sun through the bridge of light which is built from Ajna to the heart. When man lives below the diaphragm, he lives as a beast looking out for himself, his welfare and his growth. Thereafter, as he ascends above the diaphragm into the cave of the heart, he thinks of fellow beings, their welfare, their growth and their overall well-being and continues to work. He realises that Self-realisation is possible only when he serves the surrounding life. So, he develops a life of service. He serves himself; he serves others and slowly, the circumference relating to serving others keeps increasing, where he gains the cooperation of the Devas. Devas generally help those who help others because it is their work. The Devas are working for others, not for themselves. If someone joins to work for others, to help others, Devas feel strengthened so, they cooperate. When human nature finds cooperation of the Divine nature many more things become possible and much work can be accomplished which is not possible individually.

The Divine nature is in the higher side of our own being. They exist in the heart, at the brow centre and at Ajna the soul transmits will, knowledge and activity. Strengthening oneself with the help of will and the knowledge as to how to do, what to do and when to do. He conducts himself with his human skills 07:53 and manifests the plan. For that the needed initiations were given to him. One was called Ashwa Vidya -working with respiration to reach up to the brow centre. The second one was relating to the solar centre which is at the centre of the forehead. When the sunray touches the being at the brow centre then another bridge is built so that the light and the love - the light at the forehead and the personality - build a bridge and conduct the work. In conducting such work, the man is fulfilled, the Divine kingdom is also fulfilled because through man they can get many things done upon the planet. The plan of God is also fulfilled because man can fulfil the purpose of the plan by aligning with the divinity in him. One when he is not aligned with the Divine nature in him, he is not all that accomplished. The divine part and the human part are demarcated by the diaphragm. Above the diaphragm it is Divine, below the diaphragm, it is human. Human working for oneself, however virtuous he is, until he learns to work for others, he cannot have the contact with the Divine world. Nala and Damayanti are two parts of our own being. That is what is to be understood. Nala ascended and Damayanti agreed to associate with Nala. Then, the angels tested them and found them to be very satisfactory so they could join together and conduct and both could realise Brahman or the Omniscient, Omnipresent and Omnipotent One. That is the story. In the process, they received the blessings of the Devas. As the Devas receded the angel who represented Saraswati gave them a mantra which I have been singing every time I start the class as *OM Aiim Hreem Kleem Saraswati Bhagavatyai Namaha*. That is the mantra given. That is to enable contact with Ajna centre. She also reminded them to work with respiration, pulsation and in pulsation, pick up the prana of Udana prana, reach up to the brow centre. From there, sitting at the brow centre, relate to the Sun in the east which is in the centre of your forehead. When that happens, the soul energy descends and together with the pranic principle, it distributes itself throughout your system. The soul is a pulsating awareness. Awareness is the light in you. Pulsation is the principle of Life. The principle of Light and the principle of Life go together. The principle of Light brings Wisdom with it, Will with it and Love with it and conducts the work. Saraswati blessed them and said, "Let the practice be continued until you get to Vyana prana." That is the fifth prana. All these were introduced long ago to the groups. There is inhalation called prana, exhalation called Apana, poise of the two called Samana, pulsation that moves up is called Udana, its merging into the head is called Vyana. This has to be worked out. When this happens, the bliss of existence is realised. Bliss of existence is what is called the state of being and it cannot be disturbed once one gets into it. That is called Samadhi. Saraswati cautioned them and said, "It gives you bliss of existence. It bestows equanimity and compassion. It enables realisation of the purpose of every incarnation. It reveals all branches of Wisdom according to the purpose. This is what is called Chintamani." Chintamani means, the purpose that comes up to you which can be fulfilled. That is what is referred to as the "Gem on the top of the head".

