

Merry Life Teachings

Master KPK

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Talk 16

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YouTube:

<https://www.youtube.com/watch?v=fYzEQOqC5NY&list=PLsH2l6BIGH3b4sFdDUvdUAlqVV8-JaSS&index=4>

Audio: http://masters-call.net/pcast/en/media/2020-12-26_21_2020_12_26_vaisakh_merrylifeteachings.mp3

| | OM SAHANA VAVATU | SAHANAU BHUNAKTU |
SAHA VEERYAM KARAVAAVAHI | TEJASWINAVADHEETAMASTU |
MA VIDVISHAAWAHAH | |
OM SHANTIH SHANTIH SHANTIH

| | PURNAMADAH PURNAMIDAM PURNAAT PURNAMUDACHYATE |
PURNASYA PURNAMAADAAYA | | PURNAMEVA AVASHISHYATE | |
OM SHANTIH SHANTIH SHANTIH

LOKA SAMASTA SUKHI BHAVANTU (3)
OM SHANTIH SHANTIH SHANTIH

Happy Christmas and Merry Christmas to you all. Thank you for relating to me in the best of the annual holidays. To think of the teacher and to think of the teaching in such a joyful time is already a good quality. I am very happy to see all those who regularly listen have come back to listen to the teaching and for that, firstly, I am thankful. I am especially joyful today because the body is giving more and more pain. When the pain is more in the physical plane, better to shift yourself into *anandamaya kosha*, the blissful plane, and bring down some kind of joy into the body through singing joyful songs. Therefore, I thought, "Let me that I get to my faculty of singing and then be joyful, so that the pain

submits itself to the joy that comes from the fifth layer, that is *anandamaya kosha*.” That is the technique that we need to use whenever we are in pain and we are in sorrow. It is a practical application of wisdom. I thank you all, especially the translators. They have been looking forward to translate all that I speak, sometimes in agreeable speed, sometimes in more than agreeable speed and sometimes confusing, isn't it? I also confuse you and the translators do not know what to translate. With all that we move forward joyfully and I wish you all well.

I wish you all to join the World Health & Healing Order picking up a friend. Send me a Gmail but no other mail or WhatsApp message. It gives me more work. If it comes to Gmail, it directly gets enlisted. Make sure that you only have one friend linked to me and to that friend and you and not more than one friend. The best friend is always around you, so pick him or her up, form a triangle and then move forward. The timings are not flexible because we have to submit ourselves to time's plan. Time is the Lord of Creation; we have to adapt to it. Do not send me e-mails saying, “Can we change the time to evening? Can we change the time to ten o'clock? Can we do this? Can we do that?” Do not bend it; it is not bendable. You cannot change time, time has to be, we have to adapt to it. That is where the test is. Those who are ready will get in. Those who are not ready cannot get in. Already more than 300 triangles have happened. I also inform you to enlist all the triangles. I have taken the help of sister Ute from Denmark so she will be doing the enlisting job. Whatever doubts that you get will come back to me through her and I will answer them and the answer is mostly “no” to any deviation that you seek from it. If you cannot really do on Thursdays at noon time, at least think of it for two minutes and later do a complete job before evening. That is the only concession I can offer, more than that no concessions are offered because if there are more concessions the energy gets diluted and the healing does not happen as we all intend to. It has come from the Higher Order. There is a Healing Higher Order to which I belong to. From there I received the permission to give this formula to you all, and we all join together. Everyone joins me along with a friend and then the energies are transmitted to you all. I make sure that I am with you at all times for this work. It is a full-time work that I am engaged with. So please, find time and make sure that you join the triangle. Do not ask silly questions to Cristina and others, let us keep moving. We have been a huge group; I am getting mails from every country accepting the proposal and it is already getting into hundreds. It will get into thousands and then we are a huge energy. We do not believe in fighting with corona, we make a friendly approach to it to recede and to dissolve itself for our sake. For that, we use love and compassion as the basis. The whole thing came as a huge energy to me one night. I could not sleep for three nights. I had to completely assimilate it and then give it to you all. We started from the day after the full moon which is Sagittarius full moon according to lunar calendar, while it is already Capricornian full moon. People get all kinds of doubts. Do not doubt anything, just join, experience the energy and transmit it well because you are all fit to transmit since you are associated with this teaching over decades. Therefore, it may be taken as such. Do not demand it, eat it as such. When someone prepares a dish in a star hotel, do not demand it, just eat it because the chef has made it with all his knowledge and our knowledge is not equal to it. Eating it is much better than suggesting better things to the cook. Do not suggest better things to a teacher because he has already prepared the dish considering you all. So be with it and we move forward. Let this talk go all over so that all questions die there itself without coming up to me.

