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"Srimad Bhagavatam"

Discourse by Master KPK on Sunday, the 04th of October 2015, at Visakh.

(for private circulation to WTT members)

Canto 4:

Swaymabhuva and Satarupa were born to Brahma, the creator. To them 3 daughters by names, Devahuti, Prasuti and Akuti were born and they had 2 sons as well by names Uttanapada and Priyavrata. We discussed in detail the story of devahuti and how Kapila was born to her and we discussed in detail the teachings of Kapila to Devahuti.

Now we are discussing the story of Akuti who was married to a Prajapati named Ruchi. We discussed the qualities of Ruchi and how the name came. They had a son and daughter by names Yagna and Dkshina who were the incarnations of Vishnu and Lakshmi. We see that the Lord descend many times into the creation to multiply the creation. As we go forward, we need to also recollect the past from time to time so that we are not lost in the story and forget what the beginning is and ending is and what happened in between. So try to keep recollecting the story and the names of intelligences we discussed till now so that we remain in their presence. They are present in each one of us and by recollecting them, they lend their support to us.

Ruchi means taste which indicates the principle that makes the creation tasty for the beings to experience. So he is not to be understood just as a being like us. He stands as a principle in creation and permeates all the beings for the cause of creating a taste for living in the beings.

This story of creation goes on till 7th Canto of Bhagavatam and as we keep going forward, we realize that the process of creation is very complex and it is not easy to comprehend the creation in completeness.

As discussed, Yagna was born to Ruchi and this principle of Yagna descends onto earth every year in the form of the 'Person of the year'. This year he is born as 'Manmadha' and hence we have the name of the year as "Manmadha". Manmadha means the one who creates attraction to the mind. To what one is attracted to, determines whether the person is ascending or not. In the next year, Yagna is born with another quality. In each year, his qualities vary based on the month and season and he presents us with certain energies according to the time of the year.

Dakshina is an incarnation of Lakshma. Lakshmi presides over wealth and one of the best forms of wealth is "Food" which grows as crop, referred to as "Dhaanya Lakshmi". Dakshina is that principle of Lakshmi which presides over this form of wealth which is most important for the beings to survive on earth. The beings need something to eat and grow once they are born on the planet. So that food is made available through this principle of Dakshina. As we go further, details of what kind of seeds have descended from other planes and planetary principles, onto earth, are given.

We also discussed how any form of wealth is to be utilized properly. The better you utilize it, the more accumulates. It cannot be wasted or given away to undeserving ones. If you give wealth to someone who is not in need of it, it cannot be called an offering. Only when wealth is utilized properly, it gives happiness. Otherwise wealth may give you distress. The most important principle to be followed is Yagna, to live life as an offering. To keep offering at all times is required. Offer whatever you can offer. It may not benefit a very large group but it benefits some, it is sufficient. Then you can experience life in a splendorous manner. Happiness becomes natural to you. So that is how Yagna (offering) and Dakshina (wealth) are related.

As we discussed, Yagna and Dakshina marry and become the first couple on the planet. We discussed how that marriage is not against the tenants of marriage. As we discussed the story 2 weeks back, I am taking some time to recollect the story. You too should take the initiative of recollecting the whole story of creation that we discussed till now so that you remain connected. It also creates more and more taste in this knowledge which leads to purifications of oneself. Purification leads to transformation. Your thoughts, speech and actions become better.

Mind is purified only by knowledge and there is no equivalent to knowledge which can purify the mind. If you remain in useless thoughts, there is no purity and purity may be lost further. That is why recollection is very important. If you just come and hear the discourse every Sunday and do not recollect it any other time, the purifications that happened during the discourse is lost before you again come to the next class. So effectively, there is no transformation happening. That is why one is advised to story stories of the Lord or his devotees during free time daily, so that purification happens continuously. When you are in your duty, impurities do not touch you but if you are in other activities which is not your duty, there is high chance that impurities may touch you.

For us to discuss and recollect the story, we need a book but for great ones like Sukha, Maitreya or Sutha did not need any books to discourse on Bhagavatam. They just discoursed the whole Scriptures from within. It is possible for them because they remain in Divine alignment at all times

Now Yagna and Dakshina had 12 children. Each of the child represents a month and 12 months represent a year which is presided by Yagna. The 12 of them were called Yamulu (a plural word of Yama). They also preside over each of the 2 hour durations which form the 24 hours in a day. Each 2 hour duration presents us with a different energy and if we can know and relate to that energy, we can then remain in good alignment with time.

Yamam means self-regulation. Regulations should come from within. We do not like if regulations are given by someone else. So we need to get the right regulations in the form of thoughts. Good regulations come to our mind during the early hours of the day, between 4 am and 6 am. If you wake up after 6 am, you do not get such thoughts which come when you wake up at 4 am.

There are 12 kinds of thoughts which can be related to the energies of 12 months and 12 parts of a day (2 hours * 12). The thoughts that come during the part of the day between 4 am and 6 am are highly significant for upliftment. So unless you follow a rhythm in alignment with time, there is no self-regulation. Yama is the principle in creation which regulates us if we are going beyond certain limits. He regulates us uplift us.

