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Guntur Gurupujas - 2013

20th October, 2013 - Discourse 2

Hearty fraternal greetings to all of you who have gathered here for this Gurupujas.



Guntur is a special place for WTT because Master EK met Grand Master CVV here for the first time in person and Gurupujas were started by him for the first time in Guntur. In the 4th street of Brodipet area of Guntur, there used to be a hotel by name Shankar Vilas where Master EK met Master CVV in person and from then on the activity happened in a multi-fold manner as per the divine plan. So the foundation of all the activity happening now is in Guntur. So Guntur has always been a special place for WTT.

It is a tradition and token of respect for us to remember the hierarchy of Masters leading us on this path. Similarly places where significant incidents took place should also be remembered when we move around them. Even though the Shankar Vilas hotel does not exist now at that place, the place where it used to exist still has a divine touch because it is where a Grand Master has given his presence. Any place pertaining to the presence and movement of a Grand Master will have that divine presence because all grand Masters live and move in complete divine alignment and an oriented aspirant can feel that divine touch.

Everything in this creation moves as per the divine plan. Our awareness is limited and we fail to recognize the higher plan that keeps manifesting as per time. We think that there are lots of mistakes and illegal activities are happening around us but a Yogi does not see all the mistakes. A Yogi is never affected by the good and bad happening around him. It is said that it is ignorance to think that there should be complete peace and calm and no illegal activity in this age of Kali; all that is not possible in this age. It is for you remain is a higher state where you are not affected by them. Even if you do not want them to exist, they still exist.

Grand Masters like Ramana Maharshi, Ramakrishna Paramahansa, Master CVV lived in India at the same period when India was being ruled by the British but they did not criticize the British rule and did not participate in the freedom fights that took place at that time. It is because they knew that it is as per the divine plan that all the beings and countries move on the planet and as per the karma of the individuals, regions, nations and the whole world, everything manifests in time.

The energies at any place keep changing based on the activity that happens in that place. If ritualistic activities happen every day at a place continuously for a year, lot of positive energies accumulate at that place. Similarly when you keep recollecting and worshipping the divine within you continuously, divine energies descend into you and you are permeated with those energies. There is light present in each one of us and every object. We should try to see it within us. When matter dominates, we fail to see that light. We may say "May the light in me be the light before me." But are you able to see the light in you and outside you? You can start by visualising the light. You can even visualise that light as a form of your liking. It may be the form of Vishnu, Shiva, Divine Mother or some Grand Master. They are all one. Generally people are stuck in names and forms and confused with them because their awareness is limited. A degree of awareness is required for understanding any subject and people get confused because their awareness has not expanded to that degree to understand that subject. They say that the subject is confusing but in reality there is no confusion in the subject but confusion exists only in their mind. Same is the case with the names and forms of the ONE Divine Principle.

The form can be visualised to be very beautiful. This visualization results in our mind remaining inward. Generally, we arrange a beautiful idol of a deity and decorate it beautifully so as to enable us to visualise the same beautiful form when we close our eyes and turn inward.

Our mind is mostly used to remaining outward. This becomes a habit to each one of us from the age of 7 when mind starts relating to the outer world through the body and senses. Now being the Aquarian age, the minds of children are starting to turn outward from the age of 3 itself. From the age of 3, children are attaining control over their body and senses. They have strong likes and dislikes. It should be regulated from that age itself otherwise it will be very difficult at a later stage.

That is why the initiation to education is also being done at the age of 3 now. Earlier it used to be done at the age of 5. All this should be seen as the speed of the Aquarian age.

A Yogi is one who can turn his mind both outward and inward at will. He can even move in and out of the body at will. That is why each one should become a Yogi. From childhood, we are only used to using the body and senses with the mind to relate to the outer world and it becomes a strong habit. The spur in the being wishing to turn inward comes in the process of evolution and that aspiration comes to every being with time. Only to such an aspirant, these teachings should be given. They are not for everyone. There are many who do not have any kind of aspirant to lead a higher life and an inner life and to such ones these teachings are not to be given. For such ones, only laws relating to leading a better life in the outer world should be given. There are many dharmas given to lead a better life in the outer world and they are to be taught to everyone.

After gaining some experience after leading some lives in the outer world, in the process of evolution, a spur happens and the being aspires for a life better and more expansive than the objective life. In the process he comes in touch with a Master who shows him the path. Then in the path, he realizes that there is a subjective mind apart from the objective mind. Subjective mind develops when we turn inward and with that mind we can relate to the Subjective worlds just as we move and relate in the objective world with the objective mind. Then there is the process of formation of a subtle body.

Master CVV promised that he would do all this for us. He told that we cannot do it ourselves because we have gone too far in the objective world that we are not able to retreat ourselves. He said that even the teachings of other Master are not able to help the humanity because the humans are not being able to

follow the instructions that are being taught. So the Brahman itself has descended in the form of Master CVV to uplift the humanity from this state. Master CVV said “I am Brahman and I will make you realize that you too are Brahman.” He has come down to quicken the evolution on earth.