Thank you one and all, I am not closing the class by saying “thank you”, I am only saying that. First, I have a duty to inform you all on a one-to-one basis and I am very joyful today because my body pain is at its height. It is giving the best of its effort to pain me and I am meeting it with cheer. That is where Merry Life is and we go on and complete our jobs. If I make some movements on my waist, do not feel sorry for it, do not feel sorry for me. I am with excellent energy all the time so, as it happens, I take it.

Therefore, we come to one dimension of the teaching during the year end which is also Christmas Eve. You are all in great moods, eating cakes, eating ice-creams and moving around in the streets which are lighted. It is a joyful thing and I too join you in a different way because I was also there many times during the winter and we even conducted seminars in winter in Pontresina and then so much joy we already contained with us.

Let us come back to the teaching. The first thing that I would like to tell you is, if you are bored about these teachings. It is possible for the human mind, they get bored; they get fatigued with the wisdom because they feel, "Ah, this is not workable." The wisdom is not workable. Even if we work with it for long years, it is not giving us any joy or any taste, so we better leave it. These kinds of thoughts naturally come to people who have practiced for decades and did not find much fruit out of it to eat. To them I have a suggestion, "Be with the teacher and just you can leave the teaching for a while." Be with the teacher and leave the teaching for a while because the teacher is ever-enchanting. The teacher is ever-helpful. The teacher is very friendly, very loveable.

I receive many mails offering hugs and I am filled with it. So, I also sometimes tell them, "Kumari is around, do not hug me so much." I keep sending such mails also. The teacher is definitely more loveable than the teaching. So, when the teaching is a bit tough to practice, remain with the teacher. That is a facility, a retreat and you can get back to teaching once again when you find the right energies. That is why, if you are with the teacher and the teaching, you get initiated. If you are with the teacher only, you get solace. You choose. If you are with the teacher and the teaching you get initiated, if you are just with the teacher, you get solace. When you are bored with the teaching, do not leave the teacher. Sometimes the teaching could be boring or maybe our life is getting heavy and we feel difficulties in meeting with the requirements of the teaching regulations. At that time be with the teacher because the teacher is one fellow who is ever joyful, who is ever willing and he does not mind even if you do not practice. It is the secret. He treats his students as his own children. He will not leave them. Even if you leave the teaching, the teacher is with you. He accompanies you. He is like a devil that follows you for lives. Be with the teacher, you get the comfort. Be with the teacher and the teaching, you get the initiation.

How to be with the teacher? Feel the teacher around you all the time. That is the secret. It is the secret of secrets, which I shared with you so many times. Do not get too technical about wisdom. Be in the presence of the teacher. If you are in the presence of the teacher in the thought level, presence of the teacher does not mean physical presence. Physical is nothing. Physical or no physical, there is always a virtual presence. The moment you think of a teacher, the presence comes. When you remember his smile, you also smile because the fellow is always smiling, isn't it? Our Hubert Ross, his daughter told him, "This is the man who is always smiling. I never saw him not smiling. All his photographs are only smiling pictures. How is it that he always smiles?" A man who has smile all the time is the one who went through lot of pain and then felt the futility of pain and then he keeps smiling, he keeps laughing, he keeps himself merry. That is why I tell people who are morose, "Keep smiling, boss ...like that... keep smiling." So, this is one key- 'Never leave the teacher.' I gave this in the teachings of Sanat Kumara, 'Never leave the teacher.' If possible, be with the teaching. If you are with the teacher and the teaching the initiation happens. If you are only with the teacher you get the joy but you do not get initiated because the teacher wants you to grow in wisdom and then be a useful instrument for all future times to come. Therefore, this key you kindly hold on.

