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"Srimad Bhagavatam"

**Discourse by Master KPK on Thursday, the 28th of February 2019, at Radhamadhavam,
Visakhapatnam.**

(for private circulation to WTT members)

Canto 4:

We are discussing the teachings of Lord Sanath Kumara on the request of King Prudhu to enlighten the beings of the planet. We discussed 21 teachings upto now. We will continue further.

Learn to accept that all situations that you face in life are a play of the Divine. This is an advanced practice for aspirants. All the events in the creation happen on the basis of principle of cause and effect. In some events, we can observe the cause to some extent but in some situations, we are completely oblivious to the cause. We expect something to happen and something completely different happens and we do not know why it happened so. The causes can be so deep that it is almost impossible to know the exact cause. That is why there is no point in trying find a logic in happening of events and trying to link a cause to them. We know very little to do that. We keep meeting many people in our lives and then lose touch with them. The association may be short at times and may be long at times and we hardly know why it is so. We try to build up some logic but the truth is that you know is very little. We also try to form our opinions based on half knowledge. Lord Sanath Kumara tells us to stand beyond such opinions and logics which have no proper basis because we are hardly aware of things. Just learn to see the Divine in all, it may be people or events. When we have the faith that the Divine is all knowing and all permeating, what is the point in leaving the Divine and thinking about other things. Master EK used to say, "Introspect yourself and do not inspect others." It is unnecessary to form opinions about others, discuss about their behaviour and actions and so on because we hardly know about them. You do not know about yourself completely. Therefore, try to know yourself better. Introspect your thoughts, speeches and actions.

Remember that if you are relating to the Divine a lot, unnecessary thoughts will not touch you. Divine thought is like fire which burns away all the useless thoughts around. So, relating to the Divine at all times should be our priority as aspirants.

If something good happens, people think that they are the cause but if something bad happens, then they try to find a cause outside. So, both thoughts are unnecessary. There are a lot of invisible causes for events that happen around us and with us. Hence, there is no point in analysing the cause when we know so little. So just remember that "All is Divine" and accept anything that happens. Then you will not be disturbed by any situation. We have to read the stories of devotees to understand the drastic situations that devotees faced in their lives and yet

remained unperturbed. The small problems that we face seem petty before the troubles that some devotees faced. They remain so stable in every situation because they see nothing but the Divine in all situations. We anyway have to face the karma from the past but relating to the Divine helps us pass through any troubles very easily. It is said, “one can even cross an ocean with deep enough devotion”. No problem is really a problem when one is in Divine association. Reading the stories of devotees helps us to get disassociated with the problems that we might face. Then learn to accept that whatever happens, happens for our own greater good. Otherwise we make lot of mistakes due to our ignorance and then create further consequences.

The mind is receptive in nature and it mostly brings bad things to our notice. It makes you brood over unnecessary things. Such thoughts cause you pain. To overcome them, we should learn to see Divinity even in those thoughts and situations that lead to those thoughts. Then they are burnt away. In this age of Kali, there will be many problems in our personal life, at social level, at national level and even internationally. There is very little that we can do anything about them. The only thing we can do is “turn to east and bow down.” Relating to the Divine is the only way to overcome all these problems around us. Learn to see the Divine in all those problems. That is the final and best solutions to all problems. Even in Bhagawadgita, Lord Krishna gives lot of instructions to Arjuna but finally tells, “all those are very difficult to follow, so just surrender to the Divine and do your duties.”

The next teaching is “if you find a good teacher, follow in his footsteps.” A good teacher, here, implies the one who can help you realise the truth. We have Master CVV who has given us certain instructions to be followed. We should follow them sincerely if we wish to walk the path. It is because of his grace that we have come into this path. It is upto us whether we walk that path or not. Depending on your sincerity, you progress and gain the presence. Also, as aspirants we should try to be more in the association of others Divine aspirants. Limit all other associations to bare minimum. Relations at soul level are more important than physical relations. So, this is a discipline that an aspirant should take to.

And then do not be attached to the wealth earned, spouse and children. Stick to your responsibilities alone. Do not expect your children to do what you like. As an aspirant, you should be more interested in the Divine. Have faith that he will take care of you and your family. And do not crave for wealth. It may or may not come. You stick to your duties and accept whatever you get. Doing is your part and there is a larger picture when it comes to what you get out of it. The Divine will always take care of you if you are Divine oriented and duty oriented. You should have the courage that the Lord will take care of everything. Only true devotees can have such a courage.

The last teaching is to overcome the personality that impedes our progress. We try to do lot of things in the name of practice but our personality keeps disturbing us. It makes you do things that you do not want to do. It makes us go after unnecessary things. We can be aware of things and observe things happening around but we need not indulge in them. We should not be disturbed or affected by them. If you get a disease, do not indulge in it. Remember that it is only for the body. It will take its time to recede.

The personality should be trained and transformed into a Divine personality. It takes lot of time and effort. We should introspect our personality and see what is unnecessary. We should try and drive away all the unnecessary qualities that we might possess. It should be scanned thoroughly. There might be unnecessary fears that one might possess. People may have fears about diseases. People may have fears about earning wealth and saving it. People may have fears about their family. We should try to gradually work with the issues and overcome them. Transformation happens gradually. Nothing happens overnight. In a circus, even a fierce lion is tamed by a ringmaster. It may have taken time but finally it can be tamed. Same is the case with our personality. Our personality is our animal to be tamed or the vehicle to be controlled. If not, the personality kidnaps us and makes us do what it wants. It is so strong because it has gained its strength over lives. So, we need lot of strength to overcome such a personality. The strength comes through worship. The more we relate to the Divine, the more we are strengthened.

So, in this manner, we discussed the teachings of Lord Sanath Kumara which is a complete teaching. By following these principles, we can reach the highest of states. We will continue in the next class.

-Swasthi