The angels also blessed the couple. The Angel of the East said, "I strengthen your awareness to conduct here. To conduct in the world, you need to be adequately aware and I will supply consistently and continuously the flow of word and also the flow of life." That is why the east has to be referred to as the inflow of Light, Knowledge and Life. That is what the Sun gives us. "I am ever present with you as much as you relate to me." That is the reason we look to the east. In the east we have the most brilliant visible sun through whom the Light and Life come to us from the solar centre called Savitr.

Then, the Angel of the West said, "Having received the Light and Life I will ensure that it is strengthened in you in Muladhara." The centre of the east is Ajna. The centre for the west is Muladhara. The Lord of the West is Varuna. The Lord of the East is Indra. The Lord of the West is called Varuna. He said, "I will consolidate the Light and the Love that you receive from the solar centre and make sure that you remain strong to conduct your work with much vitality.

The Angel of the South stated, "I will stay in your heart and overview how equanimous and compassionate you are." When you have equanimity and when you have compassion, I let the divine energies to manifest through you, through the heart centre. That is why the heart centre is seen as the distribution centre for the plan of God provided one is intending to work to fulfil the plan on earth from Ajna to the heart.

Then, the Angel of North said, "I shall overview your work and guide you through silence. The most precious gift of God is to manage the word. The word descends and fulfils. Truly it is the sacred cow. It wins all over. It synthesises, harmonises, uplifts, arbitrates and eliminates conflicts. Therefore, listen to me." The Word said, "When others speak don't listen only to the personalities. Listen to the soul and what it intends to speak. If it is only a personality speech you don't have to. If the soul is speaking, you should listen. Listen to me within you. Listen to me from the surroundings. See me in you. See me in the others."

If you follow these few you will have the cooperation of the Word, cooperation of the solar angels called Savitr or Gayatri, cooperation of the angels and you are anyway, as an aspirant, trying to seek cooperation to fulfil upon earth. The scriptures always mention the directions -the east, the west, the north and south. This is the path to light that we respect them. We also respect the diagonal directions like northeast, southeast, southwest and northwest, above and below, you being the centre. Then we have the planetary Devas, chiefly seven established in the related energies in you making you a mini solar system, a micro solar system so that you feel strengthened and invigorated surrounded by the Devas. There are also the five elements of matter, water, fire, air and akasha. This is the equipment that you build just by recollection. As you recollect the intelligences, they are ready to cooperate. They only see how consistent you are and how oriented you are. This is how a fiery aspirant equips himself, strengthens himself, noticing that these Devas are all elder brothers who cooperate, who lead you towards Brahman. Non-cooperation or ignorance about these intelligences keep us debilitated and not able to find the way.

There is a dimension related to this story. As Nala and Damayanti joined, meaning, the Divine nature in you and your nature which is human, when they start working together, slowly there is an alchemy that happens within you in relation to your nature. As I said, the mundane nature is tough, adamant, indifferent and lazy. It has its own definitions of freewill and liberation which has to be slowly tamed, just like a man tames a ferocious animal. There are stories where men tamed lions, men tamed elephants, men also tamed dragons, men tamed very special birds. It is all nothing but taming one's own personality and seeing what are the strengths of one's own personality and seeing what are one's own weaknesses. The human nature has its strengths and also has its weaknesses. The Divine nature guided by the Divine Mother has much virtues and strengths. The Divine and human nature are put in communion. That is exactly what marriage is meant to be in the inner dimension. A man and a woman who are living together supply each other different dimensions. Man has certain virtues and certain weakness. Woman has certain virtues and certain weaknesses. By association we mean associating with the virtuous side of the other. From one to the other the virtues flow and both are fulfilled. That is how the marriage as a sacrament is conceived. Marriage within is to be an accomplishment for which marriage outside is a facility. It is always found to be a way to move forward and therefore recommended by seers to all of us and is directed by Vaivasvata Manu. We are living in the cycle of Vaivasvata Manu. He suggested that man and woman live together, learn the processes of adjustment through sharing and receiving, bring up children, take responsibility relating to them, ensure that they also get into a meaningful and a purposeful life to serve the society. It is a sacrament by itself which runs around for a Saturnian period of about 30 years. It has to be done according to Manu. An individual life takes its own choices. The choices of personality vary and many times differ with the choices of the soul. Soul's work is to manifest the Will of God, Love of God and transmission of Knowledge relating to God upon the planet earth. That is where the soul is interested. Divine nature cooperates with the interest of the soul. Personality nature does not always feel comfortable with these directions coming from the Will of God, Love of God, Light of God. So, the Divine nature has to be compassionate. If you are virtuous, you have to be compassionate towards the weaknesses in you and also be compassionate with the weaknesses in others. Before you do that, you should know what is weakness and what is wickedness. Wickedness is the opposite dimension of the Will of God. It doesn't let you move. It arrests you and you suffocate. The Divine Will always intends to fulfil the purposes for which you are brought upon earth. Divine nature is what a fiery aspirant looks for. Though not initially the personality...is agreeable slowly, it softens itself and adjusts itself to virtues which are seen much more in a Divine nature than in a just human nature. Just humans are not so abundant with their virtues. Those who are associated with the Divine have greater virtues and those virtues are more electrical and magnetic. That is why we slowly adopt to a process of discipleship by which we try to demonstrate virtues in our speeches, in our actions and also in our thoughts. There is a good cooperation that happens in the Divine nature and human nature in

