

Merry Life Teachings

Master KPK

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Talk 19

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Sri Gurubyo Namaha (Salutations to my Master)

Hearty fraternal greetings and good wishes to all the brothers and sisters who have been eagerly waiting to once again listen to the teachings which are carried out under the caption Merry Life. We shall have to be merry, not as worried, and in our pursuit of Wisdom, and in our pursuit of Truth, we try to understand the laws of Nature, attune to them, slowly transform our nature from being beastly to human and from being human to divine, and from divine to the ultimate Truth. In these 4 steps we make our transformations, and all those who have very fiery aspiration towards such transformation they are called aspirants or *yagnasus*, and I must say I am very fortunate that all those who related to me during the last 33 years continue to pursue the teachings, try to practice them in spite of their personality deficiencies and are working out the Light within, and on the way they find their moments of joy and their moments of sorrow, but yet we have crossed over more than a Saturn period. It all started in '81 and we are now in 2021, 40 years of work and I am thankful to the groups for their continued interest in the subject, and working them out in their lives. In the process many children have grown to be family holders today, and now, those who have been cooperating with our work all these years, the co-workers, they have always been encouraging and supporting the work. While the support comes from higher circles, support at the ground level is equally important. That forms a perfect right angle: from above you receive and to the surroundings you distribute, and the right-angle triangle enables manifestation in a much better fashion as we know, and it is the very

basis of the very Creation. The vertical joints the horizontals and on the tripod in use, the triangles are built, and multiple of triangles are built and the Creation is made.

I am glad to see Günter Zwirner along with his lady Doris that are back here after the great surgery that he went through and it is a great joy to see you all. To see you all is an additional advantage to the same line. I am able to see right from Olavarria to Europe up to Germany, all groups are covered thanks to the operators who keep changing the scenario here for me to see as many as I can. Nice to see you all, it gives me much impetus and much encouragement. While the teaching is eternal, I wish to teach as long as the groups are willing to receive the teaching. Now the situation is that it is not their willingness, they are almost demanding for these teachings, and many are waiting for this 27th March as I see from the e-mails. Thank you one and all, we resume our third round of Merry Life Teachings. First round there was a gap, second round after, there was a gap, now we get into the 3rd round of teaching. Each time I wish to present the same subject but in a different way, because the path to Truth is one, there are many methodologies. Many initiates being human transcended all these personality issues and settled themselves as semi-ascended beings, meaning they made themselves available to devas, also available to humans, and built a bridge and continue to supply the Wisdom and guide people all over the globe at all times. It is not one or two, they are many, and we follow them, we try to follow their teachings at different times. According to different states of comprehension and different states of evolution we like different teachings. Just like we say in English, "The birds of the same feather flock together", there are people who emotionally relate to Divine, they flock in one place. There are people who relate to rituals and rhythms, they flock in one place. And there are people who do intelligent distribution of natural resources into the surroundings and thereby relieve themselves from the conditioning of material. It is another dimension. There are scientists who ideate and give strides forward to humanity which are used and also abused.

Therefore, everyone is working for the progress of humanity according to their state of evolution. Some of us are interested to know what is man, what is cosmos, how to relate to cosmos and how to relate to the Origin and know the laws of Nature, adapt to them and improve our abilities and reduce our deficiencies so that we try to serve in an all-round manner, which is provided in the path of Synthesis. So in this context we have being continuing these teachings over years and we continue to do so, so as we resume, the resumption is on the basis of love for the students, love for the groups and love for Wisdom. That is the basic foundation. There is intense love for Wisdom in all of us, therefore we pursue Wisdom and then we are only relating to those groups who are relating to us. We are not broadcasting or publicizing our teachings only for the simple reason people go to such places for pursuit of Divine, according to their faiths, so their natural gathering is more important than our gathering them. Therefore we are continuing this mode of working relating to the students who are inclined to relate to this teaching and we do not claim that we are completely covering the whole globe, we cover a fragment of the globe who are interested in this dimension of teaching, and we have not only interacted through our teachings, we have healed ourselves through our teachings. That is where most of the time teaching has become a means to healing also, and teaching and healing are based on love.

Therefore, we look to more secondary activity in which we include the 6th ray of Devotion, the 7th ray of Rhythm, the 1st ray of Will and then the 3rd ray of intelligent utilization of whatever resources that we have for the benefit of larger community. The only ray that we do not really cover is the mental approach to the whole subject, which is gradually overtaken by the buddhic plane of the wisdom. We also know that we are very emotional which we try to overcome through regular practices of wisdom. These are all the implements with which we start and we continue to work with them.