The only thing he asked us to do is daily sit for prayer in the morning and evening and utter the mantra "Namaskarams Master CVV" and then observe in silence the activity that happens within you. There may be some sounds and vibrations happening within you. You should hear them attentively. The most important aspect of Yoga is “to observe”. Without observation there is no Yoga and there is no divine.

Even when you chant mantras or stotras, the sounds come from within and you should observe and hear the sound while you chant. There are vibrations that happen which we should observe. You can even see some lights within when you close your eyes while chanting. We generally fail to hear the sound while we chant. Our mind keeps wandering somewhere else and chanting happens involuntarily.

We are more attracted to the outer world because there are many attractive things outside. Our mind turns inside when it is shown something attractive inside. If the inside light becomes more attractive than the objective attractions, the mind shows more interest in remaining inside. In the subtle world, there is no shade, there is only light. There is no sleep as well; there will be no necessity for sleep. In the objective world, there is shade and sleep.

The light inside is more in intensity than the light outside. Even when you see an image on a laptop or mobile or television screen, it appears very bright but when you print the same image on a paper, it is not so bright, it is dull. It is because of the density of matter. There is an inside light when you see the same image in a laptop, which enhances the picture quality. Even the printed images vary in brightness based on the quality of paper they are printed on. All the laptops and mobiles show us glimpses of the subtle world. They have greatly reduced the matter aspect. All our train or flight tickets are now on mobiles. It is due to the advent of Aquarian age. We can hold many books in a single laptop or mobile. What if all those books are to be printed in paper? So such is the difference between the objective world and subjective world. Aquarian age is introducing us to the subtle world in this world itself.

When you enter the subjective world, you will have many visions inside and lot of teachings happen within. A continuous chemistry happens within you. Your consciousness expands in multifold. Slowly the development of a subtle body happens.

Manipuraka chakra has 10 petals of which 5 are oriented downward and 5 are oriented upward. The upward orientation of the 5 petals happens for one who has a subjective mind. The 3D image of Manipuraka chakra with 5 petals upward and 5 petals downward was given by Master DK.

So once you turn inward and keep worshipping inside, heat develops in you. Many in the path of Master CVV feel that heat in their body. It is not hot but comfortable warmth that you experience. Due to that heat, the tissues in your body undergo transformation. The Rajas and Tamas present in the cells of the body are regulated. This fire is the fire of prana and latent fire in your body cells merging as one and that fire results in the emergence of bright light within you. Then the real Yogic process begins and lot of transformations happen from then on.

Moon in libra is very calm in nature. Moon represents our mind. This moon in libra (mind) can be easily oriented inward. As you stay more inside, the outside attractions cease. Objective tastes disappear when

subjective taste dominates. Without going inside, if you try to restrict the objectivity, it is useless. You will never be able to achieve anything.

Once you enter inward, there are no seasons inside and the outer seasons do not affect you. There is no cold or heat that you experience. Slowly a subtle body starts developing within you. The creation of subtle body can happen only when you are in this physical body. It is not possible otherwise. That is why human body is said to be a great asset but we fail to realise its potential.

One is said to be very lucky if he has a human body, has a divine aspiration and is in the presence of a true Master but if one fails to utilise this opportunity and fails to tread the path even after being lucky thrice, what has to be thought of such a one? The Grand Masters feel pity on us if we fail to utilise this grand opportunity.

So whenever you are in prayer or chanting some stotram or performing some ritual, you should practice to observe within. Be there inside as long as possible. Slowly you feel comfortable to be within. You may be worshipping any form of the Lord but this is the essential practice that should happen. You should keep seeing the light within. Then your life becomes a life of light. You will have many associates in the path, who will be meeting after moving certain distance in the path. You can meet all the Grand Masters who we speak about.

This is also possible in your sleep. If you are properly oriented, you may have access to an ashram of a Grand Master during your sleep time. It may be possible if you sleep with such an orientation. You can even assume that you are going to some temple or some Ashram of a Grand Master while going to sleep. Even that assumption may lead you to some ashram. Such is the story of Giri Sharma and Djwala Khula as given in the Music of the Soul. When Giri Sharma sleeps, he becomes Djwala khula and wakes up in the ashram of his Master. It may also be possible for you if you recollect your Master or a deity of your liking and go into sleep.

We can be contented of these practices only when the formation of the subtle body is complete and move out of this body with that body and see this body as a separate entity. Only when this happens, we are said to have fulfilled the first objective of Yoga. Next step is the realization of Brahman.

Once the subtle body is formed, you then become a part of the divine plan and start working towards it. The divine works through you and many activities happen through you as a result.

So knowingly or unknowingly we have come into this path and it is our responsibility to know the path of Master CVV. That is why we keep recollecting all this many times so that our inspiration keeps increasing. Morning prayer is important and Evening prayer is even more important because it shows our aspiration in the path. Without doing morning and evening prayer, we cannot assume that we are in the path of Master CVV. It is mere ignorance if you think that way. Also remember that all the other rituals that we perform are also part of this path; it may be Fire ritual, Water ritual, Shodashopachara puja, Sarannavarathri Durga pujas, etc. I never see anything that we do as something different from the path of Master CVV and we start everything with Master CVV Prayer.

-Swasthi.