you. When it happens, slowly, the work starts happening outside in a manner which is beneficial to the surroundings.

Then, the karma visits from the personality nature because the human nature brings along with it, his personality. The Divine nature has no karma. That is why we have two dimensions of karma functioning through us. We are pulled either way which is karma in the personality and through the divine impulse many practices which we wish to do. These impulses come from the Divine nature but we are unable to carry out those practices because of the limitation of the personality which carries the baggage of karma. Karma is nothing but the sum and essence of past actions which we have to face and neutralise with the help of Divine nature.

Damayanti, the divine nature, was supporting Nala. Nala was fulfilling the karma and was also fulfilling the discipleship. We have an outer world, a society towards which we have karma. We have to pay back to the society through vocation. We pay back through the family functioning. We pay back to the surroundings in varieties of ways. Every month we receive income and we keep paying the bills. Like that in life, for an aspirant, there are paybacks to the past dues and there is also practice of virtues to make an ascent. In this process, the practice helps. The practice of respiration and the practice of relating to the sun centre in the head help us. This is what we have to note when we are reaching into the realms, more and more and more frequently into the Divine circles. The karma also rises to meet you. That is where a disciple's life is a life of tests and trials. Lots of tests and lot of trials happen. If you see the teachings of the hierarchy they say, 'The karma continues to be even up to the Fourth Initiation. Those who are working with the teachings in life are in the Second Initiation. Their interest in this path is what is called the First Initiation. The karma initiates itself precipitating from the Second Initiation. As you move towards the Third Initiation much karma is realised through attending with equipoise nature. By that you get to the Third Initiation where you transcend the mundane and get into the Divine side becoming semi-mundane, semi-divine where you continue to have consciousness and continue your purpose beyond one life. This is what is called immortality. Even after the Third Initiation there is karma that you have to fulfil on the planet. After the Fourth Initiation, the karma is completely cleared. Then, you become the prince of the planet. Until then you are the prisoner of the planet. Both words come from the hierarchy. We came here as pilgrims, we slowly become prisoners, we fulfil our work and get to be the prince. The prince can walk into higher circles or continue to be here to help the planet. There are many beings who have reached that state and prefer to stay back and work for the betterment of their fellow men. Those are called the members of the hierarchy. They have been here over thousands of years helping the humans. They are our models. They are our teachers. They give us enough inspiration when we relate to their teachings, conduct ourselves and have a happy mix, a happy blend of Divine and human nature. We shall have to be human too. If you lose being human, you lose contact with the humans. Your being with the humans is an aspect of love and compassion. Helping the humans is an aspect of compassion. You relate to the higher circles, receive wisdom and help the beings around in whichever way it is needed, to the extent you have the abilities. As you move forward in this path you not only gain virtues you will also gain abilities. Just virtues are not helpful. Abilities help. Make sure that you grow in abilities so that you are able to help in multi-faceted ways and continue to grow in virtues so that you do not aggrandise yourself. Let everything move all around but you should finish off your energies. Semi-Divine, semi-human is more acceptable to humanity than completely Divine because completely Divine is neither practicable for man nor is he accessible for man as easily as a semi-human and a semi-Divine one. Jesus is liked all over the world because he was as much human as he was Divine. So also, other Masters of Wisdom. They continued to be Divine and they preside over their beast at their will and at their beck and call. They transformed their beast into gentle ones so they could accomplish great things upon earth.