Before we start the teachings, I wish all our groups who are mostly untouched by the epidemic - our groups are least touched by the epidemic - and I wish that we do this Healing Prayers regularly, so that the impact is also on the surrounding societies. The basic problem with the humanity is they tend to be irresponsible when there is no fear around. If there is fear, we tend to be obedient. When the fear is out, we are also out of rhythms, we are out of the normal regulations. In fact, most of the humanity they pray God only for fear, not to understand Him, not to understand the energy, not to align with the energy, not to experience the energy. They do it in all religions, just by fear they are driven to God, which is also seen as a means to move forward. This Corona that we have, the viral, it has still the potential to spring back, and unless we are very rhythmic and follow the regulations relating to the mask and the social distance and all the regulations which they have promoted, we'll bring it back and then suffer again. We do the same mistakes and then get back to same sufferings. Please, hold on to this prayer and inform in your groups not to move out unnecessarily, but to work mostly on-line.

One good thing that has happened in this year is we have learnt to function without much physical movement. The physical plane is substituted by subtle plane. It should be seen as an act of Uranus. Uranus is now from last year itself in the month of April or even March, he entered Taurus and therefore he touches the Earth much more than before, and he continues the touch and move in Taurus for seven years. In these seven years we should know that we have to move more to the subtle than just being in the gross physical all the time, and all activity all over the globe is tending to be on-line. Even shopping has become on-line, provisions that we purchase have become on-line. In a country like India everything is on-line today. Therefore in a developed country like in Europe and Americas you should be much more on-line functioning, so that you avoid excessive movement. That we should avoid excessive moment, that we should avoid excessive talking, is already said 5000 years ago, "Do not eat because it is available, do not move around because you have money to move around, let there be a purpose in doing everything". Therefore all those scriptures are valid for all times to come, and we pick up when we get into emergency, but it is OK. The Nature showed that it can overpower us with its other dimensions. Nature is not only benevolent, Nature can be very punitive also. That is why in Indian mythology you have Kali and you have Parvathi. You see how ferocious is Kali and you see how beautiful is the deity Parvathi. In nine different dimensions the Nature exists. The lower nature is full of conflicts, the Higher Nature is full of harmony. Our job is to move from beastly nature to human nature, from human nature to divine Nature and thereby experience all the planes of existence in their complete harmony. That is what we are planning to workout, working out according to the priorities we have in our personality. Therefore, do not neglect this viral because it is fading away. We continue to work for this entire year. In fact, in the New Year message that I have given, the year 2021 also continues to be a year of difficulties and we shall have to stick more to the regulations of our discipleship and conduct our work relating to Light inside and minimize our work outside in relating to the objective world. The younger generations have more need to relate to objectivity, the older generations do not really have so much need to relate, relate only when it is necessary. For a disciple it is a dictum for all times to come, regardless the age.

I thought fit that I remind you all that we take care of ourselves attending to the regulations of this epidemic, let us not be complacent, let us not be indifferent, because it is not that we fall back into the old ways. When we have gained certain new habits which are useful to us and useful to the community, we should stick to them. Two things, one is social distance, another is not to move out when there is not much need, and then the third dimension is, make merry at home relating to the Light in you. The very invocation that Master gave us is, "May the Light in me be the Light before me". The source of that Light in us is I AM, which you can find at your forehead. From there it starts,

in five steps it comes down into different dimensions. I AM, it functions from here (Ajna) and it rests in the heart. So this field from above diaphragm to the forehead is the field of I AM. We shall have to be more with it in a vertical manner and go out into the outer world when necessary in the horizontal line. Parallely, we work into objectivity come back and join the heart and move towards the forehead and be there. That is the practice at all times to come when you do not have anything to do in the outer world. That way you build the verticals. Once you build the vertical, slowly you stand the chance to move up with the help of Pranayama. The field of I AM is from diaphragm or even the heart centre we say, up to Ajna centre. Up above (head) is a different situation. Therefore, this field, we have to be more within it (Ajna to Heart), and for that respiration, pulsation, they help us to move up.