All those who are regularly with the teacher and the teaching, they feel that they should get initiated, they should get into higher initiations and they should be able to contact the Masters of the Hierarchy. So many aspirations are there, how would they fulfil without fulfilling the teaching? Master Morya

gave teaching, Master Koot Hoomi gave teaching, Master Djwhal Khul gave teaching through Secret Doctrine and through the books of Bailey and they also teach those who can impressionally listen. They are always available for those who can touch the impressional planes. They keep on teaching; it is their work. They want people who can listen to the teaching and then transmit that teaching by demonstration. Transmitting the teaching is not just vocal, it has to be by demonstration. The teacher on the ground shall have to be a good example. He has to be a model in every dimension of life -be it professional, be it domestic, be it social, be it spiritual. In all dimensions a teaching should be a good demonstration for others to follow. That is why the best teaching is through demonstration. Then there is the teaching as well. That teaching is ever enchanting and that is why people keep coming again and again and again and again and again to listen, and they want to also get initiated. They also want to be like the teacher but that can happen when they are able to be with the teacher and with the teaching. If you are only with the teacher, the initiation does not happen. If you are only with the teaching also initiation does not happen because ultimately the teacher is the key. The beauty is, however much you are good with the teaching of the teacher, unless you have developed enough love for the teacher as such, your job is not complete. When you love the teacher and when you practice the teaching, then you are ready for initiation. It is the teacher who recommends you to be initiated into the higher circles and he remains your representative in the higher circles. He speaks to the higher circles and says, "This man is ready, this lady is ready, you may relate to him and then pull him up into higher planes." Such secrets are never told out but I thought I will share them with you all since you are all eagerly waiting to listen to the teaching during this Christmas Eve.

Among the teachings, what is most important is to develop silence from speech which makes noise. Normally, when people speak, it does not bring light, it makes noise. We all make noise together. A lot of noise happens on the planet on account of human gossip. The one who speaks more works less. If one is accustomed only to speaking, he will stop working. It is like a barking donkey. It does not do anything; it does not let others do anything and is a nuisance to the society. So, speeches which are not at all useful, which are nonsensical create darkness around. That is why Master EK said, "May we dispel the darkness of noise we do." So, let us not contribute to noise and thereby contribute to darkness. We have to contribute to light but we do the contrary with our speeches. So, from nonsensical speeches to normal, sensible, simple speeches and then, more and more silence. When you are vocally silent, you would be mentally very active. Mental silence is important. Vocal silence should lead you to mental silence where all speedy thoughts will slowly come down, the velocity comes down and then you see the light behind the thought. That is the light of the mind. It is a dim light. Upon that dim light, lots of thoughts happen and even obscure the light of the mind. The mind has some light, poor thing, but that is obscured because thoughts shroud them, cloud them, just like a cloud can obscure the light of the sky. The sky is always full of light, be it night, be it day, it shines forth at all times. What is it that comes in the way of the shining light of the sky? It is only the clouds. Likewise, our thoughts, be it good thoughts, they are also clouds, please note that. Sundry thoughts are dark clouds, good thoughts are also clouds. Even thoughts of goodwill are white clouds which still obscure the sky's light. Why should there be any cloud? A white cloud is okay for us but even that obscures the sky. Therefore, no-clouds situation will bring you a blue sky. That blue sky is a status of mental silence. (Welcome to Varuni, she just came and sat in between the parents, mmm? Good girl! Those who appear to me, I comment something to tickle them a bit. Therefore, what am I saying about the clouds and the sky is –when I see Joseph, I see the sky, so do not obscure yourself with the face of your daughter). Clean sky is silent. Clouds make noise, air makes noise, fire makes noise, water makes noise, matter makes noise but sky does not. That is the beauty of the sky. You need to meet the sky in you. The sky in you is what is called the *hridaya akasha*, meaning the sky in the cave of the heart. You can meet the sky in the cave of your heart when you are truly silent, meaning, you are vocally silent, you are mentally silent, you are in a state where you keep seeing just the light within you and there is

no velocity of thoughts overtaking you. In that situation, if you can stay for a while regularly in that sky, then you listen. Otherwise, you listen in a distorted way from higher circles. To have a clear ability to listen from the higher circles is not to have a clouded mind, clouded with good thoughts or clouded with other thoughts. All thoughts are clouds.