This is what Nala embarked upon and karma also raised, 'Let me see.' This what we call Kali. Kali tests you in terms of money, in terms of power, in terms of your love for beings, in terms of your skill in doing things. Lastly, it tests your ego. Ego is a major factor at every state. When you get fixed, you tend to be egoistic. When you are with power, you tend to be an egoist. If you are attracted to the outer world in one way or the other, you are lost. Winning over others and using them is also seen as a beastly quality. So many types of tests are offered and Nala withstood all. One test remained with Nala. In his past lives he was an excellent gambler. Gambling was a weakness at one time in his life. Gambling was one trait which was tested too where Nala falls. Just like in the story of Yudhishtira, the first son of the Sons of

Light, he also fell for gambling. Nala was also attracted to gambling. It remained as a past trait and it needed to be cleared. Likewise, in us, there will be very, very, very strong traits that may surface through Time. Many times, we get surprised. How could this trait remain with me? The man who holds his trait, it is down under the shelf, not seen earlier. When other things are cleared, the traits which are hidden deep within oneself surface. Just like Satan symbolically testing Christ. Satan tested Christ in terms of woman, in terms of wealth and in terms of Kingdom. He pleasantly set it off. Likewise, we too have certain traits which we may not know. When the situation comes, we will know in which dimension we are really strong and in which dimensions we are not. The attraction always comes from the outer and you encounter it. That is where the will has to work. But the trait is long associated with you, it is equally strong in you. So, you meet your counterpart in you, whom you have to clear. This is visited through the transit of Saturn every seven years either by an opposition or a square or a conjunction to your ascendant or to your moon. It has to be worked out. This is what we see as our difficulties where we normally come away from the regular practices because we are in difficulties. We are in problems and no cooperation is coming. We start thinking like that. These are the times you have to seek more cooperation. The more you align with the Divine, the more the supply comes- in terms of awareness and in terms of life. Every time when we are in crisis, the personality nature tries to say, 'I don't want to proceed with this anymore. This is boring. It is not working. It is bringing more and more conflicts.' That means, on our own account, cut off our supply chain. There is a supply chain from above in a vertical order from above downwards. Any crisis can be better solved if we can turn inward and turn upward regularly and relate to clear things on the ground. But the personality nature tries to put it off. The rebel comes out and says, 'Stop it! Enough is enough. Let me find my own way of doing things,' and puts oneself in greater crisis. That is where the ego does not let itself receive what is intended to be given from higher circles. Gambling was arranged through Time. Nala, the aspirant, has cleared all other karma. Only this was remaining. It means, he is at the door to move into higher states of awareness which would mean accomplishments becoming easy, fulfilling activities becoming easy.