The fourth step of Pranayama is Udana Vayu. First step is Prana, second step is Apana, third step is Samana where you feel the pulsation, fourth step is Udana. If you pursue it, you move forward and go up to your brow centre. As you move up forward from heart centre to the Ajna centre, you realize all others. You realize the sounds, you realize the numbers, verily $\frac{3}{4}$ is divine, $\frac{1}{4}$ is mundane. That is how Purusha Suktam says, "*Padosya vishwa bhutani tripadasya amritam devi*". So, in three steps you experience divine colours, divine sounds, divine symbols, divine numbers, divine formations. Incidentally the Divine Masters. Don't crave for the presence of a Master. When it is necessary, He appears. But you work with colours, you work with sounds, you work with rhythm, essentially you work with your Pranayama. Pranayama is the only step, which is called the fourth step of the eightfold yoga, which enables you to move from outside to inside. Unless you move inside and pursue for long years, you cannot find the Light. Be with the respiration, it surely leads you to pulsation. Pulsation leads you to subtle pulsation. Subtle pulsation puts you to verticals. What is the use in speaking about verticals and horizontals unless we gain that vertical? On the planet only the humans have vertical vertebra, animals have horizontal vertebra.

Go inside, find your own vistas of knowledge, unfold, many things are revealed inside to you when that is your priority. In olden days there were no books. They found everything within their own book. You are yourself a book, you are the original. In you all chapters are written. Why don't you go inside and find your own way? Once you get into the heart, he says "Here I Am". "He Art" that is how Master CVV said. He Art, meaning it is His Art, His Play, that we are pulsating. It is not that we are pulsating. Here I Am, Here I Am, Here I Am. Hrid I Am, Hrid I Am, Hrid I Am in Sanskrit. In English: Here I Am, Here I Am, Here I Am. Be there. I AM is connected to THAT. THAT is up above, it is all around. That is what we call The Master. When we say Master it is not Master CVV or Master EK or Master MN or Lord Maitreya. No names, no forms, He is omnipresent, omnipotent, omniscient energy that is with you as I AM in you, descended into you as I AM. So, THAT I AM is the step. THAT I AM you can reach provided you know first I AM. And you have a personality. This personality is a facility to function in the objective life. It is not to aggrandize, it is not to put it to publicity, it is like your vehicle through which you can relate to the worlds, not only to the physical world. In all worlds you need personality. Depending upon the translucent personality you have, you are able to look up to other planes of existence. We speak of seven planes of existence and we are just at physical. We have no orientation to the other planes which are full of light, to start with violet and then you have so many other. All that theory you know, but you have to find out inside. "May the Light in me be the Light before me". I AM has to be our basic seat and we, by seating as I AM you are functioning as soul. If you forget I AM and only remember your name, your form, your colour, your nation, your gender, your age, your wealth, your social status, you are nothing, because there is all limited to this life. Next life what remains is I AM with whatever knowledge you have gained. I AM, AHAM. If it is AHAM by itself it tries to be egoistic, it tries to be very independent, it tries to be individualistic, it tries to separate itself, because it feels very special about itself. The first and fundamental step of

ignorance is segregation and separation, division. Inclusion is what we are told to practice, exclusion is what we always carry on. In exclusivity we become weak, in inclusivity we become strong, because all is united in its origin. We are working towards the Origin. Therefore personality every day it finds its own way to bulge out like a phantom.

Every morning we shall have to set our personality in order: "Try to cooperate with me, help me to fulfil the purposes for which I have been feeding you". It is the soul that feeds the personality and the personality behaves as it likes. It is like you grow a child with all abilities, with all facilities, nourish it well, later the child says "bye" to you and then all your effort you have to again start with. So the whole work is working with personality. If you are able to mount your personality and able to organize your personality, you can do a global work, and the Masters of Wisdom have extended their work even to the other planets. They have become outposts to conduct interplanetary services. They are our examples. Please remember all Masters of Wisdom are great examples to us. They are not our goal, the goal is Truth. They also pursuit Truth. They realized the Truth. They came back to serve the ones whom they feel they should serve so they also find that Truth.

First find the Truth in you, on the way you may find some Masters, but looking for the Masters is not a path. Looking for the Truth, adopting to the Laws of Nature, adopting to the regulations given by the Teachers which are also recorded in the Scriptures, that is the way. On the way you meet the Teachers. On the highway when you go, you find the milestones. Like that, the Masters show the way. It is for us to work it out. And this way of working will lift us from being physical, just physical. When we are having a sevenfold mansion in us, why just remain physical and even get into the cellar? Therefore recollect that you are I AM and you have a name as a facility, you have a form for facility, you are born in a certain country for a purpose. You have gained a mother tongue for a purpose. Everything is purpose oriented when you are incarnated. Do not neglect them. Do not neglect the mother -that is why we say in Sanskrit, "do not neglect the mother, do not neglect the mother tongue". You may learn English but do not neglect your mother tongue. Do not neglect your mother land. Grow with roots firmly fixed, because it is intended in this incarnation that you shall have to be German, or Spanish, or Argentinian, or American, Indian, so many we are today.

