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Vizag Gurupujas – Labours of Hercules

Discourse 2 by Master K.Parvathi Kumar (11 Jan, 2015)

Hearty fraternal greetings to the Brotherhood who have come to participate in Master CVV Gurupujas and we completed the 2nd prayer of the Gurupujas. Today we have the release of the book "**Good Luck**" written by Master EK and according to your sun sign you can relate to the instructions given in the book. Master EK always related Astrology with Yoga and gave Astrology with a purpose of fulfilling oneself in Yogic path. Through Astrology, we get to know many secrets related to Yogic path. Even the story we are discussing now is given in an Astrological way. It is good if one has some amount of knowledge of astrology but only knowledge of Astrology is not sufficient. It should be associated with the worship of Divine and practice of instructions given.

In the story of Hercules, we will enter the labour relating to Scorpio. So I will first read the lines given by Master EK in this book, relating to Scorpio.

Silence, Secrecy, completion, mystery, insight, intuition, past, present, future. These are the words relating to the ones born in Scorpio and one should contemplate on these words to realise the subtle meaning involved in them. Anything written or spoken by Master EK always involved deep and subtle meaning and one should keep relating to them on a regular basis.

Also we have the release of book "Sun". This book was being requested by many. I first wrote on Saturn, Jupiter, Mars, Mercury, Venus and then on Uranus. Now the book "Sun" has come out. These books have received good recognition worldwide. This book is the result of the seminar given in 1990 in Andhra University in Vizag. In 4 colleges in USA, these books relating to planetary energies have been introduced as a part of their syllabus. They are all colleges relating to Astrology. I recently came to know of this news. Now we have only the book relating to "Moon" remaining. Our main work is with the moon principle, mind. All the books contain the wisdom coming from Master DK and Master EK and only presented in a simple manner.

There are also many Puja Vidhana books for release this year. They all are re-prints. Also Lalitha Sahasranama Stotra book with larger font is also published and being released. There is the book "Himalaya Guruparampara" being released. It is the book relating to the Grand Masters Maitreya, Maruvu and Devapi and some of their teachings. Also the book "Gurupaduka Stotram" book was released recently and is available.

Also we have the re-print of books "Just Adjust", "Uranus", "Golden stairs", "Saturn Regulations" and "Teachings of Lord Maitreya". The last is one just a translation of the book already available in Telugu.

Now coming to the story of Hercules. I just gave a brief of the next labour yesterday. Now we go in detail.

The myth "The great Presiding One, enrobed in radiant calm, said but a single word. The Teacher heard the golden command, and summoned Hercules, the son of God who was also the son of man."

The Lord gives instructions to the Master and Master entrusts work to his disciple. Master will not just tell anything he likes to the disciple. He receives from the Lord and passes it onto the disciple. That is the quality of a true Master because he wishes that the disciple reaches the Lord. He does not use an aspirant for his activities. A true teacher is one who can hear the word of the Lord and can pass it onto the disciple for whom the word is intended. The instruction from the Lord generally comes in silence.

So here, the Master heard the word of Lord and summoned Hercules.

"The light now shines on Gate the eighth," the Teacher said. "In ancient Argos a drought occurred. Amymone besought the aid of Neptune. He bade her strike a rock, and when she did, outgushed three crystal streams; but soon a hydra made his dwelling there.

The teacher said "there is a place called Argos which is suffering from draught. And a person named Amymone worshipped the Lord Neptune for rains. Neptune instructed that rock is to be removed from the outflow of water to happen." The farm here is the body and the crop is to be grown in this body itself. But there is not sufficient water. The etheric and causal bodies are to be developed in this body itself. They do not come from somewhere outside.

When she removed the rock, she encounters 3 streams, which stand for Ida, Pingala and Sushumna but then she encounters a hydra with 9 heads. What happens is, when we start in Yoga, we have lot of interest initially, but gradually the interest fades away because there are 9 poisons inside our personality, which stop us from progressing in the path. These 9 are presented as 9 heads of the snake. The snake has poisoned the prana and consciousness within, with 9 types of poisons. These 9 bind the person in his personality and does not allow him to expand. They are explained as 3 sets of 3. They are also called the 9 ruffians. So once you start practicing the path, you are bound to encounter these 9 ruffians. They cause you lot of hindrances to progress in the path. That is why many think, after we started doing Master CVV prayer, we are facing lot

of troubles in life. It is because Master brings out these ruffians and throws them out. If you do not like to face them and eliminate them, it is better that you do not enter this path.

The first one is we always look for our convenience to work. But whether it is our duty or not is important and not convenience. We should do, if it is our duty, irrespective of convenience and vice-versa. That is what Lord Krishna says in Bhagawadgita. Anything should not stop you from attending your duties. Profit or convenience or result should not deter your duty. Only such a one can uplift oneself. So that is the first hood of the snake.

