

**Merry Life Teachings
Master KPK
January 9th, 2021
Talk 18**

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YouTube Part I:

<https://www.youtube.com/watch?v=lv3vHjnGBb4&list=PLsH2l6BIGH3b4sFdfDUvdUAlqVV8-JaSS&index=23&t=253s>

YouTube Part II:

<https://www.youtube.com/watch?v=ztENMbSxeDs&list=PLsH2l6BIGH3b4sFdfDUvdUAlqVV8-JaSS&index=22&t=12s>

Audio: https://m.masters-call.net/files/English/Master%20KPK%20Discourses/General%20&%20Practical%20Spirituality/Merry%20Life%20Teachings/23_2021_01_09_Vaisakh_MerryLifeTeachings.mp3

So hearty fraternal greetings to all the brothers and the sisters who are participating in today's Merry Life proceedings. By this talk we conclude a topic in discipleship which has been profound and also a teaching that enables us to truly get initiated. Kindly therefore revisit all these teachings once, for that I am giving two weeks holidays to you: meaning the next Saturday and the Saturday after the next Saturday, that is on 9th and then 16th and 23rd of January. Today is 9th. 16th January, 23rd January you will have no Merry Life Teachings. This will enable you to revisit all the teachings so far given. There is an order in it, there is a methodology in it and there is an inner

investigation to yourself and today's teaching will conclude that part. After that we have a kind of refreshment, relaxation and I will join you again on 30th January. 30th January we meet again. 16th January, 23rd January - we are not meeting.

From tomorrow we have Gurupujas in Visakhapatnam. We are conducting a virtual Gurupuja for all those who follow the Indian timings and mostly the proceedings are in Telugu. Only on Tuesday the 12th of January I talk from 11 o' clock to 12 o' clock in English, only for you if you are interested. The talk will be there anyway in English. You can join according to your convenience. And the venue for today's teaching is shifted into my house because the Gurupuja is being done at Radhamadhavam and the prayer hall is being decorated for Gurupujas which commence tomorrow evening. So virtually all of you can participate in Gurupujas. At least mentally be with all of us because it has been the longest event in the activity of the World Teacher Trust. Sixty years ago, Gurupujas were done by Master EK with a few families. 1962 January the Gurupujas commenced in Guntur so in 2021, the Gurupujas that we do is sixtieth Gurupuja. Six - zero Gurupuja when we count Gurupujas from the time Master EK did it. And by the World Teacher Trust the Gurupuja that we do from tomorrow is fiftieth Gurupuja. Five - zero. So, a kind of golden jubilee celebrations for World Teacher Trust with Gurupujas and with Master EK it is sixty years since he commenced. And because of Covid and the related regulations we had set the Gurupujas in Radhamadhavam where we have the prayer hall and necessary facilities. It is also a virtual Gurupuja, all is transmitted, you can participate according to your inclination. This is just for your information.

Coming to the teaching, for a disciple who would like to be an initiate, they have to safeguard their head, their throat and their heart. These three have to be qualitatively functioning and the quality is of a very high order. It is demanded that the head does not entertain any thoughts of malice and a very pure thoughts relating to the world and generally assigned to the Hierarchy. We have to be generally oriented to the Hierarchy. The head has to be submitted to them. This would enable the Hierarchy to notice that this is one clean head which is not only clean but is also available. There can be many heads available and they may not be clean and there may be few heads which are very clean but they are not available for the Hierarchy.

So initiation demands that we have... Daniel is smiling from Argentina, this Master is trying to pose things which are very difficult. He says like this (nodding head horizontally) because a clean head and an available head both are needed, not just an available head but it has to be a clean head. It may be clean but if it is not available then not eligible for initiation. If you are eligible and available but if your head is not clean, you are also not eligible for initiation. So, a clean and available head - that is where we say in ritualism in Masonry, we say that the head is cut and offered at the feet of Wisdom; that all times the head is dedicated for Wisdom activity and it is little dedicated for worldly life because the worldly life is also worked out from the head. So more for the wisdom which is meant for the benefit of humanity and a little for oneself the head has to be dedicated. And then the heart has to preserve the needed love and compassion. The heart has to preserve the needed love and compassion. And the throat has to be only for blessing. The throat is only to

bless, not to speak harsh words, not to speak unparliamentary words, not to speak with anger, not to speak with malice. That is why mostly the tongue is said to be cut in Masonry. They say the tongue is pulled out, the head is cut and the body is thrown to the vultures: meaning your entire body is meant to serve the people who draw many things from you.