Basically, we are rooted. From there we grow to be one humanity. One humanity is our objective. We do not localize totally ourselves and we do not have to uproot ourselves totally. Either way is an extreme, because Nature intended you to be at a place and then grow, grow, grow, grow...and you can grow global. Not only global physical, the globe has so many layers in it. I have being touching in Telugu classes these days in the story of Priyavrata the sevenfold globe, of which what we see is but one. There are seven layers in it. When you get to the seventh layer, then you have Shamballa. Shamballa today is our ideal, our emotion, our glamour. To reach Shamballa, thanks to Master Djwhal Khul-he has made it global that all people think of Shamballa, Shamballa, Shamballa, Shamballa. But who can go to Shamballa? Unless you move in you, you cannot go to Shamballa. The best of these adventurers went to Gobi Desert to find Shamballa. They could not find. They know that it exists, but they do not know how to find it. There are so many ashrams on the planet which we cannot trace. That you can trace when you re-form your equipment. You have to do mutation with yourself, you have to cause the needed transformations in you, and then transcend plane after plane, and that's where the teachings are helpful. Therefore, learn to be I AM, function as I AM, don't function as a personality. As a personality you are stuck. The entire humanity is stuck with its personality and they are mostly stuck with their Solar Plexus, and the Solar Plexus grows when we do not attend to it, isn't it? Most of the members they do lot of seating meditations. The belly grows, but not wisdom. You can also see me growing the belly sitting for one year. So bellies grow, meaning it is indicative of personality growth. All that grows, all that gets into disturbance as we move forward in life, is all in personality, not with the soul. It all depends upon how you build your personality. Build it in a

manner which is in tune with the Nature, in tune with the Law, relate to the matter, relate to the water, relate to fire, relate to air in you. These are the four dimensions. How good are we with our air? It means respiration. What are the diagrams that we build when we project a thought? Are they cubes, are they spheres, are they triangles, are they equilateral triangles, are they isosceles triangles are they some kind of vague forms that you build in thoughts? Thought is fire, air is respiration which leads you up. Thought is fire that decides- how constructive is your thought enables you to construct your life. In thought there is conflict. There is always conflict in thought because it keeps receiving waves from all the surroundings. You should resist, and allow only those thoughts which are helpful for your moving forward, not pick up all thoughts and make your mental plane a platform of debris to divine things. Do not do it. At thought level we need a filter and then at the speech level you need further filter.

Man is given the best facility, animals cannot talk, trees cannot talk, creatures cannot talk, birds make some chirping noises, but we have language. We have the speech. We have the ability to communicate, we can be very helpful to ourselves, we can be helpful to others. Speech. What are the laws of speech? What are the laws of thoughts? And if we view further down, what are the laws relating to the five senses? So, the lower, the personality has to be consciously trained, it has to be methodically trained. It has to be rhythmically trained. You cannot afford to speak statements that cause conflict in the surroundings. You cannot disturb the silence, what little silence that exists in the world. We cannot go on disturbing with all kinds of gossip. It doesn't help. All these we have been trying to practice, I do not say that we are not practising. But unless the lower is set right it disturbs your recollection of I AM. Therefore, we start the day relating to THAT I AM, because THAT is omnipresent, omnipotent, omniscient and is available with you at your head. Feel THAT I AM here (upper part of his head and forehead). As you wake up feel THAT I AM and I have a personality and I have an obligation to the world around. Unless you fulfil the obligations to the world around, you will not be allowed to move in. You cannot be escaping things in spirituality. Spirituality teaches us to be responsible in every little act and make sure that you discharge the responsibility with utmost care. You cannot jump over things. As they say in English movies: "Don't jump over the gun", because the bullet is faster. We want to jump over things, we do not want to work out our deficiencies. Our deficiencies at the physical plane are much more than the deficiencies of others, because we neglect our body in preference to spiritual practices, which is also not knowledge.