A clean sky; entertain it. If you can do it consistently for some time then the sky speaks because the quality of the sky is sound. The quality of sky is sound. The quality of air is touch. The quality of fire is sight. The quality of water is taste. The quality of matter is smell. So, among the five elements, only the sky, the fifth element which is called *akasha* contains the sounds relating to higher circles. It contains the word. That is where when you reach you can listen to these Grand Masters whom we call seers or prophets etc. Who is a prophet? One who can listen to the word of God. Noah listened to the word of God, Moses listened to the word of God, among all, Jamiel (?) listened many, many, many, times to the word of God. They are all established in the humankind as our models. We should gain that ability to listen to the sky. When we listen to the sky it is like the true music and you get the message. It is very musical, very beautiful; the very message nourishes you. It nourishes you and fills you up to your heart. You cannot contain its beauty; therefore, you give out. It remains for a long time. It does not die soon. When the thoughts are impressional thoughts, they have longevity. For example, the teachings of, not all teachings, but in some teachings of Blavatsky there are such passages which have come from higher circles. The rest of the teaching is just but destruction of distorted theologies. She was given a task to destroy all untruth, so she mercilessly did it. For that, she used all her power, but there are also very grand and very deep messages. She even revealed many keys to wisdom. So, we have to choose. Likewise, in Bailey's books there are many, many secrets hidden but we have to dwell deep into ourselves to find the truths given. When we do that, we become able for impressional listening. Bailey listened and wrote books, Blavatsky listened and wrote books, Master EK listened and wrote books. I have seen how Master EK was doing it so I have picked it up and in my own way I may say, 'I was able to listen and then speak.' That is why so many people keep coming and listening. Otherwise, who would listen to a man? No one listens to a son of man however intellectually great he is. Only when the word is around, the speech is attractive and people come again and again and again.

So, this dimension has to happen: From speech to silence, from silence to inner relationship, from inner relationship to the sky, you will listen from the higher circles. When that happens, then the silent ones guide you to speak. There are already many silent ones, you are not the only one. There are so many over there, very loving and very compassionate. You cannot imagine how compassionate they are and how loveable they are. You would rather want to join them than to be here. You feel attracted to them, that you wish to be more and more with them than being here, isn't it? You would like to be more and more and more in association with the teacher. They want you to work so they pass the word to you and you have to fulfil the work upon earth. That is what has to happen. They guide you with their speeches which seldom happen. Remember, we say, "Wise men do not speak twice because those words are golden." If you can listen, you listen; if you cannot listen, it is your karma. Listen and manifest it. We need inner ears more than outer ears. Do not listen to all and sundry. Listen within. To listen within, you have to clear the mess inside. There is such a mess inside, it has to be cleared because each one has a lot of ego about himself, "I am this, I am that, I did this, I did that, I am very beautiful, I am very wise, I am this wow!" People express so many things to me. I quietly listen. It is only their ego speaking. They cannot go inside. They cannot go deep inside. When they go deep inside, they can listen. The teacher always wants people to go inside and listen so that they get the word, they get the plan and they do their work. It is so simple to speak but it has to be practiced. The key is the teacher and the teaching. When you do that, you keep listening and you get a wider significance for the silence that you are maintaining. See the Buddhist monks, they are mostly silent. In that silence, they should be able to feel the sky in the heart. That is what is called '*dahara akasha*' meaning, the cave of the

heart. In that, there is again the light of the sky. All Masters of Wisdom, when they enter into their cave temples, inside they are very palatial, full of light. You can see stars; you can see the Moon. The sky is as much available as it is outside and it is a much better situation to look at. Therefore, get into you and then feel the state of light in the heart. Thereafter, remain silent to listen well and then make a plan and gradually manifest it. That is how initiations can take place.

