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"Srimad Bhagavatam"

Discourse by Master KPK on Sunday, the 17th of December 2017, at Visakh.

(for private circulation to WTT members)

Canto 4:

As a part of the creation of this earth, we are discussing the story of Emperor Prudhu and how he has helped the beings by bringing out the potential resources available on the planet and also within the human body.

Before beginning every discourse on Bhagavatam, we have been doing the Global prayer for peace and recollecting all the great ones who have been instrumental in helping out with the evolution of the planet and its beings. The foremost among them is Lord Sanath Kumara who resides at Shamballa. He is the ruler of this planet and we recollect him in this prayer. Also, we recollect, Manu Vaivaswatha who is working across the globe in teaching the dharma (eternal law) to all the beings. We also recollect Vidura who is helping out with development of modern civilizations. He has been instrumental in the development of some of the largest and well-planned cities across the globe. According to the theosophical literature, he is called Mahachohan. We also recollect Master CVV who is instrumental in bringing the energies of synthesis onto this planet and spreading them out. These energies are enabling in the removing the differences in ideologies and bringing out Oneness among the beings. Then we have Lord Maitreya and the hierarchy working on spreading the wisdom required to help in the evolution of beings. Then we have the Divine Mother leading all of them in the form of Saila Putri. That is what Master EK informed us through the books "The World Teacher" and "Man Sacrifice". These are ones who are easily available to us on this planet and are willing to lead us into the Divine spheres. So, we recollect them through this prayer. We do it every Sunday but it can be recollected everyday which will give us a lift up from the physical plane and its activities. We should also recollect Shamballa for the touch of Sanath Kumara. Many try to find that village but it is not accessible to everyone. In recent times, it was Nicolas Roerich who was given an access to this village while being in the physical and he drew drawings of that place which are available to us. Then we have the caves of Sravasthi where Lord Maitreya resides. We can also visualize those caves as a part of our practice. We can recollect all these great ones everyday during morning prayer so that we remain detached from the physical and gain connections with the Divine planes. A part of us should keep on trying connection with the higher planes while a part of us works in the physical. The Masters who we have come in touch with are called ascended Masters. Except Sanath Kumara and Vaivaswatha Manu, all the other Masters who we know of have ascended to the state in which they are now. They walked the path and are willing to help us

walk that path. They are role models to us to follow. So, we can gain their presence by recollecting them daily during our prayers or meditations.

Now coming to the story of Prudhu. We have been discussing how Prudhu is causing the descent of Divine intelligences onto this planet and bringing about a communion between them. He first brought Manu to teach the dharmas of life to the beings on this planet. Then he brought Jupiter whose energies are responsible for the secretion of glands in the human bodies and also many other aspects in relation to the planet and human bodies. By recollecting these intelligences and knowing what they do, they become more active in us and also start responding to us. It is just like interacting with any other person. If there is a person who is around us all the time but we even don't greet that person, what will he do? He too will remain non-responsive towards us. The same is the case with intelligences in us. They don't need anything more than our greeting and recognition of their presence. They are happy with that and cooperate with us a lot. We can recollect all the planetary intelligences by knowing their movement in the zodiac. It is very easy to get this information these days. Everything is available in our mobiles. We can just see which planet is in which house on a daily basis. Further, we can even find a correspondence existence of that planetary existence in us. For example, Sun is in Sagittarius and will be shortly entering Capricorn. Sun in Sagittarius corresponds to his presence in our base centre. It means he is ready to help in uplifting us from the base centre. Moon is also in base centre. Same way we can relate to the presence of all other planetary energies.

Actually, if you observe, all the basic 7 planets are in Scorpio and Sagittarius in 2 groups. There is a higher Muladhara and lower Muladhara and now all the 7 planets are grouped in these 2 base centres. By knowing and recollecting all this, a kind of chemistry happens in us. This science is called Nyasa Vidya. This science helps in better secretion of glands within us and opens us to higher experiences. If for a person, the glands relating to the heart centre secrete well, he will become highly compassionate towards the fellow beings. Similarly, there are other experiences when each of the higher glands secrete. But for that to happen, we should enter the inner world and detach from the outer. Recollection of the planetary intelligences is one possible way to enter the inner world. As you start experience the inner worlds, the outer becomes less interesting because the inner worlds are way more Divine and attractive. Then we can also recollect the Rudras, Adityas and the 7 sages. We studied about all of them in earlier Cantos of Bhagavatam. This constant recollection slowly turns our body into a temple.