We shall have to balance all the seven planes: physical fitness and emotion. Unless you have a continued aspiration your emotions continue to raise. As long as you do not pick up a noble aspiration and work for that in life, you are very emotional. You remain emotional. The anger comes, the hatred comes, and then excessive desire comes, fear comes, miserliness comes, doubt comes, suspicion comes, we are filled with all this stuff. Once you are into a noble aspiration slowly it takes to a stream and these emotions slowly get neutralized. There are six emotions which can totally drown you in the waters of emotion. And the thoughts, unless you make them really orderly and regular by relating to noble thoughts, acts of service, you cannot really overcome your thought plane because selfish thoughts always look for profit and then comfort and then money and sex and it is another field by itself. There are 9 ruffians in that field which Master Djwhal Khul puts out in the book on Esoteric Astrology under the chapter Scorpio. I have narrated them in the book Aquarian Cross, starting with money, then comfort, then sex, then over ambition, then jealousy, then suspicion, then pride and then prejudice. All these will pull you down. We mostly misunderstand people than understand people. You know why? Because we are overloaded with our opinions. When we are loaded with our opinions and when we listen to others, our opinions and their opinions together, they do not give us the right understanding. If you keep your mind clean, you are able to listen the

other better and understand him better. Therefore these are all dimensions of personality which we are very familiar with. I do not wish to get back into it.

My idea is, that we as disciples, time has come that we think that we are souls. I am a soul and I am a son of God, eventually I find the Father in me and in relation to Him I work in the field. That's it. I am the soul, my father is the super-soul, THAT. And I AM THAT and THAT I AM. THAT has come as I AM. Hari means that. Ask any Indian, no Indian will tell you Hari means what. Unless a Teacher tells you, you do not know what Hari is. Hari means "the descended one". Hara means "the ascended one". What is it that people know? They read Scriptures, they think they have understood and they go ahead. Without understanding anything any number of times you read the Scriptures, it doesn't help. What helps is to find within you all that is said in Scriptures. It is said only for the humans, it is not for animals, it is not for birds, it is not for trees. To whom are the Scriptures given in the world by the knowers? Out of outmost love for humanity they gave out what all they found in them, they followed it with others and then found that it is the way and then they gave it out for the benefit of humanity. Therefore we are, as disciples, working to overcome our personality. Mount the personality, stand as the headlight. The headlight which shines through the prison of the personality. Imagine the personality as a prison or as Master Djwhal Khul puts it: as a triangle, a huge triangle with its fourfold dimensions, upon which your head should stand as a lighted ball, as a lighted sphere. Let the head be above, and the personality be ruled over. When personality imprisons the soul, you are gone. You get more and more into ignorant activities and you create more and more karma, and that karma comes in your way. Your own obligatory karma puts you always in the outer world. Is your house a karma or a facility? You have to see. All material that you gather around is your karma or is it a facility? There is a point, what you gather becomes your karma. Excessive matter binds you. Likewise your emotions, they bind you. Your irregular thoughts, they bind you. You become a prisoner of you own being. You are a pilgrim that is given a personality which can be made into a flying horse, or a flying bird, there are so many flying things which are used by First Logos, Second Logos, Third Logos and all the devas they have vehicles, and all these vehicles are personalities. When you have a personality which can lead you beyond physical, it is a facility. We can get to other planes of existence. We are unable to do so because we are stuck with our personalities. We aggrandize ourselves with our personality. We are all sons of the same Father. There is One energy that has manifested into various forms. In all forms it can be found. It is only your intention and your deep intention. That is what is called Vishnu. People know the name of Vishnu but they cannot see Vishnu anywhere. People say Hari but they do not know what Hari is. We invoke many divine names not knowing what they are and we feel that we are already very theistic, we are very knowledgeable, we are already somewhere nearer to the seventh plane, something like that.

So, I remind you, do not fall into your personalities because daily as we get into work we mostly fall into the personality. Don't fall upon it, mount on it, conduct your work, dismount from it and be yourself when you are at home. Just like you park your vehicle, come out and take your seat in your apartment, use the personality and get out of the personality, don't feel that you are the personality. I am not the name that I am given, I am not the form that I am given. The name and the form is a facility. All that I have done belongs not to me but to Him. This attitude is important, that we work for Him to reach Him. If we work for Him to reach Him, we do not think so much about our personality. If you fall into the shadow of you personality you are stuck. Please, do not do it. There the mantra is THAT I AM, not just I AM. I AM is only to re-identify ourselves. That is not the end of it. We re-gain our original identity and this I AM is not complete, only as THAT I AM it is complete. The wave is not complete, it is the ocean that comes as wave. The ring is not complete, the gold that is the basis for the ring is the original. So we touch the original and from that original we are formed like this. It is

the ocean that comes as a wave, each wave is different. It is gold that is made into so many ornaments, the gold ornaments are different but gold is gold.