Only when something is manifested, that is what is called white magic. It means the word coming from higher circles has entered into you and formed you. Then, it takes a form and manifests itself in the surroundings and you can see the beauty of its manifestation. Then initiations can happen. More and more deeper initiations happen when we can install more and more upon Earth, "The kingdom of God upon Earth," said Jesus the Christ. Every son of God has manifested something on the planet, something beautiful, something fragrant that works for the humanity for a long time to come. For all that, the key is the word and that word will come to you only when you make the steps relating to speech. Saraswathi, the Word. We had a nine-day seminar in Rigi in 1998-1999 in the last century and then it came out as a book. We all admired the book and then respected it by keeping it in our armchairs. Instead, we should rather follow the discipline relating to the word. If we get into it that will help you to penetrate into higher circles. The deeper the silence is in you the more you gain the ability to penetrate into higher and higher circles. That is the beauty. Greater the silence, greater the impression; deeper the silence, deeper the impression. It keeps on happening. That is why the silent ones mostly prefer to be silent and when it is their duty to speak, they come out and speak. Later, they disappear into their own abodes. They do not generally stay with the public because the general public only speaks noise. (There are two lotuses here before me by name Padma, so I am asking them, "Is it not right that we keep making more and more noise?") There is also a song in Bollywood saying, "Let the boys gather together and make noise." A lady tells them and they make more and more noise and it is happening during the night hours, disco hours. Anyway, it is okay because the night absorbs. In the darkness of the night, all these activities are absorbed. As the Sun rises, it is all fresh, it is all golden, it is all beautiful. Sun is Sun and Moon is but a reflection of the Sun. Of course, Moon is reflection of many other planetary energies, but Sun is Sun. Someone asked me, "Cannot we do this healing prayer at 10 o'clock in the night?" I said, "You can do any time you like but when the Sun is not there, nothing is spread."

Relate to the king, relate to the king in the meridian. The Sun himself is a king. He is the king of kings at the meridian at every local place. That is how the meridian prayers are given. He is at his best; he is at his best during the meridian. So, if you say,

"I will do it at night, I will do it at some other time, I will do it according to my time,"

The Sun says, "Sorry, sorry my boy, I am not available just for you. I have to run the planet. I have to keep all the planets in order. I have a bigger job. What you seek from me, you seek from me when I am ready to give."

Isn't it? You can't seek from the teacher when the teacher is otherwise busy so, he says, "Come some other time.". When the king of the kings of the solar system is shining for you at your midday, why can't you relate? Why can't you adjust your mundane work in relation to that? Can't you do that? If you cannot do that, do not aspire more because your aspiration is not strong enough to relate to the best situation of the day. We have to attune to the time; time does not adjust for us.

To some extent, a Master of Wisdom may make adjustments but even the adjustment cannot be beyond thirteen minutes. A Master is a Master so he receives, he gives his energies. If there is a

marginal difference in your practice, he adjusts. That is his compassion. That is only for thirteen minutes, not more than that.

So, be silent and try to be as silent as possible. Try to receive the word from within which sounds itself in the deeper cave temple relating to you. Then the word is realized. If you would listen to So-Ham then, for sure, you would also listen to Om. When you relate to Om, Om leads you out of you via your Ajna centre. Om is an uprising sound. It leads you to the throat, to Ajna and then it takes you into a vaster field. That is why every yogi in every country, in the mountain ranges keep on relating to the sacred word which is in silence. When you are in silence, you listen to this humming sound as Om.... That is why the Veda says the yogis are eternally connected to Om, the sacred sound. With Om you move out into vaster fields and then your breath gets better. Please remember, your breath gets better, your system cooperates better and you can rejoice when the matter in you is restructured by the power of the sound itself. Sound can conduct magical manifestations; sound can cause transformations. In ancient Greece, uttering the right sounds, people carried mountains from one place to the other. Mountains. Hanuman was able to carry mountains from one place to the other. Cyclops, who existed in Atlantis also carried. They could move mountains from one place to the other. They could adjust mountains. It is all the magic of the sound.

When you touch the sound Om in you, the matter in you gets restructured. It is more important that your matter is restructured and your seven tissues are set in good order so that the related fires emerge from within and lead you into pure states of mind. The mind becomes completely pure when these fires emerge from within you with the key of the sound. That is where the sounds are given and then some mantras are also given. It gives you a dimension to rebuild yourself, to rebuild your surroundings and slowly transform not only yourself but also the family and friends that surround you. That is the beauty of the work of the silence. The field of silence is very vast and you can rejoice in it. You can completely rejoice in it.