So Prudhu was the one who ensured the descent of many of these intelligences onto the planet and into the human forms. So next Prudhu brings the energies of Indra (Neptune) onto the planet. Using Indra as a calf, milk with the attributes of Ojas, strength and immortality was milked out of earth. Here, we should recognize that for the energies of Neptune to descend on this planet, there is a centre for Neptune on this planet. This centre is also present in us. Under the Ajna centre, there is a centre called Indra Grandhi. From that centre, these attributes are presented to us as well. Ojas is a

special tissue apart from the 7 tissues but is a kind of essence of the 7 tissues. The formation of this tissue gives the ability to listen OM within. That is what the meaning of Ojas is. This tissue gives lot of strength to the other 7 tissues. The one who is able to listen OM within, naturally attains immortality. That is clearly told in the 8th chapter of Bhagawadgita and also Katha Upanishad. To gain the ability to listen OM within, we are given the practice of relating to pulsation. Recollection of Indra also helps in the formation of Ojas. This actually happens when there is an alignment between the pituitary and pineal glands. Master CVV actually gave certain courses for promoting the pituitary gland. He talks of the link between the pineal and pituitary glands as "higher bridge". We have a mantra "higher bridge beginning". It is a bridge which is to be formed from higher to lower. That bridge can take you to a state where you can enter into infinity. So recollecting Indra near the Ajna centre helps us in this practice. We should relate to this centre when we invoke Indra during a puja or fire ritual.

Further it is said that this milk was captured in a golden bowl. Here golden bowl refers to the golden rays of the sun. The rays of the moon are referred to as silver bowl. So this milk in golden bowl means that the energies presented by the sun when its rays are golden in colour help in the formation of Ojas and strengthening of tissues. There is lot of life energy (prana) as well in those rays. The rays are golden in colour during the sunrise and sunset hours. That is time when we should orient to them. It is also said the topical regions receive more of these life energies because they are better touched by the sunrays. That is why most of the plants, animals or even humans live in these regions. The tropical region is the most populated region in the world. The ones living in tropics are lucky in a way that they have easier access to the life energies compared to others.

Master EK here explains to us that Ojas is not a physical tissue but it a subtle one. We are instructed to relate to respiration and then to pulsation to enable formation of this Ojas. Pulsation can take you inside. It is also to be known that Ojas is responsible for establishment of prana (life) in a child in the mother's womb and also responsible for the formation of embryo in the mother through the father's semen. So Indra helps in procreation as well. In the same way, the sprouting ability of land is also due to the presence of Indra. In us, Indra helps in gaining higher experiences through Ojas. The experiences of someone like Ramakrishna Paramahansa are such. He used to experience that state for days.

Then Prahlada was brought as a calf and milked palm wine out of earth. Palm wine gives a kind of ecstatic experience to those who drink it. It is a kind of alcohol. And those under the influence of palm wine speak weirdly. They remain in a disconnected state from the surroundings. That is why people who want to delink themselves from worldly problems drink that. They forget their problems for a while as long as the influence remains. So what is the symbolic meaning here?

Prahalada means moon. It also means one who gives happiness. The wine that is referred to is the juice present in the leaves, fruits, vegetables and also in the animals and humans in the form of

blood. The taste of the juice present in the fruits or vegetables is one of the reasons why we eat them. The attraction towards that taste of juice is due to the presence of Prahlada. The attraction keeps varying. If you are not well, you will not feel like eating irrespective of how tasty the item is. If this intelligence is not active enough, then such a one will not have much interest in eating tasty food. Even otherwise, that person will not be enthusiastic in doing his work. So, this intelligence is responsible for overall enthusiasm in us. Chanting Sri Suktam on a daily basis is very good for developing enthusiasm. Ones who do that will never get into a depressed state whatever be the situation. Worship of the Divine Mother gives us lot of enthusiasm in life. Such worshippers are naturally happy.

So, the presence of moon in us is important for enthusiasm in general and eating in particular. If someone is mostly disinterested with his life, then the movement of moon in his astro chart can be checked to see if something is wrong. So that is how moon has his influence on us.

We will continue in the next class.

-Swasthi