Essentially each one is a son of God. This we should never forget. Essentially each one is a son of God, by choice we may degenerate into a human, or into a beast, or into a diabolic by our own actions. We can be diabolic in our actions, which we see in the humanity at large. We see humanitarians who work for the cause of humans, we see divine men who try to bring in additional energies from higher circles to fulfil in lower planes, and we see the devas functioning. And the devas are also in three planes: planetary, solar and cosmic. We can access all of them. Why should we access that which is undesirable instead of giving preference to that which is desirable, which will reinforce you and enable you to function? Through speech you can transform, through speech you can heal, through speech you can uplift people. It is a service. *Gnana Yagna*, they say. To teach Pranayama is a great service. Make people seat at regular hours and ask them to breathe in and breathe out until they find the comfort of feeling the resonance of pulsation in them. Let them do it, take care of them, set them sessions and once they are into that field they are above the diaphragm.

Where does air function? At the heart it functions, and heart is above diaphragm. Outside of the solar plexus. According to two schools of thought, one says solar plexus is emotion, sacral is fire and therefore the thought. And then physical is the base centre. The three lower centres, leave them aside. That is what Raja Yoga says. Be here (heart), you strengthen the upper part, the lower will be slowly reorganized. That is where Raja Yoga gives you a facility to enable you to work on your own. We all respire, but how many times we think of our respiration? Every being is respiring and they found respiration even in atom. The activity of atom is also seen as a pranic activity.

Then, there is the activity of Light in us. There is activity of Life and there is activity of Light in us. Life and Light they go together from the same source. Look to “(A Treatise on) White Magic” given by Master Djwhal Khul. Be it Light, be it Life, both emerge from the same source just above the Ajna. It takes to two streams. Be with them, they lead you to lower planes, they also come back to the higher planes. And above all, respiration. If you are to get out of the rat trap of your thoughts, I said rat, it is such a huge quagmire of thoughts in which humanity is stuck. To come out of it, respiration is the only solution because it is all fire, fire, fire, fire, fire, fire, fire... the fire of thought destroys you. The air of respiration lifts you up and takes you to safer places. Even in you, when you do not find comfort in you, better move up. Why do we go to mountains and try to climb the peak of the mountain? Because there is an urge in the human being to move up, to move up. Instead of hiking the mountain why don't you go to hike this mountain (higher part of body) which is also a seven layered mountain? It can be called a mountain, it can be called a Temple, and be responsible when you are here (heart). You cannot use this as you like (mouth), you cannot use this as you like (nose). You cannot use eyes as you like. You cannot use ears as you like. The speech and then the nasal track up to lungs, the eyes, the ears, all have to be used responsibly.

Pranayama has its regulations, not all people can do Pranayama. They may know, but they cannot practice. We may have known Pranayama over decades but we do not practice, do you know why? We are stuck with our thoughts, we are stuck with our emotions, we are irregular in our rhythms. The more and more life gives you freedom from out of your obligations, why don't you think of being vertical? Why do you keep on moving horizontally like phantoms all over? You do not have to. Reduce your shadow, as much shadow you create, so much it is a nuisance to you. It is a phantom, a nuisance to others. Therefore, as you wake up think of I AM and immediately think of THAT I AM. I AM THAT I AM. Was it not told in the West I AM THAT I AM? What more you want? We are not interested, we want to be around it, but we do not get in. But the times are favourable to get in, and you have to take the strides of the time. We should have the knowledge of time. With Uranus in

Taurus and slowly with Pluto moving into Capricorn you can see how many things will change on the physical plane because both are earthy signs. When two earthy signs they come together with grand planets, don't we expect some great changes to happen? Already Uranus showed its effects last year itself as it moved into Taurus. We are all students of Astrology, and Master EK is one of the best astrologers we had on the planets in recent times. No one bothers to know what he said. Master Djwhal Khul gave so much about Astrology of the Cosmos so very painfully in so many pages. No one cares to look to them. We are only interested in our life, we are not interested to get into the higher dimensions of our life and we think we are, that is the problem.