Then, the field of silence consists of successive initiations. As I told you, more and more you be silent in your hours of meditation, you stand for successive initiations, meaning, manifestation of more and more and more work. You have to find colleagues to support you in fulfilling your work. You can't do all the work by yourself. You have to find groups, like-minded groups. In all these 36 years, I found beautiful souls all over the globe. No one has left me. If someone has left me, I feel that I have not done enough to them, that is why they left. But all old pals and old sisters, old in the sense, old in association with me but not old in their age or in their body. I am directly seeing our sister Efrat. She remains almost the same in her energies and always relates to the teaching. She knows a lot by herself but she prefers to listen to me. I do not know why but she should know why it is so.

As it kept us together, we are able to do today a global service. Master Djwal Khul said once, "Let us form a circle of world servers," so we are touching that statement of Master Djwal Khul in that we are forming into a global network to do a service of healing to contain this pandemic in a friendly manner. We do not combat it with vaccines; we combat it with love and compassion. On one side, there is the attack by those who think that they know but there are others who are wise enough to turn things by friendliness. "Omnia Vincit Amor," that is how the statement is. "Love wins all." Love wins all if we are all together. What is it that we share between us? It is just love and joy, is it not? Did we share any other thing? Did we have any money transactions? What have we had? We always wanted togetherness and thanks to the technology we could find this togetherness even now and it is much better this way than before. Earlier, I was waiting to meet you for a year. When I meet, I am in joy, you are in joy. Sometimes we met two times because you came to India also. So, we are in joy whenever we meet and smiles are at their best. But now, every week we are able to join. What more you can ask

for? Can you imagine that every week I come to you all in Europe, in South America and North America at the same time, simultaneous appearance to all of you, how much joyful it is to me? I am waiting for Saturday evening. It is a Saturday fever for me to meet you all. While the body does not agree with me, I tell the body, "Come to the class, you will be joyful." I am speaking to my body, "Go to the class, you will be happy," so it also cooperates well and I am able to relate to you all well. It is such a beautiful situation that 'pain brings due reward of Light and Love.' It is what Master Djwal Khul said and it is all coming true with us.

What did you say, Josep? So joyful. I am really joyful to see you all on a day-to-day basis. Please remember, it is quite possible that there is a lot of depression outside and that energy may also cause depression to you. Depression around your society, in your society because it is all gloomy with this pandemic. It is a big dark cloud that is just covering the whole planet. If you get into it, you get depressed, you get fatigued, you do not feel like relating to the teaching. That is why I said, you may not relate to teaching but keep in touch with the teacher through your thought so even if depression comes you are secured. This security can be offered by the Hierarchy to you all. Therefore, if you are to choose between the teacher or the teaching, choose the teacher. If you are to choose between Buddha and his teaching, better choose Buddha. If you are to choose Lord Maitreya, better, even if you are bored with his teaching, you can be with Maitreya. You can be with Sravasti, you can be with Shambala, you can be with Kalapa, you can be with Kulu, you can be with every sacred centre which is available. Such centres are available all over the world. Do not get into gloominess and into depression. That is where this teaching is dedicated today for all of you in the sense, keep merry-ful, keep joyful and keep relating either to the teacher or to the teaching.

There is the best in teaching, the teacher and you. Then it becomes a triangle. That triangle fulfils. When there is no triangle, nothing manifests. No triangle, no manifestation. Someone asked me, "Can we have one more friend joining it? With you, me, two friends of mine, can we join?"

I said, "Then it becomes a square. It does not enable manifestation."