He found on the way an embodiment of Kali whom he knew as a great gambler. He was a gambler of a very high order. Nala greeted him. The gambler also greeted him. Nala asked the gambler, "How is your gambling activity going?" The gambler said, "All is fine. I am yet to find one who can defeat me." Then the trait in Nala is tickled by the ego and he said, "I too know gambling. Let us play." The lady Damayanti, meaning, the Divine Nature said, "No, no, please don't get into these games. Don't get into gambling." In us also, there is the discriminative will which we can relate to, to know what to do and what not to do, when to do, when not to do, where to do and where not to do. This discriminative will is the gift of God to humans only. So, if you invoke that, the Divine side will give you ideas- to do or not to do. To be or not to be is the question. Be-ness is always there with the beings. We are always there. Are we blissful? Are we in misery and sorrow? That is the question. What do you wish to be? Venus is there. That Venus is 'to be' and 'to be blissful.' Nala was working towards that when a gambler came into his life. He only tickled the gambler. The gambler said, "Hi. How are you?" Nala said, "Hi. How are YOU?" That should have been the completion of the conversation but Nala said, "How is your business?" We keep on enquiring about others, no? For nothing. There is enquiry which is important. Beyond a point, enquiry is not only unimportant but unwarranted also. It causes discomfort to the other. Nala said, "How is the going?" Then, the gambler said, "I am fine. I am doing well. I am yet to find someone who can defeat me." By saying so, he tickled the ego of Nala. Nala said, "Let us then play the game of gambling. I was also a great gambler once."

These things happen with us. We want to show our past talents which we left behind. Some time ago if you had been a good singer but you left it for good and went into something better, if someone tickles you to sing, don't sing because you have left it. Even if you sing, you will not sing well and you will feel sorry to have sung. If you are with a major practice, be with it. Don't get into something else which you are not into now. When past traits are tickled the ego is awakened and the discriminative will gets obscured. We feel very great about our past which is not actually. We feel very great about our past and past accomplishments. They are all over. It is over. We are moving forward. All retired people speak of their past. All retired people speak only of their past. All children speak of their future. Very few are left to relate to what to do now. Anyway, Nala got into it and luckily for him, Damayanti was there for him, meaning, the Divine nature in him, the discriminative will within said 'No,' which is expressed in this story as Damayanti saying, "No, no. Don't get into this. Let us get into our work. We have our purpose, our work to fulfil on the ground." But Nala did not listen. That is the beauty. Sometime man

says something, woman says the other thing. Isn't it? Sometimes woman says something and man says something else. In marital life, we have to work out an equation. Sometimes woman is right. Why sometimes? Many times (Master laughs) and man is not so much right. We moderate our thinking in association with the Divine side of our nature for which we have a companion. Outside also, a wife is helpful to a husband. A husband is helpful to a wife. They cover up each other's weaknesses and they grow in their strengths. It is a facility. That is how it has to be worked out in the outer life. In the inner life, the nature above the diaphragm and the nature below the diaphragm. The story is from the solar plexus to Ajna. They are at their meeting point. Damayanti suggested but Nala did not listen. Some ideas, some practices, some work to be done, some service to be done, these are all obstructed when the ego grows. But then the Divine nature reminds us what to do. The human nature, not willing to listen, entered into the gambling game, meaning, it entered into dangerous areas.