This is a statement of initiation: the head cut, the tongue pulled out and the body thrown to vultures. That is the state of initiation. So, since we are all very much enamored of initiation, this is what I wish to inform you. Use your head dedicated it to Hierarchy so that they give us the plan just like we received a plan for the World Health and Healing Order. We have a beautiful meditation coming from Hierarchy which is going into all sections and we are getting into great number to do this healing work. Such ideas can come into head if the head is otherwise available to Hierarchy.

Secondly, we have the heart which preserves love and compassion that means anything that we do, that energy has to be mostly for acts of love, acts of compassion. We may be doing an administrative work but even then, we think of the people for whom it is done. Every man is working for many other lives. For example, when I was an accountant, I was working for many businessmen. But you should have to connect with the love and compassion towards the businessman, towards the government and all people connected in relation to my work. I should hold the needed love and compassion. Then the heart remains in good state. That kind of heart is required, a heart that can share with love and with compassion and a head that receives the plan from higher circles. And a throat which is only used for blessing, nothing else. That means you don't speak as much as you are speaking now.

A disciple is one who speaks less and he speaks with very little words. Therefore, when he speaks it tends to be magnetic and it tends to be radiating and it impacts in a positive way the people who listen to him. So that kind of a throat is developed only when the head is clean and heart is compassionate. Even if we have a sweet voice, it may not generate radiance as it generates from an initiate. When an initiate speaks, the listeners and through the listeners the surroundings, they are all impacted. So, this is one dimension I wish to give you as one of those final statements relating to the initiation because it is about thirty years, to be precise, thirty-six years, we have been talking so much of so many aspects of the Wisdom; many of these things may have come but I finally would say this before I get into another theme from 30th January. From 30th January I wish to give you a theme by which you can get rid of your astral body. Meaning, you would be gaining a crystal-clear body which is called the causal body or the subtle body which is cleaned of all emotional and mental deficiencies. I would say you would have excellent mental clarity and astral cleanliness. For that I have conceived a teaching which I will give from the 30th January.

A lower mental dimension which is called animal mind and also emotions relating to animal, these have to be burned when you get into initiation. So, there is a theme given in the teachings of Rishaba Adi Buddha which I spoke to you in late 80's, early 90's near Barcelona in Tarragona. In Tarragona I spoke about the teachings of Adi Buddha where the regulations relating to the burning of the astral body were given. I wish to repeat them as our next theme so that it would be helpful

for us to move forward picking up of some of those practical dimensions. The teachings are interpolated but you will feel fresh since I give like Sanat Kumara teachings in a serial manner the teachings of the first Buddha who is called Adi Buddha or Rishabh. So, coming back to this theme, kindly keep the head cool and make it available for the plan of Hierarchy. Keep it clean and then keep it available. You can also keep a little part of your head for worldly affairs, for your family, for your profession etc. etc. Then keep the heart always available for acts of love and compassion. And then the third dimension which I spoke to you is: use the throat to bless. And the fourth dimension is: use the hands to heal. That means anything you touch it should receive such a gentle touch from your hands that it feels unfolded but not disturbed. To touch a person, the person should feel that it was such a gentle nice touch, that you would like to be touched again. It can be with a person, it can be with a child, it can be with a plant, it can be with an animal, it can be with an article and when you touch the paper the paper should feel because these are all composition of atoms. Everything around you should feel the gratitude for the touch that they receive.