The 2nd one is passion of wealth. People want more and more money and are never satisfied with any amount. If you stick to your work, whatever is due to you will come to you. That is the law in nature. If you go after money, you will end up with nothing. It is going after a mirage.

I can say that all those who come here for 3 days do not have strong desire for money because such ones feel that instead of participating here, it is better to do some work and earn more money. People with such strong desire for money cannot enter Yogic path.

The 3rd one is male-female attraction. This is also a very strong desire which strongly pulls the being into the bottom of the personality. Most of the humanity in present times, have desire for fame, money and sex. So this forms the first set.

The first one in 2nd set is excessive desire. People just keep wanting things without knowing what they deserve. We all have desire for immortality but do we work out for that properly is important.

The 2nd one is fear. As much as there is desire, there is fear. People fear for many things and live in fear most of the time. Why so? We have so many security around but still fear.

The 3rd one is hatred. We should keep checking if we hate anyone. If we hate anyone, it is generally stronger than liking someone. I will not go more into details as we know this set of 3 very well. Everyone has some kind of desire, fear and hatred. We know that but we should try to eliminate them. That is important for us. It is tough to remove them.

Now days we have lot of fear for diseases. The doctors too add to our fear. They encash our fear and as a result we have lot of hospitals and diagnostic centres. People accumulate things with desire and then fear that they may lose what has been accumulated. We should check for ourselves how much of desire and fear we have. People appear to be very brave but inside they fear a lot. There are lot of fears that people have. And then there is hatred which is a strong one. Generally enemies are born out of friends. We do not have enemies out of strangers. So the more

friends you have there is more chance for having so many enemies. We form many opinions on others and as a result hate them. I will not go more into detail as you all know.

The first one in next set is pride. And the 2nd one is prejudice. The more you have pride, the more you have prejudice. You have too many opinions on others. The more you have self-pride, you keep criticizing others. Pride and Prejudice go hand in hand. They are twins. We comment saying "Ah! He is nothing." What are you? Can we get rid of them at any time? We have too many comments on others, politicians, the nation, and the generations and so on. But what about yourself.

The 3rd one in this set is jealousy. Anytime we see someone having something better than us, we are not happy.

So in this manner, we have 3 sets of 3. They are the 9 poisons present in the body. They make the being a slave to the personality and finally the person dies without any progress.

The being is a combination of prana (life principle) and consciousness which are represented as waters because they flow in the being. The whole creation is filled with waters. We call them Naras or etheric waters. And the Lord who presides over the flow of these waters is called Narayana. These 9 poisons pollute these waters and they are not of use. So these 9 are to be eliminated for us to progress. Each one should question oneself and try to eliminate each of them.

So that is the test relating to Scorpio. Do not think that these are present only in ones born in Scorpio. The energies of Scorpio are present in every person. So the solution for this problem is going inside. Do not keep looking outside towards others. We are in the path with an objective to transform ourselves, not to transform others. That comes much later.

The Master instructs Hercules to win over that snake and he gives an advice here.

"One word of counsel only I may give," the Teacher said. "We rise by kneeling; we conquer by surrendering; we gain by giving up. Go forth, O son of God and son of man, and conquer." Through Gate the eighth, then, Hercules passed.

One needs to have humility to grow in the path. If more knowledge results in more pride, it means the being is going down. If knowledge gives humility, then it means that the being is growing. Also the Master tells that one can conquer by surrendering. What to surrender to, will be known later by Hercules.

Lord Krishna tells to Arjuna "If you surrender yourself to me, I will take care of everything." So surrender to the Lord or Master is very important in the path. Surrender to conquer, kneel down to rise and gain by giving up, these are very subtle phrases involving deep meaning.

Humility means that we should give importance to everyone around us. We may be obedient before an elderly person but you should also give importance to someone who is younger to you. You should not act obedience before someone who you need some help. It should be natural. When it is natural, you always remain gentle with everyone.

We can solve our problems in objectivity by turning towards subjectivity. If we think that we have problems and that we cannot pray, you will never come out of them. Prayer helps you to come out of them. It is the solution to all problems. If you try to solve the problems by yourself, you will never end up. If you hold to the other side, the problems relating to this side leave you.

These are the instructions to Hercules to remember to be able to defeat that snake.

Here the Master says "We rise by kneeling". So the Master is including himself which means that he intends that no one including the Master has to kneel before the Lord. There is always someone above you. To symbolize that, people wear a hat. Just wearing is not sufficient, we should remember that the Lord is above us. As you are with him, your problems are solved.