Gambling means...I would define gambling as an activity which is not recommended by those who walked before us. They gave us certain directions and certain dimensions. There are humans who ascended and, on their way, faced many tests and many trials. They were all recorded and they gave us guidelines - where there were pitfalls, where there are safer paths. So, we notice, take their guidance and move on. Gambling is one of them. Another one is relating to tobacco. Yet another one is relating to alcoholic drinks. Still another one is nocturnal activities. Night activities like drinking, dancing beyond dimensions of time. What to do during the daylight? What to do during the night time? There is day time and a night time. It is divided into eight parts. How to work with them is given. Ashwini stotram- I explained all of them to you - when to do what. The Divine self said, "Don't do it," but the human side said, "Let me try." He lost. Then he went on betting further and lost all his wealth. Then he went on betting the kingdom. The Divine said, Damayanti said, "My dear, the kingdom is not yours to give away. The kingdom is for you to be responsible through service. You need to serve the society. You cannot sell it away. You may sell away whatever you have earned which is meant for good use; you may lose but you cannot sell away the kingdom. But the ego of the human nature is such that he thought he was not the foremost server of the kingdom, he was the King who owned the kingdom. Kingdom is an entrustment not a privilege and a placement. People are entrusted to you to be served. They are not your people. All people belong to God. The family that you have is not yours. It belongs to God. You are there to serve them as much as you can. If they find their own way, let them find their own way. Damayanti said, "You cannot sell away the kingdom. It is not yours. The kingdom belongs to God. 58:01 blank... you have to work for them not sell them away." But Nala, out of sheer egoism and related ignorance bet upon the kingdom and lost the kingdom. Then, Nala was bent upon betting his children thinking they were his. He had two children. Damayanti, the Divine nature, said, "They are as much my children. They are not your children. When you started betting, I sent them away to my parents' house because I know what happens to a man who takes to risky and forbidden ways of doing things." A mother is more concerned with the children than the father. It is in the nature that mother comes first. The father comes next. For a mother the husband is of secondary importance after the children come up. A mother serves the children, she also serves her man but between the two, the children are dearer. She looks for their safety. Damayanti was wise enough because she came from higher circles. She knew, she could foresee and she therefore sent away the children even before Nala thought of betting upon the children. She sent them away. Then, the second time, she stopped him he did not. The first time she stopped him when he went to gamble. Second time she stopped him when he lost the wealth. Third time she stopped when he gave away the kingdom. What was left were the children. They had already been sent away. The only remaining one is Damayanti herself who prepared to leave. Damayanti said, "I have come to fulfil your purpose. In fulfilling that process you have arrested yourself on account of adopting to forbidden things but I will continue to cooperate if you stop this gambling and move forward. Anyway, now you are free from the kingdom and you are now free from your wealth." Most of us, we have much wealth which binds us. We have many people who bind us around us. Through crisis many times, these two bondages are released. The other side of crisis is you lose certain things which are in tune with the time plan. It enables us to receive certain other things which is again as per the time plan. "What is left now is you and me. I am your Divine side which is held in you by my volition, not by YOUR volition. I am pleased with you because you were looking for me." This is where many aspirants should not drop off their practices when they are in crisis. Nala was offered by Damayanti, "If you wish we can move together. If you don't wish, I can depart but I have come with a purpose. As far as I am concerned, I will not depart from you. In your crisis I am the only one who can stay with you when you have no other." What is left with a man who has lost everything? Himself, his

nature and his little association with his Divinity. The divine is an eternal friend. The human nature is sometimes friendly, sometimes unfriendly to itself and it can be unfriendly to the surroundings. Nala was unfriendly to himself. Nala was unfriendly towards that which he invited into his life. A man invites a woman, a woman invites a man. They have to develop friendliness. Crisis may come but its association is seen as a failure which has to be overcome by yet another effort. You cannot overcome crisis. You always solve it. Otherwise, it comes back again and again and again. We have to neutralise the crisis. That is where we are helped by the teachers. We neutralise and move forward. Damayanti said, " I have decided to be with you because I have come to you so that together we can realise Brahman. You need me. I also need you." Because man has a facility for movement towards Brahman which not all Devas have. Only some Devas accomplish it. Many teachers even guide Devas in higher circles. "I am with you. Let us move together. We are relieved of the kingdom. We don't have to get into the kingdom. We will invite the cabinet, tell the ministers to take up, elect a leader and rule the kingdom according to the law as you, Nala, was doing before." They explained their predicament, did not enter the kingdom and walked away entrusting all things to the cabinet of ministers.

That was the kind of democracy they had. A cabinet and a king. The king always listened to the cabinet. The king never overlooked the Cabinet of Ministers because the ministers were found to be well-informed and wise while the king was considered to be the executive who manifests the wisdom with the help of his machinery. The secret was there from age-old times. There was a time when the wise man was himself the executive also where we had the prophets, the judges. Later, the kingly duties were separated from the duties of Divinity and they were two heads. The head of Wisdom and the Head of Execution. Slowly, the execution grew in its ego and disregarded wisdom and became a vampire on the kingdom. Once kings became vampires, democracy had to come in. All that has happened on the planet is in tune with how best we have adapted to the law.

