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"Srimad Bhagavatam"

**Discourse by Master KPK on Sunday, the 24th of February 2019, at Radhamadhavam,
Visakhapatnam.**

(for private circulation to WTT members)

Canto 4:

We are discussing about the teachings of Lord Sanath Kumara to King Prudhu. We completed 18 teachings until now. We will continue further.

Sanath Kumara tells that we should learn to accept the dualities in nature. Dualities always exist and there is no point in getting affected by them. When it is cold, people feel it is too cold and when it is hot, people feel it is too hot. Without cribbing, if we learn to accept, then the body will adapt to the changes in temperature. The body should not be given too many comforts that it will feel uncomfortable if there is a little change in the ambience. The body should be adaptable to comforts and discomforts with same ease. It does not mean that we expose the body to extreme weather but it should be able to bear a good range of temperatures around the body temperature. That way the resistance of the body to diseases also increases. Not only the dualities at body level but we should also accept the dualities at emotional and mental levels. We should adapt and accept instead of getting agitated. This way we are gradually released from physical, emotional and mental bondages and develop vertically. The lower will fall in order when you move higher. The body, senses and mind start cooperating when you move to higher states. Therefore, we should try to reach a state where comforts do not matter. They may be there or may not be there. You need not desire comforts nor reject comforts. You need not desire wealth nor reject wealth. This principle can be applied to any worldly desire. So, the teaching here is to accept the dualities. We should remember that where profit exists, there loss also exists. Life is like a swing between these dualities but we can just observe the swing by sitting in the middle. Then we gradually move to a more stable state. A way to move to that stable state is to be with ONE who is always stable. One who is linked to the Divine is never disturbed by the dualities in life. He just sees them as play of the Divine.

The next teaching is we should tell stories of devotees and the Divine to those who are interested. This is a teaching for advanced ones. We need not look out for people who are interested to hear. If you are studying the Scriptures on a regular basis and gaining lot of Divine experience out of them then the nature itself will want you to tell others. Nature itself will bring people who are interested to you. So first we should develop a taste for the stories of Divine nature. Then automatically people would like to hear from you. There is an eligibility that one should gain to tell stories of the Divine. The eligibility is based on the devotion of that person. A devoted one experiences bliss while reading a Divine story. He feels so happy that tears come out due to overflowing happiness. He experiences goosebumps while reading the stories. Such a

one is eligible to give a discourse. Therefore, the first step for this teaching is to gain that eligibility. Master EK gave discourses for 30 years continuously and many people came and heard him. His discourses used to happen almost on a daily basis. Master EK used to be so enthusiastic while speaking. The number of people in audience used to never matter to him. Even if there were very few people on some days, Master EK used to speak with same enthusiasm and he used to tell “it does not matter who comes or not, there are always invisible beings who come and hear.” If a Divine story is being related very well, then devotees with subtle bodies will be present to hear. Even when one does a ritual or prayer at the same place and time on a regular basis, Masters with subtle bodies will be present there. If you demonstrate regularity in your morning and evening prayers, then Master CVV will be present there. We should know this and stick to a rhythm. We should remember that when we have Bhagavatam classes here, many Sages and Masters who have deep liking for Bhagavatam will come here and be present among us all through the discourse. Bhagavatam is considered the crown among all Scriptures because devotion and stories of devotees are given most splendorously in this Scripture. So first make it a habit to read the Scriptures and experience them, then nature will make you teach once you are eligible enough. There are a lot of things to read. There are ancient Scriptures, there are stories of devotees, there are teachings coming from Masters of Wisdom, etc.

The next teaching is to develop a taste for divinity and being selective in association. Firstly, not anyone can become a devotee. A taste for Divinity comes only because of Divine grace. It happens to every being at sometime in the path of evolution. Anyone who worships the Divine seeking fulfilment of desires cannot be called a devotee. A devotee seeks nothing but the Divine. To become a devotee, one should gradually develop the taste for Divinity once the initial instinct comes. The worldly association should also come down gradually. The association with the world should be limited to bare necessities. We should learn to be contented with minimum requirements. People want everything in many numbers because there is no contentment. One who has a lot of interest in worldly objects cannot walk the path of self-realization. Self-realization requires you to go within but if you are more interested in the outer world, then you cannot go inside. If there are too many unnecessary objects in your house, then you lose a lot of time in maintaining them. It will be hard to find time for practice.

Finally, there are 3 more teachings which we will discuss in the next class.

-Swasthi