So 12 children were born to Yagna and Dakshina. They are the intelligences which preside over the 12 months of the year. We have the tradition of following the months as per the movement of moon. A month begins with new moon and ends with the beginning next new moon. In between, there are nodal points at the 8th moon phase. The new moon and full moon are also nodal points. During the days of nodal points, we are advised to remain more inside and less outside. So if you are living in tune with time, you can arrange your schedule accordingly. There are also nodal points in a day at 6 am, 12 noon and 6 pm to which we should orient properly. All these alignments are very important if you have aspiration for upliftment. If you are very busy in your activities during all the nodal points, then you cannot call yourself an aspirant. If you just lead the life as your life, you cannot expect your life to be better in future. Your future experiences will be consequences of what you do in the present.

Veda Vyasa advised that Bhagavatam Scripture is to be read during the evening hours of Sunday because the Sun presides over the day and at 6 in the evening, Jupiter presides over that time. That is why Sunday evening is highly recommended for reading Scriptures. So you should arrange your schedule in such a manner that you will be able to follow such regulations in alignment with time.

The earth started rotating around itself and also started revolving around the Sun due to the effect of the Sun. Only then the sun signs and day of 24 hours came into existence. This story is detailed later. By dividing the revolution period into 12 parts, we get the 12 sun signs which span

over a year. Just like the division of day into 12 parts, there is also another tradition of dividing the day into 8 parts of 3 hours each and each such part is called Jhamu.

Yama means 'to regulate' or 'time division'. It has 2 meanings. To follow a regulation means to do so and so work in so and so time. There are regulations as to which work is to be done at which time of the day. There is a time for eating food or sleeping. Similarly there are times for doing other things as well. Divine recollection can happen at any time but it should specially happen during the nodal points of the day.

You cannot eat very late in the afternoon. You cannot sleep very late in the night. If you do so, the consequences will be experienced at a later age. You may be able to lead a life without rhythm, without any problems, but the consequences come to us when we become old and they are very painful.

So Yama or regulations is very important. If self-regulation does not happen, Yama regulates us or teaches us through a punishment. He punishes us to ensure that we do not fall down further. Unless you have a good alignment with time, you cannot grow in knowledge. If you are a student in a school, you can learn only when you go to school during the time when class happens. You cannot go to school at night and expect to learn something. So living in tune with time is very important.

The following are names of 12 children:

1) Tosha 2) Pratosha 3) Santosha 4) Buddha 5) Santi 6) Idaspati 7) Indra 8) Kavi 9) Vibhu 10) Vahni 11) Sudeva 12) Rochana

We need to relate them with each of the 12 parts of the day starting at 6 am, for better understanding. You can also align them with each of the months starting with Aries. Tosha means calm and for most of the people, the first 2 hours of the day are very peaceful. Similarly we can detail on the other names. You can search for a Sanskrit dictionary on Google and try to find the meaning of these names by searching in that dictionary and relate to them accordingly. This is like a homework for the interested ones. Whether you do it or not depends on your interest.

(The following table is prepared for better understanding of the readers. The meaning of the names were picked up from a Sanskrit Dictionary. It may not exactly give the intended meaning as multiple meaning exist.)

S.No.	Name	Meaning of the name	Corresponding month	Corresponding time of the day
1	Tosha	Calm	Aries	6 am – 8 am
2	Pratosha	Gratification	Taurus	8 am – 10 am
3	Santosha	Pleasure or Joy	Gemini	10 am – 12 noon
4	Buddha	Enlightened	Cancer	12 noon – 2 pm
5	Santi	Peace	Leo	2 pm – 4 pm
6	Idaspati	Lord of Refreshment	Virgo	4 pm – 6 pm
7	Indra	Ruler or Chief	Libra	6 pm – 8 pm
8	Kavi	Intelligent or Skillful	Scorpio	8 pm – 10 pm
9	Vibhu	All-pervading or mighty	Sagittarius	10 pm – 12 am
10	Vahni	Fire	Capricorn	12 am – 2 am
11	Sudeva	God presiding over goodness	Aquarius	2 am – 4 am
12	Rochana	Shining or Radiant	Pisces	4 am – 6 am

These 12 intelligences continue to exist until the earth remains throughout all the manvantaras. Even Uttanapada, Priyavrata, the prajapatis and Yagna continue to exist throughout the manvantaras. Their life time is equivalent to the life time of earth. So as long as the earth rotates around itself and revolves around the sun, these principles exist. The earth dissolves once its life time is complete.

Now the 3rd daughter of Swayambhuva, Prasuti was married to Daksha Prajapati. Daksha Prajapati is the son of Brahma. Daksha had the quality of ego. He was highly capable but his capability suffered from ego. If ego is associated with capability, it causes certain problems to such a person. Vishnu incarnated through Ruchi and Kardama but not through Daksha. If we observe carefully, we get to know the reason for it. The status of Ruchi and Kardama is higher compared to Daksha because they remained in complete Divine alignment. But Daksha suffered from ego.