So, as you wake up, as you recollect I AM, think of THAT I AM. THAT descends as I AM (upper part of head and then Ajna). When THAT descends as I AM and you recollect you are the soul and you are on a journey, and on the journey you meet so many people, you meet so many situations but you are on the journey. Those whom we have met in our childhood, do we meet them now? It keeps on changing. Places change, people change, situations change. In a changing world we are making a journey. But if you are drawn by every change, you are imprisoned by your changes. Many people do not even settle even after 50 years. They do not settle. There is no settlement about being in a place, there is no settlement about family, there is no settlement about vocation, there is no settlement for any practice. Unless you are stabilized, what practices we can do? The minimum obligatory in human life shall have to be settled as quickly as possible. Keep on changing, changing, changing, changing, changing, your personality takes you to rides and you do not make a progress. From being a prisoner you have to be a pilgrim, that is an important step. For that, I suggest that we recollect I AM THAT I AM. It has to be paramount in our thought, I AM THAT I AM. The fellow beings are also making that travel like you. If they join you in travel, well and good. If they do not join you in travel, well and good, you walk. You walk. The teachings are there. You walk. You do your progress and you relate to the teachings and move on. Sometimes some people meet, sometimes they distance themselves, sometimes again they come and meet. Let them find their own way, you found the way and you walk. On the way you find affirmations: "Yes, you are on the right path" by your inner revelations. The inner revelations guide you that you are on the autobahn, that you have not exited. You have not exited the main road and you are moving on, and the only hindrance you have is from your personality. The economic hindrance is one, health hindrance is another, social hindrance is another and then domestic hindrance is another.

In the book, in the simple book "The Etheric Body" which I have given you, I gave the impediments in forming the etheric form in you. We shall consciously work and overcome them. For that, the solution is again Pranayama. Pranayama puts you in the upper torso, which is important. You are no more in the lower torso. And then, you move up. The fourth prana, Udana, leads you to the brow centre. In the process, many things are revealed and the Scriptures confirm what you have experienced. Scriptures give a reaffirmation: "Yes, what you found is already found by someone else before you". You too walked the same path. Do you know when Buddha was called Tathagata, what it does mean? Tathagata means he followed the same path. He followed the same path which was followed by his predecessors. The path is one, being a human we are generally up to the diaphragm. That is why we are said to be carrying a Kundalini energy which is coiled three times and a half, three centres and a half, up to diaphragm: the base, the sacral and then the solar plexus. The three centres are covered by human, and we are up to the diaphragm. The fourth centre it comes to be either throat centre or heart centre according to the purpose. But anyway both centres are higher than diaphragm. So, at the fourth centre you meet air. In the lower three centres you meet matter, water and fire. Matter degenerates you, conditions you. Water puts you to emotion. That is where we are asked to drink clean waters, maintain cleanliness, etc.

Thoughts, they are so speedy. The speediest thing in the world is thought. Just by thought I can be in Argentina with our brother Omar, no problem. In a split second I am with Omar. Now the psyche is also enabling me to do that. I am not able to see you all just by this thought? This can be done even without being there in this frame (the screen). It can happen provided you have regularized your thoughts. I have seen people who could see far. I have seen people who can listen far. How could they do it and how we are not able to do it? Should we not think of it? When some people say something, it happens. When some people say something, the contrary happens. What is the difference? It is all how you have come out of your own debris of personality, cleaned it and then tried to work with it, not sink in it. Do not sink in the personalities, be a person (forehead) and relate to the Cosmic Person (Sahasrara and beyond). There is the Cosmic Person and you are a replica of Him. Replica. He made you in His own image and likeness. Isn't it? It is a replica. Krishna says: "You are all my replicas". Forget about the name of Krishna it is a name given because He is unseen. Krishna really means He is unseen. He is everywhere. That is the ideal. But people only look to a flute and a dancing posture and that is Krishna to people. But to those who know Krishna is everywhere. It is Krishna consciousness, it is what we call Christ consciousness. It is omnipresent, omnipotent, omniscient and you are an offspring of it. Why don't you think of that? I am an offspring of the King of Kings, you are a king. Why don't you rule your personality? Why do you succumb to your personality, to your own prejudices, opinions, ideas and judgements? Why all that? Just leave, free yourself.

