

Note: These are personal notes made from Master KPK's speech recording, translated from Telugu. Does not reflect Master's words in entirety. Please use for reference only. Not for publication.

Guntur Gurupujas - 2013

19th October, 2013 - Discourse 1



On this full moon day, Master CVV Gurupujas are being organised by the brotherhood of Guntur and my hearty fraternal greetings to all those who have gathered here for this occasion.

Guntur has become a densely populated city with lot of noise and crowd when move in the streets but when we enter this hall, the atmosphere completely changes. The ambience is very calm and cool in this hall. This differentiation can be related to the outer and inner world with respect to each one of us. The outer world around us is very noisy with intense activity happening but once when we enter inside, there is a silence with a subtle nada that can be heard

and it is also cool inside. One must remain in a state of poise to be able to experience the inner world.

We should all remember ourselves as images of divine. Though we know it, we forget this truth and as a result we should keep recollecting it again and again. We are all part of the ONE Universal consciousness and we permeated as individuals units of consciousness. In the original state, we are unlimited, once we emerge as a separate entity, we are limited. This emergence is said to have happened to give an experience of happiness to all the beings but to experience the creation in complete, we should remember that emerged from THAT. Only by remember THAT, we have a fulfilling experience. If we think we only exist, we fall into troubles and have varied experiences.

All the rituals and practices that we do are to remain in an alignment with THAT. Slowly we should forget our identity and only THAT remains. We are completely aware that this existence is nothing but an illusion and all is THAT. If you remember the number of rituals and practices that you have done instead of remaining with the Lord or Divine Mother, all the rituals/practices are of no use.

The best example of worship of the divine mother in the recent times is Ramakrishna Paramahansa. He used to start reciting a stotra and in a few seconds used to go into complete alignment with the mother and there is no more stotra that happens. He used to completely forget himself in that state. Paramahansa used to be a priest in a temple of Mother Kali and when people used to come to the temple asking him to perform some ritual, he used to start with chanting a stotra and suddenly used to go into a state of trance and sometimes it used to take hours for him to come back to a normal state. That is why he told the temple authorities that he cannot continue as a priest and asked them to allocate a small room for him in the temple premises so that he can continue his worship there. We should aspire for such a state. It is the path of devotion and the path of Yoga is also similar.

The all permeating principle is present in our head centre. When we keep worshipping that principle and remain in alignment with that, slowly we lose ourselves and only THAT remains. The practice of Yoga is to align the mind with the light in us. THAT principle may be called by any name; Master, Baba, Swami, Brahman, Param, Vishnu, Shivam, etc. but all the essentially one.

When you keep aligning with the light in you, what happens is, the light being very intense, permeates into us and we are filled with it and finally only it remains. It is like when a person gets closely acquainted with another person with some very strong qualities, the qualities of the latter person are gained by the former.

We should do all the rituals and practices by knowing the purpose of it. There are many who have been doing Master CVV prayer for decades without knowing its purpose. Nothing will happen in such cases. There is no fruit for the effort if you do it without having the basic knowledge. We should know who the Lord is before worshipping him. He should just not be

seen as someone fulfilling our desires. He should be remembered as the all permeating principle present in each one of us.

When you chant Lalitha Sahasranama knowing and recollecting the meanings of the names of the divine mother, you can experience a sound and light show inside. There are some names which give you a sound related experience while some names give you a light related experience and some others may give you a form related experience. Even if you do not know the meanings, just visualise the form of the mother with blazing light, seeing you and you sitting before her. If the visualisation fails due to some thought, visualise again. Keep practicing it again and again, all the time when you are chanting Lalitha sahasranama. This is what is called Dharana. You should keep visualising until that image/light stabilises within you. Slowly the light permeates you and the qualities of that light start working through you and you will be doing lot of activities as per the divine plan. It is the divine light flowing through you. This is how amazing acts happen through a true devotee and he gains lot of name and fame. It is divine who does everything through a devotee and bestows fame on him.

Another thing that is required is love for divine. You should very eager to sit for worship. You should have a liking for it. Worship or prayer without liking is useless. Only then you experience the beauty of it. Only where there is love for divine, there is devotion. In fact both are one.

The Lord is present in our head centre and we sit in the heart centre worshipping him and wait for him to descend and take us. One must wait for the divine to come. Even a Master may come and take you. You should keep worshipping and patiently wait until he comes.

We are all Naras in our original state. Nara means the non-destructible one, the immortal one. This immortal one is sitting on a mortal vehicle. The combination of mind, body and senses is temporary in existence. It is mortal. By living conditioned by this mortal body we forget that we are immortal and fear that we die. Until we enter the state of Buddhi we don't realise that we are Naras and immortal. So firstly Man should become Nara. It is the first objective of Yoga.

A Yogi knows that he does not die and knows that only this body falls off with time. After this realisation as Nara, the next step is realisation of oneself as Narayana. Man should realise that he is Nara and Nara should realise that he is Narayana. It is the ultimate objective of Yoga.

It is to show us that path that World Teacher Trust has been started and the Hierarchy of Masters are there to help us tread the path and reach the ultimate goal. Once the goal is reached, you are said to be Vijaya. It is the story of Vijaya Dasami.

So we should try to uplift our awareness from the present state to a higher state. Our awareness is present in the mind now and may be some are living in the senses or even in the gross body. We should try to uplift our awareness from a state of mind to a state of Buddhi. It is in the heart centre. It is a higher state where your vision expands. Normally when you are seated at a higher position, you can see well than the ones seated at a lower position to you. One of the pre-requisites to reach that state is leading a life of service, a selfless life.

Most of us are now seated in the 3rd floor. The Grand Masters wish us to enter the 4th floor and be seated there. The 4th floor is the heart. We should enter it. How do you enter into it? It is by leading a selfless life. The more you serve, the more you move towards the 4th floor.

So a Master is one who gives you the way to uplift your awareness to a better state and we organise these Group Livings with an aim to recollect the ways and means given by the Grand Master. The knowledge keeps evolving with time and place and the Masters have been given it to us in that manner.

The ways and means to attain higher states are given in almost all our Scriptures and it our responsibility to pick them up and practice them as far as possible. So we will discuss this topic further tomorrow morning.

-Swasthi.