Can you imagine such a thing? The lives of Jesus the Christ or Pythagoras or Apollonius of Tyana or like Maitreya or Lord Morya or Kuthumi or Master Djwhal Khul. Imagine whatever they touch becomes divine. It receives such a high vibration that it becomes divine, that it feels better. It magnetizes better. How clean should your hands be! These are all real ideas which can be brought into life at a very kindergarten level to start with. We have to be conscious of what we are touching and with what attitude we are touching. Anything that you touch, it has to be touched with pure love. Otherwise, don't touch. Be it a spectacle box, or be it a book, anything you touch - it should feel joyful that it received our touch. So also, your mobile phone that you touch shall have to feel comfortable in your hand and you cannot mutilate anything. In the hands of many people articles get very quickly mutilated, very quickly spoiled. Even a book like this (picks up a book) gets spoiled. Anything can get spoiled in our hands. Anything can remain as such in our hands. Anything can glow, radiate and magnetize in our hands depending upon the quality of our touch that we carry and the quality of your personality as such.

The personality as such, when it is in such a joyful state, where love and compassion come out of your personality, when you touch a flower, the flower feels much better. Some people wear a garland of flowers - the flowers wear out very soon. For some people when you give them flowers, they don't wear out soon. If a flower is given to you how long it lives with you depends upon what kind of energy you hold. Be it a flower, be it a fruit or be it any article or even a person, a child, they should not feel disturbed if you touch. You give such an indiscrete touch to people that people get disturbed. And most people touch at the head - that they should never do because it is seen as a crime from the spiritual standpoint. Never touch anyone's head. You can touch from shoulders but not the head. Don't disturb their head with your disturbing hands. You may think you are giving love but never touch the head. And you have to be conscious of the touch that you give. A disciple who wishes to be an initiate shall have to be very conscious of the touch that he gives and the kind of cleanliness that he holds. Whatever touch he gives to anything around him, that other thing shall have to feel comfortable, should feel even a bit unfolded and joyful but not a very coarse and a very hyper active touch that causes disturbance to the other.

By that I covered the head, the heart, the throat, the hands and then the sight. What is it that you are seeing? What is it that we are seeing in the surroundings? If you think you are a disciple you are supposed to look for Divinity in all that is surrounding you. In all that is surrounding you, you should be looking for Divinity. Be it in persons, be it in articles, be it in conversation, be it in your engagement with certain articles, goods, everywhere you should think of seeing the Divine. It is the fundamental. It is the fundamental that you think of seeing the divine when you see around. Even when you look at something in a worldly way, you should also get concurrently the idea that the Divinity is present in this manner. These are the five dimensions for a disciple who wants to progress. The head, the heart, the throat, the speech, the touch and then finally the sixth one is the sight. Please develop these faculties in you. When you see, try to see the Divine all around. When you touch, let it be a gentle touch, not a rude and crude touch. Let it not be with a malicious intention. Let it not be with a careless idea. Let it not be very casual. Let it be a gentle loving touch. How would a Master touch? You should think of it.

Then when it comes to the throat, it shall be used only for blessing. You will not speak about the pandemic all the time. You will not because by your speaking of the pandemic you are spreading the pandemic, the thought of pandemic. Instead, you will speak of the way to heal the pandemic. Anything that you speak, you speak the positive dimension relating to something but not the negative dimension while you may be aware of the negative dimension as well. Because a positive utterance works as a blessing. And hold to love and compassion in the heart and then a clean head which is available for the hierarchical function. That way we would be doing very well in our progress in relation to discipleship. Many of us do not know the impact of the sound and the speech that we make. There is an occult dimension relating to the sound and the speeches that we make. Occult dimension means a dimension which we do not see. When we speak there are certain manifestations that keep happening. So, make sure that we do not spread much darkness through speeches.

Of late I am speaking of it frequently. We spread much darkness through speeches. Instead of speaking light we only spread darkness through our speech. And then we also utter sounds which have tremendous occult significance. The mantras that we utter, the seeds like Gam, like Ram, like Kleem, or so many other mantras that we utter - they have tremendous occult dimensions. So having uttered occult sounds, you cannot utter other sounds. If you are using a musical instrument for divine purposes, do not use the instrument for some other purposes, for some other music. Likewise, the sacred sounds, all those sounds that we utter in our fire ritual, they all have very great occult significance and therefore we are given the discipline not to utter forth statements that bring in darkness through your regular speeches. When you are uttering forth sounds that have occult significance, you cannot utter forth from the same throat other statements. Specially statements which are far from truth. There is a fact check about everything. If you say something, factually it should be correct and it should be as near to the truth as possible. You cannot speak guessing things, imagining things without being accurate. Therefore, the throat regulations tend to be of greater importance, specially, when we are working with the seed sounds relating to the

mantras and the vibrations that they generate. Our speeches generate the magnetism that they have, the impact that they have, it is a huge key by itself.

