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"Srimad Bhagavatam"

**Discourse by Master KPK on Sunday, the 23rd of August 2020, at Radhamadhavam,
Visakhapatnam.**

(for private circulation to WTT members)

Canto 5:

We will start with a poem from Sripati Satakam written by Master EK. In certain rituals, there are ways of worshipping each part of the Divine idol and we offer flowers to each of the parts right from head to feet. If it is a male deity, it is done from feet to head and if it is a female deity, it is done from head to feet. It is because the Cosmic father represents the ascent while the Cosmic Mother represents the descent. In Lalitha Sahasranama, the description of the features of the Divine Mother begins with the head and goes up to the feet. One of the reasons for this worship is that one should be fulfilled in all aspects relating to the human form. Until fulfilment happens, one is bound to take forms. That is why worshipping the form of a Divine deity is given. At one point, the being realises that the desires in the mundane world are never ending and that is when one moves closer to fulfilment. Until then, one keeps running after many things and there is no complete satisfaction. In this poem, Master EK says that one of the easy ways to fulfilment is surrendering to the Divine. It gradually leads one to fulfilment in all aspects and enables one to remain in that state forever. There is no other way that can remain away from unfulfilled desires because there is no end to them.

People even worship the Divine, visit temples and other holy places to get their desires fulfilled but at one point, they realise that there is no end to this road. Finally, they ask the Divine to relieve them of all desires and they wish to remain aligned with the Divine. That is realised to be the only way to attain complete fulfilment. Master EK requests the Divine for the same in this poem. If one is with the Divine, then what plane one is in does not matter. Nothing affects such a one and he experiences the whole creation without any desires. There will be no limitations as to which planes one can experience. All the planes can be experienced from this human form itself with the highest being Sahasrara. Sahasrara is described as the feet of the Divine.

Now getting back into the story of Priyavrata. We discussed his marriage and children. We discussed the meanings of the names of Vishwakarma and Barshihmati. Then we discussed about the first 5 sons of Priyavrata. We discussed the purpose of life of Priyavrata. I recollected them multiple times. So I would not like to go back.

We discussed about Agnindhru who presides over speech in us. I also discussed about the importance of speech but for more details one can refer to the book "Sound". The 2nd one is Idmajihva who presides over taste. This taste is not only for food but also for other aspects in life. One should have good taste for everything, be it food, be it clothes, be it house and so on. Not

having taste is an indication of negligence in life. If you don't have a taste for things outside, how will you develop a taste for inner aspects? The 3rd one is Yagnabahu who presides over hands. Hands should be used to do things which are useful to others or atleast useful to oneself. Never do anything which is of no use to anyone or which hurts anyone. Hands should be used more for giving than receiving. That is what Master CVV expects from all his followers. He wants us to be givers and not receivers. He wants us all to be independent.

The 4th one is Mahaveera who presides over the mind. A good and capable mind ensures victory. The mind should be trained to be truthful and righteous. There is nothing that a righteous one cannot win. That is what we see in the stories of Yudhistira and Satya Harishchandra. There are many Seers who lived in the same manner. Today is celebrated as Rishi Panchami and we should be recollecting the Rishis who are our ancestors on this day. Every being on this planet belongs to the lineage of one of them. They are to be recollected because they are ones who showed the way to live and the way to relate to the Divine. They are all Masters of Wisdom who pervade the path to Divine realisation.

The 5th one is Hiranyaretas who represents the reproductive power in beings. We stopped with him in the last class. Reproductive power is important both in males and females to be able to procreate. This is a big problem in present times as we observe that many young couples are facing fertility issues. Having proper intake of food and lifestyle are very important to ensure fertility. If not, one ends up going after IVF clinics and all. Proper intake of food implies taking food which includes all the 6 tastes. If you follow too many restrictions and avoid proper intake, it results in many issues including infertility. Quantity may be limited but all types of food are to be taken. Sukra is the tissue which relates to reproductive ability and it is the same tissue which results in formation of tissues called Ojas and Tejas. Sukra is the subtlest of the 7 tissues that are generally present in every person. It is also the tissue which leads us to immortality as it helps in ascent. After reproduction, this tissue is to be used for this purpose. There are 3 more tissues that will be formed in the process which are called Ojas, Tejas and Brajas. Among the food items, rice is the best one to produce Sukra tissue in us. The production of rice on this planet is based on the influence of Venus (Sukra). Sukra is the principle in this creation who bestows progeny and immortality as well. We see stories in Puranas in which disciples are sent to Sukra to gain the knowledge of immortality.

The daughter of Sukra is Devayani. Devayani means the path of ascent. The path of descent is by which a being takes birth. So for both these paths, Sukra plays a major role. The path of descent is referred to as Pitruyana. Pitris are the intelligences who are responsible for the formation of human forms in a womb. Both these paths are said to be accessible during the month of Margasirsha (Sagittarius). So the message for us here is to make good use of Sukra. Do not waste it unnecessarily and do not abuse its use. It is to be used in a righteous manner to procreate and after that, it can be used for higher purposes. If you already old, then this message might not be of much use but still if you digest it and stabilise it in you, then it comes to you early in your next life. With that hope, older ones can take messages like this which are mainly useful for young ones.

All the sons of Priyavrata are said to be fiery ones. Their symbolism is given in lot of detail in the book "Treatise of Cosmic Fire" written by Madam Alice Bailey and dictated by Master DK. Details of different types of fires and how formation of this whole creation can be seen as an act of fire, are given in that book.

The 6th son of Priyavrata is named Ghrutapushta. He is one who presides over maintaining the required amount of fat in the body through the food intake. Taking ghee and oils in proper amounts is important to maintain this fat in the body. Zero fat is not the right way as insufficient fat attracts certain diseases. Proper amount of fat in the body gives it a good shape and adds to the beauty of the form. Oil taken in uncooked form is the best form of cholesterol while deep fried oil is bad cholesterol. The former is required while the latter may be avoided. Fat also should be accumulated in the right places and not the wrong places. Fat is best when it accumulates in the shoulders. Exercise is important to ensure that fat accumulates in the right places. It may be through Yoga asanas or other exercises which should be done atleast 20 to 30 minutes a day.

The 7th son is named Savana. He works from our throat. We will discuss this fire in the next class. I am going through the story very slowly because it is important that we understand these names and symbolisms for them to be useful for us. What is the use of just reading away the whole book very quickly? Master EK simplified it to a certain extent for us. We should read it, comprehend it, relate it to other aspects which we know so that we gain better understanding.

Let us keep recollecting all these intelligences. As I said, put yourself in the place of Priyavrata and understand this whole story from that standpoint.

We will continue in the next class.

-Swasthi