Daksha and Prasuti give birth to 60 children and they further multiplied. The progeny that came through Daksha filled up 3 planes. That shows his capability but all these beings also suffer from ego because they descended from Daksha. The beings forget their true identity and think that they are different due to their ego. A knower is the one who remembers his true identity.

All beings who descended through Daksha were ordinary ones like us and they are not lighted beings like the children of Ruchi and Kardama. Children of Ruchi and Kardama exist as

principles and they preside on this planet through its life time. The story of Daksha Prajapati is given in detail, later.

The beings who came through Daksha were the ones who went into dissolved state when the previous creation ended. They were not completely fulfilled and they did not realize Divinity. Hence such ones can be born through a Prajapati like Daksha who had similar qualities. So these beings fill the 3 planes of matter, force and consciousness.

Marichi was married to Kala, a daughter of Kardama. They had a son by name Kashyapa. Many types of beings with different qualities descend through Kashyapa. We discussed the story of how Hiranyaksha was born to Kashyapa earlier. Marichi and Kala also had a daughter by name Poornima. This principle of Poornima later transforms and becomes rain for the beings on earth. Marichi's brilliance was amazing. He shines forth brilliantly. Anyone who has great brilliance and light which is shining forth is compared to Marichi. Marichi is present around us as our aura. His wife is Kala, which is his nature (Kala represents light). Poornima means full moon light. This principle gives us happiness equivalent to the happiness we get by seeing the light coming from full moon.

The moon and sun globes were formed much before the formation of earth globe. The moon is much older to earth. The moon is infact the planet on which we stayed in the previous creation. We have the story of how Vivaswatha Manu transferred the beings from that planet to this planet. That planet has now become our moon. There is a wrong understanding in Science that moon and mars have come out as parts of earth globe. Madam HPB tells that they are wrong, in Secret Doctrine and she gives lot of details.

There are many stories that come later. We should try to remember what is told now and recollect later when that story comes so that can correlate better. There is also a story which comes later which tells us that River Ganga descends from the principle of Poornia. The names of Ganga and Poornima can be compared by subtle understanding. The story is getting complicated and one should be very alert to understand the story properly.

So Poornima descends as Ganga and Ganga had a daughter by name Devakulya and son by name Viraja. Devakulya means rain and Viraja means free from dirt. They are born together which means that rain water is free from dirt. Rain water is naturally clean. When it touches earth, dirt may get added to that water. This story of Ganga is given in different manner in other Puranas but all the stories can be related if you had a very good subtle understanding.

The story of creation is given in high detail in this Scripture but to understand is very difficult. That is why readers generally avoids the Cantos which speak of these complex aspects and read

only stories which are easy to comprehend. We cannot remember all the names but recollecting them again and again will help us remain in their presence.

Viraja is also one of the names of many rivers in India. It is because those rivers contain highly pure water.

Now we go into another story. Sage Atri married Anasuya. Anasuya is the 2nd daughter of Kardama and Devahuti. Atri means the one who stands above the 3 qualities (tri = three, Atri = above 3). He only descends into the 3 qualities only when required, otherwise he remains above the 3 qualities.

Anasuya means the one who has no jealousy. Jealousy results in competition and enemies and they create lot of problems. Yudhistira never had saw anyone as his opponents or enemies because he had no jealousy. Arjuna suffered from jealousy to some extent and that is why he saw competition in Karna. Atri and Anasuya had a son by name Dattatreya, who is a combined incarnation of the 3 logos. We have a separate story as to how Dattatreya was born to them.

Atri and Anasuya did penance for many years. They lived just on air for 100 Divine years. The penance was performed near a mountain called Ruksham. Ruksham means Bear. That symbolically means that he did penance in the constellation of Great Bear. The 7 stars of Great Bear are actually a group of 7 Solar systems. Atri is said to have done penance by standing on one leg which is again symbolic to say that when we look at the Great Bear constellation, it appears like a bear with one leg. This constellation of Great Bear takes 27000 years to revolve around earth. Based on this revolution, we have 27 divisions of time which represent the 27 constellations. These 27 constellations are said to be the 27 daughters of Daksha Prajapati who are said to have married the moon.

When the moon is in each of the constellations, the corresponding energies descend onto earth. The beings on earth who have descended through Daksha Prajapati can also be classified into 27 categories based on 27 qualities corresponding to the 27 constellations. That story comes in detail, later.

The penance of Atri resulted in the formation of inhalation and exhalation for the beings on earth. It was not intended by him but we should know that when great ones do penance, grand acts happen through them involuntarily. While he was doing this penance, he got a desire. It is very rare to get a desire in that state of Divine alignment but his desire was for fulfilling the Divine purpose. He was born as a Prajapati and his duty is give birth to beings for the creation to grow. So with that desire, he worships the Lord that he should be granted with children that he deserves. We should also ask the Lord in the same manner. You cannot give the Lord specifications because he knows more than us. He gives us what is good for us.

The penance of Atri was so intense that fire of penance emerged from him. The 3 logos of Brahma, Vishnu and Shiva appeared before Atri.

We will continue in the next class.

-Swasthi