In the Vedas, one among the six keys is grammar. The key of grammar. The grammar is everything to do with combination of sounds. Grammar is everything to do with combination of sounds. For example, the sound [ə]¹ and the sound of [I], [ə] and [I] together they become [ɛ]. [ə] plus [I] is [ɛ]. [ə] plus [ʊ] is [əʊ]. When we say AUM it is A – U - M [ə, ʊ and m –]. So A plus U is AU [ə plus ʊ is əʊ], A plus I [ə plus I] is AI [ɛ]. I plus I is [ɪɪ]. [I] plus [I] is [ɪɪ]. These are the very fundamentals of grammar. And there is a lot of science relating to grammar representing the chemistry of the sound. The chemistry of the sounds: when two seed sounds, when they are mixed another kind of energy generates. When we say [ɑ:] it is the sound of the father. When we say [i:] it is the sound of the mother. That is why we have Parvati, Sarasvati, then Lakshmi, all [i:] sounds. In Sri Sukdam also we say [i:m], like that. [ɑ:] is father, [i:] is mother, [ə] plus [I] is [ɛ] which is called the son. So, the English language, it starts with the son. It does not start with the father. The Latin, the Greek, the Sanskrit, all oriental languages they start with the sound [ə] but for the English [ɛ] is the letter and for [ə] also they use the same syllable, same symbol and they call it 'A for Adam'. [ɛ] is the son, [ə] is the father, [I] is the mother. So, when you mix [ə] plus [I] it is a different chemistry. If you mix [ə] plus [ʊ] (ʊ stands for permeation of energy) then it becomes [əʊ]. So, like that there are so many grammatical equations like mathematical equations given in the Veda. It is one of the main keys which is not known in the West. And all those keys are unconsciously uttered forth when we use our throat. Therefore, there is importance for the throat for a disciple.

Phonetic writing

ə	<u>A</u> merica
I	i <u>n</u> k
ɛ	e <u>g</u> g
ʊ	b <u>oo</u> k
əʊ	g <u>o</u>
ɪɪ	<u>e</u> ye
ɑ:	<u>a</u> rm
i:	<u>e</u> el
i:m	cr <u>ea</u> m

¹ Phonetic writing in the text is in brackets []

The entire discipleship revolves around the throat and how good you use the throat decides how progressive we are in terms of our energy. Just because we have a throat and we know some language and we are also given a tongue we cannot go on speaking, speaking, speaking, all the time, wasting our time, wasting others time and polluting the atmosphere. The planetary ambience is also polluted not only by human thought but also by human speech. We are really contributing a lot of negative things to the planet. Our culture of burying the dead animals and humans is contributing to the impurity of this planet. The dead animal, the dead human, are buried contributing to germs into the planet earth. And we keep on killing animals and thereby polluting the ambience around. Apart from that, we are also polluting through our speeches. So therefore, in this higher dimension of discipleship – sound, speech, and the occult importance of our utterance shall have to be held in your conscience and when you speak you should only spread light. We shall not spread darkness through our speeches. That is how your degree of ability to utter forth is a measure relating to you. It is a measure relating to each one of you. You are measured by the degree of your speech - what kind of speeches are you making? Therefore, with all these we are tested. When you are to be considered for initiation, you are tested with respect to the way you use the eye, you use the head, you use the throat, you use the heart, you use the touch and the way you use the... I think I covered all.

