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"Srimad Bhagavatam"

Discourse by Master KPK on Sunday, the 29th of October 2017, at Visakh.

(for private circulation to WTT members)

Canto 4:

We have started discussing the story of Prudhu who happened to become the first Emperor on this planet. We were discussing the Divine qualities that he had. He is an incarnation of Lord Vishnu.

There is one point that we should remember. Whenever we are reading a Scripture, we have to keep relating to the information given in that Scripture to us. That way we will understand better and the secrets given in the Scripture will be revealed to us. There is a correspondence between us and the creation in many ways. So, the easiest way to understand the Cosmos is by relating to the Cosmic knowledge to ourselves. If the creation is a Macro Cosmos, each one of us is a Micro Cosmos. All the qualities and intelligences that permeate the creation are present in us as well. That is why we are always told "Know thyself". Knowing thyself does not mean knowing our name, our country, our religion, our profession, etc. Those all are outer identities. There is a lot within each one of us. All the creational intelligences are present in us. We need to know them and relate to them. Gradually they start cooperating with us and reveal to us the secrets of this creation. All the Rishis and Seers who have given all these Scriptures gained their knowledge in this manner. They looked within to gain the wisdom of creation. That is why, while reading this Scripture Bhagavatam, we have been trying to understand the correspondence between the Cosmos and us.

In this story of Prudhu, the formation of his body is discussed and it is the same way in which our bodies were formed. There is an intelligence named Twastha who is like an engineer who manufactures the forms. An intelligence named Viswakarma visualises the form while Twastha manufactures it as per the visualisation of Viswakarma. We hear the names of both these intelligences in Purusha Sukta. If we compare to a house, Viswakarma is the architect who makes designs the blue print while Twastha is the civil engineer who builds the house as per the architect's design.

It is said that the rays of the Sun are given to us as arrows. These arrows are symbolic of our strength and capability. The fire god Agni is said to have given us a bow. This bow is nothing but the spinal column which extends from Head centre to Base centre. It is said that one who can control this bow can win over anything. It can be controlled through the sound "OM" because it constantly vibrates with that sound. So one who is constant alignment with "OM" is said to be the

one with this bow in his hand. A yogi can hear OM constantly vibrating the spinal column right from base centre to head centre. Meditations are done to be able to hear that sound. There are lot of practices given to relate to OM within, and relating to respiration and pulsation is one among them. In the book "Mysteries of Sagittarius", I gave details as to how one to relate to OM within. One can refer to that. One needs to be very alert to be able to relate to that sound within. It is very subtle in nature. Veena is an instrument which naturally produces that sound just by the movement of air along its strings. That is why some years back, we used to have the tradition of keeping in a Veena in the house even though no one in the house might play the instrument. By having Veena at home, the whole house is filled by the sound OM that is produced by its strings due to movement of air. That is why Veena is considered one among the highest of instruments as per occult wisdom. That is why symbolically Saraswati and Narada are said to be carrying Veena with them at all times. It does not mean they have the physical instrument at all times. It means that they in constant alignment with OM.

Next, it is said that our feet are given by Bhū Devi (Mother Earth). The energies present in our Sahasrara are also present in our feet. That is why keeping our feet clean at all times is very important, especially before we go to sleep. There are also centres on our feet by which healing can be done. It is known as "Acupressure". It is one of the Ancient Sciences which was born in India and is now known well all over the globe. Also, Asanas like Siddhasana or Padmasana are important because during that Asana, our feet touch the Muladhara centre and it results in a connection between Muladhara and Sahasrara. That is why Siddhasana and Padmasana are recommended for meditation.

The energies in the head present in the feet is also the reason why we touch the feet of enlightened beings. It is equivalent to touching their head. The feet of such enlightened beings are referred as "Guru Padukas". There is also a Science similar to Palmistry which involves charactering the lines under the feet of a persons. The qualities of a person can be described by looking at the lines on the palms and under the feet. Prudhu had such lines that characterize all the Divine qualities that he possessed. He is said to have born with Guru Padukas. It means he was born as an enlightened one. This is all just for information. We are not interested in the Science behinds the lines on palms and feet now and it is actually very difficult now a days to find someone who really knows this Science in all its depth.

Prudhu is said to have born at a time when all the planets were in auspicious positions. According to astrology, if someone is born with atleast 5 planets in very favorable positions, they turn out to be great ones doing wonderful work on this planet. Rama, Buddha and Jesus are all examples of ones who were born with 5 favourable planetary positions.

Prudhu is said to have imbibed all the qualities of Vishnu because is he an avatar of Vishnu. Master EK is explaining here that people always debate as to who is an avatar and who is not. A simple

way to find out is based on all the qualities possessed by that person. An avatar will possess all the Divine qualities. One should learn by observing the Divine qualities in others. There might be some Divine quality in every person. We should recognize that and learn that if we do not possess it. Firstly, we should recognize the right quality in others. We generally see the negatives but we hardly notice the positives. It should be other way round. We should recognise the positive qualities in a person and ignore the negatives. Learning the qualities does not mean you start imitating others. You can learn the quality by being yourself.

When Prudhu became the king, his subjects praised him a lot saying that he has lot of Divine qualities. Prudhu tells them not to praise him but to learn from him. He also tells them to remember that all the good qualities that he possesses belong to the Lord and so praising him for those qualities is meaningless. So, Prudhu is telling us not to indulge in too much praise even though it is true. Too much praise is dangerous for anyone.

Prudhu also tells his subjects that one who has led a life of penance to become an enlightened one is different from who has gained knowledge by reading books. Penance requires intense aspiration for Divine. It requires years and years of intense practice. It is like a raw rice becoming cooked rice. Only a fully cooked rice can be eaten by everyone. Only an being enlightened by penance can serve the humanity at large. So the transformation should happen through fire, whether it is some dish or a being. The fire produced by our intense practice should merge with the fire in the cells of our body to produce another fire which is referred to as "Kundalini Agni". That fire transforms all the cells in the body and one gradually becomes a yogi. Until the transformation happens through our practice, whatever knowledge you might gain in any other way is mere information.

Lord Krishna tells that one becomes eligible to do penance only one is ready to lead a life of offering and service. One cannot do penance by leading a selfish life because penance requires forgetting oneself in Divine alignment. How can you forget yourself in Divine worship if your life is centered around you and your desires?

Prudhu also tells that if good qualities are growing in a person, such a person will also grow in humility. If you not humble, it means Divine qualities are not growing in you. Humble ones do not speak of themselves and do not criticize others. So Prudhu tells his subjects to learn good qualities without too much praise or criticism. We will continue in the next class.

-Swasthi