So, our work is basically the work of transformation from being a selfish human to the next step of a human who is semi-selfish and semi-servicing and later a little more service, a little more service, a little more beneficial to the society walking to what we call in Sanskrit "*from swardha to yagnartha*". *Swardha* means I only think about myself all the time: When do I get salvation, when do I go to Shamballa, when do I go to Sravasti, when I will go to the ashram of Master Djwhal Khul. No one is interested to receive you there, please remember. Even if you reach there, they will ask you, "What have you done?" Why should you be given entrance? So what you have done should go before you. The vibrations of the purity of the work that you generate, those vibrations, they move faster than you. They touch the ashrams. See the stories of the Initiates. The work that you do, the fragrance of it keeps on moving into other planes, and even before you reach there you are known to them of your work, and accordingly the door opens or not. There are no guards, soldiers standing there as we set up in our kingdoms. It opens or closes according to the quality of service you have done. And then there are portals after portals, after portals, after portals. So keep doing your work. Keep aligned. Remember that you belong to the King, so be kingly and rule over your personality. Do not rule over others. That is the fundamental step. Do not ever rule over anyone. Rule yourself. Let them rule themselves. If they want you to guide, yes, guide them. If they do not want you to guide them "good riddance", because we have our job to do. Isn't it? We have our job to do and we keep doing, we meet obligations in the surroundings. Ultimately when man clears all his obligatory karma, his hindrances are lower, his personality cooperates and enables to work with the soul, "a soul infused personality" –this is what Master Djwhal Khul gives. "A soul infused personality" – that means the personality is made divine by the soul, because the soul is connected to the super-soul.

It is not new what I speak to you, I have been speaking to you all the time but reminder is required because we go helter-skelter and we get into side-ways and we are blocked because of something and we do not do these practices which keep us on the road. That is why I thought fit to narrate these steps with their intricacies with a story this time, because a story is interesting, a story of an Initiate who walked the path and then reached the One. There are so many stories where you can find all the stations. So this story will keep you engaged, it keeps me engaged and there are incidents which are only relatable to humans. All stories, be it Rama story or the story of Yudhishtira or the

story of any Initiate, they are only stories of the humans. Be it Maitreya, they are all ascended from human to divine. We look to the stations and we work them out. So I picked up a story from Mahabharata where certain dimensions were picked up by an aspirant and he could remain immortal, eternal and to be in line with the Manu. He belongs to the line of the Manu. Today he is in the line of Manu and in future some time, don't ask me when, he can be a Manu ruling us. That is the story, comes from Vedavyasa in Mahabharata. The story is known to people only by periphery. They do not know the intricacies because they do not apply their mind upon the names, upon the situations, they do not know etymology, they do not know astrology, they do not know the key of cycles, they do not know the favourable and unfavourable times, they do not know the functioning of the yuga. We are in Kali Yuga, which is a difficult one. So many things are there we have to take, and there are devas who can help us, and there is the ego of the man which causes hindrance to him. He feels big and does not listen to advice. So all these impediments he slowly overcame and ultimately joined the Hierarchy of Manus. It is an interesting story, so that we can relate to them and then our own life situations are all mentioned there. It is not new, the path is not new, our moving around and around is not new, our moving up is what is new, which happens according to Madam Blavatsky, 10 - 12 persons in a century are gaining immortality. Amidst humanity, if only 10-12 persons gain immortality, what is the backdrop? That is why the teaching of the Hierarchy is to gain immortality, to transcend death and continue the work, continue the purpose as you go forward and forward and forward you incur greater and greater and greater and greater responsibilities and in discharging those responsibilities we would be moving further. Just don't get aggrandized, don't get satisfied with you until you have touched your Sahasrara. OM MANI PADME HUM is known to all, but realized by almost none. Gayatri is known to all, no one thinks of it seriously. OM is known to all, it leads you to the Sahasrara but no one really practices it. Pranayama is known to all thanks to the books and the teachings and also the etheric centres are known to all, but the related practices have to be done. So, we make our life merry that we are on the path and eventually we move on the path joyfully and converge all our efforts towards THAT, and move forward.

That is what came to me to introduce this class. I do prepare something to tell you, but as it is always, it comes in its own way. I don't want to take more time for two reasons: one is the health condition that I have, another thing is the time constraints you have, and we move on together. As long as this voice speaks, it speaks. I am dedicated to that dimension of life, now that in both ways, both Corona and health have already secluded me in Radhamadhavam since a year ago. So, from Radhamadhavam I am meeting all groups all over the world, and I am extremely thankful to you for your regular participation and I wish to see you again next Saturday.

By that, time change is happening now in this week, so next Saturday you'll have –I think- better facility to listen time-wise. I know you relate to me whenever I speak, but I equally look for your convenience, so next Saturday is seven o'clock to me only, but to you it could be a bit earlier or later, according to what was found more suitable. We thought we could start it next week itself, but then tomorrow being a full moon I thought "Let us start in full moon hours, why half-moon and full moon is reaching, so we continue our teaching in light and move on joyfully and make this Merry Life a reality in our life. Thank you one and all, see you again on Saturday. Namaskaram.