Another phrase is "we gain by giving up". That is relating to our problems. We cannot solve our problems. So the only thing we can do is give up and surrender oneself to the Lord. That is what Gajendra did when he could not free himself from the hold of the crocodile. He surrendered himself to the Lord and the Lord came and freed him.

So Hercules goes there and tries to kill the snake with his sword. As he removed one hood, 2 hoods appeared. And every time he cut off a head, it doubled up.

It is like we trying to remove our anger. We want to eliminate our anger but we get angrier. The same applies to other poisons. They grow as we try to eliminate them. The reason is one cannot win over his personality on his own. One needs the help of the Lord or Master.

Then Hercules remembers the words of his Master. So first he kneels down and then he remembers that he should surrender himself. He surrenders himself to the Master and then he gets a thought from the Master.

With that thought, he went down and caught hold of the neck of the snake where all the nine heads join and raises up the snake into air. The snake becomes weak in that air and loses its strength. Its strength is only in water (emotions). Finally it dies out of weakness.

The subtle meaning here is that we should catch hold of our respiration. It results in purification to certain extent. We then enter into pulsation. Once pulsation is regulated, we enter inside and we touch upon the Udana prana. With that Udana, one can go up.

Normally if we stay in the mind and with emotions, we give strength to these 9 heads of the snake each time we try to remove them. So that is not the way. We should try to align with the pulsation and enter inside. Another meaning is to enter the plane of Buddhi if we speak in terms of awareness. Also we touch upon Udana, if we speak in terms of pulsation.

One should take to a noble cause in life and if you submit yourself to that, then these ruffians fall down gradually. One of the suggested practices is to do some selfless service by remaining in Divine alignment. Such an activity greatly helps in purifying the personality. It may be any selfless activity. That is why every disciple is entrusted some work by the Master which would enable purification of the personality.

There are people who spend lot of time in making pickles for Gurupujas for all the group members to eat. There are people who donate lot of vegetables for Gurupujas. Not many recognize such activities but Master recognizes such ones. I am just giving examples. It may be any activity which is selfless and continuously. The quality and intent is very important. You should not do it for some result or reason. Such activities should be done in silence and secrecy. You should not look for recognition. We used to have the concept of "Secret Offerings". Others need not know what you offer. It should be motiveless and unconditional service. It gradually purifies the personality. It is for that purpose, service and offering have been introduced. That is why Master EK simply said "Yoga is just being useful to others". If you just like for yourself, you can never enter the path of Yoga.

As you keep worshipping the Lord, the quality of the work you do increases and any of the problems you have are eliminated. So stick to one selfless activity and do it continuously with faith in the Master and Lord. The highest responsibility that one has is following the instructions of one's Master. If you stick to them, everything is taken care of by the Master.

Problems created by you in mind cannot be solved by the mind. So you should move to Buddhi and from that state, the problems can be resolved. We face many problems because we have reason and results in our work. The nature and plants and animals work without expecting any return and as a result they have no problems. We should follow their example. Anything you do should be causeless. You do it as long as it serves others. Without doing anything, nothing will happen. The Master makes us do when we surrender to him. By that, we have the strength of the Master added to our strength and as a result, things happen easily with very little effort.

So Hercules lifted himself up to higher planes which is represented by the lifting of the snake into air. You go inside and the impurities fade away. Transformations happen and you become a different person. Otherwise, the 9 poisons kill you. Once you remove those poisons, the one that remains is immortality. That is why we have the story of Garuda and serpents. For the removal of these serpents, we should surrender to Garuda who is present as pulsation in us. He lifts us up into higher planes. The ascent of Man is eagle and the descent of Man is serpent. As you go down, these poisons kill you, as you go up, they are eliminated.

So Hercules with the help of the word coming from Master surrendered himself to respiration and won over the snake. Once you surrender yourself to the Eagle (Garuda), the snakes run away. That is what happened in Ramayana war. He is an ever present friend within us. We should relate to him. He is like the light that eliminates darkness.

The story of Scorpio is nothing but the story of eagle and serpents. Air is said to be the visible Brahman. So with the help of air, we can eliminate the 9 poisons and will be uplifted. That is why Pranayama has such importance. Service should be associated with practice.

Live with intent to serve others and live a selfless life. Our life should be transformed in such a manner. With that, you simultaneously relate to the Garuda within and finally the snake is defeated. After the removal of these 9 heads, one head still remains. That head is "you" transformed, an egoistic person who became an egoless one. So you remain with true identity and eternally.

So this is very symbolic story. If you enter the plane of Buddhi and contemplate on this story, you get the subtle meaning in it. So this is the story relating to Scorpio. We enter into the labour relating to Sagittarius in the evening.

-Swasthi