So that is how we have to be more and more and more. A man is considered saintly only when he passes through all these dimensions. There are so many self-proclaimed saints who would even participate in politics. Those are not considered saintly from the hierarchical standpoint. When Annie Besant was trying to participate in the Indian political movement for independence, the Masters warned her - “either you get into the political movement of India or you be with the Hierarchy. You can’t be doing both.” Why because the speeches in political field, they are totally different in their quality compared to the speeches that we use to teach and to bless. Therefore, the importance of working with the speech. So, these are some of the dimensions which we have to take into consideration. Because we have to walk into the area of air. Our work is in relation to Aquarius. Aquarius is about air and air is about the permeation. And the speeches that we make, they permeate all around and we have to make sure that we make right speeches. That we make right speeches and also make right utterances of the sacred sound during fire ritual or other meditative practices. We can’t be doing both the things. On one side if you do the holy things and other side you do also unholy things then you will be mixing up and it would have a great impact on you only. On you only.

The kind of sicknesses we get in relation to our head, in relation to our eyes, in relation to our speech, in relation to our heart, they are all indicative of inadequate understanding of usage of these important limbs. Therefore, make sure that we use them and we have to get into the area where we work more with sound. Because sound is the basis for creation. Sound is also the basis for manifestation of light. And that sound shall have to be very vibrating. It has to be very magnetic and it has to radiate the surroundings. That is how it has to be. And for that reason, we have to be very conscious about the sound and its occult importance. And just before the Kali age, there were so many in the society who could make right utterance and bring life in a given place. They could

make utterances and bring life. They could make utterances to transfer huge boulders from one place to the other. If you go to Greece, you see there are so many huge blocks that are said to have been moved by utterance of sound. In Mayan culture you find it. In Mycenaean culture you find it. In ancient Indian culture you find it that they move mountains with the help of sound. They move waters with the help of sound. They build structures with the help of sound. In Mahabharata, Yudhistira was offered by a Master from Mexico a palace which he built overnight by uttering sounds and it is considered to be the most magical palace. It happened just before Kali yuga.

Even during Kali yuga, during the time of Parikshit a man could bring down a huge tree into ashes by uttering forth sounds. And another Brahmin who is equally good with this sound, science of sound, he uttered forth again mantras by which the entire tree has come back to same status as it had before. And a bird which was on the tree, it also died and it also came back to life and through that bird the news spread all over that such things did happen during the time of Parikshit. And when Yudhistira himself, when he was to be coronated, a group of brahmins they uttered forth certain mantras by which Yudhistira went into great depression and collapsed. Knowing the situation, Krishna called forth another group of initiates and said, "you utter forth mantras by which the effect of the other mantras is neutralized". So then again when they uttered forth the right sounds, Yudhistira came back to his original state of vibration. So much is about sound. And Master Djwhal Khul said, "we shall have to enter into the field of sound", field of sound and its working in the occult ways and for that we have to first make our instruments clean and make them effective instruments to utter forth the right sounds. That is why sound comes as the final teaching relating to discipleship. "He who knows sound knows all", that is how it is said. He who knows sound knows all. Therefore, these sounds have to be taken into impact and the use of limbs which Master Djwhal Khul speaks in the books on *Occult Meditations*, *White Magic*, *Letters on Occult Meditation*, and also in the book *Initiation, Human and Solar*; he speaks of these limbs.

Think of your hands, make sure that they are clean. Ensure that your eyes always see the Divinity. And then dedicate your head to the teachings of Hierarchy. And then imagine that the Christ is at your heart. And make sure that your heart is full of compassion. And be conscious of every utterance that you make - let it be a blessing. Like this he went on speaking. So therefore, we have to revisit all the teachings which I gave on sound. I gave it in the book on *Sound*, I gave it in the book *Saraswati the Word* and I gave it in the book on *Healing*. In so many ways sound is important. And make sure that we tend to be more silent than tend to be speaking because when we speak, generally we contribute to darkness. At least when we stop speaking, we do not contribute to darkness. It is already a service - not speaking when not required is a great service. It is like you are not singing. A person who cannot really sing, it is better he does not sing. Because his singing can be a disturbance to the surroundings. So, the best service he can do to music is not to sing. Likewise the best thing we can generally do is speak little only when it is necessary. Other times keep quiet and if possible, continue to relate to one seed sound or the other seed sound which causes the needed transformation. So may that be so with all of us. And we will meet again on 30th January with a fresh teaching where you will be given again, once again, all fundamentals also which should be very refreshing to all of us. Thank you one and all. Namaskar.