The truth is, only triangles manifest. Squares are useful only *after* manifestation. The square is to administer that which is manifested but the triangle is for manifestation. That is why in all our old colonies we had houses with triangular roofs. A triangular roof enables descent of energy. Now you have square boxes as houses. What manifestation can happen? What manifestation can happen when you are a square box? A square box is useful to store things. Whatever comes from higher circles, you can preserve it in the square of the box but first, you have to receive something. That reception can only be in the head. So, the head is the triangle and therefore the principle of triangle. Even the three logos that have manifested this universe could do only because they are three. If there are not three it cannot happen. If one is missing, it cannot happen. If two are missing, the other one will go into penance. If you are two, you have to look for the third one. So, already I have given you that. I can be the one for you, so, just choose one friend. If you do not have even one friend, better not – I would say life is not worth living. It is not worth living if you do not have a friend. So, one friend and one teacher you have, then you have the triangle. Two friends and one teacher. The logos are functioning like that. The Will, the Knowledge and the Intelligent Activity. We call it *Ichha, Gnana, Kriya Shakti*. These three have to be essentially there. It is not enough if you just meditate upon the male-female God. You shall have to find the triangle emerging from them. The male-female God enabled the first triangle to happen. That is why every theology has Father, Mother and Son. That triangle is what we see as the first logos, second logos and third logos. The first and third logos are the couple through which the second logos manifests and successively triangles are formed. The successive triangles manifest the sevenfold creation. Therefore, even in your body, all your centres form into lotuses and

ultimately there would be a garlanding of these six centres as one garland and then you receive light from above into all circles. Unless the chakras become lotuses, there is no way to receive light. An egg cannot receive light. Only an unfolded egg, an unfolded bud, can receive. So, you receive from Sahasrara or even Ajna into you and fulfil and for that triangle is the means.

That is why a teacher or guru is called a triangle with a centre. He relates; the teacher relates to male-female through his own triangle. We too can go up to the male-female God and even later into Absolute God we can move. We can reach up to Absolute God because all the higher triangles will give you the way and wish you well. They not only give you the way, they wish you well to progress. Triangle is the way and it is all a network of triangles. That is why we have the queen of the yantras called Sri Yantra which is a network of triangles. This networking with triangles enables us to bring down the healing energies and thereby, we meet the Madam Corona and ask her to kindly reduce her power on us and then withdraw into some cave. "May we shut the door where evil dwells." There is a place for evil also on the planet. She can go and join them. She finds her own friends over there and they can rejoice together in that corner and not come in to human activity and disturb us. We can make a request. We can be friendly. We have to make a very friendly, loveable, compassionate approach when a dark energy approaches. Then it is willing to dissolve because it also has its pride after all. We little humans, we suffer with so much of pride, you know? Individually, everyone has his own dose of pride. So, when we submit all our pride together, become humble and approach this energy, its pride is also neutralized. Then it slowly withdraws. Otherwise, 2021 seems to be even worse.

So, we, the students of wisdom, shall have to do something as soldiers. We are different soldiers. We do not hold weaponry; we do not blast things. We make friendly approaches, express love, express compassion and ask the pandemic to be compassionate towards humanity. "Please go back into your original source and be there, be happy and be contented." We can teach them. In Bad Essen, when we had a seminar on healing, we had 45 disincarnated souls hanging around. Did we not witness that? They all became friends and left when we conducted the seminar with a fire ritual. It is a great example. It is a great example which I have included, I think, in the healing episodes. Please read those, 'Healing episodes', they would help you to find the keys for healing. Fifty episodes were released. There are so many but I thought maybe I should give a sample of healing by demonstration. That is why I released them after, that is post-sickness. I prepared that book and also, I prepared a book on those great men whom I met in life, called, "Enlightening encounters". I had excellent encounters with men of light and men of wisdom. That also I share with you all. I also worked on 'Vishnu Suktam' to bring down the second logos in greater measure to meet this pandemic.

We have to make efforts from our side and now, with this WHHO we are making a very collective effort. Please join, do not shoot questions after questions, just join with a friend and be with it and do not try to look for amendments to it. Just join it and be obedient. Let us all come together to put off the pandemic. What for we are here? We have to work for the Hierarchy and make sure that we contributed our little to the work. That is where I always quote the story of the squirrel which joined the giants to build the bridge across the ocean. Imagine a squirrel trying to pick up some sand around her body, somersaulting in the sand in the beach and then bringing the sand into the sea. Rama saw this and he was deeply touched by it. 'What kind of spirit this squirrel has!' Such should be our spirit. We have to have that kind of spirit. It could be very small but it is okay. We do our contribution. The little, little, little, little contributions from all over the planet will make it something substantial which would be considered by the energy of pandemic. Do not think it is just a sickness, it is a personality by itself.