Here, in this story of Nala, they quietly walked away from the kingdom. They entered into the forest to fulfil the purposes. Then, there was a great upset in their life because they had to take to different rhythms. The rhythm that they had earlier were full of comfort and now, they were in a position where they had to look for their food, look for shelter, find some physical comfort to continue with the practices. But then, just like when the time comes all good things come together, when time is contrary, crisis comes one after the other. They come together. They know group work is good. Virtues are together and the calamities are also together. They come together. They see the virtue of being in group consciousness. We are also trying to learn the virtues of group consciousness. From just being individuals, we are tending to be groups and trying to improve relations with other groups and find a global group so that we feel really strong as a network of goodwill workers who are pledged to follow the Path of Wisdom as is given to us by the hierarchy. But our problem is, from time to time in our lives, we plan in crisis of personalities. All crisis can be overcome in association with the Divine. The Divine association comes to us through the five elements of nature, through these planetary principles, through the directional principles and through the solar angel who is the most brilliant one in the solar system. Relating to them, receiving the knowledge, adopting to their will, conducting the work, slowly, we overcome the times of crisis. That has to be worked out. Since Nala was in confusion, Damayanti stood by him. It is a great blessing. When you are in crisis, your Divine nature should be more dominant in you not your human nature because human nature takes to excuses. It also tries to obstruct your practices. The obstructions come from your own personality nature only. Don't think they come from outside.

The first dimension of the personality is, indifference to the practices. We don't want to do our daily practices when we are in crisis. It is like cutting a major supply line when you need it much more. Then the second thing is doubt. We doubt while we are in crisis. Does the Divine really help us? Do the angels help us? Do they really exist? Our trust reduces and goes through a wavering situation. Then we make mistakes and slowly settle down to laziness. The mind is busy trying to find within its own box certain solutions which do not come unless you are open to the Divine side of your being. In a crisis, when we open to the divine side of our being, right thoughts come, then you proceed in the right way, do not complicate much and try to find gradually, the needed solution. Instead, it gets into a busy mind, builds its own box and starts suffering all kinds of fears, anxieties and delusions. You lose continuity of your own thoughts and you become unstable. You start loving yourself and not even let anyone help you. These are all the things Patanjali said in the very first chapter of Yoga Sutras. Obstructions do come

and you have to be more in relation with the Master in you. When the obstructions come let all energies flow into you so that you once again reset yourself to move through the crisis. Crises are the means for growth. No crisis, no growth. Crises do come and we neutralise them by associating with the virtues in us, the practices in us by which we are helped through time and we move forward. That is how Damayanti decided and Nala agreed. The fortunate part is Nala agreed otherwise the story would discontinue here. It is like, a disciple on the way dropping himself for life. It comes back in the next life. And every time there is a crisis, people drop off and once again they start because they also willed it that they shall reach the soul and then the super soul. The story has now come into its crisis part. We will continue in the next class. Before that I will say one thing. An initiation has been given to this planet last night and also, to all those who relate to the Divine plan. This initiation comes to us from Uranus to Sun and from Sun to Moon from constellation Mula and Purvashada. We stand in a situation where we are lifted up. We are guided by a triangle of Masters St. Germain, Master CVV and Master Mourya and we may relate to them. The related energies of Uranus, Sun and Moon would help us to stand into the intended initiation which has been introduced and will continue up to May Call. Thereafter, the impact of it would be felt on the planet for seven years and it will get completed in ten years' time. Just to share this information with you. No further details can be given. We can work them out by listening and we can share it with those who are with this activity though not with this teaching right now. Thank you one and all. Namaskaram.