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"Srimad Bhagavatam"

Discourse by Master KPK on Sunday, the 01st of November 2015, at Visakh.

(for private circulation to WTT members)

Canto 4:

Lord Maitreya was detailing to Vidura, on the creation aspect of descent of beings into the through all the Prajapatis. We discussed about Marichi, Atri, Angeerasa, Pulasthya, Pulaha, Bhrighu and now we are discussing about Prajapati by name Kratu. All these Prajapatis were married to the 9 daughters of Kardama and Devahuti. All these are to be understood as cosmic principles which took parts in various aspects of creation. We try to understand how they work in the creation and how they work in us as well. All these intelligences can take to human forms as and when required but they are not stuck in their personalities. We too are souls and took to bodies but the difference between them and us is that we are stuck in personalities. We too can attain a state like them through practice and realization of Divinity in us.

We are instructed to recollect them from time to time so that we grow in awareness and we are not stuck in objective things. We move into light from darkness. That is the purpose of reading Scriptures like Bhagavatam and relating to the cosmic principles given in the Scripture.

Now we discuss about Prajapati Kratu. The name of his consort is Kriya. Kratu means involuntary action. That means the action that generally happens through us. We act as per our will and only through action we can experience the nature. We can act as per the Divine will that manifests through nature or follow our own nature. We are given the freedom to choose between the two. Based on what will we follow, we have to face the consequences accordingly. The story of Daksha Prajapati comes later in which he chooses to follow his will setting aside the Divine will and we come to know what consequences he faces.

Kriya means the force that is required to act. We generally know how to do but we lack in the force to do the work. We feel that we have to do so and so good thing but due to lack of force, we postpone the act. Finally, we end up doing something else than what we really intended to do. That is what Ravana tells after the Ramayana war. Ravana was hit by the arrows of Rama and was on his death bed. Though Ravana did many bad things due to strong ego and desire, he was highly knowledgeable of the Scriptures. So Rama sends Lakshmana to learn certain aspects from Ravana and Ravana tells "If you get a good thought, try to act on it immediately without postponing it." Without the force to act, we cannot do anything. What is the use if you know what is good but you do not practice it?

So Kratu and Kriya represent will to act and force to act. They had many sons who are together known as Valakhilyas. They are lighted beings and they are the ones who descend onto earth through the sun rays. They move in upside down manner.

We as souls are also Suns and we get thoughts. The light that descends into us depends on the quality of the thoughts that we get and it also depends on whether we put them into action or not.

By worshipping the Sun early in the morning, we get high quality thoughts which result in growth of light in us. Just like the Sun influences and grants light to the whole of solar system, we too can help the beings around us through the light in us. We too have a field of operation around us just the sun operates in the solar system. Some beings have large field of operation and some have very limited field operation. The circumference of this field depends on the awareness of the being. As the being grows in awareness, his field of influence expands.

Valakhilyas are said to be principles who worship the Sun. They keep descending onto earth everyday through the sun rays. They are 60,000 in number. They are in the peak of activity during the noon time. One can get highly intense thoughts at that time. We should work mostly when the sun is up because that is when we get very good constructive thoughts.

By working in that manner, you can remain in tune with nature. If you are working mostly in the night hours, then you lose alignment with nature and most of the thoughts that you get at that time are for bodily benefits. That is because at nights hours, Rakshasas dominate and they care only for the body. The body and matter starts gaining strength and the consciousness loses strength. Your memory power becomes weak and we forget things very easily. So it is advised that we live in tune with nature and not as we like. If you want to work more, wake up early, may be at 3 am or 4 am and start working early but ensure that your major work is complete by sunset. It is better that aspirants take up jobs which allow them to work in such a manner.

If you are not waking up early in the morning, it means that your body is gaining control over you. Same is the case when you are not able to sleep early. This rhythm in life is very important. Otherwise, all the prayers and rituals that we do go waste. Their positive effect is neutralized by our unnatural activity in our life. It is like taking a good bath and then falling in muddy water.

So these Valakhilyas can be compared to the different kinds of thoughts that we keep getting. If you act as per the good thoughts that you get, then you get good experience in life. (For more details, you can refer to the book "The Sun" written by Master KPK).

Now comes the story of Vasistha. His wife is Urja. He has 7 sons by names Chitraketa, Surochi, Viraja, Mitra, Ulbhana, Vasuhrudhyuna and Dyumantha. He also had another consort and through her, Sakthi and some more sons were born. We generally read that Arundhati is the wife of Vasistha but

she was not the wife of Vasistha in the beginning of creation. Arundhati did lot of penance for many lives before she could attain the status of becoming the wife of Vasistha. That is a different story which is not given here.

Urja means the one representing the month of Pisces. Vasistha is said to be the source of wealth. He represents all forms of wealth. The whole of humanity is being guided by the Ashram of Vasistha which is now being headed by Lord Maitreya. Maitreya is the disciple of Parasara who is the Grandson and disciple of Master Vasistha. The World Teacher Trust has derived its name from the World Teacher who always descends from the Ashram of Vasistha. The Yoga that we follow has come through Master CVV who happens to an incarnation of Master Agasthya. Vasistha and Agasthya have descended from the supra-cosmic principles of Mitra and Varuna. In our path, we have a synthesis of both the male and female cosmic energies presented to us. So Vasistha presides over wealth and his greatest strength is said to be patience.

One with lot of patience can win over the world. In our Scriptures, we can see Dharmaraja as the one with most patience which Krishna also acknowledges. That is why no could win over him. Lord Krishna tells "the moment Dharmaraja loses his patience and gets angry, no one can stand before him or defeat him. Arjuna or Bheema with all their valour are nothing before the patience of Dharmaraja".

'Sham' is the sound principle which when uttered and meditated upon will help us in gaining patience. Sham relates to the principle of Vasistha. One should read the story of Vasistha in detail. Here details are only given in brief. One can refer to the Puranic encyclopedia which is available in English for detailed story of many Sages like Vasistha. By reading such stories, one is lifted up from this world. Otherwise you keep pre-occupied in wordly affairs with no upliftment. You should try to arrange some time daily for reading some Scripture. In ancient days, people used to spend the evening in reading Scriptures or hearing discourses in temples by finishing the day early. This gives lot of patience and stability in life.

Next coming to the 9th Prajapati Adhvarvu. His wife is Chitti. They had a son by name Dhadyunchu. He is said to have horse head. Adhvarvu means the one who remains below the brain. Our centre of consciousness is present in the lower of the brain. That consciousness is also called Chit and Chitti means the one with consciousness. Ajna centre is said to be present in the middle of the horizontal line joining the lower part of brain and brow centre. The principle of Hayagriva who is said to be a horse headed one is also given here. He stands as the presiding deity of all wisdom. We will continue in the next class.

Swasthi.