All pandemics are big personalities. So, we relate to that personality and say, "Madam, please, help us. Get back to yourself. We wish to live and we promise you that we live with much more cleanliness. All that the pandemic is demanding from us is a clean life, isn't it? We have been eating indiscriminately. We have been mating indiscriminately. We have been meeting indiscriminately, all that so, it got disturbed. Just like the crocodile in the lake is disturbed by the elephant and so the crocodile came up and cut the foot of the elephant and it had to behave better. Corona has come only to give a warning that we better behave well. Do not mix up. Do not mix up energies. Do not mix up your vibrations. Mix them up only with those who are of equal vibration. You cannot mix anywhere and everywhere being an aspirant. You may feel that you are a disciple but if you are mixing everywhere, you are collecting lot of unhealthy energy around you. No mix up. Only with the purely agreeable energies, you mix up. That is how groups have emerged. No more hugging three times a day. Every person you meet, you hug three times. Do not do it. Namaskaram is the best way to greet. It comes from the East; you have to adopt it. Do not think I am trying to be dominating you but there is a truth in just doing namaskaram than shaking hands. You do not know with what you are shaking hands, what kind of energies the others carry, but you have to shake hands. You can be together with the near and dear ones but not with anyone and everyone. Do not eat anywhere and everywhere or eat in the streets. Who has asked us to eat in the streets? Is not consuming food a sacred act? How clean we are in mind and in body when we approach our food? Do we sanctify our food? We have to sanctify our food with a little prayer. All these are all known but we do not practice because we think we are modern. We are very modern to catch up to diseases. We are not modern enough to catch up to light. Therefore, follow the discipline that corona is imposing, then corona will not touch you. It says, "This is a good boy. I do not have to touch him."

In the story of Moses which we saw in 'Ten Commandments', death touched only those doors where there is negative energy. Death did not touch those doors where there is not such energy, isn't it? People do not have to make into(X) marks. It is a human presentation. Death knows by itself whom to touch, whom not to touch. Just because we made an into(X)mark, it is all fun you know? The humans are children. They are such small kids, so they do their job and death smiles. Even if Ramses puts an into (X) mark, did it not enter? It enters. However much you make symbols, it knows what is the content inside and goes and meets it mercilessly, isn't it? Therefore, let us be taking up to all the discipline that corona has brought to all of us, all over the globe at once. It is a global teaching just by one shot. The best teacher, I should say. People learn more by fear than by loving teaching. If you keep teaching with love, people keep on listening to it then do not practice. The more and more you cajole them, they do not practice.

You see, when Pluto comes to teach it would be like this. When Pluto comes to teach, he says "Why should I come and teach these humans? Let me send a pandemic, they will learn themselves." Just one pandemic all over the globe and people now know to maintain distance, which is very important. To maintain distance. People have learnt not to mix too much bodily. People have learnt to eat chaste food. No restaurants for some time, so, in your eating. In your daily routine you keep on washing hands. The teachings always said, "Wash your hands after every act." When Jesus came into the crowds and taught, he goes back and washes his hands. How many times do we wash our hands? People are so busy that they do not even wash their hands, even before food. They have a logic. "We are eating with forks and spoons, why should we wash our hands?" This kind of mind is dangerous. This kind of mind is dangerous. It tries to transgress everywhere. So, please remember this caution that this pandemic is friendly to those who know what it is teaching us and follow it.

The teacher also speaks to you that which helps you. If you follow, you get into higher circles. The pandemic will not help you to get into higher circles, it allows you to live. Then, to get into higher

circles the teacher is there, teaching is there and they are eternal. The teachers are eternal, the teaching is eternal.

It has become more than one hour. I conclude here. Shall we have a holiday for next week honouring Christmas or shall we go ahead? As you raise your hands, Ok, Brigitta raised first, so we accept and we meet again next Saturday. Wish you well, wish you all the best for the new year and many, many good things I offer you with all this understanding. Move joyfully that corona is my friend. You can bring songs relating to it. "Corona is my friend because I follow its regulations." Be joyful. Do not feel the fear of corona. Thank you one and all. Have an excellent new year. I will meet you after the opening of 1st January. What is the first Saturday? The 2nd Saturday is not very far from the beginning of the year, so, we meet again on 2nd Saturday. All the best until then and let us suffer the separation in between for one week. Thank you, Namaskaram.